

Tension-relieving drugs can cause various side-effects like weight loss, illness or even death. On the other hand, hypnosis has none of those side-effects. In the same way, drugs do foster addiction, while hypnosis does not. Moreover, drugs are expensive. In contrast, hypnosis is inexpensive even for those, who have not mastered self-hypnosis. In summary, hypnosis is far superior to drugs for relieving tension.

Hypnosis is far superior to drugs for relieving tension. It has none of the dangerous side effects of the tension-relieving drugs. For example, drugs can cause weight loss or gain, illness, or even death. Moreover, hypnosis is nonaddicting, compared to the tension-relieving drugs that might do foster addiction. Referring to the availability, even people who have not mastered self hypnosis can afford this treatment. On the other hand, tension-relieving drugs are generally expensive.

Hypnosis is far superior to drugs for relieving tension. There exist significant differences between them, which have impact also on human body. Hypnosis has none of the dangerous side effects as causing weight loss or gain, illness, or even death in comparison with tension-relieving drugs. Most of the drugs that relieve tension do foster addiction in contrast to hypnosis which is nonaddicting. Also tension relieving drugs are expensive. On the other hand, hypnosis is inexpensive even for people who have not mastered self hypnosis.

Hypnosis is far superior to drugs for relieving tension. It is an inexpensive, nonaddicting method and has none of the dangerous side effects of the drugs that relieve tension. Tension-relieving drugs can cause weight loss or gain, illness, or even death. They are also expensive and most of them do foster addiction.

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