do 35let	Muži			Ženy		
Body	100 m P	100 m K	50 m Z	100 m P	100 m K	50 m Z
10	1:25,0	1:20,0	0:37,0	1:40,0	1:35,0	0:42,0
9	1:30,0	1:25,0	0:39,5	1:45,0	1:40,0	0:44,5
8	1:35,0	1:30,0	0:42,0	1:50,0	1:45,0	0:47,0
7	1:40,0	1:35,0	0:44,5	1:55,0	1:50,0	0:49,5
6	1:45,0	1:40,0	0:47,0	2:00,0	1:55,0	0:52,0
5	1:50,0	1:45,0	0:49,5	2:05,0	2:00,0	0:54,5
4	1:55,0	1:50,0	0:52,0	2:10,0	2:05,0	0:57,0
3	2:00,0	1:55,0	0:54,5	2:15,0	2:10,0	0:59,5
2	2:05,0	2:00,0	0:57,0	2:20,0	2:15,0	1:02,0
1	2:10,0	2:05,0	0:59,5	2:25,0	2:20,0	1:04,5

Muži	Ženy
200 m VZ	200 m VZ
4:30,0	4:50,0

Muži	Ženy	
400 m VZ	400 m VZ	
9:30,0	10:30,0	

36-45let	Muži		Ženy			
Body	100 m P	100 m K	50 m Z	100 m P	100 m K	50 m Z
10	1:30,0	1:25,0	0:39,5	1:45,0	1:40,0	0:44,5
9	1:35,0	1:30,0	0:42,0	1:50,0	1:45,0	0:47,0
8	1:40,0	1:35,0	0:44,5	1:55,0	1:50,0	0:49,5
7	1:45,0	1:40,0	0:47,0	2:00,0	1:55,0	0:52,0
6	1:50,0	1:45,0	0:49,5	2:05,0	2:00,0	0:54,5
5	1:55,0	1:50,0	0:52,0	2:10,0	2:05,0	0:57,0
4	2:00,0	1:55,0	0:54,5	2:15,0	2:10,0	0:59,5
3	2:05,0	2:00,0	0:57,0	2:20,0	2:15,0	1:02,0
2	2:10,0	2:05,0	0:59,5	2:25,0	2:20,0	1:04,5
1	2:15,0	2:10,0	1:02,0	2:30,0	2:25,0	1:07,0

Muži	Ženy	
200 m VZ	200 m VZ	
4:45,0	5:05,0	

Muži	Ženy	
400 m VZ	400 m VZ	
10:00,0	11:00,0	

46let <	Muži		Ženy			
Body	100 m P	100 m K	50 m Z	100 m P	100 m K	50 m Z
10	1:35,0	1:30,0	0:42,0	1:50,0	1:45,0	0:47,0
9	1:40,0	1:35,0	0:44,5	1:55,0	1:50,0	0:49,5
8	1:45,0	1:40,0	0:47,0	2:00,0	1:55,0	0:52,0
7	1:50,0	1:45,0	0:49,5	2:05,0	2:00,0	0:54,5
6	1:55,0	1:50,0	0:52,0	2:10,0	2:05,0	0:57,0
5	2:00,0	1:55,0	0:54,5	2:15,0	2:10,0	0:59,5
4	2:05,0	2:00,0	0:57,0	2:20,0	2:15,0	1:02,0
3	2:10,0	2:05,0	0:59,5	2:25,0	2:20,0	1:04,5
2	2:15,0	2:10,0	1:02,0	2:30,0	2:25,0	1:07,0
1	2:20,0	2:15,0	1:04,5	2:35,0	2:30,0	1:09,5

Muži	Ženy		
200 m VZ	200 m VZ		
5:00,0	5:30,0		

Muži	Ženy	
400 m VZ	400 m VZ	
11:00,0	12:00,0	