

The present teaching is the second revised text study material Didactics of Physical Education in 2002. In the present text was necessary to add some of the changes occurring in the learning process in primary and secondary schools. Textbooks text is intended primarily for students of teaching physical education and sport, as well as full-time coaches and combined study. It is suitable for other candidates who are interested in this issue especially among teachers and other educational staff. Textbook in the introductory part deals with general information on the didactic school physical education. Other chapters deal with the motion assumptions pupils, acting on their physical, functional and psychological development. Four chapters deal with edukačním process in physical education, ie. physical education teacher, his teaching and educational activities, organizational forms and self-evaluation in school physical education. The final chapter characterizing the projects and physical education in primary and secondary schools, by the conditions of education and training and planning in school physical education.