

# First Aid

## **The Recovery Position**

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# The Recovery Position

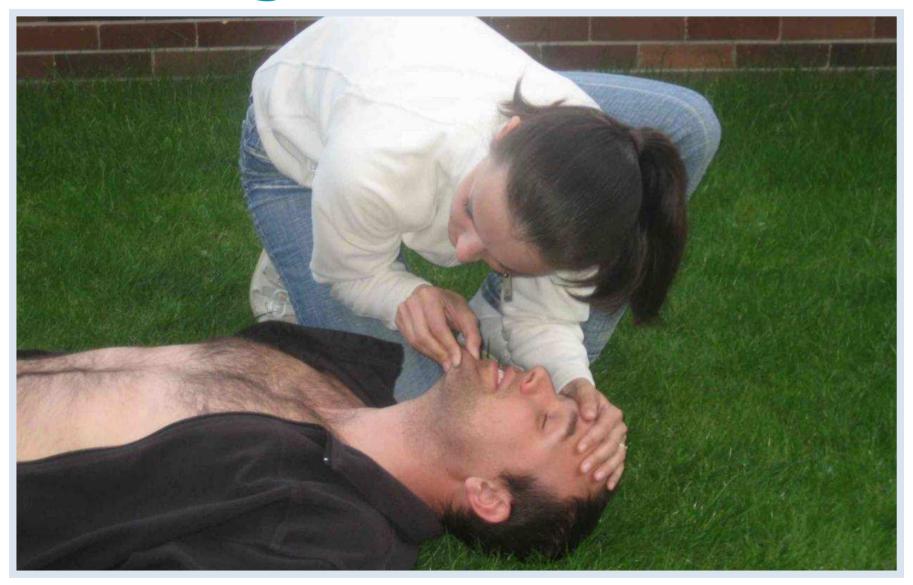
 By the unconscious casualty only, with regular and sufficient breathing.

#### Remember!

Make frequent checks on breathing and circulation to unconsciouss casualty. If the casualty doesn't breath or breaths insufficiently – start CPR!

## Sufficient and regular breathing

## - Dialling of EMS 155









### Remember!

 Leave an unconscious casualty only in case to call for help (dialling of EMS).

