

VOCABULARY REVISION - Nutritionists

TASK 1 Anatomy

1. What do you call the organ/ organs/ muscles:
 - which breaks down toxins which enter the body, including alcohol
 - in the chest we use for breathing
 - in which babies develop before they are born
 - between the lungs and the stomach used mainly to control breathing
 - squeezes food down to the stomach
 - in which most digestion takes place
 - processes the waste and passes it out of the body
 - remove waste products from the blood and produce urine
2. What are English equivalents to these expressions from Latin:
femur – patella – sternum – clavicle – scapula – tibia – spinal column

TASK 2

Injuries – collocations. Fill in the gaps:

1. You can pull/ strain _____
2. You can sprain/ twist _____
3. You can dislocate _____
4. You can _____ your ribs _____ .
5. You can have _____ on your feet because of new shoes.

TASK 3

Miscellaneous

a) Use the following expressions in a sentence:

range of motion

endurance

recommended dietary amount

dietary supplement

food pyramid

carbohydrate

obesity

b) Give an example of:

- acute/ chronic disease; legume; poultry; dairy product; an eating disorder

c) Explain:

a balanced diet - convenience food - comfort eating

d) Translate into English:

Redukční dieta – zhubnout – přibrat – doplňky výživy – terapeut – výživa – strava