

## Perceived Restorativeness Scale (PRS) (Hartig, Evans, Korpela & Garling, 1997)

Please indicate on the 7-point scale the extent to which the given statement describes your experience in the setting (0 = Not at all; 6 = Completely).

0. 1. 2. 3. 4. 5. 6.

- |                          |                          |                          |                          |                          |                          |                          |   |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Being here is an escape experience.                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Spending time here gives me a break from my day-to-day routine.           |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It is a place to get away from it all.                                    |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Being here helps me to relax my focus on getting things done.             |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Coming here helps me to get relief from unwanted demands on my attention. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | This place has fascinating qualities.                                     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My attention is drawn to many interesting things.                         |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I want to get to know this place better.                                  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There is much to explore and discover here.                               |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I want to spend more time looking at the surroundings.                    |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | This place is boring.   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The setting is fascinating.   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There is nothing worth looking at here.                                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There is too much going on.   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It is a confusing place.  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There is a great deal of distraction.                                     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It is chaotic here.   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Being here suits my personality.  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I can do things I like here.  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I have a sense that I belong here.  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I can find ways to enjoy myself here.                                     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I have a sense of oneness with this setting.                              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There are landmarks to help me get around.                                |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I could easily form a mental map of this place.                           |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It is easy to find my way around here.                                    |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It is easy to see how things are organized.                               |

The current version of the Perceived Restorativeness Scale (PRS) is comprised of the 26 items below. Participants make their responses using a 7-point scale to indicate the extent to which the given statement describes their experience in the given setting (0 = Not at all; 6 = Completely).

The items are grouped by subscale membership (Being Away, Fascination, Coherence, and Compatibility, respectively):

1. Being here is an escape experience. \*
2. Spending time here gives me a break from my day-to-day routine. †
3. It is a place to get away from it all.
4. Being here helps me to relax my focus on getting things done.
5. Coming here helps me to get relief from unwanted demands on my attention.
  
6. This place has fascinating qualities. \*
7. My attention is drawn to many interesting things. \*
8. I want to get to know this place better. †
9. There is much to explore and discover here. \*
10. I want to spend more time looking at the surroundings. †
11. This place is boring. (-)
12. The setting is fascinating.
13. There is nothing worth looking at here. (-)
  
14. There is too much going on. (-) \*
15. It is a confusing place. (-) \*
16. There is a great deal of distraction. (-) \*
17. It is chaotic here. (-) \*
  
18. Being here suits my personality. \*
19. I can do things I like here. \*
20. I have a sense that I belong here. \*
21. I can find ways to enjoy myself here. †
22. I have a sense of oneness with this setting. \*
23. There are landmarks to help me get around. ‡
24. I could easily form a mental map of this place. ‡
25. It is easy to find my way around here. ‡
26. It is easy to see how things are organized. ‡

Notes: (-) - an item for which the value must be reversed in coding; \* - the item is from the earlier PRS and is in its original form; † - the item is from the earlier PRS but is in a revised form; ‡ - the item was designed to represent legibility.

