

**1. Read and answer the following questions with your partner:**

1. What is haemodialysis, what happens during this procedure and why is it used?
2. Who is the most susceptible to kidney stones and how can we treat them?
3. Who is more prone to urinary incontinence and what are its causes?
4. What are the symptoms of urinary tract infection?
5. What does BPH stands for? Can you describe it more closely?

**1** 🎧 Listen to Emma, a midwife, getting advice from another midwife and from a doctor. Answer these questions with a partner.

- 1 Why is Emma worried about Mrs Dent's baby?
- 2 What does Nina advise Emma to do?
- 3 How often does the doctor advise her to monitor?
- 4 What measurement does he suggest taking?
- 5 What three things does the doctor suggest to raise the baby's heart rate?

**2** 🎧 Work in pairs. Try to remember the missing words. Then listen again and check.

- 1 I think you **ought to** \_\_\_\_\_ the doctor.
- 2 It's always a **good idea to** \_\_\_\_\_ help if you're concerned.
- 3 **You'd better** \_\_\_\_\_ continuously from now on ...
- 4 I'd \_\_\_\_\_ Mrs Dent some oxygen too – that won't do any harm.
- 5 And **try** \_\_\_\_\_ her to lie on her left side too.
- 6 If it's a little slow, but over 100, **you may want to** \_\_\_\_\_ about amnioinfusion ...

**3** Complete the conversation with the words below.

'd            may            should  
better      oughtn't    try

**Nurse** Any problems, Marian?

**Marian** I had a bit of bleeding after my aerobics class. I thought maybe I'd \_\_\_\_\_<sup>1</sup> stop exercising.

**Nurse** Well, it's a good idea to exercise, but you \_\_\_\_\_<sup>2</sup> to do aerobics if it causes bleeding. You \_\_\_\_\_<sup>3</sup> want to try swimming, or something gentle like that.

**Marian** I know. I \_\_\_\_\_<sup>4</sup> buy myself a swimming costume. Another thing is, I can't get comfortable at night.

**Nurse** \_\_\_\_\_<sup>5</sup> putting a pillow underneath you – that should help.

**Marian** OK – I'll try that. I'm also a bit worried about these stretch marks on my tummy.

**Nurse** I \_\_\_\_\_<sup>6</sup> rub cream or oil into it – that's very good for stretch marks.

**Marian** Oh, right. I'll get some today.

**4** Underline the correct modal verb in these sentences.

- 1 Are you saying that giving up smoking *should / can / must* improve our chances of having a baby?
- 2 *May / Must / Can* the epileptic drugs I'm taking affect the baby if I get pregnant?
- 3 Are there things I *can / ought to / may* be careful about during the first few weeks of pregnancy?
- 4 *Can't / Mustn't / Shouldn't* the baby be lying the other way round?
- 5 Do we *have to / ought to / need to* give up smoking and drinking then if we want to try for a baby?
- 6 *Can't / Must / Should* I see a specialist? Isn't it possible?
- 7 Do I *must / need to / should* have my baby in hospital? Can't I have it at home?
- 8 The doctor says I *can / must / should* rest for a couple of days. There is no alternative.
- 9 You think it *must / needs to* be to do with my blood pressure?
- 10 *Can't / Shouldn't / Mustn't* I just have one or two drinks during the pregnancy?

**5** Imagine that you are a pregnant woman at an antenatal class. Think of questions to ask the antenatal teacher.

**USEFUL EXPRESSIONS**

*Do you think I should ...?*      *Are you saying I / we ...?*  
*Can't I (just) ...?*              *Do I / we have to ...?*  
*Do you think it must ...?*      *Shouldn't I / we ...?*  
*Can I ...?*

**USEFUL EXPRESSIONS FOR THE DOCTOR**

*If you want to ...*  
*you can ...*  
*you need to / it should ...*  
*you are going to have to ...*  
*[smoking] affects [egg production / sperm]*

**2. Read the text on STD's up to breast cancer and find the words which are described in the definitions below:**

1. A substance that is excreted from an organ. \_\_\_\_\_
2. To acquire or catch an infection/disease \_\_\_\_\_
3. Any physical contact between two individuals involving stimulation of the genital organs of at least one \_\_\_\_\_
4. The occurrence of infection with a particular disease/ a sudden start of a disease \_\_\_\_\_
5. Perceptible to the eye, can be seen \_\_\_\_\_
6. synonym for "clap" \_\_\_\_\_
7. The part of an organ in your body that opens and closes to keep liquid flowing in the right direction \_\_\_\_\_
8. The primary sore of syphilis, occurring at the site of entry of the infection \_\_\_\_\_
9. The part of the body where the lower abdomen and the inner thigh meet \_\_\_\_\_
10. Any unicellular, usually oval, nucleated fungus; often used for baking and making beer \_\_\_\_\_
11. A synonym for "myomas" \_\_\_\_\_

**3. Prostate cancer**

Prostate cancer is found mainly \_\_\_\_\_ (1) men over the age of fifty-five. As men \_\_\_\_\_ (2) older, the chance of developing the disease increases. Although the cause of this type of cancer is unknown, evidence suggests \_\_\_\_\_ (3) age, race, a high-fat diet, and increased blood levels of testosterone may play a \_\_\_\_\_ (4) in the development of the disease.

\_\_\_\_\_ (5) prostate cancer is detected (either through a rectal \_\_\_\_\_ (6) or blood test), surgery to remove the prostate \_\_\_\_\_ (7) completely is the most common treatment. The seminal \_\_\_\_\_ (8) are also removed during the procedure. If the prostate cancer is detected at an early \_\_\_\_\_ (9), radiation therapy may be used \_\_\_\_\_ (10) of surgery. Chemotherapy \_\_\_\_\_ (11) sometimes used to treat prostate cancer that has recurred after initial treatments.

**4. Read the text and then type the correct form of the word in CAPITALS.**

- 1 If a kidney stone is too large to pass and causes a serious obstruction, surgical \_\_\_\_\_ (REMOVE) may be necessary.
- 2 Men with BPH have other bladder symptoms including an increase in \_\_\_\_\_ (FREQUENT) of bladder emptying both during the day and at night.
- 3 Many \_\_\_\_\_ (ORDER) can also affect the male and female reproductive system.
- 4 STDs can cause birth defects, \_\_\_\_\_ (BLIND), brain damage, cancer, heart disease, \_\_\_\_\_ (FERTILE), mental \_\_\_\_\_ (RETARD), and \_\_\_\_\_ (DIE).
- 5 Genital herpes is an \_\_\_\_\_ (CURE) disease, after you contract the virus you won't get rid of it.
- 6 The bacteria that cause gonorrhea are developing and increased \_\_\_\_\_ (RESIST) to routine medication therefore a variety of antibiotics is needed.
- 7 \_\_\_\_\_ (UTERUS) fibroids are benign growths, which means that they are not \_\_\_\_\_ (CANCER) tumors.
- 8 Frequently, prostate cancer has no symptoms. When the tumour is \_\_\_\_\_ (LARGE) or the cancer has spread, the following symptoms may appear: weak or interrupted urine flow, frequent \_\_\_\_\_ (URINE) (especially at night), \_\_\_\_\_ (ABLE) to urinate, pain or burning \_\_\_\_\_ (SENSE) when urinating, blood in the urine, persistent pain in the lower back, and painful ejaculation.