



First Aid

Basic Information

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Bc. Barbora Zuchová and others

Every year as a result of accidents in
the Czech Republic is

300 dead

and **3000 permanently handicapped
children.**



DĚTSTVÍ BEZ ÚRAZŮ

Prevention (car-accidents)



Prevention (head injuries)



www.skimagazin.cz, 2006

... this is reality



Remember! Extensive burn is life-threatening condition.

Fireworks accident



DĚTSTVÍ BEZ ÚRAZŮ



Electric current accident



DĚTSTVÍ BEZ ÚRAZŮ

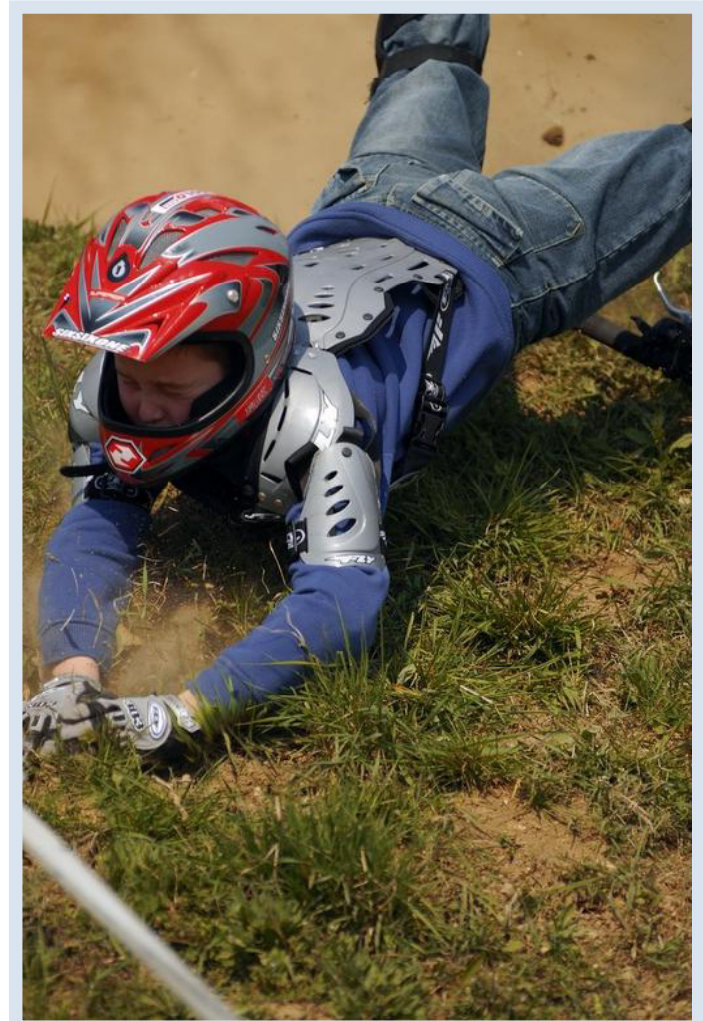


www.detstvibezurazu.cz, 2008

Prevention

Use **protective equipment** in sports!

Illustrated photo



Prevention

... and sport is splendid



Hýža 2008

Prevention

- Safety of gyms, playgrounds and households



Illustrated photo



Illustrated photo

Charge to give First Aid
defined by Punitive law
(140/ 1961Sb.,1.1.1962) –

NOT GIVING OF FIRST AID

§ 207 and § 208

Safety

- Safety first!

Never put yourself in danger to help someone else. If you hurt yourself you cannot help anyone, and the ambulance crew will have one more casualty to deal with.



Hasík, 2006

Help, but safety first!!!



1x www.raft.cz/clanek.aspx?ID_clanku=547, 3x www.zzsjmck.cz

Dialling of Emergency Medical Service

CZ 155



- what happened?
- how many people need help?
- what is the status of victim (is he/she responsive, breathing...?)
- where the incident happened?
- don't abort the call by yourself, not earlier than dispatcher



Basic skills



Illustrated photo

First aid

Fast action saves lives

- bleeding
- unconsciousness
- CPR *Guidelines 2005*
- Shock
- Opened chest wounds

Don't be afraid to call 155!



Live or Let Die

Most cardiac arrests happen in the home

For the sake of those close to you - learn CPR

FREE Heartstart community resuscitation training
Contact the London Ambulance Service

020 7463 3120
www.londonambulance.nhs.uk

999
112 999
112 London Ambulance Service
NHS HEARTSTART

www.london.ambulance.nhs.uk

and also...

- head, abdominal and chest injuries
- musculoskeletal injuries
- intoxications (poisonings)
- thermal injuries
- non-accidental cases
- and others

Don't be afraid to call 155!

