

Zkouška z anglického jazyka

Zkouška je na úrovni **B2** CEFR

(https://en.wikipedia.org/wiki/Common_European_Framework_of_Reference_for_Languages)

Typ testu: písemný test (min. pro splnění je 60%) + ústní zkouška

Váhy jednotlivých subtestů:

Poslech: 10%

Čtení: 20%

Gramaticko-lexikální část: 30%

Psaní: 15%

Ústní zkouška: 25%

Typy cvičení v testu:

1. úkol na **poslech**, doplňuje se chybějící výraz do shrnujících vět
2. úkoly na **čtení**:
 - doplnění slov z banky do textu (viz. ukázka č. 1);
 - úkol na porozumění textu, doplňují se zpátky do textu části vět (viz. ukázka č. 2);
 - úkol na porozumění textu a lexiku – hledání synonym v textu
3. **gramaticko – lexikální část**:
 - překlad frází (viz. ukázka č. 3) z oblasti sportu, coachingu, fyziologie, sportovní medicíny, výživy, managementu
 - větné transformace (viz. ukázka č. 4) Testované jevy: základní časy; trpný rod, způsobová slovesa (can, could, should, must, have to + jejich záporné a minulé tvary), spojky (although, because, because of, despite, however, unless, while, as long as, etc.), 1., 2. a 3. kondicionál, přímé a nepřímé otázky
 - frázová slovesa – doplňování do vět sloves z nabídky
 - slovo tvorba – odvozování slovních druhů (viz. ukázka č. 5)
4. **psaní** – argumentativní text na dané kontroverzní téma (hodnotí se vyjádření myšlenky, spojovací prostředky, struktura, slovní zásoba)
5. **ústní zkouška** – odborná rozprava na téma vlastního výzkumu, studia, diplomové práce

Ukázky testových úkolů

1. Doplnění slov z banky

Read the following text and fill in the gaps with suitable words from the list. You do not have to change the form of the words. There are 2 words you do not need to use.

storing production performance shown perform linked results impaired
improve decrease

Athletes need quality sleep to 1 _____ their best.

In fact, numerous studies have 2 _____ that even a small amount of sleep deprivation can dramatically 3 _____ athletic performance. The reasons for this are not entirely clear, however research points to the role of glucose metabolism and cortisol (a stress hormone) 4 _____ as a major factor.

5 _____ of studies on sleep deprivation found that sleep deprived athletes don't metabolize glucose very efficiently, and have higher levels of cortisol, which has been 6 _____ to memory impairment, age-related insulin resistance, and 7 _____ recovery. Another potential problem of poor sleep is lowered levels of the hormone leptin, which play a role in regulating hunger as well as 8 _____ body fat.

2. Doplnění částí vět do textu

Seven parts of sentences have been removed from the text below. Choose from the removed parts (A-G) the one which fits each gap. Write the appropriate letter next to a number, e.g. 4A.

A: they walk them

B: according to a new American Heart Association scientific statement

C: that there probably is an association between pet ownership and decreased cardiovascular risk

D: is needed to more definitively answer this question

E: causes reduction in cardiovascular risk

F: to get the recommended level of physical activity.

G: do not necessarily prove that owning a pet directly causes a reduction in heart disease risk

Pets May Help Reduce Your Risk of Heart Disease

Having a pet might lower your risk of heart disease, (1) _____. Research shows that:

- Pet ownership is probably associated with a reduction in heart disease risk factors and increased survival among patients. But the studies aren't definitive and (2) _____. "It may be simply that healthier people are the ones that have pets, not that having a pet actually leads to or (3) _____," Levine said.
- Dog ownership in particular may help reduce cardiovascular risk. People with dogs may engage in more physical activity because (4) _____. In a study of more than 5,200 adults, dog owners engaged in more walking and physical activity than non-dog owners, and were 54 percent more likely (5) _____.
- Owning pets may be associated with lower blood pressure and cholesterol levels, and a lower incidence of obesity.

- Pets can have a positive effect on the body's reactions to stress.

"In essence, data suggest (6) _____," Levine said. "What's less clear is whether the act of adopting or acquiring a pet could lead to a reduction in cardiovascular risk in those with pre-existing disease. Further research (7) _____." Even with a likely link, people shouldn't adopt, rescue or buy a pet solely to reduce cardiovascular risk, Levine said.

3. Překlad

Translate the following phrases into English.

Namozžené svaly, Aerobní cvičení apod.

4. Gramatika

Transform the sentences using the words given.

- It was a bad idea to train in that terrible weather last week
I should in that terrible weather.
- They are solving the problem.
The problem
- I trained too hard. I was soon overtrained.
If I, I overtrained.
- They loved the event although there were a few problems.
They loved the event despite

5. Slovtvorba

Complete each sentence with a word derived from the word in brackets.

Fruit juices can be to children's teeth. (HARM)

Doporučené odkazy:

Poslech:

www.ted.com

<http://www.bbc.co.uk/worldservice/learningenglish/general/sixminute/>

Gramatika:

http://www.examenglish.com/grammar/b2_grammar.html

http://www.englishrevealed.co.uk/fce_grammar.php

Čtení:

http://www.examenglish.com/B2/b2_reading.htm

Frázová slovesa:

<http://www.memrise.com/course/232336/75-must-have-phrasal-verbs-for-the-fce/>