

Question set 09

Which type of behavior typically has impact on self-perception?

- Aggressive
- Passive
- Assertive

Assertive behavior is described as:

- Ability to clearly express and assert own needs
- Intimidating self-confidence
- Understanding and accepting needs of others

Which of the presented options are the “assertive rights”?

- Right to act independently on approval of others
- Right to act independently on needs of others
- Right to change opinion

Choose harmless method(s) of changing opinion of a person:

- Discussion
- Influencing
- Persuasion

What is manipulation?

- Changing someone’s behavior or attitude
- Influencing someone to gain otherwise unavailable advantage
- Skill that correlates with emotional intelligence

Emotional intelligence:

- Correlates with IQ
- Helps manipulators to be effective
- Is more important for successful life than IQ

High emotional intelligence allows to:

- understand own emotions
- understand social situations
- be always optimistic