

název cere:	továrna,	kd typ	(C=stuc	kalorie/	po	proteiny	(g	tuk	(g)	sodík	(mg)	vláknina	(g	uhlovodíky
100%_Brar	N	C	70	4	1	130	10	5						
100%_Natl	Q	C	120	3	5	15	2	8						
All-Bran	K	C	70	4	1	260	9	7						
All-Bran_w	K	C	50	4	0	140	14	8						
Almond_Dt	R	C	110	2	2	200	1	14						
Apple_Cinr	G	C	110	2	2	180	1.5	10.5						
Apple_Jack	K	C	110	2	0	125	1	11						
Basic_4	G	C	130	3	2	210	2	18						
Bran_Chex	R	C	90	2	1	200	4	15						
Bran_Flake	P	C	90	3	0	210	5	13						
Cap'n'n'Crun	Q	C	120	1	2	220	0	12						
Cheerios	G	C	110	6	2	290	2	17						
Cinnamon_G		C	120	1	3	210	0	13						
Clusters	G	C	110	3	2	140	2	13						
Cocoa_Pufl	G	C	110	1	1	180	0	12						
Corn_Chex	R	C	110	2	0	280	0	22						
Corn_Flake	K	C	100	2	0	290	1	21						
Corn_Pops	K	C	110	1	0	90	1	13						
Count_Cho	G	C	110	1	1	180	0	12						
Cracklin'_O	K	C	110	3	3	140	4	10						
Cream_of_N		H	100	3	0	80	1	21						
Crispix	K	C	110	2	0	220	1	21						
Crispy_Wh	G	C	100	2	1	140	2	11						
Double_Ch	R	C	100	2	0	190	1	18						
Froot_Looz	K	C	110	2	1	125	1	11						
Frosted_Flz	K	C	110	1	0	200	1	14						
Frosted_M	K	C	100	3	0	0	3	14						
Fruit_&_Fil	P	C	120	3	2	160	5	12						
Fruitful_Br	K	C	120	3	0	240	5	14						
Fruity_Pebl	P	C	110	1	1	135	0	13						
Golden_Cri	P	C	100	2	0	45	0	11						
Golden_Gr	G	C	110	1	1	280	0	15						
Grape_Nut	P	C	100	3	1	140	3	15						
Grape-Nut	P	C	110	3	0	170	3	17						
Great_Grai	P	C	120	3	3	75	3	13						
Honey_Gra	Q	C	120	1	2	220	1	12						
Honey_Nut	G	C	110	3	1	250	1.5	11.5						
Honey-corr	P	C	110	1	0	180	0	14						
Just_Right_K		C	110	2	1	170	1	17						
Just_Right_K		C	140	3	1	170	2	20						
Kix	G	C	110	2	1	260	0	21						
Life	Q	C	100	4	2	150	2	12						
Lucky_Chai	G	C	110	2	1	180	0	12						
Maypo	A	H	100	4	1	0	0	16						
Muesli_Rai	R	C	150	4	3	95	3	16						
Muesli_Rai	R	C	150	4	3	150	3	16						
Mueslix_Cr	K	C	160	3	2	150	3	17						
Multi-Grair	G	C	100	2	1	220	2	15						
Nut&Hone	K	C	120	2	1	190	0	15						

Nutri-Grain K	C	140	3	2	220	3	21
Nutri-grain, K	C	90	3	0	170	3	18
Oatmeal_R G	C	130	3	2	170	1.5	13.5
Post_Nat,_ P	C	120	3	1	200	6	11
Product_1 K	C	100	3	0	320	1	20
Puffed_Ric Q	C	50	1	0	0	0	13
Puffed_Wh Q	C	50	2	0	0	1	10
Quaker_Oa Q	C	100	4	1	135	2	14
Quaker_Oa Q	H	100	5	2	0	2.7	-1
Raisin_Brar K	C	120	3	1	210	5	14
Raisin_Nut_ G	C	100	3	2	140	2.5	10.5
Raisin_Squ: K	C	90	2	0	0	2	15
Rice_Chex R	C	110	1	0	240	0	23
Rice_Krispi K	C	110	2	0	290	0	22
Shredded_' N	C	80	2	0	0	3	16
Shredded_' N	C	90	3	0	0	4	19
Shredded_' N	C	90	3	0	0	3	20
Smacks_ K	C	110	2	1	70	1	9
Special_K_ K	C	110	6	0	230	1	16
Strawberry N	C	90	2	0	15	3	15
Total_Corn G	C	110	2	1	200	0	21
Total_Raisi G	C	140	3	1	190	4	15
Total_Who G	C	100	3	1	200	3	16
Triples_ G	C	110	2	1	250	0	21
Trix_ G	C	110	1	1	140	0	13
Wheat_Ch R	C	100	3	1	230	3	17
Wheaties_ G	C	100	3	1	200	3	17
Wheaties_I G	C	110	2	1	200	1	16

cukry (g)	draslík (mg	vitaminy a	police (poř.	váha (unce	počet šálků	hodnocení
6	280	25	3	1	0.33	68.40297
8	135	0	3	1	1	33.98368
5	320	25	3	1	0.33	59.42551
0	330	25	3	1	0.5	93.70491
8	-1	25	3	1	0.75	34.38484
10	70	25	1	1	0.75	29.50954
14	30	25	2	1	1	33.17409
8	100	25	3	1.33	0.75	37.03856
6	125	25	1	1	0.67	49.12025
5	190	25	3	1	0.67	53.31381
12	35	25	2	1	0.75	18.04285
1	105	25	1	1	1.25	50.765
9	45	25	2	1	0.75	19.82357
7	105	25	3	1	0.5	40.40021
13	55	25	2	1	1	22.73645
3	25	25	1	1	1	41.44502
2	35	25	1	1	1	45.86332
12	20	25	2	1	1	35.78279
13	65	25	2	1	1	22.39651
7	160	25	3	1	0.5	40.44877
0	-1	0	2	1	1	64.53382
3	30	25	3	1	1	46.89564
10	120	25	3	1	0.75	36.1762
5	80	25	3	1	0.75	44.33086
13	30	25	2	1	1	32.20758
11	25	25	1	1	0.75	31.43597
7	100	25	2	1	0.8	58.34514
10	200	25	3	1.25	0.67	40.91705
12	190	25	3	1.33	0.67	41.01549
12	25	25	2	1	0.75	28.02577
15	40	25	1	1	0.88	35.25244
9	45	25	2	1	0.75	23.80404
5	85	25	3	1	0.88	52.0769
3	90	25	3	1	0.25	53.37101
4	100	25	3	1	0.33	45.81172
11	45	25	2	1	1	21.87129
10	90	25	1	1	0.75	31.07222
11	35	25	1	1	1.33	28.74241
6	60	100	3	1	1	36.52368
9	95	100	3	1.3	0.75	36.47151
3	40	25	2	1	1.5	39.24111
6	95	25	2	1	0.67	45.32807
12	55	25	2	1	1	26.73452
3	95	25	2	1	1	54.85092
11	170	25	3	1	1	37.13686
11	170	25	3	1	1	34.13977
13	160	25	3	1.5	0.67	30.31335
6	90	25	1	1	1	40.10597
9	40	25	2	1	0.67	29.92429

7	130	25	3	1.33	0.67	40.69232
2	90	25	3	1	1	59.64284
10	120	25	3	1.25	0.5	30.45084
14	260	25	3	1.33	0.67	37.84059
3	45	100	3	1	1	41.50354
0	15	0	3	0.5	1	60.75611
0	50	0	3	0.5	1	63.00565
6	110	25	3	1	0.5	49.51187
-1	110	0	1	1	0.67	50.82839
12	240	25	2	1.33	0.75	39.2592
8	140	25	3	1	0.5	39.7034
6	110	25	3	1	0.5	55.33314
2	30	25	1	1	1.13	41.99893
3	35	25	1	1	1	40.56016
0	95	0	1	0.83	1	68.23589
0	140	0	1	1	0.67	74.47295
0	120	0	1	1	0.67	72.80179
15	40	25	2	1	0.75	31.23005
3	55	25	1	1	1	53.13132
5	90	25	2	1	1	59.36399
3	35	100	3	1	1	38.83975
14	230	100	3	1.5	1	28.59279
3	110	100	3	1	1	46.65884
3	60	25	3	1	0.75	39.10617
12	25	25	2	1	1	27.7533
3	115	25	1	1	0.67	49.78745
3	110	25	1	1	1	51.59219
8	60	25	1	1	0.75	36.18756