

## **Informed Consent Text**

**Study Title:** The Role of Spirituality in the Quality of Life of Seniors in a Multicultural Context

### **Informed Consent**

Regarding the ethical framework, all respondents were informed about the interview process and its conditions in advance. Interviews were scheduled at my or the respondents' residences, where the significance of maintaining anonymity and the use of a dictaphone for recording were emphasized before starting. Participants were given the autonomy to terminate the interview at any time or opt out of answering particularly sensitive questions.

All respondents participated voluntarily and provided informed consent via voice recording after I explained the conditions and procedures of the research at the beginning of the recording, which they had agreed to in advance. They could then respond with their consent, refusal, or questions. The respondents were also informed at the beginning, upon expressing their consent to participate, that the entire subsequent conversation would be recorded and that they had the right to decline to answer any question or to withdraw their participation and consent at any time during the interview without any repercussions. Participating in the research did not impose any burden on them.

At the beginning of the recording, I thoroughly introduced the research content, emphasized their anonymity, and explained their ability to review the transcribed interview and narrative for accuracy. I also informed them about the interview timeline and the chronological order of method administration and highlighted again their right to withdraw from the research at any time and the opportunity to ask questions at any point during or after the interview.

Storing audio recordings on an electronic device was a safer method during my intensive fieldwork and frequent relocations than maintaining paper records.