**LESSON 1 REVISION**

1. ***Complete the sentences with the correct form of the verb in brackets.***
2. She …………………….. (not eat) any vegetables when she was a child.
3. I ………………………….(try) to lose weight these days after the Christmas feast.
4. She …………………….. (lose) a lot of weight recently.
5. I ……………………….. (have) 3 cup of coffee today.
6. I ……………………….. (drink) 5 cups yesterday.
7. When I ………………… (cook) yesterday, I cut my finger.
8. We …………………….. (make) dinner for a few friends tonight, so I ………..…. (buy) lots of food and drink.
9. He ……………………… (study) physiotherapy for three years now.
10. How long ……………….. (you know) these people?
11. ***Ask questions about the underlined part of the sentence:***
12. He´s waiting for his trainees.
13. This is the captain´s jersey.
14. She lives in Germany.
15. They flew to the USA last month.
16. They flew to the USA last month.
17. I have been doing the same sport since ever.
18. ***Vocabulary***

*Give synonyms of these words: enhance, affect, extend, maintain*

*Give opposites of these words: increase, contract, shorten*

*Name two types of wounds, two mild and two severe injuries.*

*Define aerobic and anaerobic exercise, name the main benefits of exercise.*