VIRAL HEPATITIS E



Hepatitis E Virus



Hepatitis E - Clinical Features

Incubation period:

Average 40 days

Range 15-60 days

Case-fatality rate:

Overall, 1%-3%

Pregnant women, 15%-25%

Illness severity:

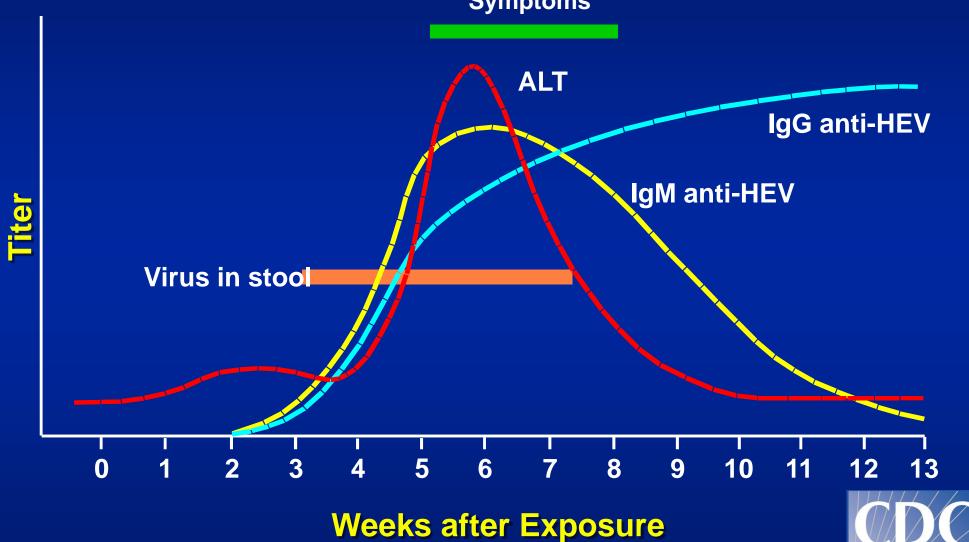
Increased with age

Chronic sequelae:

None identified



Hepatitis E Virus Infection Typical Serologic Course Symptoms



CONTROL AND PREVENTION

Hepatitis E - Epidemiologic Features

- Most outbreaks associated with fecally contaminated drinking water
- Minimal person-to-person transmission
- U.S. cases usually have history of travel to HEV-endemic areas



Geographic Distribution of Hepatitis E

Outbreaks or Confirmed Infection in >25% of Sporadic Non-ABC Hepatitis



Prevention and Control Measures for Travelers to HEV-Endemic Regions

- Avoid drinking water (and beverages with ice) of unknown purity, uncooked shellfish, and uncooked fruit/vegetables not peeled or prepared by traveler
- IG prepared from donors in Western countries does not prevent infection
- Unknown efficacy of IG prepared from donors in endemic areas
- Vaccine?

