

What APA is...

- Interdisciplinary academic discipline focused on the identification and solution of individual differences in the field of physical activities
- They promote access to an active lifestyle and sports
- > Physical education
- > Sports
- > Recreation and rehabilitation

Physical education and APA

Adapted physical education - focus on pupil, student, athlete with SEN

- Segregated form
- Parallel form
- Inclusive form

Technical VS attitude barriers - does a student with a disability belong to ordinary TV ???

- PE support options:
- Integration without support and without content modification
- Integration with content and conditions editing
- Integration with the use of peer partners / tutors
- Integration with the use of a teacher's assistant
- Combined forms of teaching
- Collaboration with organizations in the school or student community
- Further teaching of a segregated style





http://www.fsps.muni.cz/impact/aplikovana-telesna-vychova/apa-osob-s-telesnym-postizenim/integrace-osob-se-zdravotnim-postizenim/

Sport and APA

- Paralympic games https://www.youtube.com/watch?v=locLkk3aYlk
- Special olympic https://www.specialolympics.org/
- Deaflympics https://www.deaflympics.com/
- National championchips, regional sports

Sport and APA

- Very little interest of Czech paralympic comitee in cooperation with universities
- Apart from SO, there is basically no system of coach training
- We are relatively successful when the coach training is working athletics, alpine skiing, deaflympics,
 especially Olympic sports, sports for athletes with mentally impaired
- Minimal interest in school sports in involving pupils with disabilities
- No connection with "sports for healthy people" associations https://www.youtube.com/watch?v=ESeY2CzQyh8
- The necessary "professionalization" of the approach; often the absence of vision and systemic cooperation
- The journey of "straightening out" the financing of sport has begun

Recreation and APA

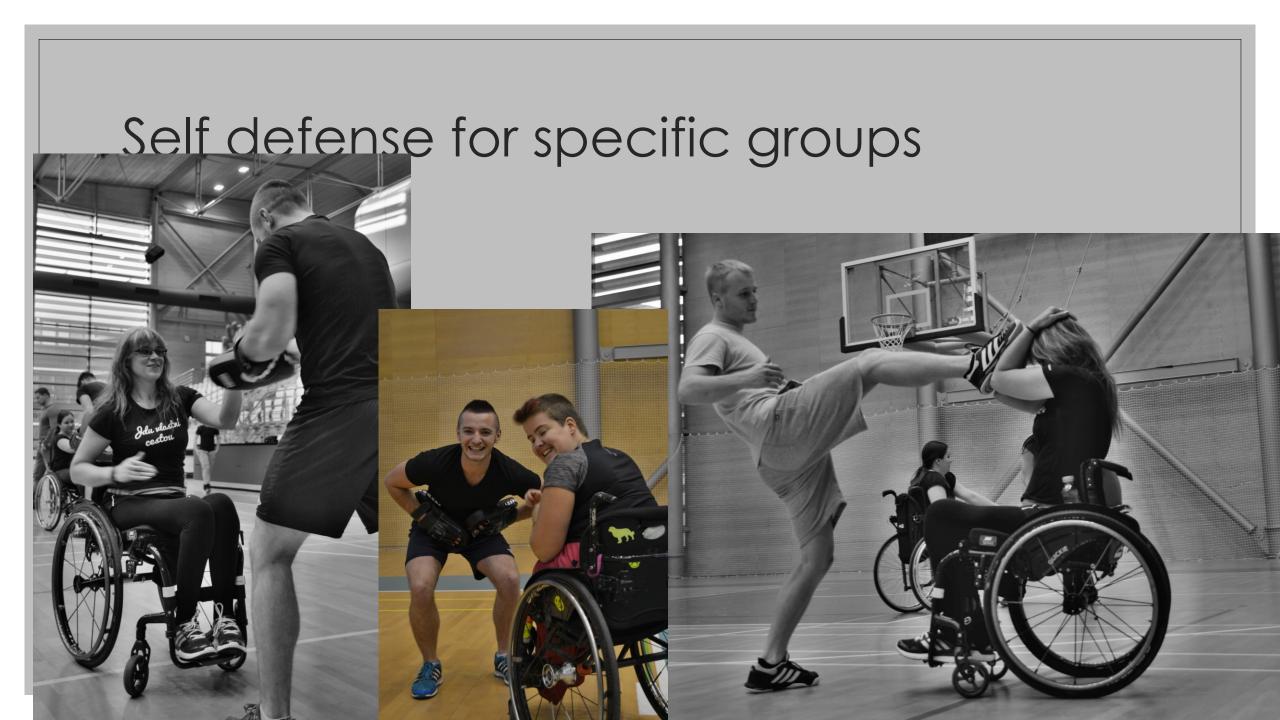
Expedice přes Bar

- https://www.youtube.com/watch?v=DgGx7l6q7bc
- The course for students FTK UPOL
- Requirements Organization, clients, marketing and promo before and after, foundation, accommodation, transportation, sport condition, crisis scenario, planning of trips, equipment's, modification, weekend teambuilding
- Practical impact
- Independent
- Experience for everybody









Movies about people with disability

- Temple Grandin true story about PAS
- My left foot with charismatic Daniel Day Luis (won Oscar), from the Ireland
- The upside The film follows a paralyzed billionaire (<u>Bryan Cranston</u>) who strikes up an unlikely friendship with a recently paroled convict (<u>Kevin Hart</u>) whom he hires to take care of him.

