**Unit 12 Revision**

**Task 1 Vocabulary – Gap fill**

**Use the following expressions in sentences:**

*encourage - overestimate – susceptible – crucial – excessive*

It is ………….. to …………… people who are ……………. to civilisation diseases to do exercise to prevent …………… weight gain. They should start gradually, making sure they don´t …………….. their skills and abilities.

**Task 2 Vocabulary – The mindset of a successful athlete**

**Name mental qualities of a successful athlete. Explain and exemplify if possible.**

**Task 3 Vocabulary - Injuries**

**Name at least five sports injuries.**

**Task 4 Speaking**

**Describe the change in attitudes of people towards health and its impact:**

*emphasise – realise – change attitude – change behaviour – mortality*

**Task 5 Speaking**

**Use cause – effect expressions to describe the relationship between motivation and perception of exercise.**

**Task 6 Phrasal verbs**

**Complete the gaps with the correct forms of phrasal verbs. There is one that you don´t need.**

*get over turn down give in run out make up cope with*

1. I mustn´t spend so much, last month I nearly ….................... of all my money.
2. How do you ……………… all the stress that you have at work?
3. It was a devastating loss, but I´m sure he …………………. it soon, he´s a fighter.
4. He´s such a hypochondriac, it´s not possible he had a heart attack, he must ……… it …… .
5. A highly motivated athlete ……………… offers by sponsors and focuses on long-term goals.

**Task 7 Word formation**

**Divide the following suffixes into categories. Give examples.**

*-ise -ify -ous -ible -ness -y*

*-ence - ment -al - ful/ -less -en -ly*

*-en -ism -ity -ation -ion -able*

**nouns adjectives verbs adverbs**

**Task 8 Sentence transformations**

**Rephrase the sentences using the words given:**

1. Barbara was very bored in the lesson.

Barbara thought …………………………………………………… .

1. You won´t get into the first team squad if you don´t train harder.

Unless …………………………………………………………….. .

1. Although Robert wasn´t feeling well, he went to work.

Robert went to work despite ……………………………………… .

1. This system is user-friendly. Many other systems are not.

Unlike ………………………………………………………………..

1. If you eat less, you get slimmer.

The less …………………………………………………………… .

1. We moved to this street six years ago.

We´ve …………………………………………….......................... .

1. Do you know how far it is from Seattle to Vancouver?

Do you know the ………………………………………………….?

1. She´ll be OK soon. She will see you then.

She´ll see you as soon as ……………………………………………. .

1. Robert got here late and he missed dinner.

If Robert …………………………………………………………….. .

1. They have repaired the road outside our house.

The road outside our house …………………………………….... .