

"For anyone in their fifties, sixties, or beyond,
a new way to think about the rest of your life."

—Alix Kates Shulman

GO ON UP

**THE TRUTH ABOUT AGING IN THE
TWENTY-FIRST CENTURY**



Lillian B. Rubin, Ph.D.

Author of Intimate Strangers and Just Friends

Ústřední knihovna FSS MU Brno



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For Marci and Hank

*And for all those everywhere
who are struggling with this new stage of life.*

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