

ALTERNATIVE AND OTHER FORMS OF TREATMENT

I. Match.

1. chiropractic	A. the use of extreme cold in the treatment of some disorders, e.g. rheumatism
2. balneotherapy	B. using passive and active movements for the treatment of some disorders, e.g. back problems
3. cryotherapy	C. using the company of a dog as a form of therapy
4. hydrotherapy	D. a medical treatment of some disorders and diseases based on pressing and manipulation with bones, esp. the spinal column or the joints
5. kinesitherapy	E. a way of treating people that involves inserting special needles into particular points of the body, it is used esp. to reduce pain
6. acupressure	F. the treatment of diseases through bathing in mineral springs
7. acupuncture	G. treating disorders, e.g. back pain and muscle injury, through the massage of muscles and manipulation of bones
8. canistherapy	H. the use of exercise in heated water as part of treatment for some diseases, esp. arthritis and partial paralysis
9. osteopathy	I. based on massaging nerve endings in the feet (and sometimes hands and the head) to relieve stress and encourage the healing powers of the body
10. equinotherapy (= hippotherapy)	J. a way of treating disorders (mainly migraine and stress-related problems) that involves using manual pressure to stimulate energy points on the body
11. reflexology (= zone therapy)	K. riding a horse as a way of treating some disorders and diseases, e.g. partial immobility, cerebral palsy, multiple sclerosis etc.)

II. Translate.

K fyzioterapeutovi chodím každý druhý týden.

Namasírovala mi bolavé čelo, vlasy, krk, svaly, ruce, horní končetiny, záda, břicho, stehna, lýtka...

Mám rád vířivou koupel.

masér, masérka, masáž, masážní zařízení/stůl/techniky/oleje...

lázně, léčivý pramen, bahenní lázeň

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