

RECORD

on summer vacation practical training in Nursing

2nd year of General Medicine

Name and surname:

UČO: The academic year:

Name and address hospital:

.....

The practice carried on: Internal medicine – Surgery¹

Name of department or clinics:

Name and surname of the contact person (Head nurse):

.....

Email: Tel. No:

1. Period Practice: From To

The condition for confirmation of the practice is length of the training: **two weeks - 60 hours;**
4 morning shifts, 1 afternoon shift, 1 night shift, 1 daily shift (on Saturday or Sunday).

2. Evaluation of the student by the head nurse²:

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¹ Delete as applicable.

² Student evaluation especially in the area: Student **interest** in the performance of duties within the framework of practical training at the department/clinic. **Precision and accuracy** performance of nursing interventions. **Communication** with patients and staff. **Accepting guidance** head nurses. Readiness to practice (personal treatment, work clothes etc.).

C O N T E N T

for organisation of the summer vacation practical training in nursing 2nd year students of General Medicine

The aim of the summer vacation practical training after the 2nd year of study is to get acquainted with the activities of the General Nurse at an inpatient nursing ward, especially with the following:

- categories of non-medical health-care assistants at a nursing ward, principles of mutual co-operation and communication;
- the character of a nursing ward, its equipment and location of aids, organization/schedule of work at the department/clinic;
- forms of organisation of the nursing care;
- keeping health-care and nursing documentations, assessment scale for example Scale for assessing the risk of falls, A scale of risk assessment of pressure sores, Test Activities of Daily Living (ADL), Rating scales of pain assessment, Nutritional screening, Categories of patients according to relevant regulations;
- realisation of the nursing-care process, i.e., taking individual nursing care of a patient, based on the knowledge of the bio-psycho-social needs and problems of the patient, making nursing-care diagnoses, setting the aims and plans of nursing-care activities, and evaluation of nursing-care interventions;
- basic principles of prevention against nosocomial infections and aseptic procedures of work.

The length of practical training:

14 days at surgery or internal medicine department, **total of 60 hours**

The duty roster must cover at least 4 morning shifts, 1 afternoon shift, 1 night shift, 1 day shift (on Saturday or Sunday). Student is entitled to a 30-minute break in a shift (It is not counted as working time under the Labour Code).

Duties of students:

- To take part, in co-operation with the nurse in charge, in the organisation of the nursing care;
- To comply duty of confidentiality under legislation.
- To work in compliance with ETHICAL CODES especially the *Nursing Ethical Code* and the *Rights of the Patients*;
- To observe the regulations of hygiene and epidemiology;
- To observe the fixed working hours;
- To be dressed in an orderly way according to the agreed rules Directive, Masaryk University No. 1/2016 *Code of Conduct students participating in clinical teaching and practice*.

An overview of the activities with which the student should get acquainted during the summer vacation practical training:

- Realisation of the nursing-care process;
- Admission, transfer, and discharge of the patient;
- Taking care of the patients' personal hygiene;
- Taking care of immobile patients;
- Catering for patients;
- Voiding of patients including enemas, catheterisation, and taking care of incontinent patients;
- Taking care of the patients' rest and sleep;
- Taking care of patients in pain;
- Prevention and taking care of patients with decubitus ulcers;
- Taking care of patients with disorders of consciousness;
- Monitoring and recording physiological functions;
- Rounds, assistance during rounds;
- Withdrawals of biological material for laboratory examinations;
- Assistance in endoscopic examinations;
- Assistance in punctures;
- Essentials of therapeutic rehabilitation, use of physical therapy;
- A nurse's tasks in pharmacotherapy: administration of drugs per os, per rectum, on the skin, into the body cavities, application of injections (subcutaneous, intramuscular, intravenous), oxygen therapy, infusions and transfusions;
- Preoperative preparation and postoperative care;
- Dressings of aseptic and septic wounds, taking care of drains;
- Taking care of patients with immobilising bandages, get familiar with the basic bandages technology, including leg bandages;
- Preparing a patient for the following examinations (x-ray, computer tomography, magnetic resonance, ultrasound etc.);
- Taking care of dying and deceased patients;
- Taking care of aids, disinfection, and sterilisation;
- Barrier nursing techniques and prevention of nosocomial infections.

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