



First Aid

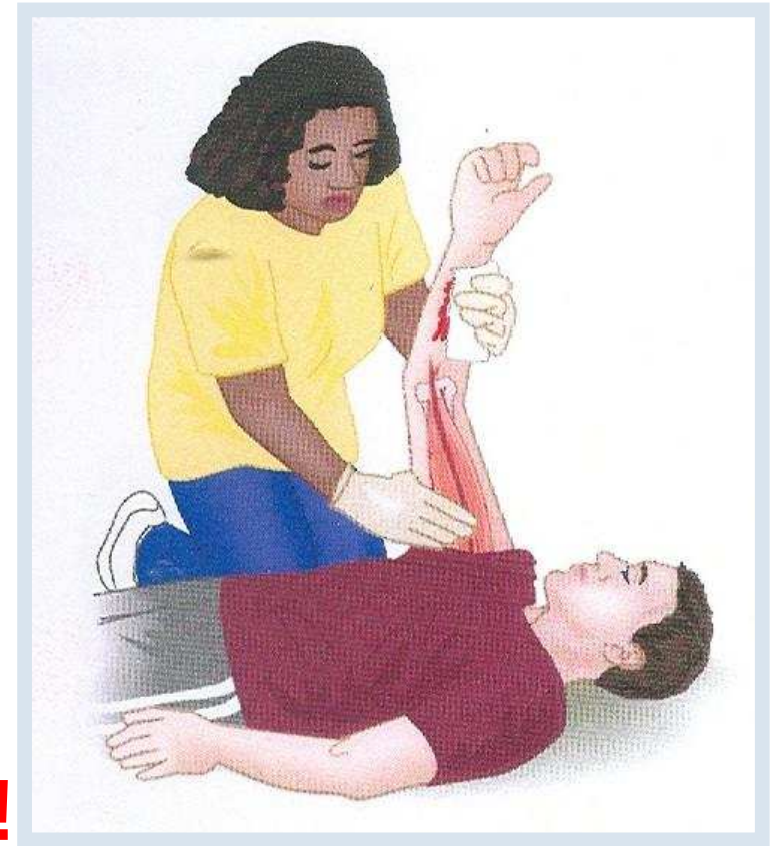
Bleeding – External

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External bleeding

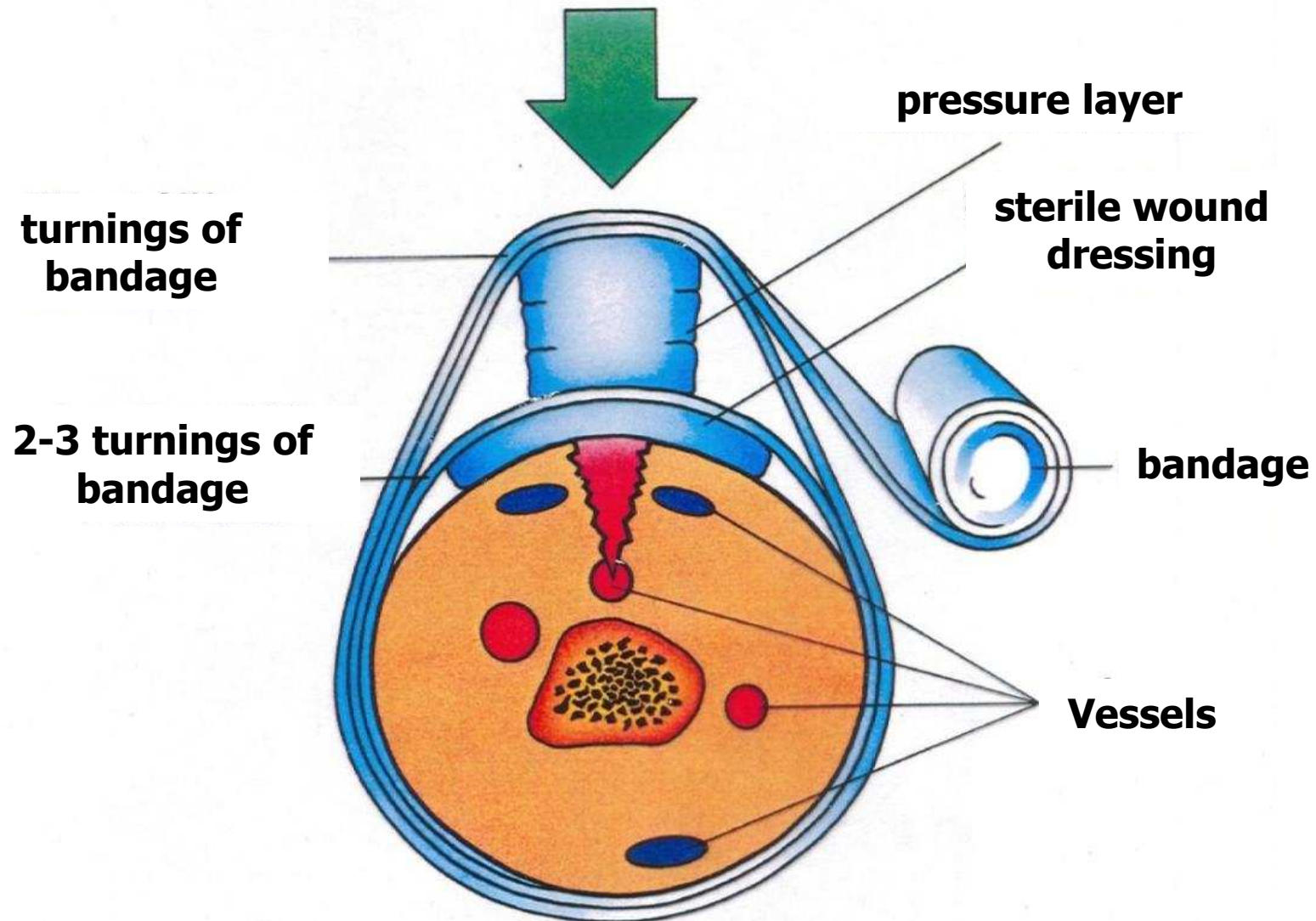
TREATMENT OF PROFUSE BLEEDING

1. First aid (pressure) bandage *or in extreme situation*
2. Apply pressure directly on to the wound
3. Elevate the affected part
4. Lay the casualty down
5. Utmost – application of tourniquet



Be aware of your own safety!!!

First aid (pressure) bandage



Treatment of superficial wounds – excoriations

First aid:

- clean with water, use soap, brush
- disinfection



Kelnarová, 2007. 1.díl

Beware of disinfectant containing iodine!!

- sterile wound dressing

Foreign bodies in the wounds

- **don't pull out the foreign body** – it may be acting as a partial plug, the foreign body averting larger loss of blood
- place sterile dressing either side
- still the patient
- eventually set against sliding

**Dialling of Emergency
Medical Service 155**



FOTO: Turin, 2008

Nose, mouth and ear bleeding

- **nosebleeds** – **the head forward**
pinch the casualty's nose just beneath the bridge
- **mouthbleeds** - **the head forward**
when tooth is knocked out of socket, bite a tampon
- **earbleeds** – **do no tamponade** let the blood leak out loose



...and sport sometimes hurts

Treatment of external bleeding...

and always watch for other symptoms!

Consciousness of the patient, pain, pulse...

Give every detail you know to the ambulance crew!

