studie>>	st01	st02	st03
 Is the hypothesis/aim/objective clearly described? Are the main outcomes to be measured clearly described in the 	1	1	1
Introduction or Methods section?	1	1	1
3. Are the characteristics of the participants included in the study	1	1	1
clearly described? 4. Are the interventions of interest clearly described?	1 1	1 1	1 1
4. Are the interventions of interest clearly described:	1	1	1
5. Are the principal confounders compared clearly described?	0	1	0
6. Are the main findings of the study clearly described?	1	1	1
7. Does the study provide estimates of random variability provided			
for main outcomes?	1	1	1
8. Have the characteristics of patients lost to follow-up been			_
described?	0	1	0
9. Have the characteristics of patients lost to follow-up been		_	•
described?	0	1	0
10. Have the probability values been reported for main outcomes?	1	1	1
11. Were the subjects asked to participate in the study			
representative of the entire population from which they were			
recruited?	0	1	0
12. Were those subjects who were prepared to participate			
representative of the entire population from which they were			
recruited?	0	1	1
13. Were the staff, places, and facilities where the patients were			
treated, representative of the treatment the majority of patients			
receive?	0	1	0
14. Was an attempt made to blind study subjects to the	_	_	_
intervention they have received?	0	1	1
15. Was an attempt made to blind those measuring the main		_	_
outcomes of the intervention?	0	1	1
16. If any of the results of the study were based on "data dredging",	0	4	0
was this made clear?	0	1	0
17. Analyses adjust for differing lengths of follow up ?in trials and	1	1	1
cohort studies/ cases and controls 18. Were the statistical tests used to assess the main outcomes	1	1	1
	1	1	1
appropriate? 19. Was compliance with the intervention/s reliable?	1 0	1	1 1
20. Were the main outcome measures used accurate (valid and	U	1	1
reliable)?	1	1	1
21. Were the participants in different intervention groups (trials and	1	1	1
cohort studies) or were the cases and controls (case-control studies)			
recruited from the same population?	0	0	0
recruited from the sume population.	Ü	Ü	· ·
22. Were study participants in different intervention groups (trials			
and cohort studies) or were the cases and controls (case-control			
studies) recruited over the same period of time?	UD	UD	UD
23. Were study subjects randomized to intervention groups?	1	1	1
,,	_	_	_

24. Was the randomized intervention assignment concealed from			
both patients and health care staff until recruitment was complete			
and irrevocable?	0	1	0
25. Was there an adequate adjustment for confounding in the			
analyses from which the main findings were drawn?	1	1	1
26. Were losses of patients to follow-up taken into account?	UD	1	1
27. Did the study have sufficient power to detect a clinically			
important effect where the probability value for a difference is due			
to chance is less than 5%?	1	1	1
	48.1%	92.6%	66.7%

st04	st5	st6	st7	st8	st9	st10	st11	st12
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
UD	1	UD	UD		UD	1	1	1
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
1	1	UD	UD		1	1	1	1
1	1	UD	1		1	1	1	1
1	1	1	1		1	1	1	1
UD	1	UD	1		1	1	1	1
1	1	UD	1		1	1	1	1
1	1	UD	1		1	1	1	1
1	0	1	1		1	1	1	0
UD	0	UD	UD		1	1	1	0
1	1	1	1		1	1	0	1
1	1	1	1		UD	1	1	1
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
0	0	0	0		0	0	0	0
UD	UD	UD	UD		UD	UD	UD	UD
1	1	1	1		1	1	1	1

1	0	1	1		1	1	1	0
1	1	1	1		1	1	1	1
1	1	1	1		1	1	1	1
UD 77.8%	1 81.5%	1 66.7%	1 81.5%	0.0%	1 85.2%	UD 88.9%	UD 85.2%	UD 77.8%

st13	st14			st17			st20 1	st21
1	1	1	1		1	1		1
0	1	1	1	1	1	1	1	1
1 1	1 1							
UD	1	1	UD	UD	UD	1	UD	UD
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
UD	1	1	1	1	UD	1	1	UD
UD	1	1	1	1	UD	1	1	1
1	1	1	1	UD	1	1	1	1
0	1	1	UD	1	1	1	UD	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	0	UD	1	1	1
1	1	1	1	0	UD	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
0	1	0	0	0	0	1	0	0
UD	UD	UD	UD	UD	UD	1	UD	UD
1	1	1	1	1	1	1	1	1

1	1	1	1	0	UD	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	UD	1	1	1
1	1	1	1	UD	1	1	UD	1
74.1%	96.3%	92.6%	85.2%	70.4%	66.7%	100.0%	81.5%	85.2%

st22	st23			st26			st29	st30
1	1	1	1	1	1	1	1	1
1	1	1	0	1	1	1	1	0
1	1	1	1	1	0	1	1	0
1	1	1	1	1	1	1	1	1
UD 1	1 1	0 1						
1	1	1	1	1	1	1	1	0
1	1	1	1	1	1	1	1	0
1	1	1	1	1	1	1	1	0
1	1	1	1	1	1	1	1	1
1	1	1	1	UD	UD	UD	1	0
1	1	1	1	1	1	1	1	0
1	1	1	1	1	1	1	1	0
1	UD	1	1	1	1	1	0	0
1	UD	1	1	1	1	1	0	0
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1 1	1 1	1 0						
1	1	1	1	1	1	1	1	1
0	0	0	0	0	0	0	0	0
UD	UD	1						
1	1	1	1	1	1	1	1	1

1	UD	1	0	1	1	1	0	0
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1 88.9%	UD 74.1%	1 88.9%	UD 77.8%	1 85.2%	1 81.5%	1 85.2%	1 81.5%	1 48.1%

st31					st36			st39
1	1	1	1	1	1	1	1	1
0	1	1	0	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
UD	UD	UD	UD	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
UD	UD	1	UD	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	0	1	0	1	1	0
1	1	1	0	1	0	1	1	0
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	0	1	1	1	1	1
1	1	1	1	1	1	1	1	1
0	UD	0	0	0	0	0	0	0
UD	1	UD	UD	UD	UD	UD	UD	UD
1	1	1	1	1	1	1	1	1

1	1	1	0	1	0	1	1	0
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
UD 77.8%	UD 85.2%	1 88.9%	1 66.7%	UD 88.9%	UD 77.8%	1 92.6%	1 92.6%	1 81.5%

st40	st41			st44				st48
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	0
1	1	1	1	1	1	1	1	1
UD 1	0 1	UD 1	UD 1	1 1	UD 1	1 1	1 1	UD 1
1	0	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	UD
1	1	1	1	1	1	1	1	UD
1	1	1	1	1	1	1	1	1
UD	1	1	UD	1	UD	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	0	1	1	1	0
1	1	1	1	0	1	1	1	0
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
0	0	0	0	0	0	0	0	0
UD	UD	UD	UD	UD	UD	UD	UD	UD
1	1	1	1	1	1	1	1	1

1	0	1	1	0	1	1	0	0
1	1	1	1	1	1	1	1	1
1	1	1	1	1	1	1	1	1
1 85.2%	1 81.5%	1 88.9%	1 85.2%	0 77.8%	UD 81.5%	1 92.6%	1 88.9%	UD 63.0%

st49	st50	st51	st52
1	1	1	1
1	1	1	1
1	1	1	1
1	1	1	1
UD 1	UD 1	1 1	1 1
1	1	1	1
1	1	1	1
1	1	1	1
1	1	1	1
UD	UD	1	UD
1	1	1	UD
1	1	1	1
1	1	1	0
1	1	1	0
1	1	1	1
1	1	1	1
1	1	1	1
1	1	1	1
1	1	1	1
0	0	1	0
UD	UD	1	UD
1	1	1	1

1	1	1	0
1	1	1	1
1	1	1	1
4	4	4	
1	1	1	UD
85.2%	85.2%	100.0%	70.4%