

# Handbook of Assessment in Persons with Intellectual Disability



Edited by Johnny L. Matson



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Intellectual Disability

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## I. INTRODUCTION

The history of the assessment of people with intellectual disability is like the unfolding of an evolutionary tree. It goes back to the early day research and practice as well as to the roots of many social and legal cases, it has been a life-and-death matter, as in the Supreme Court case *Atkins v. Virginia* (2002), which ruled against capital punishment for people with ID. This controversial case continues, however (Perske, 2002). The development of IQ tests grew out of the need in the early 1900s to diagnose people with ID, in order to predict school success better. Out of this new definition of intelligence, the idea of general intelligence (g) emerged as a concept of intelligence consisting of several primary abilities.

IQ tests were also misused to set immigration quotas for different nationalities, to justify the eugenics movement, and to promote sterilization. These abuses grew the need in the 1930s and 1940s to assess a person's practical skills, in order to broaden the concept of intelligence of people with ID to reflect its social aspects more accurately.

As the awakening of the community and personal empowerment movements emerged in the 1950s, the need to assess personality, psychopathology, and behavior problems, which were important for independence and community integration, became more important and must be done carefully.

purposes of entitlement (MacMillan, Gresham, & Siperstein, 2002) than as a prescription for programming. The 2002 revision (Thompson & Thompson, 2002) reduced the areas of life-functioning supports needed for people with ID, and a new “supports intensity scale” has been developed (Thompson & Thompson, 2002) to assess them.

As federal entitlements to services for people with ID grew, there was a move toward standardized measures on work performance, social skills, communication, development, quality of life (QOL), family adaptation, psychopathology, and the efficacy of psychopharmacology developed in the latter half of the 20th century. At first, these measures were an extension of instruments standardized on the nondisabled population; but, as the research became clear that tests standardized on specialized subpopulations were the most valid and reliable.

Another movement which greatly affected assessment of people with ID during this period was the advancement of the field of applied behavior analysis (ABA) in the 1960s. As an alternative to psychometrically referenced tests, ABA assessment relied totally on *in vivo* functional assessment in the context of the target environment, identifying antecedents and consequences that influenced behaviors, and modifying them (Wolf, & Risley, 1968). Single-subject designs were espoused over group designs. Functional assessments were later standardized (Iwata, Dorsey, Slifer, Bauman, and Richman (1982) by conducting them in a standard analogue setting, using standard stimuli and reinforcement contingencies, to analyze and predict what would work in the *in vivo* setting. A technique called functional analysis (FA) and its variants have become very popular in the last 24 years in the United States, especially for the assessment of behavior problems of people with ID.

Matson in his handbook *Assessing the Mentally Retarded* (Matson, Bruening, 1983) was one of the first to address the assessment of people with ID as a field in itself. As the current volume shows, this field has rapidly moved from a haphazardly in the last 23 years into a more mature discipline with a wide range of specialized assessment instruments available for research and clinical use that have superceded their earlier progenitors. There really is no ex-

years ago (Berkson, 2004). Rosen, Clark, and Kivitz (1970) best general recent histories of ID from the Greeks up to concepts of people with ID varied from subjects of scorn to viewing them as fools in the middle ages. Luther and Calvin as “filled with Satan.” Some of these attitudes still persist in third-world countries people with ID are still seen as a punishment from God, and they are kept in seclusion.

Assessment of people with ID did not become an issue until the 19th century when humanitarian institutions and training programs were springing up. From descriptions of the living conditions of the mentally ill in Massachusetts by Dix (1843), it is apparent that little distinction was made between the mentally ill, criminals, the poor, and people with ID. People with ID were to be segregated from society. Being labeled as “mentally ill” was a small matter to an individual.

The first systematic descriptions of people with ID as a separate category in need of training were by Itard in 1838 and Seguin in 1842 (Rosen, 1970). Training schools followed quickly in Europe and in the United States. When Seguin moved to the United States, these institutions quickly followed in Massachusetts, Ohio, Connecticut, Pennsylvania, Kentucky, Minnesota, Indiana, California, Michigan, and Nebraska by 1850. Itard and Seguin, physicians ran all of these facilities. They were not using psychological or behavioral assessment methodology. They were simply measuring their residents’ retardation levels. As might be expected, there was little reliability among their assessments. According to Wolfensberger (1978), the first efforts were “to make the deviant undeviant” (1850–1870), “sheltering the deviant from society” (1870–1890), and the “protecting society from the deviant” (1880–1900).

The above circumstances led to Binet’s work on a standard scale of “inferior states of intelligence” for diagnostic purposes (Binet, 1905). In 1904, the French Minister of Public Instruction charged Binet with the mission to study the measures to be taken to ensure the “benefit of defective children.” Binet wrote a scathing review of existing systems and then published his own test in 1906, to differentiate

the medically oriented institutions and led to a more custodial approach, that is the self-contained colony or total institution. Negative attitudes toward people with ID soon began to reappear and people with ID again emerged.

IQ tests were given widely, not just in schools, but for a variety of purposes. The Army General Classification Test was a group IQ test adapted from the Stanford–Binet scales in 1917 when the United States entered the World War I, to classify army recruits for different jobs and to identify people who were unfit for military service.

Inspired by nineteenth century hereditarians like Francis Galton and the eugenics movement, several of its proponents like Terman and Yerkes (who was then a colonel in the Army) proposed to set immigration quotas for different races, as an argument for restriction and as justification for other discriminatory practices of the time and order (Kamin, 1974). An example of their rhetoric follows (Terman, 1916, 1917): “Children in this group should be segregated into special classes.... They cannot master abstractions, but they can be trained as efficient workers.... There is no possibility at present of convincing them that they should be allowed to reproduce... They constitute a social problem because of their unusually prolific breeding. If we would not create a state for a class of people worthy to possess it, we must prevent, if possible, the propagation of mental degenerates... the increase of degeneracy.”

Thus began the debate over heritability of intelligence, which continues today (see Eysenck & Kamin, 1981 for an excellent summary of the debate). On one side were Terman, Eysenck, Jensen (Jensen, 1969) who believed that 80% of intelligence was inherited; on the other side were Kamin and others who disputed the data, some of which were later shown to be flawed (e.g., Cyril Burt’s twin studies). Their view was that environmental factors like home caregiving environment, socioeconomic status, and occupational opportunities also played a large role in determining IQ. This debate led to the development of the culture-free test movement and to serious concerns concerning the use of IQ tests in school placement (Larry P.



ARCC-US, it is the major advocacy organization for people with disabilities in the United States.

Although there were early textbooks, for example Tredgold (1908) on the experimental psychology of “mental deficiency,” as the field began in earnest after the World War II in the 1940s (see Rothenberg, 2003 for a review). The *American Journal on Mental Deficiency* has existed since 1895. Ellis published his *Handbook of Mental Deficiency and Research* in 1963 (Ellis, 1963). It was one of the first handbooks devoted solely to reviews of research and theory, and it served as the primary reference for many years. It is now in its third edition. Since then, many other books and annual series have been published on a wide variety of topics.

Research on educational assessment also began to appear in the 1960s (PCMR, 1977). The federal funding for research in mental retardation received a huge boost in the 1960s during John F. Kennedy's administration. The National Institute for Child Health and Human Development (NICHD) and the Bureau of Education for the Handicapped (BEH) were established in 1963 and in 1968, respectively. Advocacy for special education received great impetus from the Education of All Handicapped Act (EHA) of 1975 (since 1997 called the Individuals with Disabilities Education Act, IDEA), which guarantees every school-aged child a free and appropriate education in the least restrictive environment possible. For most children, this means the public schools, which must be accessible and accommodate the needs of children with disabilities. Thus their right to education is extended to the general population. Any school receiving Federal and State funds must comply with IDEA or face losing its Federal and State funding.

These and other federal agencies promoted basic and applied research on the fundamental processes underlying assessments of intelligence. Experimental scales and test batteries based solely on theoretical constructs, ability substructures, for example Clausen (1966), however, were not successful. Psychometrically standardized tests based on “primary abilities,” the Stanford–Binet test, or on primary abilities, for example Wechsler Intelligence Scales (Wechsler, 1955), and behavioral assessment methods, for example FA, have prevailed up to the present.

IQs. Zigler (1969) proposed that this difference was mainly for higher functioning people and not a fundamental difference of motivation. Thus the developmental versus difference (Zigler & Balla, 1982 for a summary) was born, and it preoccupied the research of that period.

It was also noticed that the variability of responsiveness was greater in people with ID than in typically developing people. This was attributed to “outer-directedness,” “rigidity” (Zigler, 1966) and lack of initiative (Baumeister & Kellas, 1968).

The interest in personality structure of people with ID came from researchers at Yale University headed by Zigler and his colleagues and Masland. Masland, Sarason, and Gladwin (1958) published early textbooks on “mental subnormality,” which took an integrative approach to biological, psychological, and cultural factors. This line of research is still being carried on by their students. Psychodynamic approaches to psychopathology predominated in this school of thought (Sternlicht, 1966).

Behavioral approaches to psychopathology began with people with mild and profound ID. Bijou (1966) and colleagues at the University of California, Los Angeles and his students (Lovaas, Freitag, Gadow, & Lovaas, 1965), Spradlin and colleagues at the University of Kansas (Spradlin, 1964), and Sidman and colleagues at the Shriver Center (Sidman & Stoddard, 1966), as well as other behaviorists across the United States began dealing with basic skills such as daily living skills, and behavior problems like aggression and self-injury. Two important societies were formed in the late 1960s: the Association for Behavior Therapy (AABT) and the Association for Behavior Analysis. The former was broader and more eclectic, while the latter was more analytic, focusing on single-subject assessment and intervention. Both were behavioral and opposed to the psychodynamic zeitgeist.

Epidemiological research on populations related to ID also received a boost. An early study by Heber (1961) put the prevalence of mental retardation in the United States at 3%, a very significant

mental retardation. He coined the term "dual diagnosis" to describe people who have both mental retardation and mental illness simultaneously. A number of pioneering child psychiatrists made people with mental illness a population of professional interest.

Many other handbooks followed in the next two decades, many devoted to all aspects of psychopathology in ID. At first, researchers made to use instruments that had been validated on the typical population, for example the Conners Teachers Questionnaire (Conners, 1969), but these often had limited validity for the more severely retarded population.

In the 1980s, a second generation of new instruments for assessing psychopathology in people with ID were developed. Screening instruments like the Reiss Screen (Reiss, 1988) and the psychopathology instrument for mentally retarded adults (Gardner, Coe, & Sovner, 1991) and the Diagnostic Assessment of the Severely Handicapped (Gardner, Coe, & Sovner, 1991) were general multifactorial assessment instruments that are still used widely for the diagnosis of psychopathology among people with ID. By 1990, Aman (1991) was able to identify instruments that had at least some validation research support. They ranged from self-report scales to interviews, rating scales, and behavior frequency measures. In the past 15 years many more multifactorial assessment scales have developed which are discussed in Chapters 5–9 of this volume.

With the increased interest in genetics and in behavioral phenotypes (Dykens, 1995; Dykens, Hodapp, & Finacune, 2000), a new generation of assessment instruments has developed, in order to be more specific to the behavioral idiosyncrasies of different genetic syndromes. Independent scales have been developed, in order to assess specific symptoms and their possible relationships to gene-brain-behavior relationships. A good example is the battery of tests for repetitive behaviors and disorders, for example tics, dyskinesias, compulsions, stereotypies, and self-injury developed by Bodfish and colleagues (Bodfish, Lewis, & Bodfish, 1998) or the Behavior Problem Inventory (BPI) (Lewis & Bodfish, 1998).

In the 150-year history of research on the psychopharmacology of ID (see Schroeder et al., 1998 for a historical review), the introduction of antipsychotic drugs in the 1950s caused a sea change in the use of these drugs, originally designed to treat schizophrenia and affective disorders, were used extensively on a trial-and-error basis with people who had no formal diagnosis of mental illness. This practice led to widespread use and abuse, as pointed out in a critical review by Sprague and Marder (1971). Their classic paper set the standards for acceptable psychopharmacology of ID: (1) double-blind, (2) placebo-controlled, (3) multiple standardized doses, (4) reliable evaluation of dependence, (5) random assignment of participants, (6) appropriate standardization. These standards, though rarely met due to limitations, the lack of informed consent and to their high-risk nature, are still the gold standard for clinical research.

Since 1971, the use of psychotropic medications has decreased significantly (Valdovinos, Schroeder, & Kim, 2003). Although they are still used, there are now state regulations governing their use, monitoring, and review, drug holidays, reporting of adverse drug reactions, and other critical reforms all came about only with the development of standardized assessment instruments standardized on the ID population. We discuss these trends briefly below. A fuller treatment is in Chapter 8.

As in other domains, early research studies on psychopharmacology in ID used psychiatric rating scales developed for the mentally ill, such as the Clinical Global Impressions Scale (Guy, 1976), and of questionable validity in the ID population. Some of them had no validity at all or they were insensitive to drug effects (Schroeder, Ruppel, & Sprague, 1997). The National Institute of Mental Health (NIMH) held several workshops in 1983–1985 with researchers who were using these scales to discuss their use and to make recommendations. These recommendations were published in two issues (Vol. 21, Nos. 2, 4) of the *Psychopharmacology Bulletin* in 1985. The results led to use of more standardized procedures. The most powerful drug-sensitive and widely used

correlated poorly across different scales, and not at all with behavioral observations (Schroeder et al., 1997); (3) the existing side effects scales and measures of adverse drug effects were not valid for the ID population, and new side effects scales, such as the MOSES, needed to be devised for this population (see Kaloupek, 2003, excellent review); (4) it was rarely the case that a person had a single psychiatric diagnosis. Multiple diagnoses were the rule rather than the exception in this population (Valdovinos et al., 2003). Together, these factors were the source of a great deal of variability in the data. These issues will be addressed in the future by a multimodal approach to assessment, improved observation sampling procedures (Thompson, Felce, & Symons, 2003), more specific and sensitive psychometric scales (Bodfish & Lewis, 2000), and precise diagnoses to justify a more targeted neurobiological approach to using medication when it is necessary (Schroeder et al., 1997).

## V. ASSESSMENT OF BEHAVIOR PROBLEMS AND SKILLS DEFICITS IN ID

As Baumeister, Todd, and Sevin (1993), Aman, Sarpohar, & Aman (1995), and Valdovinos et al. (2003) point out, the most commonly used psychotropic medications used for *behavior problems* among people with ID are the antipsychotics prescribed for behavior control, aggression, self-injury, and property destruction. This has been the case since the 1950s, even though these are not recognized psychiatric diagnoses in the DSM-IV (APA, 1994). The DSM has been slow to acknowledge the prevalence and severity of some of the behavior problems that people with ID experience. Traditionally these problems have been the focus of the behavioral research community. Matson (1986) called for a more comprehensive two systems of assessment, but it has not as yet happened.

The vast majority of research on assessment and intervention for behavior problems in ID is published in behavioral journals like *Applied Behavior Analysis* (JABA), *Research in Developmental Disabilities*, and *Journal of Autism and Developmental Disorders*.

more specialized scales, like the Behavior Problems Inventory (Doll, 2001), are likely to continue as the prevailing instrument for assessing behavior problems in ID.

*Social skills assessments* took on importance with the publication of the *Vineland Scales of Social Maturity* (Doll, 1965). Later the *Vineland Adaptive Behavior Scales* (Nihira, Foster, Shellhaas, & Leland, 1975) became popular as a formal part of the AAMR definition of mental retardation and the current revised definition (Luckasson et al., 1992, 2002). Concerns with the assessment of positive behaviors were becoming of increasing interest as people with mental retardation were leaving institutions for community living, but these scales were not particularly helpful for prescriptive programming. They emphasized mostly negative behaviors and not their positive counterparts.

Since behaviorists were doing most of this type of social assessment, they naturally turned to a task analysis, functional assessment, and teaching of the behaviors. One of the first examples of such a program was the Mimosa Project at Parsons State Hospital and Training Center (Girardeau & Spradlin, 1964) where, using tokens as rewards, they taught severely retarded adolescent girls self-care skills, as well as social skills such as graces, for example sitting, eye contact, voice modulation, facial expressions, ironing, shopping in the community, and other social skills. Spradlin and Lawler (1964) reported on a similar program in an educational setting with severely and profoundly retarded children.

Ayllon and Michael (1959) were among the first to propose the application of behavioral principles toward management using a token economy. Ayllon and Azrin (1968) published a comprehensive book on a token economy system. This very heuristic book was an immediate success and many replications occurred in institutions across the country. Indeed we were working at an institution at the time in which we had several different token economies involving over 600 residents, at different levels of functioning. It had its own store, its own bank, its own system, to adjust the value of the token, and so on. It became so successful that the state learned about it, felt it was a true economic system, and shut it down because they could not account for it in their budget.

the assessments were behavioral demonstration of the concept rather than a psychometric test. Since most of the programs were developed as a “treatment package,” controversies developed over which components of the package were the essential ingredients. This was difficult research because it was labor-intensive and often it required a large number of subjects. Because the ID population is very heterogeneous, this was often in part due to problems were lack of generalization and maintenance across settings and difficulty with people with more severe and profound ID. Over the years, we developed booster retraining and training-the-trainer strategies to address these difficulties.

## VI. ASSESSMENT OF SPEECH, LANGUAGE, AND COMMUNICATION IN ID

Language and communication are an integral part of ID, and the existence of language components on almost every IQ test. In the 1960s, the field of speech, language, and hearing, however, was primarily concerned with speech articulation and speech impairments. Norm-referenced tests such as the Illinois Test of Psycholinguistic Abilities (Kirk & McCarthy, 1968) were used to prescribe rather nonspecific “psychoeducational” language programs in the schools. Some textbooks essentially recommended no language training among people with ID.

The first systematic research program to study the communication skills of people with mental retardation began at the University of Kansas Bureau of Child Research and Parsons Research Center in the 1960s, under the direction of Richard Schiefelbusch and Joseph Spradlin.

Saunders, Spradlin, and Sherman (2006) give a concise history of the Language and Communication Program at the University of Kansas. The following section relies heavily on their historical account. During the 1960s, Kansas researchers participating in this effort ascertained that the speech and communication of children and adults with mental retardation could be improved by the systematic application of behavioral

they interacted. The first language sampling assessment in the Parsons Language Sample (Spradlin, 1963).

In the late 1950s and early 1960s, many prominent researchers in the United States did not believe that the speech and language development of children with mental retardation could be enhanced or modified in any way via environmental means. Chomsky (1959), for example, was a vocal critic of his criticisms of Skinner's book (Skinner, 1957) and had proposed that generative grammar was innate. Statements by Chomsky and other psycholinguists about the innateness of language led Kansler to initiate a series of studies which demonstrated that many aspects of generative grammar, whether thought to be innate or not, could still be taught through the systematic application of sound behavior principles (Baer & Guess, Sailor, Rutherford, & Baer, 1968; Schumaker & Sheehan, 1970).

While these early studies were aimed at demonstrating that certain aspects of spoken language could be taught, there was also a growing awareness of the substantial importance of receptive language. Because hearing was so critical to such understanding and because there were no reliable procedures for evaluating the hearing of children with severe mental retardation, researchers at that time conducted a series of studies aimed at developing procedures for evaluating the hearing of such children. This led to a set of procedures that could be used to evaluate such children using audiometric procedures previously applicable only to persons who could stand and followed verbal directions (Fulton & Spradlin, 1970; Lloyd, Spradlin, & Reid, 1968). Parsons researchers also conducted a systematic study of the development of generative receptive language in children; they demonstrated that generative receptive language could be taught to many children, to at least a limited extent, by the systematic application of behavioral principles (Baer & Guess, 1971; Striefel & Striefel, Wetherby, & Karlan, 1976). These early successes indicated that some children with severe mental retardation could be taught certain aspects of generative language led to subsequent attempts at a comprehensive program for language and communication for children with severe and profound mental retardation (Guess, 1978).



PECS system (Bondy & Frost, 1994), are now used widely by communicators with ID.

The failure of children who had been taught specific language skills in their daily environments also led Kansas researchers to look carefully at those environments. Observation of the children's environments (at that time these were typically institutional environments) led to the conclusion that they frequently did not have sufficient opportunities to use their newly developed skills. These observations led to a number of developments. One development was that investigators began to study the interaction of persons with mental retardation and their communication in natural (i.e. noninstitutional) environments (Hart & Risley, 1975). One of these efforts to observe children and their caregivers led to a number of other research programs by Hart and Risley. In this research program, we examined the communicative interactions of young children in their natural environments who were just beginning to develop language skills. This resulted in the publication of a seminal monograph by Hart and Risley (1995), that examines the development of language by children with Down syndrome in comparison to that of typically developing children.

The observation that the systematic teaching of language skills in the laboratory led to generalization led Stokes and Baer (1977) to develop a model of the procedures to facilitate generalization. They proposed this in a classic paper that has served as a basis for both the experimental clinical analysis of behavior and the development of problems and tactics for nearly three decades.

In the mid-1970s Kansas researchers began to develop procedures for teaching intervention procedures to be used in the children's natural environments to aid them to acquire and use new skills (Hart & Risley, 1975; Sherman, 1978). Hart and Risley (1975) developed an intervention procedure, a technique that encouraged children to request objects in their natural environments. Pla-Check assessment systems for sampling behavior in natural settings were developed in this program. Halle and his colleagues (Halle, Baer, & Spradlin, 1981; Halle, Marshall, & Spradlin, 1977) discovered that if one introduced a delay between the time that a child made a request and then prompted speaking by presenting a speech model, a person would often begin requesting with speech after a few

Timler, et al., 2003). So Terman's (1916) previously cited generalization that no abstraction among people with ID were slightly inaccurate.

Research on speech, language, communication, and psychology has exploded since the 1980s. Several large handbook series have been published. The first was a 20-volume series published by University of California Press with Schiefelbusch and colleagues as editors. The second was a 10-volume series published by Paul Brookes Publishing Co. with Steven E. Struss, Reichle, and Marc Fey as series editors, which continues to this day. The above behavioral research has used primarily the mastery of language abilities as their assessment measures (Sundberg, 1996). Sundberg has developed a wide array of valid and reliable measures of language development (Warren & Yoder, 1997). Standard computer programs for analysis of language samples are now available (Evan, 1996). An excellent book on the assessment of language relevant to ID is by Anderson and Thal (1996).

## VII. WORK-RELATED ASSESSMENT IN ID

With the deinstitutionalization and community integration of people with ID in the 1970s came a renewed emphasis on assessing and developing work-related behaviors in ID, in order to foster productivity and self-reliance. The federal Rehabilitation Services Administration (RSA) was established after the World War II, to help wounded veterans' reentry into the nation's work force. This large federal agency had a nationwide network of branches in every state, which determined eligibility for rehabilitation counseling, and monitored of clients' progress regularly. These services were extended to people with mental illness, as well as people with ID, in the Rehabilitation Act of 1973.

RSA was not set up well for people with ID, and initially there was a great deal of resistance to accommodating the new population. The tests were again norm-referenced aptitude tests, like the Purdue

OSERS, with David Gray, a quadriplegic and a strong advocate, as director. The newly formed Rehabilitation Research and Training Center (NIDRR) stressed consumer control, self-determination, and independence, which relied heavily on structured interviews of people with ID and new assessment tools.

Since that time a host of work-related programs for people with ID, in addition to other disabilities, have developed. A large attempt has been to move people with ID from sheltered employment into competitive employment in the community. Out of this impetus grew the supported employment movement (Rusch, 1990; Wehman, 1981; Wehman & Moon, 1988). Traditional sample and vocational testing methods were largely discarded. Job performance skills on the job became the main set of assessment tools.

Supported employment has been a successful program that has almost totally replaced sheltered employment facilities. Only a small percentage of people with ID in supported employment work full time or receive a competitive wage today. It was found that the main reason for failure of supported employment was not so much the quality of the work, but the lack of social skills in the work place, lack of responsibility, and factors such as their health, the economy, or intolerance of their fellow workers and managers (Lagomarcino, 1990). Recent programs have focused on teaching work-related social skills or self-employment (Chadsey-Rusch & Hammis, 2003; Luecking, Fabian, & Tilson, 2004; Moon, 2004; Oliphant, Husch, & Frazier, 2002).

The Americans with Disabilities Act (ADA) was passed during the G.H.W. Bush administration. It had many far-reaching provisions, the most important of which was that it prohibited discrimination based on disability. It required employers to make reasonable accommodations for a person's disability, so that now even people with severe ID can be employed to work. A large body of case law governing the ADA has developed in the past 15 years, but much of it has been gutted during the past few years by the Supreme Court during the G.W. Bush administration (Stark & Sublet, 2006). Total US public spending for ID has decreased significantly (Braddock & Hemp, 2006).

important. The first QOL assessment scale in ID with empirical support was developed by Schalock and Keith (1993). It was similar to QOL scales in the health field and in the field of aging. It covered eight domains: physical well-being, interpersonal relations, material well-being, personal well-being, self-determination, social inclusion, and environmental well-being. Research on QOL in ID has become a subfield of extensive research and has spread to the international arena (Schalock et al., 2000; Schalock et al., 2005). QOL has become a “sensitizing notion, a cross-cutting, and overarching theme for planning, delivering, and evaluating services and supports.” Assessment research on QOL in ID has advanced rapidly, especially in the United States and Europe.

Another research initiative that emerged with the community in ID in the 1980s is *adaptation to having a person with ID* (see Stoneman, 1997 for an excellent overview). The areas of research include stress models (McCubbin & Patterson, 1983), buffers and coping (Turnbull et al., 1993), family systems theory, social roles (Stoneman, Davis, & Crapps, 1989), and ethnographic approaches (Galvin, Kaufman, & Bernheimer, 1989), models of grief, resilience, and empowerment (Turnbull & Turnbull, 2001). Much of the assessment research in this area is qualitative or ethnographic in nature; but there are also quantitative direct observational studies of social interactions, as well as questionnaires, ratings scales, and so on. Family studies in ID have been a very large area of research in the last 20 years and they promise to continue in the future, as people with ID increasingly come to live in the community.

## IX. INTERDISCIPLINARY TEAM ASSESSMENT

The assessments described above have become tools of interprofessional teams. Interdisciplinary teams have a long history and have been used in medicine, education, and rehabilitation since the 1920s (Stoneman, 1997). Interdisciplinary teams did not start to gain momentum until the 1950s when centers were established during World War II. Professionals from a number of specialties were needed to adequately assess and

needed to be provided in an interdisciplinary fashion. The committee recommended that centers be established for the interdisciplinary professionals who would eventually work with people with mental retardation. University Affiliated Facilities and Programs were developed in all States to meet the need of training professionals to work in collaboration. Mandates for collaborative interdisciplinary teams became federal law in 1975 with Public Law 94-142, Education of All Handicapped Children Act and subsequently the IDEA. Both University Affiliated Centers and University Centers of Excellence in Developmental Disabilities continue today with emphasis on interdisciplinary assessment and treatment (Garner, 2000; Rainforth, York, & M. Thayer & Kropf, 1995).

Presently, interdisciplinary teams who support individuals with mental retardation to function in their home community are made up of a wide range of participants than therapeutic professionals such as psychologists, social workers, OTs, PTs, speech and language pathologists, and nurses. Parents have always been important team members but more recently they may represent a broad membership base and include clergy, transportation specialists, and city planners. The goals of teams are not only specific functional skills such as speech, social skills, and self-care but also a person's QOL including relationships with non-disabled people and the ability to function as valued citizens in self-determined employment settings. Many person-centered planning teams include family members, neighbors, community members, and so on who meet on a regular basis to move the person with mental retardation forward in improving their quality of life (Kincaid, 1996).

## X. SUMMARY AND FUTURE DIRECTION

The above brief overview attests to the growth and development of the field of assessment in ID over the last century. The future promises a prolific expansion of existing domains as well as development of new ones. Some trends are as follows:

great advantage in the field of learning disabilities and shown in ID. Although used in some psychopathological and psychological research in ID, the multimodal approach has not gained popularity in the rest of the field.

3. Social validity assessments, although recommended for 25 years (Kazdin & Matson, 1981), have also not been used. In the future, they are likely to be required more frequently, in order to gain access to research populations in ID.

4. Interdisciplinary assessment is increasingly becoming an important part of assessing people with mental retardation. Although expensive, its wise and efficient use may save money in the long run because of its emphasis on prevention of disabling conditions.

The importance of defining and characterizing populations with ID cannot be overemphasized. Improving our assessments to help delineate subgroups empirically and thereby to sharpen the definition of genetic syndromes and to relate them to brain function and behavior. In the near future, there may be cures for some forms of ID through therapy and organ repair with stem cells. Behavioral and psychological assessments have an integral role to play in these hopes and dreams.

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## I. ASSESSING MENTAL RETARDATION USING STANDARDIZED INTELLIGENCE TESTS

Mental retardation is a categorization for a heterogeneous group of individuals with deficits in cognitive and adaptive functioning manifested before the 18th birthday. It is not a medical disorder, although it may be included in the medical classification of diseases. Further, despite its inclusion in the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association, 1952, 1994, 2000), mental retardation is not a mental disorder. Retardation in development that can increase the risk of mental disorders (Barrett, 2000). In general, the definition and categorization of mental retardation refers to a level of behavioral performance without reference to etiology (Sattler, 1992).

Mental retardation has been recognized perhaps longer than any other condition we currently study in psychiatry and psychology. Qualitative descriptions of persons manifesting what we now describe as mental retardation are found in historical records that date as far back as to the Egyptians around 1500 BC and to the Babylonian Law Codes some 1000 years later (Hooper, & Barrett, 1987). Even before the concept of intelligence could be measured, mental retardation had been viewed as a disorder characterized by deficits in intellectual ability. An early formal definition of mental retardation includes the one by Tredgold (1908): "A state of mental deficiency existing from an early age, due to incomplete cerebral development."

tion took on a clear, quantifiable component (i.e., intelligence IQ) with a classification system based on numerical scores and ranges. From this period forward, intelligence, as measured by IQ, has been used as the primary criterion for diagnosing mental retardation. The administration of a standardized intelligence test has come to play a central role in the diagnostic process. Indeed, until 1959, scores on these measures were the sole criteria by which an individual was first diagnosed as being in a certain category with regard to presence and level of impairment of mental functioning. In 1959, the American Association on Mental Deficiency's (AAMD) definition (Heber, 1959) introduced the additional criteria of significant impairment in areas of adaptive behavior.

Today, individually administered intelligence tests continue to play a central role in the diagnosis of mental retardation. A deficit score on a standardized intelligence test is the first of three criteria an individual must meet to be diagnosed as mentally retarded (deficit performance on standardized measures of functioning and manifest before age 18 are the other two criteria). Consequently, measures of intelligence play a crucial role in the diagnosis of children and adolescents with mental retardation. This chapter provides an overview of the various standardized intelligence tests used in the diagnosis throughout the developmental period of birth through age 18, leading up to reaching the diagnosis of mental retardation. It also will provide information specific to this evaluation process of young individuals with mental retardation. Finally, the oftentimes complicated nature of these young individuals' profiles will be reviewed; examples of psychological reports and clinical cases will be shared.

## II. DEFINITIONS OF MENTAL RETARDATION

While there has been debate over the definition and classification of mental retardation for several decades, the debate has focused primarily on issues related to epidemiological research, specifically, conceptual



The AAMR (2002) defines mental retardation as "... a... characterized by significant limitations both in intellectual functioning and in adaptive behavior as expressed in conceptual, social, and practical skills. This disability originates before age 18" (p. 8). According to AAMR (2002), the intellectual criterion requires an IQ of  $\sim 2$  or more standard deviations (SD) below the mean, or an IQ of 70 or below. According to the adaptive behavior criterion, the AAMR (2002) manual requires scores on adaptive behavior measures for a diagnosis of mental retardation. In this area, the individual must have scores of at least 70 or below the mean on either (1) one of the following three types of adaptive behavior (i.e., conceptual, social, or practical) or (2) a total score on a measure that includes an assessment of conceptual, social, and practical adaptive behavior.

## B. American Psychiatric Association Definition

The American Psychiatric Association's (2000) *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision* defines mental retardation as "... significantly sub-average intellectual functioning (Criterion A) that is accompanied by significant limitations in adaptive functioning in at least two of the following areas: communication, self-care, home living, social/interpersonal skills, work, and safety (Criterion B). The onset of mental retardation must be before age 18 years" (p. 41). Consistent with the AAMR (2002) definition, the DSM-IV-TR (2000) requires significantly subaverage intellectual functioning generally to be an IQ 2 or more SD below the population mean, usually 70 or below. However, *DSM-IV-TR* (2000) states that an IQ of 70 or below constitute the criterion in some settings.

## C. Individually Administered Intelligence Test

The AAMR (2002) definition and the *DSM-IV-TR* (2000) state that significant subaverage intellectual functioning must be based on the results of an appropriately standardized, individual

AAMR's (2002) more recent position of incorporating measures only in the initial diagnosis.

In contrast, the American Psychiatric Association in (2000) continues to distinguish four categories of mental retardation on degrees of severity. These include: mild mental retardation, moderate mental retardation, severe mental retardation, and profound mental retardation. The *DSM-IV-TR* (2000) specifies IQ ranges for each category. The IQ ranges overlap each other, typically by five points, as follows:

Mild mental retardation: IQ = 50–55 to  $\sim$ 70

Moderate mental retardation: IQ = 35–40 to 50–55

Severe mental retardation: IQ = 20–25 to 35–40

Profound mental retardation: IQ less than or = 20–25

This overlap in range is a result of the difference in the standard deviation of the measures used to determine intellectual functioning. For the purposes of diagnosis, subaverage intellectual functioning is defined as 2 or more SD below the established mean IQ for the test. For example, with the  $-2$  SD criterion being used, then the IQ at the  $-2$  SD point is 69 for the Wechsler tests (Wechsler, 1997), the Stanford-Binet V (Roid, 2003b), and the Leiter International Scale-Revised (Roid & Miller, 1997) but 67 on the Bayley Scales of Infant Toddler Development (Bayley, 2005), the McCarthy Scales of Children's Abilities (McCarthy, 1972), and the original Leiter International Scale (Leiter, 1948). The cutoff points vary because the former tests have a SD of 15, whereas the latter tests have a SD of 16. Other categories of mental retardation may be appropriate for other tests, depending on the SD of the test; however, the  $-2$  SD criterion is used. Table I shows the classification system of mental retardation based on measured intelligence when various intelligence tests are employed. The term "intellectual functioning" (discussed in Dixon, this volume) consistent with the DSM-IV-TR (2000) is used. The term "mental retardation" also is important in the final classification.

Given that measures of intelligence play a crucial role in the diagnosis of mental retardation in children and youth with mental retardation, such categories of mental retardation also may have some bearing on the standardized test that an examiner will choose for the evaluation process. For example, Wechsler intelligence tests are frequently used in the assessment of mental retardation in children and adolescents, the lowest Full-Scale IQ obtainable on a Wechsler test is a 40. Consequently, the Wechsler tests do not adequately measure IQs below 40. This issue will be discussed in more depth later in this chapter.

### A. Mild Mental Retardation

Individuals in the mild range of mental retardation comprise approximately 10% of persons diagnosed with mental retardation (American Psychiatric Association, 2000). The IQ scores for these individuals fall in the range of 50–55 to 70. Comparable limitations in adaptive behavior are also present. Etiologically, this group is frequently referred to as being in the "psychosocial" group of retardation. Individuals in this group are those who fall in the lower portion of the normal distribution of intelligence. The reasons for their relatively weak intellectual functioning are difficult to decipher; however, they are likely secondary to one or more of causes or some combination of them. This may include: (1) hereditary; (2) normal polygenic variation, that is the combination of many genes; (3) subclinical brain damage yet to be diagnosed; (4) a below-average environment, that is low early stimulation, low socioeconomic status (SES), poverty, and so on. They also typically have one or more family members who also have mild cognitive and adaptive functioning (particularly in the verbal domain). Seldom present are neurological or apparent physical abnormalities.

work independently without coming to the attention of the service community. This integration may be secondary to intellectual limitations are more obvious in school settings, employment settings and community experiences. Further, as a result of a gradual accumulation of adaptive skills and abilities acquired during the formative years of formal education and education services. In general, prevalence estimates of mental retardation are much higher for young children than for older children (e.g., Gillberg, 1991; Lord, Schopler, & Mesibov, et al., 2001). This is not inconsistent with the position that individuals with mild mental retardation may integrate into society with little difficulty when compared to those individuals whose development was more seriously impaired.

## B. Moderate, Severe, and Profound Mental Retardation

Individuals in the moderate, severe, and profound ranges of mental retardation, together, make up the remaining 15% of all individuals with mental retardation (American Psychiatric Association, 1994). IQ scores of this group fall into the IQ range of more than 35 to 50, 20–25 to 35 to 40, and less than or equal to 20–25, respectively. At each level, comparable limitations with regard to adaptive functioning are present. Etiologically, these three levels of mental retardation are referred to as the organic (or biological) group. The etiologies of this group appear to be principally associated with: (1) a genetic etiology linked to single gene effects [e.g., phenylketonuria (PKU)], (2) chromosomal abnormalities (e.g., Down's syndrome), and (3) brain damage (e.g., encephalopathy). With regard to the latter, such brain damage may be diffuse (generalized encephalopathy) in nature. Neuroanatomical abnormalities of the brain also may be present. There is a high probability that the origination of the damage is during the prenatal period.

succeed very well in roles as semiskilled or unskilled workers. They may need support and/or assistance in most areas of daily living typical of the general population.

## 2. SEVERE MENTAL RETARDATION

Individuals with severe mental retardation are commonly identified in early infancy as they manifest obvious delays in acquiring motor and language skills. Physical abnormalities are not unusual. While individuals with severe mental retardation acquire some basic self-help skills, they are unable to function independently and require daily support and supervision throughout their entire lives.

## 3. PROFOUND MENTAL RETARDATION

Individuals with profound mental retardation are typically identified at birth or soon thereafter. Early identification is usually based on obvious apparent physical abnormalities and/or compromise. Delayed motor and basic skill acquisition are readily apparent beginning in infancy. Physical compromise and/or abnormalities may hinder or preclude the individual from ambulate or speak. Others will have to take on responsibility for the care and activities of daily living for individuals with profound mental retardation. This level of care will be lifelong.

# IV. STANDARDIZED INTELLIGENCE (IQ) TESTS

## A. What Intelligence Tests Measure

Standardized intelligence tests are ability tests. Ability tests measure a person's level of knowledge or skill in a particular area. Young children are commonly evaluated to determine the progress of their development. Intelligence tests assess ability in motor, language, social, or cognitive skills. Intelligence tests are ability tests in that they assess overall intellectual functioning. They provide information about the individual's repertoire of cognitive skills and knowledge at a given point in time.

been set from the results achieved by using the test with individuals representative of the population. For those readers interested in a description and debate on: (1) theories of intelligence, (2) validity of intelligence as a construct, (3) measurement and change of intelligence, and (4) pros and cons of testing intelligence, the reader is referred to Binet and Locurto (1991). In general, it is best to keep in mind that IQ tests do not measure innate intelligence or capability. IQs are a measure of ability. These scores are only a part of the spectrum of an individual's ability. IQ scores do change, and IQ scores obtained from different tests are not interchangeable.

## B. Why IQ Tests Are Administered and What IQ Tests Can Reveal

An intelligence test can be administered for a variety of reasons. The results of such testing can provide information for the purposes of: (1) diagnosis, (2) diagnosis, and (3) educational or occupational programming. An intelligence test may be administered to determine an individual's current developmental level or cognitive abilities. It also may be used to ascertain a particular diagnosis for an individual. Furthermore, an intelligence test may be carried out to evaluate the effectiveness of a program about: (1) groups of children, (2) degree of success of an educational program, or (3) level of success of a treatment. Finally, intelligence tests may be administered in effort to set up a treatment protocol for either an individual or a program/facility.

## C. Stability and Change in IQ Scores for Mentally Retarded Children

The IQ obtained from standardized intelligence tests is generally low for children who are mentally retarded. While correlation coefficients between Developmental Quotients obtained on infant tests and IQs obtained in childhood tend to be very low for those with average or superior intelligence, they are higher for those with lower intelligence.

tests during their first 20 months of life, are likely to obtain later periods of development. Seventy-three percent of infants to profound mental retardation, as assessed by the Bayley classified as severely mentally retarded 1–3 years after the (Brooks-Gunn & Lewis, 1983). Generally, infants who score in the retarded ranges on developmental scales during the first year have a high probability of obtaining scores in the mentally retarded range during their school years. Infants with developmental quotients below 20 are likely to remain severely impacted.

However, these findings are not an endorsement of diagnosing mental retardation via a single test score in infancy. On the contrary, children who are found to be slow at an early age can make gains rapidly during later mental periods. Consequently, repeat evaluations should be conducted on such a child at later ages for verification of cognitive status and for review and modification of educational programming and assessment protocols currently in place. Some very young children who were initially found to have suffered from stimulus deprivation, that is their environment was so nonstimulating that it prevents them from developing normally, are children who then demonstrate continued decreases in IQ during the preschool years tend to be those whose homes or environments were found to manifest minimal stimulation (Dennis & Najarian, 1973). These children, often with routines, and either a very severe or a very inconsistent environment. In contrast, children previously identified with low IQs who demonstrate subsequent increases in IQs during the preschool years are those whose homes or environments have undergone modification to include consistent attention with structure, consistency, and age-appropriate stimulation. Attention and encouragement are given in a clear manner (Dennis & Najarian, 1973; Sattler, 1992). In general, the consequences of stimulus deprivation environments, although quite serious, can be remedied to some extent by improving the levels of attention, stimulation, and nurturance in the environments of affected children (Dennis & Najarian, 1973). The more consistent the environment occurs, the better the developmental outcome for the child (Dennis & Najarian, 1973).

of mental retardation should be well-versed in the present profiles for a range of other disorders and problems frequent in the preschool population. Table II lists a range of disorders in which an evaluator should be well-versed.

To aid in the process of diagnostic clarification, the evaluator should be well-served to conduct a first-time cognitive evaluation as part of a multidisciplinary evaluation (e.g., such as those frequently completed at a Developmental Center). Having the benefit of shared information from other disciplines may aid differential diagnosis and integrated recommendations. If an interdisciplinary evaluation is required, the evaluator should, at minimum, have access to a variety of records and materials prior to evaluating the child. These should include: (1) medical and developmental histories; (2) developmental-pediatric evaluation; (3) hearing evaluations; (4) speech and language evaluation; (5) occupational therapy and physical therapy evaluation.

#### A. Distinguishing Between Mental Retardation and Developmental Delay

When mental retardation is suspected in an infant or a preschooler, the nondiagnostic condition of developmental delay should be considered as an alternative. The diagnosis of mental retardation should be reserved for cases that clearly support significantly subaverage intellectual functioning and significant deficits in adaptive behavior.

Fotheringham (1983) has outlined three reasons for distinguishing between mental retardation and developmental delay during the infancy, toddler, and preschool years. First, while a child may meet the criteria for mental retardation, intelligence measures primarily measure developmental progress. Thus, repeated assessments over time can be used to check for changes in the rate of development and ascertain a trend. Second, other conditions may mimic mental retardation. For example, aphasia or cerebral palsy may limit a child's ability to communicate, and, therefore, negatively impact the assessment of a child's intellectual functioning.



- (A) Autism
  - (B) Pervasive developmental disorder, not otherwise specified
  - (C) Rett's syndrome
  - (D) Childhood disintegrative disorder
  - (E) High-functioning autism
  - (F) Asperger's disorder
  - (G) Neurological inefficiency/nonverbal learning disability
  - (H) Attention deficit disorder
  - (3) Developmental language disorder
  - (4) Hearing impairment
  - (5) Visual impairment
  - (6) Cerebral palsy
  - (7) Motor coordination disorder
  - (8) Regulatory disorders
  - (9) Attachment disorder
  - (10) Elective mutism
  - (11) Psychosocial deprivation
  - (12) Other psychiatric conditions
  - (13) Some form of a behavioral disorder
  - (14) Dyadic problem between caretaker and child
  - (15) Challenging temperament and/or inconsistency of temperament between caretaker and child
- 

performance. Third, environmental circumstances also may impact a child's test performance which, if modified, might significantly affect a child's functioning (e.g., increasing adaptive functioning level of mental retardation). Thus, as noted earlier in this section, clinicians must be alert to the interrelatedness of developmental functioning, test level and possible alternative roots and causes of developmental delay.

When a child demonstrates impaired cognitive and adaptive functioning and a diagnosis of mental retardation cannot be reliably made, a condition of developmental delay may be appropriate. Several factors are involved parties to a variety of possibilities that can include: (1) the cognitive deficit is ambiguous, (2) the cognitive deficit may be of a different nature, (3) the deficits in adaptive behavior are not significant.

Determining the test to be used for a particular child or a be based on a careful review of the referral question and a characteristics of the individual being evaluated. Important info sider when choosing an assessment tool includes: (1) the proficiency (in English and/or another language), (2) deve (3) known physical and/or cognitive limitations, and (4) pri their results.

All tests of cognitive ability are not alike. It is not enough iarity with one assessment measure and consistently use determination of mental retardation. Intelligence tests ma different populations, may have higher or lower levels o validity, may be based on different conceptual models of may assess intelligence using different modalities (verbal, vi and so on). Particularly, in the case of individuals with kno cognitive impairments, these factors will need to be taken in choosing a diagnostic measure. The choice of test should be an individual's performance on a given measure is maximiz a child with motor impairment may appear to demonstr speed deficits" or deficits in "spatial reasoning" if assessee dependent test. The newer tests of intelligence take into ac such as these, to some degree, by offering alternative wa different abilities. However, the prudent examiner may fir cases, choosing a different assessment tool (or multiple asses provide more accurate information for a given individual prudent examiner will choose a measurement instrument b presented, not on a particular bias. For this reason, the exan regularly assessing children and adolescents for diagnostic mental retardation will find it necessary to become familiar intelligence assessment tools. Many of these assessment ins part of the typical graduate assessment course experience competency in administration and interpretation will re training and practice on the part of the examining psycholo

measures (specifically, with regard to comparable psychometric validity, reliability, and validity as well as diagnostic and clinical utility) and when these are deemed more appropriate in the assessment of a given individual.

Finally, it should be noted that the many tests presented in this chapter are generally considered to be language-based measures of intelligence. If a language-based disability is suspected, steps should be taken to use a language-free measure of intelligence. Such language-free measures are discussed in a subsequent section of this chapter. However, if an individual has never had a formal language or intelligence evaluation, it may be necessary to use a traditional, language-based measure in order to establish a baseline level, particularly if language competence is part of the differential diagnosis. If the assessment reveals evidence of a language-based disability, the interpretation of the IQ score(s) should be made with the caveat that the score(s) may have been attenuated by language functioning. In such cases, the use of a language-free measure (e.g., Leiter International Performance Scale-Revised) may be necessary in making the overall determination of mental retardation.

## VII. INTELLIGENCE TESTS EMPLOYED FOR ASSESSMENT OF INDIVIDUALS WITH MENTAL RETARDATION

The actual exercise of conducting a formal cognitive assessment of a toddler, child, or adolescent who presents with mental retardation is a challenging task. Indeed, consistently, it is a more challenging task than carrying out the same procedure with same-age typical peers. In these authors' professional experience, it is never an impossible task, but a child is untestable. Even when the task is the evaluation of a child with mild or profound mental retardation, some cognitive scores can be obtained. One does not have to rely solely on informal assessment procedures; formal and functional assessment procedures. Cognitive measures can be used to supplement functional assessment procedures.

A key component to success in this process lies in choosing the most appropriate standardized measure(s) of intelligence. More often than not, the test chosen will be from among the "gold standard" tests for the child's particular age group (Exhibit 2.1). However, in some cases, it may entail using multiple standardized measures of intelligence.

formal assessment of children presenting with mental retardation. It is remiss not to stay abreast of these new instruments and to evaluate new instruments compare with older, more established measures. As these newer tests being introduced, there are a handful of instruments that continue to be robust measures for evaluating children presenting with mental retardation. These include the following instruments.

## **EXHIBIT 2.1**

### Assessment Case Illustration #1

*Traditional Assessment for Diagnosis of Mental Retardation:  
Use of a Single, Age-Appropriate Intelligence Test*

#### PSYCHOLOGICAL EVALUATION

Name: Ian H.

Date of birth: 4-7-96

Chronological age: 9 years, 11 months

Chronological grade: Special education

Date of admission: 12-5-05

Dates of assessment: 3-17-06 and 3-24-06

#### REASON FOR REFERRAL

Ian is a 9 year, 11-month-old male who was referred for psychological evaluation by Dr. R., Seton Hospital Developmental Disability (DDP) Psychiatrist. Specifically, testing was requested to determine levels of cognitive and adaptive behavior functioning to aid future placement and programming.

#### BACKGROUND INFORMATION

Ian was admitted to the Seton Hospital DDP on 12-5-05 due to an increase in aggressive and self-injurious behavior at home and in school. This was Ian's fourth inpatient admission to Seton Hospital since January 2005.

his adoptive family, the H.'s, which includes his adoptive one brother, and two sisters. Ian has lived with the H.'s since he was 10 years old, when he was brought into the family as a foster child following his removal from his biological mother's home. He reported being separated from his biological mother from the age of 1½ to 2 years of age. While with his biological mother, Ian reportedly sustained multiple accidents and injuries, including a head trauma and multiple burn wounds. At 10 years of age, Ian lived with a foster family that was suspected of providing less than adequate care. Ian was initially removed from his biological family at birth, when it was determined that he was born addicted to cocaine.

Ian's early developmental history is reportedly significant for the presence of severe abuse as well as speech and motor difficulties. Ian's history is significant for perinatal cocaine addiction, closed head injury, and seizure disorder.

Ian's developmental history is significant for the presence of behavioral and emotional dysregulation. He has displayed aggression toward himself, peers, school staff, and his family. In addition, he exhibits obsessive-compulsive behaviors and sensory sensitivities.

Although the H.'s have been stressed with Ian's increasing behavioral challenges, they have provided a loving home environment for him and are committed to his care. Since becoming a member of the H. family, Ian has received intensive special education and supportive services. In addition, Ian has utilized intensive in-home and outpatient services in an effort to address Ian's needs. Prior to inpatient admission, Ian was receiving intensive special education services at school. Ian's behavioral escalation and aggression precipitated removal from his most recent special education placement.

## CURRENT MEDICATIONS

Lithium, 600 mg, bedtime

Abilify, 10 mg, 8 a.m.

Tenex, 1 mg, 8 a.m., 2 p.m.; 2 mg, bedtime

Adderall, 7.5 mg, 8 a.m., 12 noon

Zonagram, 100 mg, bedtime

Lamictal, 75 mg, 8 a.m., bedtime

Ian was evaluated over the course of two sessions, each approximately one hour in length. This examination took place in a distraction-free environment. In order to obtain Ian's best performance, he was provided verbal reinforcement and a sticker chart. Ian demonstrated effort on all test items presented. He appropriately increased response time when presented with more difficult task items and worked diligently even when presented with task items which appeared to be above his ability level. Ian's behavior across sessions was generally consistent and will be summarized as a unified narrative.

Ian presented as an appropriately dressed, well-groomed child with short brown hair and light brown skin. He was of average height and average weight for a boy his age. He was friendly with the examiner at the meeting but stated that he did not want to go to testing. However, he changed his mind when he was reminded of opportunities for rewards for behaving appropriately. Transition to the testing site was smooth. Ian engaged in appropriate small talk on the way to the testing site and did not need redirection at any time while walking from one building to the next.

Throughout the examination, Ian appeared to be relatively organized. He did not appear to need frequent reminders or redirection while engaged in assessment tasks. He remained focused and did not appear overly fidgety or restless. Ian's focus and attention decreased as item difficulty increased. However, Ian demonstrated consistent effort throughout the evaluation, even on items that appeared to be above his ability range.

Ian seemed to respond well to and develop rapport easily with the examiner. Although he generally appeared affectively flat, he did participate in spontaneous verbal exchanges with the examiner, and seemed socially engaged. Eye contact was socially appropriate during conversation. During testing, Ian used eye contact extensively as an attempt to seek feedback on how well he was performing.

Ian's responses to task items gave the impression of dependence. He became upset when help was not offered on task items. Conversely, he tended to be highly assurance seeking. He would frequently

needed to be reminded to hold his paper when writing.

Given the consistency of Ian's behavior and performances, it can be reasonably concluded that this evaluation assesses Ian's current functioning and abilities when provided attention and a distraction-free environment.

## Test Findings

Ian's intellectual functioning, as assessed by the WISC-IV, is in the Intellectually Deficient range. He obtained a Full Scale IQ (FSIQ) of 42 (mean = 100; SD = 15) which is over 3 SD below the mean for children in Ian's age range. The chances are 95 of 100 that his FSIQ is between 42 and 54. In addition to his FSIQ, Ian obtained a Verbal Comprehension Index (VCI) of 63, a Perceptual Reasoning Index (PRI) of 53, a Working Memory Index (WMI) of 59, and a Processing Speed Index (PSI) of 53. These scores are all considered to be in the Intellectually Deficient range of functioning. Ian's specific WISC-IV subscale scores are summarized below (where mean = 10 and SD = 3):

---

<b>Verbal Comprehension</b>		<b>Perceptual Reasoning</b>
Similarities	5	Block Design
Vocabulary	3	Picture Concepts
Comprehension	3	Matrix Reasoning
		Picture Completion
<b>Working Memory</b>		<b>Processing Speed</b>
Digit Span	2	Coding
Letter-Number Sequence	4	Symbol Search

---

<sup>a</sup>This score is based on a raw score of 0.

This deficit profile was further confirmed by results of the Vineland Adaptive Behavior Scales, a caretaker response inventory assessing Ian's behavior skills domestically and in the community. For Ian's age range, the Vineland measures the ability to perform daily

Receptive	–	2 years,
Expressive	–	4 years,
Written	–	7 years,
Daily Living Skills	63	–
Personal	–	4 years,
Domestic	–	4 years,
Community	–	5 years,
Socialization	61	–
Interpersonal relationships	–	3 years,
Play and leisure time	–	2 years,
Coping skills	–	2 years,
Adaptive Behavior Composite	62	–

---

Ian's domain scores are relatively consistent across domains and do not demonstrate a small (albeit, statistically insignificant) relationship with age, regard to community-based skills and written expression. Ian's scores in all domains reflect significant weakness when compared to same-aged peers in the general population.

## SUMMARY

Ian is a 9 year, 11-month-old male who is currently an inpatient at Seton Hospital DDP. He was admitted to the DDP as a result of a significant increase in aggressive and self-injurious behavior. He was referred for a psychological evaluation to assess current cognitive and adaptive behavior functioning.

Results of this evaluation reveal cognitive functioning to be in the Mildly Deficient range, with a FSIQ score = 48 (more than 3 SD below the mean) and adaptive behavior functioning to be in the low range of the Mildly Deficient range (1 SD below the mean). Taken together, findings indicate that Ian meets the eligibility criteria for a diagnosis of Mental Retardation (MR) given significant subaverage cognitive and adaptive behavior functioning.

Behavioral observations obtained throughout the course of the evaluation suggest that Ian tends to lack confidence in his ability to perform tasks independently, even those within his demonstrated ability level.



dence of seizure activity, it is further recommended that receive ongoing support and monitoring of his neurological recommendations based on the results of this assessment are

## Behavioral Expectations

Ian appears to respond well to nonconfrontational expectations. He will generally comply with a task demand if given a clear instruction and respond to a first request and if he is not engaged in another activity. However, once Ian appears highly disorganized and dysregulated, he may not be able to respond to verbal commands. This is likely to occur in highly stimulating environments.

## Academic Functioning

Ian will benefit from instructional materials that are tailored to his current level of cognitive functioning. Ian will specifically benefit from instruction that allows him to work independently on task items that are well within his current level of functioning (independence level) in order for him to achieve a sense of confidence in his performance. Items that are presented at a level slightly above independence level should be presented in an instructional setting. For items presented at Ian's instructional level, explicit modeling is imperative. Specifically, using mistakes as instructional tools should be modeled explicitly (and reinforced). In addition, constant assurance should be monitored and slowly (carefully) increased.

## Emotional Lability/Obsessive Compulsive Symptoms

Ian will benefit from being provided with low-stimulation environments to decrease emotional lability. He may benefit from being explicitly taught (developmentally appropriate) cognitive-behavioral and self-regulation strategies for dealing with emotionally overwhelming situations. Ian may benefit from the use of an overlearned visual or auditory cue to assist him in de-escalating and returning to baseline functioning.

It was a pleasure to evaluate Ian. If any questions regarding this report, please feel free to contact me at 800-5

## **EXHIBIT 2.2**

### Assessment Case Illustration #2

*Assessment for Diagnosis of Mental Retardation Versus a Language Disorder: Use of Multiple Intelligence Tests (Verbal and Nonverbal Instruments)*

### PSYCHOLOGICAL EVALUATION

Name: Matthew B.

Date of birth: 11-18-98

Chronological age: 6 years, 6 months

Chronological grade: Kindergarten

Dates of assessment: 5-23-05 and 6-7-05

### REASON FOR REFERRAL

Matthew is a 6 year, 6 month old Caucasian male referred to the Outpatient Clinic of Seton Hospital for a comprehensive psychological evaluation. He was referred by his parents to determine his level of functioning and to assist in educational program development. Mrs. B. were interested in obtaining a second opinion. A comprehensive evaluation conducted by the Bridgewater Sch

### BACKGROUND INFORMATION

The following information was obtained via parent questionnaire, parent interview, and a thorough review of Matthew's educational records. Matthew was the product of a 42-week uncomplicated and normal vaginal delivery. Neonatal development was unremarkable except for some respiratory problems and an undescended testicle. He experienced an apnea episode at ~2 weeks of age which

both of which were within normal limits.

In February 2001, at 27 months of age, Matthew underwent a disciplinary evaluation by the Infant Team at Cushing Children's Hospital. Presenting concerns included delays in language and motor skills and physical growth and size. Matthew also was exhibiting disruptive behavior at that time. Psychological assessment via the Bayley Infant Development (Second Edition) revealed an age equivalent of 16 months. Adaptive behavior skills were roughly within the 15- to 17-month level as well. Results of a physical therapy assessment indicated delays in fine and gross motor skills, feeding skills, and dressing skills at a 15- to 17-month level.

In July 2001, Matthew was evaluated by Dr. J. of the Infant Program at Cushing Children's Hospital. Dr. J.'s impression was that Matthew was not exhibiting a degenerative neurological disorder or a genetic disorder. Dr. J. further stated that it was highly likely that Matthew's apnea was the cause of his subsequent problems. Matthew's developmental delays and apnea were considered secondary to a nervous system that, from birth, was not working as intended. If no specific etiology could be identified, it was suggested that Matthew's problems were likely a result of atypical early brain development. There is no family history of neurological or developmental disorders. It was anticipated at that time that Matthew would continue to exhibit a steady developmental progression.

In January 2004, Matthew was evaluated by a neurologist. Problems included impulsivity, inattention, and developmental delays. A trial of Ritalin was implemented ~2 months later. Ritalin was discontinued in January 2005 for an unspecified reason.

Matthew underwent a triennial evaluation (November 2006) by the Bridgewater School Department. On the Wechsler Primary Scale of Intelligence, Third Edition (WPPSI-III), Matthew achieved a Verbal Scale IQ score of 58, a Performance Scale IQ score of 48, and a FSIQ score of 48. Age equivalents for adaptive behavior were reported on the Vineland Adaptive Behavior Scales, Third Edition: Communication = 2 years, 9 months; Daily Living Skills = 2 years, 9 months; and Socialization = 2 years, 9 months. Results

visual model.

While Matthew's parents were not dissatisfied with the res evaluations, they requested the present evaluation to confi Matthew's functioning and obtain suggestions for his educa

## PROCEDURES USED

Leiter International Performance Scale

McCarthy Scales of Children's Abilities

Vineland Adaptive Behavior Scales (parent informants)

Structured play/free play

Parent-child interactions

Clinical interview

Behavioral observations

Chart review

## CURRENT MEDICATIONS

Matthew was not taking any medications at the time of t

## CLINICAL FINDINGS AND IMPRESSIONS

### Behavioral Observations

Matthew was evaluated over two separate sessions. Beha tion was consistent across sessions. Consequently, results meetings will be collapsed and reported as one integrated ob

For his initial session, Matthew was accompanied to the by both of his parents. He appeared somewhat short in chronological age, but generally well-nourished and wel general presentation was quite neat and he exhibited some a ing (e.g., hands on his hips when making an emphatic com clearly exhibited a positive attachment to his parents. On h departure from the evaluation room, Matthew exhibited

He often sought eye contact and he made frequent attempts for attention. Matthew coordinated verbal and nonverbal communication well during his interactions with the examiner.

Matthew's language skills were significantly impaired, in both receptive and expressive domains. His articulation also was quite poorly, which impacted listener comprehension. Matthew, at times, appeared frustrated by his language impairments and he occasionally exhibited aggression (e.g., hitting the table) subsequent to communication attempts. Matthew's nonverbal communication, on the other hand, was well-developed. Indeed, Matthew may rely on his nonverbal communication skills as a means of compensating for his limited verbal skills. Matthew communicates via a combination of modalities including facial expression, gestures, occasional sign language, and modeling. He often wishes another to perform.

Matthew's behavior during formal testing was characterized by inattention, distractibility, and frequent protests in response to demands. He required excessive external structure. Matthew was unable to attempt tasks presented to him unless the task was broken down into small and simple steps. When such structure was not provided, he became inattentive, distractible, impulsive, and unable to complete his work. The demands of the tasks frustrated Matthew frequently exhibited brief spurts of upper body tension, particularly in his hands and arms. These episodes lasted only a few seconds and appeared to function as discharges of energy. When demands became too great or when Matthew was unable to complete a task, he protested by placing test materials in his mouth, kicking items, or hitting the table with his hands. Such behavior was more like that of a three-year-old than a six-year-old. Matthew was able to perform when given only one, simple task at a time, provided with clear structure, and allowed frequent breaks.

Matthew's affect was generally bright throughout the session. He exhibited a range of affect and his emotional expression was appropriate to the situation at hand. His overall mood appeared quite

with him in this activity. Matthew later engaged in a play game with the examiner but, again, he insisted on directing

Clinical interview with Matthew's parents revealed that Matthew's behavior during this evaluation was generally consistent with his behavior in school, and in the community. Consequently, results of this evaluation appear to be an accurate representation of Matthew's current cognitive and abilities.

## Test Findings

Given Matthew's significant language impairment, assessment of his actual functioning via more traditional measures (e.g., Vineland) appeared inappropriate in that such tests rely heavily on expressive language and, as a result, might underestimate Matthew's actual functioning as well as provide little qualitative information on his strengths and preferred modes of learning/problem solving. The Wechsler Nonverbal Performance Scale, a standardized nonverbal measure of cognitive performance for individuals 3 years to 18 years of age, appeared more appropriate in that its major use is in the assessment of individuals with expressive language or other types of language handicaps. On this nonverbal test of cognitive functioning, Matthew was able to pass all of the subtests at a 3-year level, three of the four subtests at a 4-year level, all of the subtests at a 5-year level, and two of the four subtests at a 6-year level. He failed the 7- and 8-year levels. This performance resulted in a mental age of 7 months and an IQ score of 70 (where the mean score = 100). This places his overall cognitive functioning at the very low end of the borderline range (mild mental retardation equals an IQ score of 70).

Generally, Matthew's performance was best on tasks that involved the matching of objects or color sorting. He was able to make simple associations between related objects but, for the most part, he was unable to complete tasks that required abstract reasoning or the ability to think conceptually. His academic skills are probably at, or below, the kindergarten level. Matthew evidenced low frustration tolerance and limited ability to

McCarthy provides a General Cognitive Index (GCI) which is comparable to the FSIQ score on other standardized intelligence tests (Wechsler). Also, like a Wechsler, the McCarthy relies heavily on expressive language skill development, either in conveying the instructions or in the actual completion of the task. However, unlike the Wechsler, which assesses intellectual functioning across two domains (verbal ability and [performance]), the McCarthy measures intellectual functioning across five dimensions: verbal ability; nonverbal reasoning; number aptitude; memory; and coordination.

Given Matthew's already noted weaknesses within the verbal domain, the marked discrepant scores between his earlier cognitive evaluation (Wechsler), a highly verbally based standardized intelligence test, and his cognitive evaluation (on the Leiter, a standardized nonverbal intelligence test), the McCarthy was administered to: (1) assess the reliability of his Wechsler IQ score; (2) assess the impact of language on his performance; and (3) clarify, more specifically, areas of relative strength and weakness.

On the McCarthy, Matthew's cognitive functioning fell within the range of mental retardation, obtaining a GCI of <50. This score is commensurate with his November 2004 WPPSI-III FSIQ score. His domain scale index scores and age equivalent scores were as follows:

Scale	Index score (where mean score = 50)	Age equivalent (years)
Verbal (V)	<22	3
Perceptual performance (P)	<22	4
Quantitative (Q)	<22	3
Memory (Mem)	<22	3
Motor (Mot)	<22	3

Again, it appears that when language is a mediating factor in task completion, Matthew's performance is worse. Overall age equivalent scores clustered between the 3- and 4-year level. Interestingly, when

Puzzle solving*	4
Pictorial memory	2½
Word knowledge, I & II	2½
Number questions	4
Tapping sequence	3½
Right–left orientation*	5
Leg coordination	3
Arm coordination, I, II & III	3½
Imitative action	3½
Draw-a-design	3
Draw-a-child	4
Numerical memory, I	2½
Numerical memory, II	3½
Verbal fluency	4
Counting and sorting*	4
Opposite analogies	3
Conceptual grouping*	6

The above deficit profile was further confirmed by results on the Vineland Adaptive Behavior Scales (VABS), a caretaker report inventory of adaptive behavior skills domestically and in the community. Comparing Matthew’s adaptive behavior skills with same-aged peers in the general population, he is functioning ~2–3 SD below the mean. Current scores and age equivalent scores are summarized below.

Domain	Standard score (where mean score = 100)	Age equivalent
Communication	49	2 years, 3 months
Daily Living Skills	64	4 years, 3 months
Socialization	69	3 years, 8 months
Motor skills	–	3 years, 10 months
Adaptive Behavior Composite	56	3 years, 6 months



Matthew makes gains with regard to communication skills, skills will similarly improve.

## FORMULATION

Matthew is an adorable and engaging 6½ year old boy with a history of global developmental delays. Given Matthew's developmental delay and continued even developmental progress combined with the results of the present evaluation, together with the diagnosis of cognitive compromise is in order. However, whether Matthew's cognitive functioning level is in the borderline range of mental retardation, or the moderate range of mental retardation. It is clear that Matthew exhibited significantly better performance on a nonverbal test of intelligence (Leiter IQ score = 70) than on a verbally based test of intelligence (FSIQ score = 48) and current verbally based test of intelligence (GCI score = <50). The 20- to 22-point difference between the two tests cannot be accounted for by measurement error alone. Rather, it is likely that Matthew's language impairments interfere with his performance on verbally based intelligence tests. Consequently, results of the Leiter and McCarthy are likely to be an underestimation of Matthew's intellectual abilities. Furthermore, it is probable that Matthew's language impairments interfere with his development of age appropriate behaviors such as social skills and daily living skills. Thus, Matthew's cognitive functioning likely being in the mild range of mental retardation or borderline range, Matthew clearly appears to be manifesting a language disorder which cannot be subsumed under his diagnosis of cognitive compromise. Indeed, until rigorous programming for language skill development is put into place for Matthew, it is difficult to ascertain whether cognitive level is actually in the borderline range of mental retardation. Consequently, it is imperative that the focus of Matthew's educational programming be the development of communication skills to foster optimum adaptive behavior skills and cognitive functioning.

growth or the point at which his skill development will level off. Given that speech and language issues still need to be addressed, it is important that Matthew continues to receive intensive education with behavioral programming in place at home and at school to support his development of adaptive behavior skills.

## RECOMMENDATIONS

1. Matthew will continue to require an intensive, language-focused education program. A one-to-one format will likely be necessary for his educational experiences in order to maximize his academic achievement in a classroom staffed by individuals with expertise in special education. Management of his behavior and attention will be critical. Matthew requires considerable external support in order to focus on academic material and to process information presented to him. Furthermore, it is strongly recommended that Matthew be considered for an extended school year program. It is probable that the lack of educational services during the summer months, Matthew's regression in academic achievement.

2. Given Matthew's language impairments, it is imperative that a comprehensive, updated speech and language evaluation be conducted. Based on Matthew's performance during this testing, a primary goal of his educational program appears to be the development of a total communication program that incorporates multiple communication modalities. It is important that all verbal instructions for Matthew be accompanied by visual aids and materials to manipulate, where possible. Additionally, providing Matthew with opportunities to observe other children performing a task before he is expected to act will be helpful. Use of a picture schedule may be useful for communication purposes and to assist with following classroom routines.

3. Continuation of speech and language therapy services is recommended. The updated speech and language evaluation can help to determine the point the level of services needed. Further, development of self-help skills may be necessary at this time. Particular emphasis may

loral management concerns, identify appropriate expectations and obtain support in parenting a child with special needs. It to focus on Matthew's development of independent behavior skills. Development of a specific behavior program also n therapy. Mr. and Mrs. B. were provided with a list of loca provide these specific types of outpatient family services.

6. Continuation of occupational and physical therapy se recommended in order to address Matthew's fine and g development.

7. Should Matthew's attention problems increase and i academic achievement, Mr. and Mrs. B. may wish to cons medication consultation. This service could be provided t Outpatient Clinic here at Seton Hospital.

It was a pleasure to evaluate Matthew. Should any ques arise regarding this report, please feel free to contact me at

## **EXHIBIT 2.3**

### Assessment Case Illustration #3

*Assessment for Diagnosis of Mental Retardation When the Individual's Cognitive Functioning Level Is Too Low for the Appropriate Age-Normed Intelligence Test: Use of an Intelligence Test Normed for a Younger Chronological Age Group*

## PSYCHOLOGICAL EVALUATION

Name: Charles V.

Date of birth: 8-8-95

Chronological age: 9 years, 0 months

Chronological grade: Special Education

Date of admission: 3-27-04

Dates of assessment: 8-25-04 and 8-28-04

behavioral dysregulation (in the form of hitting, hair-pulling away). Prior diagnoses include: Organic Mental Disorder Specified; Developmental Disorder, Not Otherwise Specified.

Ring Chromosome 22 Syndrome (a genetic abnormality, mental retardation, distinct facial features, seizure disorders, and stereotypic behaviors). Other diagnoses in the long record at various points in his history have included: Autistic Disorder; Profound Mental Retardation; Diffuse Neurological Abnormalities Secondary to Chromosome 22 Abnormality; Pervasive Developmental Disorder, Not Otherwise Specified; Global Delayed Oral Articulation Disorder; Developmental Expressive Language Disorder; Developmental Coordination Disorder. A comprehensive review of his prenatal, natal, medical, developmental, and family history has been documented in his medical record. Consequently, it will not be repeated again here. The reader is referred to that document for details. During his inpatient hospitalization, a comprehensive psychological evaluation was requested. Specific request was for evaluation of cognitive, adaptive behavior, and behavioral functioning as well as recommendations for continued educational programming and services.

## PROCEDURES USED

- Leiter International Performance Scale (attempted)
- Bayley Scales of Infant Development (Second Edition)
- Vineland Adaptive Behavior Scales (staff informants)
- Structured play/free play
- Behavioral observations (evaluation room and classroom)
- Clinical interview
- Chart review

## CLINICAL FINDINGS AND IMPRESSIONS

### Behavioral Observations

Charles was accompanied to this evaluation session by his mother, Kristen, who remained for the entirety of this evaluation. She aided in administration of test items, task compliance,

He showed no interest at this initial point in any material in the room. Generally, with assistance and ongoing redirection, he calmed down and accepted sitting in a chair at the examination table.

Throughout formal testing, Charles required ongoing support. He was seated, to attend to task instructions, and to comply with directions. Attention span was quite limited and ongoing redirection was frequently required. When uninterested in, or too greatly challenged by a task, he demonstrated vocal and physical protests (e.g., bouncing in the chair, attempting to leave chair, and throwing objects across the table). Charles was not attentive to test items and play materials that made noise; he was more responsive and soothed by melodic music. Indeed, for the most part, his engagement with the environment appeared to be at the sensory level. Interactions with task/play materials were at the simple concrete level. Frequent mouthing of objects was also an avenue of discovery. He explored material properties present. At no point did Charles engage in pretend or cooperative play. There were no instances of symbolic use of objects.

Overall, Charles' gross and fine motor development appeared to be appropriate for chronological age. His gait was wide-based and awkward. Fine motor skills appeared immature. He did demonstrate a good pincer grasp. He showed a left-hand preference. He employed an immature, full hand grasp when using writing utensils. Facial muscle/motor movement was weak. He had moderate drool. This, also, likely contributes to his immature appearance.

Language development was severely impaired. Receptive language skills were stronger than expressive abilities as Charles was able to understand and respond to simple verbal instructions and commands. Expressive language appeared limited to single syllable vowel-consonant combinations. However, it should be noted that Charles' ability to listen and respond was significantly impaired as his attention faded.

For the most part, Charles displayed a quite limited range of emotional expression. Displeasure in the form of crying and whining was most common. Pleasure was pleasure in the form of very brief interest and attention. He did not demonstrate aggression toward others. He did, however, engage in self-harm, including head banging on four or five separate occasions, each time successfully with the use of a protective helmet. Such behavior emerged subsequent to a demand being placed on him.

## Test Findings

Despite Charles' chronological age of 9 years, 0 months, he was unable to complete standardized, cognitive instruments geared for his age (i.e., WISC-III or Leiter International Performance Scale). However, on the Bayley Scales of Infant Development (Second Edition), although this test was not standardized on children in Charles' age range, the provision of multiple items at or below Charles' functional level allowed for a more accurate assessment of his relative strengths and weaknesses.

On the Bayley Scales of Infant Development (Second Edition), Charles achieved a basal score of 23–25 months, a ceiling score of 30 months, and a Mental Developmental Index (MDI) of less than 50 (where the mean is 100), and an estimated mental age equivalent of 19–20 months. Charles' current cognitive/developmental functioning is in the severe deficit range, and his overall functioning more closely approaches that of a 19- to 20-month old rather than a 9 year, 0 month old. It is noted that, hence, developmental deficits were principally tied to his expressive language deficits, motor deficits, and marked inattention/distractibility.

As noted in the behavioral observations section, Charles' interests are primarily tactile exploration, sensory stimulation, motor imitation, and simple cause-effect relationships. It is anticipated that slow developmental progression will ensue with the continued ongoing benefit of intervention, modification and intensive interdisciplinary intervention services.

The above deficit profile was further confirmed by caretaker report on the Vineland Adaptive Behavior Scales, a caretaker reporting on Charles' adaptive behavior skills domestically and in the community. Comparing Charles' adaptive behavior functioning with the general population, he is functioning  $\sim 3\frac{2}{3}$  to 5 SD below the mean. Generally, it would appear that Charles' weak Socialization and Daily Living Skills are negatively impacted by language and motor deficits. Overall standard and age equivalent scores are summarized in the following table.

Given the past record diagnoses of Pervasive Developmental Disorder Not Otherwise Specified (2000) and Autistic Disorder (2004), the Autism Rating Scale (CARS) was completed. The CARS is a rating system which quantifies the presence/absence and degree of autism on 15 different dimensions which are characteristic of the autistic spectrum. Scoring results on the CARS indicate that Charles is not autistic. Rather, his noted areas of difficulty were consistent with a mental retardation profile in the severe to profound range. Other findings included: an even, flat cognitive profile, language impairment, hyperactivity, inattention, high activity level, and some self-injurious behaviors. Charles has relatively intact sensory responses and relatively good social skills.

## SUMMARY

Taken together, Charles is a 9 year, 0 month old male presenting with Down Syndrome and 22 Chromosome Disorder. His overall profile reveals multiple areas of delay that appear to root in constitutional underpinnings. He presents with significant delay in all developmental domains, functioning like a toddler (18 months of age). His language, motor, and attention deficits are consistent with a cognitive and adaptive behavior profile in the mentally retarded range (severe to profound). Slow, even developmental progression is noted. Recommended interventions include continued intensive behavioral modification programs, ongoing special intervention services (Occupational Therapy, Physical Therapy, Speech Therapy, and Language) as well as educational programming (with emphasis on functional life skills) and the assignment of a sole aide with specialized expertise in behavior modification.

## RECOMMENDATIONS

These findings should be incorporated with other special education findings (i.e., Occupational Therapy, Physical Therapy, Speech Therapy, Language, and Education). Integrated recommendations should be developed and documented in Charles' IEP. However, for purposes of this report, the following recommendations are most strongly offered:

occupational therapy, and physical therapy should be in place.

4. The curriculum should emphasize the development of communication, social interaction skills, and teacher-pleasing behavior. Particular emphasis should be on the development of social imagination skills and the development of a functional communication system. In addition, emphasis should be placed on the development of skills necessary for successful communication and social performance in the least restrictive environment.

5. Teaching should be based on a combined developmental model using systematic instructional procedures. Specific objectives imply targeting of skills to be acquired, positive consequences, a clearly structured scope and sequence of lessons across domains, consistent and regular evaluation of progress on a daily or weekly basis, and the use of various specific procedures (i.e., discrete trial learning, task analytic teaching, etc.) for instruction. Finally, the use of individual motivation to establish and maintain appropriate academic behavior and communication skills will be a very important part of the school program.

6. Programming for the generalization of skills learned in school to home must be a formal and structured process. Charles does not automatically generalize skills learned in one situation or with one person to new situations or other people. As such, it will be necessary to plan toward the generalization of skills taught in school, to help Charles in the community.

7. If not already done, Charles should be referred to the Department of Mental Retardation (DMR) for initiation of DMR services and support.

8. Mr. and Mrs. V. have provided a loving, creative, and supportive environment for raising Charles. Given the day-to-day challenges with and raising a child with mental retardation and behavior problems, Mr. and Mrs. V. may wish to participate with the local DMR program for ongoing information and support about Charles' needs and to connect with other families such as their own.



## A. Bayley Scales of Infant Development, Second Edition

The Bayley Scales of Infant Development, Second Edition (Bayley, 1993) is the first revision to the original Bayley Scales of Infant Development (BSID) (Bayley, 1969). The BSID-II and its predecessor have long been the “gold standard” of psychometric excellence among preschool tests. It is a well-developed, standardized measure of infant, toddler, and preschool development, and it provides valuable information about patterns of early mental development. The BSID-II has excellent reliability and validity. It is normed for children from 1 month to 42 months of age.

The BSID-II consists of three scales: Mental Scale, Motor Scale, and Behavior Rating Scale (BRS). The Mental Scale includes 177 items, grouped by incremental months that assess the full range of early cognitive abilities. These include: habituation, sustained attention, memory, manipulation, shape discrimination, imitation, generalization, classification, fine motor prehension, problem solving, early number concepts, prewriting, visual perception, perceptual motor integration, vocalization, language comprehension, object use, and social skills. The Motor Scale includes 111 items, grouped by incremental months that assess the full range of control of the child's muscle groups. These include the child's muscle tone, dyadic interaction, balance, prewalking, prewriting, sensory integration skills, and fine motor development. The BRS is a Likert-type 5-point rating scale that measures the qualitative aspects of the child's test session behavior. The areas of behavior assessed include: motor quality, attention/arousal, self-regulation, orientation, motivation, and engagement with people.

Administration of the BSID-II requires considerable professional experience. While the test examiner must adhere to the standardized administration directions, the test is designed to be flexible in order to ensure the child's optimal performance. Test items consist of child-friendly activities with durable, engaging materials. In addition, some test situations allow the caregiver to aid the examiner in eliciting a response from the child. For children under 1 year of age,

verted from raw scores, each standard score has a mean of 100 and a standard deviation of 15. Scaled scores range from 50 to 150. Qualitative classifications and PDI score ranges are as follows: accelerated performance (115 and above), within normal limits (85–114), mildly delayed performance (70–84), and significantly delayed performance (69 and below). Typically, the total score is the score used to determine if a child is presenting with a developmental or cognitive deficit. The test also incorporates facet scores that identify developmental strengths and weaknesses in the domains of cognitive, social, and motor performance.

At nearly every age, the full range of scores is available. At the 42-month age level, a raw score of 0 converts to an index scale score of 54 on the Mental Scale and an index scale score of 54 on the Motor Scale. At the 42-month age level, a raw score of 178 converts to an index scale score of 125 on the Mental Scale and an index scale score of 125 on the Motor Scale. At this most extreme age, the available index score range is 1 SD above the mean, which allows a sufficient ceiling to discriminate between the most extreme high ability in 3½-year olds (Bayley, 1993).

In addition, for each 1-month interval, the raw score corresponding to an index score of 100 represents the median performance for that age. Consequently, the examiner can derive an approximate developmental age equivalent (mental as well as motor) from a raw score even if the score does not fall within the BSID-II's age norms. This is particularly useful when an examiner needs to assess an older child or adolescent whose developmental functioning is quite low and who cannot be assessed with standardized cognitive measures that meet age norms for chronological age. An example of the BSID-II being used in the assessment of an older teen with developmental challenges, along with the format for reporting BSID-II scores, and a qualitative description of the use of this test, in this particular situation, are described below.

It should be noted that the BSID-II has specified age items for the Mental Scale and the Motor Scale, and basal and ceiling raw scores that differ from the original BSID. As a result, there has been some controversy surrounding the BSID-II regarding whether to

the child's developmental profile can be ascertained. Often, this information can be quite valuable with regard to diagnostic clarification and in developing an outline for educational programming and other services.

The BRS was scaled with a percentile rank by age method and a standard score. The rationale for this was that the primary purpose of the BRS was to determine whether the child's behavior fell within "limits," was "questionable," or "nonoptimal." For this purpose, a rank scoring system was deemed to be more appropriate.

## B. Bayley Scales of Infant and Toddler Development, Third Edition

The Bayley Scales of Infant and Toddler Development (BSID-III) (Bayley, 2005) is the third iteration of the test (Bayley, 1969), and has been released to the market.

The BSID-III very closely resembles the BSID-II with minor additions and publisher-reported improvements. For the most part, the cognitive, language, and motor scales of the BSID-III are derived from the BSID-II (although some minor modification in some scales and test items has been made). Noted additions to the BSID-III include a social-emotional subtest, an adaptive behavior subtest, growth charts, a screening test, a structured caregiver report, and a test assistant. The test publisher's reported improvements in the test include: easier administration, improved floor and ceiling, additional clinical validity studies, new norms, simplified rules, and option for increased caretaker input. To date, the published reviews completed on this newest revision of the test are infrequently, as of this writing, it is difficult to make comparisons between the BSID-II and BSID-III with regard to test administration, interpretation, and draw conclusions with regard to predictive utility, particularly as it relates to assessment for mental health in the very young.

weaknesses for the purpose of refined diagnosis and treatment.

The DAS score that is used to determine eligibility for a diagnosis of mental retardation is the General Composite Ability, or GCA score. The DAS provide a detailed description in their manual of what the term IQ, which relates to ongoing controversy surrounding intelligence. Regardless of this, the GCA has a high degree of validity with other major tests of cognitive ability, such as the Wechsler Intelligence Scale, and, therefore, may be considered to be an appropriate tool for a diagnosis of mental retardation. Similar to most other measures of cognitive ability, the DAS GCA has a mean of 100 and a SD of 15. The GCA are cluster scores for various domains of functioning based on individual subtest scores.

The DAS is different than some other measures of cognitive ability in that subset scores are not given equal weight in the determination of the composite measure (GCA) of abilities. Only subtests that load highly on *g* are included, where *g* is defined as “the general ability of an individual to perform complex mental processing that involves conceptualization and organization of information” (Elliot, 1990, p. 12). Other subtests are included in the battery in order to provide important diagnostic and treatment information. For example, memory subtests included in the battery were included to provide useful diagnostic information while not loading highly on *g*.

The authors of the DAS used exploratory factor analysis to determine the most appropriate way to conceptualize ability clusters at different levels. This resulted in a developmental differentiation in ability clusters that are identified at different age levels. Between the ages of 2 years, 6 months and 3 years, 5 months, exploratory factor analysis supported a single factor model; thus, the DAS provides only the GCA score. Between the ages of 3 years, 6 months and 5 years, 11 months, exploratory factor analyses revealed a two-factor structure. At this age level, the DAS provides the Verbal Ability and Nonverbal Ability Clusters. For children, ages 6 years, 0 months to 17 years, 11 months, the

Preschool Core and the School-Age Core. The Preschool Core includes Building, Verbal Comprehension, Picture Similarities, Name-Object, Pattern Construction, Early Number Concepts, and Copying. The School-Age Core consists of Recall of Designs, Word Definitions, Letter-Object Association, Matrices, Similarities, and Sequential and Quantitative Information. In addition to the core subtests, Diagnostic Subtests are included. These include Letter-Like Forms, Recall of Digits, Recall of Objects—Delayed, Recognition of Pictures, and Speed of Information Processing. The examiner's manual provides detailed information about each subtest, including its purpose and respective age ranges, as well as a list of factors which may contribute to lower scores on a particular test (e.g., attention ability, comprehension).

The DAS is a well-standardized measure of cognitive ability for children and adolescents. In addition to excellent standardization, the DAS has high validity and reliability. Statistically and theoretically sound methods were used in creating GCA scores such that only subtests with high loadings on *g* were included, while subtests that do not load highly on *g* were still included for the purpose of refined diagnosis and treatment planning. Furthermore, it has been these authors' experience that children, especially young children, seem to be highly engaged by the materials of the DAS. As a result of this and other attributes, the DAS may sometimes seem easier to administer than some other cognitive tests, particularly to lower functioning children.

The DAS manual provides information on a small sample of children ( $n = 25$ ) previously and independently identified as being "emotionally handicapped" (Elliot, 1990, p. 257). Similar to the performance obtained on other tests of cognitive ability, children with emotional retardation obtained generally depressed scores. These children had a mean GCA score of 59.4, a mean Verbal Ability score of 59.4, a mean Nonverbal Reasoning Ability score of 63.4, and a Spatial Ability score of 65.8. Scores on Diagnostic Subtests were similarly uniformly depressed.

The DAS manual does not provide information on the performance of children who are considered to be in the severe to profound range of mental retardation. Furthermore, the DAS was not standardized on children functioning below this level. The appropriate lower limit of the DAS is therefore not known.

nating between ability levels for children performing in terms of cognitive functioning. This is critical for treatment planning cognitive ability over time.

#### D. McCarthy Scales of Children's Abilities

The McCarthy Scales of Children's Abilities (McCarthy, 1972) is an individually administered test of cognitive abilities for young children, 2½ to 8½ years. It is a well-standardized and psychometrically sound instrument (Sattler, 1992). The McCarthy provides a general level of cognitive functioning and an assessment of a child's cognitive functioning in verbal ability (to understand, process, and express verbal information), nonverbal reasoning ability (visual-motor coordination and spatial reasoning abilities), number aptitude (understanding of number concepts, and counting), short-term memory (auditory and visual), and motor functioning (fine and gross motor, and hand dominance).

Specifically, the McCarthy contains the following five scales: Verbal Ability Scale, Perceptual Performance Scale, Quantitative Scale, Memory of Design Scale, and Motor Scale. The McCarthy comprises 18 different tests within the five scales. There are five verbal tests, seven perceptual performance tests, three quantitative tests, four memory tests, and five motor tests. Some tests fall into two of the five scales. For example, drawing with shapes is considered both a motor task and a perceptual performance task.

The various test items involve puzzles, toy-like materials, and simple tasks. Most children and examiners find the procedures extremely easy to administer. Tests are arranged in an order which facilitates obtaining a good rapport with the child. Test rapport is facilitated by having several simple tests precede initial items requiring verbalization on the part of the child. These initial verbalizations are of a one-word nature which helps children overcome any initial anxiety associated with talking to a stranger. In addition, the test has incorporated into it a "built-in" break to prevent possible fatigue. Halfway through the test, the child is asked to perform a variety of gross motor task items (e.g., beanbag throw).

potential anxiety and frustration, and add to the test's burden on children.

All test items are scored according to standard procedure in the testing manual. The manual is laid out well, and is clear to use. The testing time ranges from 45 to 60 min.

Once all the tests have been administered, standard scores can be calculated. Each of the five scales has a mean of 50 and a SD of 16. In addition, an overall General Cognitive Index (GCI) score is based on the sum of the Verbal Scale score, the Perceptual Scale score, and the Quantitative Scale score. The GCI has a mean of 50 and a SD of 16. Specifically, the functional definition of the GCI is the child's ability to integrate accumulated knowledge and experience in order to perform the tasks on the scales (Sattler, 1990). McCarthy deliberately avoided calling the GCI an IQ score because it does not resemble an IQ, conceptually and statistically (McCarthy, 1972). The descriptive classifications associated with the GCI are almost identical to those used for IQ on the various Wechsler scales. Further, the mental ages for the GCI can serve as indications of mental age.

Nevertheless, it has been reported that psychometrically equivalent scores are not the same. Specifically, with regard to correlations, differences were reported between the McCarthy and the Stanford-Binet: Form L-M (Terman & Merrill, 1960), Wechsler Intelligence Scale for Children-Revised (WISC-R) (Wechsler, 1974), and Wechsler Primary Scale of Intelligence (WPPSI) (Wechsler, 1967) for samples of gifted preschool children (Gerken, Hancock, & Wade, 1978), children with mental retardation (Levenson & Zino, 1979), children with learning disabilities (Goh & Youngquist, 1979), and preschool children with hearing impairments (Pasewark, & Tindall, 1978), respectively. For gifted preschool children, the GCI differed by 10 points with the mean GCI being significantly higher than the mean derived using the Stanford-Binet: Form L-M. For children with mental retardation, McCarthy GCIs were, on the average, 20 points higher than the Stanford-Binet: Form L-M IQs (44 vs 64). For children with learning disabilities, GCIs were, on average, lower than WISC-R IQs.

sionals for evaluating cognitive functioning in young children for children in the  $2\frac{1}{2}$  to 4 year range. Prior to their first revision, the Bayley Scales of Infant Development (BSID) (Bayley, 1969) was standardized for infants and toddlers in the 2 month through 30 months and the original WPPSI (Wechsler, 1967) was only standardized in the 4 to  $6\frac{1}{2}$  year range. The WPPSI's companion WISC-R (Wechsler, 1974) covered the age range of 6 years to 16 years, 11 months; thus, it overlapped with the WPPSI in the age range of 6 years to 6 years, 11 months. Consequently, during that time period, professionals frequently used the McCarthy as a preferred cognitive assessment for evaluating children in the toddler and preschool age since it covered this  $2\frac{1}{2}$  to 6 year age gap. It also was appealing as the instrument made use of simple, concrete materials and most young children (and examiners) found the test quite enjoyable. Further, some evaluators actually preferred the McCarthy for evaluating children in this entire  $2\frac{1}{2}$  to  $8\frac{1}{2}$  age range since it avoided switching across three instruments (i.e., McCarthy, WPPSI, and WISC-R) when conducting multiple reevaluations of the same child at the same year age period.

When the WPPSI was first revised in 1989 and became the WPPSI-R (Wechsler, 1989), its age range was expanded by decreasing its upper age limits; it then covered the age range of 3 years to 7 years, 6 months. When the BSID was first revised in 1993 and became the BSID-II (Bayley, 1993), its age range also was expanded by increasing its upper age limit; it then covered the age range of 2–42 months. Thus, these first revisions of well-known tests created a seamless continuity in age coverage for assessing the cognitive functioning of children ages 2 months to 7 years, 6 months.

Since that time, there appears to have become less reliance on the McCarthy as a preferred cognitive instrument. However, this is more a result of being “squeezed out” by other well-known instruments than any formal displeasure with the test. Indeed, as the McCarthy continues to produce a profile of functioning with age equivalents, professionals continue to rely on the McCarthy as a cognitive measure in many clinical situations. These include: when examinees are not responsive to other tests, when the McCarthy is the only test available, and when the McCarthy is the only test that provides a profile of functioning with age equivalents.



ing McCarthy scores and qualitative description of performance are described in Exhibit 2.2.

## E. Stanford-Binet Intelligence Scales, Fifth Edition

The Stanford-Binet Intelligence Scales, Fifth Edition (SB5) is the latest version of one of the classic and most respected tests designed to assess intelligence. The original version of the scales was created almost 100 years ago. The SB5 was published as part of a major project. It is the long-awaited update of its predecessor, the Stanford-Binet Intelligence Scales, Fourth Edition (SB4) (Thorndike, Hagen, & Sernoffsky, 1986), which was met with some disappointment by evaluators who had been introduced. The dissatisfaction with the SB4 was largely due to its appearance and structural changes from its predecessors (including the use of a point scale for all subtests rather than use of developmental age levels, an increase in the number of subtests, to name just a few) which were not as useful in the evaluation of the very young, the developmentally delayed, and the mentally retarded (together, a large population market for which several editions of the Stanford-Binet scales had been used).

Overall, the SB4 more closely resembled Wechsler scale structure, and data output than previous editions of the Stanford-Binet scales. As a result, since the SB4 came to the market in 1986, the Stanford-Binet appeared to wane. The SB5 revived many of the features considered strengths in pre-SB4 editions, including the inclusion of children, functional age levels, and expanded ranges of scores for high-functioning examinees. Consequently, with the introduction of the SB5, there appears to be renewed enthusiasm for this well-established test and a resurgence of use by evaluators. Indeed, these authors believe that the SB5 is to be a preferred instrument for assessing individuals who are very high (gifted) or very low (mental retardation) levels of functioning. For these reasons, the SB5 is an ideal choice for assessing the lower limits of mental ability, as the SB5 measures IQ down to 10 and up to 225 (very high range, Extended IQ).

functioning that has been investigated empirically over time (D'Amato, Fletcher-Janzen, & Reynolds, 2005). The SB5 provides two domain scores [Nonverbal IQ (NVIQ) and Verbal IQ (VIQ)] and five factor indexes (Fluid Reasoning, Knowledge, Quantitative Reasoning, Visual-Spatial Processing, and Working Memory). These five SB5 were selected based on research on school achievement and ratings based on the importance of these factors in the development of reasoning, especially in giftedness assessment. Further, the emphasis was shifted from an emphasis on short-term memory only, to an emphasis on Working Memory. Overall, the SB5 is based on the general cognitive model (*g* model) with five factors emphasizing abilities that can be administered within a 45- to 75-min period.

Each of the five factors is considered using both verbal and nonverbal measures. The SB5 is the first intellectual battery to do this. Thus, the SB5 consists of 10 subtests, including two special routing subtests. These 10 subtests are: *Fluid Reasoning: Object Series/Matrices* (a routing subtest); *Knowledge: Procedural Knowledge and Picture Absurdities*; *Nonverbal Reasoning: Nonverbal Quantitative Reasoning Items*; *Nonverbal Reasoning: Form Board and Form Patterns*; *Nonverbal Working Memory: Delayed Response and Block Span*; *Verbal Fluid Reasoning: Verbal Reasoning items, Verbal Absurdities, and Verbal Analogies*; *Verbal Knowledge: Verbal Knowledge* (a routing subtest); *Verbal Quantitative Reasoning: Verbal Quantitative Reasoning items*; *Verbal Visual-Spatial Reasoning: Positioning items*; and *Verbal Working Memory: Memory for Sentences and Memory for Words*.

The mean of the composite score (FSIQ), two domain scores (NVIQ and VIQ), and five factor index scores is 100 with a SD of 15 for the SB5 editions which had a mean of 100 and a SD of 16). The FSIQ is a measure of cognitive ability. The FSIQ is obtained via the average of the 10 subtests. The NVIQ is obtained via administration of nonverbal subtests. Similarly, the VIQ is obtained via administration of verbal subtests. Ten profile scores, called scaled scores, also are obtained from each of the five nonverbal and five verbal subtests. They range from 1 to 19 with a mean of 10 and a SD of 3. The

and straightforward to score. Examiner directions are printed on the examiner's pages of three easel item books. Item Book 1 contains the routing subtests, Item Book 2 contains the nonverbal levels, and Item Book 3 contains the verbal levels. The SB5 record form is designed in a format that is similar to that of other intelligence batteries, and is straightforward to use. A plastic tray for toys and manipulative pieces is provided to help facilitate the flow of materials during test administration.

The examiner begins the standard test administration by administering the routing subtests in Item Book 1: *Nonverbal Fluid Reasoning—Block Design Matrices*, and *Verbal Knowledge—Vocabulary*. Estimates of cognitive ability on the nonverbal and verbal domains are obtained from the scores on each of these two routing tests. These scores are used in the remaining assessment to the individual's functioning ability. The examiner uses simple conversion tables to determine on which functional level (ranging from easy to hard, Levels 1 through 6) of the nonverbal and verbal scales to begin and continue testing.

The examiner continues on in Item Book 2 and then Item Book 3 in the standard order of administration. The SB5 makes use of testlets consisting of three to six items that are placed within each of the functional levels in Item Book 2 and Item Book 3. Within each testlet, items are organized in order of increasing difficulty. The mixture of tasks (easy to challenging) within each testlet appears to promote greater interest and attention during the testing process than the traditional point-scale tests. Each functional level has four testlets. There are six nonverbal functional levels (labeled Levels 1–6) and five verbal functional levels (labeled Levels 2–6).

This two-stage testing procedure (with routing subtests administered first, followed by functional level sections next) provides very precise estimates of cognitive ability in a relatively short period of time. On average, the SB5 takes 15–75 min to administer, depending on which scales are administered. The items on the SB5 are not timed and time bonuses are not used. The estimated time to acquire a FSIQ is 45–75 min. If necessary, for more challenging individuals, administration of the complete test can be extended.



The WPPSI-III is an appropriate measure of intelligence for children between the ages of 2 years, 6 months to 7 years, 3 months and is often the first step in the determination of intellectual functioning in a preschool child. It is the third iteration of preschool tests of intelligence from the Wechsler Intelligence Scale for Children (WISC). Similar to previous tests, the WPPSI-III provides a general measure of intelligence, the FSIQ, which is appropriate for use in the diagnosis of mental retardation. The WPPSI-III also provides subtest scores which may provide useful information in diagnosis and treatment.

For children between the ages of 4 years, 0 months and 7 years, 3 months, the WPPSI-III provides a FSIQ, Verbal IQ (VIQ), Performance IQ (PIQ), and Processing Speed Quotient (PSQ). For children 2 years, 6 months to 7 years, 3 months, the WPPSI-III also provides useful measures of word receptive and expressive vocabulary which form a General Language Composite (GLC). See Table III for a brief description of each subtest.

Detailed information on scoring and interpretation of the WPPSI-III is provided in the manual as well as in alternative sources (Kaufman, 2004). Like other Wechsler IQ tests, the WPPSI-III provides three types of scores: raw, scaled, and standard. The raw score is the total of points earned on a subtest. This raw score is converted to a scaled score, which is a norm-referenced score with a mean of 10 and a SD of 3, generally ranging from 1 to 19 (Lichtenberger & Kaufman, 2004). Standard scores are then derived from the scaled scores and have a mean of 100 and a SD of 15.

For a child between the ages of 6 years, 0 months and 7 years, 3 months, the clinician has the choice of using either the WPPSI-III or the WISC-IV. Both of these tests can be used in this age range. Generally, the WPPSI-III would be used for children suspected of having below average intellectual functioning, while the WISC-IV would be reserved for children suspected of having average to above average intelligence. It is important to note that the WPPSI-III is not generally considered to be an appropriate measure for children suspected of functioning in the severely

Block Design <sup>a,b,c</sup>	Visual-spatial analytic and synthetic reasoning ability, speed of mental processing
Picture Concepts <sup>a,b</sup>	Visual inductive reasoning
Matrix Reasoning <sup>a,b</sup>	Visual-spatial reasoning ability, perceptual organization
Digit Span <sup>b,c</sup>	Short-term auditory working memory, concentration
Letter-Number Sequencing <sup>a,b,c</sup>	Short-term auditory working memory, concentration, verbal comprehension
Arithmetic <sup>b,c</sup>	Short-term auditory working memory, concentration, numerical reasoning, logic
Coding/Digit Symbol Coding <sup>a,b,c</sup>	Visual-perception, speed of mental processing, coordination, visual-motor processing, concentration, short-term visual recall
Symbol Search <sup>a,b,c</sup>	Visual-perceptual discrimination, speed of mental processing, visual-motor processing, concentration, short-term visual recall
Cancellation <sup>b</sup>	Attention to detail, sustained attention, perceptual ability, perceptual organization

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<sup>a</sup>WPPSI-III.

<sup>b</sup>WISC-IV.

<sup>c</sup>WAIS-III.

ranges of mental retardation, as it cannot provide information on individual strengths and weaknesses in this range of functioning. A re- adaptive behavior ratings along with the medical and developmental histories will be helpful in determining whether the WPPSI-III

Furthermore, at early ages, it may be difficult to obtain scores for children functioning in the moderate range of mental retardation. The potential for a high number of raw scores of zero which would not be a measure. It is important to remember that although raw scores can be validly converted to scaled scores, valid IQs can only be obtained if a child has earned a specific number of nonzero subtest raw scores (Wechsler, 2003a). The specific number of nonzero subtests required for each index and index scores is provided in the test manual.

to substitute the Symbol Search subtest for Coding. The detailed information on the number of subtests that must be prorated for each age range, as well as valid test substitutions. This decision, whenever possible, should be decided on prior to test administration. The possibility (or temptation) of substituting or prorating tests should be avoided if a child performed better on one test than on another.

The publishers of the WPPSI-III provided data from clinical samples of children with mental retardation in order to improve the interpretation of test scores in this population. Consistent with the Wechsler Intelligence Scale for Children, Third Edition (Wechsler, 1991) and WISC-IV (Wechsler, 2003b), scores on the WPPSI-III for a clinical sample of individuals with mental retardation were generally attenuated on the WPPSI-III, showing no consistent patterns or troughs in score profiles. VIQ and PIQ also showed little discrepancy (Wechsler, 2003a). However, children in the moderate to severe mental retardation range consistently demonstrated a nonverbal strength in Similarities. The mean FSIQ for children with mild mental retardation in the clinical sample provided in the WPPSI-III was 62.1; for moderate mental retardation it was 53.1 (Wechsler, 2003b).

#### H. Wechsler Intelligence Scale for Children, Fourth Edition (WISC-IV)

The WISC-IV is the fourth iteration of the Wechsler Intelligence Scale for Children (WISC) (Wechsler, 1949). It was designed to measure the intellectual functioning of children and adolescents from 6 to 16 years of age. Like other Wechsler tests, the WISC-IV is appropriate for assessing individuals in the moderate range of mental retardation and is not designed to provide an accurate estimation of functioning in the severe and profound ranges of mental retardation and, therefore, should not be used.

The WISC-IV is composed of 15 subtests, 10 of which make up the core, and 5 of which compose the supplemental tests. The supplemental tests are used to provide additional clinical information, as well as to

four index scores: Verbal Comprehension (VCI); Perceptual Reasoning (PRI); Working Memory (WMI); and Processing Speed (PSI). The VCI is composed of subtests measuring a variety of different concepts in the verbal domain, including verbal reasoning, expressive vocabulary, comprehension, and long-term memory. The PRI includes subtests measuring various aspects of visual-spatial reasoning ability, and includes both motor dependent and motor independent measures. The WMI measures short-term auditory working memory. The PSI measures speed of mental processing which are generally considered motor dependent. The manual provides detailed information on test interpretation, as well as specific rules for prorated scores and norms. See Table III for a brief description of each of the subtests.

Like the WPPSI-III, the WISC-IV was standardized on a representative sample of the population, and has established excellent validity (Wechsler, 2003b). Included in the manual are norms for individuals within the mentally retarded range of intellectual functioning. On the WISC-IV, children with mild mental retardation have a mean FSIQ score of 60.5, while children with moderate mental retardation have a mean FSIQ score of 46.4. Children with mental retardation generally show uniform depression in index scores, with no evidence of significant differences between them.

#### I. Wechsler Adult Intelligence Scale, Third Edition (WAIS-III)

The WAIS-III (Wechsler, 1997) represents the latest edition of the Wechsler Adult Intelligence Scale, a measure that originated in 1939 with the Wechsler Bellevue Intelligence Scale—Form 1 (Sattler, 2001). The WAIS-III is the appropriate measure to use when assessing the intelligence of individuals from 16 to 89 years of age. The FSIQ scores on the WAIS-III range from 10 to 155. Thus, this test is appropriate for measuring IQ in individuals in the moderately mentally retarded and higher ranges of functioning. It is noted that the WISC-IV and the WAIS-III overlap at age 16.



tests, in that they generally occur after the examinee has completed a set number of items or reached a designated time limit. Test times vary, and estimates given in the manual are not likely to be representative of those seen in individuals with mental retardation. In some cases, individuals will take significantly less time than average, due to ceiling effects. In other cases, examinees will take a significant amount of time, due to difficulties with processing speed, working memory ability, fatigue, and other factors.

Similar to the other newer tests in the Wechsler series, the WAIS-III was revised from previous versions to provide better alignment with current theories of intelligence (Zhu, Weiss, Prifitera, & Coalson, 2002), with a greater emphasis on abstract and fluid reasoning, and better alignment with factor analytic studies suggesting the need for an expansion of the VIQ/PIQ division (Psychological Corporation, 2002a). The WAIS-III consists of 14 subtests, 11 of which are required in order to obtain a score. In addition to the FSIQ, a VIQ and PIQ are obtainable. The WAIS-III provides four index scores, aligned with factor analytic studies: Verbal Comprehension (VCI); Perceptual Organization (POI); Working Memory (WMI); and Processing Speed (PSI). These indexes are analogous to VIQ, PIQ, WMI, and PSQ of the WPPSI-III, respectively. In the WAIS-III, the VCI is considered to be a more refined measure of verbal comprehension ability, due to the fact that measures of verbal ability are now a part of a separate domain (WMI). POI is likewise considered a more refined measure of visual-spatial and perceptual reasoning ability. The processing speed measures have been teased out and factored into a separate score (Psychological Corporation, 2002a).

A large body of empirical data supporting the reliability and validity of the Wechsler scales has been collected. The technical manual provides detailed information relating to this quality of the WAIS-III. In support of this statement, the manual reports that the WAIS-III was standardized against a sample matched to 1995 census data with regard to race, ethnicity, education, educational attainment, and geographic region. In addition, the manual was reportedly divided into 13 age groups for standardization.

FSIQ score of 58.5, a mean VIQ score of 60.1, and a mean PIQ score of 58.3. Mean index scores in this sample were as follows: VCI = 63.3 and PSI = 63.3. For individuals with moderate mental retardation, the mean FSIQ score was 50.9, while the mean VIQ and PIQ scores were 50.9 and 50.9, respectively. Mean index scores for individuals with moderate mental retardation were as follows: VCI = 56.8; POI = 58.9; and PSI = 58.9. Mean scores were not obtained, as individuals were not given the Symbol Search subtest, a necessary component of this index score. Mean scores were found in Arithmetic in both populations, and individuals scored relatively poorly on Symbol Search. However, Symbol Search has been found in studies with children with mental retardation, and the sample provided did not receive a relatively higher PSI score.

## IX. NONVERBAL INTELLIGENCE TESTS FREQUENTLY USED TO ASSESS FOR MENTAL RETARDATION

### A. Leiter International Performance Scale

The Leiter International Performance Scale (Leiter, 1948) is a preeminent, individually administered, nonverbal, standardized test. Despite some test limitations reported by Sattler (1992), it is the preferred nonverbal instrument used in the field until a revision, the Leiter International Performance Scale-Revised (Leiter-R) (Leiter, 1997) came to the market. However, this original instrument still has merit (particularly in evaluating for mental retardation in children and adolescents) and be worthy of discussion despite the general Ethical Standard 9.08 in the American Psychological Association's Ethical Principles and Standards for the Profession (American Psychological Association, 2002) regarding use of nonverbal tests.

The original Leiter and the Leiter-R are quite different in terms of regard to test materials and the mechanics by which the examinee completes tasks. While the Leiter-R requires the examinee to engage in

learns what is expected in terms of performance. In this repeatedly experienced in our clinical practice that, for example, these, frustration with the Leiter-R can ensue because of the and that our examinees require repeated “learning” periods just give up. Yet, these same examinees persist in an uninterest in the original Leiter. Thus, we have retained the original Leiter as a library of standardized IQ test materials, and encourage evaluation of this instrument if the Leiter-R proves less than successful.

The original Leiter International Performance Scale (L) is a nonverbal test of intelligence for individuals, 2–18 years of age, most frequently used to evaluate the non-English speaking, disadvantaged, and those with hearing or speech deficits, language handicaps, motor deficits (including cerebral palsy), and problems. It also has proved quite useful in the evaluation of children with autism and/or mental retardation. A history of the instrument (including preparatory work, revisions, and adaptations) is found in Gabel, Oster, and Butnik (1986) and Sattler (1992).

The original Leiter requires an examinee to match corresponding strips positioned on a slotted, wooden frame. The standardized subtests divided into three trays of blocks are: Tray 1 covers years 2 through 7, Tray 2 covers years 8 through 12, and Tray 3 covers years 13 through 17. This Binet-type years-scale has four tests at each year level from year 2 through year 16, and six tests at year 17. The tests measured are: Concretistics (matching of specific relationships), Transformations (judging relationships between two events), Discriminations, Spatial Imagery, Genus Matching, Progressive Matrices, and Immediate Recall.

Instructions to the examinee are given in pantomime by the examiner using the materials in a specific fashion or completing a portion of the test to demonstrate the problem-solving strategy. Examinees are often performing considerably below their chronological age which allows them to understand the general problem-solving expectation of this instrument. There are no time limits to this scale except on three separate subtests.

on the Leiter is used to obtain an IQ by the ratio method (100) (mean = 100, SD = 16). It was later recommended that 10 points be added to this IQ equation because the original norm underestimated children's intelligence (Leiter, 1959). A thorough *General Instructions for the Leiter International Performance Scale* (Leiter, 1969) is vital as there are some scoring peculiarities to the test. A scoring adjustment is made to the examinee's mental age, and an additional scoring caveat once the examinee reaches chronological age.

The format for reporting Leiter scores and qualitative performance on this test is described in Exhibit 2.2.

## B. Leiter International Performance Scale-Revised

The Leiter International Performance Scale-Revised (Leiter & Miller, 1997) is the long-awaited update to the Leiter International Performance Scale (Leiter, 1948). This individually administered, standardized intelligence test assesses the cognitive functioning of individuals from 2 years, 0 months to 20 years, 11 months. Like the original Leiter, it was developed to be used with individuals who could not be validly assessed with traditional intelligence tests. Specific individuals include those with communication disorders, hearing impairments, motor impairments, cognitive delay, traumatic brain injury, intellectual disability, disorder, types of learning disabilities, and English as a second language.

The Leiter-R emphasizes fluid intelligence. Thus, the test is designed so that the derived IQ is not significantly influenced by the level of education, the individual's educational, social, and family experience, and cultural background. It measures the IQ range of 30–170. Thus, it would be an appropriate tool for assessing those individuals falling in the mild to severe range of intellectual retardation.

The Leiter-R consists of 20 subtests organized into four categories: Reasoning, Visualization, Memory, and Attention. The 10 Reasoning subtests assess reasoning, and the 10 Visualization subtests assess visualization, reasoning, and memory. Together, these subtests make up the Visualization and Reasoning

provide an estimate of global nonverbal intellectual level. If the score that a cognitive deficit could be determined, and, in deficit scores in adaptive functioning, a diagnosis of mental retardation can be made. The examiner also has the option of administering the AM Batteries together. This may provide information regarding the presence of cognitive-processing deficits in memory or attention on the basis of the estimation of global intellectual ability. For example, if a child with a cognitive deficit disorder is highly distractible or presents with severe sensory deficits, the AM Battery could provide evidence to “rule out” a diagnosis of borderline intelligence or deficit cognitive functioning.

In addition to a traditional composite IQ (with a mean of 100 and a standard deviation of 15), the Leiter-R provides subtest scale scores (with a mean of 100 and a standard deviation of 15), percentile scores, and age equivalence scores. The latter scores are more easily understood by parents and others with whom the test results are discussed.

The Leiter-R also has four rating scales (Examiner, Parent, School, and Self) which offers multidimensional behavioral observation information for each individual. In addition, the Leiter-R provides Growth Score which is an assessment of individuals with severe handicaps. Specifically, it enables professionals who reevaluate the cognitive development of children and adolescents with severe mental retardation to measure and document important, improvement in their cognitive skills. Thus, the extent of improvement across time can be ascertained (regardless of a child's current level) as well as ascertaining the likely efficacy of current educational programs and areas where modification(s) in programming may be indicated.

For the Leiter-R, the test developers reduced the physical size of the original Leiter kit and provided improved hygienic testing materials. The original Leiter wooden blocks have been replaced by colorful plastic blocks, cards, and foam rubber manipulatives. Test materials also include a card stimulus easel books that include examiner directions and instructions for materials.

Neither the examiner nor examinee is required to speak or write. The examinee does not need to read or write, either. The Leiter-R requires the examinee to place the cards and manipulatives into “slots” in the “

subgroups of atypical children and adolescents (including those diagnosed with mental retardation). The Leiter-R mean composite scores for individuals in the cognitive delay (mental retardation) clinic were 62.7 and 55.4 for the 2–5 age group and 6–20 age group, respectively. Reliability and validity are extensively described in the test manual. The Leiter-R correlates .85 with the WISC-III FSIQ and .85 with the original Leiter.

In addition to being a measure which can provide ability information sensitive to small increments of improvement in cognitive ability, the Leiter-R can be a useful, nonverbal alternative for early identification of cognitive delay (2 years, 0 months up to 5 years). It also can be a useful, nonverbal alternative for the assessment of cognitive functioning in individuals with mental retardation when a professional team is charged with providing transitional services from school to postschool activities (typically when a child is between 14 and 16 years).

## X. SPECIAL CONSIDERATIONS IN TEST ADMINISTRATION FOR CHILDREN WITH MENTAL RETARDATION

Cognitive testing is a skill that requires advanced training and practice (Sattler, 2001). This is especially true with regard to children. In order to obtain an optimal performance from a child, the examiner must possess flexibility, creativity, patience, attentiveness, and a tremendous affinity for children. Children with mental retardation present even greater challenges to the test administrator, presenting deficits that may reduce the likelihood of obtaining an individual's true performance level. In order to obtain the most accurate assessment of a child's functioning level, the examiner must be extremely vigilant and aware of these factors. This generally requires a great deal of skill and preparation on the part of the examiner. In particular, it is helpful to become familiar with common problems and solutions associated with assessing children. These difficulties include problems with attention and focus, mood, fatigue, motivation, anxiety, rapport, and communication.

to their state, requiring the examiner to be vigilant to such changes. In attempting to obtain the maximum performance from a child's attention, it is important to provide multiple break cues for attention and focus, and provide frequent feedback in the form of "I like how hard you're trying."). Finally, if a child takes a prescription medicine to assist with attention, this medication should be noted and used during an assessment of cognitive ability.

Signs of fatigue may manifest in a number of different ways. Signs of fatigue in children with mental retardation may include such as yawning, slurring of speech, drooping of eyelids, slow movements, resting of the head in the hands, putting the head down, and being irritable. However, children with mental retardation also may show signs of fatigue by becoming suddenly oppositional, requesting to leave the bathroom, starting to cry, becoming restless, or resorting to stereotyped behaviors such as "I don't know" answers or nonresponses. At times, cognitive fatigue may be related to the specific cognitive demands of a subtest. For example, a child with language difficulties may appear exhausted when responding to an extended verbal query, but may "perk up" after moving on to a nonverbal, visual, such as a matrix-reasoning test. In this case, simply changing to a different test modality can help to ameliorate fatiguing. However, children with slow processing speed or limited working memory capacity may consistently demonstrate fatigue as the cognitive load of the test increases, regardless of the ability being taxed. A child's cognitive and behavioral limitations will require the examiner to be much more vigilant for signs of a high level of fatigue. Rarely will a child with cognitive limitations request a break, yet a lack of appropriate accommodation could result in a "collapse," in which the child no longer is able to function at his or her capacity. For this reason, the examiner should maintain an awareness of a child's cues that he or she is having difficulty, providing breaks and rest activities when possible. Often, it may be helpful to allow the child a small amount of a drink, a snack, or a walk down the hallway. For particularly intractable children, it may be necessary to administer the test in multiple sessions. It also is important to remember that, for some

administration (Johnson, Bradley-Johnson, McCarthy, & Jan... stickers, pencils, or small pieces of cookies or crackers as a re... on task and working hard is an effective practice. However, it... reinforcement is provided in a manner that does not break... protocol of the test being administered. Obviously, reinfor... be given for effort, not correctness. Furthermore, it is criti... approval of the child's parents or caregiver when providing... This is particularly true with food, as children with mental... have food restrictions due to allergies, metabolic issues, chewing and swallowing, and/or cultural/religious beliefs.

Communication problems and anxiety may negatively a... mance in cognitive assessments (Lezak et al., 2004). In... mental retardation, it may be particularly challenging to e... and decrease anxiety. Many children with mental retardat... speech and language delays, and may not always find com... words (Spruill, Oakland, & Harrison, 2005). They also may b... and frustrated by the verbal messages presented to them. Su... use alternative means of negotiating and understanding th... For example, they may read a person's face and tone before... words spoken. For this reason, children with mental retardat... particularly anxious when working with an examiner who... vacant and expressionless during test administration. Individ... tive deficits may tend to interpret this behavior as an indi... have done something wrong (Lezak et al., 2004). Therefore... must endeavor to communicate messages of warmth, posit... forcement, comfort, patience, and a sense of fun through the... and affect. In addition, young children, who may be wary o... need a transition object available to help them adjust to the... young children or children who are particularly anxious, hav... the testing room may be the only means of ensuring an optim... In this case, the parent always should be behind the child so... not distracted and does not look to the parent for testing c... also should be instructed not to help or encourage the child



(2005).

## A. Test-Specific Considerations

Specific tests of intellectual functioning also may present unique challenges in test interpretation when assessing individuals with mental retardation. A few of these challenges are reviewed below.

### 1. THE WECHSLER SCALES

Overall, the Wechsler scales provide rigorously researched and valid measures of an individual's intellectual functioning. Wechsler tests have been the preferred tests of intellectual functioning for children since the 1960's, and there are no tests that are more widely accepted and approved for the purpose of establishing mental retardation in children (Prifitera Saklofska, Weiss, & Rolfhus, 2005). In addition to improvements from previous versions, the instructions on the current scales still appear to rely heavily on language. This may be a particular challenge for young children with cognitive impairments, who often show weaknesses in reading and language. In addition, the paucity of manipulatives on the current scales may make it a bit less appealing to young children than some of the alternatives in current use. Finally, it is important to remember that the Wechsler scales were not designed to test children functioning below the moderate range of mental retardation (Psychological Corporation, 2002a,b, 2003). In cases where a lower ability level is suspected, alternate measures should be considered.

When using a Wechsler test, one practice that should be taken into consideration is that of using alternate starting points. When testing individuals suspected of having significantly subaverage ability, it may be advisable to use alternate start points that are more reflective of the individual's suspected mental age. Thus, the examinee will be more likely to feel comfortable with the first item presented. Doing so may help to improve rapport with the examinee and decrease anxiety and fatigue. On the WAIS-III, age-referenced starting points are not given; rather, all individuals begin at the same point on the test. If they do not obtain the requisite number of basal items correct, the test is terminated.

A concern that arises with the newer Wechsler scales is processing speed measures in the calculation of the FSIQ. While the processing speed factor may indeed provide clinically important information, inclusion of this time-dependent measure may lead to attenuation of scores in children with fine motor difficulties, attention deficits, social anxiety, depression, and/or those taking certain medications. It is important, as always, to carefully scrutinize the child's scores in light of all other data presented (Sattler, 2001). It should be noted that it is not uncommon for a typical child with mental retardation to produce a score that is significantly lower than other index scores. The opposite is generally the case, wherein the PSI tends to be slightly higher than the VCI and PRI in children (but not adults) with mental retardation (Psychological Corporation, 2002a; Spruill et al., 2005; Wang & Zhu et al., 2004). In the event that an attenuated score is obtained on Wechsler scales provide alternative means of obtaining a valid estimate of score, such as through a General Abilities Index (GAI), or through the use of scores (Prifitera, Saklofske, & Weiss, 2005; Psychological Corporation, 2002a,b, 2003).

## 2. THE DAS

The DAS is a well-standardized measure of cognitive ability for children and adolescents. However, one drawback of the DAS relates to the mental model employed in test creation. While this model provides useful information in treatment planning and diagnostic clarification, it and may be argued to be a more appropriate way to measure cognitive ability and may cause problems for longitudinal comparison. The problem is that as a child reaches a certain age, constructs such as verbal ability are measured using the same tasks on the DAS. Consequently, it may be difficult to track a child's growth in a specific area of development. Although different operators contend that the different subtests used at different ages measure similar constructs, there are subtle differences that may be clinically relevant in different children. For example, at different ages, tasks that are unrelated to the construct being tested are taxed unequally.

Given the content of this chapter, these authors would be reporting on the Flynn effect. The Flynn effect is a phenomenon discovered via massive data analyses, by James R. Flynn, a political scientist at the University of Otago in New Zealand, and reported on in a number of papers (Flynn, 1984, 1987, 1998, 2005, 2006). Using IQ test data from the developed world, Flynn discovered there have been increases of from 5 to 25 points in a single generation (Flynn, 1984, 1987). The effect is stronger on tests which measure fluid intelligence (intelligence for on-the-spot reasoning, abstraction, and problem solving) than on crystallized intelligence (intelligence centered on accumulated knowledge such as vocabulary, arithmetic, and general information). The Flynn effect has been most dramatic on data analyses using the Raven Progressive Matrices, a test of fluid intelligence. On the Ravens, the Flynn effect showed a gain of 21 points in 30 years (around .7 point gain per year). On other scales, it has been less dramatic but still impressive on data analyses using the Stanford-Binet series, IQ tests which measure fluid intelligence. On these tests, the Flynn effect has been shown to be 10-15 points within 45 years (around .3 point gain per year).

Further, when reviewing Wechsler VIQs and Wechsler PIQs, Flynn (1998) covered a 10- to 20-point increase in the Wechsler PIQs (which are heavily loaded on fluid abilities) and a 9-point increase in the Wechsler VIQs (which are more heavily loaded on crystallized abilities) (Flynn, 1998). In these same studies, when comparing the WISC with the WISC-R, Flynn found that individuals tested on the WISC-R had to answer more questions correctly, or had to answer harder questions, to obtain the same score as on the WISC. At a later point, Flynn (1998) estimated the mean FSIQ scores between the WISC-R and the WISC-III to be 5 points higher (Flynn, 1998). From a practical perspective, this means that someone who scores 105 on the WISC-R would, on the average, receive a score of 100 on the WISC-III.

1995; Slate & Saarnio, 1995; Vance, Maddux, Fuller, & ... Further, a widely cited study by Kanaya, Scullin, and ... provided support that the Flynn effect is impacting IQ scores in the retarded and borderline ranges. Analyses showed that the scores on the WISC-R to the WISC-III were actually very close to the estimate of a 5.3-point difference; the Flynn effect fell between 2 and 3 points in the mild mentally retarded and borderline ranges. The same magnitude that Flynn found in the middle of the range. Flynn (2005) has stated that there is overwhelming evidence that the gains are at least as great for individuals' test scores in the low level as they are with individuals' test scores in the average range.

Overall, the findings indicate that as time passes and IQ norms change, people perform increasingly better on an IQ test, raising scores by several points within a matter of years. Once a test is re-normed, which typically happens every 15–20 years, the mean is reset to the current level. This process of re-norming is often seen as a way to test harder and “hiding” the previous gains in IQ scores. Because the Flynn effect takes effect immediately on the introduction of a new IQ test, the findings are most valid at the times the norms are released.

Although there is no consensus among professionals as to what factors are occurring or what the gains actually mean (with possibilities including genetics, SES, higher education levels, increased test-taking ability, and increased test sophistication), all are in agreement that they occur and that they hold significant theoretical and practical implications. In this regard, Neisser (1998) has provided a review of the importance of the Flynn effect.

Specifically, with regard to the mentally retarded population, the Flynn effect raises particular concerns in a number of areas. First, Neisser (2003) point out that because of the systematic increase in IQ scores over the past 80 years (the Flynn effect), there is reason to believe that children who are diagnosed as mentally retarded based on the year in which they were tested and test norms used rather than on their cognitive ability. For example, at age 7 on various IQ tests, fewer children are diagnosed as mentally retarded (in the mild range) as more children's IQs rise above the

than replacing them immediately with newly normed tests within the same school district, multiple psychologists may provide different services to a district. As a result, different children may receive different versions (norms) of the same test in the same school district. Unfortunately, in this latter case, these IQ test scores are still compared to one another, regardless of the fact that different norms were used. Scores are assigned accordingly. Consequently, two children in the same district with the same cognitive ability could be diagnosed differently if different test norms were used for each child.

Overall, Kanaya et al. (2003) indicate that the times to be most cautious are when a test is either at the beginning or at the end of the norming cycle, with a test being least valid when administered at the beginning. Needless to say, evaluators always have needed to exercise caution when using an IQ to diagnose mental retardation. Knowledge of the Flynn effect and awareness that the effect impacts the lower end of the IQ distribution are critical, as the average range of the IQ distribution dictates that evaluators looking for presence of mental retardation seriously consider the Flynn effect in the diagnostic process. Currently, methods to control for the Flynn effect have yet to be formally considered and debated in the literature. Greenspan (2006) has advocated the necessity for evaluators to adjust scores downward with each subsequent year in the norming cycle of a test to control for the Flynn effect. Flynn (2005) and Greenspan (2006) offered possible formulae to do so.

In addition, some consideration might be given to imposing formal time limits by which evaluators must begin using the new version of a test once the new version has been formally introduced into the field. However, adherence to such regulations likely would not be strictly enforced given the reported budgetary constraints of many school districts and mental health agencies. Further, this could provide test publishers with an incentive to encourage premature and unnecessary test revisions. Finally, a regulatory stance in this matter could prohibit the sometimes necessary use of older editions of some instruments in particular clinical settings (e.g., use of the original Leiter as described earlier in this chapter).

some comments can be made here.

First, because the diagnosis of mental retardation has so much impact on the child or adolescent's life, the psychologist must be accurate in reporting test findings. Further, the psychologist must be thorough in presenting all required data consistent with the definition of mental retardation making a diagnosis of mental retardation. As described at the end of this chapter, the diagnosis of mental retardation should never be based on the standardized intelligence test score alone. At minimum, a report should include the documentation of significantly low performance on a nationally standardized measure of intelligence and below-normal adaptive behavior in a variety of settings. A thorough, professional report also should include multiple sources of test information, including behavioral observations in school, home, and/or other settings; interviews with caregivers, developmental, medical, and social histories, and other relevant sources of evidence.

With regard to the standardized IQ, itself, psychologists must be cautious when interpreting a low IQ that may reflect conditions that affect intellectual ability. Low scores can be attributed to a variety of conditions alone or in combination. This issue was extensively reviewed at the end of this chapter. Psychologists also must rule out potential confounding issues concerning the child or adolescent's test performance. They should address their concerns in the report, before concluding the child is manifesting mental retardation.

However, even if the psychologist provides all this information, a less than adequate report can still result. Indeed, we have seen many examples of poor report writing. While the majority of psychologists provide the "required" information, many psychologists report each test score and data as separate *and* disparate entities, without synthesizing the information into a cohesive, meaningful whole. This leaves the psychologist at risk for not addressing sometimes contradictory information in the evaluation (e.g., poor visual-motor integration skill on one test, but good visual-motor integration performance on another instrument).

positive progression and development. Good report writing as it is a science.

In addition, if the psychologist is clear that the diagnosis, they should not be fearful to use the term "mental retardation" in the written document or during the face-to-face feedback with caretakers, and/or school system. In the long run, it does not seem to skirt the issue. However, it is the responsibility of the psychologist to clearly define what mental retardation is and what it is not (and what other diagnosis being reported) as the parents, caretakers, and/or school may have an incorrect understanding of the diagnostic term(s).

Recommendations contained in the report should be clear and concise. They should be driven by what the child or adolescent needs and not by the institution's budgetary restrictions. The report should be composed in a fashion so it is readable by parties with varied levels of familiarity with the tests administered. Finally, the report should be respectful in all aspects as this document will become part of the child or adolescent's formal record, will follow the child or adolescent to come, and may be the foundation for subsequent evaluations, and treatment services with this individual. If information about the child or adolescent's family situation is included in the report, the psychologist always should be truthful but simultaneously demonstrate respect for the family and exercise discretion in how facts are stated. The parameters of confidentiality must be followed and respect for the family must be maintained.

### XIII. SUMMARY

Mental retardation is a categorization for a heterogeneous group of individuals with concurrent deficits in intellectual and adaptive functioning that manifest prior to their 18th birthday. The diagnosis is made based on clinical and etiology. Mental retardation is neither a mental disorder nor a developmental disability.

of Infant Development, Second Edition, the Bayley Scale of Infant Development, Third Edition, the DAS, the McCarthy Children's Abilities, the WPPSI-III, the WISC-IV, and the Stanford-Binet Intelligence Scales, Fifth Edition, as well as, the original Leiter International Performance Scale, and the Leiter International Performance Scale-Revised. The history, conceptual bases, construction, psychometric properties, testing procedures, scoring, and examiner qualifications, as well as, indications and contraindications for the use of each test is reviewed in detail.

Measures of intelligence play a crucial role in the assessment and treatment of children and adolescents with mental retardation. Intelligence tests may be administered for a variety of reasons. The identification of an individual's relative cognitive strengths and weaknesses are among the most pertinent with respect to customizing educational and occupational programming. Therefore, it is not good clinical practice to become familiar only with a single standardized test of intelligence and to make determinations based solely on its findings. Different tests measure various elements of the construct of intelligence. Best practice requires psychologists to become thoroughly familiar with a variety of intelligence tests in order to ensure that the proper test is selected. The breadth of findings will be valid and applicable to the individual being assessed. The breadth of the range of available tests also allows for the option to use multiple assessment tools to derive the most accurate information regarding an individual's cognitive and adaptive ability. This approach further increases the probability that test results will be accurate and contribute to the development of a successful educational program, occupational training, or treatment protocol.

There are no shortcuts to competency in terms of test selection, administration, scoring, interpretation, and report writing. Adequate training, and clinical supervision are the mainstays of competency in intelligence testing when confronted with the complex task of diagnosing mental retardation from a host of similarly appearing mental disorders and learning disabilities. Psychologists must



retardation).

As a final note, it is important for psychologists to be aware of the Flynn effect and its relevance to the diagnosis of mental retardation. The Flynn effect is particularly relevant when a psychologist is called to testify as an expert witness for the Court and make a distinction between mental retardation as opposed to a learning disability or specific disorder. Nowhere will a psychologist's competency in the use of intelligence testing be more transparent than when it involves educating the public or fellow professionals (e.g., judges, lawyers, psychiatrists, and so on). As to the many facts involved in the determination of intelligence

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## I. HISTORY AND DEFINITION

Helping persons with intellectual disability (ID) reach the level of independence is one of the most important endeavors of those who serve these persons. Adaptive skills are key to a person's independence. Indeed, training adaptive skills is among the primary goals for increasing the independence of persons with ID (Carter & Bamberg, 1998). However, developing adaptive supports should not be done blindly, but should be based on careful assessment of an individual's profile of adaptive strengths and weaknesses.

Adaptive behavior assessment serves three broad goals (Carter, 2002). These include diagnosis, classification, and planning. While professionals are increasingly turning their efforts to planning, historically the primary reason for conducting adaptive behavior assessment remains that of diagnosis or classification. Nonetheless, the use of adaptive behavior in regards to planning supports should not be overlooked.

The degree to which an individual can successfully perform activities encompassed by the construct of adaptive behavior, on a consistent basis, will have a large impact on decisions concerning the least restrictive environment (Pollingue, 1987). Further, functional development is often the primary factor determining the level of support needed (Liss et al., 2001). Heller, Miller, and Hsieh (2002) found that adaptive behavior skills were higher in those residents who moved to community settings than those who stayed in nursing homes. These findings suggest that higher adaptive skills both before and after community placement not only were adaptive skills improved by community placement, but they were also indicative of which individuals would move from nursing homes to community settings.

individuals behave in everyday life and for the diagnosis to be weighted by how they perform on measures of academic intelligence.

ID is a classification that is used to determine eligibility for services. Throughout the past 100 years, researchers and policy makers have grappled with the basic problem that is common to all decisions regarding who should receive services; that is, to include those in need of assistance and to exclude those who are not. On one hand, the definition of ID must be broad enough to include anyone who should be included (type 2 error), but it should not be so broad as to include individuals who do not need additional support (type 1 error). The construct of adaptive functioning emerged as a result of these efforts to balance these two competing goals (Greenspan et al., 1996).

According to the *Diagnostic and Statistical Manual of Mental Disorders*, Fourth Edition Text Revision (DSM-IV-TR) published by the American Psychiatric Association (2000), adaptive functioning refers to how well individuals cope with common life demands and how they compare to the standards of personal independence expected of someone in their particular age group, sociocultural background, and community. The DSM-IV lists four levels of ID: mild, moderate, severe, and profound. While significant limitations in adaptive functioning are a diagnostic criterion for ID, the actual measurement of adaptive functioning is not specified in the DSM-IV. The DSM-IV is inconsistent in this regard. The DSM-IV briefly states that the diagnosis of ID is based on a combination of low IQ and significant limitations in adaptive functioning. Further, the DSM-IV's levels of ID are based solely on IQ scores, not on intellectual functioning. This method is particularly striking given the DSM-IV's own statement that "impairments in adaptive functioning, rather than low IQ, are usually the presenting symptoms in individuals with ID" (p. 42). In response to this inconsistency, some researchers have argued that even though the DSM-IV indicates the use of well-standardized scales to assess adaptive functioning, the lack of established cutoff points that establish what "significant limitation in adaptive functioning" means are, implies a general mistrust of the comprehensiveness and validity of adaptive assessment measures (Reschly, Myers, & Hartel, 2005). These same limitations apply to measures of intelligence as well as to adaptive assessment measures, as they are akin to all norm-referenced assessment tools.



component. The most widely cited definition of adaptive behavior is set forth by the American Association on Mental Retardation. Recently, the AAMR has stated “adaptive behavior is the acquisition and use of conceptual, social, and practical skills that have been learned and used to function in their everyday lives” (Luckasson et al., 2002). Adaptive behavior is not merely one’s ability to perform academic tasks. It is a much broader concept that includes one’s ability to function in a wide range of everyday settings and situations (Greenspan et al., 1996).

The American Association on Mental Deficiency (since 1975, the AAMR) formally added adaptive behavior to the definition of mental retardation (Heber, 1959). By adding adaptive limitations to the definition, AAMD attempted to correct the over reliance on IQ scores that had been used as well as to reduce the number of individuals without significant adaptive skills in everyday tasks who were being classified as evincing ID based on a low standardized IQ test score (Luckasson et al., 2002). Nonetheless, until the late 1970s, standardized assessment measures of adaptive behavior were not available. In 1973, as social and legal pressures increased to require valid and reliable measurements to be used when determining a diagnosis of ID, the AAMD began to explore the use of standardized measures of adaptive behavior.

The 1992 definition of ID by the AAMR made significant changes to the overall diagnosis and classification of ID. One of the most significant changes that came with the 1992 definition of ID was in regards to the assessment of adaptive behavior. A shift was made from assessing a person’s IQ in general to assessing adaptive skills across 10 categories. At the time of the publication of the 1992 definition, there were no standardized measures to assess all of these 10 areas, and there was little agreement on the necessity or adequacy of these 10 skill areas. Indeed, Luckasson et al. (2002) list the changes regarding adaptive skills assessment as one of the primary reasons for a general lack of adoption of the 1992 definition. Due to the lack of empirical support for the 10 skill areas, the 2002 definition altered the definition to three broad areas of adaptive behavior composed of the 10 categories.

The current AAMR definition puts equal importance on IQ and adaptive skills. Further, with the 1992 definition, a paradigm shift was made in that persons are no longer classified according to IQ scores.

the overall structure of adaptive behavior. An understanding of adaptive behavior will change the way in which it is measured by practitioners.

Much debate has been over the issue of whether or not adaptive behavior is a unified or multivariate construct. To explore this question, several studies have been conducted examining the factor structure of adaptive behavior. The most comprehensive review is provided by Thompson, Bruininks (1999) who concluded that adaptive behavior as currently measured is a multidimensional construct consisting of five domains. Thompson et al. (1999) further noted that the number of factors found is related to the level at which the data were analyzed, with analyses at the item level finding more factors than analyses conducted at the domain level.

The five domains found by Thompson et al. (1999) were (1) independence, (2) responsibility, (3) cognitive/academic, (4) social/community, and (5) physical/development. The first three factors were commonly found in their review of factor studies. Regarding the fourth and fifth factors found in their review, Thompson et al. note, “no single adaptive behavior assessment instrument completely measures the adaptive and maladaptive behavior dimensions.”

In spite of these findings that support a multivariate model of adaptive behavior, researchers and clinicians persist in using a unified adaptive behavior score for decision making (Lerman, Apgar, & Jordan, 2005). This is due to practical concerns of meeting institutional standards or research design rather than a belief that adaptive behavior is a unified construct. Further, this tendency may simply be the result of popular assessment scales providing a comprehensive score that is assumed to be the best representation of the adaptive behavior construct.

### III. REVIEW OF SCALES

A multitude of assessment scales have been constructed. While many scales abound, research using adaptive assessment scales has been limited to three: the Vineland Adaptive Behavior Scales (VABS), the

national service centers, Luiselli et al. (2001) found that the most widely used assessment scale in persons with autism has three versions: a survey form, expanded form, and a clinician interview (Sparrow, Balla, & Cicchetti, 1984). The survey form and expanded form are both versions of the interview edition.

Sparrow et al. (1984) note that the VABS may be used when a formal assessment of a person's daily functioning is required. They list situations in which the VABS may be used: diagnostic evaluation, program planning, and research. Diagnostic evaluations are listed as a primary use of the VABS. In regards to program planning, Mervis and Laud (2003) note that the VABS is useful for determining the need for training; however, they recommend using more narrow-band scales such as the SPSS or MESSIER to provide more detailed information on social functioning or other particular domains of adaptive behavior.

In a recent discussion of the VABS, Beail (2003) notes the advantages and disadvantages. The advantages listed include the scale's coverage of the major domains of adaptive behavior, standardization, inter-rater reliability, metrics, and brevity (Beail, 2003). The majority of the disadvantages noted are due to the "age" of the scale, resulting in outdated norms or norms that no longer reflect the target population. Beail noted that the newer editions of the VABS had the potential to address many of these shortcomings.

The Vineland Adaptive Behavior Scales, Second Edition (Sparrow, Cicchetti, & Balla, 2005) builds off of the foundation of the first edition of the Vineland scales. Due to its recent publication, the scale has not been widely used for researchers to evaluate. However, Sparrow et al. (2005) list a number of changes in the second edition that were made as an effort to improve the measurement in very young children and adults.

Many of the changes listed by Sparrow et al. (2005) address the utility of the VABS to measure adaptive behavior in persons with mental disabilities, particularly for individuals with autism. The changes are the addition of items to measure the development of language, the ability to maintain or initiate conversation, the ability to use nonverbal communication, and the ability to maintain social relationships. Further, items were added that address social naïveté, gullibility,

## B. AAMR Adaptive Behavior Scales

The AAMR Adaptive Behavior Scales (ABS) is the second AAMD Adaptive Behavior Scale and consists of two versions: School Community (ABS-S:2; Lambert, Nihira, & Leland, 1993) and Community version (ABS-R:2; Nihira, Leland, & Lambert, 1993). The ABS-S:2 and ABS-R:2 are two parts to the ABS. Part one addresses adaptive skills and independence. Part two addresses maladaptive behavior. It is used to measure an individual's typical performance of adaptive behavior.

The ABS-S:2 was standardized on both children with developmental disabilities and those with typical development. Norms are provided for individuals aged 3–21 years. The ABS-S:2 is designed for identifying individuals who are significantly impaired in adaptive behavior relative to their age. It is used for identifying an individual's strengths and weaknesses, measuring training needs, and research.

The primary use of the ABS-R:2 is for determining an individual's level of adaptive strengths and weaknesses. The ABS-R:2 provides norms for individuals with ID and is intended to be used with individuals aged 18–79 years of age. However, norms are not available for typically developing adults. Thus, while the ABS-R:2 is reported useful for planning services, the ABS-R:2 version should not be used to determine if an individual was previously diagnosed with ID (Luckasson et al., 2002).

## C. Scales of Independent Behavior—Revised

The Scales of Independent Behavior—Revised (SIB-R) is a standardized interview that measures both adaptive and problem behavior (Bruininks, Woodcock, Weatherman, & Hill, 1996). The test is designed to measure adaptive functioning across a variety of domains. A number of uses are noted in the manual including identifying areas for training, determining eligibility for services, planning programs and services, monitoring individualized training programs, program evaluation, clinical assessment, and classification for research (Bruininks et al., 1996). The SIB-R

internalized, externalized, and asocial.

The SIB-R varies from other assessment scales of this nature in that it allows for flexibility in its administration. While the standard SIB-R is administered as a structured interview, a checklist-administration format is also available. As a checklist, a knowledgeable informant may complete the SIB-R independently or a single respondent may complete checklists for multiple individuals at the same time during the course of a single interview.

The Inventory for Client and Agency Planning (ICAP; Weatherman, & Woodcock, 1986) is a 16-page booklet that can be completed by a teacher or care person who is familiar with the individual being assessed. An adaptive behavior subscale of the ICAP was constructed from the original SIB. The ICAP is designed to be completed in a short amount of time (15 min). The ICAP provides a wide range of information about the individual and it is not limited solely to measuring adaptive behavior. The majority of studies using the ICAP have focused on the use of the ICAP for the purpose of community integration.

A number of well-developed adaptive assessment scales are available, and the choice of which adaptive scale to use should be determined by the purpose of the assessment. Frequency of use of a scale does not necessarily make it the most appropriate for all occasions. While this review focuses on the most commonly used scales (VABS, ABS, and SIB/ICAP), a number of other assessment scales have been developed, such as the Battelle Developmental Inventory, that also meet good psychometric standards (Reschly, 2000). Not every scale possesses the same attributes such as administration time, age appropriateness of item content, or cultural relevance. Practitioners must carefully consider their selection to ensure that the scale serves the intended purpose well.

#### IV. PSYCHOMETRIC CONCERNS

Issues of reliability and validity are common concerns for assessment scales and are requisites for acceptance and utility (American Psychological Association, 1999). Researchers and clinicians should

Basal and ceiling rules are used as a means to shorten the administration of a scale. These rules are typically used by scales administered in an interview format that present items in an assumed developmental sequence. By establishing a basal, it is assumed that the individual usually performs the previous items that precede this basal level. Likewise, it is assumed that the individual does not or cannot perform the items following the ceiling. Basals and ceilings are set once the interviewer obtains a certain number of items endorsed as present (basal) or endorsed as not present (ceiling).

When determining the ceiling, scales in which ceiling scores are set too low rapidly may underestimate an individual's adaptive behavior skills that have developed atypically. For example, persons with developmental disabilities may show limitations on tasks requiring fine motor skills and may score poorly on items concerning closing fasteners on clothing. If the ceiling is replaced by buttons, dressing independently is no longer a task requiring assistance but one that can be done independently (Pollin, 1998). For such an individual, an early ceiling would have indicated a level of overall dependence that is unnecessary. Flexibility in establishing ceilings is needed.

One change made in the administration of the VABS-II from the VABS was a change in the basal and ceiling rules (Sparrow et al., 2005). Previously, full endorsement on seven consecutive items to establish a basal and scores of zero on seven consecutive items to establish a ceiling were required. For the VABS-II, basal and ceiling rules were relaxed, requiring only three items to establish a basal or a ceiling. While this shortens the administration time, it may negatively impact those individuals who demonstrate advanced development within the same domain.

## B. Item Sampling and Age Appropriateness

Adaptive scales are often used to evaluate children for developmental delay. As a result many scales have the highest item density in the area of early development. This allows for a good degree of sensitivity to detect

may have adaptive skills equivalent to 12 months of age, the (e.g., items) should not be used to establish the adaptive 12-month old level as would be used for a typically developing child. For example, reaching for a caregiver may be an expected behavior for a 12-month old typically developing infant but would not be expected from an adult who is functioning at the same developmental level. Therefore, it would not be a behavior warranting training.

### C. Indirect Assessments and Informant Validity/Reliability

Due to limitations with communication skills or the inability to perform direct observations, the majority of scales designed for use with individuals with ID rely on informant report. As a result, the utility of these tools are dependent on the degree to which informants are able to report reliably and validly concerning adaptive behavior. Most studies have addressed this concern by reporting the reliability of the scales across different informants. While indirect assessment does have some limitations, it allows for examination across multiple settings and naturally allows for the assessment of typical performance rather than performance as would be seen if the individual were asked to perform the task for the sake of assessment (Dykens, 1995).

Adaptive behavior is relative and dynamic, not absolute and static (Fuchs, 1987). For this reason, consideration of place and time is important when assessing adaptive behavior. Different skills are needed in different situations. Adaptive assessment needs to be broad and assess behavior across multiple settings (Dykens, 1995). However, the same informant may not know or be able to report well on the adaptive behavior of the individual in function outside of the context in which they know them (Sigafoos, Fisman, & Streiner, 1994; Voelker, Shore, Hakim-Larson, 1994). Discrepancies among informants, while a concern for reliability, do not simply reflect the way in which the individual varies in adaptive behavior across multiple contexts. Practitioners must use careful clinical judgment and investigation skills when dealing with such findings.

et al. (2003) found that those children without autistic behavior were better across all domains of adaptive behavior but particularly communication skills when compared to individuals with fragile X. In the adaptive profile observed in autism, children with Williams syndrome showed relatively high social skills but lower daily living and communication skills (Mervis, Klein-Tasman, & Mastin, 2001).

Carter et al. (1998) offer supplementary norms on the VAB for children with autism. These norms are helpful in that they provide a detailed description of the particular strengths and weaknesses for children with autism. However, it should be noted that when adaptive behavior scales are used to determine diagnosis, the question is how the child performs relative to the general population, not simply to other children with a similar diagnosis.

## E. Cultural Considerations

Cultural considerations when assessing adaptive behavior are important because that adaptive behavior is defined in relation to social norms and expectations (Horn & Fuchs, 1987). For a scale to be useful it must be culturally sensitive (Dykens, 1995). While most comprehensive scales assess adaptive behaviors that are culturally universal, this is not always true that has been rarely tested. Craig and Tassé (1999) discuss cultural factors related to adaptive behavior expectations that may vary from one to another to an individual's culture. Among these factors are age, gender, social structure, and attitudes toward disabilities.

The age at which children are expected to perform specific tasks varies based on the culture in which the child lives. Further, the tasks that a child may also vary. Learning to read may be an important skill for a child developing within western culture. However, this skill may not be as important within other cultures and thus not fit the definition of adaptive behavior when measured outside of the usual context. Likewise, different cultural expectations are common. Skills in one domain may be required



(1992) have developed a translation of the VABS and presented evaluations of the psychometric properties. Further research on cross-cultural differences is needed. Not only are accurate translations necessary but also accurate cultural translations. Research addressing these differences should lead to a better understanding regarding which skills are truly universal and which are culture-specific (Craig & Tassé, 1999).

## V. REVIEW OF PUBLISHED STUDIES

The past 30 years have seen a tremendous increase in the use of adaptive behavior as a consideration in the diagnosis of ID. Over the past few decades, researchers developed assessment scales to measure this construct (Craig & Tassé, 1999). However, little is known concerning which adaptive behavior scales are used by researchers and practitioners. In a survey of 100 research centers, Luiselli et al. (2001) found that the VABS was the most commonly used assessment measure. However, the study was limited to research centers. This review is intended to provide information concerning which adaptive behavior scales have been reported in studies on persons with ID over the past 30 years.

### A. Literature Search

A search was made for all studies, which reported the use of an adaptive behavior scale, that were published in four journals specializing in research on persons with ID. The journals included in this search were *Journal on Mental Retardation*, *Journal of Autism and Developmental Disabilities*, *Journal of Intellectual Disability Research*, and *Research on Developmental Disabilities*. All studies published in the selected journals from 1975 to 2005 were reviewed for the inclusion of an adaptive scale. Adaptive behavior was defined according to the AAMR definition (Luckasson et al., 1992) as “the collection of conceptual, social, and practical skills that are learned by people in order to function in their everyday lives.”

## B. Results

The review identified 271 studies that included the use of an adaptive behavior scale. From the 271 studies, it is clear that numerous scales have been used. However, the identified studies primarily used three scales: VABS ( $n = 177$ ), ABS ( $n = 61$ ), and SIBI. Table I displays a breakdown of the identified studies in terms of the assessment used and the population studied.

The VABS was reported in 177 studies and was the most frequently included adaptive behavior scale. Of particular note is that in studies focusing on autism, the VABS was used almost exclusively. This is commensurate with those by Luiselli et al. (2001) who found it to be the most widely used measure by practitioners for persons with autism. Current results indicate that researchers on autism, in addition to practitioners, also employ the VABS as the primary means to assess adaptive behavior.

The VABS was used for a number of purposes in the identified studies. The most frequently reported use was as a general measure of adaptive behavior. In these studies, VABS scores were often contrasted to other participant factors such as residential placement, autism diagnosis, and cognitive abilities. The second most common use of the VABS was to determine an individual's level of ID for purposes of group classification. Many studies describe the characteristics of the study participants. However, only a few reported using the VABS as a measure of maladaptive behavior.

Sixty-one of the identified studies reported use of the ABS. Regarding the VABS, the primary purpose cited for including it was for a general measure of adaptive behavior. In contrast to this, for a much larger portion of the studies including the ABS, the primary reason for including it was maladaptive or challenging behavior as a primary reason for inclusion.

As noted previously, the residential and community versions of the VABS do not contain norms that represent both persons with and without autism. This version is not appropriate for diagnosing ID (Luckasson et al., 2002).

de Bildt et al. (2005)	1059 children with ID
de Bildt, Kraijer, Sytema, & Minderaa (2005)	826 children and adolescents with ID
de Bildt, Sytema, Kraijer, Sparrow, & Minderaa (2005)	186 children with ID
Billstedt, Gillbert, & Gillberg (2005)	108 adults with autism
Burt et al. (2005)	130 individuals with Down syndrome
Chadwick, Cuddy, Kusel, & Taylor (2005)	82 children with ID or autism
Dunn & Bates (2005)	36 individuals with autism or typical development
Edgin & Pennington (2005)	58 children with Asperger syndrome, autism, or typical development
Emerson, Robertson, & Wood (2005)	615 with ID
Emerson (2005)	1542 adults with ID
Fine et al. (2005)	98 children with autism, PDD
Gena, Couloura, & Kymissis (2005)	3 children with autism
Gross (2005)	83 children with autism, ID, developmental delay, or typical development
Harries, Guscia, Kirby, Nettelbeck, & Taplin (2005)	80 individuals with ID
Hassall, Rose, & McDonald (2005)	46 children with ID
Hastings, Kovshoff et al. (2005)	48 children with autism
Hastings, Beck, Daley, & Hill (2005)	338 children with ID
Howard, Sparkman, Cohen, Green, & Stanislaw (2005)	61 children with autism, PDD
Keen (2005)	6 children with autism
Kishore, Nizamie, & Nizamie (2005)	60 individuals with ID
Klin, Pauls, Schultz, & Volkmar (2005)	65 individuals with Asperger syndrome
Lecavalier (2005)	284 children with ID or typical development
Matson, Dixon, Matson, & Logan (2005)	618 adults with ID
Moss et al. (2005)	8 children with Cornelia de Lange syndrome
Oliver, Hall, & Murphy (2005)	16 children with ID or autism
Oliver, Holland, Hall, & Crayton (2005)	52 individuals with Down syndrome
O'Reilly, Sigafos, Lancioni, Edrisinha, & Andrews (2005)	1 adolescent with autism

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Robertson et al. (2005)	25 adults with ID
Romski, Sevcik, Adamson, & Bakeman (2005)	33 individuals with ID
Sallows & Graupner (2005)	24 children with autism
Spreat, Conroy, & Fullerton (2005)	348 adults with ID
Stephens, Collins, & Dodder (2005)	2760 adults with ID
Veltman et al. (2005)	1 female with PDD
Werner, Dawson, Munson, & Osterling (2005)	145 children with autism, developmental delay, or typical development
Williams, Wishart, Pitcairn, & Willis (2005)	126 children with ID or Down syndrome
Yalon-Chamovitz & Greenspan (2005)	50 adults with ID
Zwaigenbaum, Sonnenberg, Heshka, Eastwood, & Xu (2005)	1 girl with PDD
Basquill, Nezu, Nezu, & Klein (2004)	45 individuals with ID
Beck, Daley, Hastings, & Stevenson (2004)	33 children with ID
de Bildt et al. (2004)	184 children with ID
Bradley, Summers, Wood, & Bryson (2004)	24 individuals with autism or ID
Eaves & Ho (2004)	49 children with autism or PDD
Graff & Green (2004)	3 children with ID and autism
Hatton et al. (2004)	560 adults with ID
Kishore, Nizamie, Nizamie, & Jahan (2004)	60 individuals with ID
Lecavalier, Aman, Hammer, Stoica, & Matthews (2004)	330 children with autism
LeGoff (2004)	47 children with autism, Asperger, PDD
Miller, Fee, & Netterville (2004)	48 children with ID
Owen et al. (2004)	93 adults with ID
Ozonoff et al. (2004)	149 individuals with autism or typical development
Paul et al. (2004)	40 individuals with autism or PDD
Prasher, Farooq, & Holder (2004)	150 adults with Down syndrome
Pruchno & McMullen (2004)	831 individuals with ID
Rellini, Tortolani, Trillo, Carbone, & Montecchi (2004)	65 children with autism, Asperger, or PDD
Robertson et al. (2004)	50 individuals with ID

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Zigman et al. (2003)	110 Down syndrome with ID
Baghdadli, Pascal, Grisi, & Aussilloux (2003)	222 children with autism
de Bildt et al. (2003)	1059 individuals with ID
Bosseler & Massaro (2003)	14 children with autism
Buhrow & Bradley-Johnson (2003)	60 children with ID or typical development
Cohen (2003)	84 children with autism
Cohen, Schmidt-Lackner, Romanczyk, & Sudhalter (2003)	311 children with autism, PDD, CDD, or Asperger syndrome
Dube, McIlvane, Mazzitelli, & McNamara (2003)	13 individuals with ID, autism,
Fidler (2003)	36 children with ID or Down syndrome
Guralnick, Hammond, & Connor (2003)	72 individuals with and without
Guralnick, Neville, Connor, & Hammond (2003)	74 children with ID
Hall, Thorns, & Oliver (2003)	8 individuals with developmental disabilities
Hatton et al. (2003)	70 children with Fragile X
Kay et al. (2003)	85 adults with Down syndrome
Kottorp, Bernspang, & Fisher (2003)	1724 individuals with ID
Lam, Giles, & Lavander (2003)	47 individuals with ID
Lancioni et al. (2003)	3 adults with ID
Mansell, Beadle-Brown, MacDonald, & Ashman (2003)	303 individuals with ID
Mount, Charman, Hastings, Reilly, & Cass (2003)	29 females with Rett syndrome
Nachshen, Woodford, & Minnes (2003)	106 individuals with Down syndrome, autism, or fragile X
Niccols, Atkinson, & Pepler (2003)	41 children with Down syndrome
Oliver, Murphy, Hall, Arron, & Leggett (2003)	88 individuals with DD
Orsmond, Seltzer, Kraus, Hong (2003)	193 adults with ID
Ricci & Hodapp (2003)	50 individuals with Down syndrome or ID
Rogers, Hepburn, & Wehner (2003)	102 individuals with autism, fragile X, developmental delay, or typical development

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Thompson & Bolton (2003)	1 adolescent male with Asperger syndrome
Tsatsanis et al. (2003)	26 children with autism
Urv, Zigman, & Silverman (2003)	529 adults with ID or Down syndrome
Van Bourgondien, Reichle, & Schopler (2003)	32 individuals with autism
Weiss, Diamond, Demark, & Lovald (2003)	97 individuals with ID
Bibby, Eikeseth, Martin, Mudford, & Reeves (2002)	66 children with autism
Copeland, Hughes, Agran, Wehmeyer, & Fowler (2002)	4 adolescents with ID
Dekker, Nunn, & Koot (2002)	1057 children with ID
Duker, van Driel, & van de Bercken (2002)	77 individuals with Down syndrome or PWS
Duvdevany (2002)	31 individuals with ID
Einam & Cuskelly (2002)	50 children with ID or typical development
Fisch, Simensen, & Schroer (2002)	36 children with autism or Fragile X syndrome
Gonzalez-Gordon, Salvador-Carulla, Romero, Gonzalez-Saiz, & Romero (2002)	80 individuals with ID
Grigorenko et al. (2002)	80 children with developmental delay
Grissom & Borkowski (2002)	54 siblings of individuals with ID
Gross (2002)	55 children with autism, ID, developmental delay, or typical development
Gunter, Ghaziuddin, & Ellis (2002)	16 individuals with Asperger syndrome or typical development
Guralnick (2002)	64 children with ID or Down syndrome
Hallam et al. (2002)	500 individuals with ID
Kravits, Kamps, Kemmerer, & Potucek (2002)	1 girl with autism
Mansell, Ashman, Macdonald, & Beadle-Brown (2002)	495 individuals with ID
Mansell, Elliott, Beadle-Brown, Ashman, & Macdonald (2002)	49 adults with ID

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Panera, Ferrante, & Zingales (2002)	10 individuals with autism or ID
Richards, Williams, & Follette (2002)	30 adults with ID
Rousey, Wild, & Blacher (2002)	64 children with ID
Smith, Felce, Ahmed et al. (2002)	56 individuals with ID
Smith, Felce, Jones, & Lowe (2002)	106 adults with ID
South et al. (2002)	119 children with autism
Spreat & Conroy (2002)	177 individuals with ID
Stancliffe, Hayden, Larson, & Lakin (2002)	148 individuals with ID
Wallace, Webb, & Schluter (2002)	168 individuals with ID
Zigman, Schupf, Urv, Zigman, & Silverman (2002)	646 adults with ID
Bailey, Hatton, Tassone, Skinner, & Taylor (2001)	53 males with fragile X
Balboni, Pedrabissi, Molteni, & Villa (2001)	226 individuals with ID
Belser & Sudhalter (2001)	30 individuals with fragile X, autism, or ID
Cooper & Browder (2001)	8 adults with ID
Duker, Averink, & Melein (2001)	8 children with ID
Eikeseth & Jahr (2001)	7 children with autism or typical development
Emerson et al. (2001)	270 individuals with ID
Hall, Oliver, & Murphy (2001)	16 children with ID
Hatton et al. (2001)	814 adults with ID
Jones et al. (2001)	106 individuals with ID
Liss et al. (2001)	123 children with ID or autism
McCarthy & Boyd (2001)	52 individuals with Down syndrome
Mervis, Klein-Tasman, & Mastin (2001)	41 children with Williams syndrome
Miltiades & Pruchno (2001)	305 individuals with ID
O'Reilly & Lancioni (2001)	1 boy with Williams syndrome
Roberts, Mirrett, & Burchinal (2001)	39 boys with Fragile X syndrome
Skinner, Correa, Skinner, & Bailey (2001)	250 children with ID
Sudhalter & Belser (2001)	30 individuals with Fragile X, autism, or ID
Taubman et al. (2001)	8 children with ID
Temple, Jozsvai, Konstantareas, & Hewitt (2001)	35 adults with Down syndrome
Zarcone et al. (2001)	20 individuals with ID

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Fitzgerald et al. (2000)	5 individuals with PKU
Gillham, Carter, Volkmar, & Sparrow (2000)	95 individuals with autism, PDD developmental delay.
Keogh, Garnier, Bernheimer, & Gallimore (2000)	80 children with developmental d
Laushey & Heflin (2000)	2 children with autism
Liss, Fein, Bullard, & Robins (2000)	85 individuals with autism, PDD typical development
Mudford et al. (2000)	16 children with autism
Oliver, Crayton, Holland, & Hall (2000)	49 adults with Down syndrome
Robertson et al. (2000)	500 individuals with ID
Smith, Groen, & Wynn (2000)	28 children with autism or PDD
Stancliffe, Abery, & Smith (2000)	74 adults with ID
Verri, Uggetti, Vallero, Ceroni, & Federico (2000)	1 adult male with ID
Weber, Egelhoff, McKellop, & Franz (2000)	29 individuals with tuberous scler
Werner, Dawson, Osterling, & Dinno (2000)	30 individuals with autism or typ development
Zwaigenbaum et al. (2000)	2 boys with autism
Assumpcao, Santos, Rosario, & Mercadante (1999)	3 individuals with autism
Baranek (1999)	32 children with autism, developmental delay, or typical development
Coe et al. (1999)	88 children with Down syndrom typical development
Cosgrave, Tyrrell, McCarron, Gill, & Lawlor (1999)	128 individuals with Down synd
Dacey, Nelson, & Stoeckel (1999)	40 adults with ID
Duker (1999)	126 individuals with ID
El-Ghoroury & Romanczyk (1999)	9 children with autism
Freeman, Del'Homme, Guthrie, & Zhang (1999)	210 children with autism
Hannah & Midlarsky (1999)	100 siblings on individuals with
Hardan & Sahl (1999)	233 individuals with ID
Hughes et al. (1999)	24 children with ID or typical development
Jones et al. (1999)	19 adults with ID

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Matson, Breckl, Mayville, Smalls, Bamberg, & Baglio, (1999)	169 adults with ID
McDermott, Martin, Weinrich, & Kelly (1999)	252 women with ID
Murphy, Hall, Oliver, & Kissi-Debra (1999)	614 children with developmental delay, autism, or typical development
Njardvik, Matson, & Cherry (1999)	36 adults with ID
Rogers et al. (1999)	194 children with autism
Romski, Sevcik, & Adamson (1999)	13 children with ID
Sicotte & Stemberger (1999)	28 children with PDD
Stella, Mundy, & Tuchman (1999)	90 children with autism or PDD
Stone, Ousley, Hepburn, Hogan, & Brown (1999)	60 individuals with autism or developmental delay
Wall & Gast (1999)	12 adolescents with ID
Walsh & Shenouda (1999)	284 individuals with ID
Zarcone, Crosland, Fisher, Worsdell, & Herman (1999)	5 children with ID
Ashaye, Fernando, Kohen, Mathew, & Orrell (1998)	144 adults with ID
Bacon, Fein, Morris, Waterhouse, & Allen (1998)	193 individuals with autism, developmental delay, ID, and typical development
Bailey, Mesibov et al. (1998)	57 boys with Fragile X syndrome
Bailey, Hatton, & Skinner (1998)	46 boys with Fragile X syndrome
Beardsmore, Dorman, Cooper, & Webb (1998)	23 adults with Prader–Willi syndrome
Burt et al. (1998)	70 adults with Down syndrome
Carter et al. (1998)	684 individuals with autism
Chung (1998)	1 adolescent female with ID
Clare, Garnier, & Gallimore (1998)	103 children with developmental delay
Clarke, Boer et al. (1998)	6 individuals with Prader–Willi syndrome
Dawson, Matson, & Cherry (1998)	36 adults with autism, PDD, or typical development
Dawson, Meltzoff, Osterling, Rinaldi, & Brown (1998)	59 individuals with autism, Down syndrome, or typical development
Dykens & Smith (1998)	105 children and adolescents with Smith–Magenis syndrome or Prader–Willi syndrome

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Smiar (1998)	3 children with autism
Koegel, Camarata, Valdez-Menchaca, & Koegel (1998)	4 adults with ID
Lancioni, O'Reilly, Campodonico, & Mantini (1998a)	3 women with ID
Lancioni, O'Reilly, Campodonico, & Mantini (1998b)	13 individuals with Rubinstein-Taysh syndrome
Levitas & Reid (1998)	130 individuals with ID or typical development
Linuma, Minami, Cho, Kajii, & Pachi (1998)	41 adults with ID
Lowe, Felce, Perry, Baxter, & Jones (1998)	892 individuals with ID
Matson Carlisle, & Bamburg (1998)	17 girls with Fragile X syndrome
Mazzocco, Baumgardner, Freund, & Reiss (1998)	Turner syndrome
Moss et al. (1998)	201 individuals with ID
Prasher, Chung, & Haque (1998)	128 adults with Down syndrome
Prosser et al. (1998)	68 individuals with ID
Rose, Jones, & Fletcher (1998)	24 adults with ID
Spreat, Conroy, & Rice (1998)	40 individuals with ID
Stancliffe & Hayden (1998)	71 individuals with ID
Stancliffe & Lakin (1998)	187 individuals with ID
Turk & Cornish (1998)	42 boys with Fragile X, Down syndrome, or typical development
Udwin, Howlin, Davies, & Mannion (1998)	70 adults with Williams syndrome
Van Bourgondien, Reichle, Campbell, & Mesibov (1998)	52 adults with autism
Zappella, Gillberg, & Ehlers (1998)	30 individuals with autism
Borthwick-Duffy, Lane, & Widaman (1997)	67 children with ID
Boutin et al. (1997)	67 individuals with autism or ID
Dykens, Finucane, & Gayley (1997)	10 individuals with Smith-Magen syndrome
Field et al. (1997)	22 children with autism
Horrigan & Barnhill (1997)	11 male individuals with autism
Jenkins, Rose, & Lovell (1997)	39 individuals with ID
Konstantareas & Lunskey (1997)	31 individuals with autism or developmental delay
Lord et al. (1997)	319 individuals with autism

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Seal & Bonvillian (1997)	ID
Smith, Eikeseth, Klevstrand, & Lovaas (1997)	14 adolescents with autism 21 children with ID and PDD
VanMeter, Fein, Morris, Waterhouse, & Allen (1997)	children with autism, ID, or typical development
Brinton & Fujiki (1996)	44 individuals with ID
Brooke, Collacott, & Bhaumik (1996)	1 individual with ID
Cameron, Luiselli, Littleton, & Ferrelli (1996)	1 adolescent female with ID
Carpentieri & Morgan (1996)	40 children with autism or ID
Dykens et al. (1996)	29 individuals with Fragile X syndrome
Ghaziuddin & Gerstein (1996)	17 individuals with Asperger syndrome
Koegel, Bimbela, & Schreibman (1996)	17 children with autism
Lowe, Felce, & Blackman (1996)	51 individuals with ID
Luscre & Center (1996)	3 children with autism
Maaskant et al. (1996)	1602 adults with ID
Prasher & Hall (1996)	201 adults with Down syndrome
Simon, Rosen, & Ponpipom (1996)	86 individuals with ID
Smith & Van Houten (1996)	15 children with developmental delay or typical development
Turner, Realon, Irvin, & Robinson (1996)	3 individuals with ID
Waterhouse et al. (1996)	194 children with autism or PDD
Williams (1996)	25 individuals with ID
Wilson, Seaman, & Nettlebeck (1996)	60 individuals with ID
Zanolli, Daggett, & Adams (1996)	2 boys with autism

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ABS—Adaptive Behavior Scale; ABDQ—Adaptive Behavior Dem  
ADL—Activities of Daily Living; BDI—Battelle Development Invent  
Development Survey; CDER—Child Development Evaluation Repo  
Assessment Schedule; DDP—Developmental Disabilities Profile; DDQ  
Disabilities Quality Assurance Questionnaire; DLSQ—Daily Living  
DNS—Disability Needs Scale; DP-II—Developmental Profile II; ICAP—  
and Agency Planning; LDCS—Learning Disability Casemix Scale;  
Research Council Handicaps, Behavior, and Skills Schedule; OMFAQ—C  
Functioning Assessment Questionnaire; PDDBI—PDD Behavior Invento  
Adaptive Behavior Scales; SIB—Scales of Independent Behavior.

as a checklist directly by the informant. However, only three studies administered the SIB in a checklist format.

The form of the SIB/ICAP used varied among studies with frequently choosing to include the ICAP rather than the SIB. The breadth of information gathered by the ICAP and the short duration for adaptive behavior assessment, it is understandable that researchers would choose this version, particularly if adaptive behavior assessment was central to their research question. However, the shorter administration comes at the cost of less specific and descriptive information than the SIB-R provides.

The primary purpose cited for including any of these adaptive behavior scales was to provide a measure of general adaptive behavior. In terms that researchers used to describe how the scores were used, what the scores represented were variable among studies. The researchers cited “overall developmental maturity” (Baranek et al., 2005), “functional and communication abilities” (Paul et al., 2005), “intellectual disability” (Hastings, Beck, Daley, & Hill, 2005), or “adaptive quotient” (Oliver, Hall, & Murphy, 2005) as purposes for including the VABS. Much of this variability is surely due to the fact that these scales have multiple uses or that only one aspect of the scale was used in the respective study (e.g., social skills in Klin, Pauls, Schultz, & Volkmar, 2005). However, the numerous definitions of what the scales were used for cited in the identified studies also suggests that there still remains a significant amount of uncertainty or disagreement regarding the construct of adaptive behavior.

Researchers are increasingly using adaptive scales not simply for diagnostic purposes within research studies but also to evaluate differences in adaptive behaviors within groups of individuals. As noted previously, the majority of this work has focused on persons with autism. However, it is evident from reviewing Table I that many other diagnostic groups have been evaluated. This is encouraging in that it signifies that researchers have moved beyond simply evaluating intellectual differences among diagnostic categories to also examining differences among adaptive skills (e.g. Hatton et al., 2006).

Adaptive behavior scales play an important role in helping to diagnose, plan supports, or determine an individual's level of functioning. Much research has been conducted to develop specific scales and to examine the underlying construct that these scales are designed to measure. While much progress has been made in this regard, a significant amount of confusion or disagreement still appears to remain regarding the exact construct and the most appropriate way to measure it.

The construct of adaptive behavior is fundamental to any definition of ID. Current definitions of ID (e.g., DSM-IV; AAMR) include adaptive behavior as a component, but place adaptive behavior at different levels of importance. In the DSM-IV, adaptive behavior is a diagnostic requirement, but the measurement of the construct is only briefly discussed, while the AAMR definition puts a greater weight on the adaptive behavior component and specifically requires the use of assessment scales standardized for individuals with and without disabilities (Luckasson et al., 2002).

While debate may still continue, it is reasonable to conclude that adaptive behavior is a multidimensional construct (Thompson et al., 2004). The most widely used adaptive behavior scales continue to report a general composite score in addition to individual domain scores. While some researchers continue to report a general adaptive score, the trend is to evaluate differences or measure change on the more specific domain scores (Paul et al., 2004).

There are a number of unique concerns regarding the psychometric properties of tests when applied to persons with ID. First, practitioners should consider the manner in which ceiling and basal scores are established. In tests in which ceiling scores are established rapidly, the test may underestimate an individual's abilities in that domain if the skills have not yet developed to that order. Likewise, establishing a basal too early may overestimate abilities. It may not be safe to assume that the person is able to perform a task that is truly foundational to abilities that have been assessed. A second concern is the validity of the test when applying adaptive behavior scales to individuals with ID.

individuals from other cultural backgrounds is needed.

A myriad of adaptive scales have been published (Spreat, this review found that researchers over the past 10 years have three adaptive behavior scales. The scales identified most frequently were the VABS, the ABS, and the SIB/ICAP. Researchers have many other scales to measure participants' general level of adaptive behavior, but these were less frequently used to establish a diagnosis of ID, as many researchers have previous diagnoses that the individuals had received through other means.

It is unclear from this chapter the extent to which adaptive behavior scales are used by clinicians to develop individual supports for participants. However, the dearth of research studies reporting the use of adaptive behavior scales to serve this purpose is cause for concern. First, while many studies report the utility of these scales to serve this purpose, little evidence is provided to indicate how well these scales perform this task. Indeed, there is a need regarding what information provided by adaptive behavior scales is useful to the task of maximizing independence.

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## I. INTRODUCTION

Educational assessment is a vital component of the education of students with intellectual disabilities. Assessment is used to make decisions regarding educational placement, developing curriculum,

ments such as IQ tests can be used to assess the child's level of intellectual functioning. Some popular tests of intellectual functioning include the Bayley Scales of Infant Development II (Bayley, 1993) and the Stanford-Binet Intelligence Scales (fifth edition) (Roid, 2003). Criterion-referenced tests such as the Adaptive Behavior Scale-School (second edition) (Leland, 1993) and the Vineland Adaptive Behavior Scales (Vineland & Cicchetti, 1984) compare the student's levels of adaptive behavior (e.g., communication, social skills, daily living skills) to a predetermined level of mastery for a particular chronological age. Norm-referenced tests are described in great detail in Chapters 2 and 3 and will not be discussed further in the current chapter.

The other major purpose of educational assessment is to monitor student development and evaluation of a student's curriculum. This type of assessment is usually called an *informal* or *functional* assessment. Informal assessment is coordinated by the student's teacher(s). Information is gathered in a systematic manner from relevant others such as parents, paraprofessionals, and from other professionals such as occupational therapists, speech therapists, and psychologists. The student is also observed in relevant school settings (e.g., in the resource classroom, in the regular classroom, during field trips, and in community settings such as the grocery store). This systematic information-gathering process is used to identify functional skills that can be translated into a curriculum. The skills identified should be objective and measurable which allows for ongoing monitoring of student progress throughout the academic year.

In this chapter we will focus on the process of conducting a functional assessment of the student's environment in order to develop a curriculum that is amenable to ongoing evaluation.

## II. LEGISLATION AND EDUCATIONAL ASSESSMENT

Educational assessment in public schools is profoundly influenced by legal requirements that have been enacted in legislation. The Individuals with Disabilities Education Act (IDEA, 1990; IDEA Amendments)

live educational environment; (f) access to the general education curriculum; and (g) student involvement in the creation of the individualized education plan (IEP). Of specific interest are the guidelines that IDEA provides regarding the development and evaluation of curricula for the child.

If tests of IQ or adaptive behavior scales are used they must be used on a non-discriminatory basis. Additionally, tests must be administered in the child's native language or primary mode of communication, if that is not feasible. The tests used must be valid and administered according to the instructions by a trained professional. A variety of assessment tools may be used to determine appropriate educational placement and the student's curriculum. Educational placement decisions cannot be based on the basis of a single test.

Students with disabilities are entitled to an individualized education plan (IEP). This means that the educational goals for a student must be developed on an individual basis and must reflect the unique educational needs of the student. The IEP is developed by a team of individuals including the student, educational professionals. Parents should play a central role in the process. Other key individuals involved in the process include the special educator, regular educator, and other disciplines that will be involved in the monitoring and delivery of the program. As the student's needs change, the makeup of this IEP team will change with the changing needs of the student. For example, transition specialists or vocational specialists will become involved once the student reaches the age of 14. At this point the student should begin to prepare for adult life.

Educational goals of the IEP should be objective and measurable and should be reviewed on an ongoing basis in order to determine whether the student is making progress toward the goals. Educators are required to use tools and strategies to monitor and evaluate whether the student's educational needs are being met. The IEP goals must be amenable to continuous assessment. IDEA specifically requires that ongoing data be generated in the form of progress reports that this data should inform decision-making of the educational team. The student's educational goals are typically evaluated on an annual basis by the team, including the parents. At this annual meeting new goals are determined and earlier goals may be revised if the student is not making progress.

relatively recent developments in person-centered approaches (O'Brien, O'Brien, & Mount, 1997), effective and efficient strategies for choice and preference (Cannella, O'Reilly, & Lancioni, 2000), and an emphasis on self-determination (Wehmeyer & Sands, 1999). Students with severe and multiple disabilities should have some level of involvement in their own assessment process. We will discuss these assessment strategies in the later sections of the chapter.

IDEA stipulates that the student's education should occur in the least restrictive environment. This means that to the maximum extent appropriate, the student should be educated with nondisabled peers. The law also stipulates that removal from the regular classroom should only occur if the student cannot succeed in the regular classroom even with the use of supplementary aids and support services. Furthermore, IDEA also requires that students with disabilities participate to some degree in the general curriculum and that state assessments are adapted to assess performance on this curriculum. Access to the general curriculum by students with intellectual disabilities is also required by the Child Left Behind Act (2001). These legislative requirements specify standards with regard to IEP objectives and assessment strategies. Modifications must be made to adapt educational goals from the regular curriculum to meaningful ways for students with intellectual disabilities. Additionally, assessment strategies must be adapted to incorporate regular curriculum goals within ecological or functional assessments.

Finally, IDEA identifies procedures for the assessment and management of students with intellectual disabilities who engage in challenging behaviors. As many as 20% of individuals with intellectual disabilities exhibit challenging behaviors such as property destruction, self-injury, and aggression (O'Brien, Arthur, & O'Reilly, 2003). Schools are required to conduct a functional behavioral assessment of the student's challenging behavior and develop a behavioral support plan based on the results of this assessment. It is important to note here that functional assessment has a very important role when it comes to dealing with challenging behavior. Functional behavioral assessment of challenging behavior describes a series of assessment strategies that are designed to identify what may be influencing a student's behavior.

assessment that is congruent with the assessment parameters of this current legislation.

### III. THE PROCESS OF ASSESSMENT

As mentioned previously, informal or functional assessments are conducted for two major reasons. First, such assessments are used to determine educational goals for the student for the upcoming year. In other words the student's curriculum is determined via these assessments. Second, student performance is continuously assessed during the school year to ensure he or she is making adequate progress toward educational goals. The major steps of educational assessment are discussed in the following sections.

#### A. Determining the Student's Current Strengths

The first step of any educational assessment is to get a comprehensive picture of the student's current levels of performance. For students with intellectual disabilities it is important to assess performance within academic, leisure, domestic, and community domains. One of the primary reasons for call for this information is to interview the previous teacher to obtain the student's IEP from the previous year. The IEP will outline the student's educational goals and instructional objectives. It is usual practice to review what educational goals were targeted in the IEP, whether they were met, and what instructional objectives remain to be achieved. This does not mean saying that educational goals from a previous IEP are automatically transferred to a current IEP. However, it may be helpful in discussing previous IEP goals with parents and previous teachers to determine whether they might be continued in the current IEP. It is also helpful to review formal assessment results (i.e., IQ and achievement tests) to get an overall view of the student's intellectual functioning. This information can be helpful in determining

It is a legal requirement that parents be involved in developing their son or daughter. Specifically, parents should be present at the IEP meeting to provide input about educational goals and to approve the IEP. This process can sometimes be daunting for parents who may feel uncomfortable expressing their opinions among a group of professionals. It is important that interviewers place the parents at ease. The IEP assessment process is invaluable. Also, instructional programs should span school, community, and family environments. Instruction made within a school environment may ultimately prove futile if parents are not working on these same goals with their child (Snell & Brown, 2004). Snell and Fox (2004) offer a set of guidelines for interviewing parents. These guidelines should enhance a respectful and productive process for most families.

The purpose of this initial interview(s) is to determine the parents' expectations in terms of educational goals for their child. It may be helpful for the interviewer to meet individually with the parents prior to the IEP meeting to establish a trusting relationship and to inform parents of the IEP and the educational planning process. Parents can be prepared for the subsequent IEP meeting with a list of educational goals that will be addressed for the upcoming academic year.

Several strategies for planning the educational goals of students with intellectual disabilities have been proposed during the last few decades. [Westling and Fox (2004) for a detailed review of these practices.] Typically, these strategies are typically called Person-Centered Planning. The more popular person-centered planning approaches include: Futures Planning (Mount & Zwernik, 1988); the McGill University System (Vandercook, York, & Forest, 1989); and Choosing and Accommodating for Children (Giangreco, Cloninger, & Iverson, 1990).

While each of these person-centered planning approaches varies along among a number of dimensions, they have a number of common characteristics. The person with intellectual disabilities is central,

- arrange child care for their child or children during the time of the
5. Avoid using professional jargon and displaying an air of arrogance for the parents and be very open to their thoughts and opinions and listen to their talk.
  6. Arrive on time for scheduled meetings and only stay for a reasonable time, usually no more than an hour.

*Source:* Westling and Fox (2004), Figure 6–1.

FIG. 1. Suggestions for interviewing parents.

they are actively involved, in all planning meetings. If the individual is unable to communicate for himself, a friend or relative to interpret the person's wants and needs will facilitate communication at the meetings. A series of meetings and not a single meeting is needed for the group to develop an initial person-centered plan. In addition to the individual typically required to attend IEP meetings the individual's circle of friends should also be present. This circle of friends includes individuals such as fellow students, additional family members such as grandparents, and other individuals who have personal and ongoing involvement with the individual. The meetings then revolve around who the individual is (i.e., in the family, the classroom, among peers, in the community). Each meeting, the strengths or goals for the individual are shared. The barriers to achieving these goals are discussed. Strategies for overcoming these barriers for achieving these goals are then identified by the group.

of widespread uptake of person-centered planning might be a time-consuming process.

### C. Incorporating Student Preference and Choice

Actively involving students with intellectual disabilities in the instructional, and evaluation process of their own education agenda both in current educational legislation and in the professional literature (Snell & Brown, 2006; Wehmeyer). In fact, the person-centered planning process outlined in the places the student at center stage when determining IEP goals are to involve students in determining their own IEP goals and their own progress then strategies for acknowledging student incorporating student choice making must be included in the important to clarify what is meant by choice and preference activity or behavior of engaging with an item, activity, or setting is said to be present when someone consistently chooses an setting. Choice and preference are therefore inextricably linked vehicle through which preferences are expressed.

While many students with intellectual disabilities are capable of making their own choices, other students with more severe disabilities have limited communication skills. This condition should not prevent students from active involvement in the assessment process. There is a wealth of empirical literature that has documented a variety of assessment strategies for determining choice and preference for students with severe disabilities (Cannella, O'Reilly, & Lancioni, 2005; Lancaster & Emerson, 1996). Teachers should be familiar with and use such assessment protocols to help determine IEP goals and instructional strategies. Choice and preference assessments should be incorporated on an ongoing basis throughout the academic year to give students to give them continuous opportunities to make choices and identify new preferred items or activities. Additionally, persons with profound multiple disabilities are capable of making choices.



multiple disabilities appear happier when they have the opportunity to make choices and engage in preferred activities or with preferred activities (Lancioni, O'Reilly, Compodonico, & Mantini, 1998; Lancioni, O'Reilly, & Oliva, 2002). Challenging behavior can be reduced when students have opportunities to make choices and engage in preferred activities (Lancioni et al., 2005). Finally, active student involvement and student engagement seem to increase when students have the opportunity to choose to engage in preferred activities (e.g., Hughes, Pitkin, & Lorden, 1998).

A number of choice assessment strategies are presented in Table 1. In addition to selecting any of these strategies the teacher should have a clear understanding of how the student indicates choice versus avoidance, positive versus negative emotions. This information can be obtained by observing the student over an extended period of time and/or interviewing the student and significant others. Approach responses can include smiling, moving toward an item, looking at the item consistently, touching the item, and so on. Avoidance responses may include such as not paying attention to the item, actively pushing the item away, looking away from the item, and so on. Positive affect might include smiling, giggling, and positive noises (as reported by significant others). Negative affect might include crying, screaming, moaning, and so on (as reported by significant others). Items that are consistently chosen and are associated with positive affect may be considered preferred. These behaviors can be assessed systematically across different activities to gain a comprehensive picture of the items, settings, and activities that are preferred by the student. Additionally, assessments need to be conducted in natural classroom or community settings (i.e., where the student is during the academic year) and the stimuli or activities to be assessed need to be age-appropriate and reflect appropriate educational objectives.

Probably the simplest and most efficient assessment procedure to identify preferred items for students with severe disabilities is the brief preference assessment developed by Roane, Vollmer, Ringdahl, and Anderson (1997). First, a series of items (~10 items) are identified that are likely to be preferred via interviews with parents, previous teachers, and so on.

access of the student. The student then has the opportunity to select the preferred items as she or he so wishes for 5 min. Every 10 sec during the trial, the teacher should record what items the student is manipulating. The most preferred items would be the top three or four most manipulated items. This simple assessment can be used to identify the most preferred items at the IEP planning stage. Additionally, this type of assessment could be used on a weekly basis during the school year to identify and record student preferences.

To assess preference for activities or settings it is necessary to place the student in a setting or engage the student in the task and then observe their levels of engagement and indices of happiness. O'Reilly, and Moon (1993) assessed preference for support opportunities with four transition-aged students with autism and intellectual disabilities (janitorial, house keeping, dish washing). Prior to the assessment the authors identified how each of the students expressed positive and negative affect by interviewing parents and by observing each of the students when they were engaged in their leisure activities (which presumably would be associated with positive affect). Each of the students was observed on a number of occasions as they performed each of the three jobs. Student preference for each job was determined by measuring their levels of positive affect (e.g., positive noises) and negative (e.g., hand biting, crying) affect while they performed each of the jobs. Each of the three students demonstrated different preferences. Such systematic assessments could also be used for classrooms tasks (academic, leisure) or instructional formats (individual versus group instruction).

When evaluating the results of preference assessments on classroom tasks, the teacher should consider possible setting events that may have temporarily altered the student's performance. For instance, if a student has been placed on a higher dose of seizure medication a few days before the preference assessment, the student may be more lethargic than usual and could have dampened, or unusual responses.

teacher will have the opportunity to access the results of from the student's file. The educational psychologist will be the teacher to the adaptive behavior assessment and explain

Adaptive behavior scales are designed to provide a general student's levels of performance in many major areas of daily living, the areas that are typically assessed using adaptive behavior scales are daily living skills, social skills, motor skills, and communication skills. Adaptive behavior scales can give a general impression of a student's performance (relative to nondisabled students of his or her age) and can be helpful in guiding discussion of IEP objectives. For example, a student may perform well on communication skills but may possess very low scores on other areas. There may therefore be a need to place more emphasis on functional skills goals for instruction over communication skills goals for the academic year.

Some adaptive behavior scales such as the Vineland Adaptive Behavior Scales (Sparrow et al., 1984) are very specific in terms of identifying what the student can and cannot do in the various domains (e.g., daily living, communication, and social skills). It may be helpful to suggest specific skills for instruction within each of the performance domains based on a review of the student's performance on the Vineland Adaptive Behavior Scales. On the other hand, adaptive behavior scales may not be as helpful in terms of identifying instructional objectives with students who have found multiple disabilities. These students may be functioning at a level such that these scales may pick up very little in terms of their functional skills, resulting in a flat performance profile across all performance domains.

There are a variety of commercially available curriculum guides and skills guides that may be worthwhile consulting when developing IEP objectives. Similar to our discussion of the adaptive behavior scales, these guides might be helpful in prompting the team, including parents and other members to select functional age-appropriate goals. For example, Wilcox and Bellamy (1987) published an activity

for age-appropriate functional goals for students with severe disabilities.

## E. Conducting an Ecological Assessment

One of the most popular and enduring forms of functional assessment is that of the ecological inventory. This process of assessment was first described in a seminal paper by Brown et al. (1979) and continues to be widely used as a method of informal assessment for students with intellectual disabilities (Brown & Brown, 2006; Westling & Fox, 2004). Ecological assessment involves the identification of the major environments in which the student will function in the upcoming academic year. The skills that the student requires to perform in those environments are identified and the tasks that are prioritized are then included as IEP goals for the upcoming academic year. This assessment process ensures that functional skills are selected for instruction. The reason for this is that the assessment begins with identifying real world environments and then classifying the student needs to independently function in such environments. The goal for all students (especially those with more severe disabilities) is to be able to independently function in many of these environments. The ecological assessment process does identify functional and age-appropriate skills that the student can participate with proper support.

In the last section we suggested that curriculum-based assessment and adaptive behavior scales might serve a similar purpose as the ecological inventory (i.e., identification of functional and age-appropriate skills). A significant advantage of the ecological inventory over list-based assessment activities is that it actually involves systematically observing the student in each of the targeted environments to develop an individualized profile of that student's strengths and needs in each particular setting. One of the advantages of the ecological inventory is more flexible than, for example, a list-based assessment (Wilcox & Bellamy, 1987), which outlines a predetermined set of performance expectancies in each environment (i.e., work, leisure, and so on).

be seen as supplements to an ecological inventory.

An ecological inventory begins with identifying a number of domains that are important to the student and are functioning for the student. These domains should include environments in which the student currently functions or will function during the next academic year. These domains usually include school, leisure, and vocational. There is some flexibility with regard to the domains included in the assessment. For example, the vocational domain would not be relevant for a young child. Once domains are selected for a student, the next step is to identify the critical activities within these environments and the skills required to perform those activities. The assessment involves a five-step process:

1. Identify the core performance domains
2. Identify the environments in each of the domains
3. Divide the environments into subenvironments
4. Identify the critical activities within each subenvironment
5. Assess student performance on each of the critical skills

These five steps of an ecological assessment are outlined in the following sections. An example of using the ecological assessment for a student with severe disabilities is incorporated to help clarify the process.

*Step 1: Identify the core domains.* The core domains include the critical activities and/or environments in which a person functions. At an earlier time, not all domains may be as relevant to a student at a particular time in their lives. At any point in time in a person's life some domains may be more important than others. Prior to an ecological assessment, the assessor and the student come to an agreement as to what domains should be included in the assessment and what domains may have priority. This task of selecting, and prioritizing life domains can be completed as part of the person-centered planning process.

*Example: Shane is a 10-year-old boy with severe disabilities who is currently attending fifth grade at a regular elementary school in a large city in the southwest United States. He is ambulatory but is confined to a wheelchair.*

centered planning process included enhancing Shane's communication skills, increasing his overall skills/participation during leisure activities, and was selected for ecological assessment for Shane for the upcoming IEP. The domains included Leisure/recreation, School, Community, and Domestic.

*Step 2: Identify the environments within each domain.* The purpose of the ecological assessment is to identify the environments within each domain in which the student learns, plays, and lives. This should not be a comprehensive search of all environments in each domain. Again, the student and family should agree on core environments within each domain. This should allow for a clearer focus on instructional needs and supports. Additional environments will require later in the process within each domain.

*Example: The environments within each domain are outlined in Table I for Shane. There are more environments included under the Leisure/recreation domain than in the other domains. This emphasis on leisure environments reflects the agenda of the previous person-centered plan for Shane. There is some overlap, with some environments included in several domains. Because environments overlap across domains it means that these are priorities for instruction and support for the student. These environments should have a particular emphasis when developing IEP goals and objectives.*

**TABLE I**  
**CORE DOMAINS AND ENVIRONMENTS WITHIN EACH DOMAIN**

Core domains	Leisure/recreation	School	Domestic
Environments	Joe's restaurant YMCA Louie's go-carts, pizza and more Home Ridge River Elementary School	Ridge River Elementary School	Home Grandmother's home

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*Step 3: Divide the environments into subenvironments.* The goal is to take each environment identified and break it into subenvironments. Each subenvironment will reflect a particular set of skills or activities that the student is required to participate or function independently.

*Example: The subenvironments for each of the leisure environments identified in Table II for Shane. For example, Shane goes to Joe's restaurant one week with his dad and a friend from school. The major subenvironments that Shane engages in activities at Joe's restaurant are at the table and in the waiting area. He goes to the YMCA with his sister one week to swim. The main subenvironments in which he engages in activities at the YMCA include the changing area, pool, shower, and bathroom.*

*Step 4: Identify critical activities within each subenvironment.* The goal is to list all of the activities that are required by the student to function in that subenvironment. These activities should be skills that the typical peer would be able to perform in that subenvironment. When conducting an assessment of the activities within each environment it is recommended that communication, choice, and social skills should be included. Traditionally, ecological assessments have not included social skills within the assessment process. More recent research has demonstrated the importance of teaching communication skills within ongoing natural routines (Sigafos, Arthur-Kelly, & Berman, 2005). Additionally, it is important to include opportunities for choice within ongoing activities (Cannella et al., 2005). Therefore, the activities identified within this example of an ecological assessment reflect the goal of enhancing choice and communication skills for these students.

*Example: The critical activities in each subenvironment are listed in Table III. Restaurant in Table III. There are a variety of activities within each subenvironment. Some activities differ across each subenvironment but others are common to all subenvironments and common environments should indicate that the*

*and activities should have priority when it comes to developing instruction for the upcoming academic year. It is also important to note that there are many skills (e.g., greeting people), choice (e.g., selecting from the menu), communication (e.g., ordering food), and self-help (e.g., appropriately using a fork and knife) that should be prioritized for instruction. (Shane).*

*Step 5: Assess student performance on each of the critical skills.* In each step of the ecological assessment the teacher must describe the student's performance on each activity in such a manner that it can be used to plan instruction. This step involves describing, in overt terms, what a student must do in order to perform each activity appropriately. Once this step is completed, the teacher can obtain a clear picture of the student's performance on each of the activities. In other words, the teacher can now observe the student perform these behaviors in the targeted environments and settings. This assessment can therefore allow the IEP team to plan instruction based on the student's strength (e.g., the student possesses many of the behaviors targeted in the activity) and weakness (e.g., the student may have difficulty performing a targeted activity). Areas of strength may need less instructional input, whereas the student will need ongoing instruction on the areas of weakness. The teacher is again able to prioritize instruction based on this level of the assessment for the upcoming academic year.

Skills identified in each subenvironment can typically be discrete behaviors or complex chains of behavior. A discrete behavior might include a communication or social skill. For example, a student may learn to greet the teacher ("Good morning, Ms. Shea"). This skill occurs within a very specific context (when the student first sees the teacher in the morning). Other skills may include complex chains of behavior. For example, the skill of hand washing may include turning on the water, wetting the hands, applying soap, scrubbing the hands, and rinsing the hands.



instructional strategies might be best suited to teach different discussion of matching instructional strategies to targeted skills. The scope of this chapter (see Snell & Brown, 2006).

*Example: Two of the critical skills, choosing/ordering from a menu and eating with a fork, are presented in Tables IV and V, respectively. Shane chooses two preferred breakfast options on his AAC device (a picture of a pie versus a picture of bacon and eggs). When the server greets him with his order, Shane must choose from one of these breakfast options. He chooses between milk and orange juice in a similar fashion. When the meal is served, Shane's dad cuts the food into bite-sized pieces and then uses his fork to eat the food. He is learning to use a fork. Fork use is broken into a chain of responses. His performance on these behaviors on two occasions. On both occasions he ordered appropriately (see Table IV). He is experiencing some difficulty, especially holding the fork appropriately (see Table V).*

#### IV. ONGOING ASSESSMENT

Up until this point in the chapter we have discussed a set of strategies that can be used to identify and prioritize meaningful and measurable educational goals for students with intellectual disabilities. Equally important is to establish a method of ongoing assessment of educational goals throughout the academic year. It is important to assess educational objectives

TABLE IV  
CHECKLIST FOR USING AAC DEVICE TO ORDER BREAKFAST

	4/1
Makes meal choice at appropriate time	+
Makes drink choice at appropriate time	+

The “+” sign indicates that the skill was performed correctly.

Put fork in mouth	+
Close lips around food	+
Remove fork, leaving food in mouth	+
Bring fork down and places on plate	+
Chew and swallow food completely	+
Repeat steps 1–9 as necessary	–

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The “+” sign indicates that the step was performed correctly while the “–” the step was performed incorrectly.

basis for a number of reasons. First, it is required by the I that that ongoing assessment of student performance be con ongoing assessment allows for data-based documentation ress on the identified educational goals throughout the aca very important to have a clear overall picture of where the s progress and where he or she may be experiencing difficulties example, a student may achieve some educational objectives circumstances new educational goals should be selected. In the student may not be making adequate progress on educat may indicate that the goals were not appropriate (e.g., t perhaps the instructional strategies were not adequate. In su alternative educational goals may be selected, the current e may be subdivided into more manageable educational goa instructional strategies may be evaluated. Second, ongoing vides stakeholders (e.g., parents) with frequent feedback as performance. For example, the student’s performance migh weekly by the teacher and provided to the family in written

The strategies identified for selecting educational goals ca provide an ongoing assessment of student progress during th For example, the process of ecological assessment result objectively defined discrete behaviors (e.g., communication and complex chains of behaviors (e.g., domestic, vocational, skills). The end result of an ecological assessment (e.g., targeted skill clusters) allows the teacher to objectively meas of these skills on an ongoing basis. We also mentioned earli

in preference. Finally, it is important to assess skills that have been mastered during the year and assess for maintenance of skills. It is often the case that skills may not maintain at criterion performance and may need further instruction.

## V. SUMMARY

Educational assessment is a very important process for students with intellectual disabilities. Assessment is used to determine student strengths and weaknesses to create an appropriate curriculum for the student, and to monitor student progress during the academic year. Much of the educational assessment process is mandated by legislation. In this chapter we focus on the ecological or functional assessment process that is used to determine the appropriate age-appropriate curriculum for a student. Several key features of the assessment process were highlighted. For example, it is important to involve the student and the student in an active and meaningful way in the planning process. A person-centered planning model of curriculum development is helpful in this respect. Strategies for assessing student preferences and interests should also be used in the curriculum development and ongoing assessment process. Educational goals stemming from the person-centered planning process should then be translated into observable skills and objectives for instruction using an ecological assessment process. Finally, the skills identified during the ecological assessment should be measured and assessed on a regular basis during the academic year to assess student progress and to adjust the curriculum in the educational goals as needed.

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