three different variable types. We then explain that, despite the imperfect nature of the distinctions among these three variable types, we are forced to choose between two broad classifications of variables – categorical or continuous – when we describe them. The rest of this chapter discusses strategies for describing categorical and **continuous variables**.

5.8 WHAT IS THE VARIABLE'S MEASUREMENT METRIC?

There are no hard and fast rules for describing variables, but a major initial juncture that we encounter involves the metric in which we measure each variable. Remember from Chapter 1 that we can think of each variable in terms of its label and its values. The label is the description of the variable – such as "Gender of survey respondent" – and its values are the denominations in which the variable occurs – such as "Male" or "Female." For treatment in most statistical analyses, we are forced to divide our variables into two types according to the metric in which the values of the variable occur: categorical or continuous. In reality, variables come in at least three different metric types, and there are a lot of variables that do not neatly fit into just one of these classifications. To help you to better understand each of these variable types, we will go through each with an example. All of the examples that we are using in these initial descriptions come from survey research, but the same basic principles of measurement metric hold regardless of the type of data being analyzed.

5.8.1 Categorical Variables

Categorical variables are variables for which cases have values that are either different or the same as the values for other cases, but about which we cannot make any universally holding ranking distinctions. If we consider a variable that we might label "Religious Identification," some values for this variable are "Catholic," "Muslim," "nonreligious," and so on. Although these values are clearly different from each other, we cannot make universally holding ranking distinctions across them. More casually, with categorical variables like this one, it is not possible to rank order the categories from least to greatest: The value "Muslim" is neither greater nor less than "nonreligious" (and so on), for example. Instead, we are left knowing that cases with the same value for this variable are the same, whereas those cases with different values are different. The term "categorical" expresses the essence of this variable type; we can put individual cases into categories based on their values, but we cannot go any further in terms of ranking or otherwise ordering these values.

5.8.2 Ordinal Variables

Like categorical variables, **ordinal variables** are also variables for which cases have values that are either different or the same as the values for other cases. The distinction between ordinal and categorical variables is that we *can* make universally holding ranking distinctions across the variable values for ordinal variables. For instance, consider the variable labeled "Retrospective Family Financial Situation" that has commonly been used as an independent variable in individual-level economic voting studies. In the 2004 National Election Study (NES), researchers created this variable by first asking respondents to answer the following question: "We are interested in how people are getting along financially these days. Would you say that you (and your family living here) are better off or worse off than you were a year ago?" Researchers then asked respondents who answered "Better" or "Worse": "Much [better/worse] or somewhat [better/worse]?" The resulting variable was then coded as follows:

- 1. much better
- 2. somewhat better
- 3. same
- 4. somewhat worse
- 5. much worse

This variable is pretty clearly an ordinal variable because as we go from the top to the bottom of the list we are moving from better to worse evaluations of how individuals (and their families with whom they live) have been faring financially in the past year.

As another example, consider the variable labeled "Party Identification." In the 2004 NES researchers created this variable by using each respondent's answer to the question, "Generally speaking, do you usually think of yourself as a Republican, a Democrat, an independent, or what?"²⁰ which we can code as taking on the following values:

- 1. Republican
- 2. Independent
- 3. Democrat
- ²⁰ Almost all U.S. respondents put themselves into one of the first three categories. For instance, in 2004, 1,128 of the 1,212 respondents (93.1%) to the postelection NES responded that they were a Republican, Democrat, or an independent. For our purposes, we will ignore the "or what" cases. Note that researchers usually present partisan identification across seven values ranging from "Strong Republican" to "Strong Democrat" based on follow-up questions that ask respondents to further characterize their positions.

If all cases that take on the value "Independent" represent individuals whose views lie somewhere between "Republican" and "Democrat," we can call "Party Identification" an ordinal variable. If this is not the case, then this variable is a categorial variable.

5.8.3 Continuous Variables

An important characteristic that ordinal variables *do not* have is **equal-unit differences**. A variable has equal unit differences if a one-unit increase in the value of that variable *always* means the same thing. If we return to the examples from the previous section, we can rank order the five categories of Retrospective Family Financial Situation from 1 for the best situation to 5 for the worst situation. But we may not feel very confident working with these assigned values the way that we typically work with numbers. In other words, can we say that the difference between "somewhat worse" and "same" (4–3) is the same as the difference between "much worse" and "somewhat worse" (5–4)? What about saying that the difference between "much worse" and "same" (5–3) is twice the difference between "somewhat better" and "much better" $(2-1)$? If the answer to both questions is "yes," then Retrospective Family Financial Situation is a continuous variable.

If we ask the same questions about Party Identification, we should be somewhat skeptical. We can rank order the three categories of Party Identification, but we cannot with great confidence assign "Republican" a value of 1, "Independent" a value of 2, and "Democrat" a value of 3 and work with these values in the way that we typically work with numbers. We cannot say that the difference between an "Independent" and a "Republican" (2–1) is the same as the difference between a "Democrat" and an "Independent" $(3-2)$ – despite the fact that both 3–2 and 2–1 = 1. Certainly, we cannot say that the difference between a "Democrat" and a "Republican" (3–1) is twice the difference between an "Independent" and a "Republican" $(2-1)$ – despite the fact that 2 is twice as big as 1.

The metric in which we measure a variable has equal unit differences if a one-unit increase in the value of that variable indicates the same amount of change across *all values* of that variable. Continuous variables are variables that *do* have equal unit differences.²¹ Imagine, for instance, a variable labeled "Age in Years." A one-unit increase in this variable *always* indicates an individual who is 1 year older; this is true when we are talking about a

²¹ We sometimes call these variables "interval variables." A further distinction you will encounter with continuous variables is whether they have a substantively meaningful zero point. We usually describe variables that have this characteristic as "ratio" variables.

case with a value of 21 just as it is when we are talking about a case with a value of 55.

5.8.4 Variable Types and Statistical Analyses

As we saw in the preceding subsections, variables do not always neatly fit into the three categories. When we move to the vast majority of statistical analyses, we must decide between treating each of our variables as though it is categorical or as though it is continuous. For some variables, this is a very straightforward choice. However, for others, this is a very difficult choice. If we treat an ordinal variable as though it is categorical, we are acting as though we know less about the values of this variable than we really know. On the other hand, treating an ordinal variable as though it is a continuous variable means that we are assuming that it has equal unit differences. Either way, it is critical that we be aware of our decisions. We can always repeat our analyses under a different assumption and see how robust our conclusions are to our choices.

With all of this in mind, we present separate discussions of the process of describing a variable's variation for categorical and continuous variables. A variable's variation is the distribution of values that it takes across the cases for which it is measured. It is important that we have a strong knowledge of the variation in each of our variables before we can translate our theory into hypotheses, assess whether there is covariation between two variables (causal hurdle 3 from Chapter 3), and think about whether or not there might exist a third variable that makes any observed covariation between our independent and dependent variables spurious (hurdle 4). As we just outlined, descriptive statistics and graphs are useful summaries of the variation for individual variables. Another way in which we describe distributions of variables is through measures of **central tendency**. Measures of central tendency tell us about typical values for a particular variable at the center of its distribution.

5.9 DESCRIBING CATEGORICAL VARIABLES

With categorical variables, we want to understand the frequency with which each value of the variable occurs in our data. The simplest way of seeing this is to produce a frequency table in which the values of the categorical variable are displayed down one column and the frequency with which it occurs (in absolute number of cases and/or in percentage terms) is displayed in another column(s). Table 5.1 shows such a table for the variable

"Religious Identification" from the NES survey measured during the 2004 national elections in the United States.

The only measure of central tendency that is appropriate for a categorical variable is the **mode**, which is defined as the most frequently occurring value. In Table 5.1, the mode of the distribution is "Protestant," because there are more Protestants than there are members of any other single category.

A typical way in which non-statisticians present frequency data is in a pie graph such as Figure 5.4. Pie graphs are one way for visualizing the percentage of cases that fall into particular categories. Many statisticians argue strongly against their use and, instead, advocate the use of bar graphs. Bar graphs, such as Figure 5.5, are another graphical way to illustrate frequencies of categorical variables. It is worth noting, however, that most of the information that we are able to gather from these two figures is very clearly and precisely presented in the columns of frequencies and percentages displayed in Table 5.1.

Figure 5.4. Pie graph of religious identification, NES 2004.

Figure 5.5. Bar graph of religious identification, NES 2004.

5.10 DESCRIBING CONTINUOUS VARIABLES

The statistics and graphs for describing continuous variables are considerably more complicated than those for categorical variables. This is because continuous variables are more mathematically complex than categorical variables. With continuous variables, we want to know about the central tendency and the spread or variation of the values around the central tendency. With continuous variables we also want to be on the lookout for **outliers**. Outliers are cases for which the value of the variable is extremely high or low relative to the rest of the values for that variable. When we encounter an outlier, we want to make sure that such a case is real and not created by some kind of error.

Most statistical software programs have a command for getting a battery of descriptive statistics on continuous variables. Figure 5.6 shows the output from Stata's "summarize" command with the "detail" option for the percentage of the major party vote won by the incumbent party in every U.S. presidential election between 1876 and 2008. The statistics on the left-hand side (the first three columns on the left) of the computer printout are what we call**rank statistics**, and the statistics on the right-hand side (the two columns on the right-hand side) are known as the **statistical moments**. Although both rank statistics and statistical moments are intended to describe the variation of continuous variables, they do so in slightly different ways and are thus

. summarize inc_vote, det

Figure 5.6. Example output from Stata's "summarize" command with "detail" option.

quite useful together for getting a complete picture of the variation for a single variable.

5.10.1 Rank Statistics

The calculation of rank statistics begins with the ranking of the values of a continuous variable from smallest to largest, followed by the identification of crucial junctures along the way. Once we have our cases ranked, the midpoint as we count through our cases is known as the median case. Remember that earlier in the chapter we defined the variable in Figure 5.6 as the percentage of popular votes for major-party candidates that went to the candidate from the party of the sitting president during U.S. presidential elections from 1876 to 2008. We will call this variable "Incumbent Vote" for short. To calculate rank statistics for this variable, we need to first put the cases in order from the smallest to the largest observed value. This ordering is shown in Table 5.2. With rank statistics we measure the central tendency as the **median value** of the variable. The median value is the value of the case that sits at the exact center of our cases when we rank them from the smallest to the largest observed values. When we have an even number of cases, as we do in Table 5.2, we average the value of the two centermost ranked cases to obtain the median value (in our example we calculate the median as $\frac{51.233 + 51.682}{2} = 51.4575$. This is also known as the value of the variable at the 50% rank. In a similar way, we can talk about the value of the variable at any other percentage rank in which we have an interest. Other ranks that are often of interest

are the 25% and 75% ranks, which are also known as the first and third "quartile ranks" for a distribution. The difference between the variable value at the 25% and the 75% ranks is known as the "interquartile range" or "IQR" of the variable. In our example variable, the 25% value is 48.516 and the 75% value is 54.983. This makes the $IQR =$ $54.983 - 48.516 = 6.467$. In the language of rank statistics, the median value for a variable is a measure of its central tendency, whereas the IQR is a measure of the **dispersion**, or spread, of values.

With rank statistics, we also want to look at the smallest and largest values to identify outliers. Remember that we defined outliers at the beginning of this section as "cases for which the value of the variable is extremely high or low relative to the rest of the values for that variable." If we look at the highest values in Table 5.2, we can see that there aren't really any cases that fit this description. Although there are certainly some values that are a lot higher than the median value and the 75% value, they aren't "extremely" higher than the rest of the values. Instead, there seems to be a fairly even progression from the 75% value up to the highest value. The story at the other end of the range of values in Table 5.2 is a little different. We can see that the two lowest values are pretty far from each other and from the rest of the low values. The value of 36.148 in 1920 seems to meet our definition of an outlier. The value of 40.851 in 1932 is also a borderline case. Whenever we see outliers, we should begin by checking whether we have measured the values for these cases

accurately. Sometimes we find that outliers are the result of errors when entering data. In this case, a check of our data set reveals that the outlier case occurred in 1920 when the incumbent-party candidate received only 36.148% of the votes cast for the two major parties. A further check of

Figure 5.7. Box-whisker plot of incumbent-party presidential vote percentage, 1876– 2008.

our data indicates that this was indeed a correct measure of this variable for $1920.^{22}$

Figure 5.7 presents a box-whisker plot of the rank statistics for our presidential vote variable. This plot displays the distribution of the variable along the vertical dimension. If we start at the center of the box in Figure 5.7, we see the median value (or 50% rank value) of our variable represented as the slight gap in the center of the box. The other two ends of the box show the values of the 25% rank and the 75% rank of our variable. The ends of the whiskers show the lowest and highest nonoutlier values of our variable. Each statistical program has its own rules for dealing with outliers, so it is important to know whether your box-whisker plot is or is not set up to display outliers. These settings are usually adjustable within the statistical program. The calculation of whether an individual case is or is not an outlier in this box-whisker plot is fairly standard. This calculation starts with the IQR for the variable. Any case is defined as an outlier if its value is either 1.5 times the IQR higher than the 75% value or if its value is 1.5 times the IQR lower than the 25% value. For Figure 5.7 we have set things up

²² An obvious question is "Why was 1920 such a low value?" This was the first presidential election in the aftermath of World War I, during a period when there was a lot of economic and political turmoil. The election in 1932 was at the very beginning of the large economic downturn known as "the Great Depression," so it makes sense that the party of the incumbent president would not have done very well during this election.

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so that the plot displays the outliers, and we can see one such value at the bottom of our figure. As we already know from Table 5.2, this is the value of 36.119 from the 1920 election.

5.10.2 Moments

The statistical moments of a variable are a set of statistics that describe the central tendency for a single variable and the distribution of values around it. The most familiar of these statistics is known as the **mean value** or "average" value for the variable. For a variable *Y*, the mean value is depicted and calculated as

$$
\bar{Y} = \frac{\sum_{i=1}^{n} Y_i}{n},
$$

where \bar{Y} , known as "*Y*-bar," indicates the mean of *Y*, which is equal to the sum of all values of *Y* across individual cases of *Y*, *Yi*, divided by the total number of cases, *n*. ²³ Although everyone is familiar with mean or average values, not everyone is familiar with the two characteristics of the mean value that make it particularly attractive to people who use statistics. The first is known as the "**zero-sum property**":

$$
\sum_{i=1}^{n} (Y_i - \bar{Y}) = 0,
$$

which means the sum of the difference between each *Y* value, *Yi*, and the mean value of *Y*, \overline{Y} , is equal to zero. The second desirable characteristic of the mean value is known as the "**least-squares property**":

$$
\sum_{i=1}^{n} (Y_i - \bar{Y})^2 < \sum_{i=1}^{n} (Y_i - c)^2 \ \forall \ c \neq \bar{Y},
$$

which means that the sum of the squared differences between each *Y* value, *Y_i*, and the mean value of *Y*, \bar{Y} , is less than the sum of the squared differences between each *Y* value, *Y_i*, and some value *c*, for all (\forall) *c*'s not equal to (\neq) \bar{Y} . Because of these two properties, the mean value is also referred to as the **expected value** of a variable. Think of it this way: If someone were to ask you to guess what the value for an individual case is without giving you any more information than the mean value, based on these two properties of the mean, the mean value would be the best guess.

²³ To understand formulae like this, it is helpful to read through each of the pieces of the formula and translate them into words, as we have done here.

121 **5.10 Describing Continuous Variables**

The next statistical moment for a variable is the **variance**. We represent and calculate the variance as follows:

$$
var(Y) = var_Y = s_Y^2 = \frac{\sum_{i=1}^{n} (Y_i - \bar{Y})^2}{n-1},
$$

which means that the variance of *Y* is equal to the sum of the squared differences between each *Y* value, *Yi*, and its mean divided by the number of cases minus one.²⁴ If we look through this formula, what would happen if we had no variation on *Y* at all $(Y_i = \overline{Y} \forall i)$? In this case, variance would be equal to zero. But as individual cases are spread further and further from the mean, this calculation would increase. This is the logic of variance: It conveys the spread of the data around the mean. A more intuitive measure of variance is the **standard deviation**:

$$
sd(Y) = sd_{Y} = s_{Y} = \sqrt{var(Y)} = \sqrt{\frac{\sum_{i=1}^{n} (Y_{i} - \bar{Y})^{2}}{n-1}}.
$$

Roughly speaking, this is the average difference between values of *Y* (Y_i) and the mean of $Y(\bar{Y})$. At first glance, this may not be apparent. But the important thing to understand about this formula is that the purpose of squaring each difference from the mean and then taking the square root of the resulting sum of squared deviations is to keep the negative and positive deviations from canceling each other out.²⁵

The variance and the standard deviation give us a numerical summary of the distribution of cases around the mean value for a variable.²⁶ We can also visually depict distributions. The idea of visually depicting distributions is to produce a two-dimensional figure in which the horizontal dimension (*x* axis) displays the values of the variable and the vertical dimension (*y* axis) displays the relative frequency of cases. One of the most popular visual depictions of a variable's distribution is the **histogram**, such as Figure 5.8.

²⁶ The **skewness** and the **excess kurtosis** of a variable convey the further aspects of the distribution of a variable. The skewness calculation indicates the symmetry of the distribution around the mean. If the data are symmetrically distributed around the mean, then this statistic will equal zero. If skewness is negative, this indicates that there are more values below the mean than there are above; if skewness is positive, this indicates that there are more values above the mean than there are below. The kurtosis indicates the steepness of the statistical distribution. Positive kurtosis values indicate very steep distributions, or a concentration of values close to the mean value, whereas negative kurtosis values indicate a flatter distribution, or more cases further from the mean value. Both skewness and excess kurtosis are measures that equal zero for the normal distribution, which we will discuss in Chapter 6.

²⁴ The "minus one" in this equation is an adjustment that is made to account for the number of "degrees of freedom" with which this calculation was made. We will discuss degrees of freedom in Chapter 7.

²⁵ An alternative method that would produce a very similar calculation would be to calculate the average value of the absolute value of each difference from the mean: $\left(\frac{\sum_{i=1}^{n} |Y_i - \bar{Y}|}{n}\right)$.

Figure 5.8. Histogram of incumbent-party presidential vote percentage, 1876–2008.

One problem with histograms is that we (or the computer program with which we are working) must choose how many rectangular blocks (called "bins") are depicted in our histogram. Changing the number of blocks in a histogram can change our impression of the distribution of the variable being depicted. Figure 5.9 shows the same variable as in Figure 5.8 with 2 and then 10 blocks. Although we generate both of the graphs in Figure 5.9 from the same data, they are fairly different from each other.

Another option is the **kernel density plot**, as in Figure 5.10, which is based on a smoothed calculation of the density of cases across the range of values.

5.11 LIMITATIONS OF DESCRIPTIVE STATISTICS AND GRAPHS

The tools that we have presented in the last three sections of this chapter are helpful for providing a first look at data, one variable at a time. Taking a look at your data with these tools will help you to better know your data and make fewer mistakes in the long run. It is important, however, to note that we cannot test causal theories with a single variable. After all, as we have noted, a theory is a tentative statement about the possible causal relationship between two variables. Because we have discussed how to describe only a single variable, we have not yet begun to subject our causal theories to appropriate tests.

Figure 5.9. Histograms of incumbent-party presidential vote percentage, 1876–2008, depicted with 2 and then 10 blocks.

Figure 5.10. Kernel density plot of incumbent-party presidential vote percentage, 1876– 2008.

5.12 CONCLUSIONS

How we measure the concepts that we care about matters. As we can see from the preceding examples, different measurement strategies can and sometimes do produce different conclusions about causal relationships.

One of the take-home points of this chapter should be that measurement cannot take place in a theoretical vacuum. The *theoretical purpose* of the scholarly enterprise must inform the process of how we measure what we measure. For example, recall our previous discussion about the various ways to measure poverty. How we want to measure this concept depends on what our objective is. In the process of measuring poverty, if our theoretical aim is to evaluate the effectiveness of different policies at combating poverty, we would have different measurement issues than would scholars whose theoretical aim is to study how being poor influences a person's political attitudes. In the former case, we would give strong consideration to pretransfer measures of poverty, whereas in the latter example, posttransfer measures would likely be more applicable.

The tools that we have presented in this chapter for describing a variable's central tendency and variation are helpful for providing a first look at data, one variable at a time. Taking a look at your data with these tools will help you to better know your data and make less mistakes in the long run. It is important, however, to note that we cannot test causal theories with a single variable. After all, as we have noted, a theory is a tentative statement about the possible causal relationship between two variables. Since we have only discussed how to describe a single variable, we have not yet begun to subject our causal theories to appropriate tests.

CONCEPTS INTRODUCED IN THIS CHAPTER

- categorical variables variables for which cases have values that are either different or the same as the values for other cases, but about which we cannot make any universally holding ranking distinctions.
- central tendency typical values for a particular variable at the center of its distribution.
- construct validity the degree to which the measure is related to other measures that theory requires them to be related to.
- content validity the degree to which a measure contains all of the critical elements that, as a group, define the concept we wish to measure.
- continuous variable a variable whose metric has equal unit differences such that a one-unit increase in the value of the variable indicates the same amount of change across all values of that variable.
- dispersion the spread or range of values of a variable.
- equal-unit differences a variable has equal unit differences if a oneunit increase in the value of that variable always means the same thing.
- excess kurtosis a statistical measure indicating the steepness of the statistical distribution of a single variable.
- expected value a synonym for mean value.
- face validity whether or not, on its face, the measure appears to be measuring what it purports to be measuring.
- histogram a visual depiction of the distribution of a single variable that produces a two-dimensional figure in which the horizontal dimension (*x* axis) displays the values of the variable and the vertical dimension (*y* axis) displays the relative frequency of cases.
- kernel density plot a visual depiction of the distribution of a single variable based on a smoothed calculation of the density of cases across the range of values.
- least-squares property a property of the mean value for a single variable *Y*, which means that the sum of the squared differences between each *Y* value, Y_i , and the mean value of *Y*, \bar{Y} , is less than the sum of the squared differences between each *Y* value, Y_i , and some value c , for all (\forall) *c*'s not equal to (\neq) \overline{Y} .
- mean value the arithmetical average of a variable equal to the sum of all values of *Y* across individual cases of *Y*, *Yi*, divided by the total number of cases.
- median value the value of the case that sits at the exact center of our cases when we rank the values of a single variable from the smallest to the largest observed values.
- measurement bias the systematic over-reporting or under-reporting of values for a variable.
- measurement metric the type of values that the variable takes on.
- mode the most frequently occurring value of a variable.
- ordinal variable a variable for which we can make universally holding ranking distinctions across the variable values, but whose metric does not have equal unit differences.
- outlier a case for which the value of the variable is extremely high or low relative to the rest of the values for that variable.
- rank statistics a class of statistics used to describe the variation of continuous variables based on their ranking from lowest to highest observed values.
- reliability the extent to which applying the same measurement rules to the same case or observation will produce identical results.
- skewness a statistical measure indicating the symmetry of the distribution around the mean.
- standard deviation a statistical measure of the dispersion of a variable around its mean.
- statistical moments a class of statistics used to describe the variation of continuous variables based on numerical calculations.
- validity the degree to which a measure accurately represents the concept that it is supposed to measure.
- variance a statistical measure of the dispersion of a variable around its mean.
- variation the distribution of values that a variable takes across the cases for which it is measured.
- zero-sum property a property of the mean value for a single variable *Y*, which means that the sum of the difference between each *Y* value, *Y_i*, and the mean value of *Y*, \overline{Y} , is equal to zero.

EXERCISES

- 1. Suppose that a researcher wanted to measure the federal government's efforts to make the education of its citizens a priority. The researcher proposed to count the government's budget for education as a percentage of the total GDP and use that as the measure of the government's commitment to education. In terms of validity, what are the strengths and weaknesses of such a measure?
- 2. Suppose that a researcher wanted to create a measure of media coverage of a candidate for office, and therefore created a set of coding rules to code words in newspaper articles as either "pro" or "con" toward the candidate. Instead of hiring students to implement these rules, however, the researcher used a computer to code the text, by counting the frequency with which certain words were mentioned in a series of articles. What would be the reliability of such a computer-driven measurement strategy, and why?
- 3. For each of the following concepts, identify whether there would, in measuring the concept, likely be a problem of measurement bias, invalidity, unreliability, or none of the above. Explain your answer.
	- **(a)** Measuring the concept of the public's approval of the president by using a series of survey results asking respondents whether they approve or disapprove of the president's job performance.
	- **(b)** Measuring the concept of political corruption as the percentage of politicians in a country in a year who are convicted of corrupt practices.
	- **(c)** Measuring the concept of democracy in each nation of the world by reading their constitution and seeing if it claims that the nation is "democratic."