

# Soft Skills III: Teamwork

PA017 SW Engineering II  $\rightarrow$  Aspects of SW Development Management

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## **Healthy Organizational Culture**

Good workplace relationships = critical company success factor

- good work effectiveness
- low rate of human error
- good employees' satisfaction and quality of life
- low level of employees' sickness rate
- low level of employment fluctuation (retention of experienced team-members, lower costs for training)

## Building-up and maintaining a team

### Team spirit

Positive cooperation based on good interpersonal relationships, transparent and fair rewarding, open communication

#### Positive motivation - by reward:

 creating stimulating environment: focus on achievements, appraisal, growth possibilities, positive self-perception, maintaining narcissistic equilibrium

#### Negative motivation – by punishment:

 fearful atmosphere, lack of trust, restricted communication, frustration, aggression – cycles of attack and defense

## Building-up and maintaining a team

#### Appreciation for achievement

Material - money

■ is limited, often cannot be changed due to legal aspects

Non-material - appreciation

- does not cost money (!)
- shall be done publicly, as often as possible
- highly motivating, improving perceived self-value (priceless)

## **Narcissistic Equilibrium**

#### Perception of own value, capabilities, qualities

- is supported (by appreciation, positive emotions) or damaged (by critique, negative emotions)
- is recharged by enjoyable activities ("wants")
- is discharged by fulfilling duties ("musts")
- long-term negative disbalance leads to burnout syndrome

#### Rules of criticism

- Suitable place in privacy (not public)
- Specific description course of events, be considerate, acknowledge good intentions
- Understanding core reason of undesired outcome or behavior
- Hear out opinion of the criticised person
- When explaining potential sanctions, use realistic and commensurate sanctions; sanctions must be executed once explicitly mentioned
- "Feedback sandwich" model appreciation / criticism / appreciation
- Transform error into learning moment, not into harm
- Looking for solution or remedy together with criticized team-member
- Appreciate improvement

## **Symmetry & Asymmetry**

#### Symmetry

- equal position, balanced partnership
- potential problem: lack of leadership or revocation of responsibility

#### Asymmetry - Complementarity

- Unequal position, hierarchy, dominant and submissive roles
- Competence of person in dominant role should be evaluated and eventually questioned, if leading to undesired outcome
- On the other hand, even clear and formal definition of asymmetry does not give an adult person in submissive role a right to revoke responsibility for own behavior

In case of disfunctional communication, the remedy is to introduce complementarity into symmetry, or vice versa

#### Conflict

- The initial trigger might be something trivial
- If unsolved or overlooked, the situation will escalate
- Tension leads to frustration, frustration leads to aggression
- Looking for a victim is an easy solution
- However, interpersonal conflicts are rarely caused by a single party
- Human communication is cyclic by nature, driven by mutual feedback

## **Solving Conflict**

#### 1 Passive indirect strategy

- Ignoring conflict, waiting for it to dissolve
- Downplaying problem, pretending it is not serious
- Tolerating problem as "necessary evil"
- Joking around, indirect comments, nonverbal responses (faces, gestures...) but remaining silent
- Showing explicit weakness submissiveness, malleability (despite disagreement)

## **Solving Conflict**

#### 2 Strategy focused on individual

- Rejecting own responsibility, attributing fault to one party (victim)
- Requesting change of behavior with various intensity
  - from assertive to aggressive persuasion
  - enforcement
  - threats, application of sanctions

## **Solving Conflict**

#### 3 Integrative strategy

- Discussing the conflict, "non-zero sum" solution
- Understanding the nature of conflict, showing interest into opinions, motivation and feeling of the other party
- Looking for alternative solutions that would work for both (all) parties

## **Pathological Phenomena**

#### Discrimination

- restricting or creating unfavourable condition for certain group of people (race, gender, religion, age...)
- affecting: career growth, types of tasks, salary

#### Harassment

- Creating hostile environment
- Retaliatory harassment
- Sexual harassment
- Bullying

#### Mobbing

- Hostile group pressure on an individual
- Compared to bullying, it is more sophisticated, lacks apparent signs of aggressive behavior:
  - Spiteful behavior
  - Sabotaging cooperation
  - Ostracizing from team
  - Withholding information, "disappearing" documents or materials
  - Gossiping, mocking
  - Assigning victim with unappreciative or challenging tasks, waiting for failure
  - False attribution of responsibility

Who is mobbing?

#### Aggressive individual

- compensation of inferiority complex
- motivation: envy, desire for power, vision of profit, fear of competition

#### Aggressive Group

- a few aggressive individuals, or group of people supporting an aggressive individual, yet they will not be aggressive on their own
- motivation is similar to that of aggressive individual

### **Bossing**

- Aggression performed by a boss on a team-member
  - Assigning inferior tasks, or very challenging tasks
  - Frequent non-constructive criticism
  - Task overloading, threats of being fired
  - Denying right for breaks (lunch, toilet...); careful countdown of remaining time left...
  - Manipulating others for own profit
  - Manipulating others on victim's account

#### Staffing

- Aggression performed by a team on a boss
  - Mass disobeying of rules of intentional exceeding of deadlines
  - Belittling or making boss insecure
  - Intentional non-reporting of problems or errors found during work processes

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