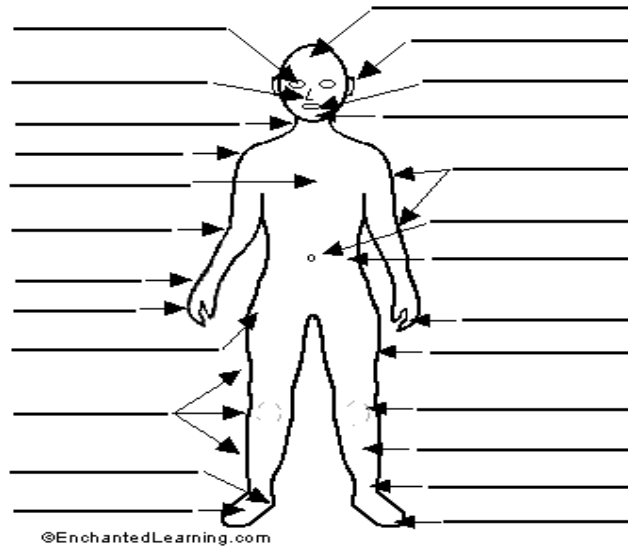


## Human body, Health and Illness

### Task 1 Human Body

ankle	ear	hand	leg	shoulder
arm	elbow	head	mouth	thigh
navel	eye	heel	nose	toes
chest	fingers	hip	neck	waist
chin	foot	knee	shin	wrist

**Ex. 1: Label the human body diagram using the word list above.**



### Exercise 2: How are the following things connected in the body?

Teeth – jaw

Diaphragm – abdominal cavity – thoracic cavity

Ribcage – heart

Skull - vertebral column – vertebrae – intervertebral discs

Palm – thumb

Ankle – foot - calf

### Exercise 3: Match synonyms

Clavicle

Shoulder blade

Sternum

Spinal column

Phalanges

Thorax

Tibia

Femur

Patella

thigh bone

backbone

kneecap

shin bone

chest

finger bones

breastbone

collar bone

scapula

#### Exercise 4: Match the organs with their respective systems:

mouth - spinal cord – blood vessels (arteries, veins and capillaries) – nails – joints – liver –uterus (womb) – thyroid gland – hair – heart – kidneys – skin – muscles – brain – intestines – bones – bladder - lungs – nerves – sweat glands

<b>Circulatory</b>	<b>Respiratory</b>	<b>Nervous</b>	<b>Musculoskeletal</b>	
<b>Digestive</b>	<b>Urinary</b>	<b>Reproductive</b>	<b>Endocrine</b>	<b>Integumentary</b>

#### Exercise 5: Listening

##### Fun science: The human body

(<http://www.videojug.com/interview/fun-science-the-human-body#what-is-my-body-made-of>)

*Listen and answer the questions:*

1. What's my body made of?
2. Why do we get "goose bumps"?
3. Why do I get "brain freeze" when I eat ice cream?
4. Why does my skin look like a wrinkled prune after I take a bath?
5. Why do I sweat?
6. How do my eyes see colour?
7. What happens to food when I eat it?
8. Why do I need food?

#### Task 2 Health and Illness

##### Exercise 1:

What is the difference between being healthy and being fit; between a disease and an illness?  
What does it mean when somebody says that they are "sick"?

##### Exercise 2: Make adjectives from the nouns below:

Fitness      Health      Illness      Sickness

##### Exercise 3: Choose the correct word to complete each sentence:

1. Her condition .....(deteriorated/improved) and she died.
  2. He .....(relapsed/recovered) and was allowed to go home from hospital.
  3. The patient made a full.....(recovery/remission).
  4. I have been in .....(poor/good) health for months and feel very fit.
  5. It was a month before I .....(got over/ got better) the illness.
  6. He seems to be rather ..... (unhealthy/ unwell) – his diet is bad and he never exercises.
- (adapted from Glendinning, Howard: Professional English in Use – Medicine. Cambridge University Press, 2007.)

##### Exercise 4: True or false?

1. Mumps and chicken pox are childhood diseases.
2. AIDS has been eradicated from the world.
3. Diabetes is a contagious disease.
4. Parkinson's disease is hereditary.
5. Flu is preventable.
6. Migraine is an incurable disease.

##### Exercise 5: Give examples of

acute/chronic/ serious/ mild/ degenerative/ occupational/ mental/ obscure/ deadly diseases.