

# Adapted physical activities

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# Questions

- ▶ **Who is handicapped?**

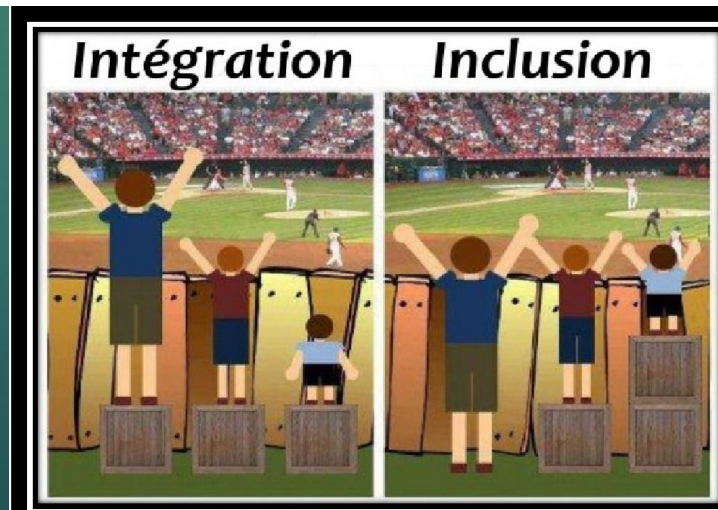
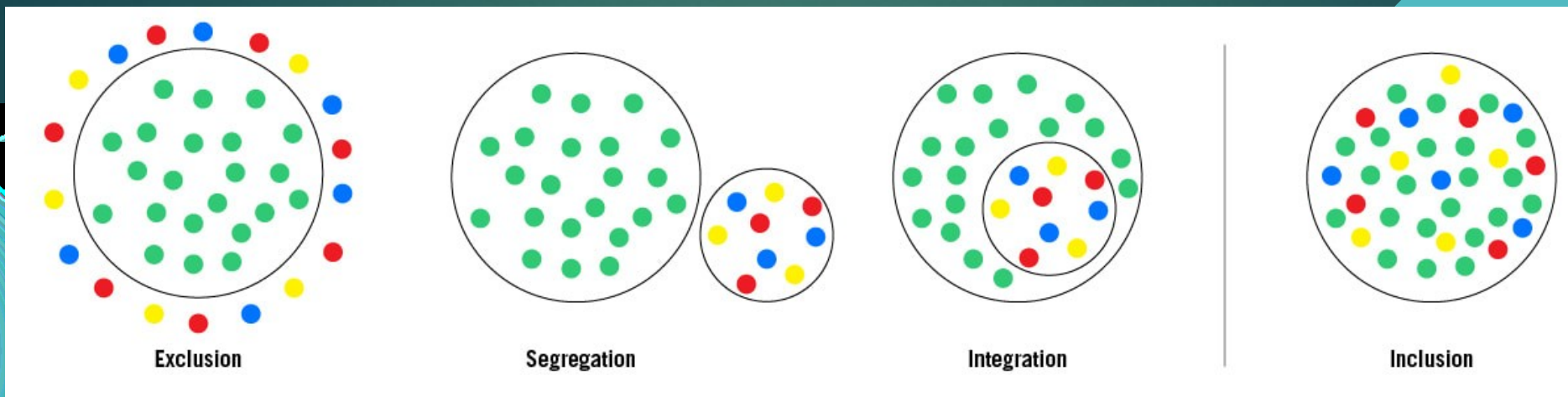
- ▶ What designations, names do you know for a person who has a disability - all possible names, even pejorative

- ▶ **Why should pupils with disabilities be educated with pupils without disabilities in mainstream school. The question is not built should or should not, but come up with arguments as to why.**

- ▶ Do you think that people with disabilities should engage in leisure-time physical activities together with others?

- ▶ **If you get into a situation where you would stay permanently visibly disabled, how would you like that people were calling you?**

# Different Approaches to disabled people - during the history



But...there is different view on  
handicap or otherness....



# What APA is...

- ▶ Interdisciplinary academic discipline focused on the identification and solution of individual differences in the field of physical activities

- ▶ They promote access to an active lifestyle and sports

▶ Physical education

▶ Sports

- ▶ Recreation and rehabilitation

# Physical education and APA

Adapted physical education - focus on pupil, student, athlete with SEN

- ▶ Segregated form
- ▶ Parallel form
- ▶ Inclusive form

Technical VS attitude barriers - **does a student with a disability belong to ordinary PE ???**

- ▶ PE support options:
- ▶ **Integration without support and without content modification**
- ▶ **Integration with content and conditions editing**
- ▶ **Integration with the use of peer partners / tutors**
- ▶ **Integration with the use of a teacher's assistant**
- ▶ **Combined forms of teaching**
- ▶ **Collaboration with organizations in the school or student community**
- ▶ **Further teaching of a segregated style**

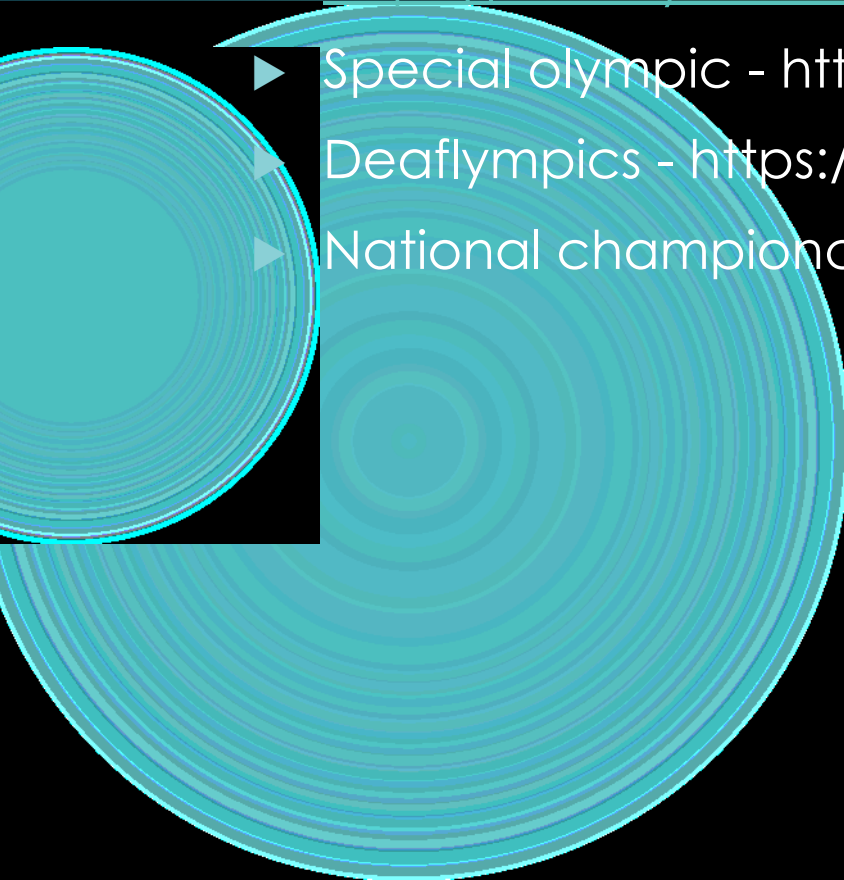
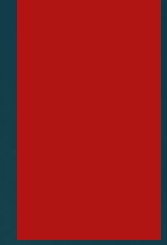
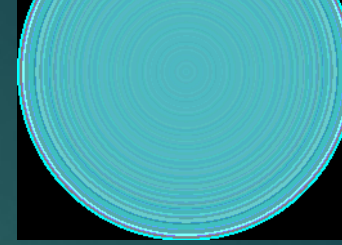
# Inclusive TV



<http://www.fsps.muni.cz/impact/aplikovana-telesna-vychova/apa-osob-s-telesnym-postizenim/integrace-osob-se-zdravotnim-postizenim/>

# Sport and APA

- ▶ Paralympic games - <https://www.youtube.com/watch?v=locLkk3aYlk>
- ▶ Special olympic - <https://www.specialolympics.org/>
- ▶ Deaflympics - <https://www.deaflympics.com/>
- ▶ National championchips, regional sports





# Sport and APA

- ▶ **Very little interest of Czech paralympic comitee in cooperation with universities**

▶ Apart from SO, there is basically no system of coach training

▶ **We are relatively successful when the coach training is working - athletics, alpine skiing, deaflympics, especially Olympic sports, sports for athletes with mentally impaired**

▶ Minimal interest in school sports in involving pupils with disabilities

▶ **No connection with „sports for healthy people" associations - <https://www.youtube.com/watch?v=ESeY2CzQyh8>**

▶ The necessary "professionalization" of the approach; often the absence of vision and systemic cooperation

- ▶ The journey of "straightening out" the financing of sport has begun

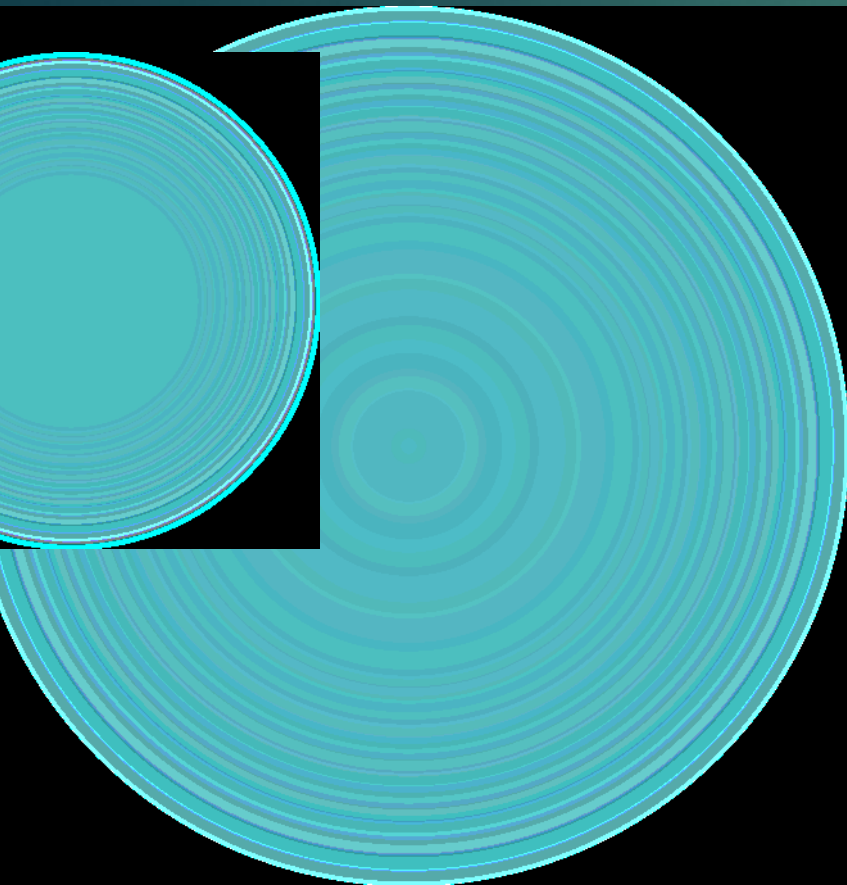
# Recreation and APA

## Expedice přes Bar

- ▶ <https://www.youtube.com/watch?v=DqGx7l6q7bc>
- ▶ The course for students FTK UPOL
- ▶ Requirements - Organization, clients, marketing and promo before and after, foundation, accommodation, transportation, sport condition, crisis scenario, planning of trips, equipment's, modification, weekend teambuilding
- ▶ Practical impact
- ▶ Independent
- ▶ Experience for everybody

# Vision for future in Czech republic

- ▶ Consultant of APA in consoulting system



# Emil open



# Championchips of rhythmic gymnastics for Mentally impaired



# Project IVČA

<https://is.muni.cz/elportc>

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# Self defense for specific groups



# Movies about people with disability

- ▶ Temple Grandin – true story about PAS
- ▶ My left foot – with charismatic Daniel Day Luis (won Oscar), from the Ireland
- ▶ The upside - The film follows a paralyzed billionaire ([Bryan Cranston](#)) who strikes up an unlikely friendship with a recently paroled convict ([Kevin Hart](#)) whom he hires to take care of him.