



# First Aid

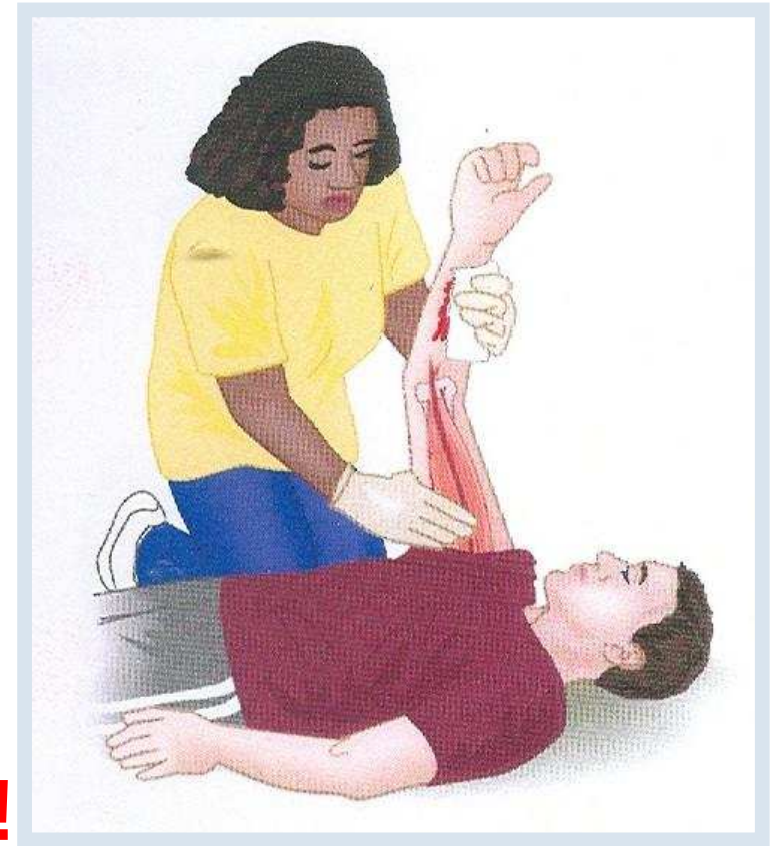
## Bleeding – External

Mgr. Zdeňka Kubíková  
Bc. Barbora Zuchová and others

# External bleeding

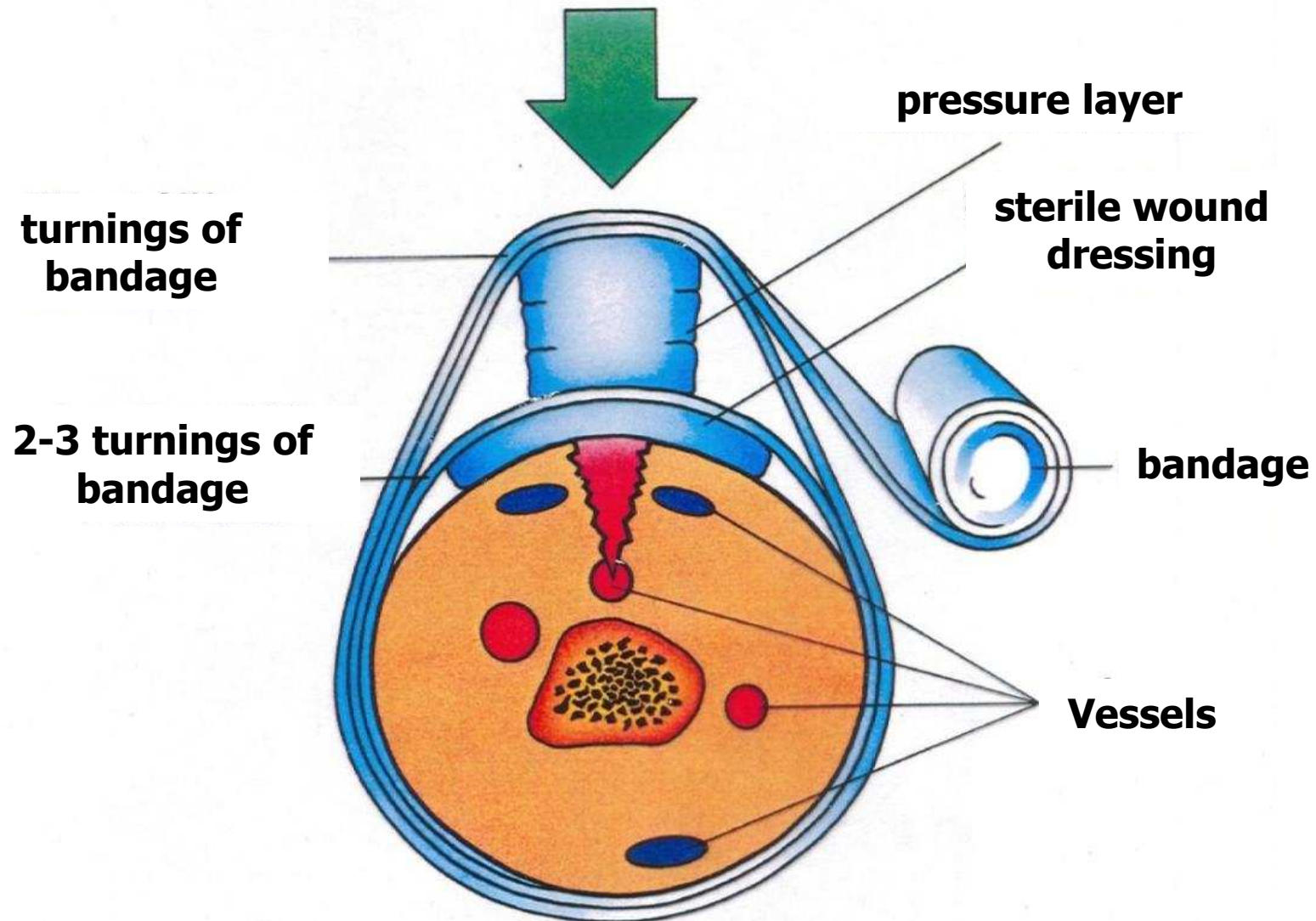
## TREATMENT OF PROFUSE BLEEDING

1. First aid (pressure) bandage *or in extreme situation*
2. Apply pressure directly on to the wound
3. Elevate the affected part
4. Lay the casualty down
5. Utmost – application of tourniquet



**Be aware of your own safety!!!**

# First aid (pressure) bandage



# Treatment of superficial wounds – excoriations

## First aid:

- clean with water, use soap, brush
- disinfection



Kelnarová, 2007. 1.díl

## **Beware of disinfectant containing iodine!!**

- sterile wound dressing

# Foreign bodies in the wounds

- **don't pull out the foreign body** – it may be acting as a partial plug, the foreign body averting larger loss of blood
- place sterile dressing either side
- still the patient
- eventually set against sliding

**Dialling of Emergency  
Medical Service 155**



FOTO: Turin, 2008



# Nose, mouth and ear bleeding

- **nosebleeds – the head forward**  
pinch the casualty's nose just beneath the bridge
- **mouthbleeds - the head forward**  
when tooth is knocked out of socket, bite a tampon
- **earbleeds – do no tamponade** let the blood leak out loose



# ...and sport sometimes hurts

Treatment of external bleeding...

**and always watch for other symptoms!**

Consciousness of the patient, pain, pulse...

**Give every detail you know to the ambulance crew!**

