# Theory and Social Research

PMCb1005 Basics in social research methodology

## Aim of this lecture

Role of theory

Inductive and deductive research

Causality

Variables

# What is NOT a theory

Theory is not just another opinion

Theory is not a belief

Theory is not a philosophy

• Theory is not a preference

# Theory

It states and presumes what is and not what should be

Theories cannot settle normative debates about values

- Lionel Messi or Cristiano Ronaldo?
- Star Wars or Star Trek?
- Pizza without pineapple or pizza with pineapple?



# Mirror, Mirror on the Wall, Who's the Fairest of Them All?



How would an ordinary (magic) mirror come to its answer? What if the mirror was a scientist?

## It is all about regularities

The aim of social research is to seek patterns in social world

Similar but not the same as natural sciences

• Despite differences among individuals, social regularities exist

## Objections to social regularities

- The charge of triviality
  - Is social science the Captain Obvious among sciences?

- Exceptions
  - Do not forget the probabilistic logic we have to use

- People can interfere
  - Our observations do not aim to anger the social scientists
  - Some warnings however remain the Enron case and business talk





## Individuals or aggregates?

Difference between what we observe and what we study

Ambition to find social regularities

Ambition is not to understand every human being's behaviour

This brings us back to theories

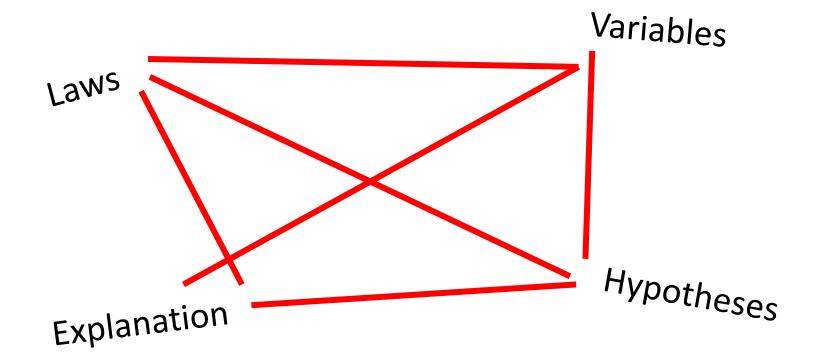
# Theory

 A systematic explanation for the observations that relate to a particular aspect of life (Babbie)

 A theory about a substantive issue or phenomenon; its function is to describe and explain (Punch)

 General statement that describes and explains causes and effects of phenomena (Van Evera)

# Elements of theory



## Theory

'Nothing more than a set of connected causal laws or hypotheses'

Van Evera 2000, p. 12

• Basic elements we use in science

Sets of attributes

Their values are likely to vary (vs constants)

- Unlimited number of examples
  - Age, partisan affiliation, unemployment rate, eye colour, e-mail address,
    Olympic medals, temperature, speed

Important to distinguish

#### Independent variable

- The expected cause within a causal relationship we analyse
- Also called explanatory (they explain an outcome)

#### Dependent variable

- The expected consequence within a causal relationship we analyse
- Also called response/outcome variable

Identify the independent (IV) and dependent (DV) variables

There's no smoke without fire

• Higher unemployment reduces political trust towards elites

Attending lectures leads to better score in the final exam

 $A \rightarrow q \rightarrow r \rightarrow B$ 

Other types of variables

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- Intervening variable
  - Placed between IV and DV
  - Eating a lot of sugar → toothache → more intense mouth hygiene
- Condition variable
  - Affects the size of effect the IV has on DV
  - Rising unemployment (IV) decreases trust towards elites (DV) but only if the state does not offer substantial social benefits to the unemployed





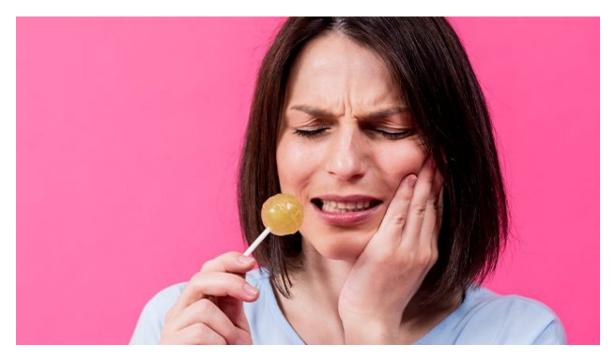
# Causality

 The relationships of variables based on logic of causes and consequences

- Criteria:
  - Association
  - Time order
  - No spuriousness
- Causal effect how a change in IV affects the value of DV
- Causal mechanism explanation of the causal effect

# Causality







## What is a good theory?

- Large explanatory power
  - Large effect of IV on DV
  - Less restrictions concerning conditions of the causal effect

- Parsimonious theory
  - Uses small number of variables to explain the effect

Friends or enemies?

# What is a good theory?



#### Satisfying and clearly framed

- Satisfies peoples' curiosity
- Does not point to a familiar cause
- We lost the match because we scored less points
- I won the Nobel prize because the Nobel Committee decided so
- Describes the effect in a clear and transparent way
- Campaigns affect voting behaviour
- Waking up early prolongs life

# What is a good theory?

#### Falsifiable

- There are (potential) data to test the theory
- No ability to test → no scientific theory

#### Explains important issues

• So what?

#### Has prescriptive richness

- Allows to presume consequent development
- Especially accounts for IVs we can control and manipulate
- Eating too much sugar damages your teeth
- More math classes in schools increase financial abilities of the society
- Heavy rainfalls decrease turnout in elections

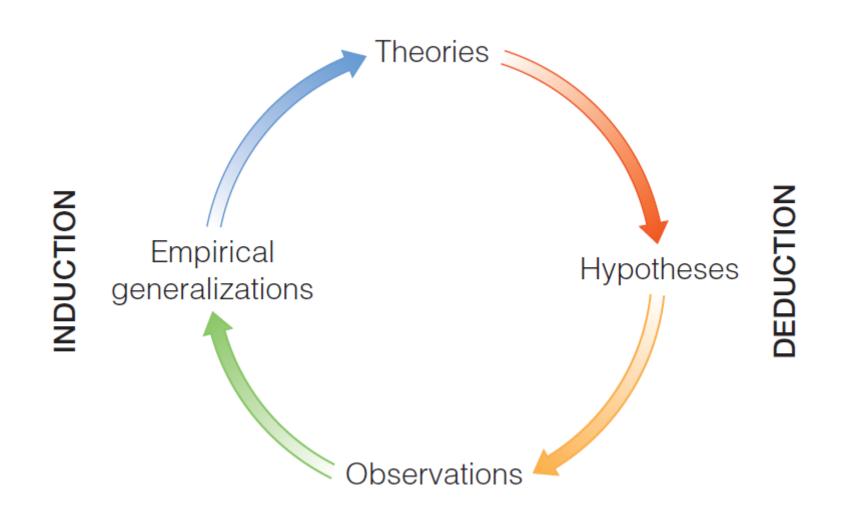
## Working with theories

- Generating theories
  - Outliers what do usual causes not work here?
  - Extreme cases why is the effect so small/large here?
  - Unknown causes
  - Counterfactual analysis (<a href="https://www.youtube.com/watch?v=0lpY0Kt4bn8">https://www.youtube.com/watch?v=0lpY0Kt4bn8</a>)

- Testing theories
  - Experiments
  - Observation

## Inductive and deductive research

(Babbie 2016 / Wallace 1971)



## Inductive research

From particular to general

- A search for patterns and regularities
- Starts with questions, ends with theories

- Typically associated with:
  - Generating theories
  - Qualitative research
  - It is not a rule!

## Deductive research

- From the general to the specific
- Starts with a theoretically built pattern (theory)
- Sets specific hypotheses
- Uses data to test whether the hypotheses (theory) fit the reality
- Typically associated with:
  - Testing theories
  - Quantitative research
  - It is not a rule!

Inductive approach	Deductive Approach
Questions, observation, data collection	Theories → hypotheses
Search for regularities and patterns	Testing hypotheses
Generalization, new theories	Confirmation/rejection of theories