



First Aid

The Recovery Position

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The Recovery Position

- By the unconscious casualty only, with regular and sufficient breathing.

Remember !

Make frequent checks on breathing and circulation to unconscious casualty. If the casualty doesn't breathe or breaths insufficiently – **start CPR!**

Sufficient and regular breathing

- **Dialling of EMS 155**









Remember!

- Leave an unconscious casualty only in case to call for help (dialling of EMS).



Head tilt

Open the
airway