

Unit 12 Revision

Task 1 Vocabulary – Gap fill

Use the following expressions in sentences:

encourage - overestimate – susceptible – crucial – excessive

It is to people who are to civilisation diseases to do exercise to prevent weight gain. They should start gradually, making sure they don't their skills and abilities.

Task 2 Vocabulary – The mindset of a successful athlete

Name mental qualities of a successful athlete. Explain and exemplify if possible.

Task 3 Vocabulary - Injuries

Name at least five sports injuries.

Task 4 Speaking

Describe the change in attitudes of people towards health and its impact:

emphasise – realise – change attitude – change behaviour – mortality

Task 5 Speaking

Use cause – effect expressions to describe the relationship between motivation and perception of exercise.

Task 6 Phrasal verbs

Complete the gaps with the correct forms of phrasal verbs. There is one that you don't need.

get over turn down give in run out make up cope with

- I mustn't spend so much, last month I nearly of all my money.
- How do you all the stress that you have at work?
- It was a devastating loss, but I'm sure he it soon, he's a fighter.
- He's such a hypochondriac, it's not possible he had a heart attack, he must it
.....
- A highly motivated athlete offers by sponsors and focuses on long-term goals.

Task 7 Word formation

Divide the following suffixes into categories. Give examples.

<i>-ise</i>	<i>-ify</i>	<i>-ous</i>	<i>-ible</i>	<i>-ness</i>	<i>-y</i>
<i>-ence</i>	<i>-ment</i>	<i>-al</i>	<i>-ful/ -less</i>	<i>-en</i>	<i>-ly</i>
<i>-en</i>	<i>-ism</i>	<i>-ity</i>	<i>-ation</i>	<i>-ion</i>	<i>-able</i>

nouns

adjectives

verbs

adverbs

Task 8 Sentence transformations

Rephrase the sentences using the words given:

- Barbara was very bored in the lesson.
Barbara thought
- You won't get into the first team squad if you don't train harder.
Unless
- Although Robert wasn't feeling well, he went to work.
Robert went to work despite
- This system is user-friendly. Many other systems are not.
Unlike
- If you eat less, you get slimmer.
The less
- We moved to this street six years ago.
We've
- Do you know how far it is from Seattle to Vancouver?
Do you know the?
- She'll be OK soon. She will see you then.
She'll see you as soon as
- Robert got here late and he missed dinner.
If Robert
- They have repaired the road outside our house.
The road outside our house