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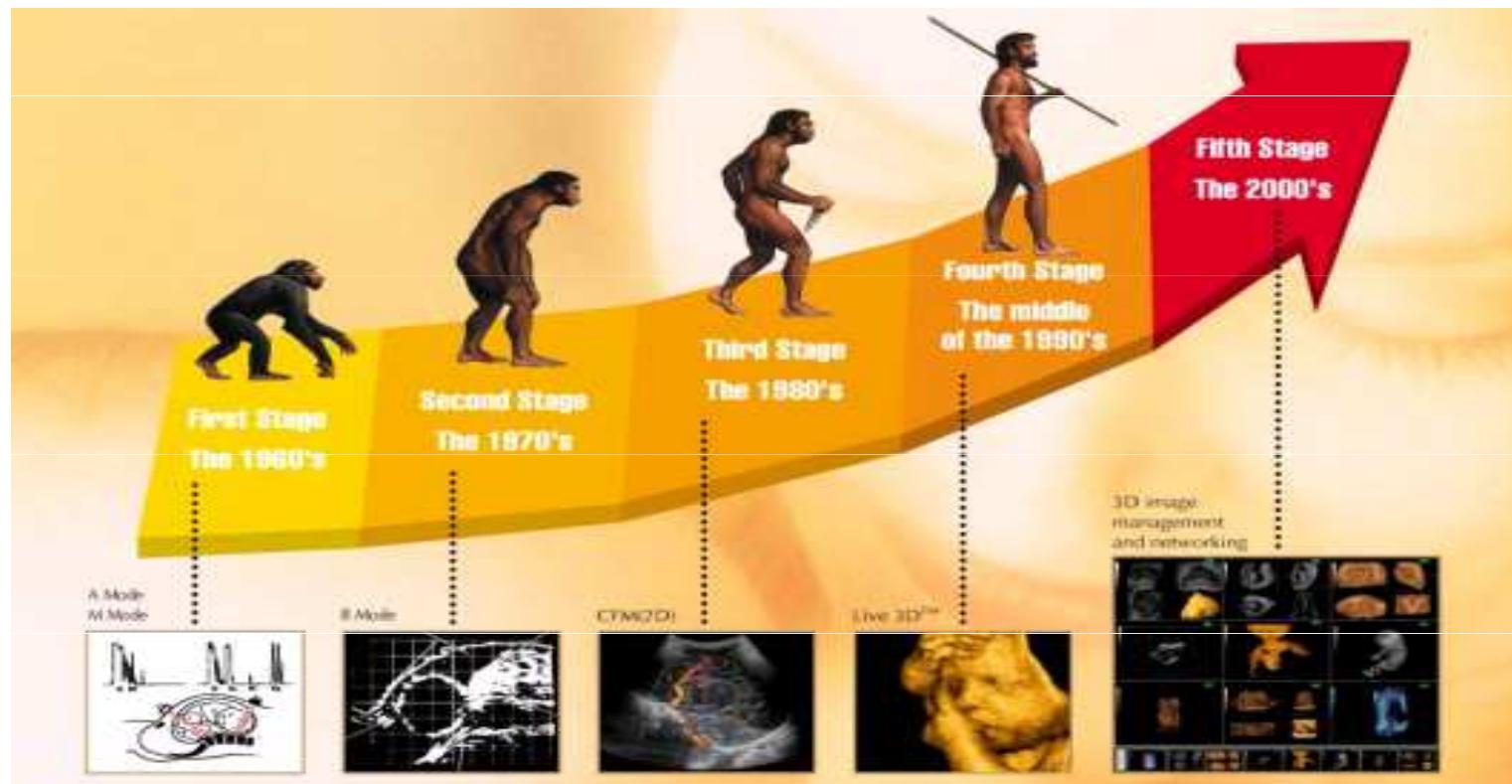
# Ultrasound in obstetrics and gynecology

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# History

- 1920s – sonar for marine purposes
- 1944 – first therapeutic use of ultrasound (brain tissue disruption)
- UK, Australia, Germany, USA, Japan – leading countries
- 2D, 3D imaging, CFM – color mapping
- 21st century – quality, miniaturisation, intracavital application

# US technology development



# Ultrasound diagnostics advantages

- non-invasive method
- method based on mechanical energy (relatively safe)
- examination is carried by obgyn specialists themselves  
(direct link between clinical status and objective method results)

# Ultrasound diagnostics

## 2D imaging

base examination, gold standard

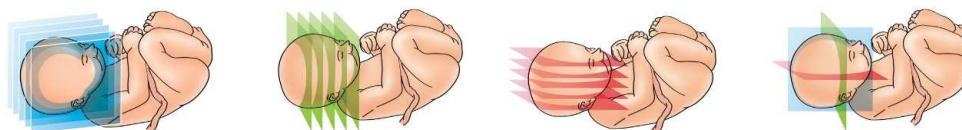
## 3D/4D imaging

additional examination

multiplanar image

volume CT mode

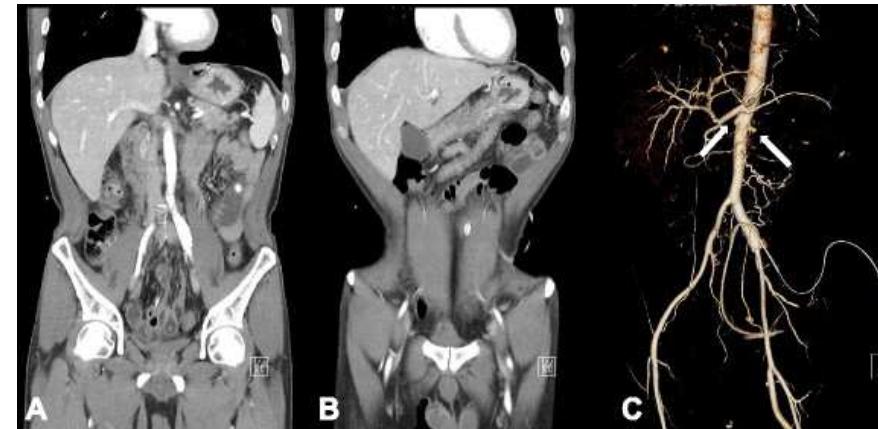
3D power Doppler



# Contemporary imaging techniques

## CT

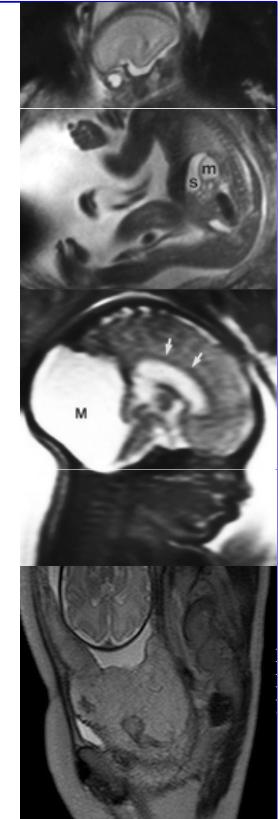
- gynecology (diff.dg. abdominal cavity pathologies)
- exclusion peri/postoperative complications (TEN)
- oncogynecology (staging)



# Contemporary imaging techniques

## MRI

- gynecology
- obstetrics - fetal anomalies
  - abnormal placentation
  - placental functional examination
  - fetal weight estimation
  - virtual fetal autopsy



# Imaging techniques

## transabdominal (3,5-5 MHz)

- visualisation abdominal cavity  
(gynecology – formation bigger than small pelvis, obstetrics, pediatric gynecology)
- full bladder



## transvaginal (5-7,5 MHz)

- better visualisation (examination distance 8-10cm)
- empty bladder
- hymen, vaginal stricture - impossible



# US in obstetrics and gynecology

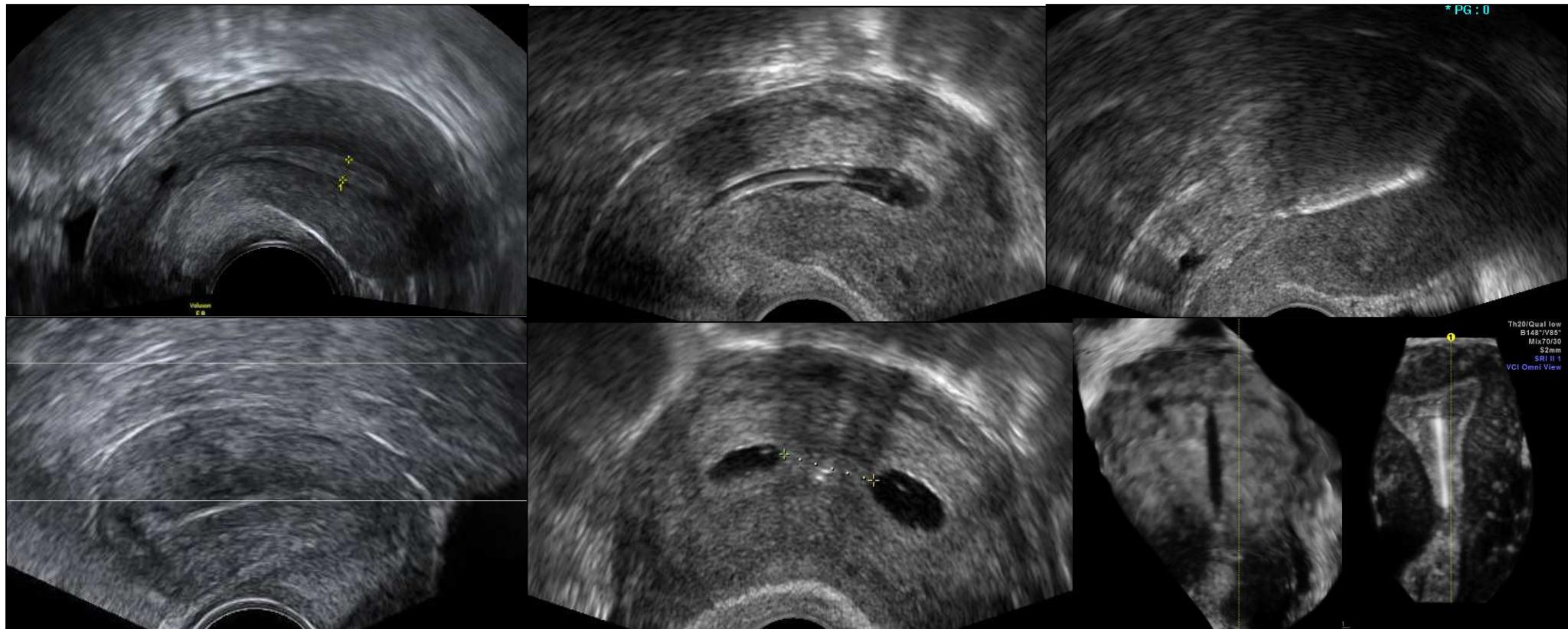
## options, limits

- equipment (probe type, frequency,...)
- limitations
  - **not influenced** (e.g. obesity,...)
  - **probably influenced** (e.g. oligohydramnion, multiple pregnancy,...)
  - **influenced** (fetal movement, fetal position, empty bladder,...)

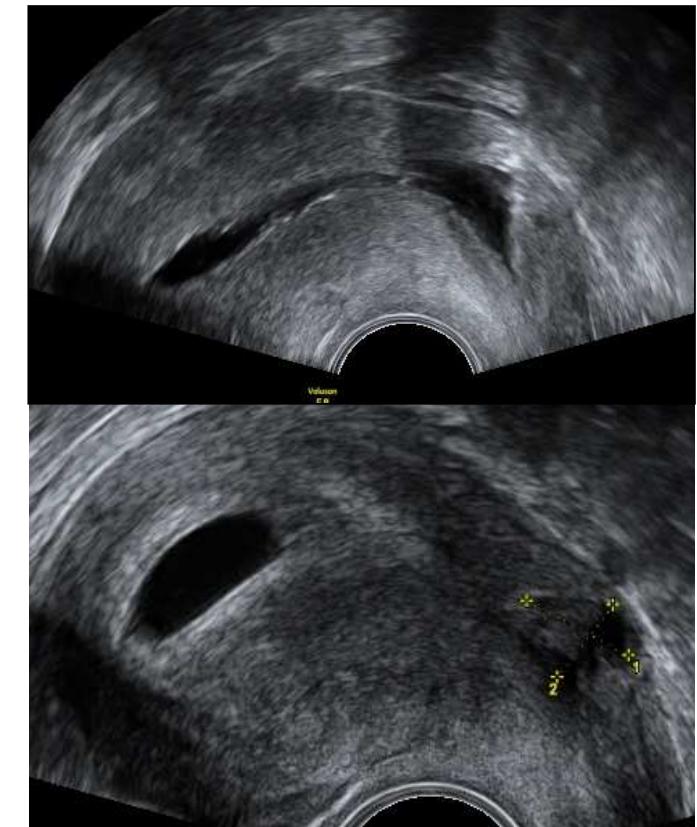
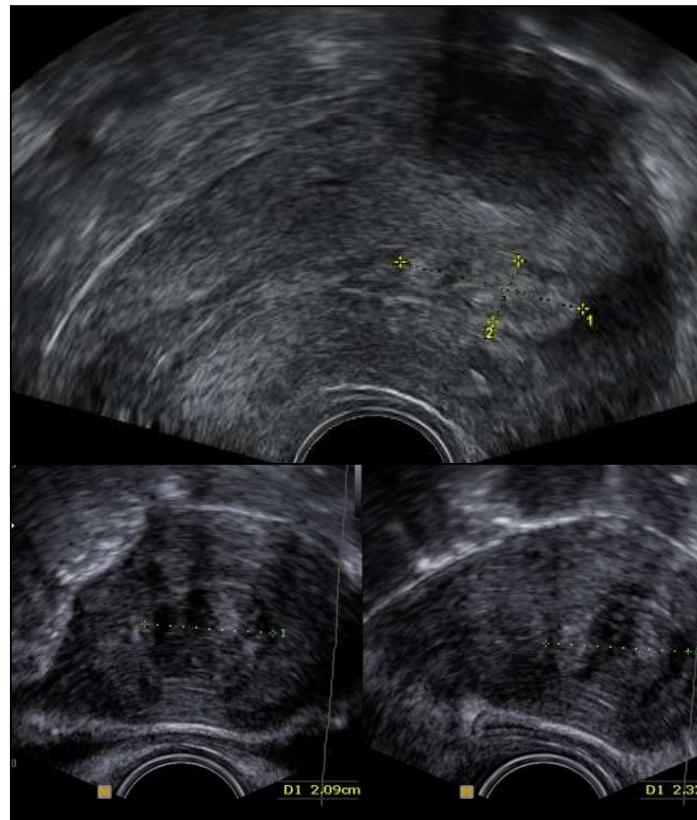
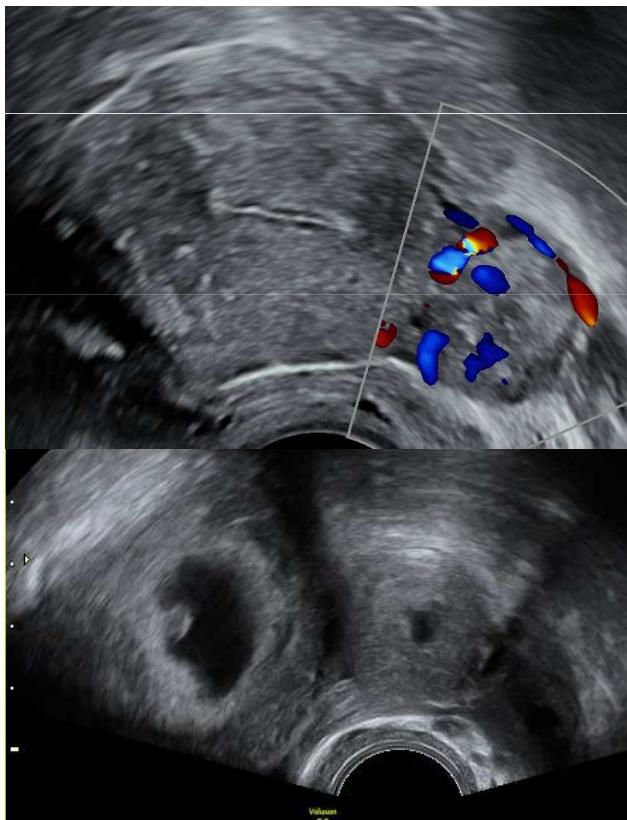
# US - gynecology

- congenital anomalies
- dif.-dg amenorhoe
- diff.-dg pelvic pain, inflammation, tumor
- IUD visualisation
- sterility treatment
- uro/oncogynecology
- peri/postoperative diagnostics

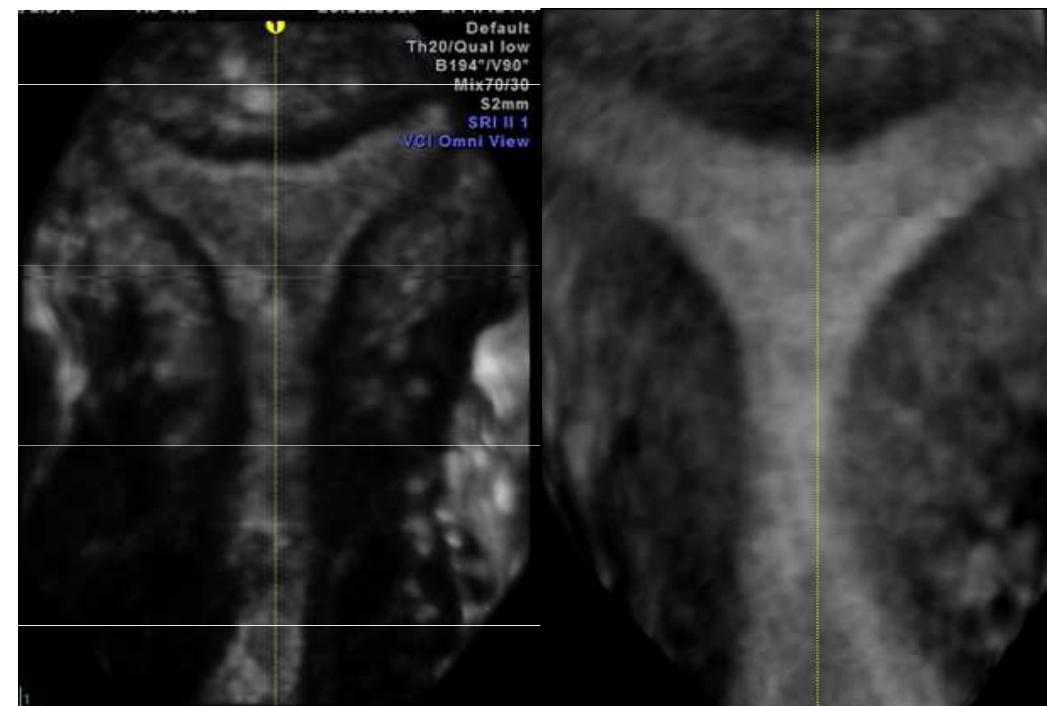
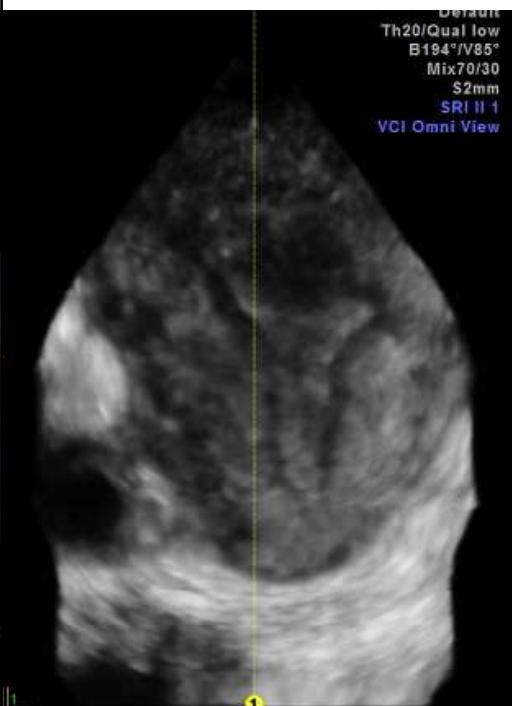
# US - gynecology - uterus



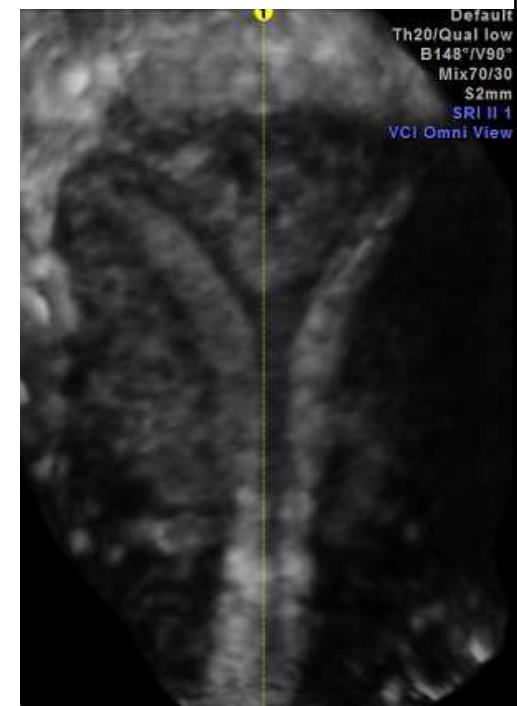
# US - gynecology - uterus



# Uterine anomalies - 3D/4D image

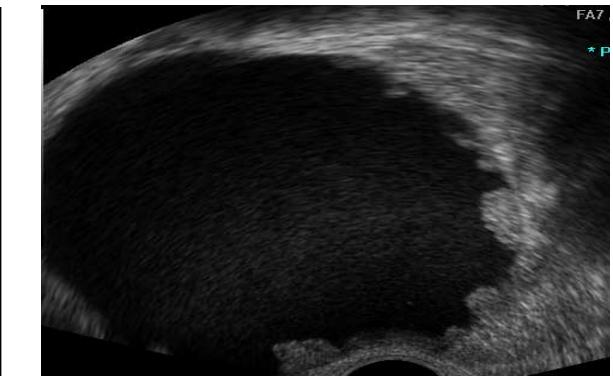
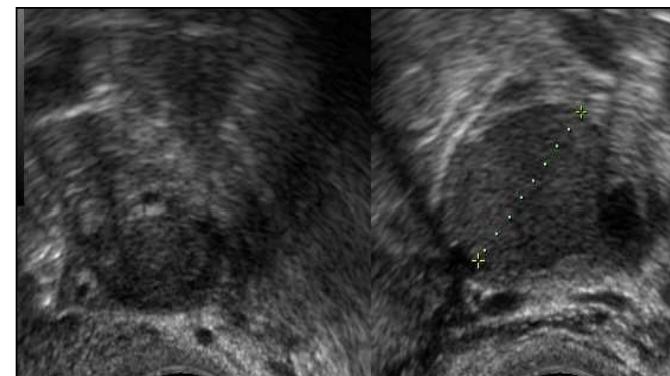
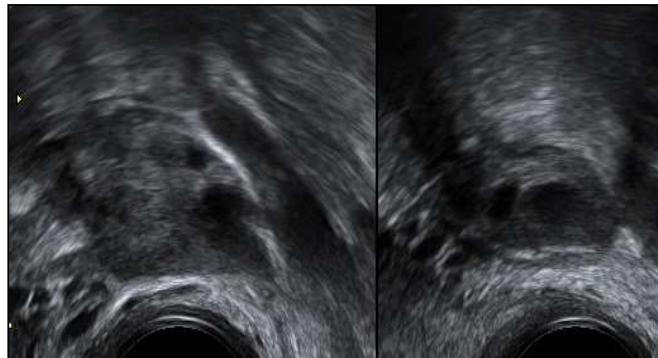


uterus arcuatus

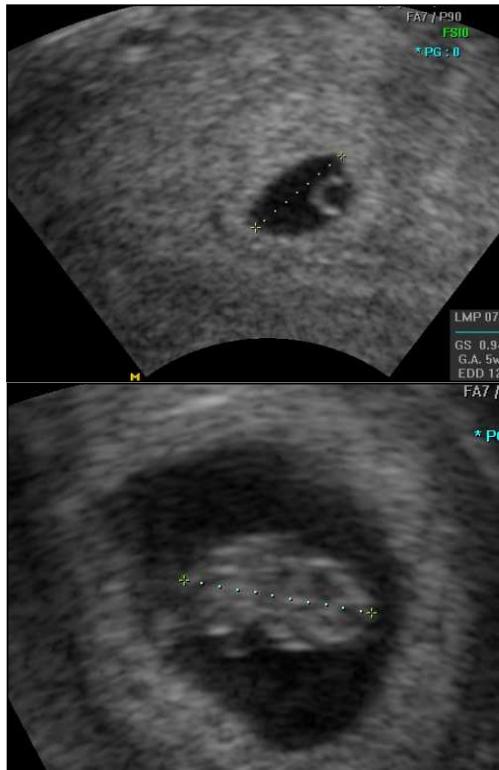


uterus duplex

# US - gynecology - ovaries



# US - obstetrics - sonoembryology



fetal development observation

# US - obstetrics

## anomaly scan

3 – steps screening

- I. trimestr (11-14 wks)
- II. trimestr (20-22 wks)
- III. trimestr (30-32 wks)



# I trimestr screening

## targets, specifics

- screening for fetal anomalies
- screening for fetal chromosomal anomalies
- better visualisation
- time for genetic counselling
- safer termination of pregnancy
- screening for pregnancy risk (e.g. preeclampsia, placental pathology)

# I trimestr screening

**11-14 wks (11+0 - 13+6)**

- pregnancy date
- number of fetuses (amnionicity, chorionicity)
- anomaly scan
  - direct (structural anomalies)
  - indirect (chromosomal anomalies)

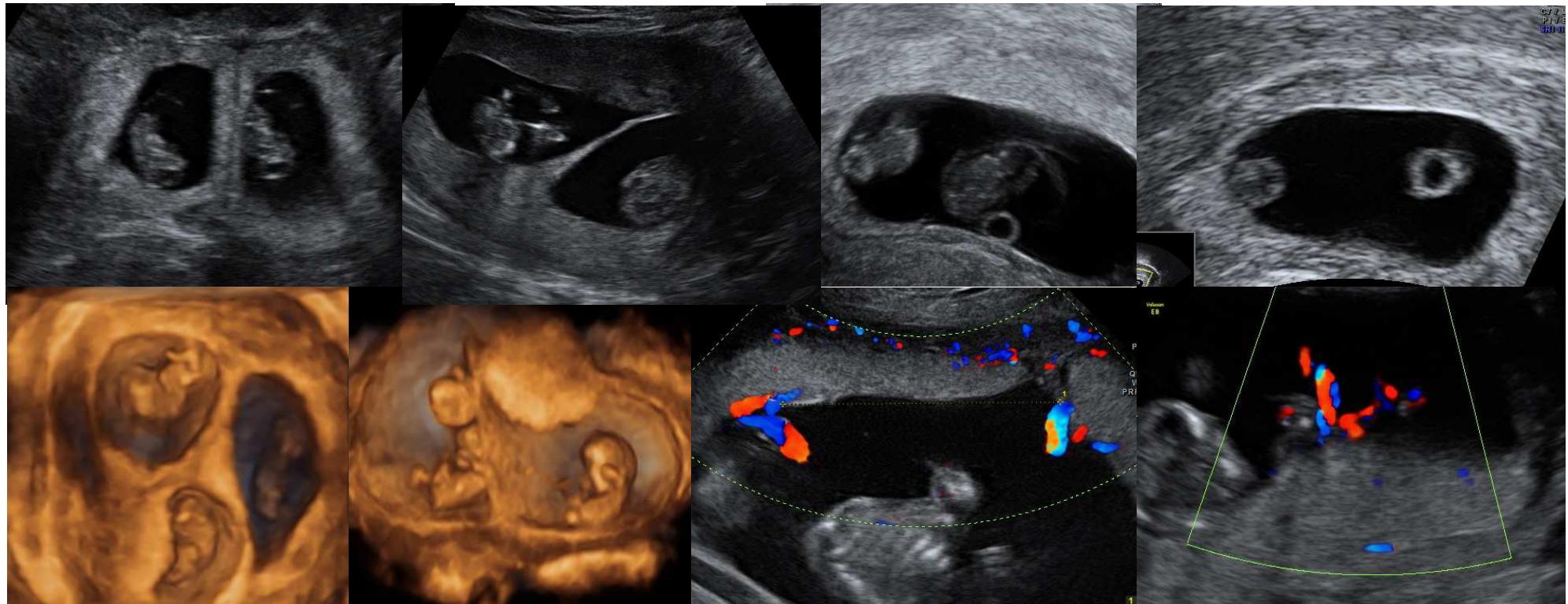
# I trimestr screening

## pregnancy date

- birth date estimation
- CRL measurement (crown-rump length)
- estimating
  - birth term
  - timing next exams



# Amnionicity/chorionicity



# I trimestr screening

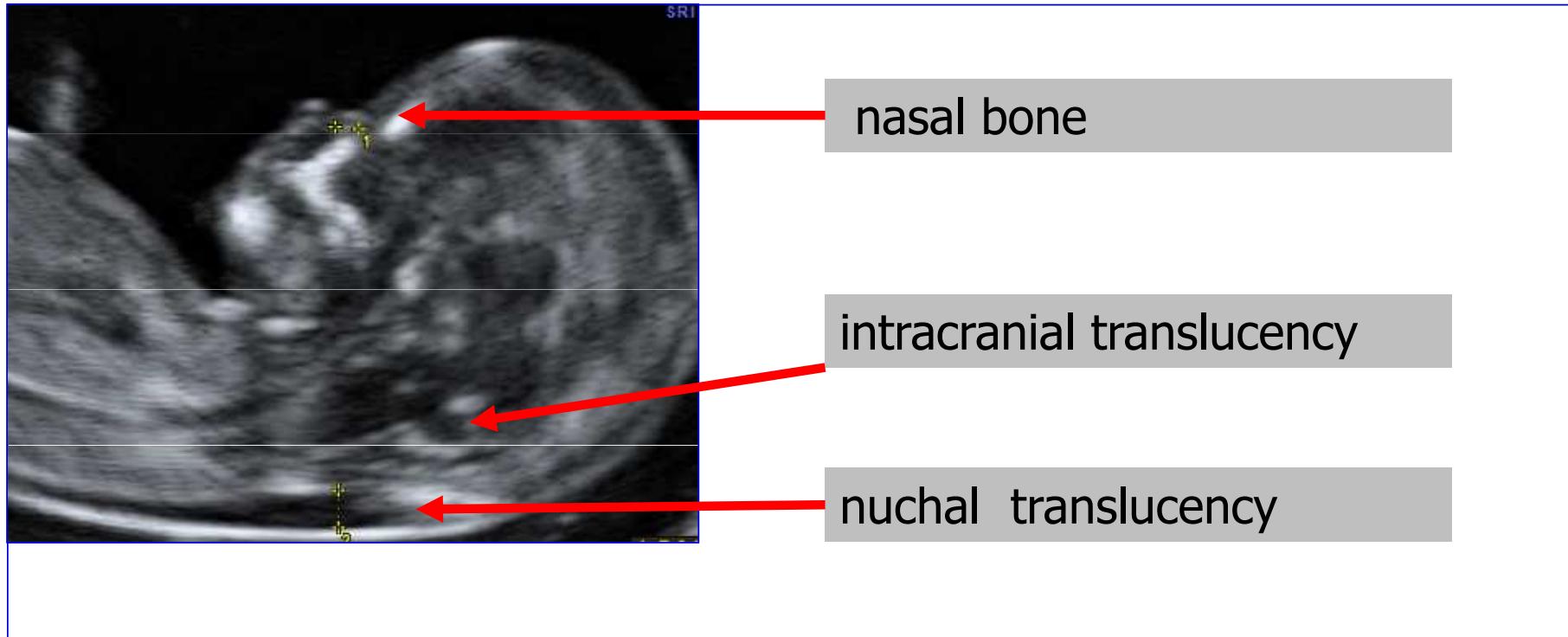
## anomaly scan

- morfologic anomalies
- chromosomal anomalies



# Fetal chromosomal anomalies screening I

## markers



# Fetal chromosomal anomalies screening II

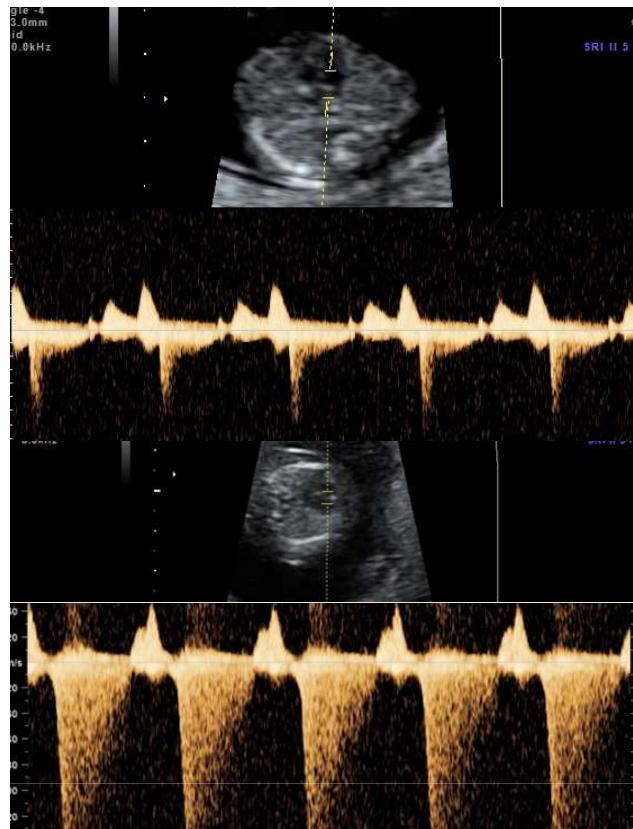
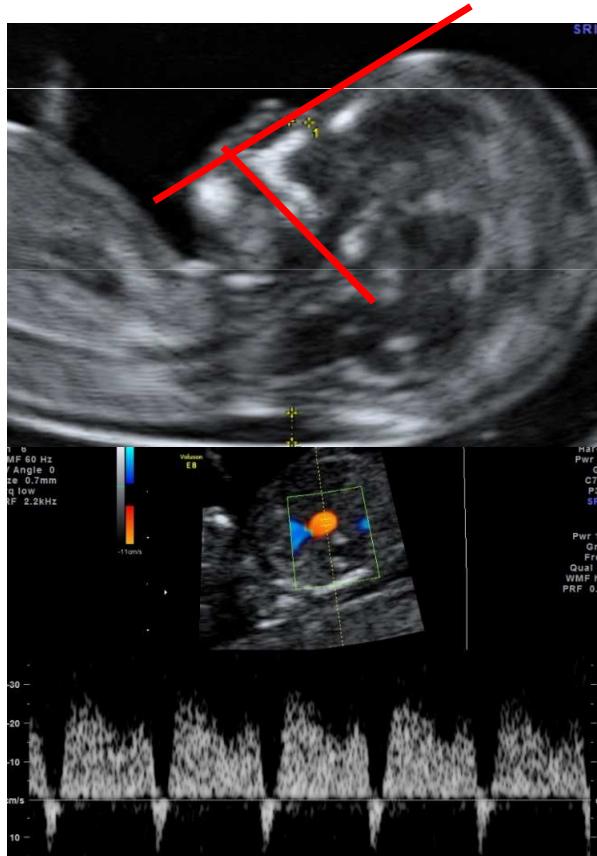


**nuchal translucency > 3mm**

- 75% fetal aneuploidy
- 30% fetal structural anomaly, genetic syndrome
- 1% normal fetus

Evans 1999, Nicolaides 2009, Pereira 2011, Kagan 2015, Grande 2015

# Fetal chromosomal anomalies screening III

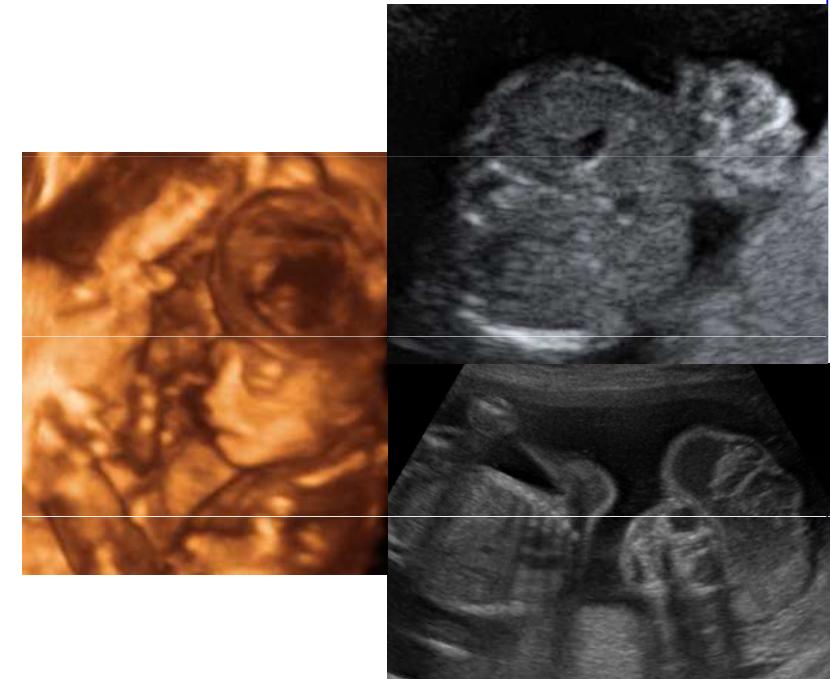


- ductus venosus abnormal flow
- tricuspid valve regurgitation
- facial angle

## II trimester screening

**20-22 wks**

- fetal structural anomalies detection
- fetal cardiac defect detection
- placental dysfunction detection



# III trimestr screening

**30-32wks**

- anomaly scan
- fetal growth
- fetal position
- placental position
- birth plan



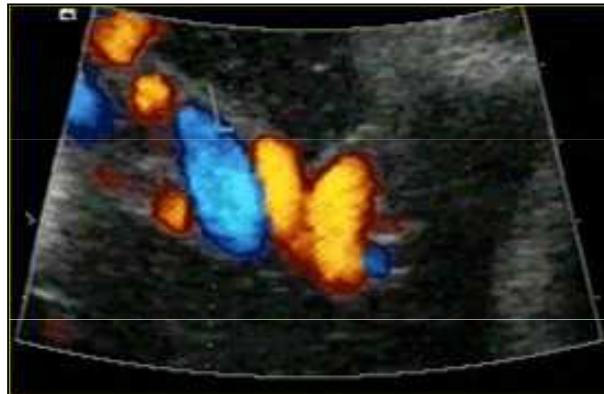
# Obstetrics vaginal US



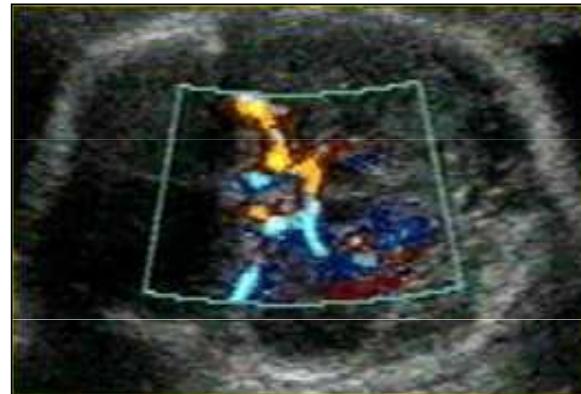
- + placental position
- + cervical length
- + lower uterine segment (*CS scar, fibroma*)
- + vasa praevia
- + fetal examination (*1 trimestr, head,..*)

# Doppler measurement

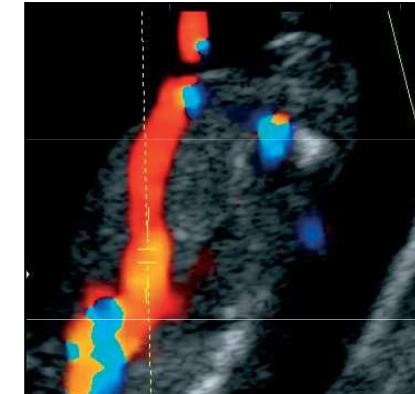
a./v.umbilicalis



a.cerebri media



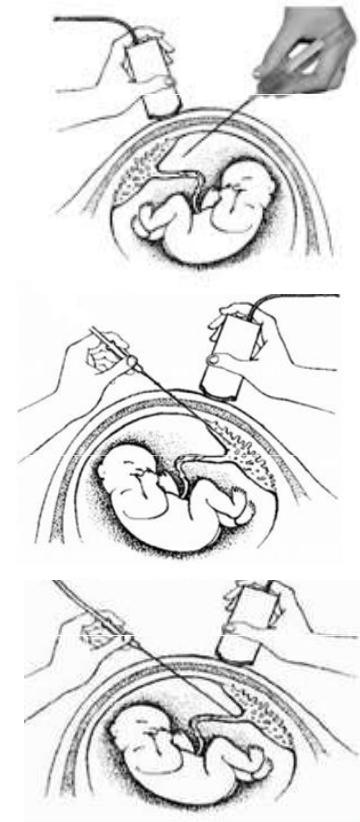
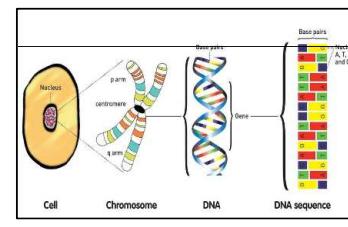
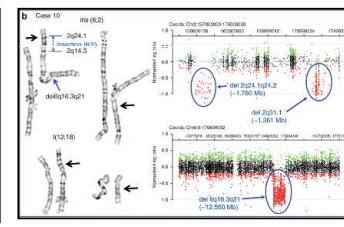
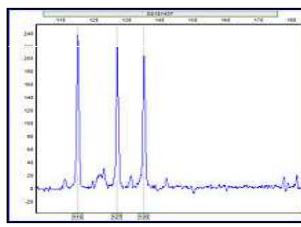
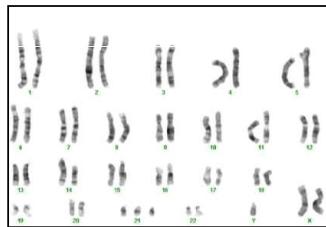
ductus venosus



**placental pathology** - increasing placental resistance –  
decreasing diastolic flow (umbilical cord) – increasing diastolic  
flow in the fetal brain vessels – **centralisation of bloodstream**

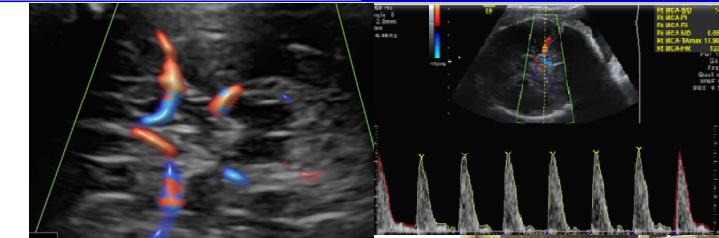
# Ultrasound – invasive prenatal diagnostics

- amniocentesis
- chorionic villi sampling
- umbilical cord puncture
- abortion risk 0.8 - 1%
- fetal genetic status examination



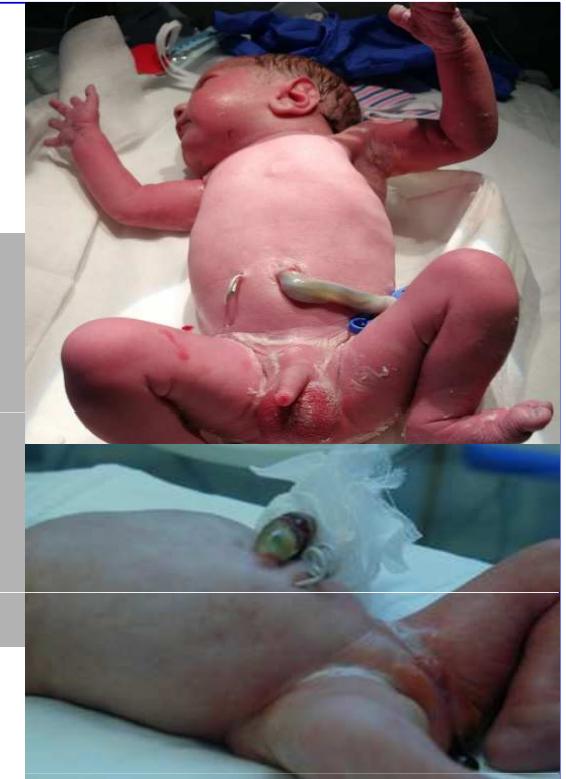
# Fetal therapy - intrauterine transfusion

- maternal red blood cells antibodies  
fetal hemolytic anemia
- follow up - laboratory - antibody level
  - fetal RhD (cfDNA)
  - ultrasound - MCA Doppler flowmetry
- therapy- intrauterine transfusion



# Fetal therapy – vesico-amniotic shunting

fetal obstructive uropathy



# Fetal therapy - thoraco-amniotic shunting

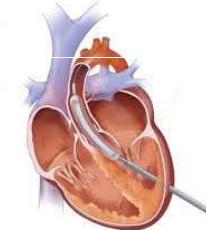
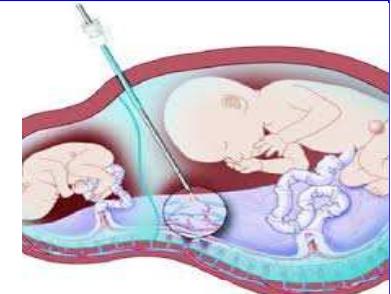
## pleural effusion - indications for therapy

- fetal hydrops
- massive effusion ( $> \frac{1}{2}$  thoracic cavity volume)
- rapid progression, polyhydramnion



# Fetal therapy - next indications

- laser fetoscopy
  - twin-to-twin transfusion sy
  - sIUGR monochorionic twins
  - TRAP sequence
  - sacrococcygeal teratoma
- diafragmatic hernia (endoscopic tracheal occlusion)
- fetal aortal valvuloplasty



# Conclusion

- ultrasound - inherent helper of ob-gyn specialist
- theoretical knowledge, practical training
- regular quality audit
- ultrasound of specialist
- subspecialisation for postgradual trainee

