

Basic nursing skills

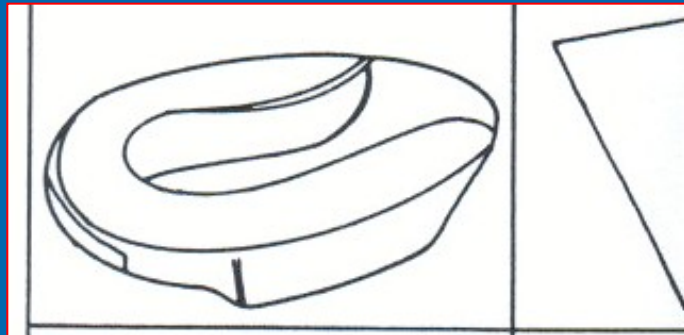


Basic nursing skills

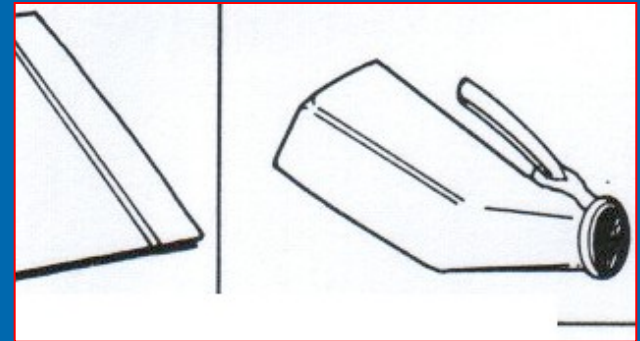
- Basic nursing procedures (washing, positioning, help with eating, excreting, moving etc.)
- Pain management
- Bedsores
- Measurements :
 - Blood pressure
 - Pulse
 - Temperature
 - EKG
 - Injections – i.m., s.c., i.v.

Basic nursing equipment

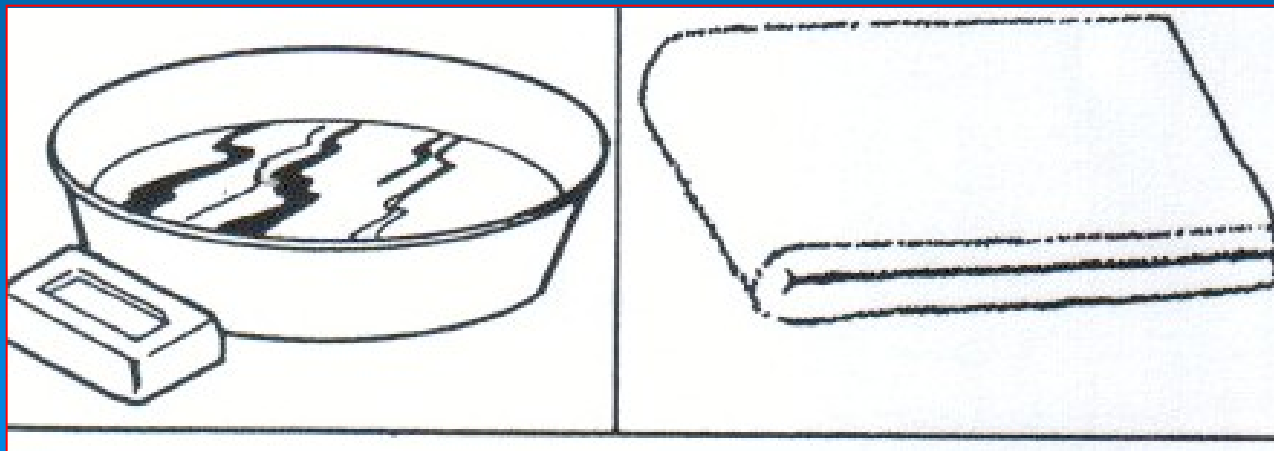
Bedpan



urinal

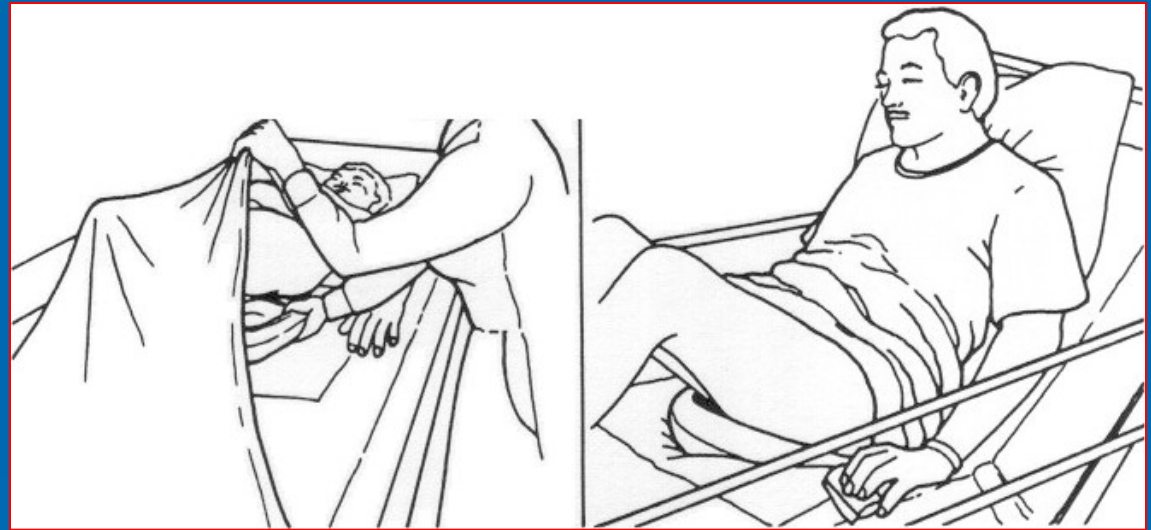


wash basin with soap and towel



Help patients with excreting

How you can give the bedpan to the patients when is lying or sitting

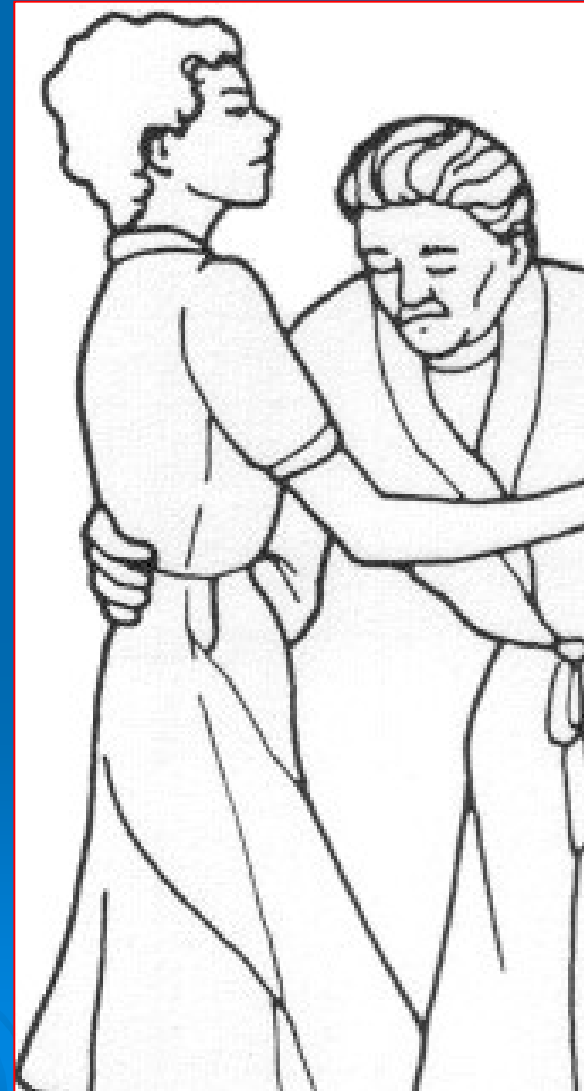


How you can give the bedpan to the patients when he cannot lift hipp

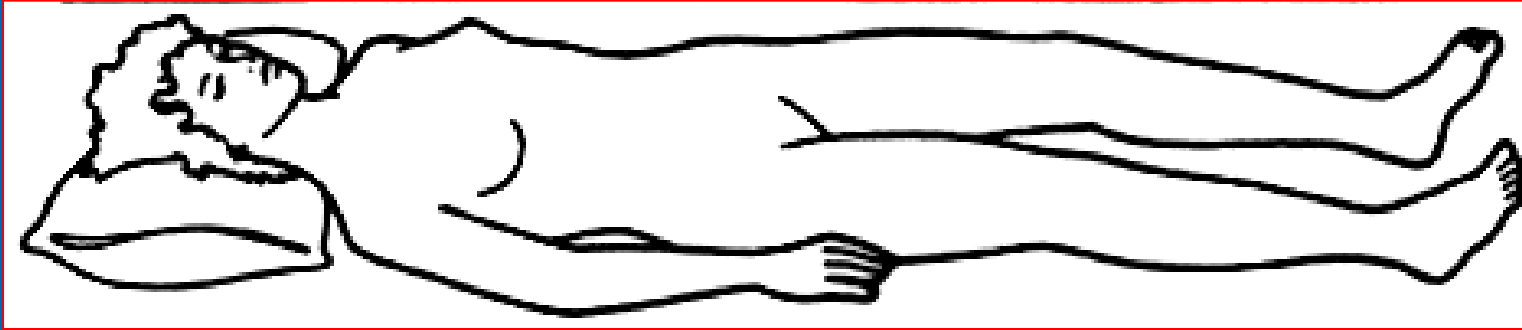
How to help patient with moving



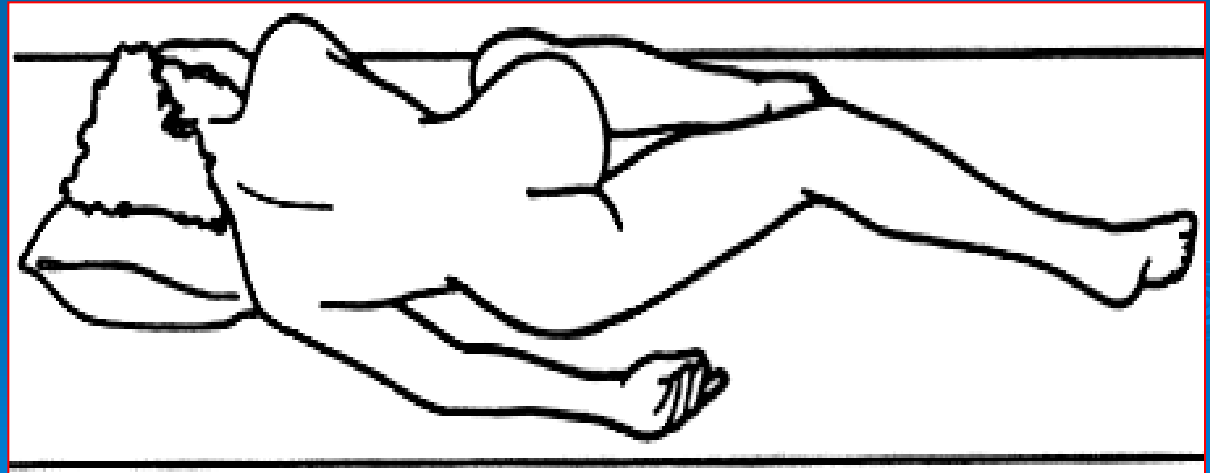
Helping a patients to stand



Positions in the bed

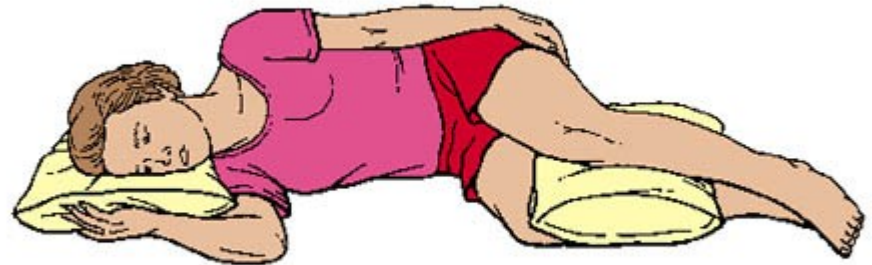
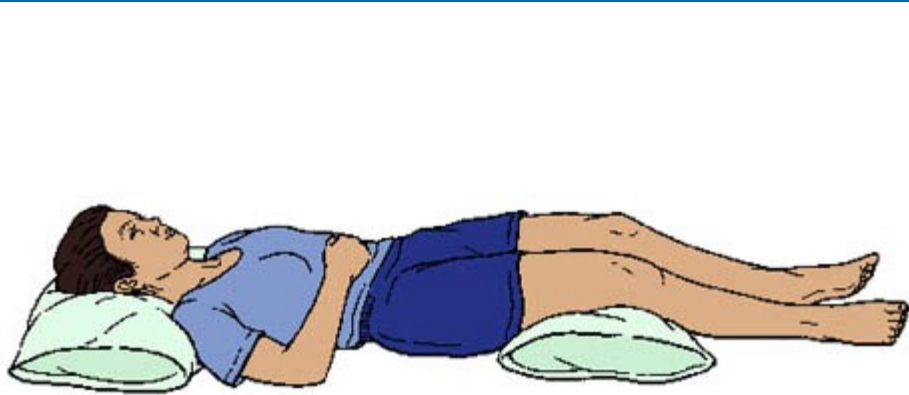


Supine – dorsal position



Sim's position also using for the rectal examination and rectal treatment

Positions in the bed



Positions in the bed

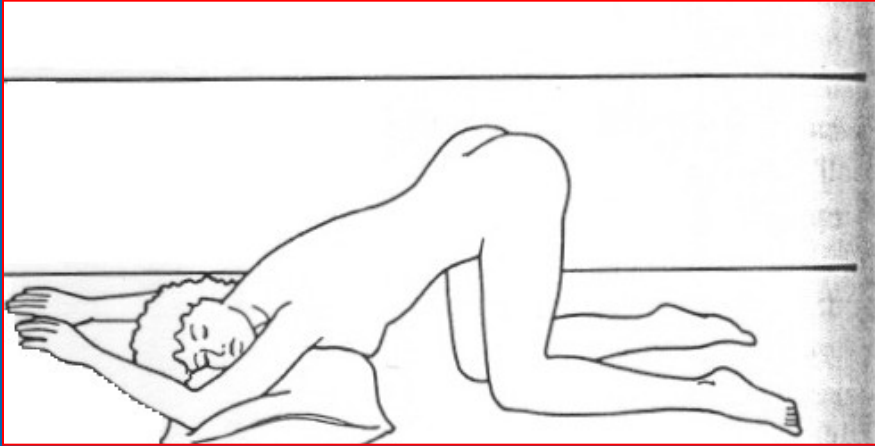


Fowler's position

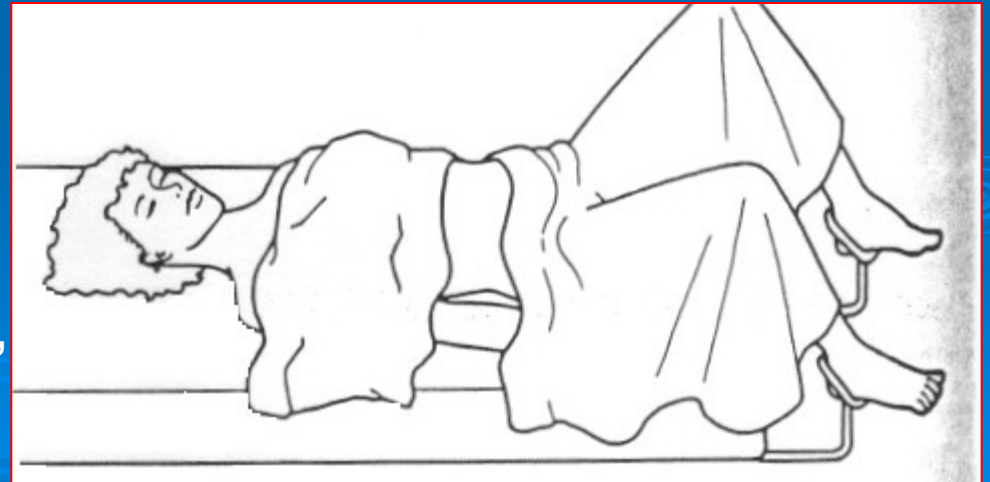
Trendelenburgh position



Examination position



Knee-chest position
– used for rectal or vaginal examination



Lithotomy position – using for rectal, vaginal and bladder examination

