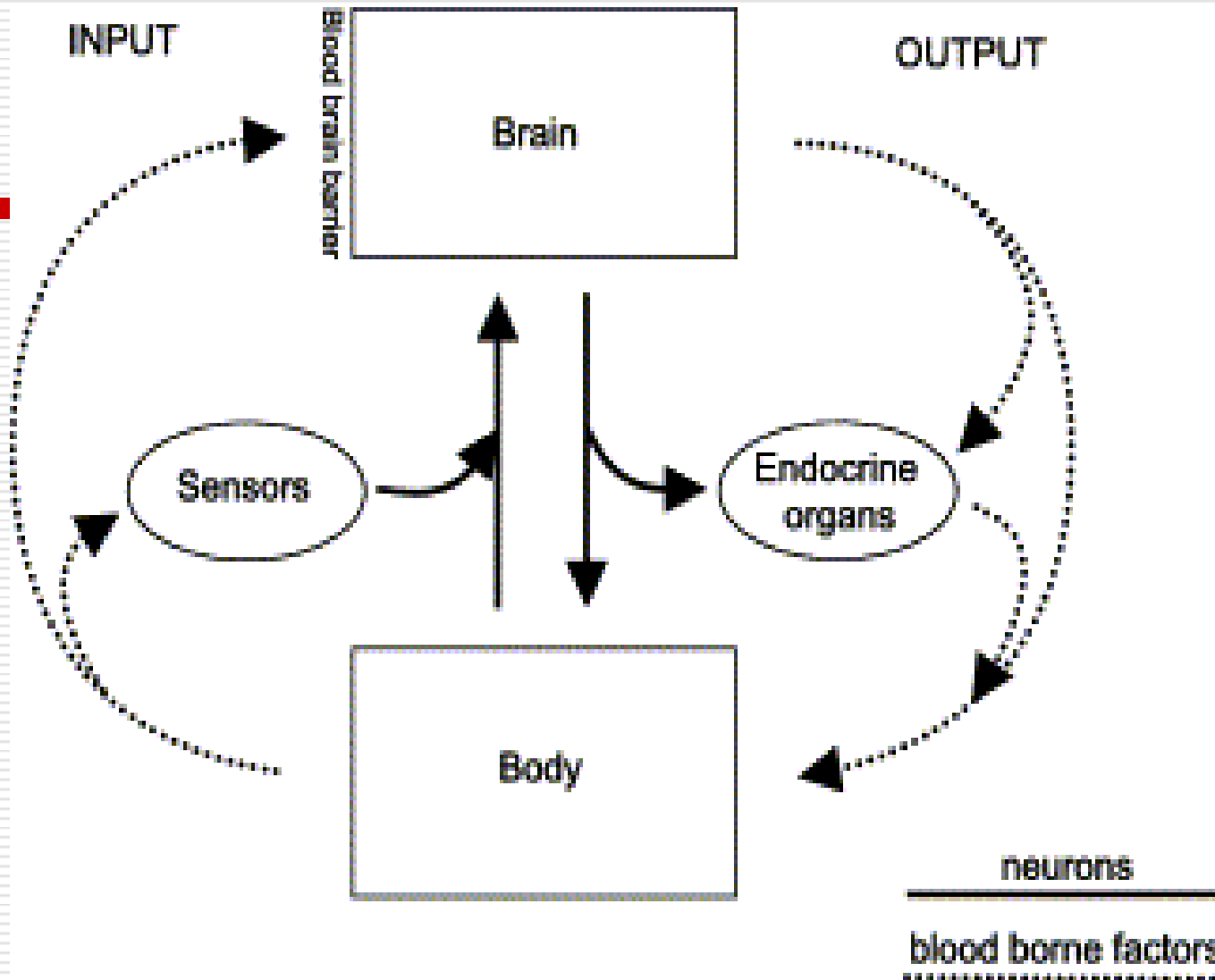


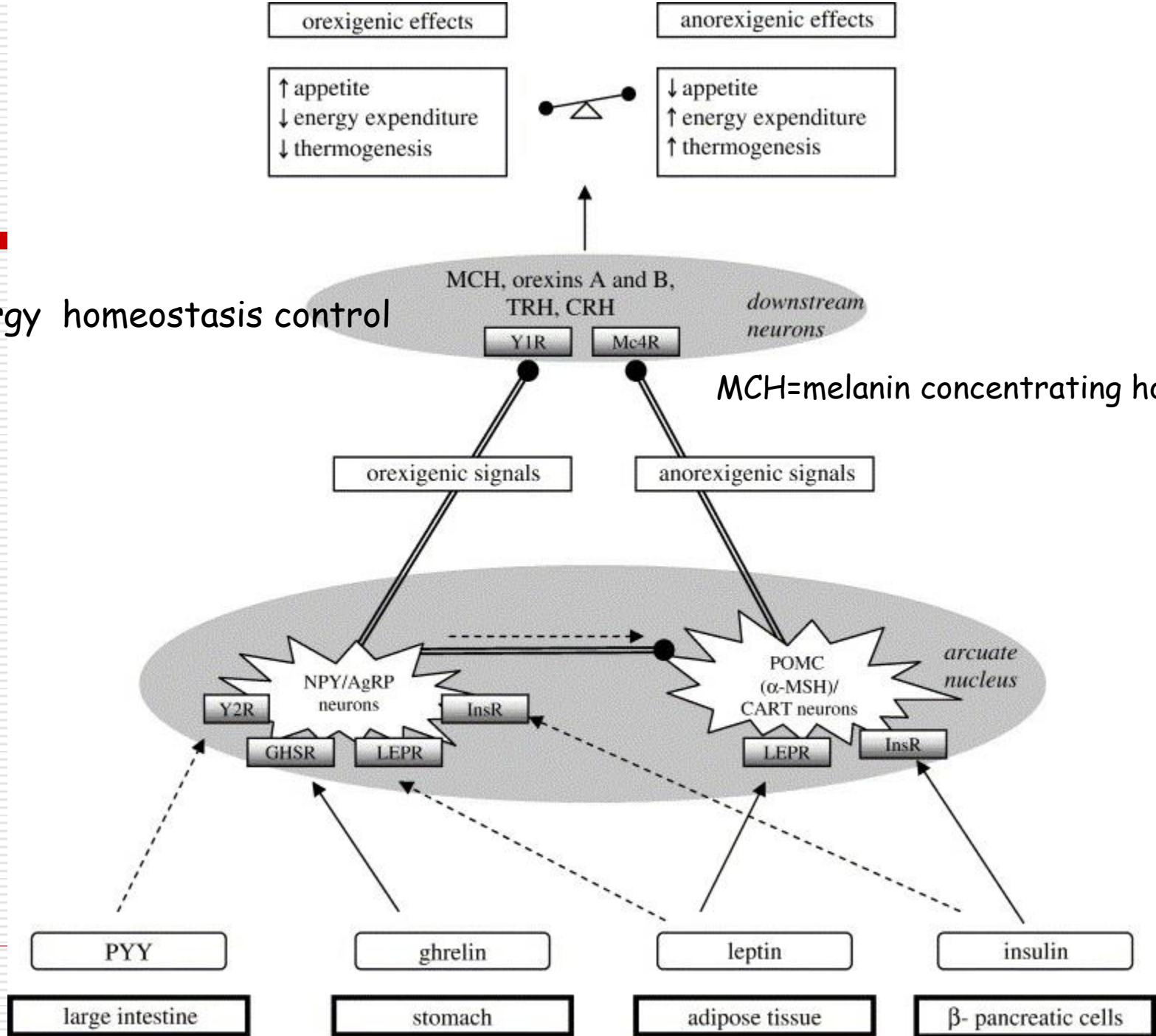
General Pathophysiology of Endocrine System

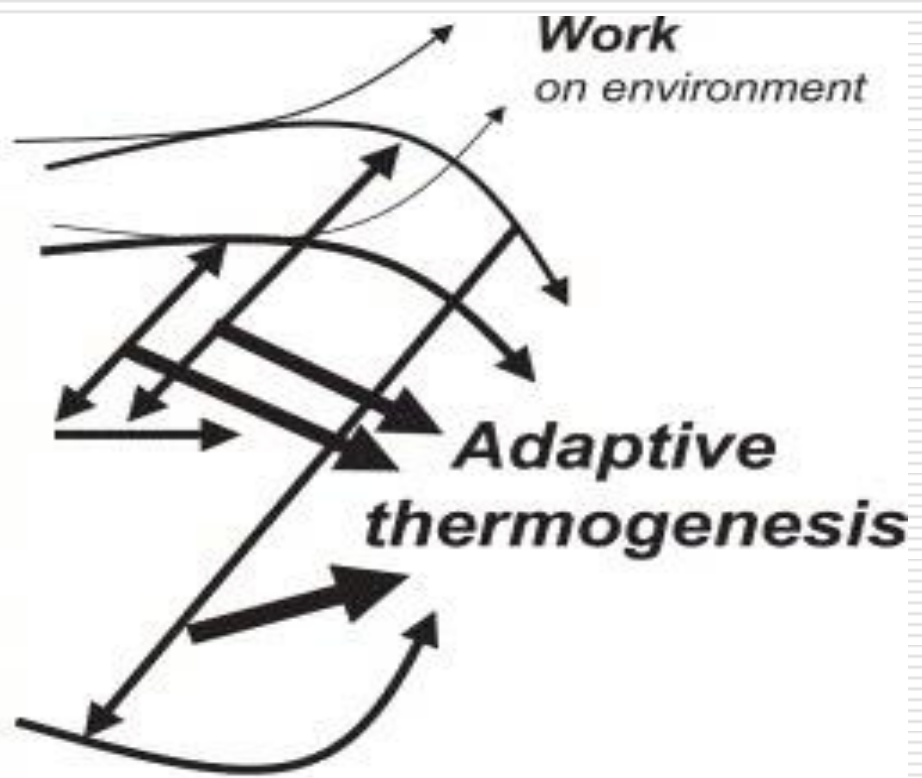
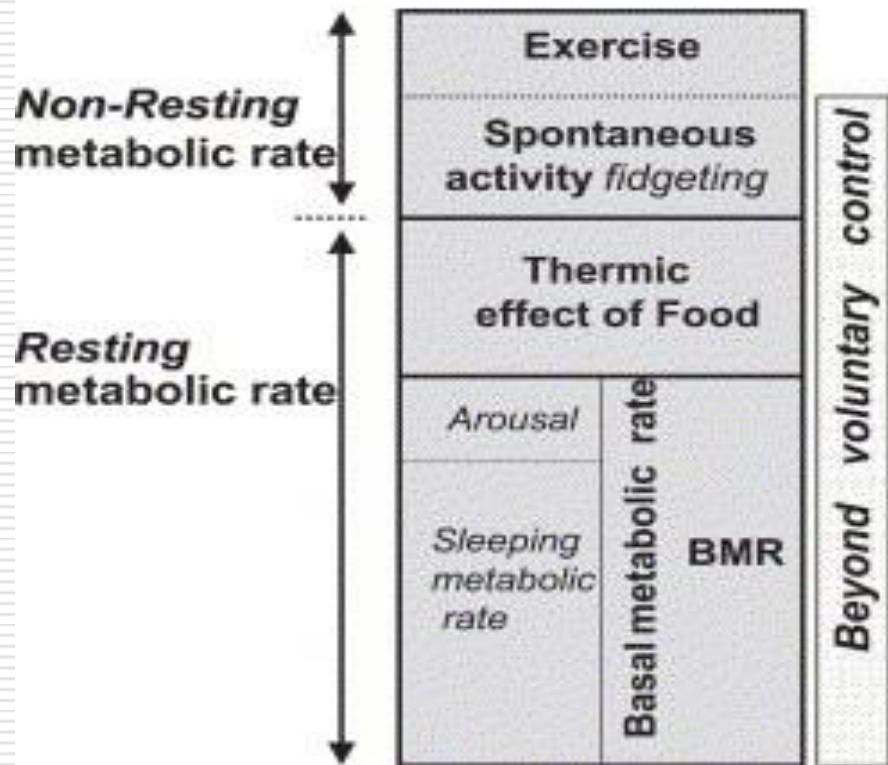
March 9, 2018

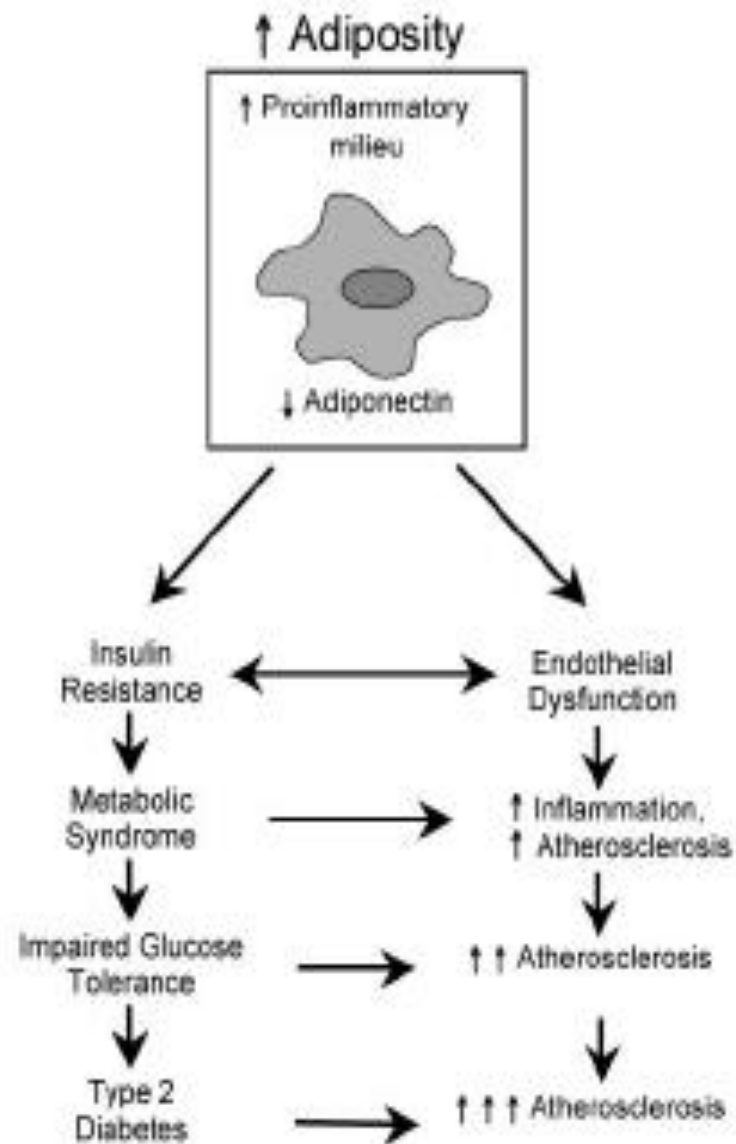
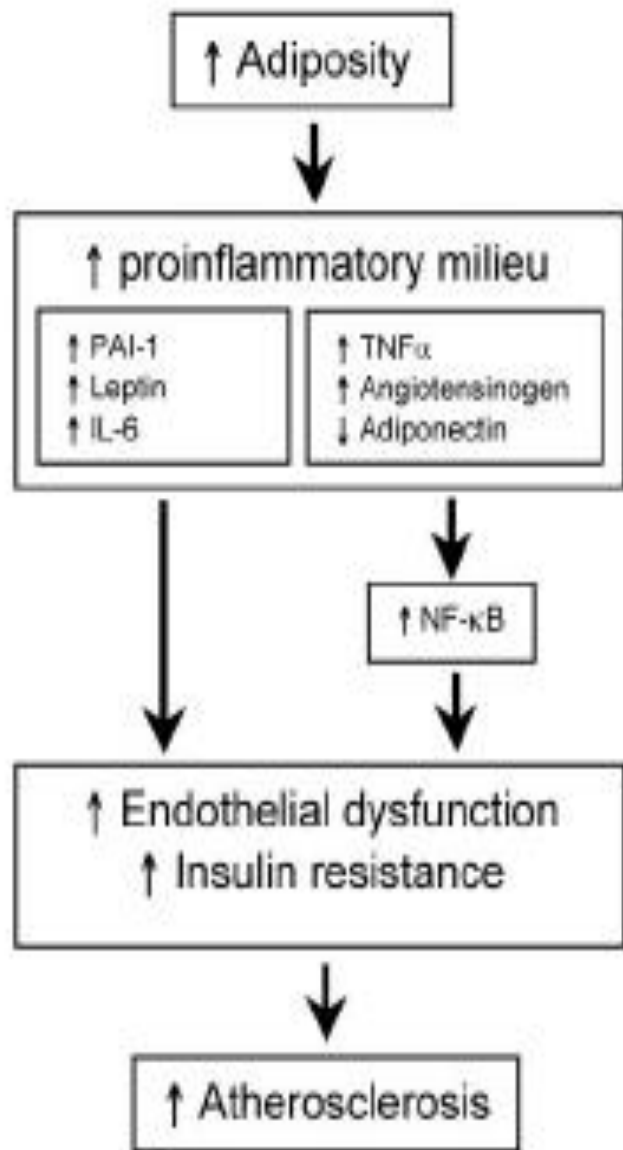


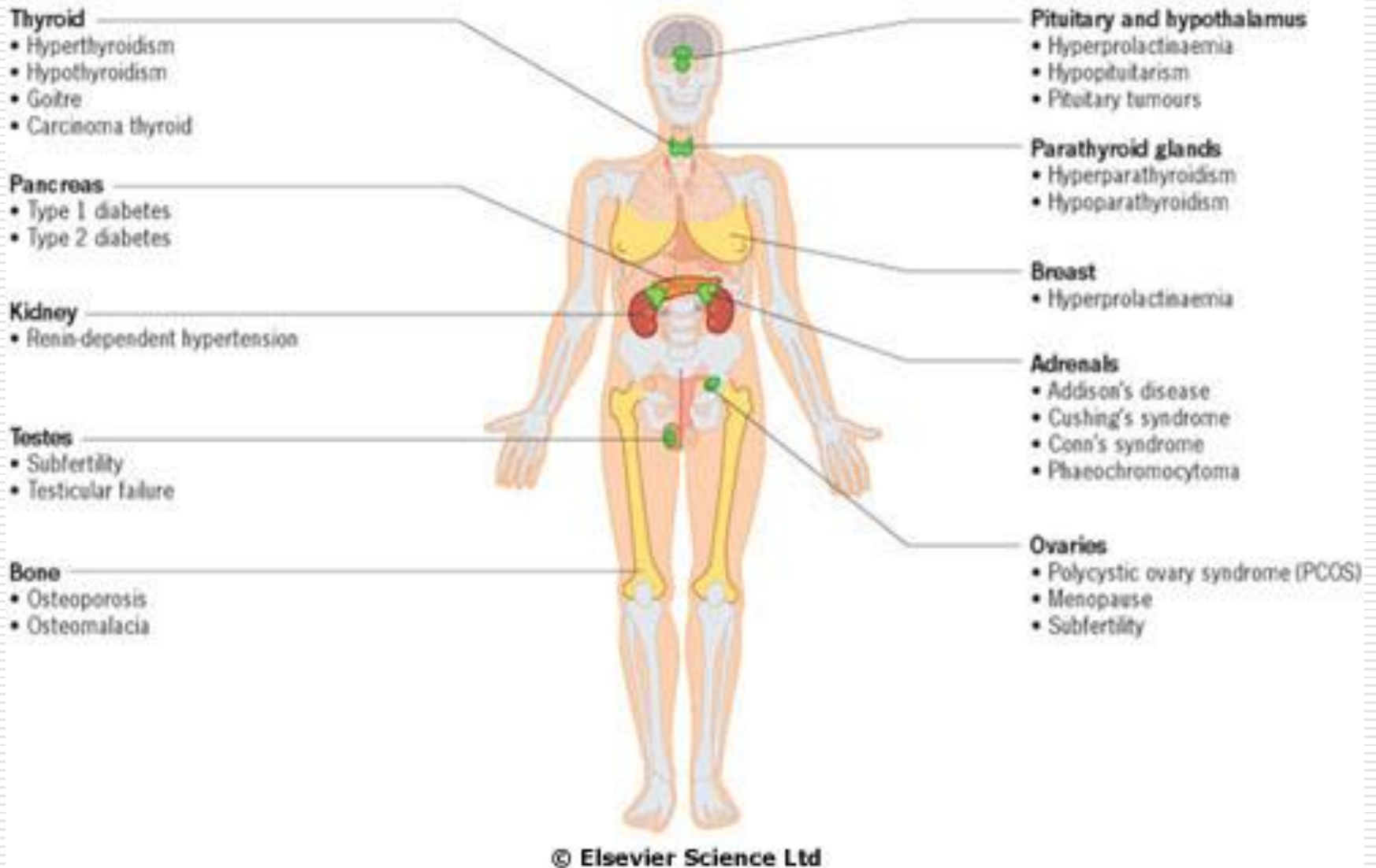
Interactive homeostatic system: communication between body and brain by means of neurons and factors circulating in blood

Energy homeostasis control









Endocrinopathies

Effects of hormones

- **Pleiotrophism:**
 - **one hormon has more effects in different tissue**
 - **more hormones modulate one function**
-

Output of the cell

- ***Acute*** - monotrophic
 - ***Chronic***-pleiotrophic

 - ***Responsive cell***- the cell able to realize postreceptively adequate response
 - ***Receptive cell***- the cell appointed by receptors
-

Effects of hormones

- **Acute** - *posttranslational effects*
- **Chronic** → *genomic effects* → trophic
(cell growth and division)

Receptor regulation types:

- *up-regulation* (genomic effect)
 - *down-regulation* (membrane effect)
-

Hormone action and receptors

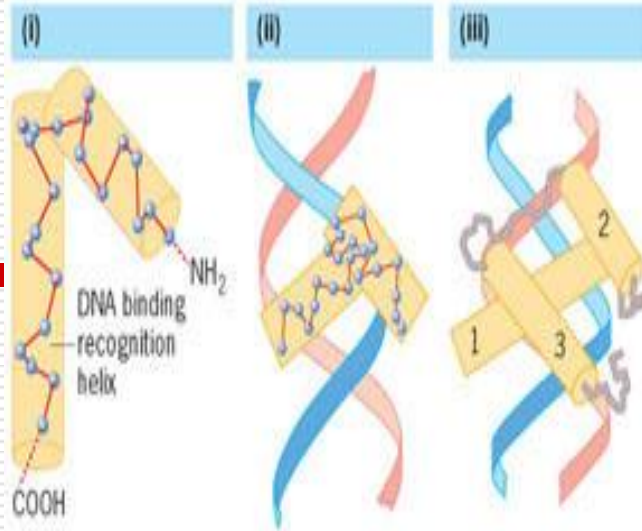
- Hormones act by binding to specific receptors in the target cell, which may be at the cell surface and/or within the cell.
- Most hormone receptors are proteins with complex tertiary structures, parts of which complement the tertiary structure of the hormone to allow highly specific interactions, while other parts are responsible for the effects of the activated receptor within the cell. Many hormones bind to specific cell-surface receptors where they trigger internal messengers, while others bind to nuclear receptors which interact directly with DNA.

Hormone action and receptors

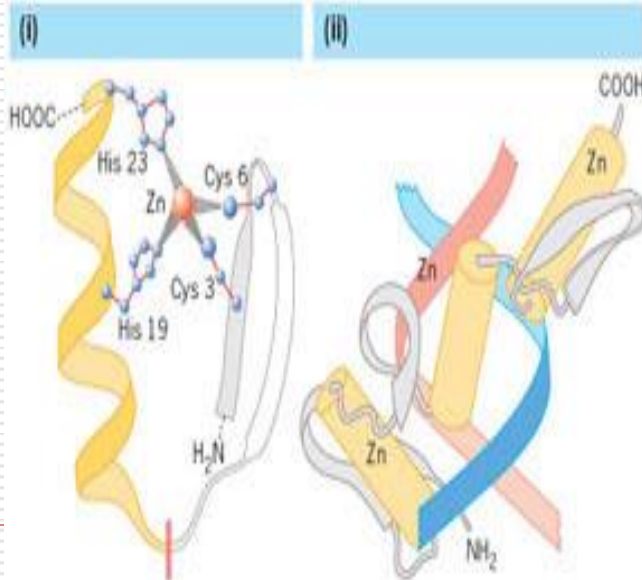
- Cell-surface receptors usually contain hydrophobic sections which span the lipid-rich plasma membrane, while nuclear receptors contain characteristic amino-acid sequences to bind nuclear DNA (e.g. so-called 'zinc fingers') as in the glucocorticoid receptor.
-

The four classes of DNA-binding proteins

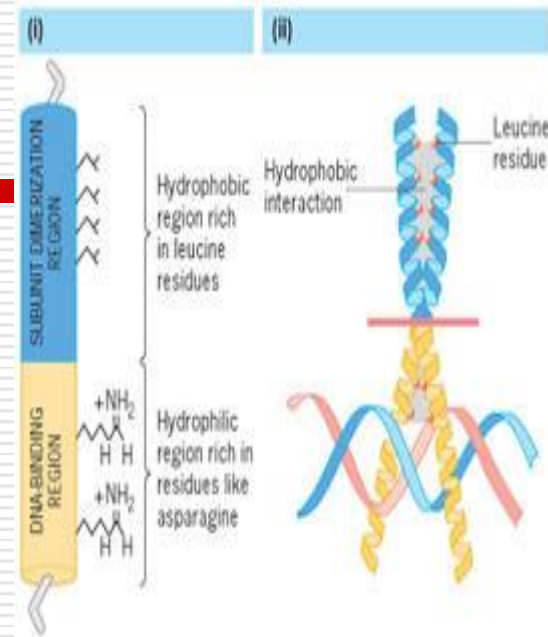
(a) Helix-turn-helix



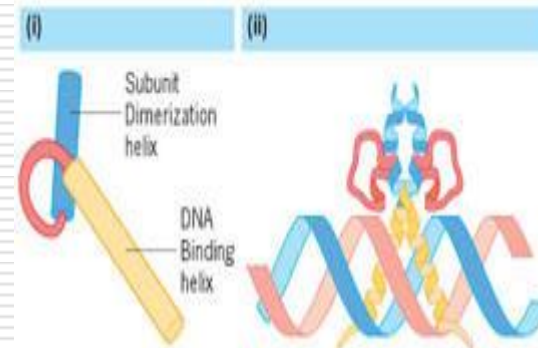
(b) Zinc finger



(c) Leucine zipper



(d) Helix-loop-helix



Manner of hormone secretion

- ***Endocrine secretion*** – directly to the blood or indirectly through extracellular water compartment
 - ***Paracrine secretion*** – the hormone has not must not be secreted to the blood (growth factors, neuroparakrinia)
 - ***Autocrine secretion*** - f.i. presynaptic neuromodulation of NE release
-

Interaction hormone-receptor

Hormone A



+++

Hormone B



-

Hormone C



+

Recognition



+++



-



+

Signal forming in cytoplasm or in nucleus



+++



-



+

Efector machinery : enzymes, genes et al.



Strong efekt A



No effect B
No effect A



No effect C
Poor effect A

Hormone binding globulins

- with small affinity and specificity for the hormone*
 - albumine, orozomukoid, α_1 - acid glycoprotein
 - with high affinity and higher specificity for the hormone*
 - TBG, Transkortine (CBG), SHBG
- ↓ **binding proteins:**
- Dysproteinemia acute and chronic
- ↑ **binding proteins**
- Liver cirrhosis
-

Interaction hormone-receptor

Interactions fixed with messenger	Mobile interactions hormone-receptor-nucleus
Glucagone	Estrogenes
Insulin	Testosterone
Noradrenaline	Progesterone
PTH	Adrenal cortical hormones
TSH	Thyreoid hormons
ACTH	
FSH	
LH	
ADH	
Secretine	

Feedback control

**Hormone-hormone
Substrat-hormone**

Neuronal control

Adrenergic

Cholinergic

Dopaminergic

Serotonergic

Endorfinergic

-enkefalinergic

Gabaergic

Chronotropic control

Oscillated

Pulzatile

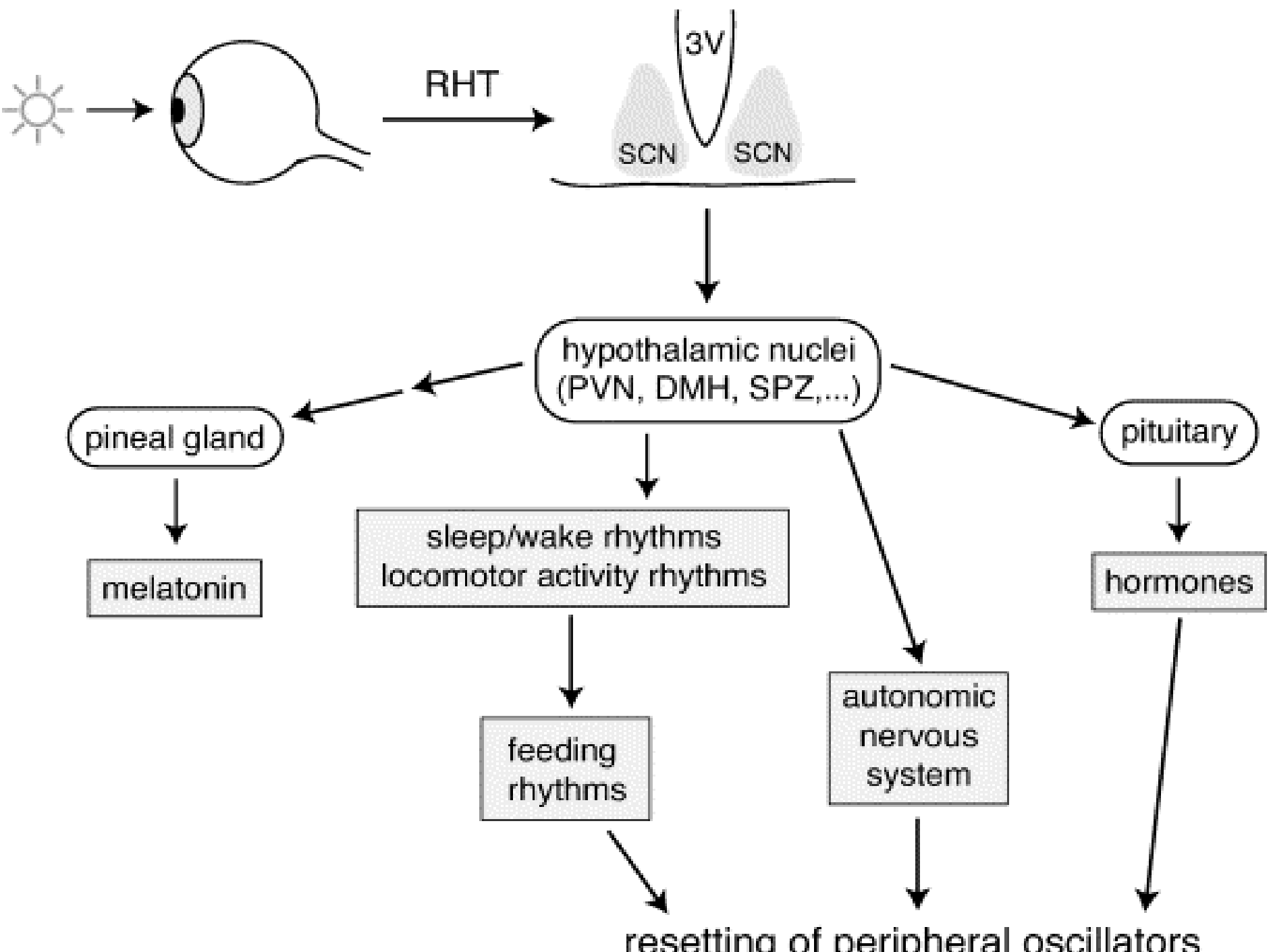
Diurnal rhythm

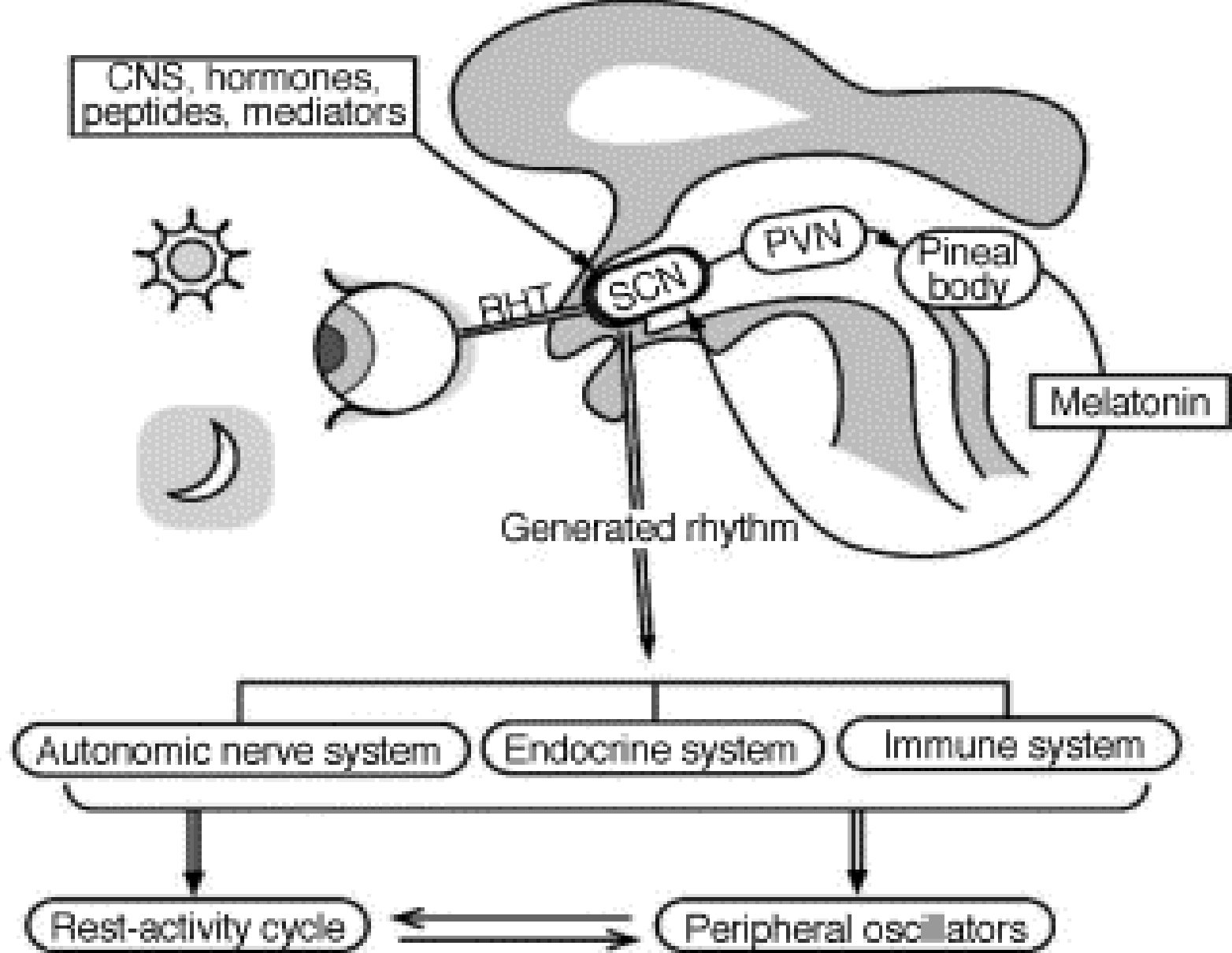
Sleep-wake rhythm

Menstrual rhythm

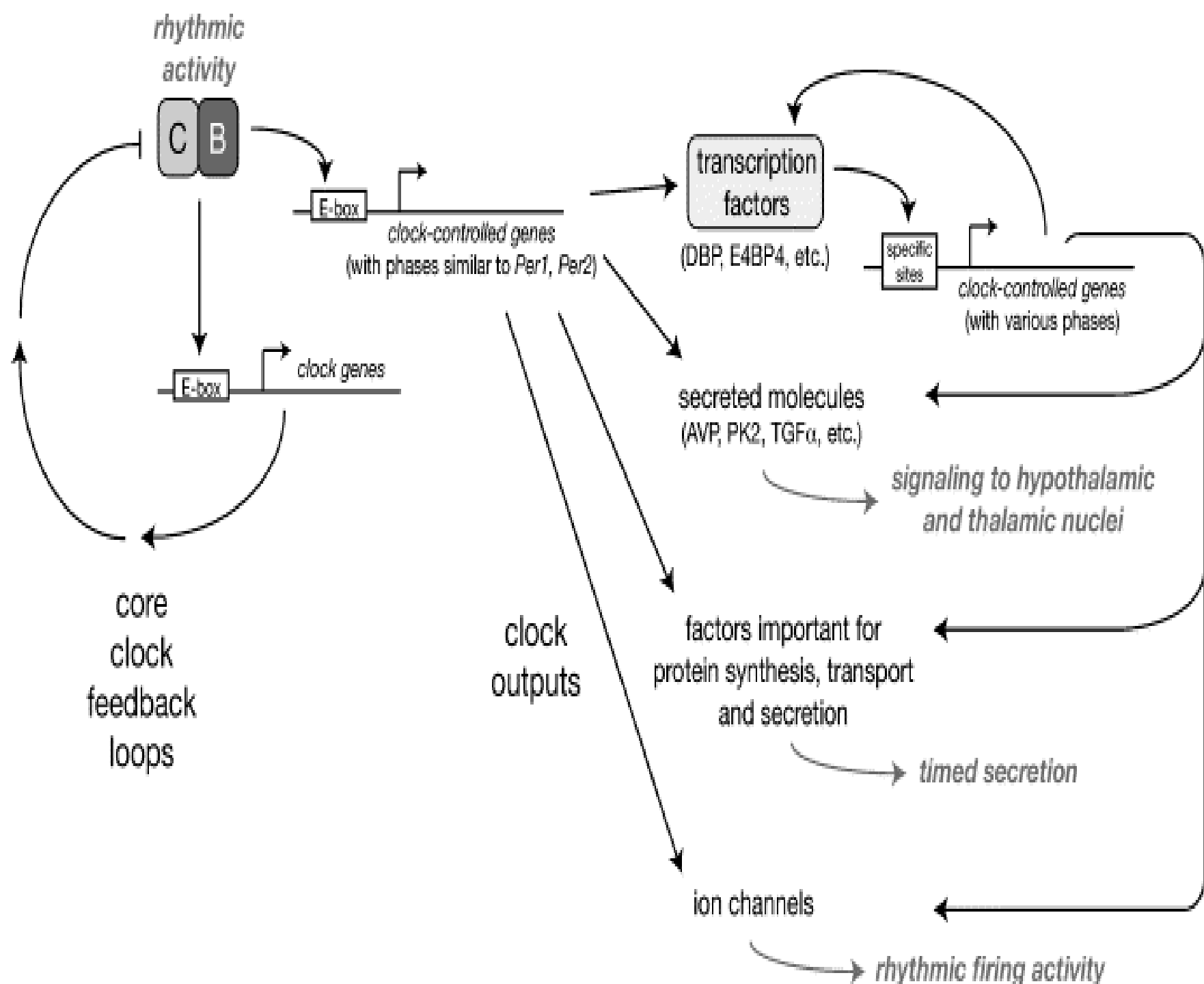
Sesonal rhythm

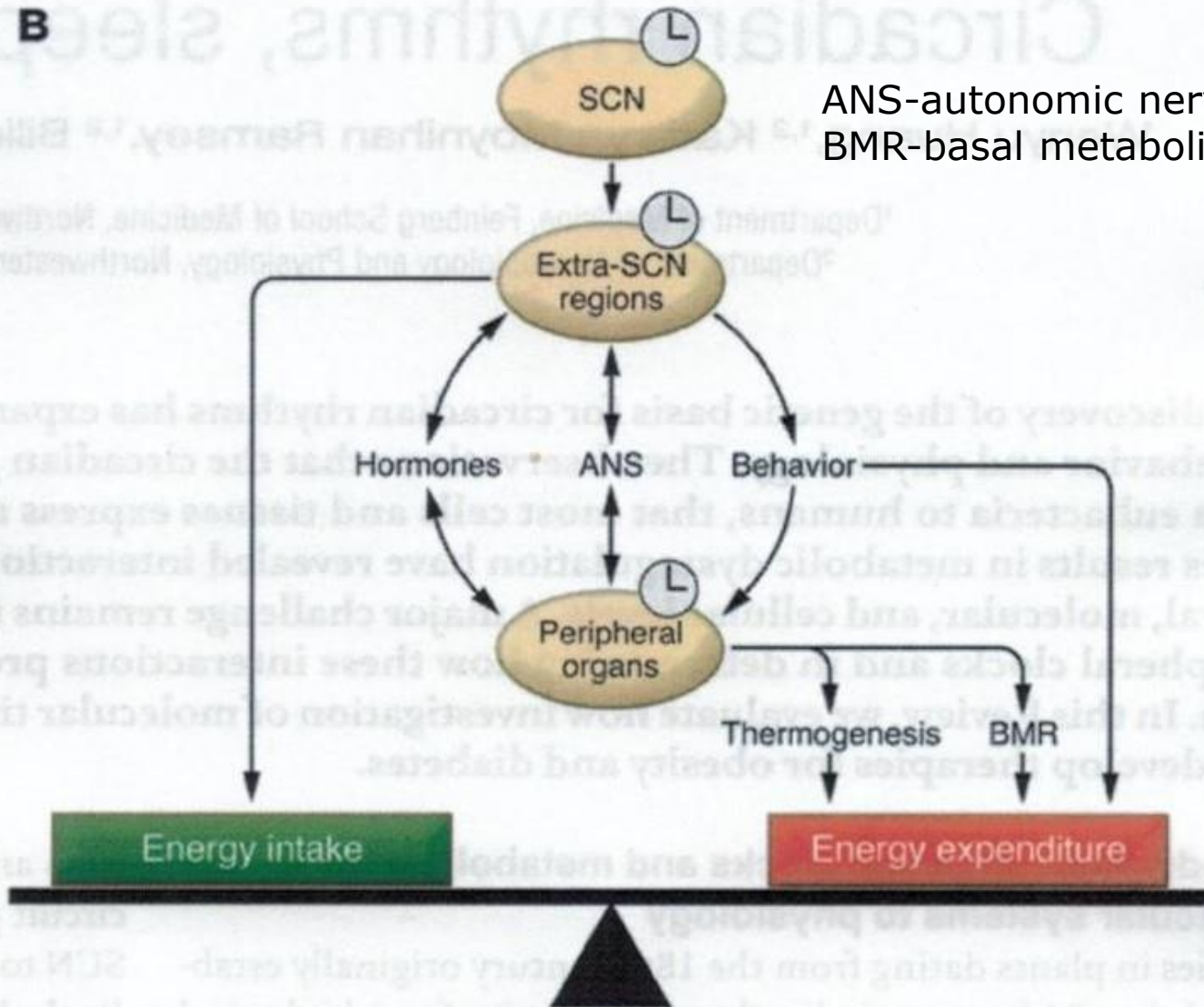
Development rhythm





Schema of human circadian system. RHT, retinohypothalamic tract; SCN, suprachiasmatic nucleus; PVN, paraventricular nucleus





ANS-autonomic nerve system
BMR-basal metabolic rate

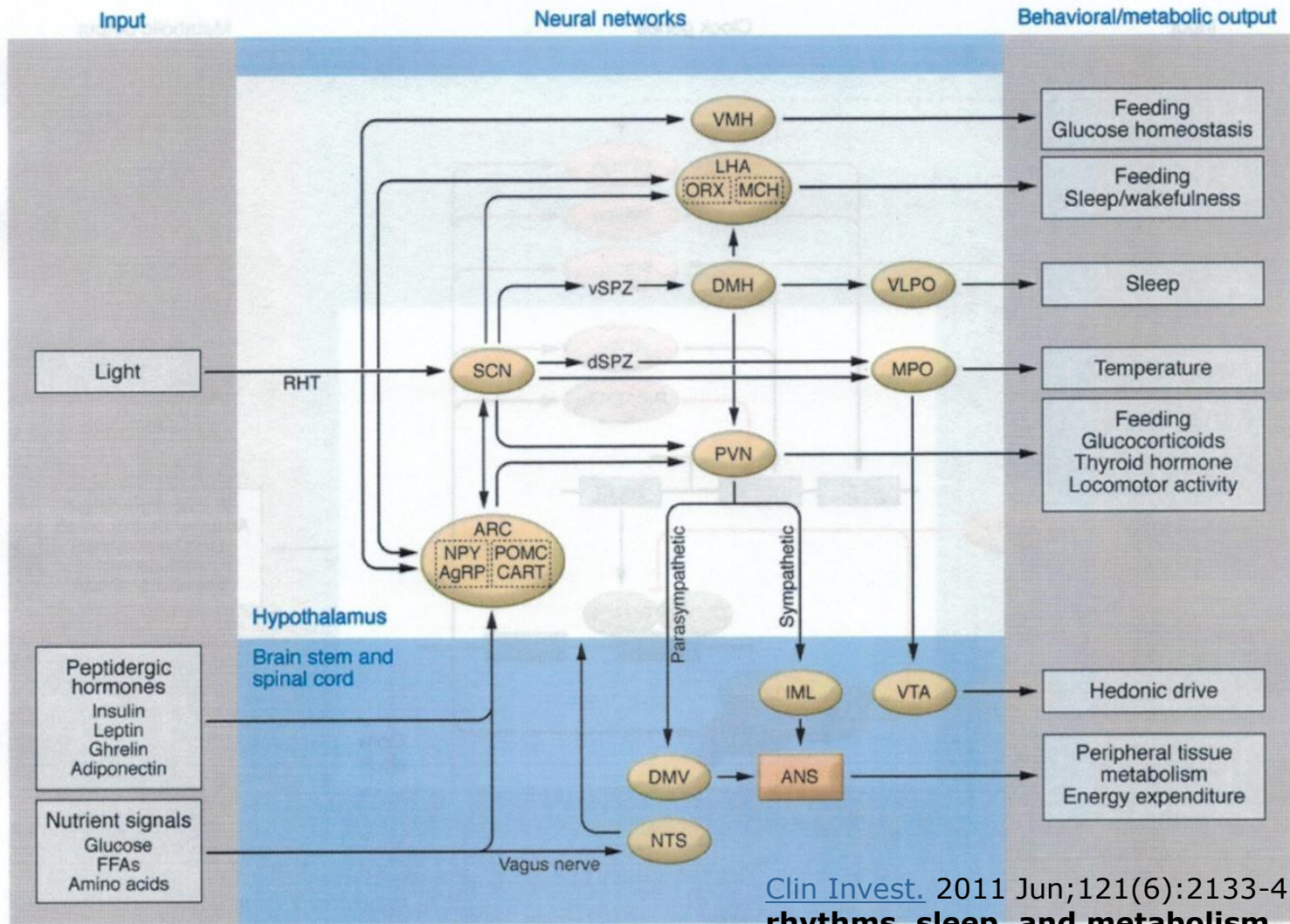
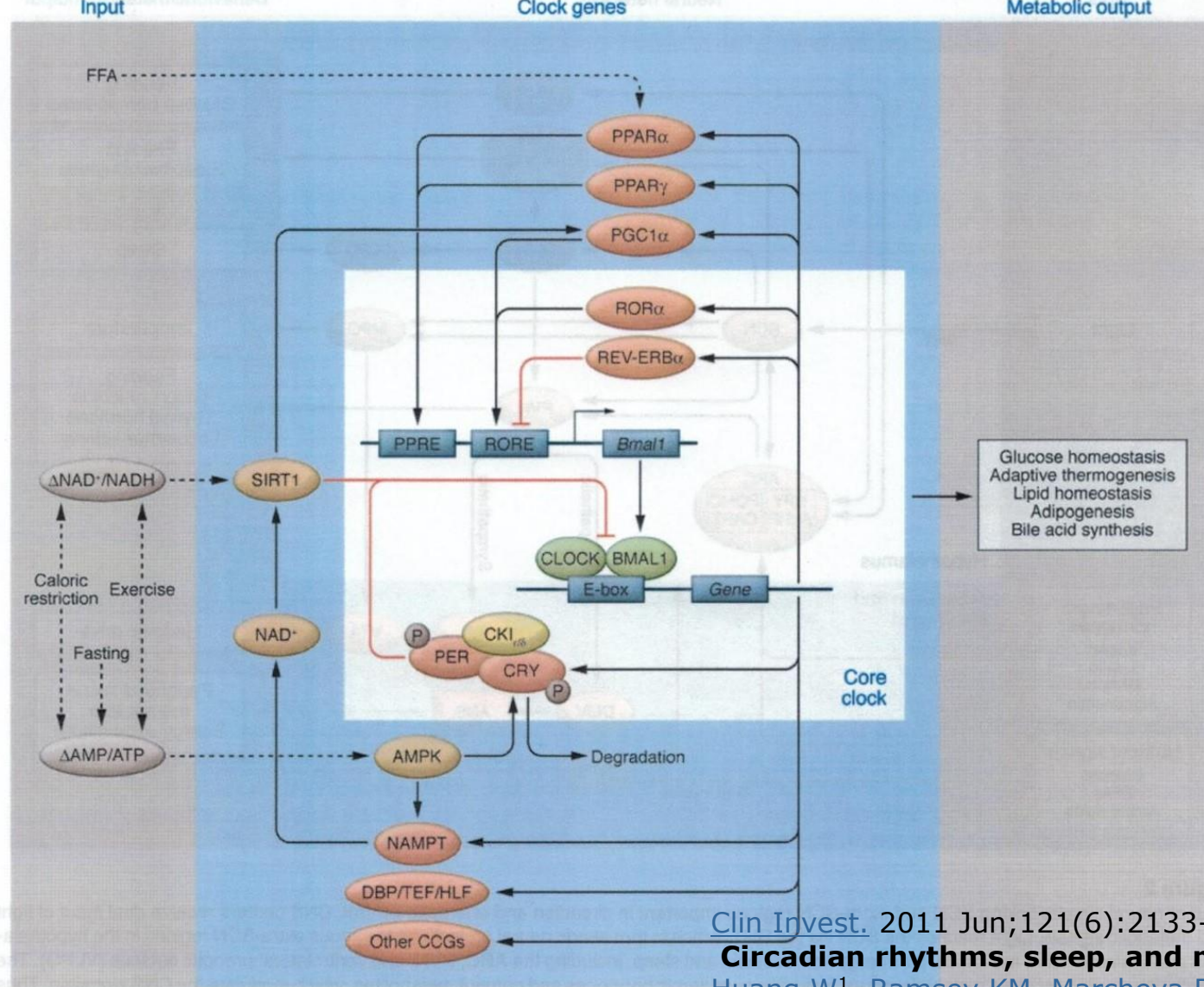


Figure 2

Map of neural circuits linking SCN and extra-SCN regions important in circadian and energetic control. CNS centers receive dual input of light and metabolic signals. Light reaches the SCN via the RHT, which in turn sends neural projections to various extra-SCN regions in the hypothalamus and brainstem that are critical for energy homeostasis and sleep, including the ARC, PVN, and ventrolateral preoptic nucleus (VLPO). The hypothalamus also receives metabolic inputs, including peptidergic hormones and nutrient metabolites, which modulate the CNS signaling. Thus signals from the exogenous environment (i.e., light) and endogenous metabolism (i.e., metabolic cues) are integrated in the CNS, the output of which in turn imparts rhythmicity on sleep and a variety of metabolic outputs, such as thermogenesis, feeding behavior, hormone secretion, and locomotor activity. IML, intermediolateral nucleus; NTS, nucleus tractus solitarius. dSPZ, dorsal subparaventricular zone; RHT, retinohypothalamic tract; vSPZ, ventral subparaventricular zone; MCH, melanocyte concentrating hormone.

[Clin Invest.](#) 2011 Jun;121(6):2133-41. **Circadian rhythms, sleep, and metabolism.**
[Huang W¹, Ramsey KM, Marcheva B, Bass J.](#)



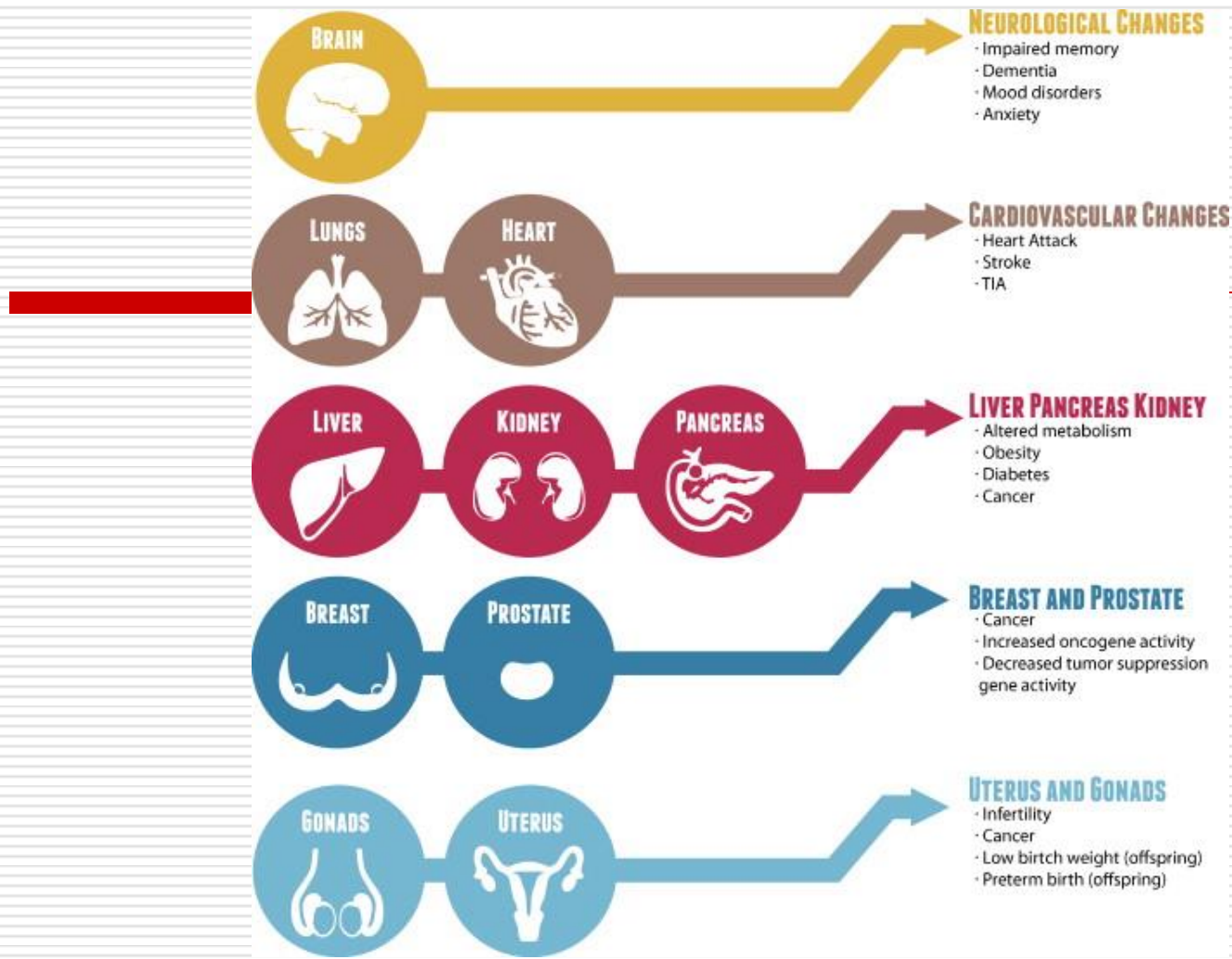
[Clin Invest.](#) 2011 Jun;121(6):2133-41.

Circadian rhythms, sleep, and metabolism.

[Huang W¹](#), [Ramsey KM](#), [Marcheva B](#), [Bass J](#).

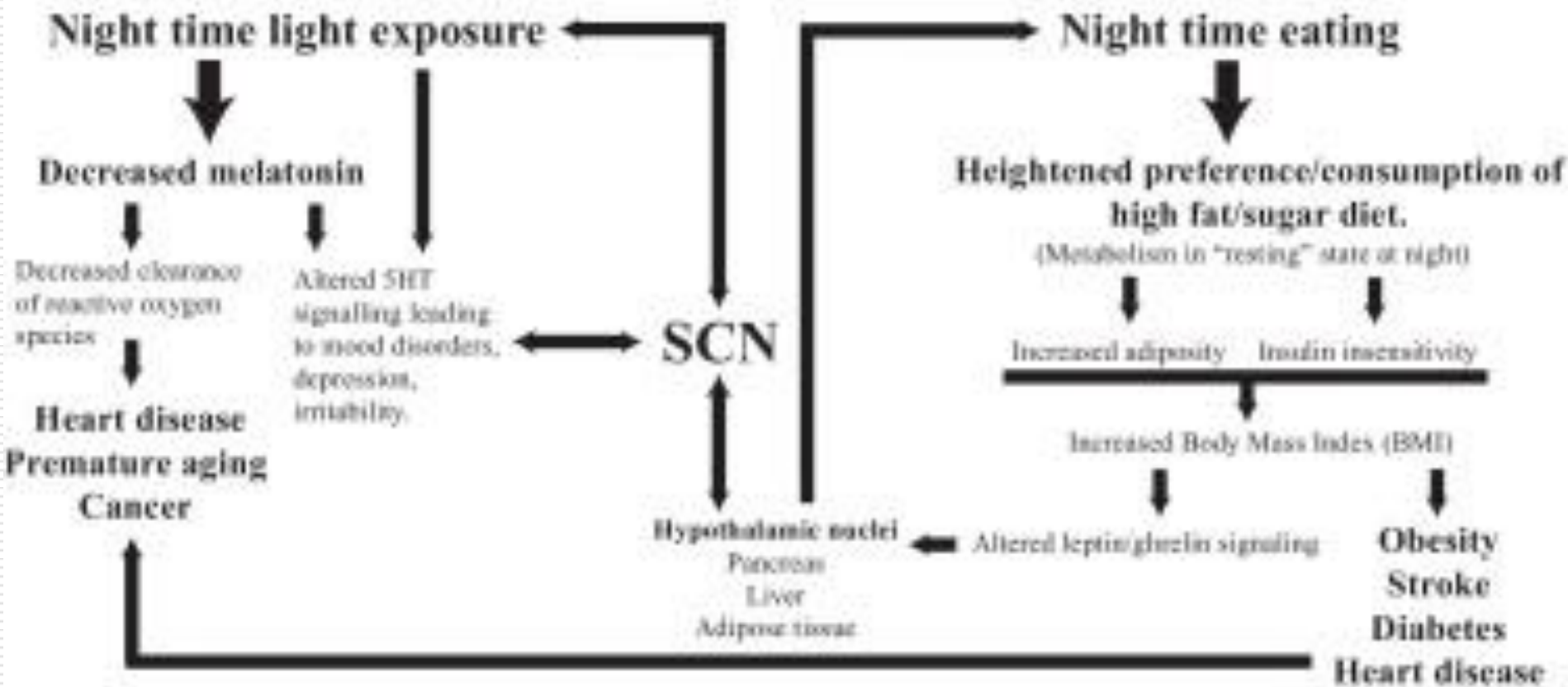
Figure 3

Interactions between the molecular clock and downstream metabolic genes. The core molecular clock consists of several transcription/translation feedback loops, including posttranscriptional regulation (yellow), that oscillate with an approximately 24-hour periodicity. CLOCK and BMAL1 heterodimerize to drive rhythmic expression of downstream target genes (shown in red), which in turn regulate diverse metabolic processes, including glucose metabolism, lipid homeostasis, and thermogenesis. Many of these clock target genes in turn reciprocally regulate the clock in response to changes in nutrient status (shown in blue) via cellular nutrient sensors (shown in orange), generating a complex network of interlocking feedback loops that fine-tune the clock and coordinate metabolic processes with the daily cycles of sleep/wakefulness and fasting/feeding. Dashed lines represent metabolic inputs; solid lines depict interactions among core clock genes, clock-controlled genes, and nutrient sensors.



Circadian disruption affects multiple organ systems. The diagram provides examples of how circadian disruption negatively impacts the brain and the digestive, cardiovascular, and reproductive systems. Though the diagram displays unidirectional affects, there are various feedback loops that exist within the system and interactions that occur between these systems.

Shiftwork

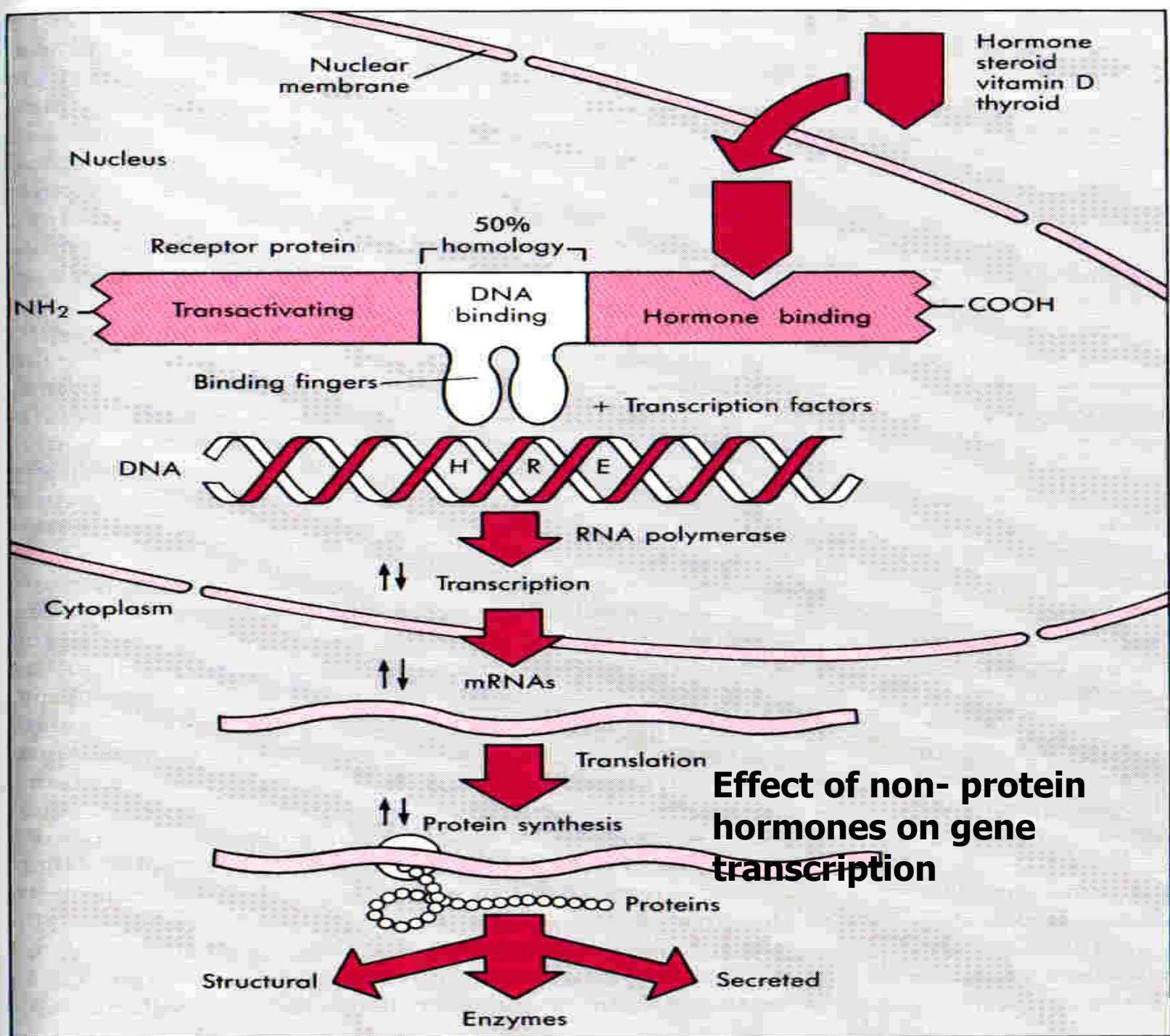


[Erin L. Zelinski](#), [Scott H. Deibel](#), [Robert J. McDonald](#)

Neuroscience and Biobehavioral Reviews 40 (2014) 80–101

Hormone classes according to the structure

Amines and amino acids	Peptides, polypeptides and proteins	Steroids
<p>Adrenaline Noradrenaline Dopamine Thyreoid hormones</p>	<p>ACTH, angiotensine calcitonine erythropoietine FSH gastrine glucagone STH insulin LH, Oxytocin PTH, prolactine secretine, TSH, ADH</p>	<p>Aldosterone Glucokortikoids Estrogenes Progesterone Testosterone</p>



Hormonal activity

- At the molecular level there is little difference in the way cellular activity is regulated between classical neurotransmitters that act across synaptic clefts, intercellular factors acting across gap junctions, classic endocrine and paracrine activity and a variety of other chemical messengers involved in cell regulation - such as cytokines, growth factors and interleukins; progress in basic cell biology has revealed the biochemical similarities in the messengers, receptors and intracellular post-receptor mechanisms underlying all these aspects of cell function.
-

Hormone (H)

+

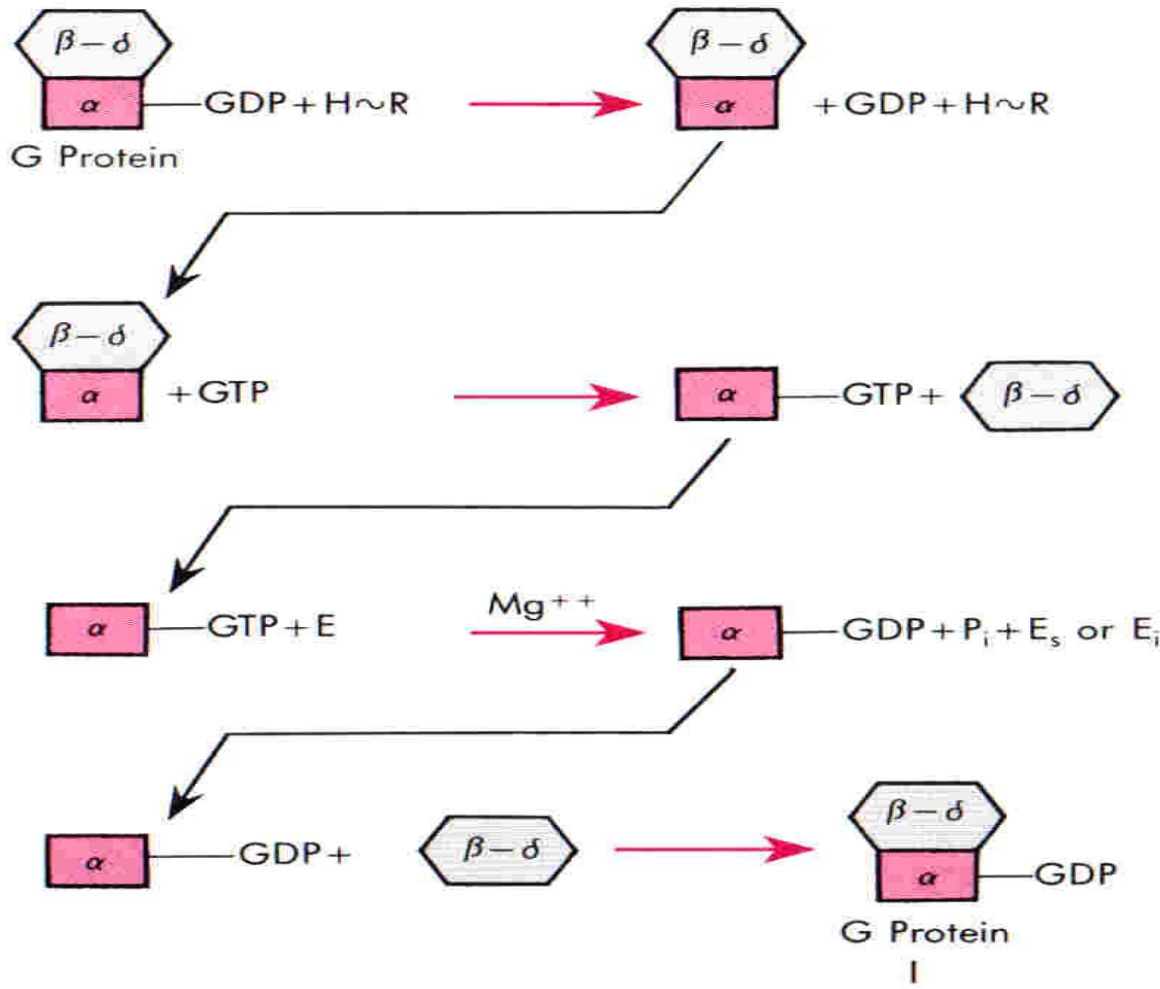
Signal transduction

Receptor (R)

G protein

Effector (E)

Plasma membrane

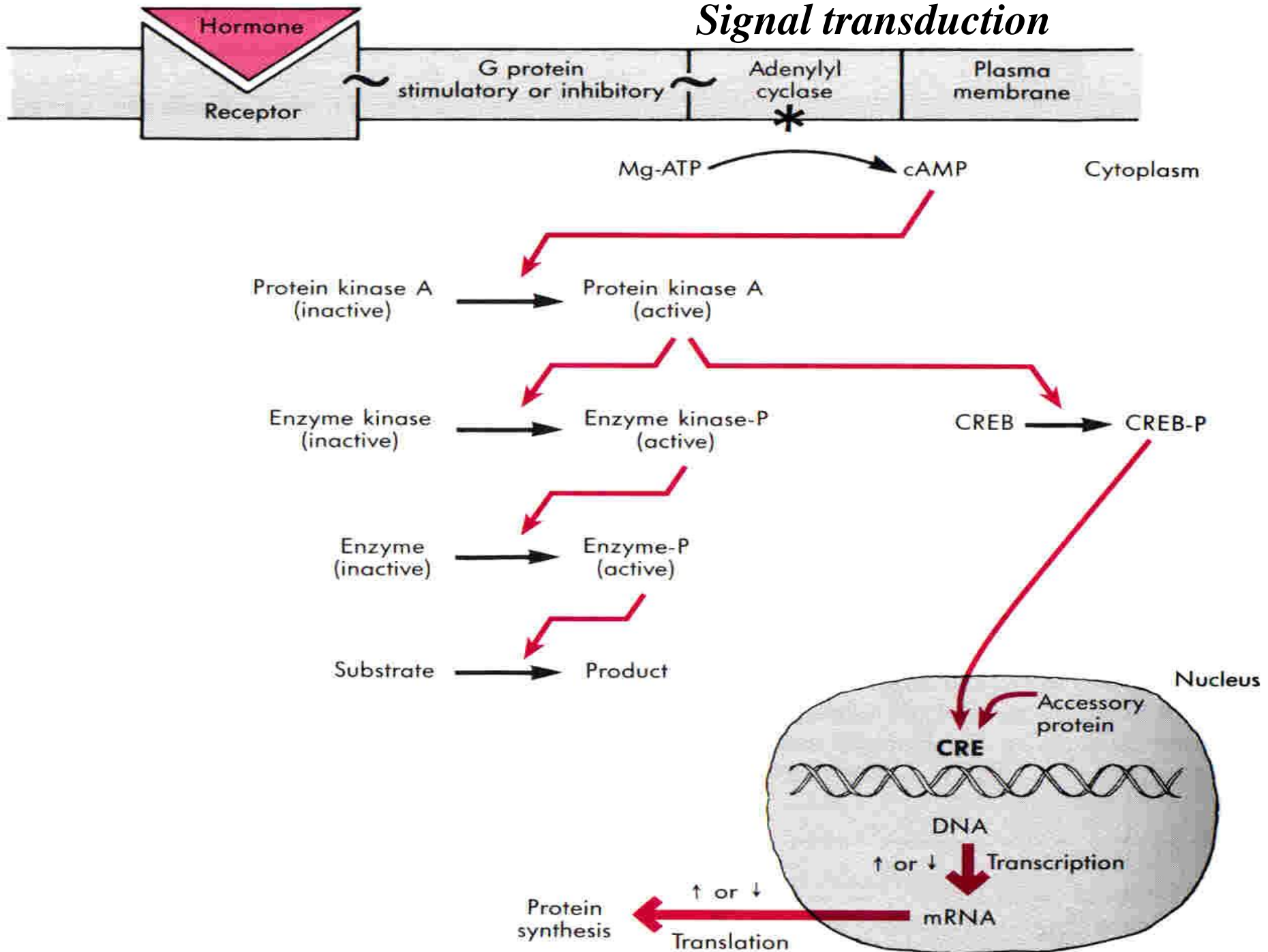


GDP = Guanosine diphosphate
E = Effector

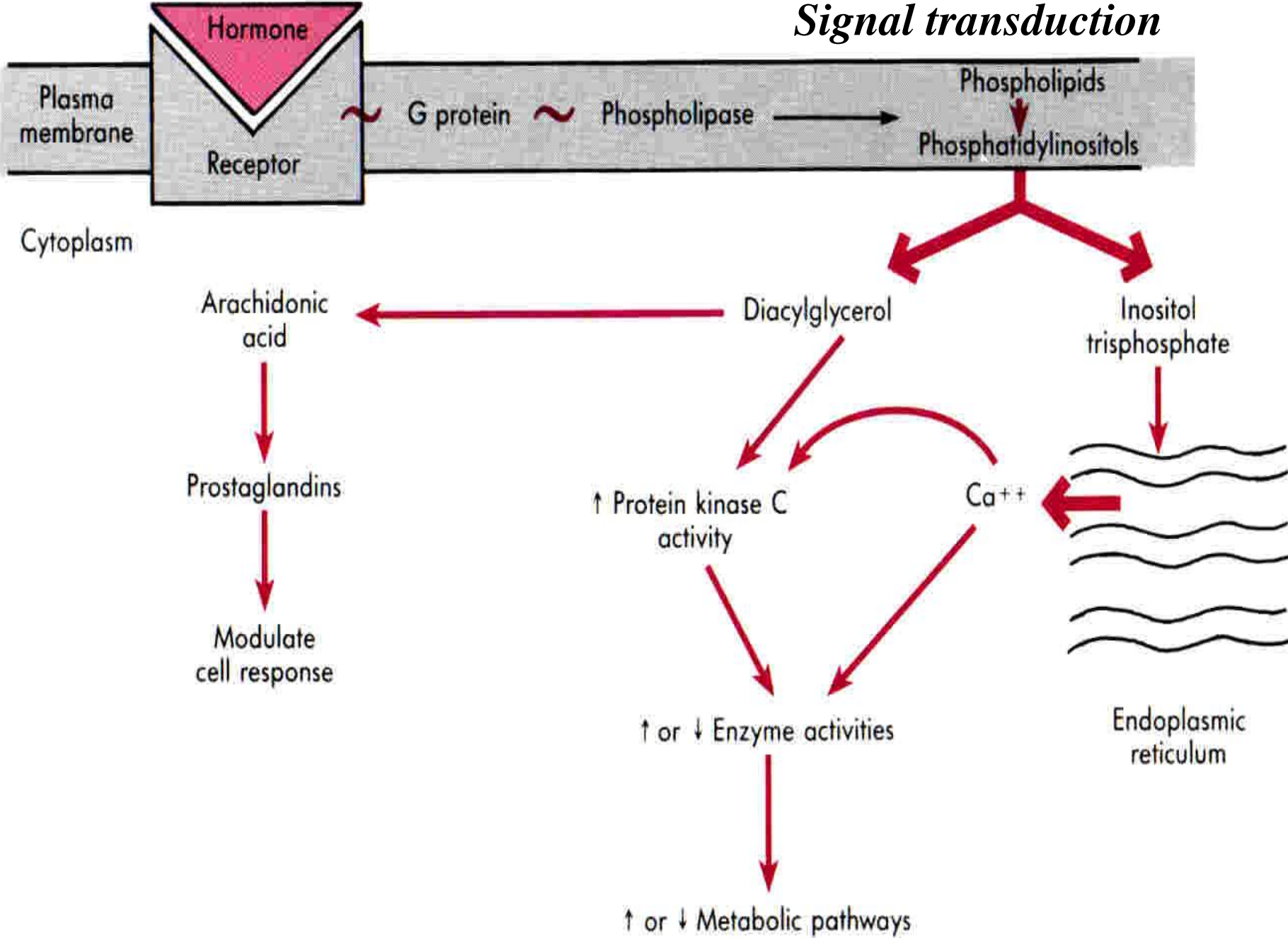
GTP = Guanosine triphosphate
 E_s = Stimulated effector

P_i = Inorganic phosphate
 E_i = Inhibited effector

Signal transduction



Signal transduction



Signal transduction

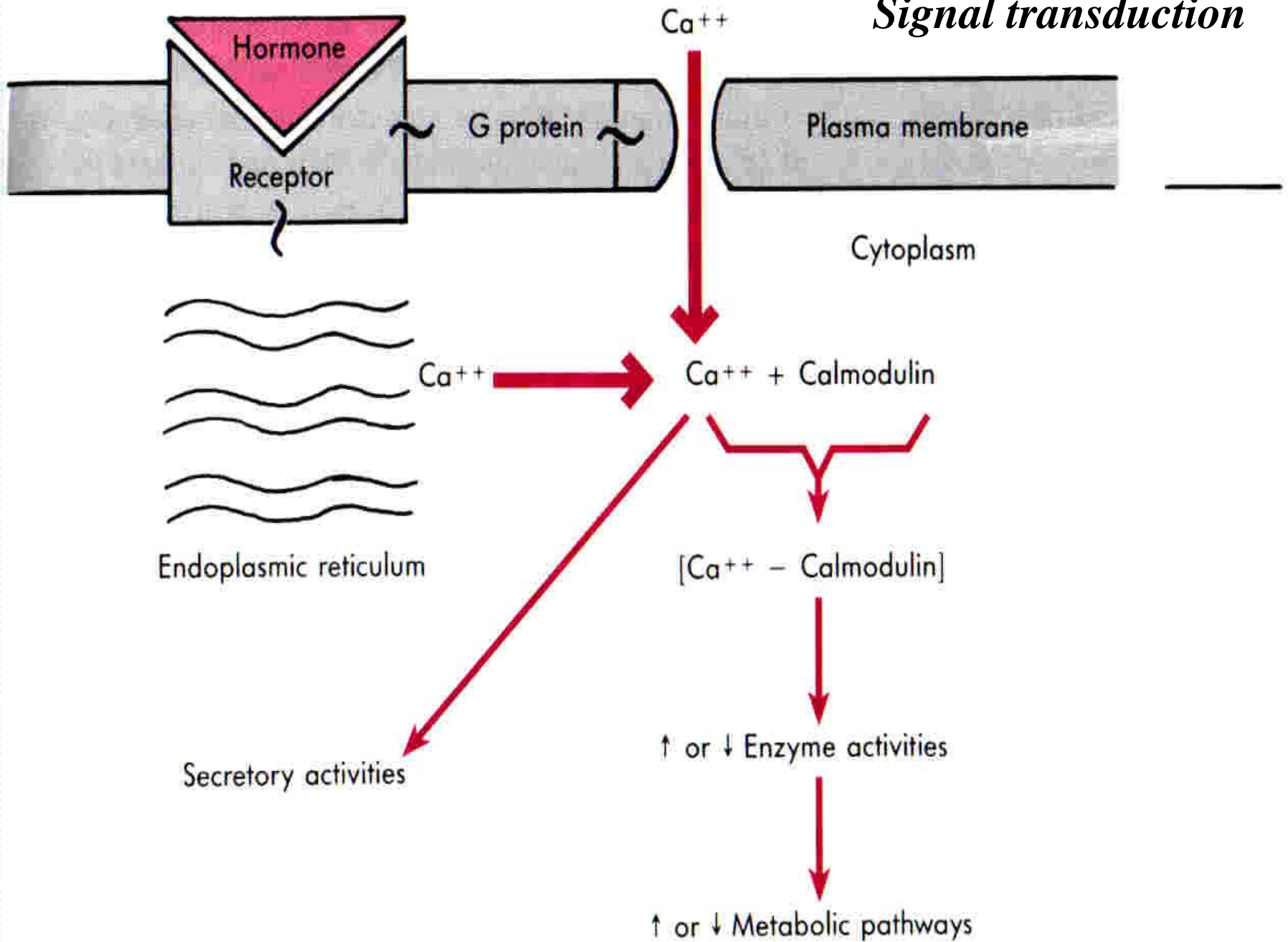
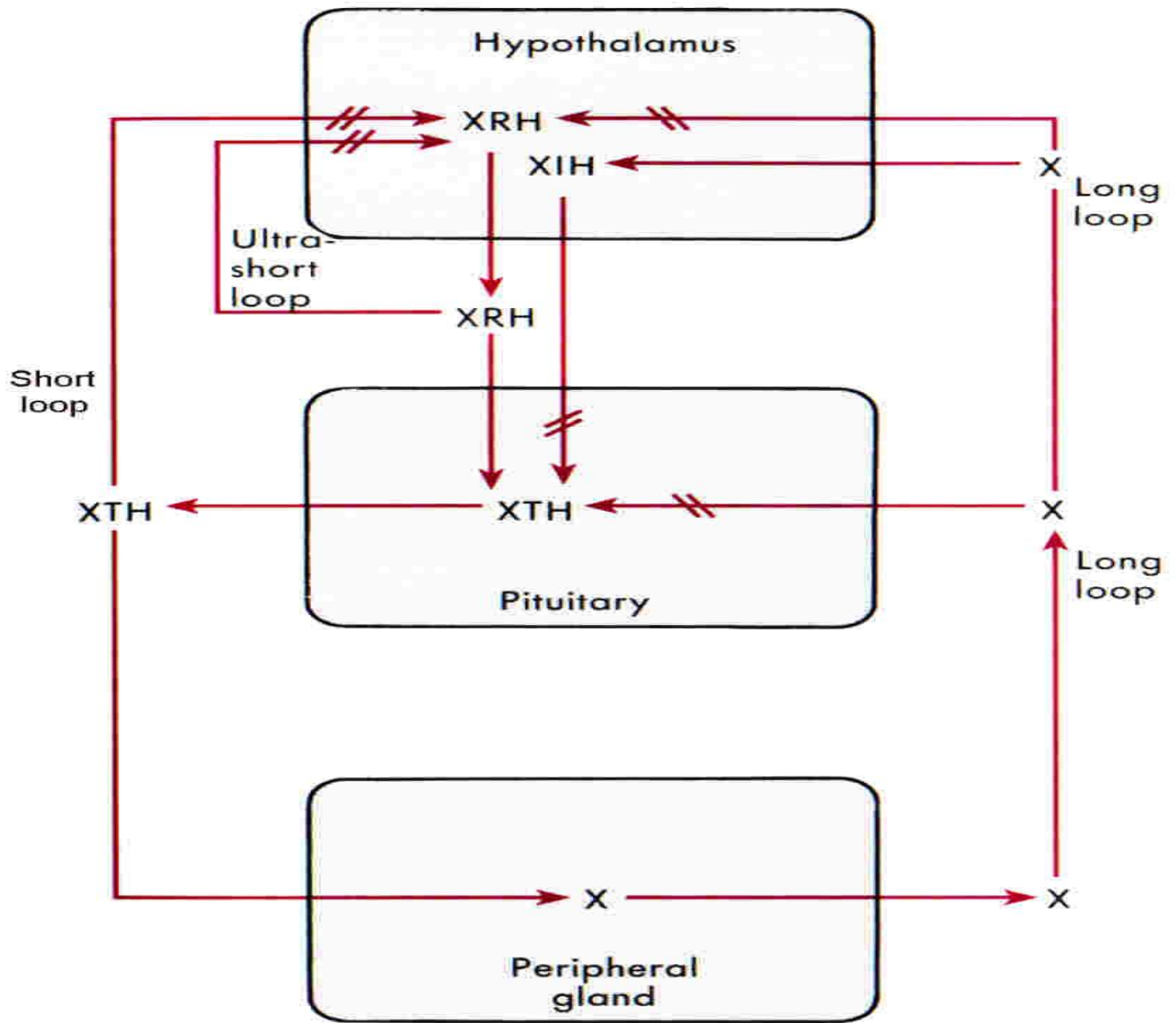




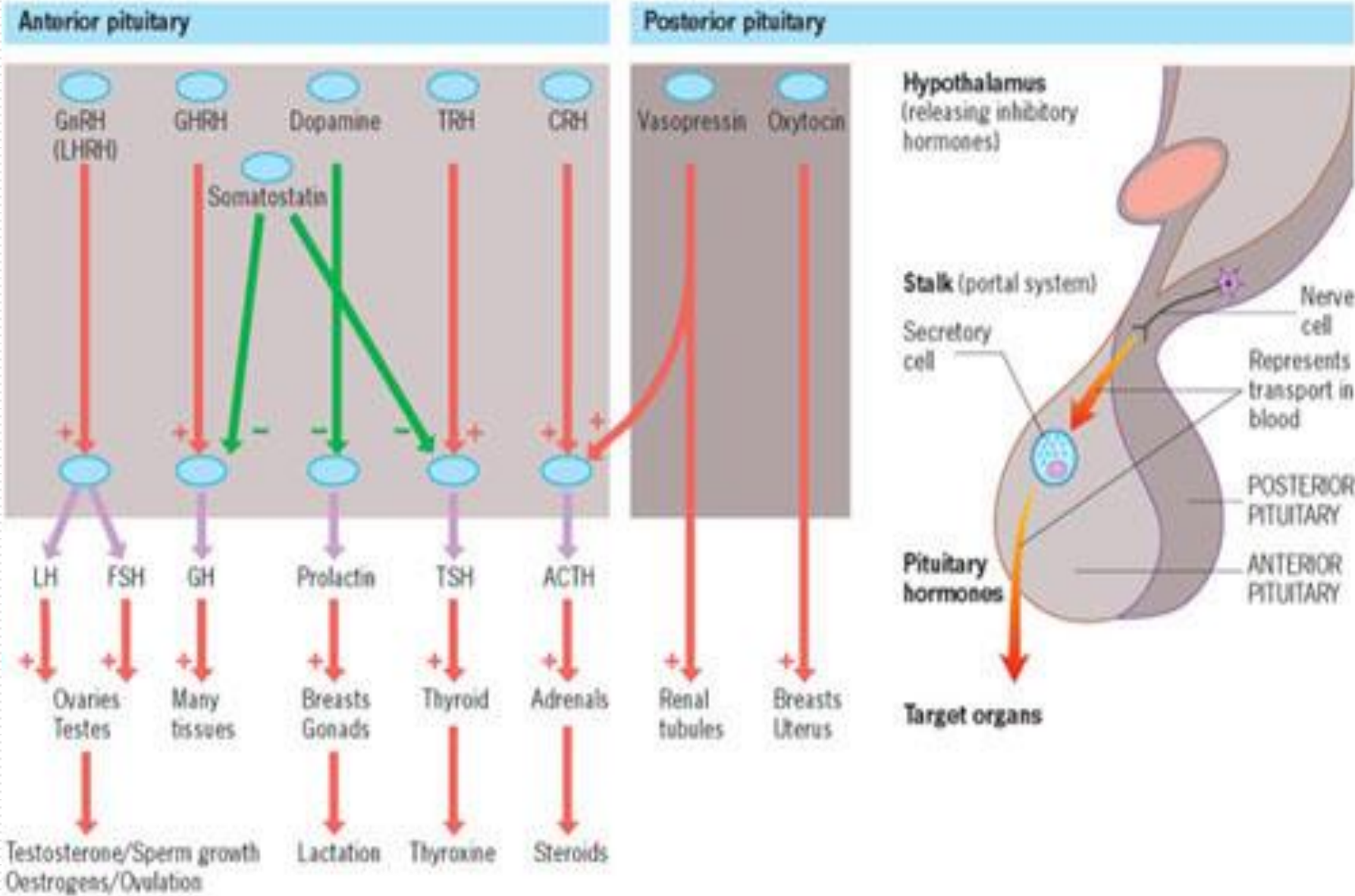
Table 18.5**Nomenclature and biochemistry of hypothalamic, pituitary and peripheral hormones**

Hypothalamic hormones	Pituitary hormones	Peripheral hormones
Gonadotrophin-releasing hormone (GnRH, LHRH) (Decapeptide)	Luteinizing hormone (LH) Follicle-stimulating hormone (FSH) (Two-chain α , β peptides)	Oestrogens/androgens (Steroid ring)
Prolactin inhibiting factor (PIF – dopamine) (Amine)	Prolactin (PRL) (Single chain peptide)	-
Growth hormone-releasing hormone (GHRH) (Peptide) Somatostatin (GHRH) (Cyclic peptide)	Growth hormone (GH) (Peptide)	Insulin-like growth factor-I (IGF-1) (Peptide)
Thyrotrophin-releasing hormone (TRH) (Tripeptide)	Thyroid-stimulating hormone (TSH) (Two-chain α , β peptide)	Thyroxine (T_4), triiodothyronine (T_3) (Thyronines)
Corticotropin-releasing hormone (CRH) (Single-chain peptide)	Adrenocorticotrophic hormone (ACTH) (Single-chain peptide)	Cortisol (Steroid ring)
Vasopressin (antidiuretic hormone; ADH) (Nonapeptide)	-	-
Oxytocin (Nonapeptide)	-	-

NB: The α chains of LH, FSH and TSH are identical
GHRH, growth hormone release inhibitory hormone



 Stimulate
 Inhibit



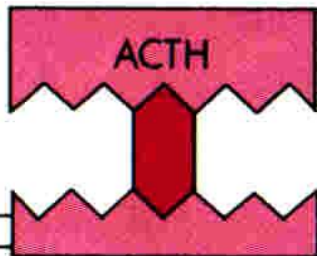
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Hypothalamic releasing hormones and the pituitary trophic hormones

Table 18.5**Nomenclature and biochemistry of hypothalamic, pituitary and peripheral hormones**

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Vasopressin (antidiuretic hormone; ADH) (Nonapeptide)	–	–
Oxytocin (Nonapeptide)	–	–

NB: The α chains of LH, FSH and TSH are identical
GHRH, growth hormone release inhibitory hormone



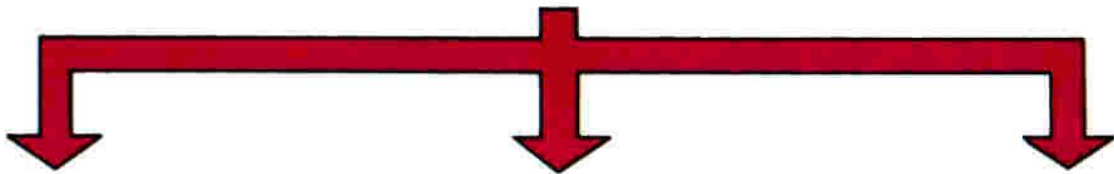
Plasma membrane

Receptor

Cytoplasm

Effects ACTH at the level of the cell

cAMP



- Steroidogenesis activator peptide
- Sterol transfer protein
- Steroidogenic acute regulatory protein

Steroid hormone inducing protein

Growth factors

Immediate

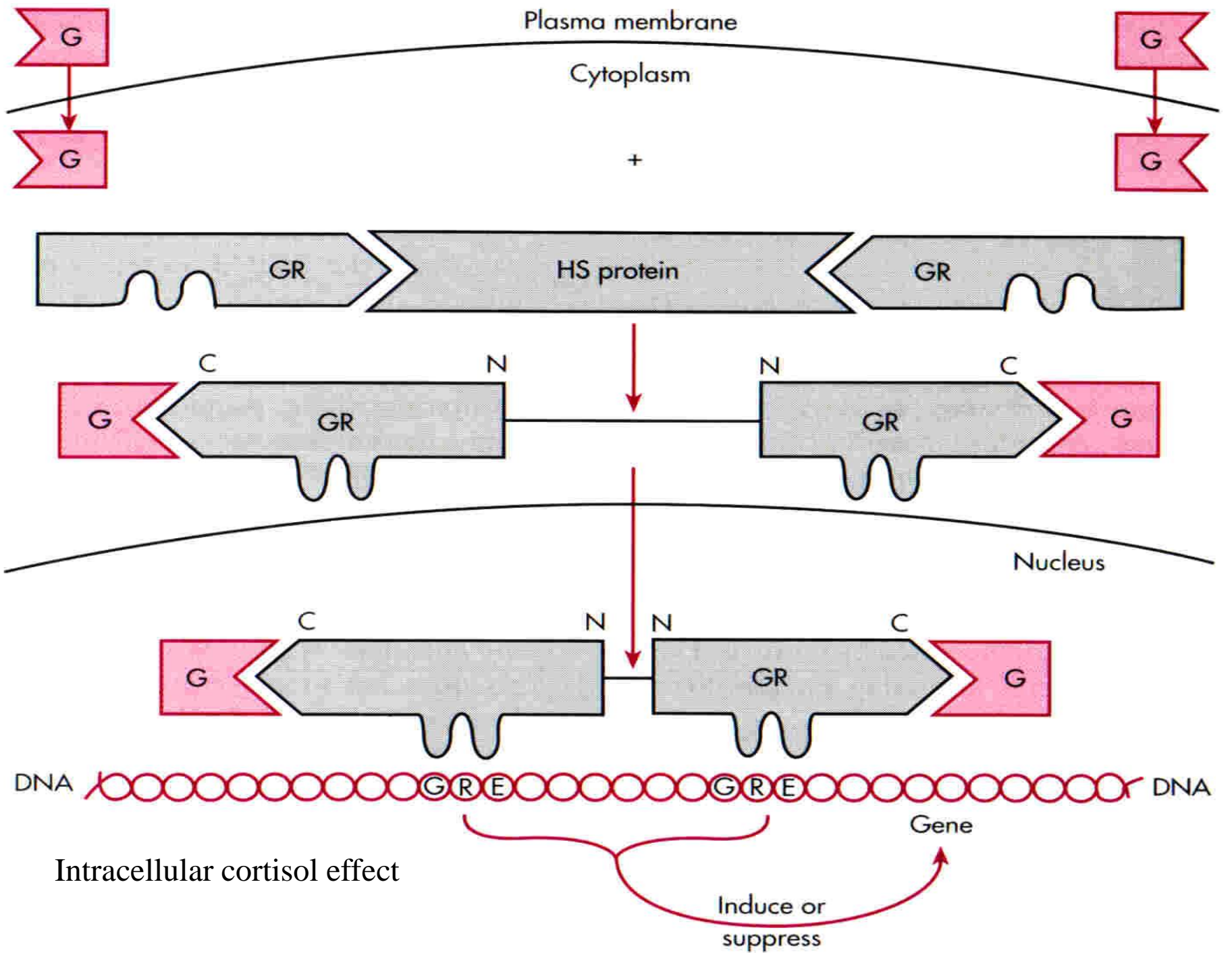
Subsequent

Long-term

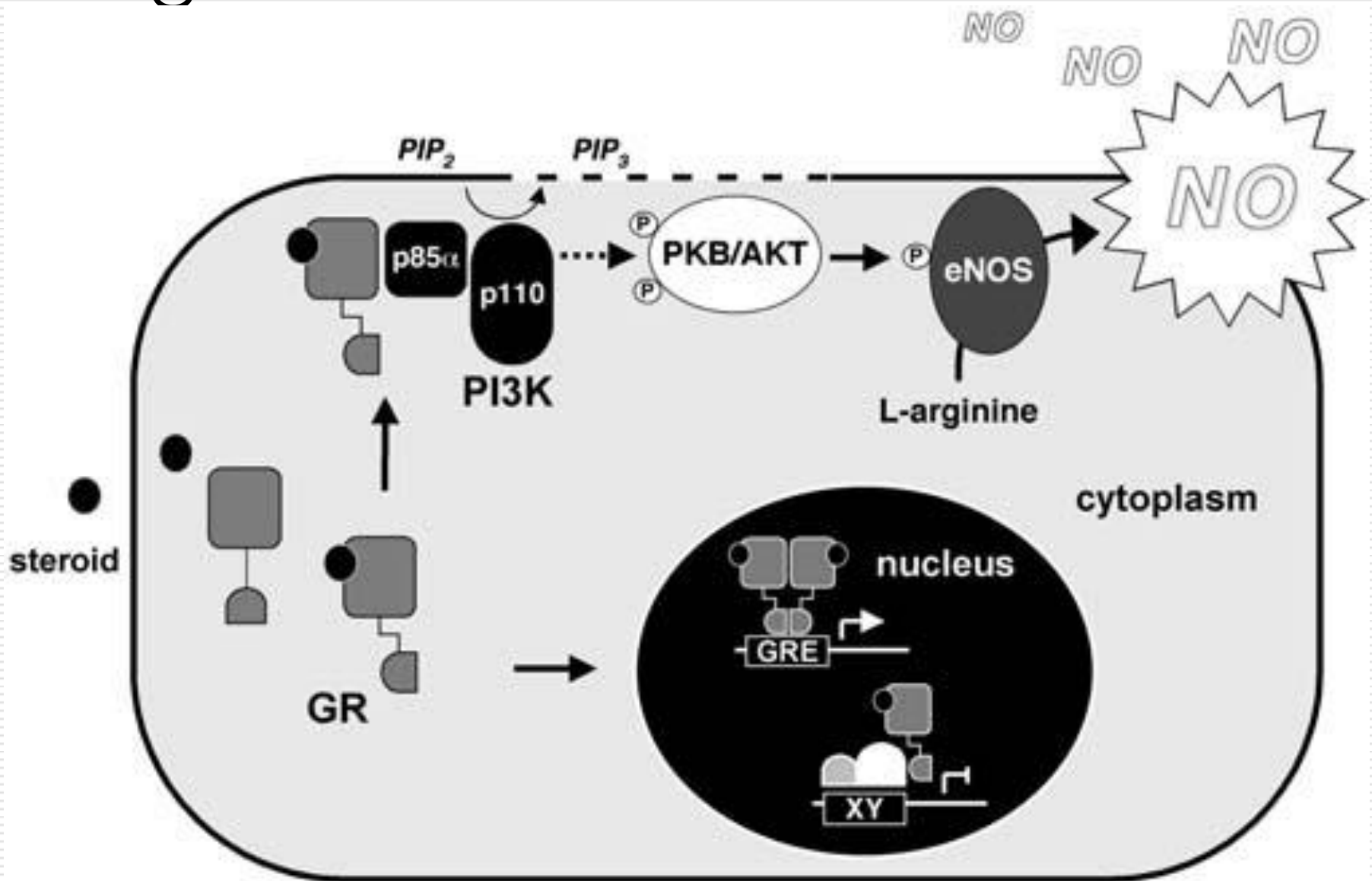
- ↑ Cholesterol esterase
- ↓ Cholesterol ester synthetase
- ↑ Cholesterol transport into mitochondria
- ↑ Cholesterol binding to P-450_{scc}
- ↑ Pregnenolone production

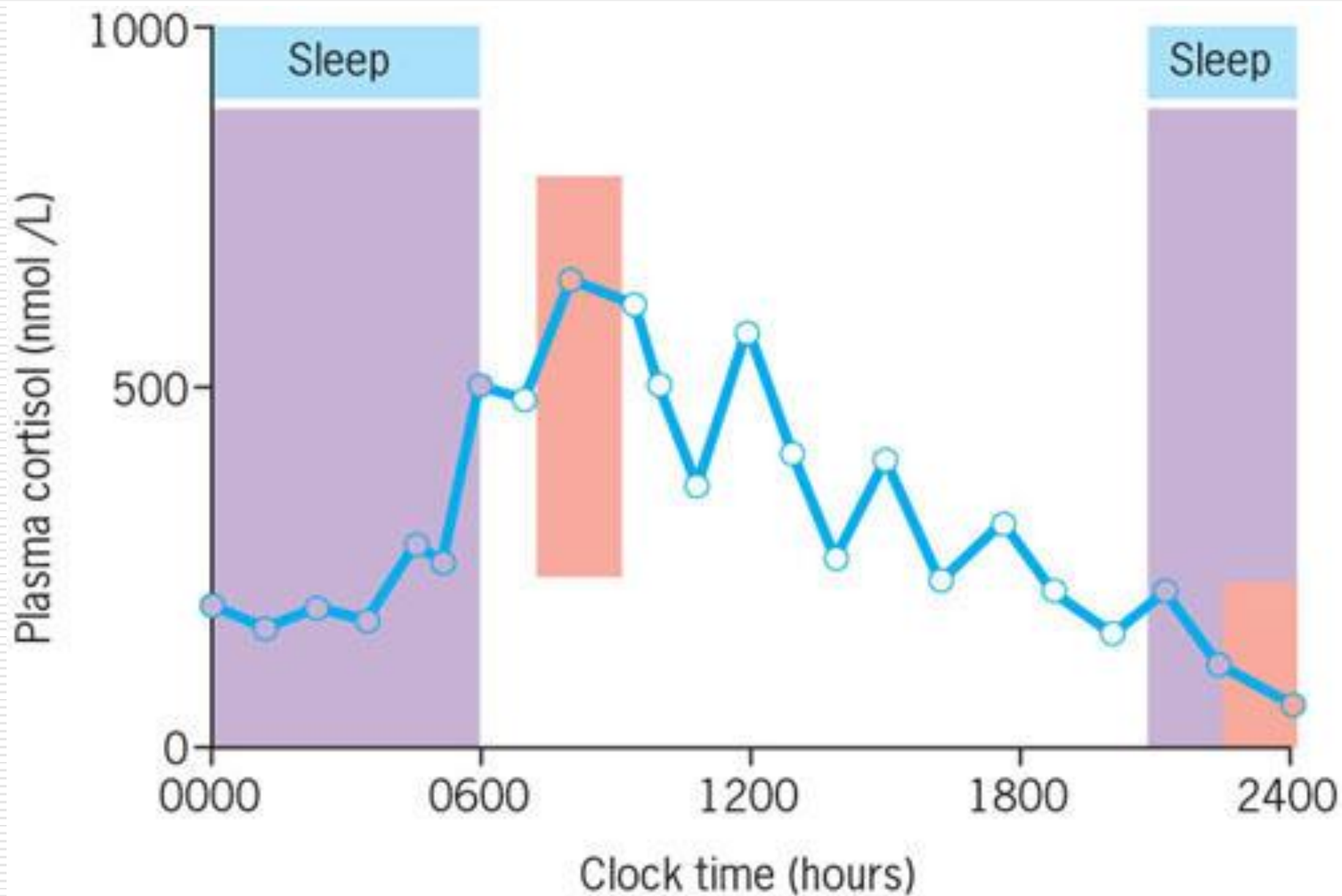
- ↑ Gene transcription of P-450_{scc}
- P-450_{C17}
- P-450_{C11}
- Adrenoxin
- LDL receptor

- ↑ Size and functional complexity of organelles
- ↑ Size and number of cells



Nuclear and non nuclear actions of glucocorticoids





Psychosocial Factors

Stress, social relationships, support, coping, emotional expression, personality, anxiety, depression.

A

Endocrine Activation

HPA axis, autonomic activation, other hormones.

B

Circadian Rhythms

Central clocks, sleep, activity, endocrine, metabolic, and immune rhythms.

C

D

E

F

G

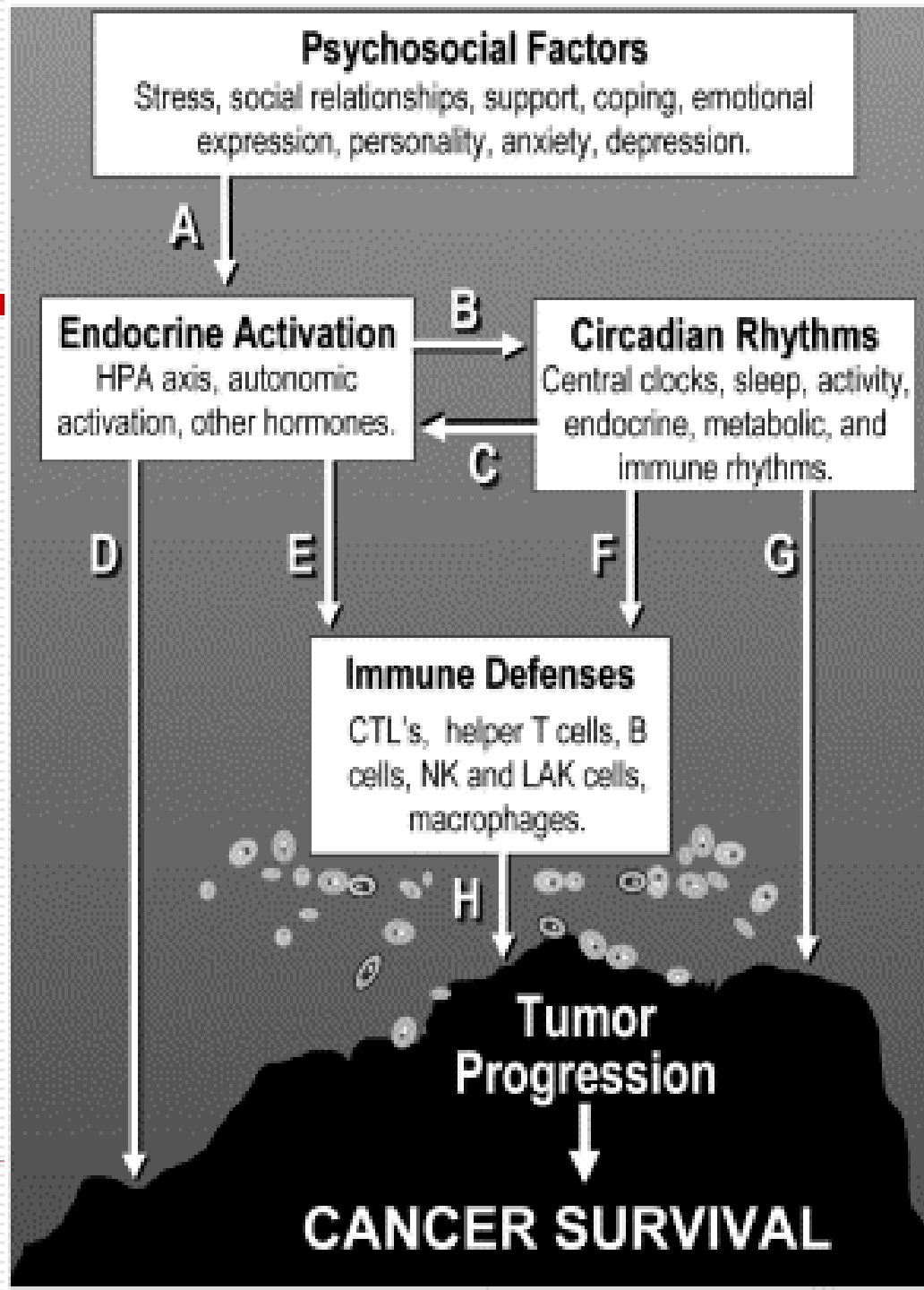
Immune Defenses

CTL's, helper T cells, B cells, NK and LAK cells, macrophages.

H

Tumor Progression

CANCER SURVIVAL



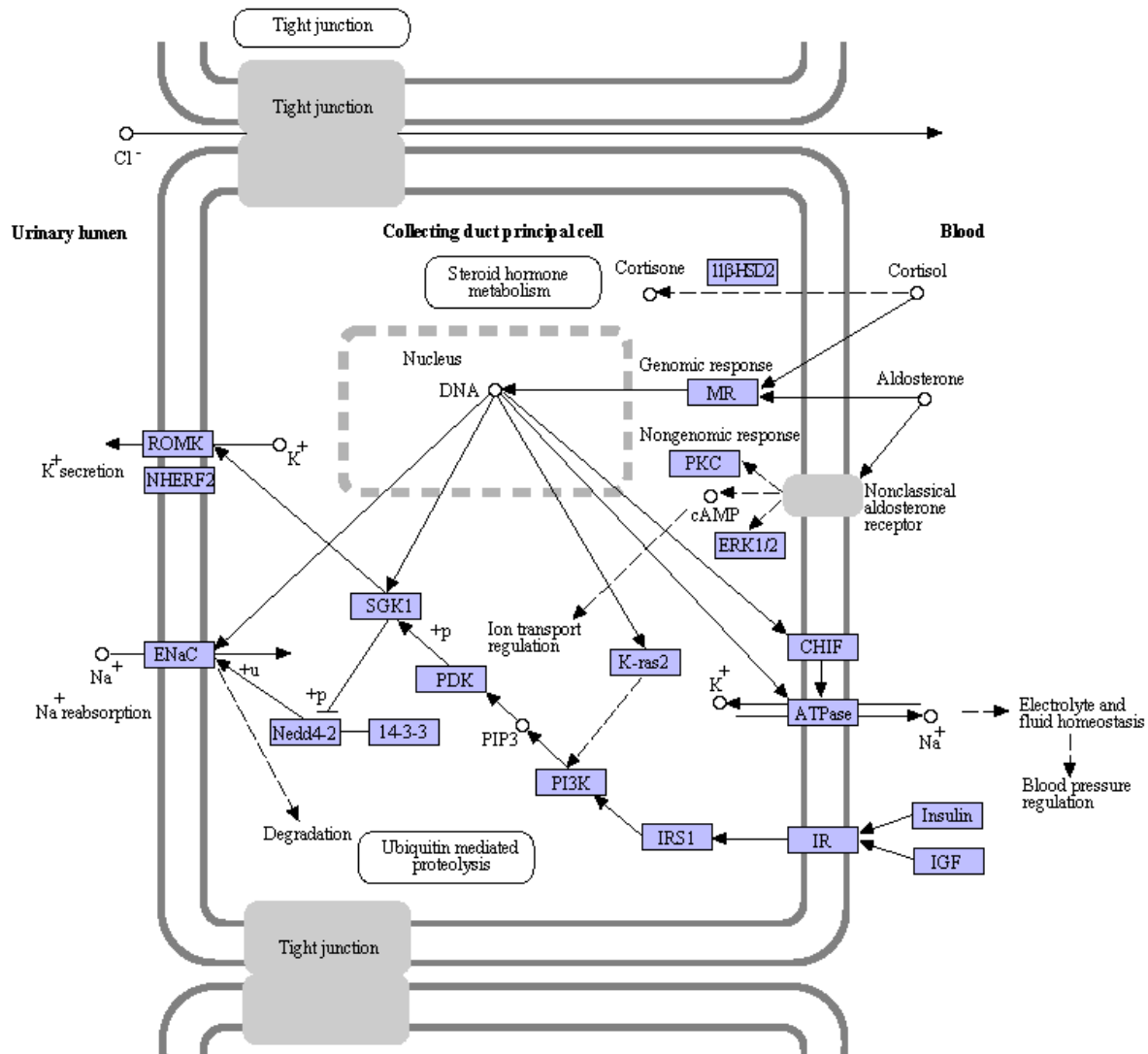
Potential pathways by which circadian dysregulation may mediate psychosocial effects on cancer progression

- Arrow (A) represents activation of endocrine stress-responses associated with psychological distress and other psychosocial factors. Repeated stress-response activation may hypothetically lead to dysregulation of circadian rhythms (B), while aberrations in sleep-wake cycles, rest-activity rhythms, genetic, or suprachiasmatic control of circadian rhythms would engender endocrine abnormalities (C). Hypotheses regarding direct effects of hormones on tumor growth involve metabolic pathways or influences on oncogene expression (D).
-

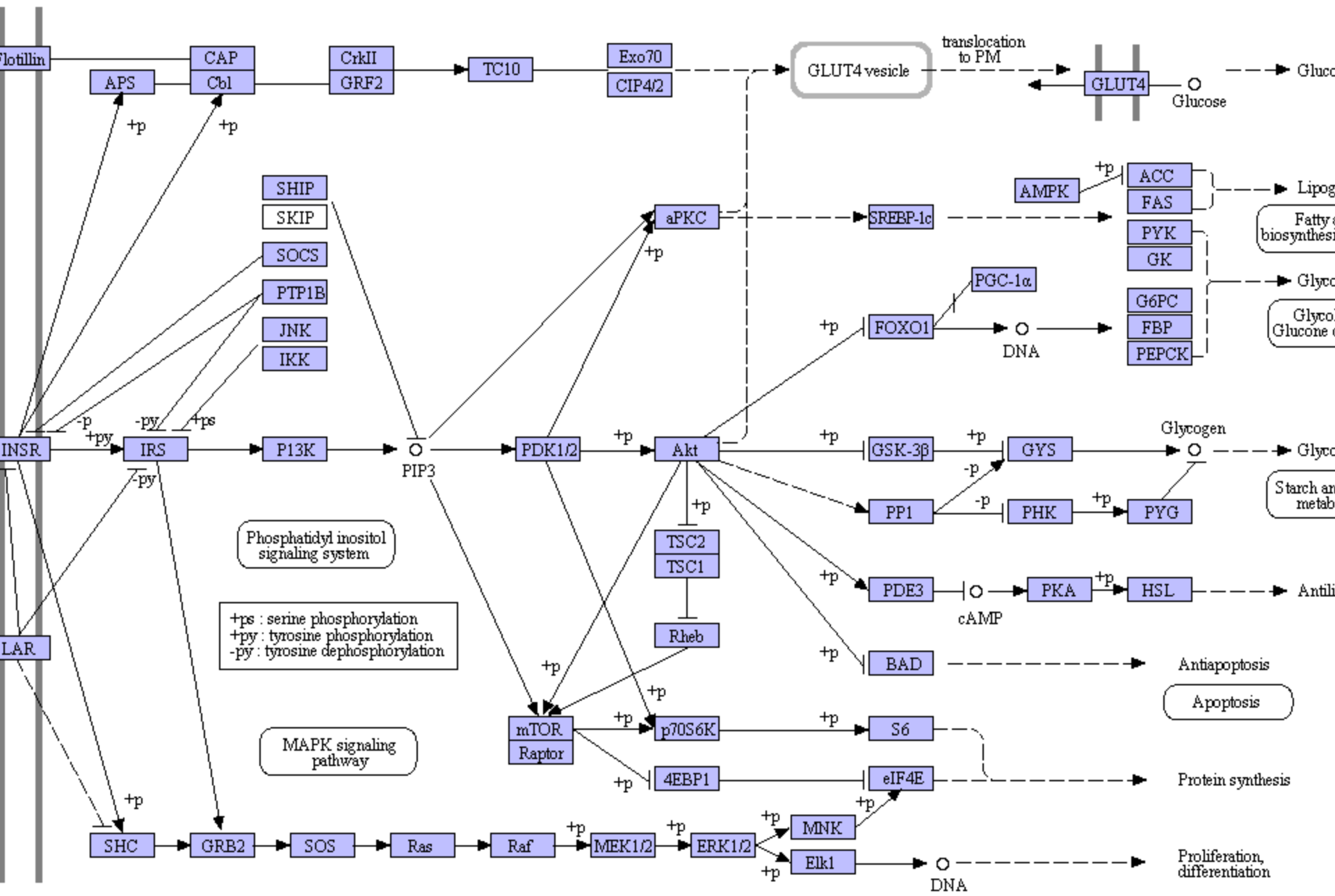
Potential pathways by which circadian dysregulation may mediate psychosocial effects on cancer progression

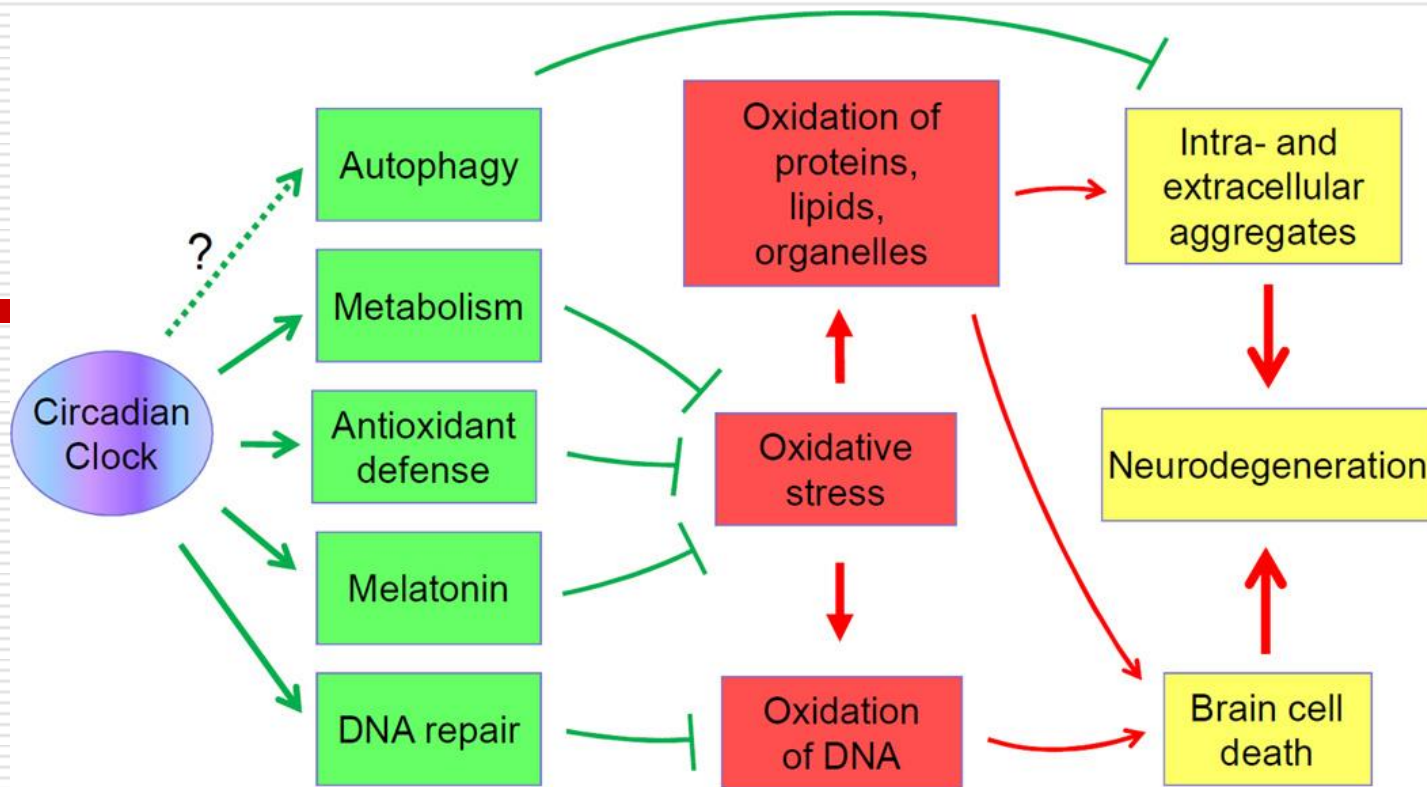
- Neuroimmune effects are widespread and include modulation of innate immunity, T and B cell function, cytokine and adhesion molecule expression, cell trafficking, and immune cell differentiation (E). Circadian rhythm aberration is associated with abnormalities of immune cell trafficking and cell proliferation cycles (F). It has been hypothesized that circadian clock genes are tightly linked with genes related to tumor growth and that tumors may be a direct consequence of circadian dysregulation (G). Immune defenses against tumor growth include both specific mechanisms (e.g., killing by cytotoxic T lymphocytes aided by helper T cells, B cell-mediated antibody-dependent lysis) and non-specific immunity (e.g., lytic activity of NK, LAK, and A-NK cells, macrophages, and granulocytes; H).
-

ALDOSTERONE-REGULATED SODIUM REABSORPTION



SIGNALING PATHWAY





Potential mechanisms of circadian clock-dependent regulation of neurodegeneration The circadian clock regulates metabolism, ROS homeostasis, DNA repair and, probably, autophagy (circadian clock controlled systems and pathways are shown in green). Disruption of circadian system function will compromise the activities of these systems, which will lead to oxidative stress (shown in red) and accumulation of intra- and extra-cellular aggregates in the brain. This in turn will lead to brain cell death and degeneration of brain structures (shown in yellow). Similar mechanisms can contribute to the changes in the brain during the normal ageing.

Děkuji za pozornost

