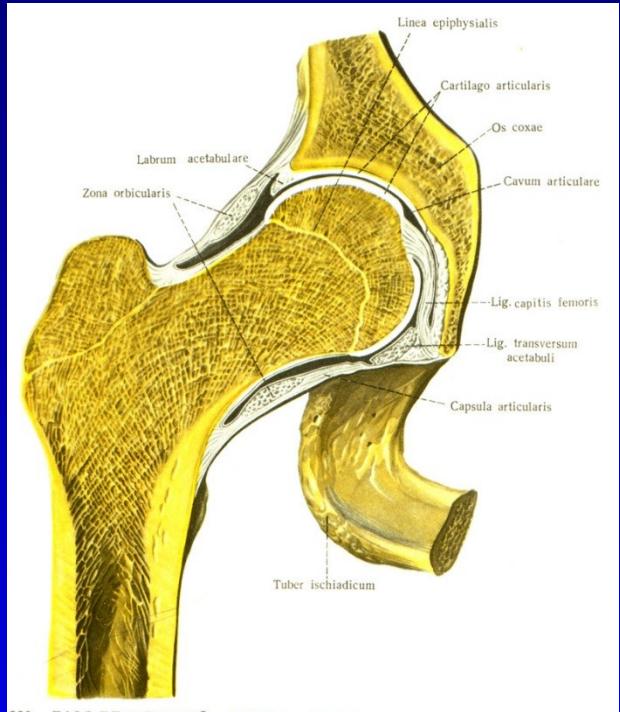
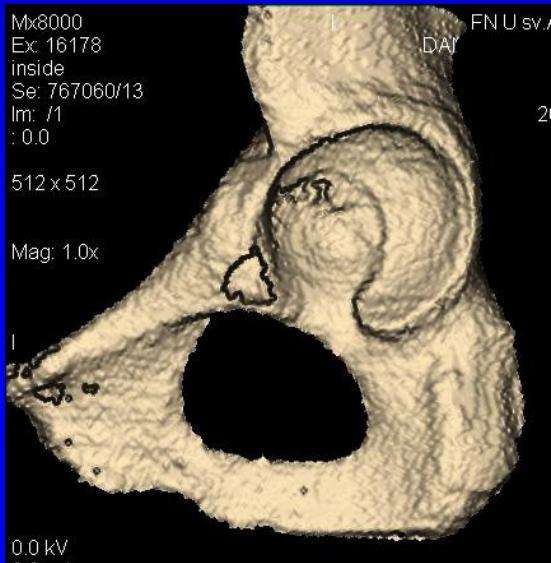


# Total hip arthroplasty

Z. Rozkydal

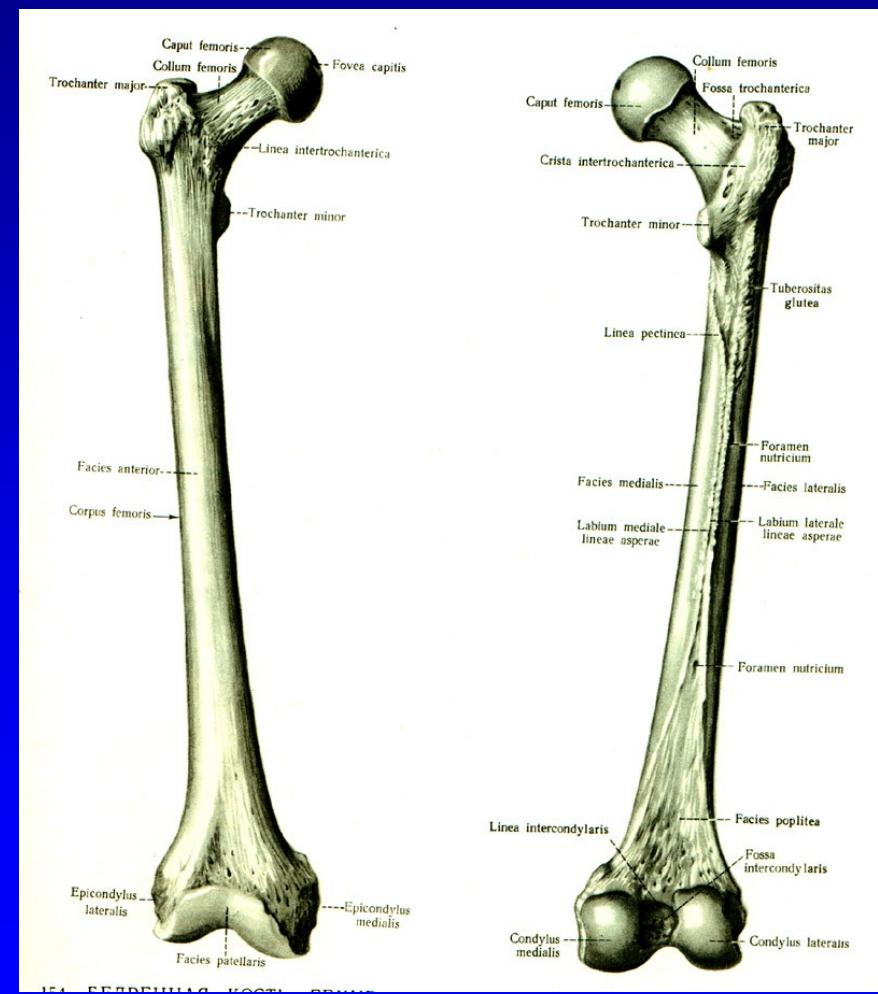
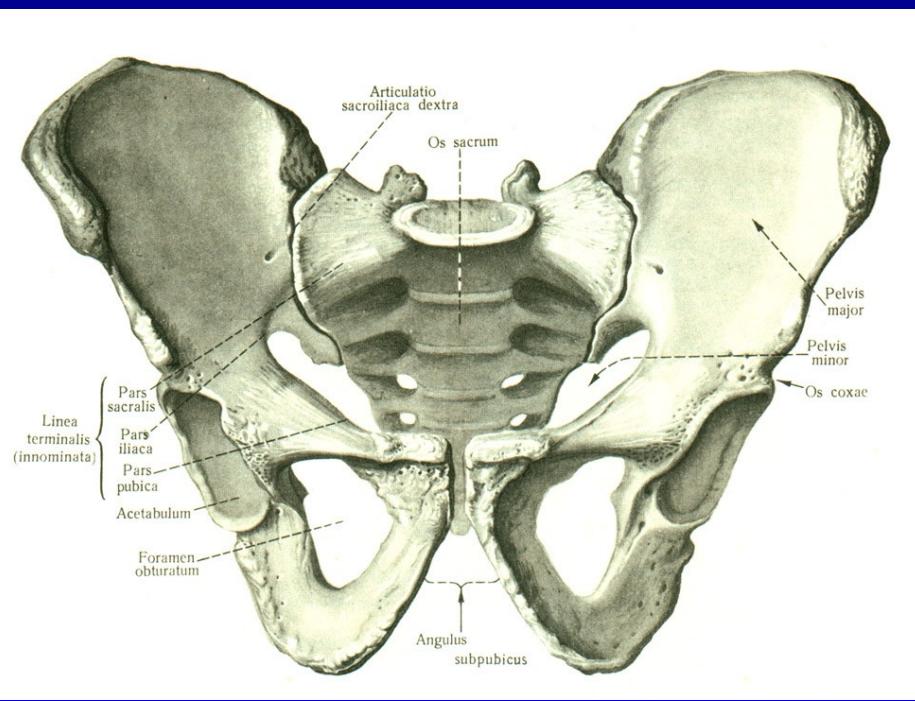
# Hip joint

## Enarthrosis

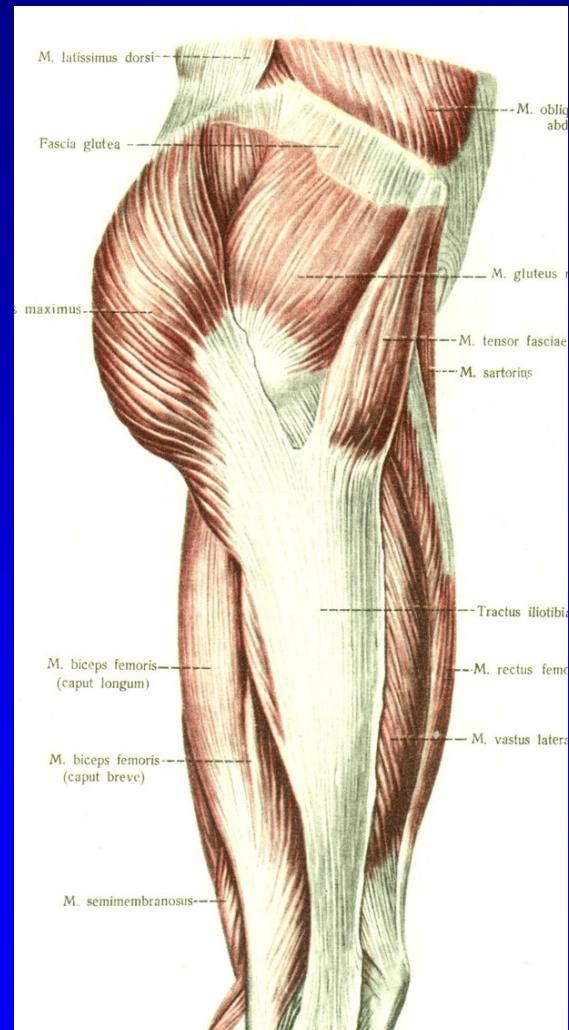
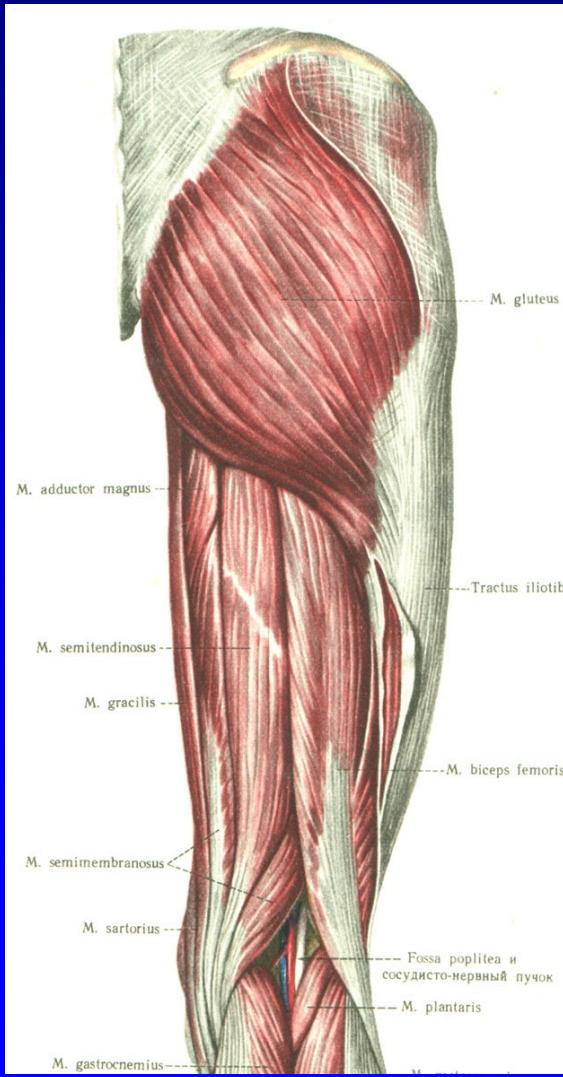
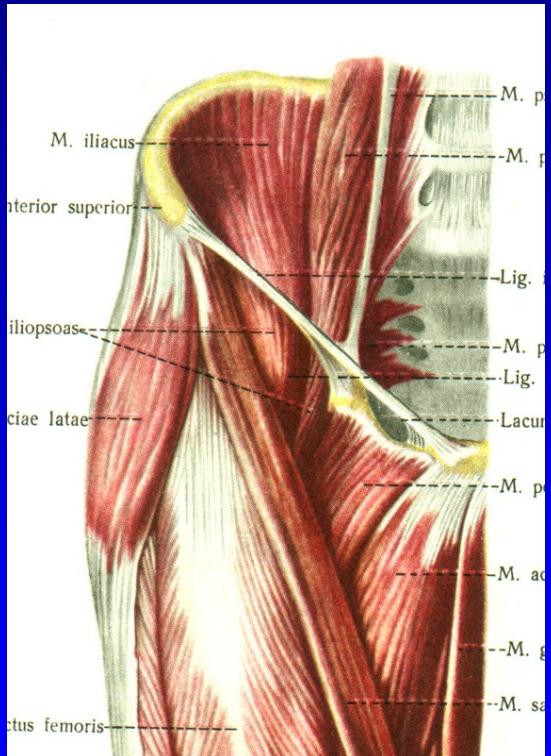


# Pelvis

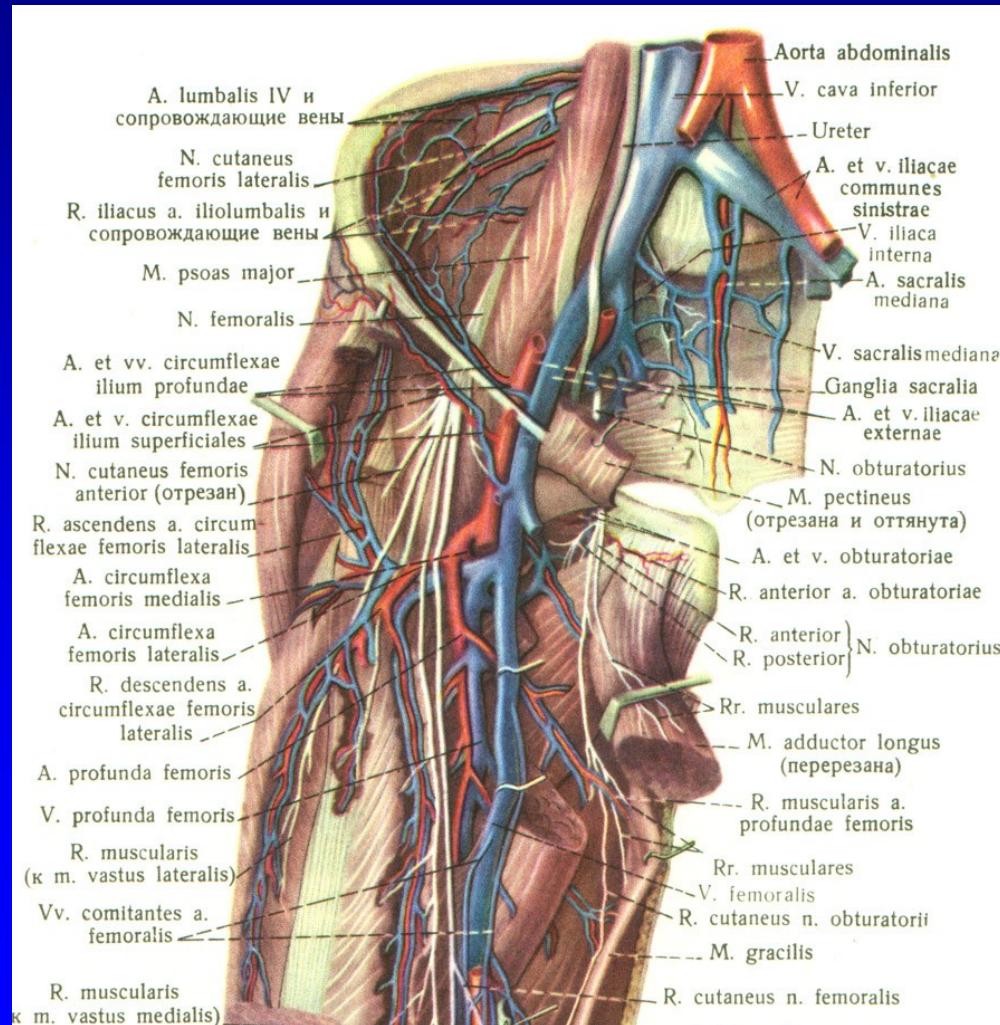
# Femur



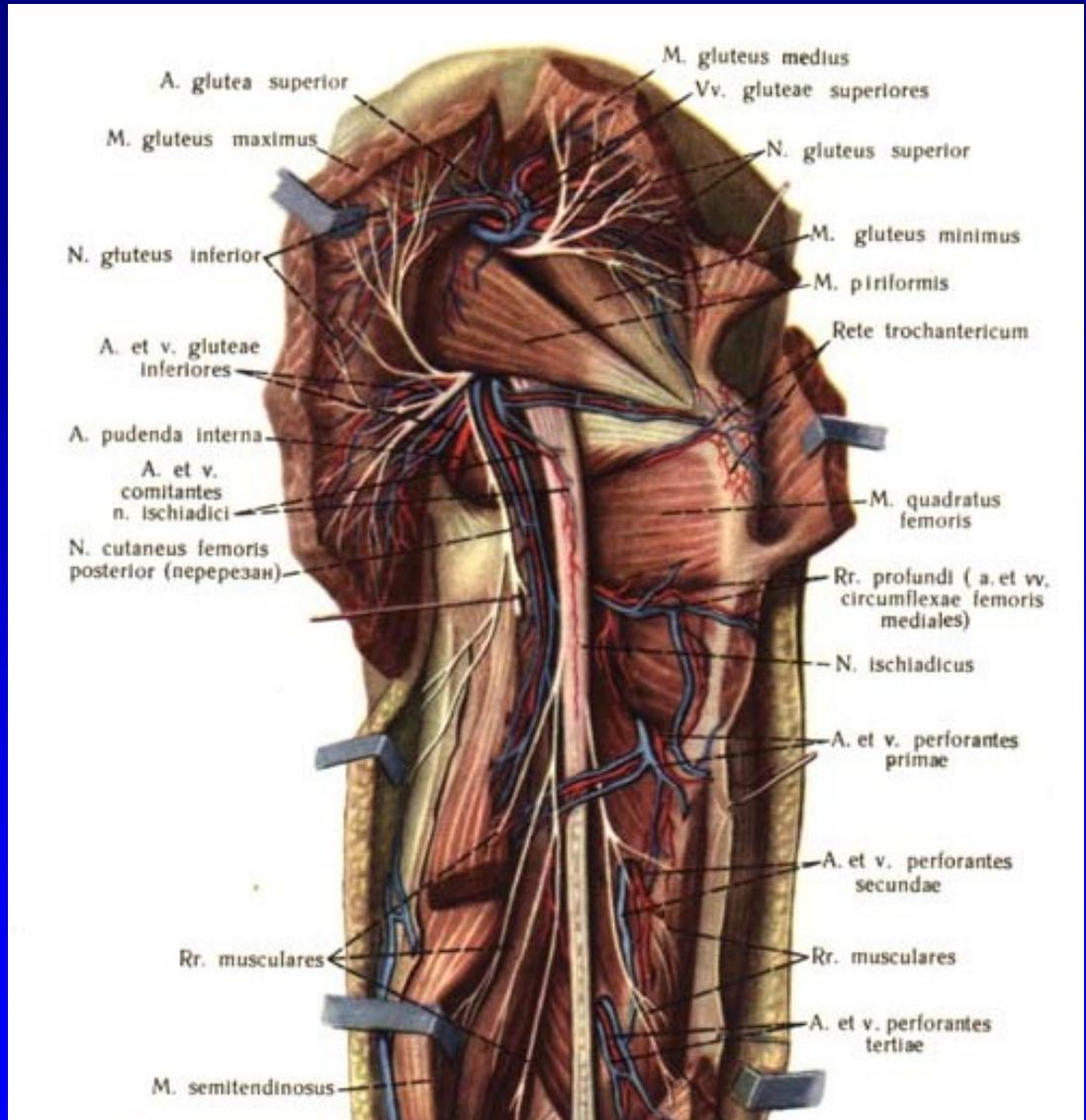
# Muscles



# Nerves



# N. ischiadicus



# Indication for THA

- Painful condition
  - + unsuccessful conservative treatment

Dyscomfort



# Indications

Primary osteoarthritis

Secondary osteoarthritis:  
congenital, posttraumatic,  
after infection

Rheumatoid arthritis  
Psoriatic arthropathy

Avascular necrosis  
of the femoral head



Primary osteoarthritis

# Historie

Sir John Charnley

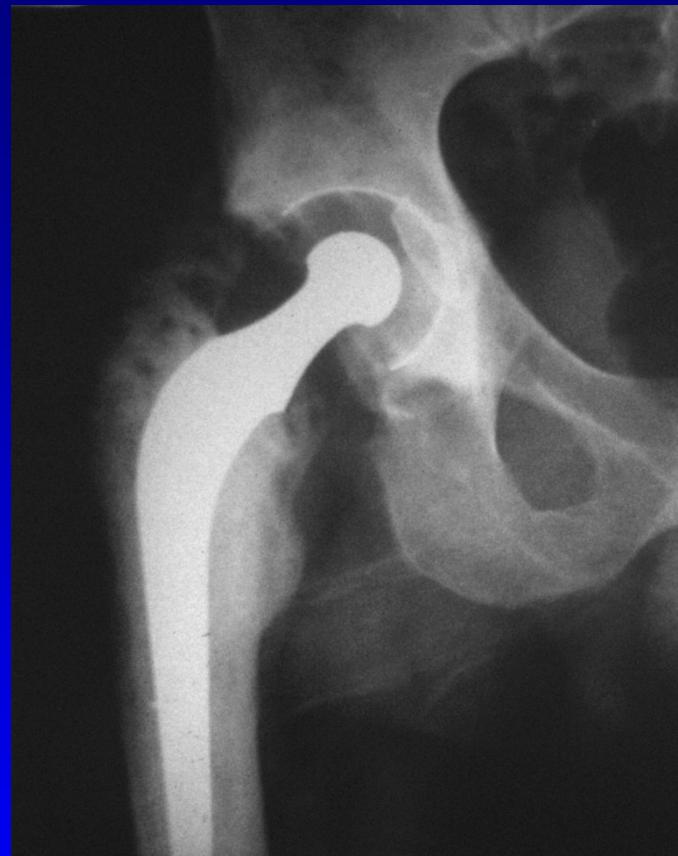
Low friction arthroplasty

Původní teflonové jamky  
nahradil polyetylénem

Acrylic dental cement

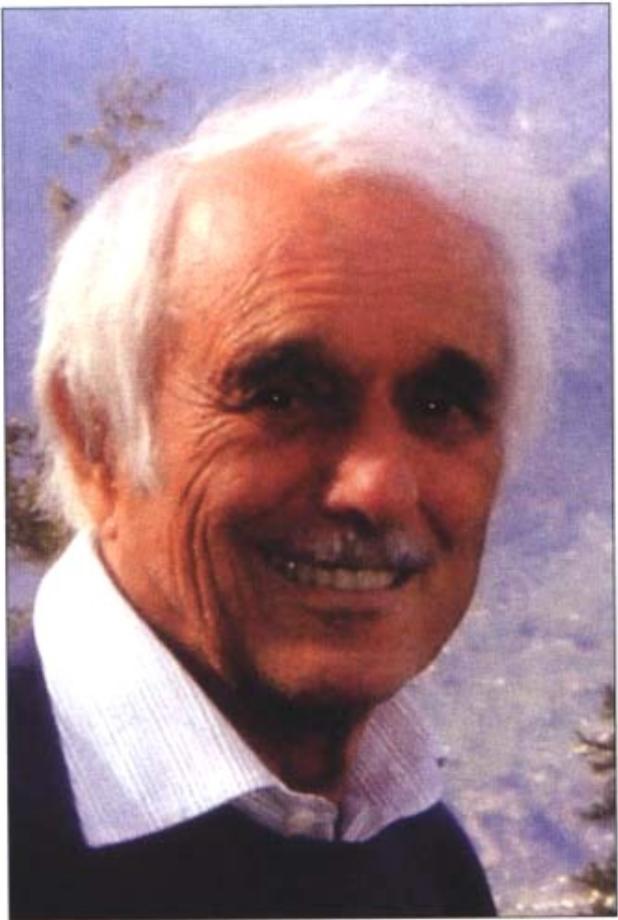
Polymethylmetakrylát PMMA

– kostní cement



Low friction arthroplasty

1962

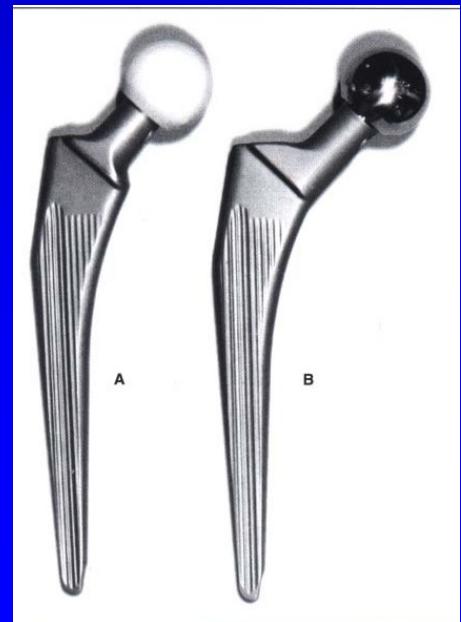


Prof. M. E. Müller

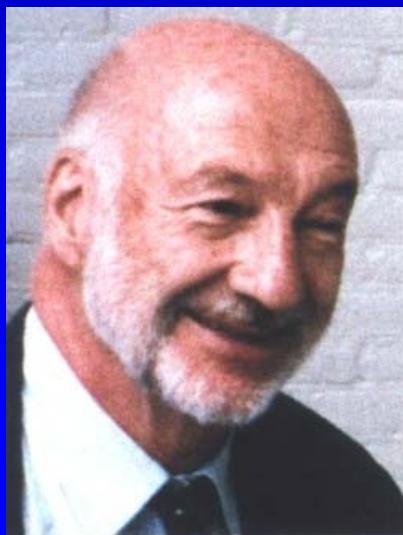
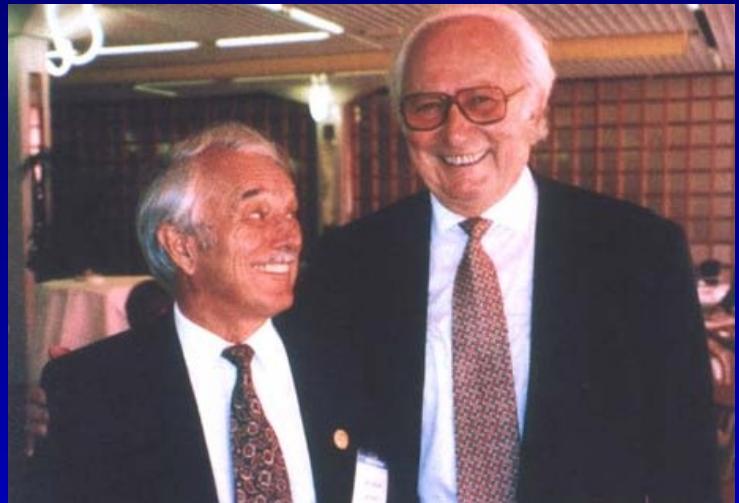


1964 -1965  
Setzholzprothese

1966  
Banana - shaped

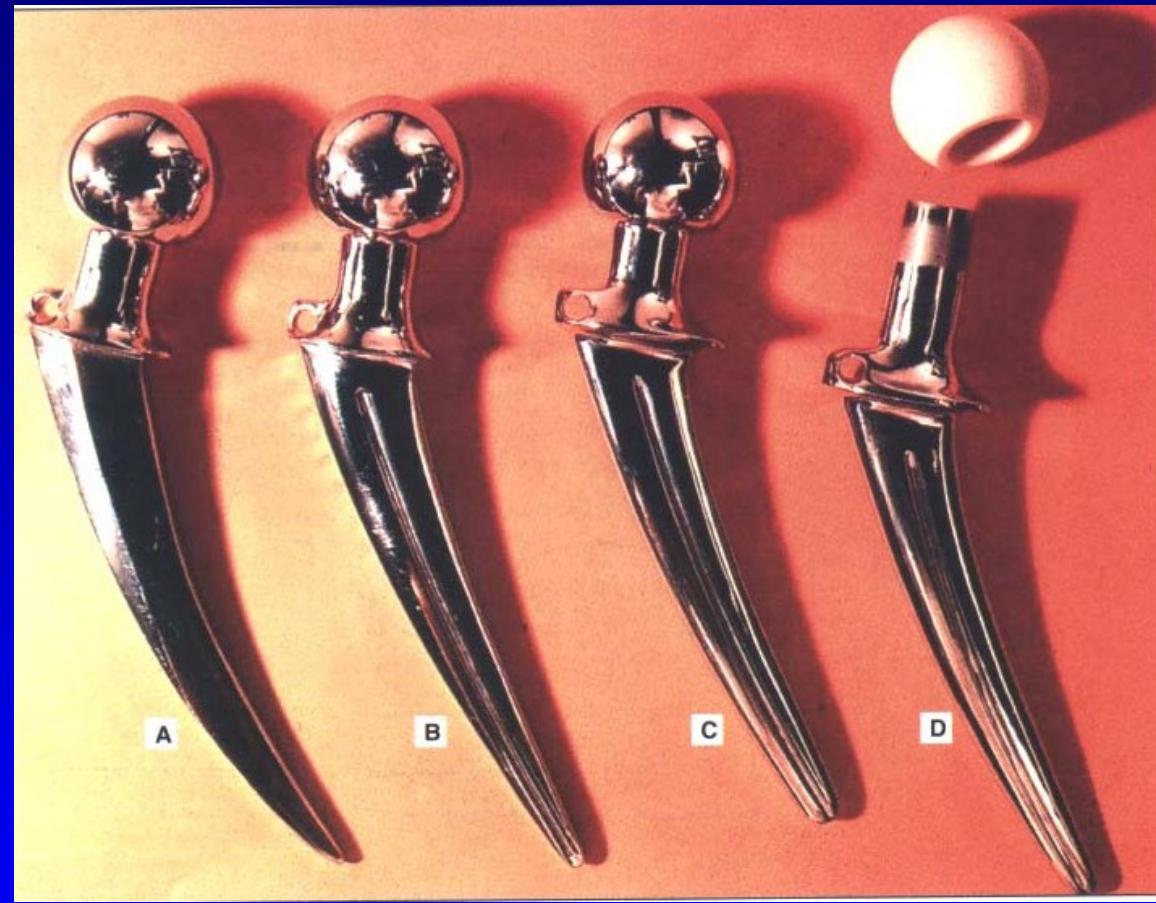
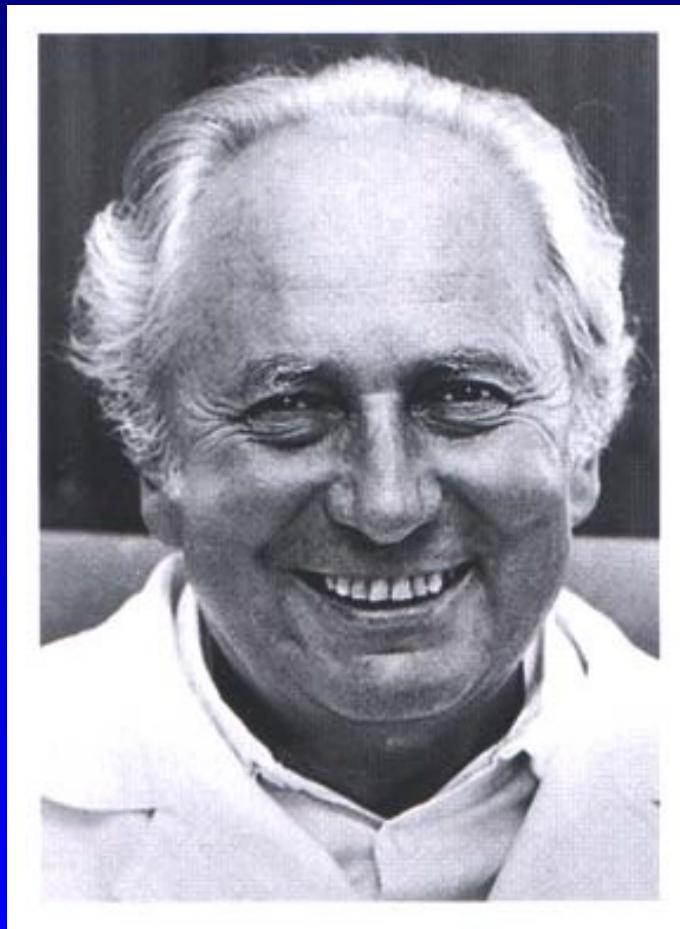


1977  
Geradschaftprothese



Prof. B.G. Weber

Praha, 1988



1972

Prof. MUDR. Oldřich Čech, DrSc.

1986

Dříky Poldi- Čech

# Fixation in the bone

## Types of THA



Cemented



Hybrid



Uncemented

# Primary THA

Polyethylene cup



Head

Neck

Stem

# Revision THA

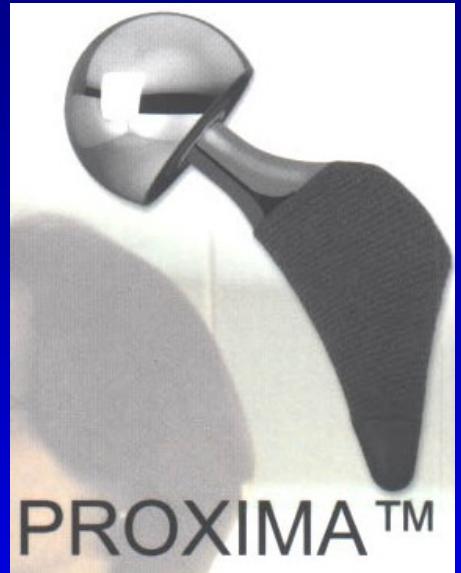


# For tumors



# Conservative THA

Mayo  
Proxima  
Mehta



Mayo stem

# Femoral head prosthesis

Thompson



# Metal

- Steel
- Cobalt - chromium-molybdenum alloys
- Titanium alloys



# Polyethylen

- UHMWPE :  
ultra- high- molecular-  
weight- polyethylen



# Polyethylen

- Linear wear 0,1 - 0,2 mm / year
- Volumetric wear 0,3 - 10 mg / year
- Cold flow – plastic deformation
- Abrasion and delamination
- Oxidative degradation
- Storage in vacuum or in argon
- Modern trends:  
highly crosslinked polyethylen
- with vitamin E

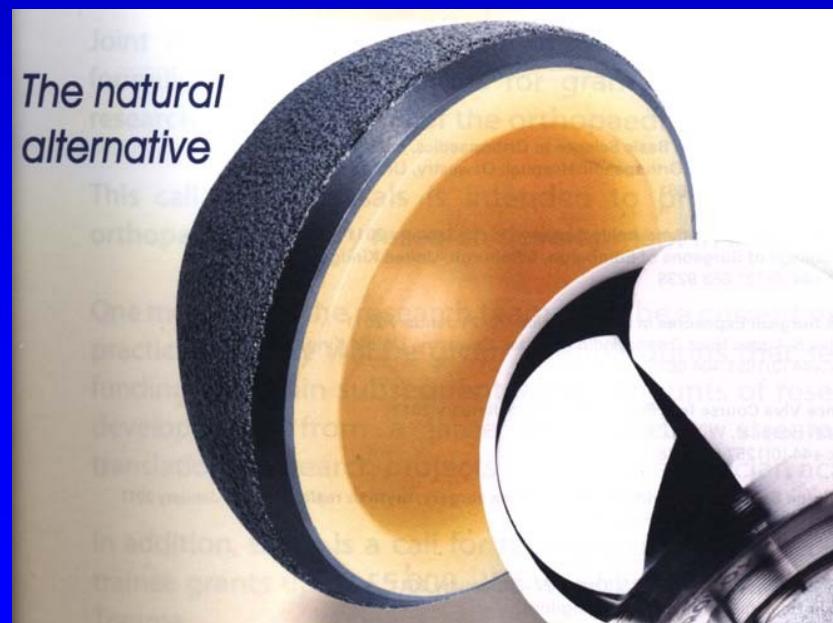


# XPE- highly-cross-linked polyethylen + vitamin E

Inkorporace vitamínu E do struktury PE

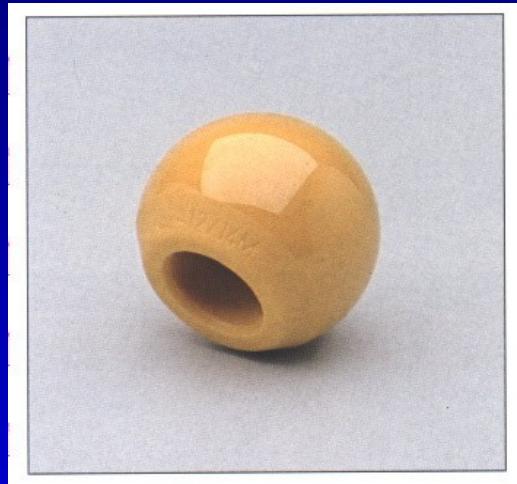
Antioxidanty tlumí in vivo oxidaci polymerů

Homogenně smíchaný vit E zvyšuje mechanické vlastnosti více než konvenční XPE



# Ceramic

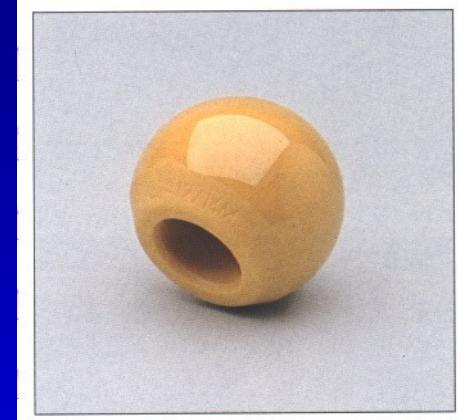
- Corundum or Zirconium  $\text{Al}_2\text{O}_3$
- Smooth surface
- Brittle
- Less wear: 0,005 - 0,15 mm / year



# Keramika

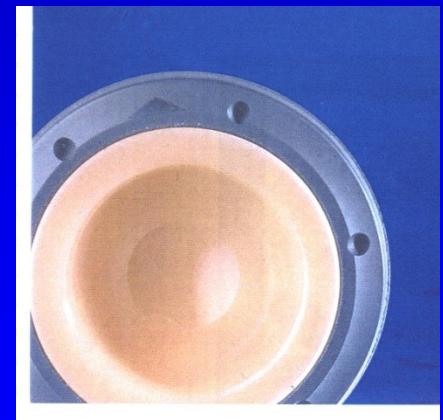
Výhoda - povrch keramiky je hladší

Zanedbatelná tvorba otěrových částic  
a jejich bioinertnost



Nízký otěr

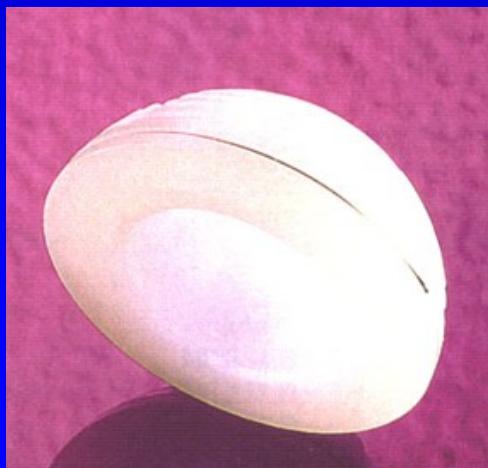
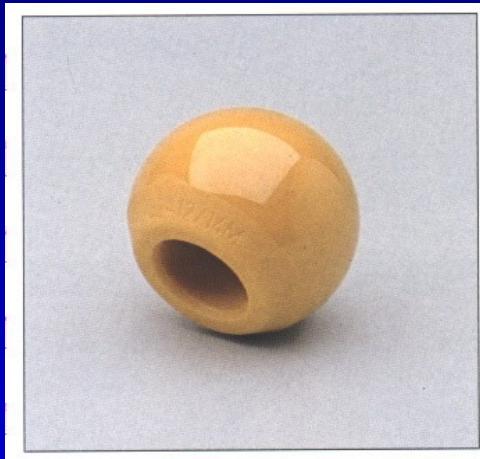
Otěr keramické hlavičky proti PE jamce:  
pod 0,15 mm/ rok



Otěr keramické hlavičky proti keramické  
jamce: pod 0,002 mm/ rok

# Contact : head - cup

- Metal- polyethylen
- Ceramic- polyethylen
- Ceramic -ceramic
- Metal- Metal



# Průměr hlavičky a inzertu

22, 28, 32, 36, 38, 40 mm



Výhody 36 mm hlavičky:

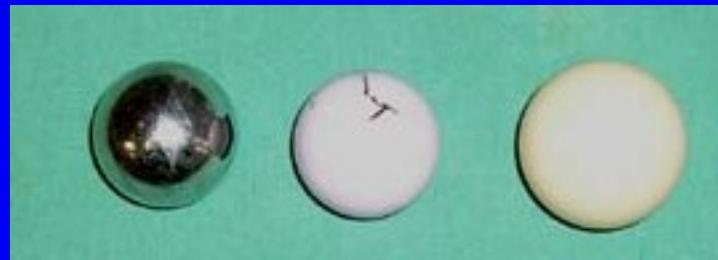
Vyšší stabilita

Nižší riziko luxace

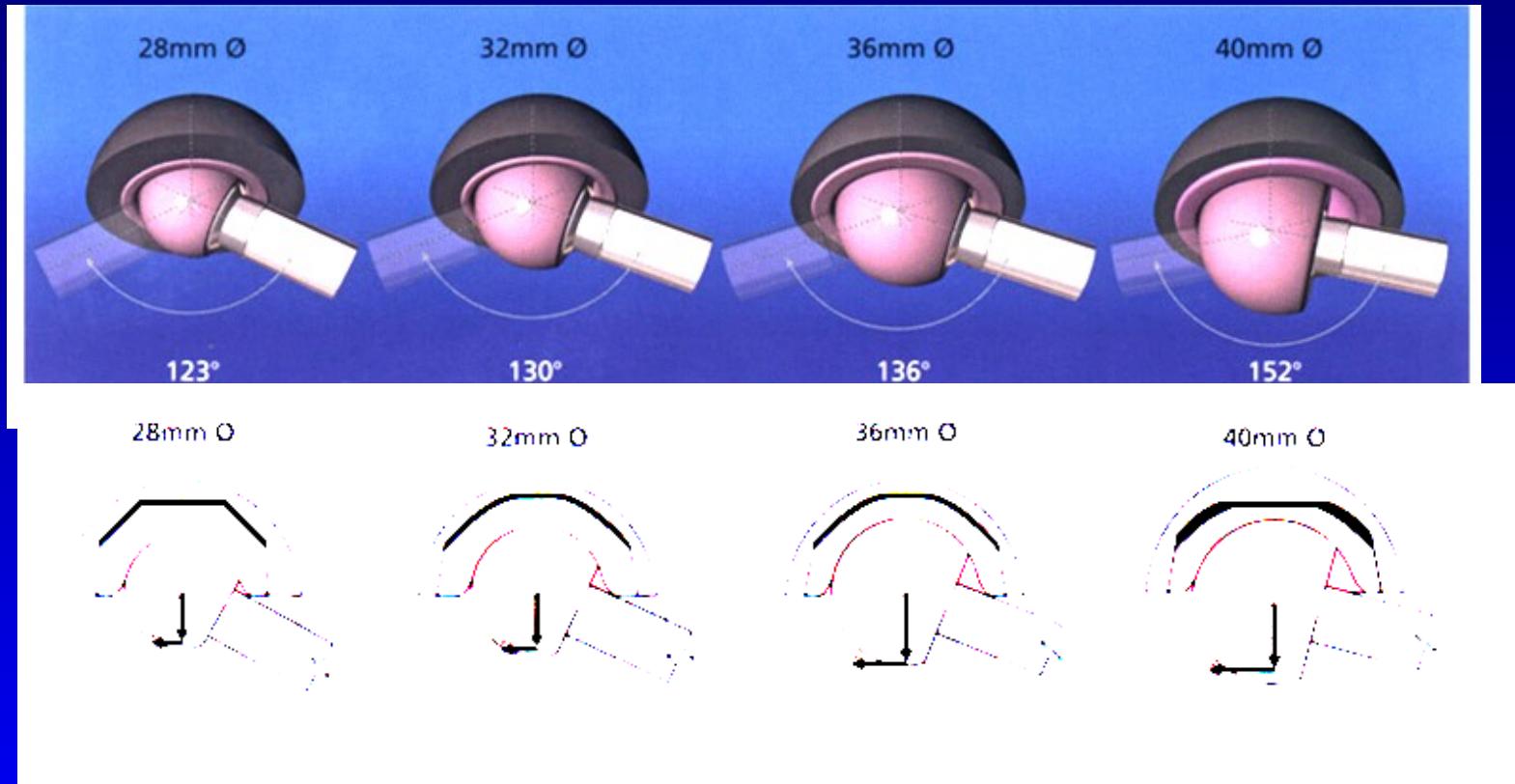
Větší rozsah pohybu

Menší riziko impingementu krčku s okrajem jamky

Zeštíhlení krčku



# Velikost hlavičky



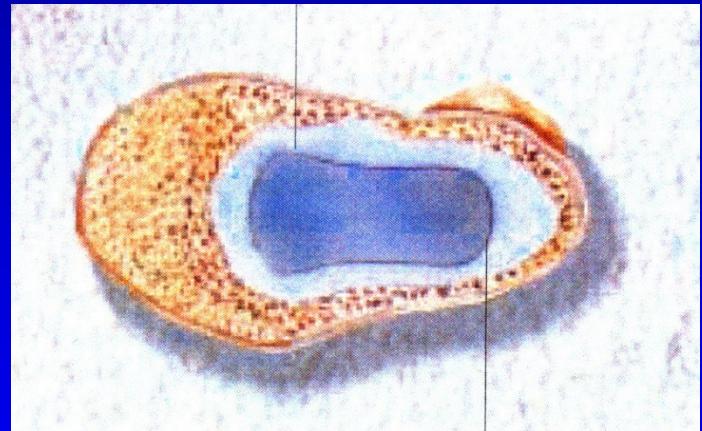
Riziko luxace: 4,63 %

0,88 %

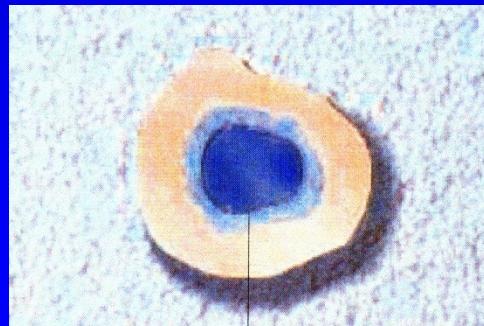
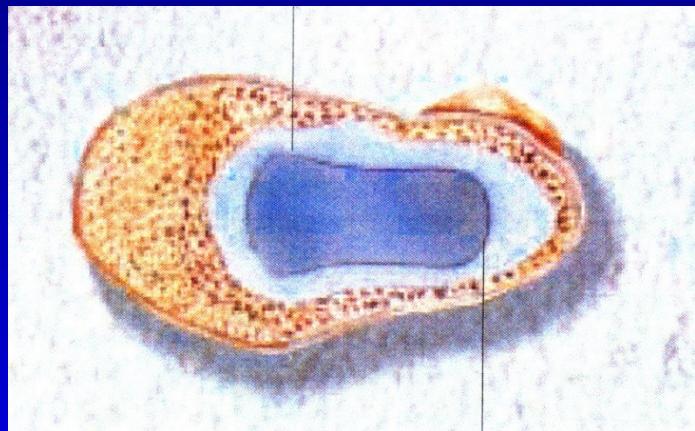
Větší průměr hlavičky: větší rozsah pohybu  
snižuje se impingement  
snižuje se riziko subluxace nebo luxace

# Bone cement

- Polymethylmetacrylate
- Powder polymer, fluid monomer
- Exothermic reaction 83- 100 °C
- Hardening in 10 min.
- Adverse effects: hypotension, coagulation of proteins, cytotoxicity



# Cemented THA

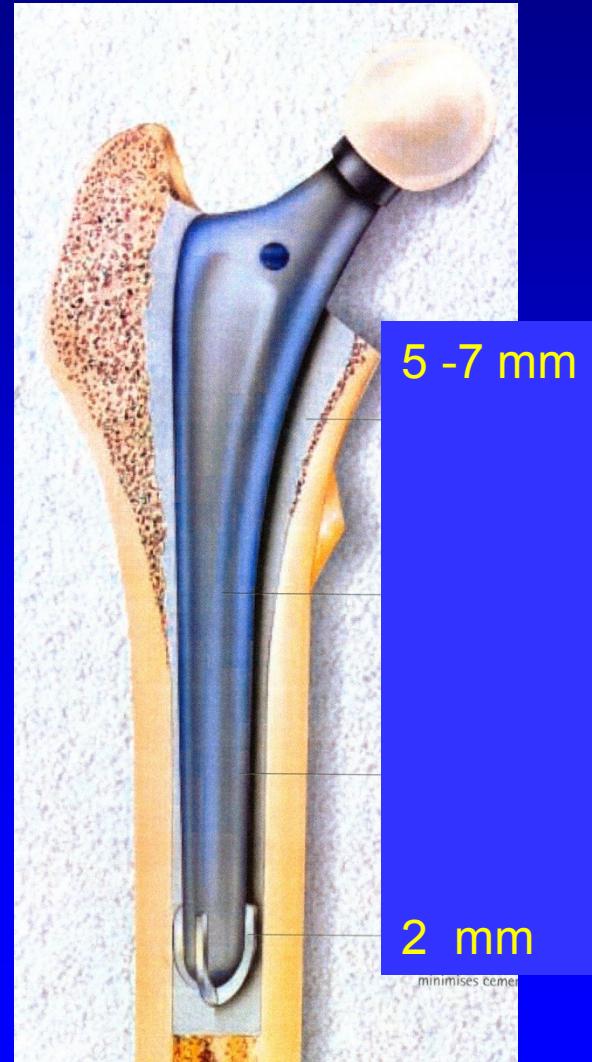
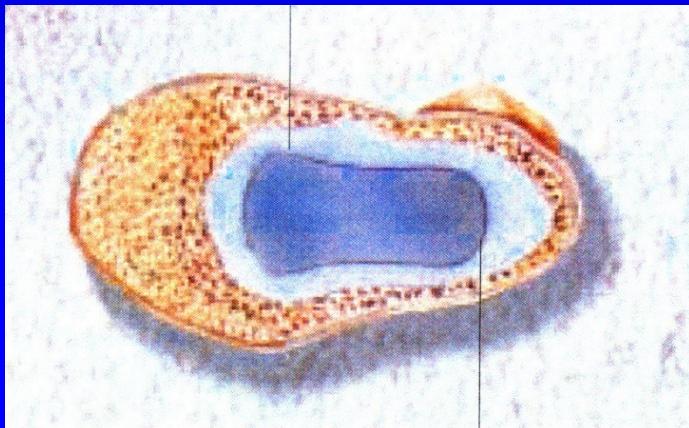


5-7 mm

2 mm

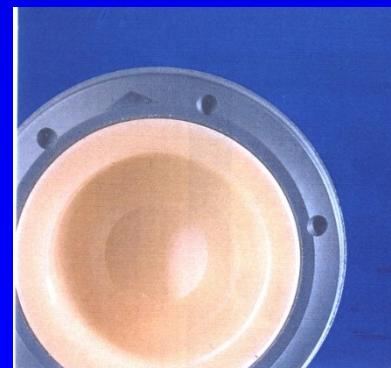
# Cementing technique

- Interdigititation into bone trabeculae
- Regular layer:
  - under the cup 3 mm
  - around the stem 2- 7 mm

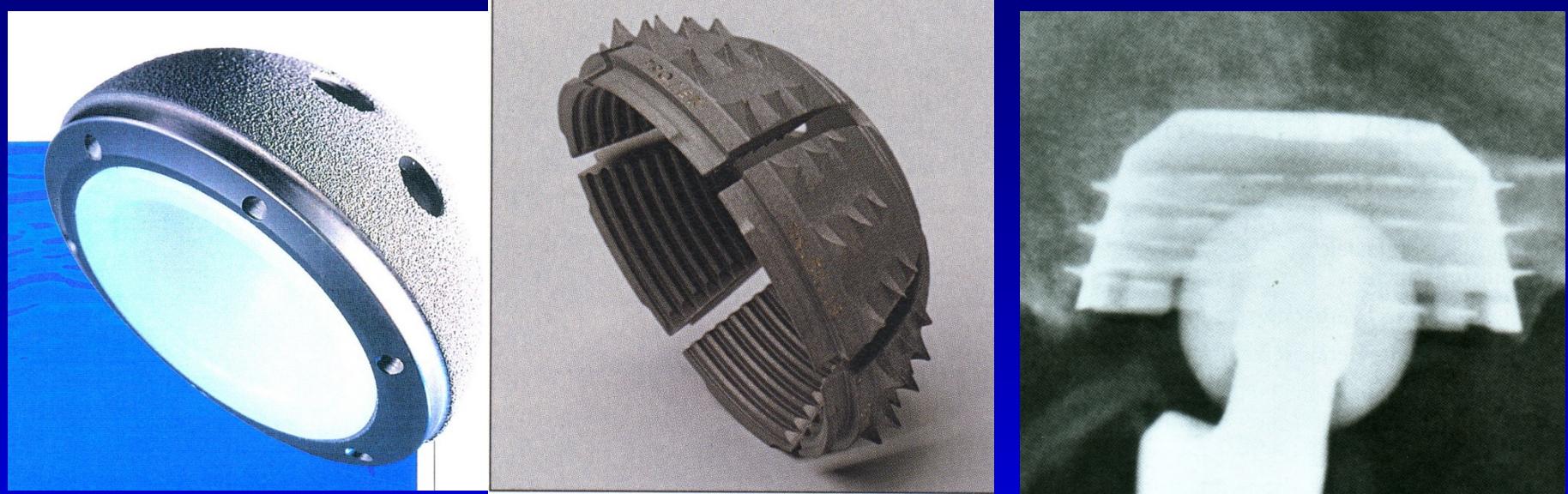


# Acetabular component

- Cemented: polyethylen
- Necemented: metal- backed
  - with PE insert
  - with ceramic insert



# Uncemented cup



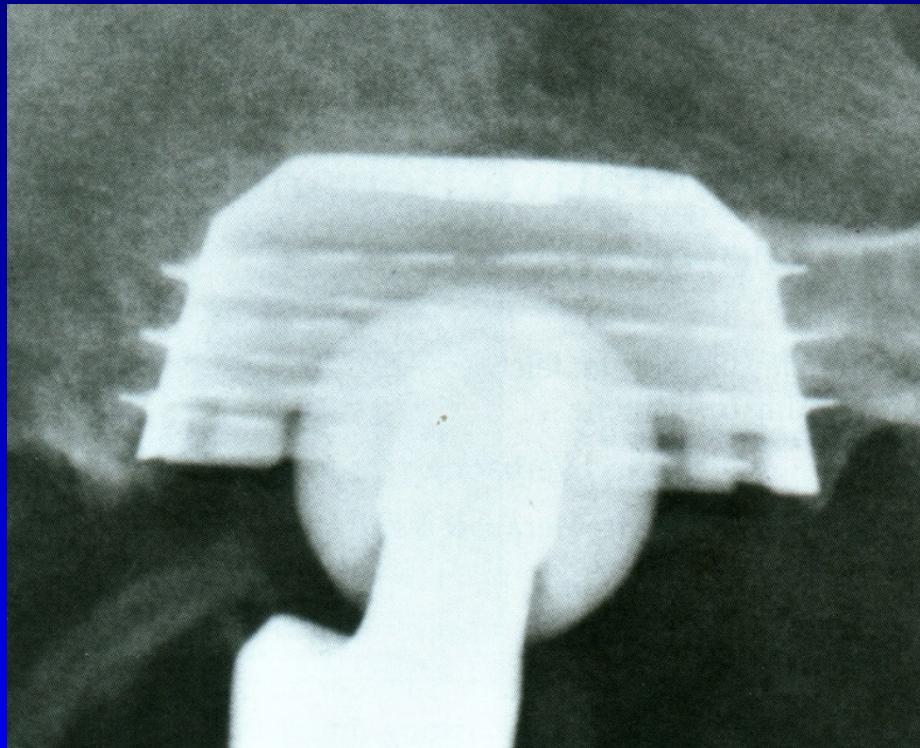
Press - fit

Expansion

Threaded

Primary fixation: mechanical anchorage in the bone

# Uncemented cup



Secondary fixation: osteointegration of the implant on the surface of bone

# Povrchy implantátů

Makroporozita

Mikroporozita

Póry na povrchu 5 µm - 600 µm

Póry nad 800 µm- vrostě vazivo

Porozita- % vzduchu mezi strukturami pórů  
obvykle 20-80 %



# Povrchy implantátů

## On-growth surface (Ti plasma spray)

Hrubost stimuluje osteointegraci

Hrubost povrchu - vertikální deviace od  
ideálního plochého povrchu  $R_a$

$R_a$  5  $\mu\text{m}$  – CLS dřík, Allocasic Zweymuller dřík



## In-growth surface Trabecular Metal

Trabecular Titan

Velikost pórů minimálně 300  $\mu\text{m}$  se doporučuje  
k podpoře vrůstu kosti a vaskularizaci



# Adhezivní povrchy

Trabecular tantal

Trabecular titan

Povrchy s vysokou iniciální stabilitou

- velmi dobrá adherence
- vysoký frikční koeficient



# Trabecular titan

Reprodukuje morfologii spongiózní kosti

Kontinuální struktura bez vrstvy s rizikem  
odloučení - není to „coating“

Elasticita je blízká spongiózní kosti

Trabecular titan: porozita 80 %  
velikost pórů 440 µm

Vrůstají kmenové buňky a diferencují se  
na osteoblasty

Není vazivová tkáň

Adhezivní rezistence



# Hydroxyapatitový povrch

Bioaktivní

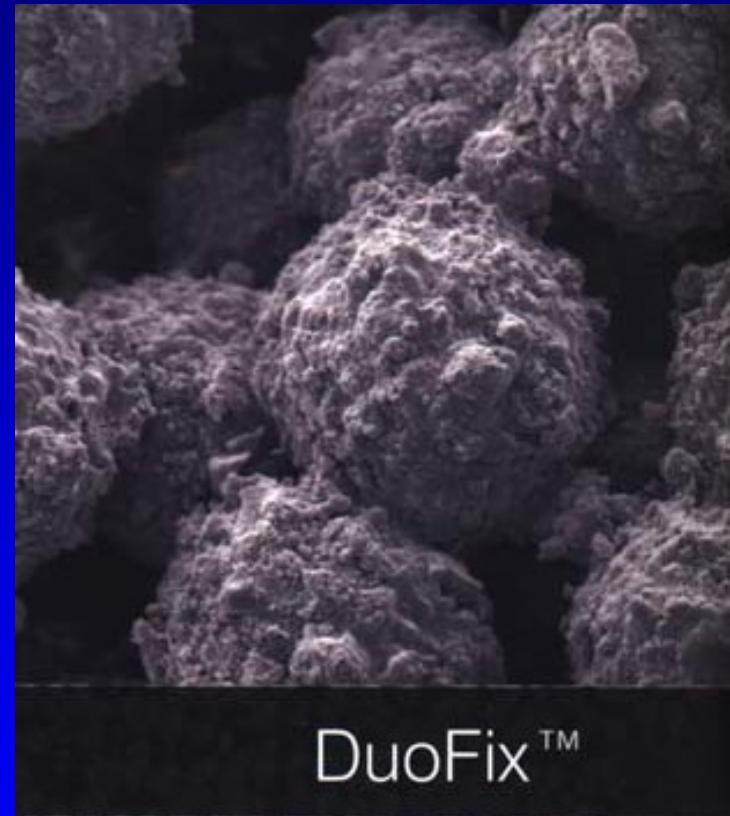
Bionertní i osteokonduktivní

Nejvíce kompatibilní materiál

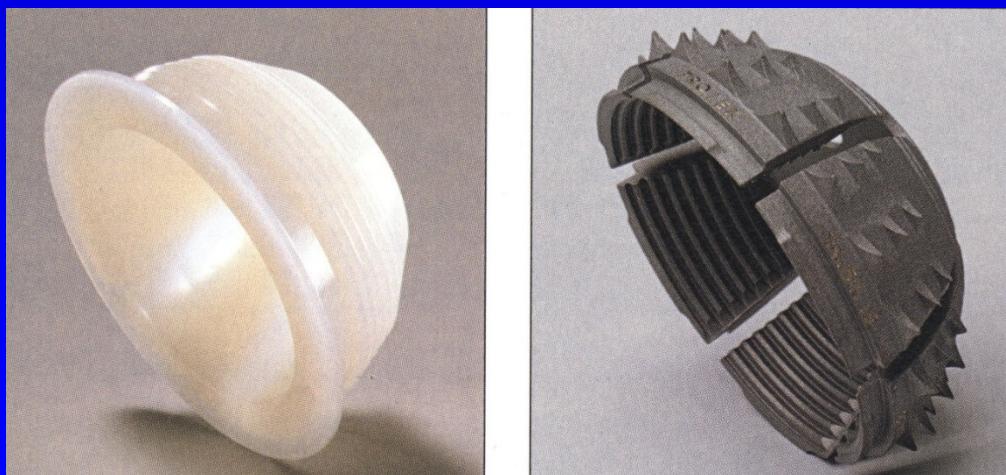
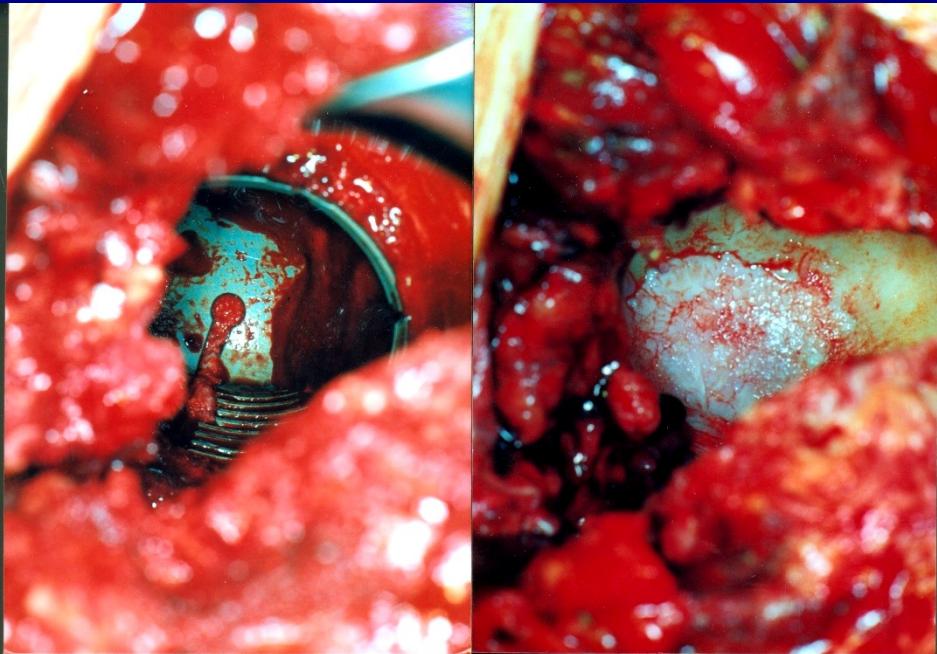
Podporuje růst kosti ze strany kosti  
a dále na povrchu implantátu

Chemické vazby mezi kostí a HA

Spojení s kostí na 70 % povrchu



# Expansion cup- CLS

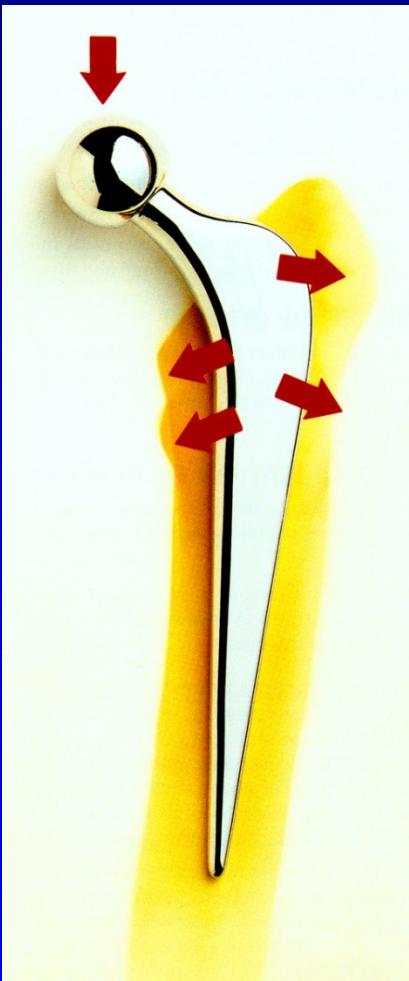


# Bicon – Zweymüller cup



# Femoral component

- High polished surface for cementing fixation
- Porous surface for cementless fixation



Cemented



Cementless

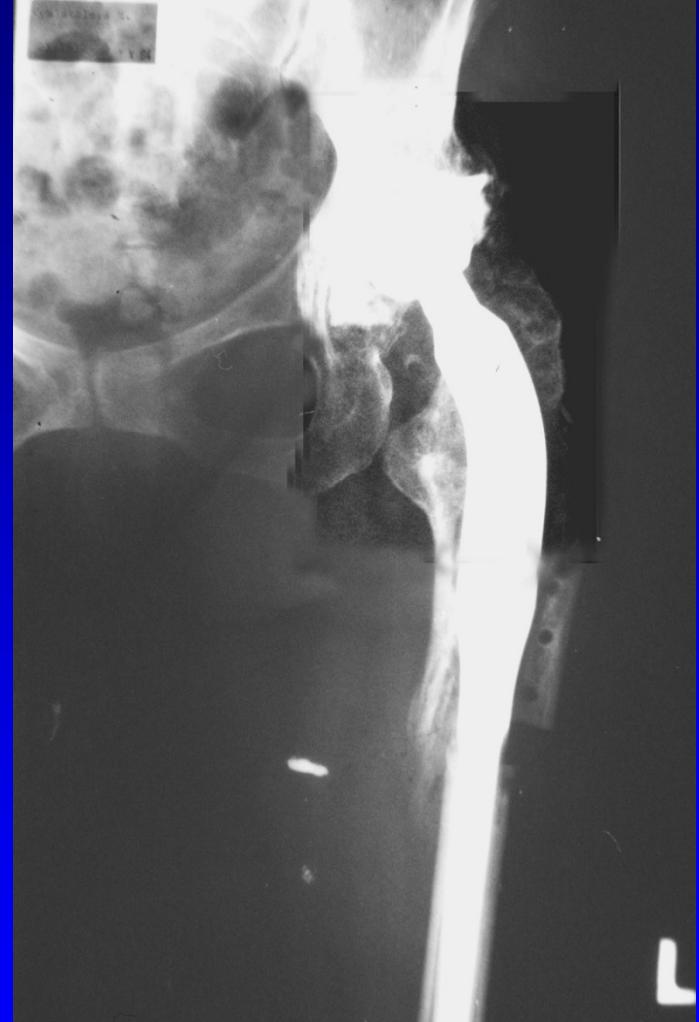
# Morscher, Spotorno MS – 30 stem cemented



# Uncemented stems



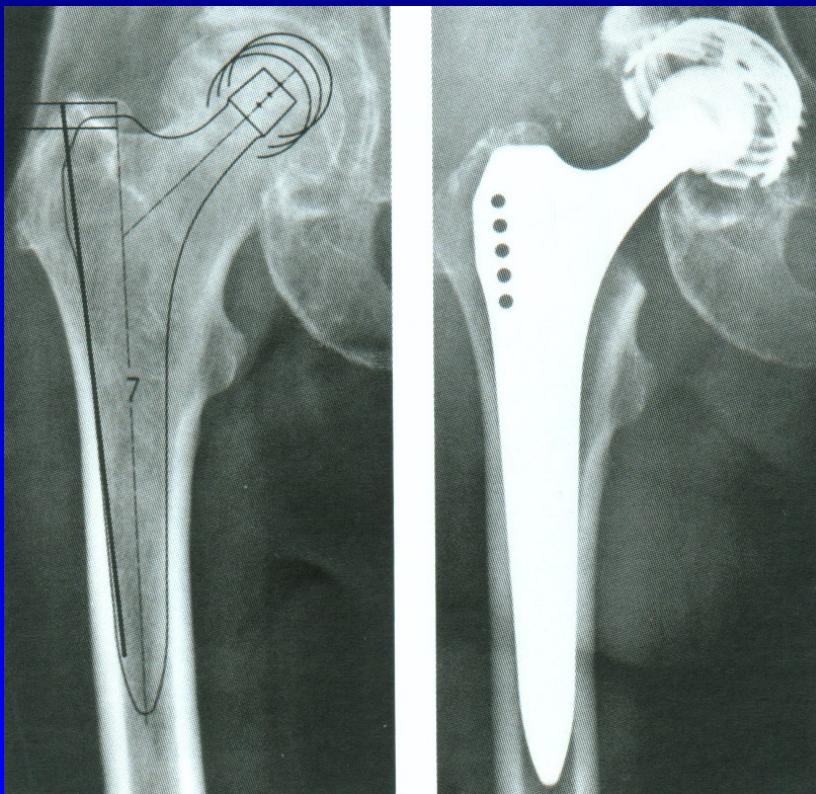
Proximal fixed



Distal fixed

# Uncemented stem

- Primary fixation:
- Mechanical anchorage in the bone
- Secondary fixation of the implant on the bone surface



# Indication scheme

- Uncemented to 60 y.
- Hybrid 61 - 70 y.
- Cemented over 70 y.

# Prerequisite for good result

Choise of the patient

Preop. examination

Prevention of infection

Choise of the implant

Operative technique

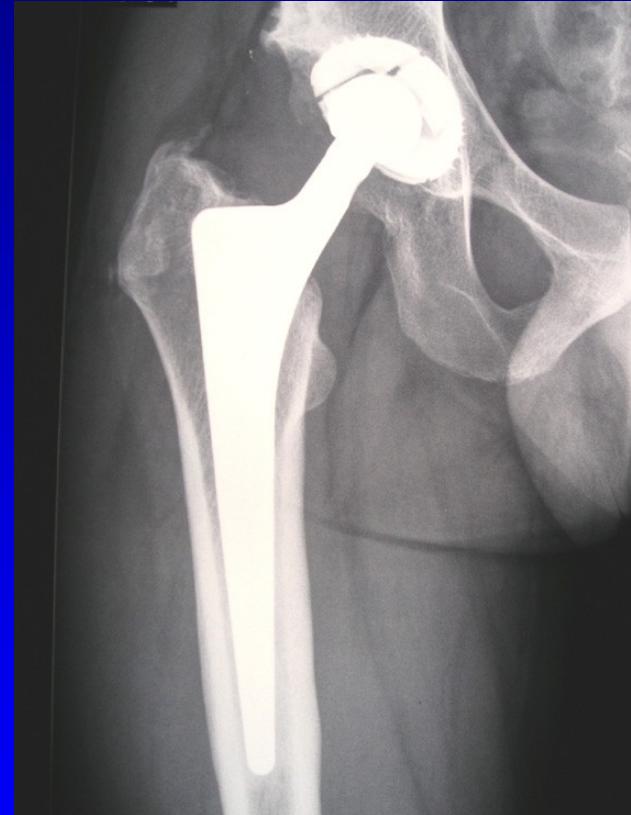
Postop. management

Activity of the patient

Regular follow- up

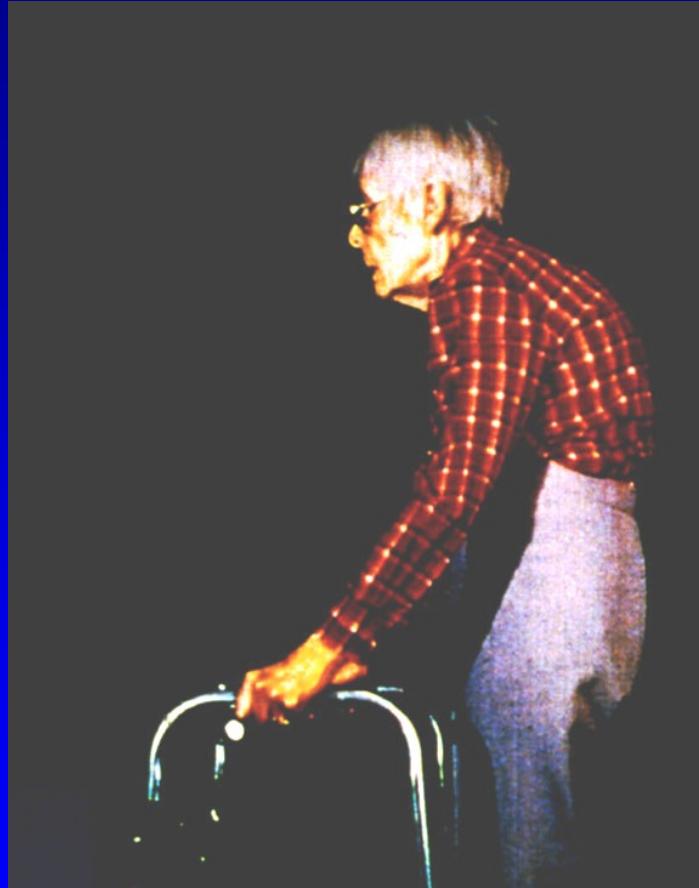
Prevetion of infection

Prevention of aseptic loosening

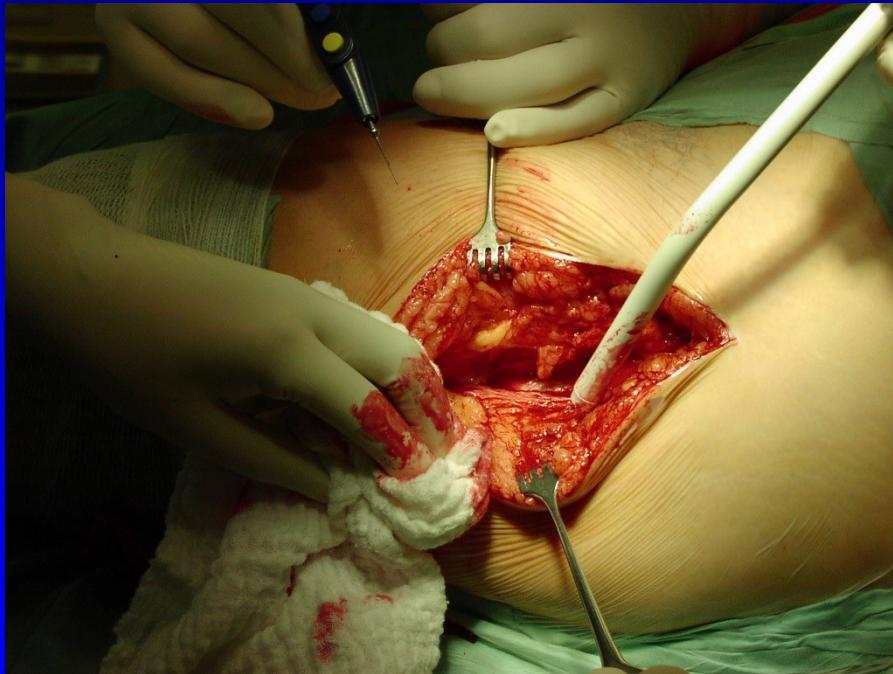


# Contraindication

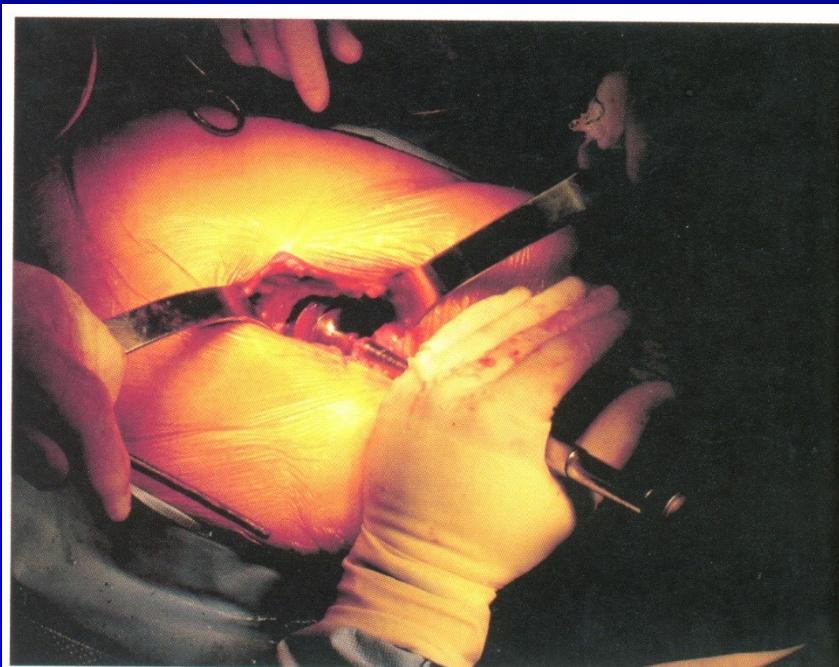
- Active infection of the hip
- Infection in the body
- General condition not good
- Neurogenic arthropathy
- Extreme low bone quality
- No cooperation of the patient
- Relative: age over 80 y.  
elevated ESR



# Approaches



# MIS- mini invasive surgery



# Operative technique

Femur – brush

- pulsatile lavage

- sealing of medullary cavity prox.- dist.

- drainage of the femur

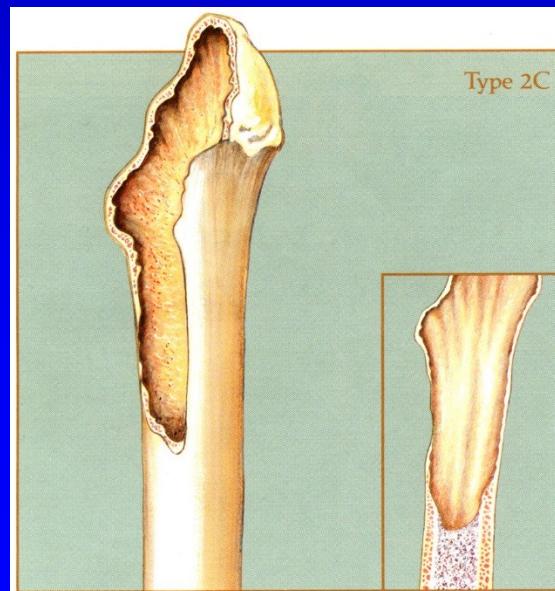
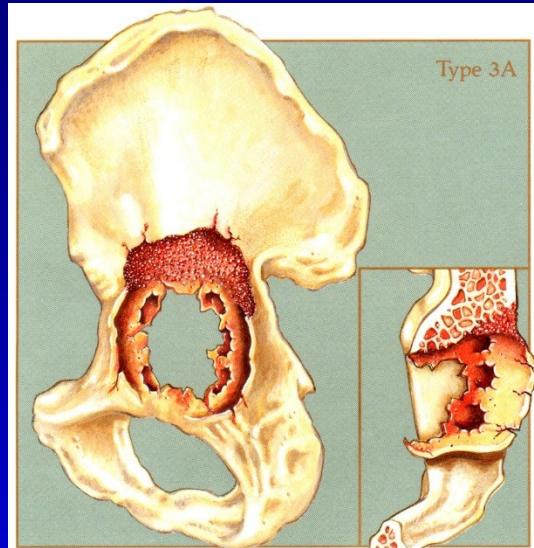
Vacuum mixing of bone cement

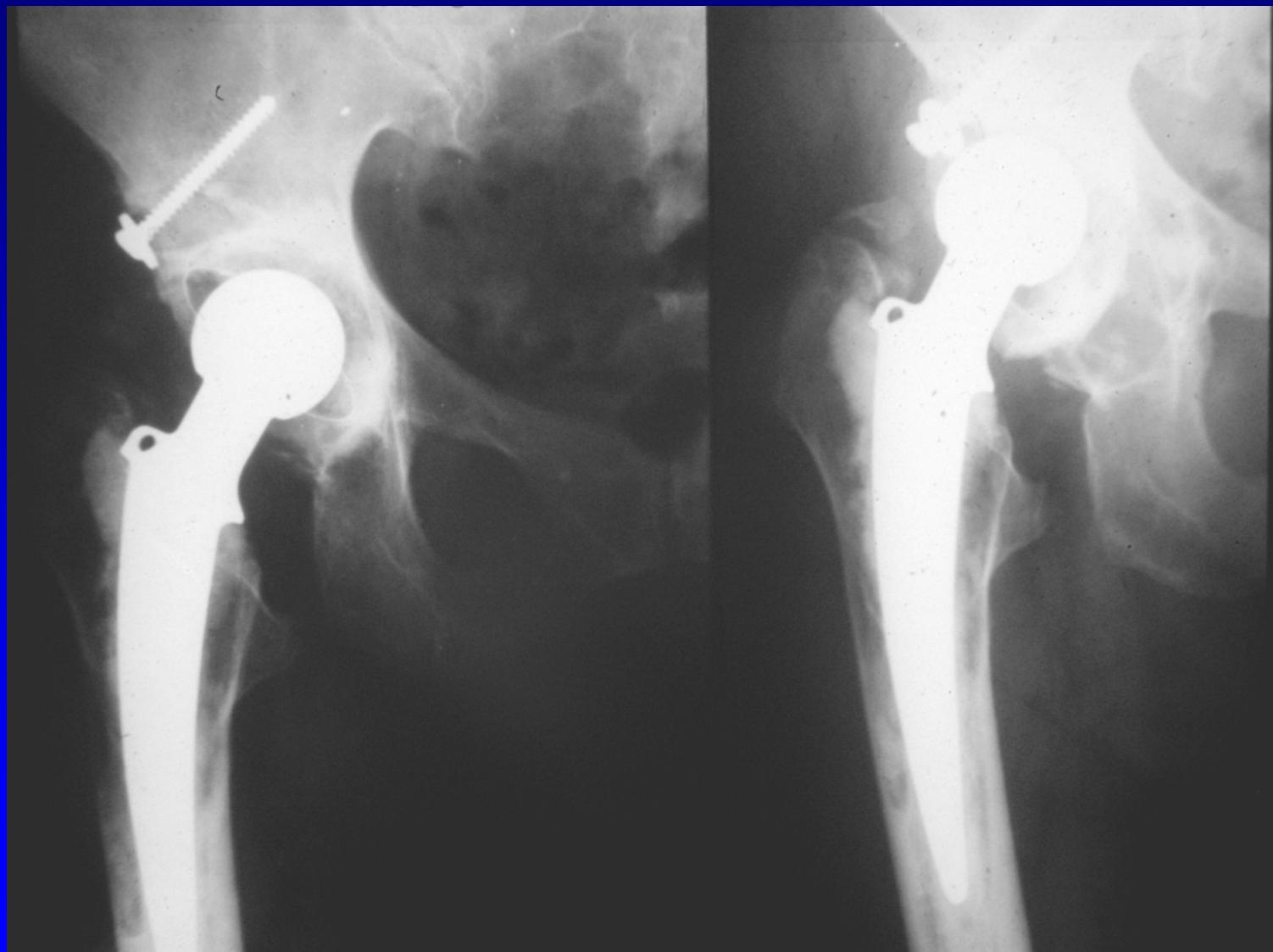
Presurisation of bone cement

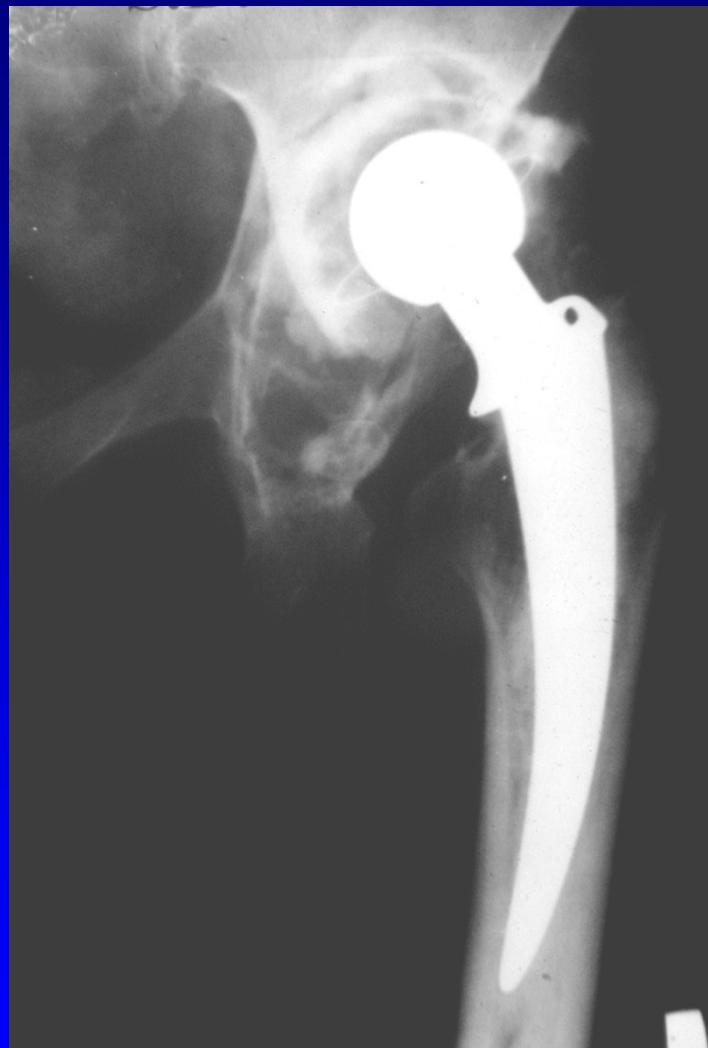
Timing of insertion of the stem

Continous pressure

# Revision THA

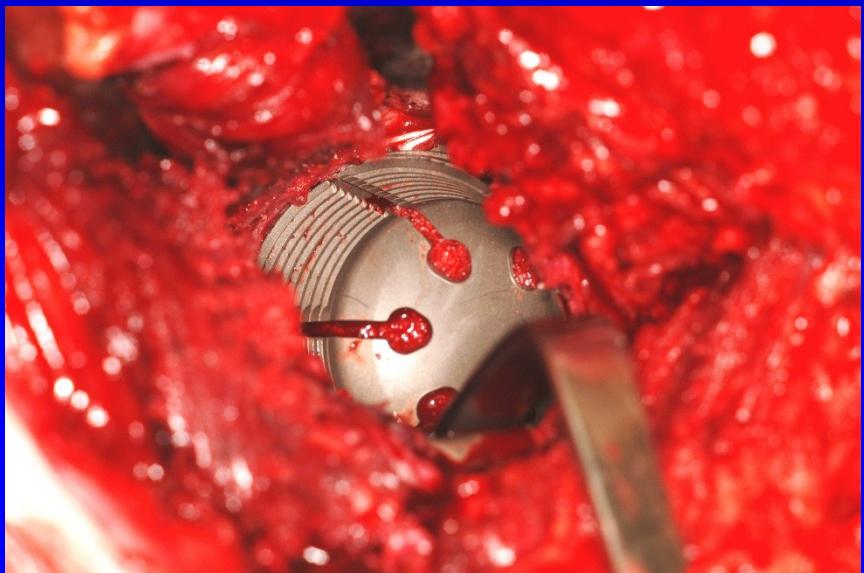




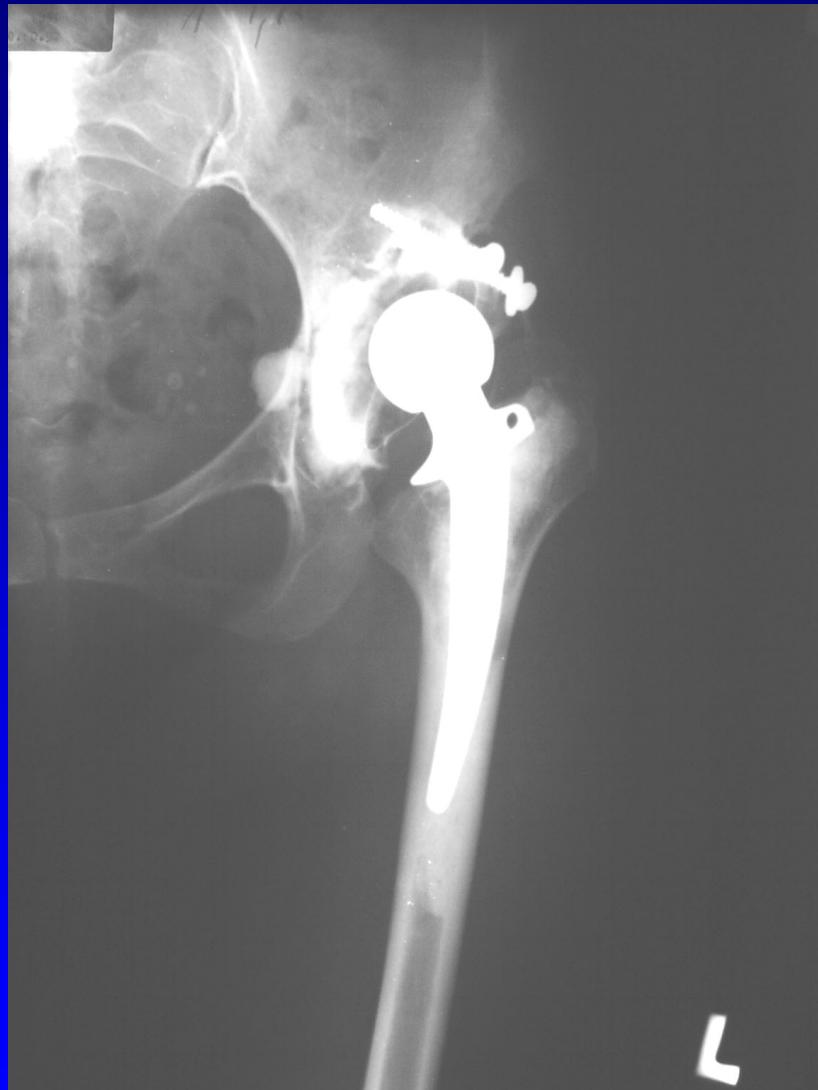


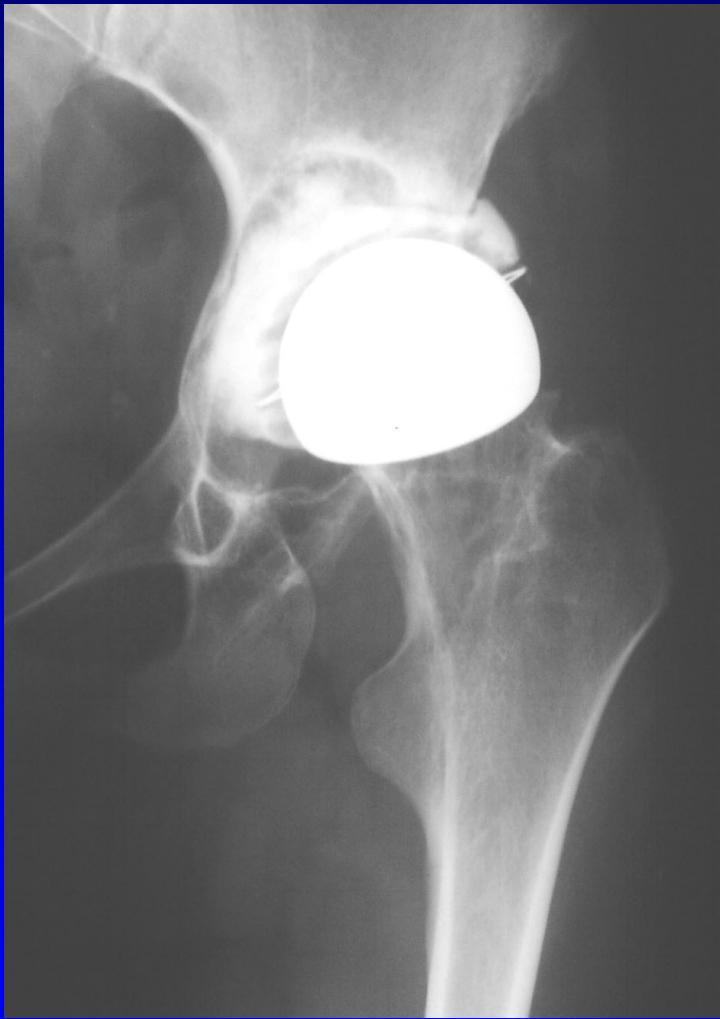


## Revision of the acetabulum



# Revision THA







# Periprosthetic infection

St. aureus

St. koaguláza negativní

Streptokoky

Enterokoky

a jiné

.

MRSA

Rezistence dalších mikrobů

Problematika biofilmu

# Periprotetická infekce - diagnostika

Klinicky

Labor: CRP, leu, FW

Kultivace puktátu kyčle

RTG- osteolýza, usurace

SONO

Kostní scan Tc-99

Peroperační průkaz

Sonikace implantátu a následné  
bakteriologické vyšetření

Prodloužená kultivace



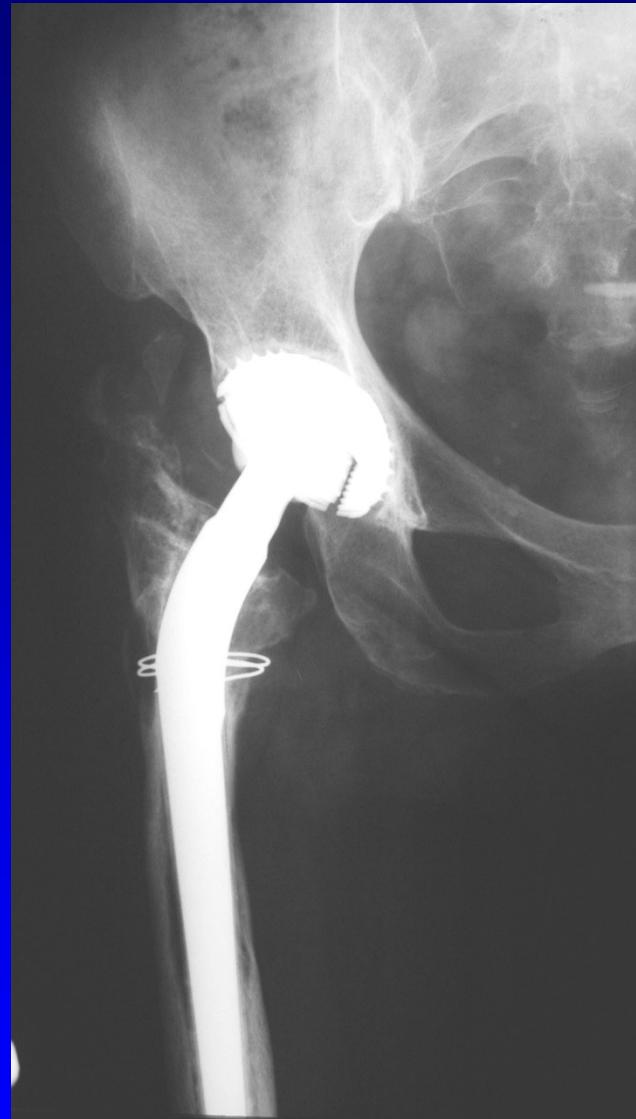
# Periprotetická infekce - PPI

Časná PPI

Chronická PPI

Pozdní haematogenní PPI





# Kyčelní spacery

Zajišťují pohyb a distanci femuru  
proti acetabula

Lepší pohyb a chůze

Jednodušší reimplantace

Prolongované a konstantní uvolňování  
Gentamycinu a Vancomycinu  
ve srovnání s míchanými cementy



# Kyčelní spacery



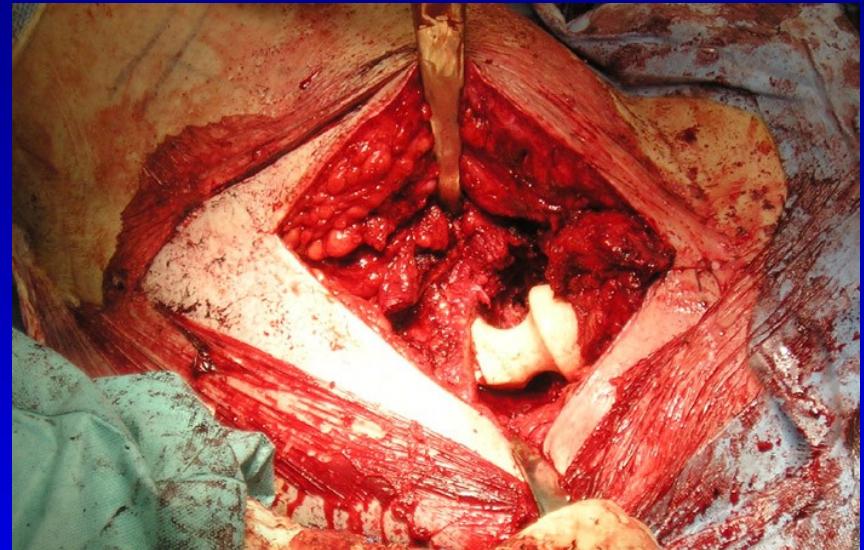
Lokální hladiny jsou vysoko nad MIC

Kryjí 90 % všech pathogenů  
Včetně MRSA a MRSNA, Enterokoky

Zabraňují kolonizaci povrchu



# Kyčelní spacy



Vhodné též u coxitid

# Zásady

Zkušenosti pracoviště

Dlouhodobé výsledky kvalitních studií

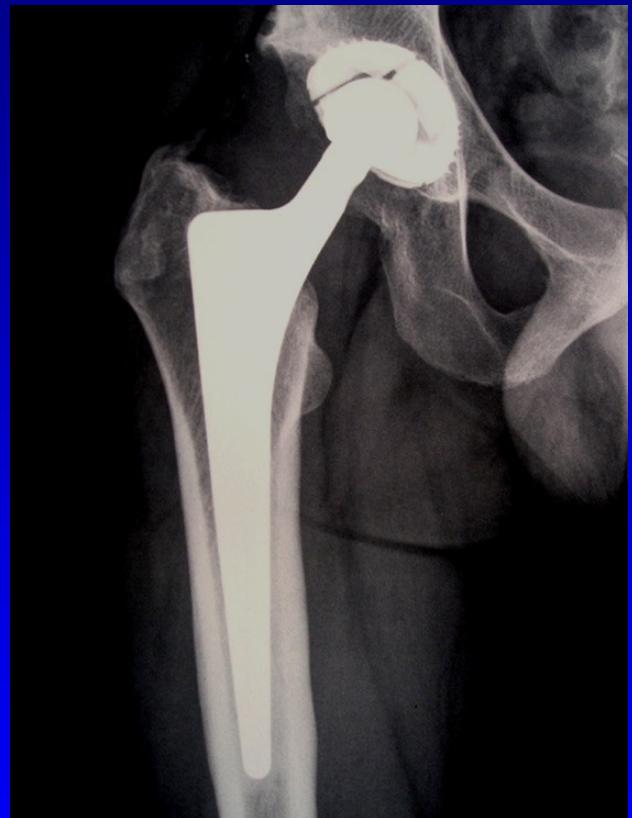
Registry kloubních náhrad

Operační technika

Vhodný implantát

Aktivita nemocného

Pravidelné kontroly



# Daily activity after THA

No lifting and wearing of heavy objects

No strenuous manual labor

No long standing and walking

Limited running

No jumping

No contact sports

Recommended sports:

swimming, bicycle, tennis

tourism, skiing?

