General principles of poisoning treatment, specific antidotes of medicines, and the mechanisms of their effects

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Pharmacology vs. Toxicology

- Interconnection of both disciplines
- They study the effects of chemicals on biological systems

Pharmacology - therapeutically useful effects, drugs

Toxicology - adverse, harmful (toxic) effects, poisons and toxins

Paracelsus (1493-1548):

"All substances are poisonous; there is none which is not a poison. The right dose differentiates a poison and a remedy"

Causes of poisoning

1. drugs - 52%

2. Industrial Products - 30% (chemicals for cleaning, organic solvents, cosmetics etc.)

- 3. plants 8%
- 4. Pure bulk chemicals -5%
- 5. funghi 2%
- 6. Animal poisons (snakebite) -1%
- 7. others -1%

General principles of acute poisoning treatment

Treatment has to be provided as quickly as possible but always with judgment so that therapeutical procedures do not cause worsening of the patient's state or even death !!!

General principles of poisoning treatment:

- eliminate the substance from organism as quickly as possible (= decontamination)
- antidote (rapid counteraction for poison by means of specific actions);

"a drug, chelating substance, or a chemical that counteracts (neutralizes) the effects of another drug or a poison"

• vital functions + symptomatic treatment

- Gastric lavage and administration of emetic, preferably within 1 hour of intoxication (the first treatments should be done prior to transportation to the hospital)
- An average patient arrives only after 3 hours

Induced vomiting

- in p.o. poisoning within 4 hours
- within 8 hours after anticholinergic agents
- within 12 hours of pylorospasm inducing agents (eg, salicylates
- the patient is conscious, without spasms
- Syrup of ipeca (emetin)- non-reg., apomorphine (s.c.)
- mechanic stimulation of pharynx
- (red-eyed treefrog secretion)

Can not evacuate whole stomach content (max 30-50%) !

• DO NOT INDUCE VOMITING IF ACIDS OR ALKALI WERE INGESTED



OTHER CONTRAINDICATIONS OF INDUCED VOMITING:

- Somnolence and loss of consciousness
- Intoxication with foaming agents
- Intoxication with hydrocarbons
- Attacks of spasms
- Alimentary intoxications in small infants

Adsorbents

- With poisons ingested p.o.
- <u>Charcoal</u> (adsorbing carbon = Carbo adsorbens) / diosmectit → large active surface
- 50 100 g in 5 10% suspension, possibly with stomach tube, then repeatedly 50 g per 4 hours
- Up to 2.5 g/kg

+: paracetamol, salicylic acid, diazepam, amphetamine

methyl/ethylalcohol, Li, strong acids and alkali





Toxic substances that are poorly adsorbable by Charcoal

- acids
- alkali
- chlorates
- chlorids
- cyanides
- nitrates
- ethanol
- ethylenglycol
- isopropanol
- methanol

- fluorides
- iron
- ferrous sulphate
- potassium
- sodium
- detergents

- KMnO₄ oxidation of strychnine and cyanides (light pink solution)
- Lime water Ca(OH)2 binds F⁻ and oxalic acid into insoluble salts
- Flour/starches –binds iodine into insoluble iodides
- Paraffin oil binds phenols and organic solvents (benzene, toluene)
- Liquid paraffin (Paraffinum subliquidum –

 $100 - 300 \text{ ml}) \rightarrow \text{it is a non-resorbable fatty substance} \rightarrow \text{decreases}$ resorption of poisons soluble in fats (simple and halogenated hydrocarbons)

Gastric lavage

- In p.o. intoxications within 4 hours
- The patient is conscious, without spasms
- when unconscious, ONLY in lying position and intubated
- warm water (37°C), saline(preparation: 2 teaspoons of salt per 1 litre water), 300 ml
- Sample for toxicological analysis
- In the end (the last lavage) add adsorbent (30 g of activated carbon) or a laxative (Na₂SO₄)

1. Elimination of unabsorbed toxic substances from organism - PEG - laxative , GIT dialysis

- PEG polyethylene glycol in ionic solutions
- 4 liters / 2 hours
- until the evacuated rectal content is clear
 Indications (toxic and lethal doses):
- rugs bound poorly by charcoal: iron, lithium
 Retarded tablets: theophylline, calcium blockers verapamil, diltiazem!





Increasing the intestinal passage

The patient is conscious, with no spasms

- Administration of big doses of strong and quick-acting laxatives
- Sodium sulphate (20 30 g with a large volume of water)
- Mannitol (ca 50g per 1 litre water; 0.5 1 litre is administered p.o.)
- Castor oil (20 30 ml)

 CI in poisons soluble in fats!!! (castor oil [↑]bile secretion and resorption of fats)

Total intestinal lavage

- Large-volume solution (25 ml/kg)
- Through stomach tube, until clean solution flows off
- Without resorption, does not cause diarrhoea
- It only rinses the intestine
- polyethylenglycol + NaSO₄, NaCl

Forced osmotic diuresis

- Infusion of saccharide solutions (20% mannitol; possible combination with furosemide), physiological solution
- Up to several litres / day
- CI: brain and lung oedema, heart failure, anuria

Forced alkali diuresis

- Speeds up elimination of slightly acidic poisons
- Alkalinisation of urine and blood (pH 7.5 9.0)
- NaHCO₃ solutions
- I: salicylates, barbiturates, sulphonamides, antipsychotic drugs,...
- CI: pulmonary oedema, shock, serious impairment of kidneys

Forced "acidic" diuresis

Speeds up elimination of slightly alkalinic poisons

- Acidification of blood and urine
- 5% Glc solutions with ammonium chloride in i.v. infusion
- I: amphetamines, quinine, quinidine, nicotine, morphine,...
- CI: serious impairment of kidneys

Peritoneal dialysis

- dialysis solution via catheter into abdominal cavity
- Intestinal mucosa and peritoneum serve as a membrane
- Replacement after 2 hours
- I: unavailability of haemodialysis in case forced diuresis cannot be applied
- For poisoning with some analgesics, hypnotics, barbiturates,...
- -: low efficiency, risk of infection

Haemodialysis/CRRT

 I: salicylates, barbiturates, alcohols, ethylenglycol, toluene, mushrooms



INDICATION OF HAEMODIALYSIS

- <u>Acute renal failure</u> e.g. rapidly progressing <u>glomerulonephritis</u>
- •<u>hypercalemia</u> > 6 mmol/l that cannot be managed by conservative therapies
- •<u>hypercalcaemia</u> > 3.5 mmol/l
- •<u>hyperuricemia</u> > 1000 μmol/l
- uncorrectable metabolic acidosis, pH < 7.1
- hyperhydrating with heart failure
- <u>oligouria</u> lasting more than 3 days

INDICATION OF HAEMODIALYSIS – cont.

Indication for dialysis (sooner in diabetics):

- •<u>urea</u> > 30 mmol/l,
- •<u>creatinin</u>e 600–800 μmol/l,
- •<u>Creatinine clearance</u> < 0.25 ml/s.

Patient on dialysis

Diseases that lead to dialysis are as follows:

- diabetic nephropathy,
- hypertension nephropathy,
- chronic glomerulonephritis,
- rapidly progressing glomerulonephritis (RPGN) when irreversible fibrotic changes occur,
- <u>Autosomal dominant polycystic disease of kidneys</u>.



Haemoperfusion

- Perfusion of blood through a capsule containing sorbents
- I: barbiturates, theophylline, phenothiazines, paracetamol, salicylates, phenobarbital, carbamazepine
- +: highly efficient



Haemodialysis, haemoperfusion Indication (on fulfilment of at least 3 criteria):

- Clinical picture of severe intoxication (deep unconsciousness, hypotension, hypothermia, hypoventilation in intoxications with depressant substances)
- Clinical state can only be influenced by a complex resuscitation care
- Clinical state becomes worse despite complex resuscitation care
- Protracted unconsciousness with pulmonary complications (pneumonia, diffuse alveolar damage, COPD)
- Proven high plasmatic level of toxic substance that can be eliminated applying available methods

Haemodialysis, haemoperfusion Contraindication of extracorporeal elimination methods:

- Effective antidote is available
- The toxic substance is quickly metabolised and its metabolites are not toxic
- Toxicity appears quickly and irreversibly
- Intoxication is caused by a substance with low toxicity
- The toxic substance has a large distribution volume
- Shock
- Severe haemocoagulation disorders

Lipidic (micro)emulsions

- Novel (Commercial RMP) decreases the free fraction of lipophilic drugs in serious intox. (Intralipid[®])
- for the treatment of severe arrhythmias (e.g. ventricular tachycardia, atrial fibrillation, cardiac conduction systém block, asystole)
- in lipid soluble drugs
- if conventional therapy fails.
- Free drug fraction binding by lipid emulsion a
- reducing the pharmacological effect
- commonly used to treat a topical toxicity of local anaesthetics
- Cardiotoxicity of local anesthetics, some beta-blockers, TCA

Lipidic (micro)emulsions

 however, the blood in the blood abolishes the possibility of hemodialysis or ECMO - hence this therapy is preferated over lipids when other options fail

2. Neutralization of poison through administration of antidote

- Antidote a substance that neutralises the effect of poison
 - specific (using antagonistic effects of pharmaceuticals antidotes that can counteract the effects of poison either partly or completely)
 - Non-specific (adsorption activated medicinal carbon = carbo adsorbens carbo activatus carbo medicinalis)
 RATIO OF CARBON : TOXIC SUBSTANCE = 10 : 1
 (usually 50g / 3 4h; most often intoxications with medicines, chemicals)
 - It is necessary to administer antidote as quickly as possible
 - Dosage according to plasmatic level of toxin

2. Neutralization of poison through administration of antidote

- Decrease bioavailability of the toxic substance
- Increase rate of elimination of (especially non-transformed) toxic substance
- Slow down biotransformation of the toxic substance leading to activation of the tox. substance
- Incr. rate of biotransformation to inactive metabolite
- Influence the distribution of the toxic substance within the organism



https://www.annemergmed.com/article/S0196-0644(17)30657-1/fulltext

Specific antidotes

 <u>(http://www.farmakologie.net/lecbaotrav.php)</u>
 Lékové informační centrum 3. LF UK (Information Centre for Pharmaceutical Drugs at the Third Faculty of Medicine, Charles University)

3. Symptomatic treatment

- Check vital signs
- Intubation
- Entry into bloodstream
- Support of CVS (inotropics, vasopressors)
- Therapy of spasms

Toxicological Information Centre

Welcome at the website of the Toxikologické informační střediskoTIS).

Acute poisoning - what to do?

Dial +420 224 91 92 93 or 224 91 54 02

To receive advice on first aid and what to do next.

Prepare:

- precise information on the accident
- full name
- birth identification number
- health insurance company
- healthcare professional also their IČP (organization identification number)
 In order to facilitate the consultation, the doctors are asked to calculate (provided it can be ascertained) the quantity of medication (active substance) that intoxicated the patient. Also please try to estimate or find out the body weight of the patient.



Toxicological Information Centre

- A 24/7 nationwide telephone medical information service to consult cases of **acute human and animal intoxications**
- For both laypersons and doctors
- The goal of the TIS is to decrease the number and severity of intoxications and to favourably effect the course of accidents. The Centre provides information on the chemical composition of commercial products and on the therapy of acute intoxications with these products

• It does not deal with:

- the influence of chemical compounds on foetus
- cancerogeneity
- adverse effects of medicinal drugs
- impact of chemical compounds on the environment

Toxicological Information Centre

- 120 00 Praha 2, Na Bojišti 1
- <u>http://www.tis-cz.cz/</u>
- E-mail: tis@vfn.cz
- Phone: +420 224 91 92 93 or +420 224 91 54 02

• Snakebite poisoning

Anaesthesiology and Resuscitation Clinic 1st FM CU in Prague and VFN in Prague Praha 2 Phone: 224 962 243

• Lékové informační centrum (Information Centre for Pharmaceutical Drugs)

Lékárna FN U sv. Anny

Brno

Phone: 543 182 175-7

- Poisoning causes 10% of deaths !!!
- Coincidence
- Suicide
- Criminal act
- Abuse of habit-forming substances
- Occupational injury
- . .
- 2/3 of all intoxications are related with children!
- Most frequent entry: p.o. or inhalation

Intoxication with drugs (in German hospitals in 2011)



T39 = analgesics (ca. 40% 4-aminophenol derivatives) T42 = hypnotics (ca. 50% benzodiazepines) and antiepileptic drugs T43 = antidepressants, neuroleptic drugs, psychotropic substances (not further classified) T40 = narcotics, methadone,

hallucinogens (especially morphine and codeine)

- T50 = other medications, not further specified
- Mental and behavioral disturbances due to acute intoxication with: F10.0 = alcohol (ethanol)
- F11.0 = opioids
- F13.0 = hypnotics, sedatives
- F15.0 = stimulants
- F19.0 = multiple substance use

<u>Dtsch Arztebl Int</u>. 2013 Oct; 110(41): 690–700.

General overview of neurologic symptomatology at unknown poison intoxication

- Convulsion spasmso skeletal muscles: substances with excitatory effects (strychnine, HCN, organophosphates, psychotomimetics, psychostimulants [caffeine included!])
- Excited state states similar to ebriety (often during intoxication with solvents, benzine, alcohol, atropine, scopolamine, PS-lytics, cocaine, hashish, fly agaric [amanita muscaria])

• Hallucination, delirious states – analeptics,

atropine(*Atropa belladonna*), scopolamine, panther mushroom (also causes states of confusion), organophosphates, ergot alkaloids, yohimbine

 Manifestations of depression – sedation, somnolence, sopor to comatose states with depression of breath and blood circulation – hypnotics, "narcotics", sedatives, antipyretics, analgesics, codeine antitussives, alcohol, CO, poisoning...

- Vision disorders atropine (transitory disorder mydriasis, focusing disorder), H2S, As, myorelaxants (focusing disorder), alcohol (vision hallucinations), amphetamines (tactile hallucinations: bedbugs creeping below one's skin → excoriation),

Intoxication with medicines

Intoxication with medicines

Most often: *sedatives, hypnotics, analgesics*

Causes of death:

- Injury to CNS *psychotropics*
- Injury to CVS cardioglycosides antiasthmatic drugs
- Liver injury paracetamol, nimesulide, pretease inhibitors,

TOXICITY of MEDICATIONS

1. ANALGESICS:

a) paracetamol 10 - 15 tb. (15 – 20 tb. of Panadol 500mg \rightarrow serious to lethal intoxication)

 hepatotoxicity; it changes into N-acetyl-p-benzochinone imine(minor metabolite) =hepatotoxic

- GIT problems (vomiting, renal failure)
- Th.: activated carbon + N-acetylcysteine
- b) salicylates: breath stimulation, hyperventilation,
 - alkalosis = brain and lung oedema
 - Th.: alkalizing of urine + activated carbon + haemodialysis
- c) opioids see Psychopharmaceuticals

2. PSYCHOTROPICS

a) antipsychotic (neuroleptic) drugs, TCA antidepressants

- depressed consciousness, sedation, somnolence, sopor

(it is difficult to wake up the patient), coma + increased muscle tone, convulsions, cardiotoxicity

- Th.: act. carbon, laxatives, symptomatic treatment antidote = physostigmine – mitigates anticholinergic symptoms, haemoperfusion
- b) psychostimulants (amphetamines, cocaine)
 - ↑endogenous catecholamine secretion, stimulation of sympathetic nervous system
 - euphoria, hallucination, unconsciousness, hypertension, arrythmia
- c) opioids
 - euphoria, breath depression, miosis, BP decrease, heart rate decrease, apnoe, coma
 - Th.: naloxone

2. PSYCHOTROPICS

d) Hypnotics, sedatives

- BZD:
- CNS depression
- Th.: flumazenil
- BARBITURATES:
- CNS depression
- Th.: charcoal, alkali forced diuresis, haemoperfusion

Selected CVS pharmaceuticals and the related intoxications

Beta-blockers (BB)

- AE: bronchial asthma, shortness of breath
- heart failure, bradycardia, blocking of transmission of impulses in the heart
- hypoglycaemia
- peripheral circulation disorders, sleeping disorders, depression (lipophile substances)
- fatigue, cold extremities, dizziness, paresthesia
- skin rashes, fever, and other manifestations of allergy (rare)
- sudden interruption of therapy "rebound phenomenon"

Intoxication with BB:

- hypotension
- bradycardia
- A-V blocks
- ventricular dysrhythmias (ventricular tachycardia to fibrillation)
- pulmonary oedema, renal failure (at prolonged hypotension)
- diplopia, mydriasis
- bronchoconstriction, shortness of breath, cyanosis
- spasms or CNS depression

Therapy of intoxication with BB:

- gastric lavage at potentially lethal doses (within 2 to 3h from ingestion), in patients with spasms and comatous patients
- Add Carbo adsorbens (50-100g) to the last dose of lavage
- At hypotension Trendelenburg position + i.v. liquids on a massive scale
- At persisting hypotension dopamine or NA
- At bradycardia atropine i.v. (some cases require a temporary stimulation)
- At hypoglycaemia i.v. glucose (or glucagon)

Selected CVS pharmaceuticals and the related intoxication

ACE Inhibitors (ACEI) AE:

- hypotension (usually reacts to dose modification)
- cough
- hypercalcaemia
- decrease in renal functions to acute renal failure
- angioneurotic oedema
- neutropenia rarely
- liver function abnormalities

Intoxication with ACEi:

- hypotension
- hypercalcaemia (mainly in patients with acute renal function abnormalities)
- renal function abnormalities (important factors of severity are as follows: dose, age of the patients, concomitantly administered medications -NSAIDs, diuresics)
- Increase in nitrogen compounds (haemodialysis)
- oliguria, anuria

Therapy of intoxication :

- discontinuation ACEI (or NSAIDs, diuresics)
- rehydration (saline, ballanced inf. solution ringer/ ringer lactate)
- persisting hypotension catecholamines (dopamine, dobutamine, NA)
- Gastric lavage, administration of adsorbents
- monitoring of BP, electrolytes, and creatinine
- vital functions (breath, ECG)

Prognosis of intoxication:

- promising with early diagnose
- promising in patients with nitrogen compounds retention who have no significant hypotension
- hypotension impairment of renal tissue + ischemia
- unfavourable at concomitant administration of NSAIDs and diuretics
- Unfavourable in elderly patients, at dehydration, in inflammatory complications and other comorbidities

Intoxication with anticholinergic drugs

- Anticholigics (atropin, TCA, antihistaminics, antipsychotics)
- HOT as a hare (hypertermia)
- RED as a beet (flush)
- DRY as a bone (dry skin, mucosas)
- BLIND as a bat (mydriasis)
- MAD as a hatter (delirium)
- tachycardia, urinary retention
- urine, absence of peristalsis



Intoxication with serotonergic drugs – serotonergic toxidrome

- Serotonin increrase within CNS (antidepressants MAOIs, SSRIs, triptans, TCAs, ecstasy, dextromethorphan, opioids, prokinetics)
- mydriasis, agitation / coma, confusion, hallucinations,
- tachycardia, hypertension, hyperthermia, tremor, hyperreflexia,
- convulsions, tachypnea, diaphoresis

Th.: discontinue 5-HT agonists,

Symptomatic treatment: lorazepam, propranolol, cyproheptadine



<u>Selected CVS pharmaceuticals and the related intoxication -</u> <u>Digoxine</u>

Pharmacokinetics of digoxine

- 60 75% absorbed from GIT
- t _{1/2} = 36 hours
- 75 % renal elimination (both GF and efflux transport)
- therap.plasm. [0.6-2.0 nmol/L]
- binding to albumine 20 40%
- metabolised < 20%

Increased plasm. concentration of digoxine

- Dose not corresponding with muscle mass
- Decreased renal excretion
 - hypocalemia < 3 mmol/l
 - chinidin, amiodaron
 - decreased GFR elderly, renal failure
- Decrease of extraren. clearence AA
- Decrease of intestinal degradation broad spectrum ATB

Signs of intoxication with digoxine

- GIT
- anorexia, nausea, vomiting, diarrhoea
- CNS
- fatigue, depression, yellow vision
- HEART
- arrythmia

Arrythmia at treatment with digoxine

- Ventricular extrasystoles (VES) (bigeminia)
- atrial tachycardia with block
- AV tachycardia
- SA and AV blocks

Treatment of intoxication with digoxine

- discontinue digoxine
- adjust plasm. levels of potassium
- SV tachycardia, tachyFis phenytoin
- VES and KT lidokain, mesokain, phenytoin
- bradycardia and blocks temporary stimulation (try atropine prior to that!)
- to renew a stable rhythm chinidin, prokainamid
- DIGIDOT ovine PL against DG

Risks of treatment with digoxine

- status after AMI
- thyreopathy
- hypoxemia (lung disease)
- drug interaction (chinidin, CAA, ATB)
- older age (lower GF and muscular mass)
- changes in K and Ca concentrations
- other obesity, renal failure

Mushroom poisoning

- Quite frequent in this country
- Less frequent after ingestion of edible mushrooms that developed toxic products due to metabolic processes
- Death cap mushroom *Amanita Phalloides* =phaloidine, <u>amanitine alpha</u>, <u>beta</u>, gamma, ...
- Most frequently confused with champignons





POISONING with Amanita phalloides "destroying angel"- "death cap"

A quarter to half of mushroom of average 30 - 35 g mass causes a serious poisoning in an adult person !

- Lethal intoxication caused by ingestion of only 1 mushroom (children are more sensitive!!!)
- prognosis: very serious especially in children, death rate 60 80% !!!

POISONING with Amanita phalloides "destroying angel"- "death cap"

- Th.:
 - gastric lavage.
 - forced diuresis
 - PNC G (displaces amanitine from its binding to serum albumine)
 - silymarine → hepatoprotective 20 mg/kg/day in 4 infusions, other hepatoprotectives,
 - CRRT- haemoperfusion
 - charcoal

Symptoms of muscarine intoxication

- Typical for excessive stimulation of PS (?):
- (identification of muskarine in plasma, but in a very low concentr.)
 - salivation, lacrimation, sweating
 - bradycardia, hypotension
 - Decr. breathing (bronchoconstriction, hypersecretion of bronchial glands)
 - Diarrhoea (hypermotility and hypersecretion in the GIT)
 - Muscular tremor

Poisoning with amanita results from joint action of muscarine, ibotenic acid with muscimole and also mykoatropine (but atropine poisoning symptoms may be also present (PL effects)

Plants

- Nearly all plants that are used in traditional medicine can be toxic in higher doses (primarily in children)
- "red berries" common rue, perfoliate honeysuckle (or fly, Japanese h.), bittersweet – solanum, common yew, lily-of-thevalley
- "blue berries" privet (*Ligustrum*), common juniper, deadly nightshade (*Atropa Belladonna*)
- Datura, daffodil, raw and green haricot beans = toxic dose 3-10 beans

Poisoning with organophosphates (insecticides)

Cholinergic crisis (organophosphates, carbamates, pilocarpine) i **AChE** – SLUDGE-M: salivation, lacrimation, urination, diarrhea/diaphoresis, emesis, miosys.

Bradycardia, bronchosecretion



Poisoning with organophosphates (insecticides)

- Irreversible inhibition of Ach-esterase cumulation of Ach
- Late neurotoxic effects 1-2 weeks (paresis of extremities)

• Th.:

- atropine antagonist on Ach receptors
- reactivators of Ach-esterase (trimedoxin, pralidoxim)
- reversible inhibitors of AchE
- symptomatol. treatment (e.g. treatment of spasms BZD)

Intoxication with organic solvents and alcohols

- <u>ethylalcohol (alcohol, ethanol)</u>
 - − alcohol → (alcohol dehydrogenase) → acetaldehyde + acetic acid + CO2 + H2O
 - Th.:artificial respiratory support, glc infusion, BZD (to dampen restlessness+ convulsions), fomepizol (competitive inhibiton of ADH)

methylalcohol (methanol)

- methanol \rightarrow ADH \rightarrow formaldehyde + CO₂ + H₂O +
 - + formic acid
- Metabolic acidosis
- Damaged eye
- Th.: gastric lavage, laxatives, paraffine, ethylalcohol, fomepizol, haemodialysis
- organic solvents: petrol, trichlorethylene, toluen, xylen, benzene, hexane...
 - Th.: paraffine oil not absorbed