



# First Aid

## Shock

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# Shock

**...we don't treat shock in first aid, but  
we avert it !!!**

# Shock

- Failure of circulation from various cases, not treated leads to death
- As a result of SHOCK is insufficient supply of oxygen to the tissues and metabolic changes
- Dynamic action

**SHOCK is not a psychical reaction on dramatic situation... but**

# Forms and causes of shock

- **Loss of circulating fluid** – bleeding, burns, dehydration
- **Relative loss of fluid** – allergic reaction, septic shock, influence of medicaments
- **Lowered efficiency of the heart** – e.g. heart attack

# Stages of shock

- **Reversible** – compensation reaction of organism is enough
- **Irreversible** – organ failures, loss of consciousness leads to death

**... shock is taken to signify a life – threatening condition!!!**

# Symptoms

- Pale and clammy skin
- Cold perspiration
- Dizziness, weakness, simple fainting
- Rapid, weaker pulse... irregular
- Rapid and shallow breathing
- Feeling of thirst
- Anxiety, fear
- Nausea, vomiting
- Failure of consciousness ...disorientation, somnolence, unconsciousness

# First aid

- treatment of shock causes
- position – depends on type of shock (insulin shock, haemorrhage shock, anaphylactic shock etc.)
- **liquids** – don't give any liquids!
- **heat** – care of heat comfort
- **subside** – tactful encouragement...
- **transport** – don't transport... **dial 155 !!!**
- **silence...**