

| název cere: | továrna, | kd typ | (C=stuc | kalorie/ | po | proteiny | (g | tuk | (g) | sodík | (mg) | vláknina | (g | uhlovodíky |
|--------------|----------|--------|---------|----------|----|----------|-----|------|-----|-------|------|----------|----|------------|
| 100%_Brar | N | C | 70 | 4 | 1 | 130 | 10 | 5 | | | | | | |
| 100%_Natl | Q | C | 120 | 3 | 5 | 15 | 2 | 8 | | | | | | |
| All-Bran | K | C | 70 | 4 | 1 | 260 | 9 | 7 | | | | | | |
| All-Bran_w | K | C | 50 | 4 | 0 | 140 | 14 | 8 | | | | | | |
| Almond_Dt | R | C | 110 | 2 | 2 | 200 | 1 | 14 | | | | | | |
| Apple_Cinr | G | C | 110 | 2 | 2 | 180 | 1.5 | 10.5 | | | | | | |
| Apple_Jack | K | C | 110 | 2 | 0 | 125 | 1 | 11 | | | | | | |
| Basic_4 | G | C | 130 | 3 | 2 | 210 | 2 | 18 | | | | | | |
| Bran_Chex | R | C | 90 | 2 | 1 | 200 | 4 | 15 | | | | | | |
| Bran_Flake | P | C | 90 | 3 | 0 | 210 | 5 | 13 | | | | | | |
| Cap'n'n'Crun | Q | C | 120 | 1 | 2 | 220 | 0 | 12 | | | | | | |
| Cheerios | G | C | 110 | 6 | 2 | 290 | 2 | 17 | | | | | | |
| Cinnamon_G | | C | 120 | 1 | 3 | 210 | 0 | 13 | | | | | | |
| Clusters | G | C | 110 | 3 | 2 | 140 | 2 | 13 | | | | | | |
| Cocoa_Pufl | G | C | 110 | 1 | 1 | 180 | 0 | 12 | | | | | | |
| Corn_Chex | R | C | 110 | 2 | 0 | 280 | 0 | 22 | | | | | | |
| Corn_Flake | K | C | 100 | 2 | 0 | 290 | 1 | 21 | | | | | | |
| Corn_Pops | K | C | 110 | 1 | 0 | 90 | 1 | 13 | | | | | | |
| Count_Cho | G | C | 110 | 1 | 1 | 180 | 0 | 12 | | | | | | |
| Cracklin'_O | K | C | 110 | 3 | 3 | 140 | 4 | 10 | | | | | | |
| Cream_of_N | | H | 100 | 3 | 0 | 80 | 1 | 21 | | | | | | |
| Crispix | K | C | 110 | 2 | 0 | 220 | 1 | 21 | | | | | | |
| Crispy_Wh | G | C | 100 | 2 | 1 | 140 | 2 | 11 | | | | | | |
| Double_Ch | R | C | 100 | 2 | 0 | 190 | 1 | 18 | | | | | | |
| Froot_Loo | K | C | 110 | 2 | 1 | 125 | 1 | 11 | | | | | | |
| Frosted_Fl | K | C | 110 | 1 | 0 | 200 | 1 | 14 | | | | | | |
| Frosted_M | K | C | 100 | 3 | 0 | 0 | 3 | 14 | | | | | | |
| Fruit_&_Fil | P | C | 120 | 3 | 2 | 160 | 5 | 12 | | | | | | |
| Fruitful_Br | K | C | 120 | 3 | 0 | 240 | 5 | 14 | | | | | | |
| Fruity_Pebl | P | C | 110 | 1 | 1 | 135 | 0 | 13 | | | | | | |
| Golden_Cri | P | C | 100 | 2 | 0 | 45 | 0 | 11 | | | | | | |
| Golden_Gr | G | C | 110 | 1 | 1 | 280 | 0 | 15 | | | | | | |
| Grape_Nut | P | C | 100 | 3 | 1 | 140 | 3 | 15 | | | | | | |
| Grape-Nut | P | C | 110 | 3 | 0 | 170 | 3 | 17 | | | | | | |
| Great_Grai | P | C | 120 | 3 | 3 | 75 | 3 | 13 | | | | | | |
| Honey_Gra | Q | C | 120 | 1 | 2 | 220 | 1 | 12 | | | | | | |
| Honey_Nut | G | C | 110 | 3 | 1 | 250 | 1.5 | 11.5 | | | | | | |
| Honey-corr | P | C | 110 | 1 | 0 | 180 | 0 | 14 | | | | | | |
| Just_Right_K | | C | 110 | 2 | 1 | 170 | 1 | 17 | | | | | | |
| Just_Right_K | | C | 140 | 3 | 1 | 170 | 2 | 20 | | | | | | |
| Kix | G | C | 110 | 2 | 1 | 260 | 0 | 21 | | | | | | |
| Life | Q | C | 100 | 4 | 2 | 150 | 2 | 12 | | | | | | |
| Lucky_Chai | G | C | 110 | 2 | 1 | 180 | 0 | 12 | | | | | | |
| Maypo | A | H | 100 | 4 | 1 | 0 | 0 | 16 | | | | | | |
| Muesli_Rai | R | C | 150 | 4 | 3 | 95 | 3 | 16 | | | | | | |
| Muesli_Rai | R | C | 150 | 4 | 3 | 150 | 3 | 16 | | | | | | |
| Mueslix_Cr | K | C | 160 | 3 | 2 | 150 | 3 | 17 | | | | | | |
| Multi-Grair | G | C | 100 | 2 | 1 | 220 | 2 | 15 | | | | | | |
| Nut&Hone | K | C | 120 | 2 | 1 | 190 | 0 | 15 | | | | | | |

| | | | | | | | |
|----------------|---|-----|---|---|-----|-----|------|
| Nutri-Grain K | C | 140 | 3 | 2 | 220 | 3 | 21 |
| Nutri-grain, K | C | 90 | 3 | 0 | 170 | 3 | 18 |
| Oatmeal_R G | C | 130 | 3 | 2 | 170 | 1.5 | 13.5 |
| Post_Nat,_ P | C | 120 | 3 | 1 | 200 | 6 | 11 |
| Product_1 K | C | 100 | 3 | 0 | 320 | 1 | 20 |
| Puffed_Ric Q | C | 50 | 1 | 0 | 0 | 0 | 13 |
| Puffed_Wh Q | C | 50 | 2 | 0 | 0 | 1 | 10 |
| Quaker_Oa Q | C | 100 | 4 | 1 | 135 | 2 | 14 |
| Quaker_Oa Q | H | 100 | 5 | 2 | 0 | 2.7 | -1 |
| Raisin_Brar K | C | 120 | 3 | 1 | 210 | 5 | 14 |
| Raisin_Nut_ G | C | 100 | 3 | 2 | 140 | 2.5 | 10.5 |
| Raisin_Squ: K | C | 90 | 2 | 0 | 0 | 2 | 15 |
| Rice_Chex R | C | 110 | 1 | 0 | 240 | 0 | 23 |
| Rice_Krispi K | C | 110 | 2 | 0 | 290 | 0 | 22 |
| Shredded_' N | C | 80 | 2 | 0 | 0 | 3 | 16 |
| Shredded_' N | C | 90 | 3 | 0 | 0 | 4 | 19 |
| Shredded_' N | C | 90 | 3 | 0 | 0 | 3 | 20 |
| Smacks K | C | 110 | 2 | 1 | 70 | 1 | 9 |
| Special_K K | C | 110 | 6 | 0 | 230 | 1 | 16 |
| Strawberry N | C | 90 | 2 | 0 | 15 | 3 | 15 |
| Total_Corn G | C | 110 | 2 | 1 | 200 | 0 | 21 |
| Total_Raisi G | C | 140 | 3 | 1 | 190 | 4 | 15 |
| Total_Who G | C | 100 | 3 | 1 | 200 | 3 | 16 |
| Triples G | C | 110 | 2 | 1 | 250 | 0 | 21 |
| Trix G | C | 110 | 1 | 1 | 140 | 0 | 13 |
| Wheat_Ch R | C | 100 | 3 | 1 | 230 | 3 | 17 |
| Wheaties G | C | 100 | 3 | 1 | 200 | 3 | 17 |
| Wheaties_I G | C | 110 | 2 | 1 | 200 | 1 | 16 |

| cukry (g) | draslík (mg | vitaminy a | police (poř. | váha (unce | počet šálků | hodnocení |
|-----------|-------------|------------|--------------|------------|-------------|-----------|
| 6 | 280 | 25 | 3 | 1 | 0.33 | 68.40297 |
| 8 | 135 | 0 | 3 | 1 | 1 | 33.98368 |
| 5 | 320 | 25 | 3 | 1 | 0.33 | 59.42551 |
| 0 | 330 | 25 | 3 | 1 | 0.5 | 93.70491 |
| 8 | -1 | 25 | 3 | 1 | 0.75 | 34.38484 |
| 10 | 70 | 25 | 1 | 1 | 0.75 | 29.50954 |
| 14 | 30 | 25 | 2 | 1 | 1 | 33.17409 |
| 8 | 100 | 25 | 3 | 1.33 | 0.75 | 37.03856 |
| 6 | 125 | 25 | 1 | 1 | 0.67 | 49.12025 |
| 5 | 190 | 25 | 3 | 1 | 0.67 | 53.31381 |
| 12 | 35 | 25 | 2 | 1 | 0.75 | 18.04285 |
| 1 | 105 | 25 | 1 | 1 | 1.25 | 50.765 |
| 9 | 45 | 25 | 2 | 1 | 0.75 | 19.82357 |
| 7 | 105 | 25 | 3 | 1 | 0.5 | 40.40021 |
| 13 | 55 | 25 | 2 | 1 | 1 | 22.73645 |
| 3 | 25 | 25 | 1 | 1 | 1 | 41.44502 |
| 2 | 35 | 25 | 1 | 1 | 1 | 45.86332 |
| 12 | 20 | 25 | 2 | 1 | 1 | 35.78279 |
| 13 | 65 | 25 | 2 | 1 | 1 | 22.39651 |
| 7 | 160 | 25 | 3 | 1 | 0.5 | 40.44877 |
| 0 | -1 | 0 | 2 | 1 | 1 | 64.53382 |
| 3 | 30 | 25 | 3 | 1 | 1 | 46.89564 |
| 10 | 120 | 25 | 3 | 1 | 0.75 | 36.1762 |
| 5 | 80 | 25 | 3 | 1 | 0.75 | 44.33086 |
| 13 | 30 | 25 | 2 | 1 | 1 | 32.20758 |
| 11 | 25 | 25 | 1 | 1 | 0.75 | 31.43597 |
| 7 | 100 | 25 | 2 | 1 | 0.8 | 58.34514 |
| 10 | 200 | 25 | 3 | 1.25 | 0.67 | 40.91705 |
| 12 | 190 | 25 | 3 | 1.33 | 0.67 | 41.01549 |
| 12 | 25 | 25 | 2 | 1 | 0.75 | 28.02577 |
| 15 | 40 | 25 | 1 | 1 | 0.88 | 35.25244 |
| 9 | 45 | 25 | 2 | 1 | 0.75 | 23.80404 |
| 5 | 85 | 25 | 3 | 1 | 0.88 | 52.0769 |
| 3 | 90 | 25 | 3 | 1 | 0.25 | 53.37101 |
| 4 | 100 | 25 | 3 | 1 | 0.33 | 45.81172 |
| 11 | 45 | 25 | 2 | 1 | 1 | 21.87129 |
| 10 | 90 | 25 | 1 | 1 | 0.75 | 31.07222 |
| 11 | 35 | 25 | 1 | 1 | 1.33 | 28.74241 |
| 6 | 60 | 100 | 3 | 1 | 1 | 36.52368 |
| 9 | 95 | 100 | 3 | 1.3 | 0.75 | 36.47151 |
| 3 | 40 | 25 | 2 | 1 | 1.5 | 39.24111 |
| 6 | 95 | 25 | 2 | 1 | 0.67 | 45.32807 |
| 12 | 55 | 25 | 2 | 1 | 1 | 26.73452 |
| 3 | 95 | 25 | 2 | 1 | 1 | 54.85092 |
| 11 | 170 | 25 | 3 | 1 | 1 | 37.13686 |
| 11 | 170 | 25 | 3 | 1 | 1 | 34.13977 |
| 13 | 160 | 25 | 3 | 1.5 | 0.67 | 30.31335 |
| 6 | 90 | 25 | 1 | 1 | 1 | 40.10597 |
| 9 | 40 | 25 | 2 | 1 | 0.67 | 29.92429 |

| | | | | | | |
|----|-----|-----|---|------|------|----------|
| 7 | 130 | 25 | 3 | 1.33 | 0.67 | 40.69232 |
| 2 | 90 | 25 | 3 | 1 | 1 | 59.64284 |
| 10 | 120 | 25 | 3 | 1.25 | 0.5 | 30.45084 |
| 14 | 260 | 25 | 3 | 1.33 | 0.67 | 37.84059 |
| 3 | 45 | 100 | 3 | 1 | 1 | 41.50354 |
| 0 | 15 | 0 | 3 | 0.5 | 1 | 60.75611 |
| 0 | 50 | 0 | 3 | 0.5 | 1 | 63.00565 |
| 6 | 110 | 25 | 3 | 1 | 0.5 | 49.51187 |
| -1 | 110 | 0 | 1 | 1 | 0.67 | 50.82839 |
| 12 | 240 | 25 | 2 | 1.33 | 0.75 | 39.2592 |
| 8 | 140 | 25 | 3 | 1 | 0.5 | 39.7034 |
| 6 | 110 | 25 | 3 | 1 | 0.5 | 55.33314 |
| 2 | 30 | 25 | 1 | 1 | 1.13 | 41.99893 |
| 3 | 35 | 25 | 1 | 1 | 1 | 40.56016 |
| 0 | 95 | 0 | 1 | 0.83 | 1 | 68.23589 |
| 0 | 140 | 0 | 1 | 1 | 0.67 | 74.47295 |
| 0 | 120 | 0 | 1 | 1 | 0.67 | 72.80179 |
| 15 | 40 | 25 | 2 | 1 | 0.75 | 31.23005 |
| 3 | 55 | 25 | 1 | 1 | 1 | 53.13132 |
| 5 | 90 | 25 | 2 | 1 | 1 | 59.36399 |
| 3 | 35 | 100 | 3 | 1 | 1 | 38.83975 |
| 14 | 230 | 100 | 3 | 1.5 | 1 | 28.59279 |
| 3 | 110 | 100 | 3 | 1 | 1 | 46.65884 |
| 3 | 60 | 25 | 3 | 1 | 0.75 | 39.10617 |
| 12 | 25 | 25 | 2 | 1 | 1 | 27.7533 |
| 3 | 115 | 25 | 1 | 1 | 0.67 | 49.78745 |
| 3 | 110 | 25 | 1 | 1 | 1 | 51.59219 |
| 8 | 60 | 25 | 1 | 1 | 0.75 | 36.18756 |