

The highest national birth rate is **49**, in Niger.

- What does this mean?
- Guess which country has the lowest birth rate.
- How many babies do you think were born in the world today?

In 1972, the fertility rate worldwide was **Six** children per woman. What do you think it is now?



## ● Language spot

### Modals and expressions for giving advice

- 1 Listen to Emma, a midwife, getting advice from another midwife and from a doctor. Answer these questions with a partner.
  - 1 Why is Emma worried about Mrs Dent's baby?
  - 2 What does Nina advise Emma to do?
  - 3 How often does the doctor advise her to monitor?
  - 4 What measurement does he suggest taking?
  - 5 What three things does the doctor suggest to raise the baby's heart rate?
- 2 Work in pairs. Try to remember the missing words. Then listen again and check.
  - 1 I think you **ought to** \_\_\_\_\_ the doctor.
  - 2 It's always a **good idea to** \_\_\_\_\_ help if you're concerned.
  - 3 **You'd better** \_\_\_\_\_ continuously from now on ...
  - 4 I'd \_\_\_\_\_ Mrs Dent some oxygen too – that won't do any harm.
  - 5 And **try** \_\_\_\_\_ her to lie on her left side too.
  - 6 If it's a little slow, but over 100, **you may want to** \_\_\_\_\_ about amniocentesis ...
- 3 Two of the **bold** verbs and expressions are only used to give strong and urgent advice, while the others can be used for more general or polite advice. Which are the strong two?

>> Go to **Grammar reference** p.117

- 4 Complete the conversation with the words below.

'd            may            should  
better      oughtn't      try

**Nurse** Any problems, Marian?

**Marian** I had a bit of bleeding after my aerobics class. I thought maybe I'd \_\_\_\_\_<sup>1</sup> stop exercising.

**Nurse** Well, it's a good idea to exercise, but you \_\_\_\_\_<sup>2</sup> to do aerobics if it causes bleeding. You \_\_\_\_\_<sup>3</sup> want to try swimming, or something gentle like that.

**Marian** I know. I \_\_\_\_\_<sup>4</sup> buy myself a swimming costume. Another thing is, I can't get comfortable at night.

**Nurse** \_\_\_\_\_<sup>5</sup> putting a pillow underneath you – that should help.

**Marian** OK – I'll try that. I'm also a bit worried about these stretch marks on my tummy.

**Nurse** I \_\_\_\_\_<sup>6</sup> rub cream or oil into it – that's very good for stretch marks.

**Marian** Oh, right. I'll get some today.

- 5 Work in pairs. Discuss what you could do to help these problems in pregnancy.

- backache
- constipation
- indigestion
- insomnia
- spots on the face
- swollen ankles

## Pronunciation

### a, e, and i

- 1 Work in pairs. Decide which pronunciation the **bold** vowel in each word has.

a	e	i
/a/	/e/	/i/
<i>pathogen</i>	<b>benefits</b>	<i>visible</i>
/ei/	/i:/	/a/
<i>patient</i>	<i>prenatal</i>	<b>survive</b>
<i>pathogen</i>	<b>benefits</b>	<i>visible</i>
<i>patient</i>	<i>prenatal</i>	<b>survive</b>
<i>basal</i>	<i>frequency</i>	<i>dilated</i>
<i>labour</i>	<i>genitals</i>	<i>jaundice</i>
<i>national</i>	<i>medical</i>	<i>umbilical</i>
<i>perinatal</i>	<i>stethoscope</i>	<i>vagina</i>

- 2 Listen and check.

- 3 Look through the glossary with your partner. Find a word for each of the six columns above. Dictate your words to another pair.