

Put the words below to the right gaps in the text:

Series, weight, performing, tumbling, all, lifted, dismount, from, handstands, mount

Floor exercise events are held on a 12m x 12m square mat on which competitors perform handstands and complex tumbling lines with handsprings, **somersaults**, and mid-air **twists**. In the pommel horse event, gymnasts mount a **pommel horse** and perform handstands and support their weight on their arms while swinging their legs. In the rings event, gymnasts are lifted up so they can reach two rings suspended from a wire, and then perform swings, handstands and other difficult positions before doing a spectacular dismount. In the event called vault, competitors hurdle onto a **springboard** and **vault** over the vaulting horse and perform mid-air twists or somersaults before **landing**. In parallel bars and horizontal bar, gymnasts perform a series of acrobatic swings and turns before performing a spectacular dismount. Like all events that include a dismount, a solid landing without losing one's balance is very important.