# Drug delivery approaches, routes of administration, prolonged release preparations.

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### **Drug delivery approaches**

1. Drug dosage forms – review.

2. Routes of administration.

3. Innovations in drug delivery.

### Drug dosage form

- final form, in which is drug administered to patient
- influences mainly pharmacokinetic properties of administered drug <u>Classification with regard to</u>:
- consistence
- solid
- semi-solid
- liquid
- gaseous
- *administration site* (internal/external use)
- *shape* (specific/nonspecific)
- number of active substances (one or more)

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### **Drug delivery approaches**

### Administration

LOCAL

- drug absorption is limited
- effect aimed on target tissue/organ
- low risk of AE

SYSTEMIC

- drug is absorbed to systemic circulation
- possible influence on

whole body

• higher risk of AE

### Schema of systemic administration



### **Drug delivery approaches**

### Administration

EXTERNAL

 administration on skin, mucosas or to body cavities

effect
 local/systemic

INTERNAL

administration other
 than on skin, mucosas
 or to body cavities

effect
 local/systemic

- Epicutaneous
- Conjunctival
- Intranasal
- Inhalation
- Rectal
- Vaginal sublingual, intraurethral, dental, gingival, oral, endotracheopulmonal, intraaural....

### **Epicutaneous administration**



#### Systemic effect

- transdermal administration
- mainly patches
- continuous release
- local+systemic AE
- high compliance
- easy discontinuation

Comparison of plasma concentrations of buprenorphine after single application of 35 µg h-1 patch (removed after 72 h) and sublingual dosing of 400 µg buprenorphine, eight hourly.



#### Lyn Margetts, and Richard Sawyer Contin Educ Anaesth Crit Care Pain 2007;7:171-176

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### **Conjunctival administration**

- ussualy eye drops and ointments
- local effect
- risk of systemic AE
- specific quality requirememnts

- drops, sprays, ointment
- local effect antiseptics, ATB
  - antihistamines, decongestants
  - antiflogistics
- systemic effect analgesics, antivirotics

   hormones (ADH,
   gonadotropin, insulin)

### Inhalation

- gases, aerosols
- systemic effect general anesthetics
- local effect antiasthmatics
- fast onset of effect
- minimal presystemic elimination
- administration from spray cans or other instruments (turbohaler, dischaler, nebulizator)

### **Rectal administration**

suppositories, capsules, tablets, foams,

tampones

- alternative for peroral administration
- variable absorption

#### **Enteral-peroral**

- 1. for local effect
- minimal AE
- risk of interaction with coadministered drugs

#### **Enteral-peroral**

- 2. for systemic effect
- drug absorbed from different parts of GIT
  - can be influenced by DDF
- "slow" effect onset
- the effect depends on patients "compliance"

### Enteral DDF with controled release



•1952 Spansules™

- Parenteral
- 1. local effect
- *i.v.* or *e.v.*
- injections or implantation
- restriction of absorption = effect prolongation
- + decrease of AE risk

#### Parenteral

- 2. systemic effect
- *i.v.* x *e.v.*
- pharmacokinetic differences
- specific qualitative requirements
- implants

#### Parenteral

- 2. sytsemic effect
- intravenous/intraarterial
- subcutaneous
- intramuscular
- intradermal
- intrathecal
- intraarticular, intraoccular, intraosseous





#### Implants

- degradable/nondegradable
- usually s.c. or intraocular
- systemic/local effect
- continuous/pulsatile release
- compliance
- complicated discontinuation

### **Drug delivery approaches**

Factors influencing the drug delivery approach:

- drug physicochemical properties
- therapeutic indication + disease phase
- benefit:risk ratio
- co-morbidities, co-medications

### **Drug delivery approaches**

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### **Transdermal delivery**

- 3. generation of passive patches
- drug in the adhesive layer
- decreased irritation
- decreased drug concentration
- size decrease

### Active transdermal preparations

- in the phase of clinical trials
- physical principles enhancing or controling drug release

### **Transdermal administration**

Patches with microneedles

- even macromolecular substances can be delivered
- immunization, vaccination
- rather intradermal than transdermal



### Liposomes

- particle systems
- both lipophilic and hydrophilic substances
- biocompatible, degradable
- cen be used for drug targeting



### The management of poisoning.

### General rules



 therapeutic interventions should not harm the patient

### Main goals

0. to avoid further intake of poisonous

substance – prevention + pre-emergency care

1. to remove substance from organism =

detoxification

2. A) poison neutralization = antidote

B) symptomatic treatment

### **0. prevention + pre-emergency care**

- use protection when handling poisons
- get patient out of poisoned environment (gases)
- remove poisonous solutions absorbed transdermally

### 1. detoxification

- in alimentary or oral intoxications induce vomiting – NOT in case of ACID or HYDROXIDE intoxication
- irritation of throat
- pharmacological induction apomorphine
- administration of active charcoal and

laxatives



peritoneal dialysis, hemodialysis

### 2. A) antidotes

blocks the effect of poisonous compound

1. specific

- 2. nonspecific

### 2. B) symptomatic tratment

- vital functions monitoring and support
  - blood pressure
  - acid-base equilibria
  - oxygen saturation
  - urine production
  - body temperature
  - decubitus prevention

## Thank you for your attention.