

Name:

Date:

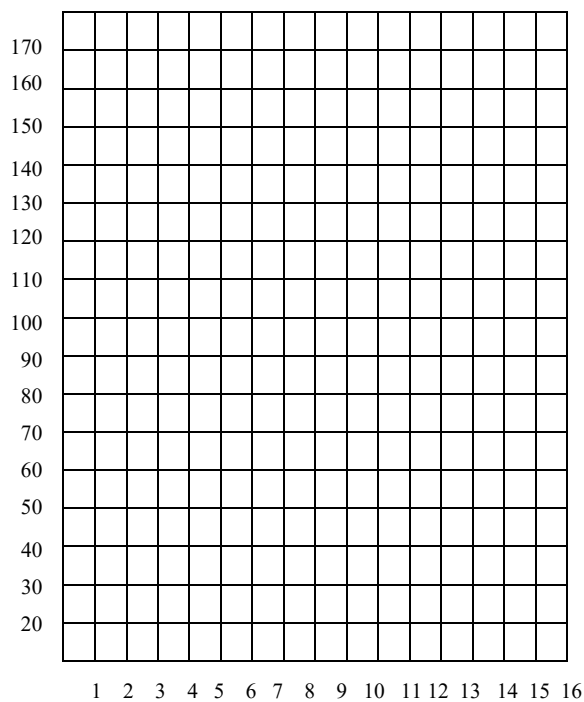
Age:

Spiroergometry

VO₂max = _____ ml/min/kg

Time [min]	Load [W]	HR [1/min]	BF [1/min]	V _E [l/min]	VO ₂ [ml/min/kg]
0	0				
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
Peak value					

V_E
[l/min]



Time
[min]