

## **PSY221 Visiting lecturer**

**Title: subject to change**

**Lecturer: Douglas A. Bernstein**

**<http://www.douglasbernstein.com/>**

**doc. PhDr. Zbyněk Vybíral, Ph.D.**

**garance kurzu / lecture guarantee**

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**Mgr. Aleš Neusar**

**organizace kurzu, kontakt / lecture organiser, contact person**

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### **About Doug:**

Doug Bernstein was born in Pittsburgh, Pennsylvania on December 27, 1942. He attended public schools there before completing his bachelor's degree in psychology at the University of Pittsburgh in 1964. He received his masters and Ph.D. in clinical psychology at Northwestern University in 1966 and 1968, respectively. From 1968 to 1998, he was on the psychology faculty at the University of Illinois at Urbana-Champaign, where he taught classes ranging from 15 to 750 students, and served both as Associate Department Head and Director of Introductory Psychology. In the early 1970s, he spent three years as a visiting faculty member in the Department of Psychology at Western Washington University in Bellingham, Washington. He is currently Professor Emeritus at the University of Illinois, Courtesy Professor of Psychology at the University of South Florida, and Visiting Professor of Psychology and Education Advisor to the School of Psychology at Southampton University. He is a fellow of the Association for Psychological Science.

His research career, which initially focused on the modification of smoking behavior and later on the measurement and treatment of anxiety, was supported for several years by the National Institute of Mental Health and the National Institute of Dental Research. From 1986-1992, he was a member of the State of Illinois Clinical Psychology Licensing and Disciplinary Committee.

Over the years, his interests have turned increasingly toward the teaching of psychology, and toward efforts to promote excellence in that arena. These efforts began in 1978, when he spoke at the First Annual National Institute on the Teaching of Psychology. He joined its program committee in 1979, and eventually became committee chair. In 1994, he founded the APS Preconference Institute on the Teaching of Psychology, and in 2000, he helped plan the First Annual Summer National Institute on the Teaching of Psychology. From 1989-1991, he served on the steering committee for the APA National Conference on Enhancing the Quality of Undergraduate Education and, in 2001, on the advisory panel to the APA Board of Educational Affairs Task Force on Undergraduate Psychology Major Competencies. Most recently, he served for two years as the founding chairman of the Steering Committee for the APS Fund for the Teaching and Public Understanding of Psychological Science, and he remains a member of that committee.

His teaching awards include the University of Illinois Psychology Graduate Student Association Teaching Award and the University of Illinois Psi Chi award for excellence in undergraduate teaching, both in 1979, the Illinois Psychology Department's Mabel Kirkpatrick Hohenboken Teaching Award in 1993, and the APA Distinguished Teaching in Psychology Award in 2002.

He has co-authored textbooks in Introductory Psychology, Abnormal Psychology, Clinical Psychology, Criminal Behavior, and Progressive Relaxation Training, and he has co-edited books in Applied, Developmental, and Introductory Psychology. He has also contributed chapters to *Teaching introductory psychology: Theory and practice* (edited by Robert J. Sternberg, 1997), *The teaching of psychology: Essays in honor of Wilbert J. McKeachie and Charles L. Brewer* (edited by William Buskist and Stephen Davis, 2002), and (with Sandra Goss Lucas) *The complete academic: A career guide*, edited by Henry Roediger, John Darley, & Mark Zanna, 2002). With Sandra Goss Lucas, he wrote *Teaching Psychology: A Step by Step Guide*.

He occasionally offers workshops on teaching techniques and on textbook-writing for prospective authors. As a hobby, he collects student excuses.

#### **TIMETABLE**

March 16, 17, and 18 (may be changed; will be specified soon)

#### **COURSE DESCRIPTION**

Will be specified soon