

Pituitary gland  
Adrenal gland

Endocrinology

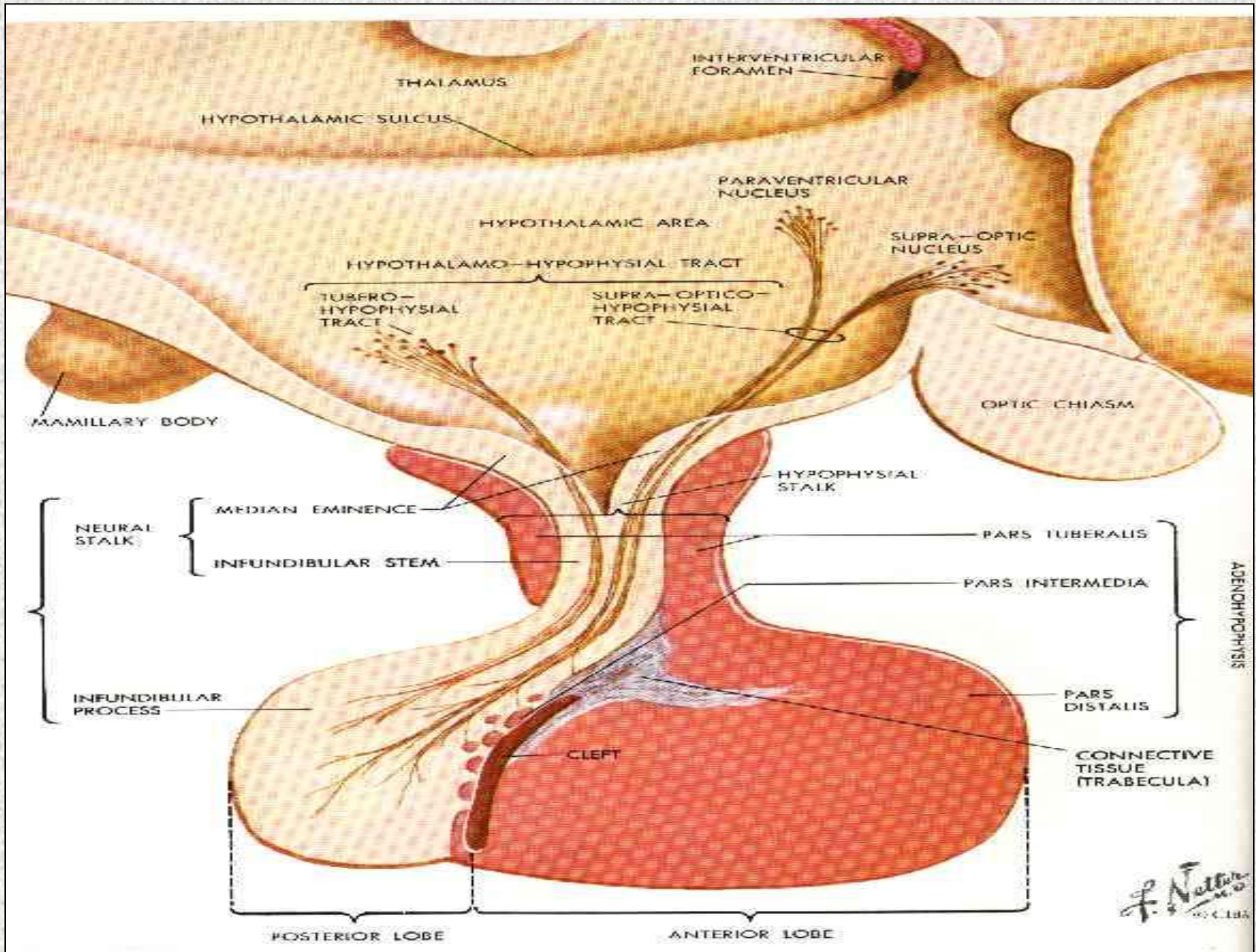
# Hypophysis

The pituitary is located under the brain in the sella turcica-hypophyseal fossa of the skull. It is protected by the sphenoid bone which surrounds it laterally and inferiorly. It is covered by the diafragma sellae

Is formed by two lobes producing a variety of vital hormones

Anterior lobe **Adenohypophysis**

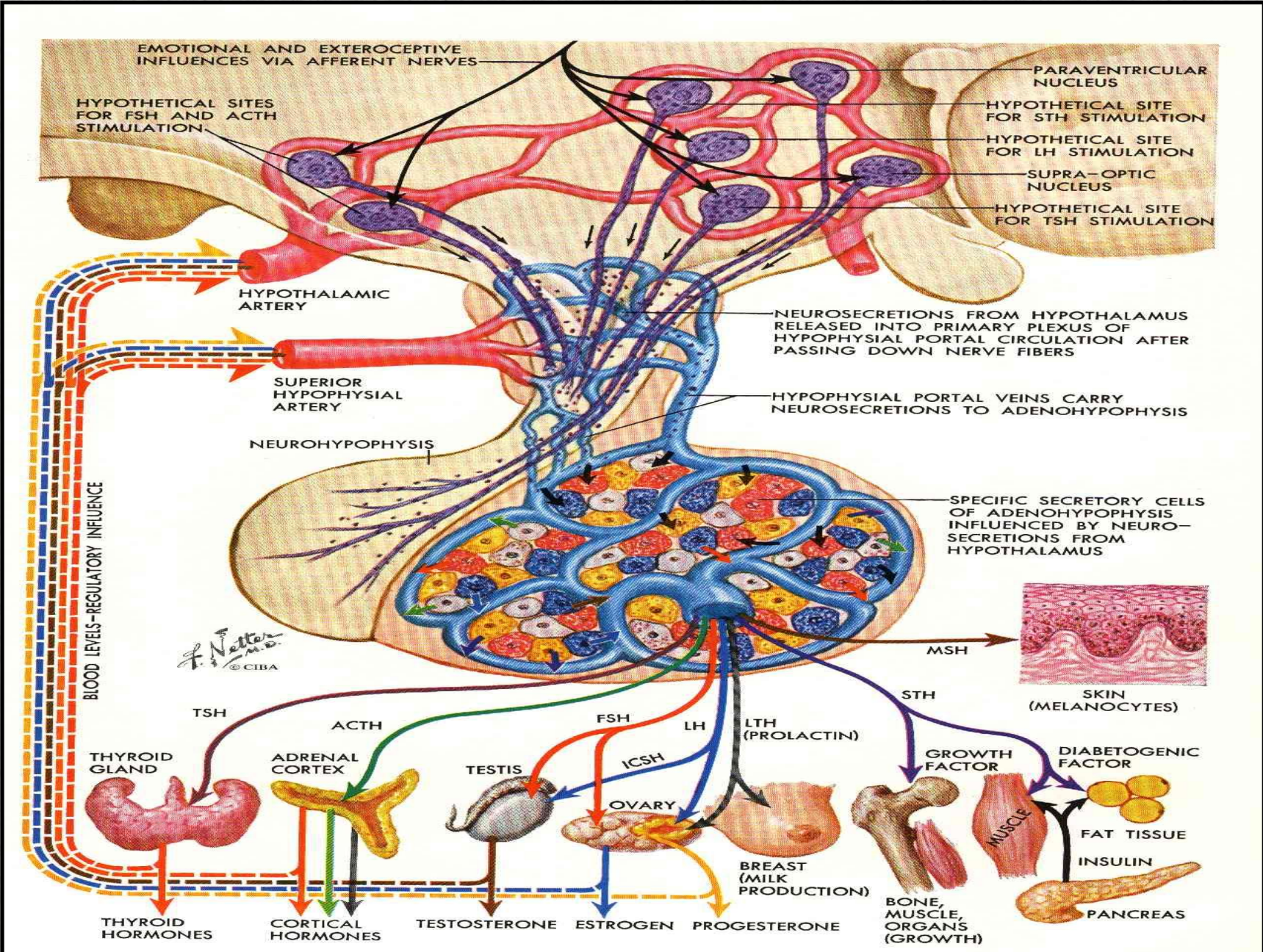
Posterior lobe **Neurohypophysis**



*F. Netter M.D.*  
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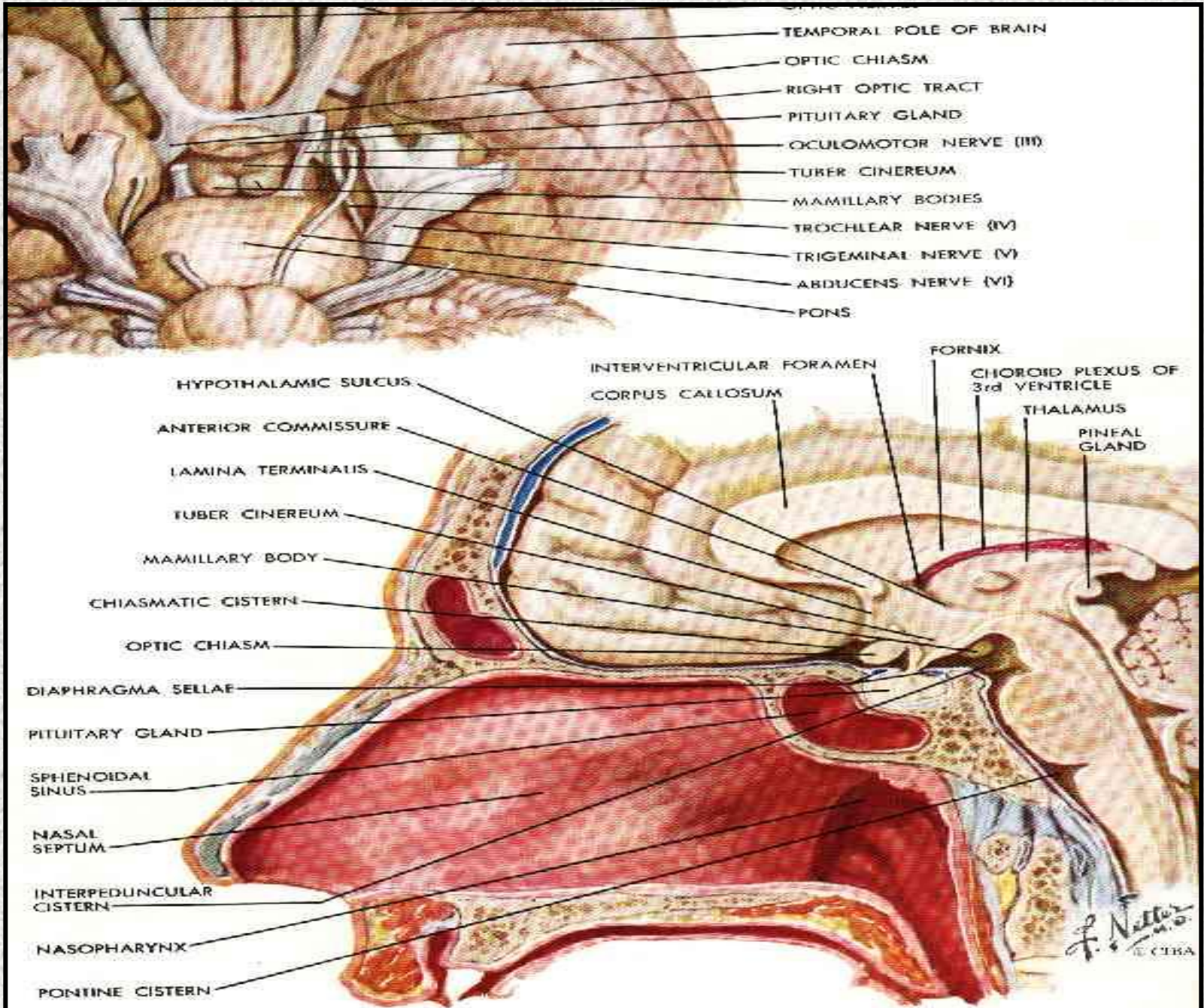


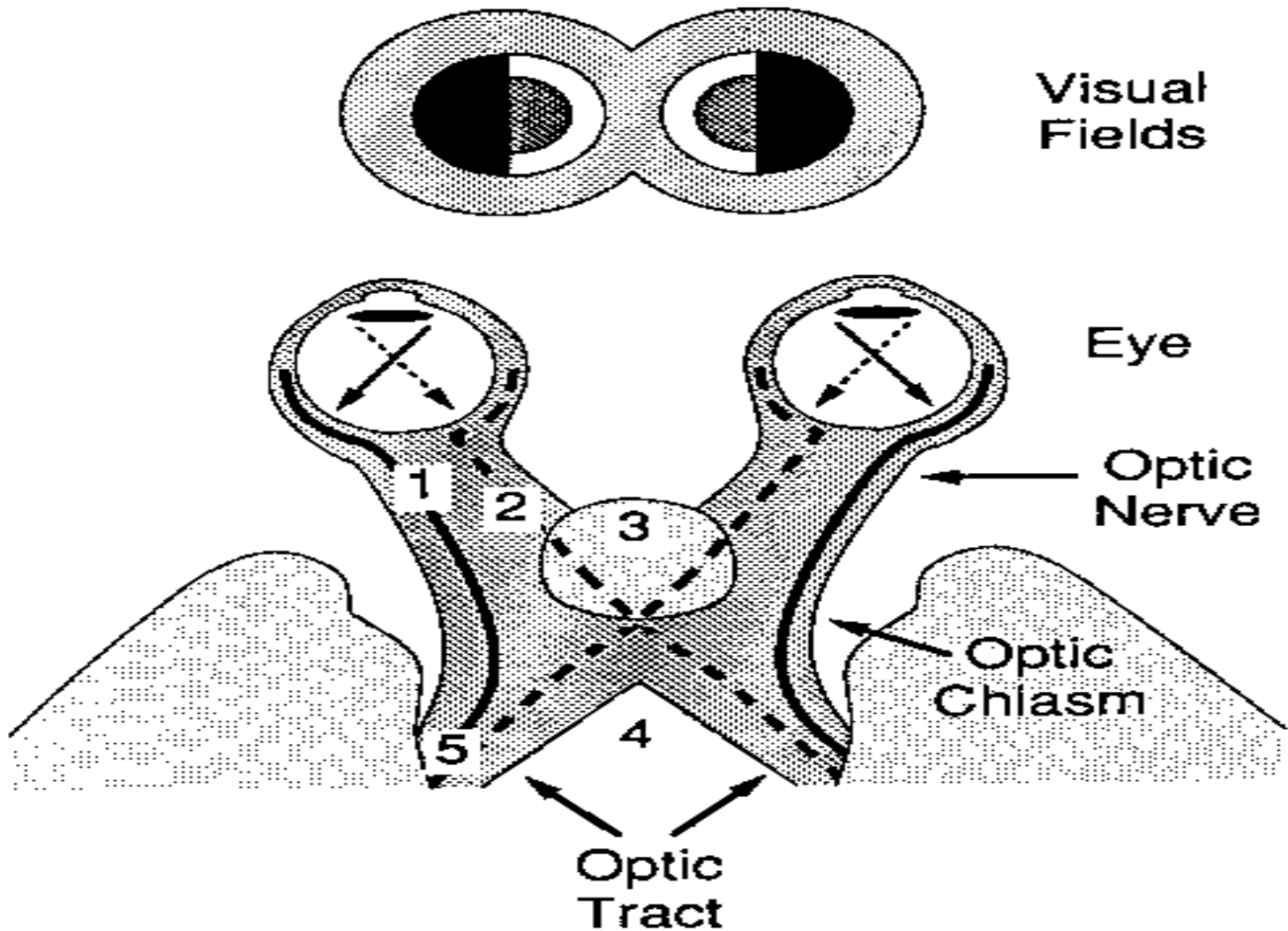
# Hypophysial portal circulation, Neurosecretion, Portal veins transport





# Hypophysis





**Figure 9-29.** The most common visual field defect, bitemporal hemianopia (black areas of visual fields) is caused by compression of the posterior aspect of the chiasm (4) from below. Visual disturbances resulting from compression of the optic nerves, chiasm, and tracts are listed below. The site of lesion is indicated by number.

Pattern	Visual Field/Acuity	Anatomic Correlate
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# Adenohypophysis

anterior lobe is responsible for the production of :

1. **STH ( GH) somatotropic or growth hormone**
2. **ACTH adrenocorticotropic hormone**
3. **TSH thyrotropic hormone**
4. **FSH follicle-stimulating**
5. **LH luteinising hormone**
6. **PRL prolactin, luteotropic hormone or lactogenic hormone**

# Neurohypophysis

posterior lobe is responsible for the secretion of :

1. ADH antidiuretic hormone, vasopresin
2. Oxytocin

The two hormones are really built in the hypothalamus. In the neurohypophysis they are only stored and secreted into the blood stream



# Adrenocorticotrophic Hormone (ACTH)

ACTH stimulates adrenal glands

An excess of hormone causes **Cushing's Disease**

Lack of hormone causes **Addison's Disease**

# Adrenal glands

## Adrenal cortex

**hydrocortison** - vital corticosteroid regulate carbohydrates metabolism

**aldosteroun** - mineralocorticoid regulate mineral metabolism (salt , potassiem , and so water balnace , blood presure )

**adrenal androgens** – they are not vital steriods

## Adrenal medulla part of sympathetic nervous system

**adrenalin, nordrenalin** acting as vasoconstrictors and cardiac stimulants



# Thyroid Stimulating Hormone

- Thyrotropic hormone (TSH) regulates the functional activity of the thyroid gland, it induce thyroid hormone synthesis and release
- TSH oversecretion induce leads to **central hyperthyroidism** , it is caused by very rare TSH producing pituitary tumors, it represent less than 1% pituitary tumors
- Lack of TSH - **Central hypothyroidism**

# Hypothyreosa





# Thyreotoxicosis



# Somatotropic Hormone (STH,GH)

Is responsible for growth

Lack of GH in childhood causes **Pituitary dwarfism** or **arrested grows**

An excess of GH in childhood causes **Gigantism**

An excess of GH in adults causes **Acromegaly**



# 4.Folicle Stimulating Hormone

Control developement of ovarian follicles and spermatogenesis in the testes

## 5.Luteinizing Hormone (LH)

In conjunction with FSH induces the secretion of oestrogens, ovulation and corpus luteum production in females and that of testosterone in males.

## 6. Prolactin (PRL)

- Luteotropic hormone is lactogenic hormone  
- induces the secretion of milk in the fully developed mammary gland

An excess of PRL – hyperprolactinemia  
caused by prolactinoma



# Prolactinom

galactorea, amenorhea, menstrual irregularitis, decrease or loss of libido- sexual dysfunction, it is caused by prolactin secreting adenomas **Prolactinoma**

- Galactorea – 50% women, 35% man
- Mikro and makroadenomas ( 10mm)

# Prolactinoma - Treatment

Medical management – **DOPAMIN AGONIST**  
normalization PRL level and reversal tumor mass

- **tergurid** – Mysalfon, dopamin agonist
- **bromocryptine** – Parlodel , semisynthetic ergot alkaloid, it is dopamin agonist
- **quinagolide** – Norprolac, nonergot dopamin agonist
- **cabergolin** – Dostinex 0,5mg tbo , dopamin agonist, has longer duration of action (administrated twice weekly)

# Prolactinoma - Treatment

- **Radiation Therapy** – linear accelerator radiotherapy is effective in controlling or reducing the size of prolactinomas , but it takes years to achieve maximal effect

Side effect , pituitary failure, brain atrophy

- **Stereotactic Radiosurgery** non-surgical precisely-targeted radiation small tumors, preserve healthy tissue
- **Surgery** not very effective , relapsing



# Cushing's disease – central hypercortisolism

Adrenal overstimulation by ACTH due to a pituitary adenoma induced adrenal steroidogenesis of **cortisol**, and although aldosterone and androgens

**Cushing's syndrome** is a collection of signs and symptoms due to prolonged exposure to cortisol. -excessive cortisol-like medication such as prednisone or tumor production of cortisol

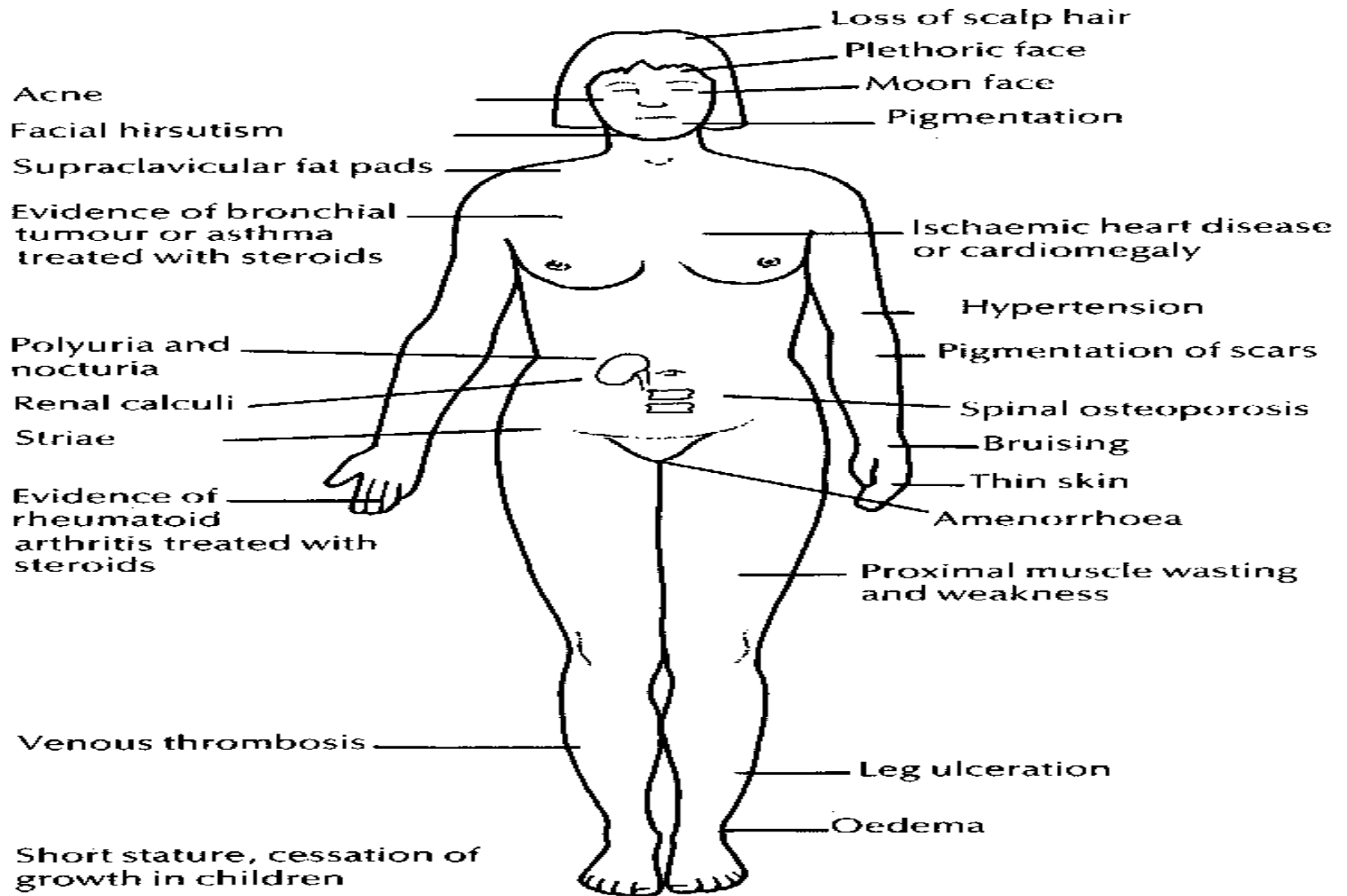
## 566 THE ADRENAL CORTEX

**TABLE 12-15. Signs and Symptoms of Cushing's Syndrome**

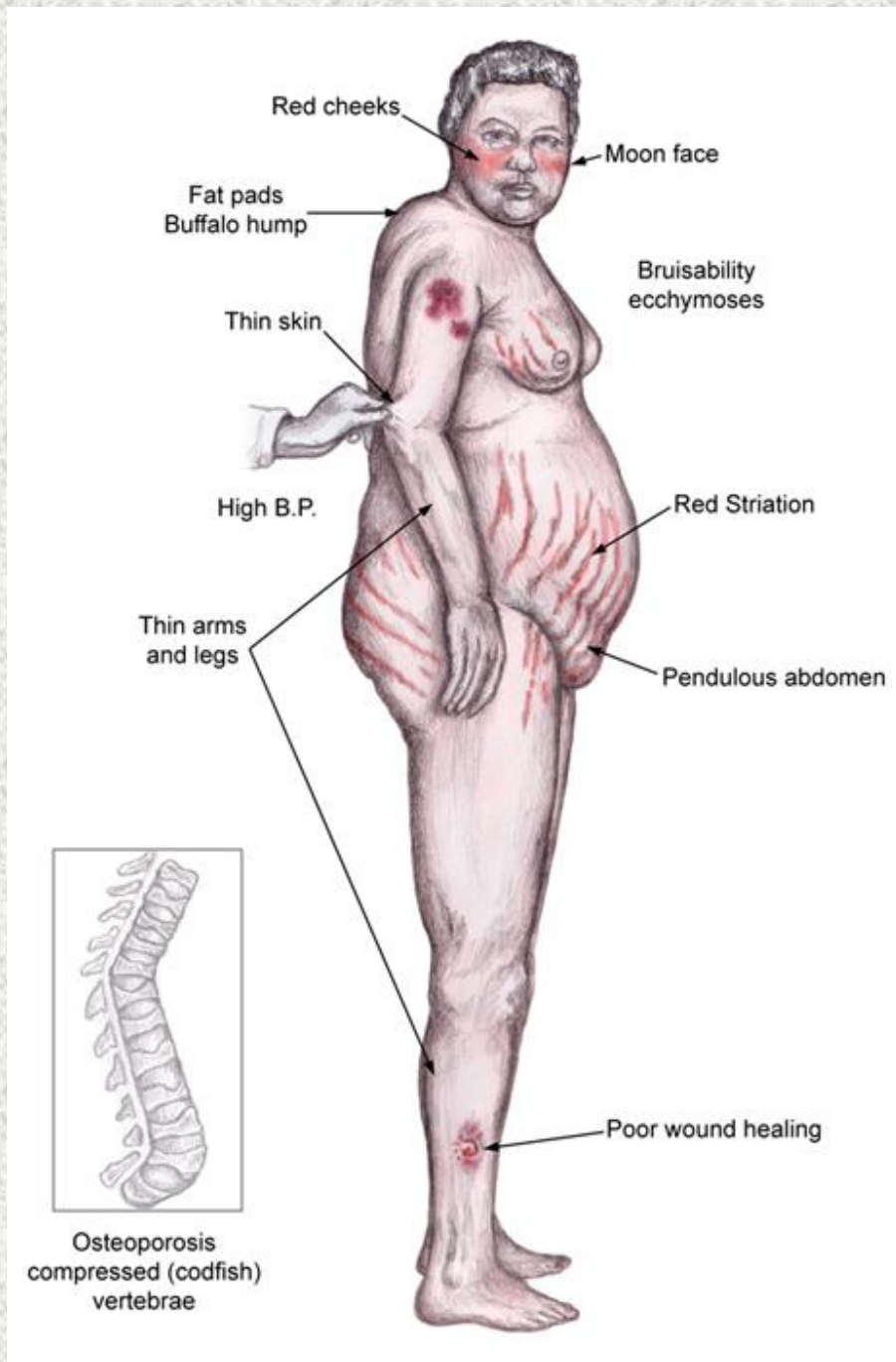
Sign or Symptom	Reported Incidence (%)
Centripetal obesity	79-97
Facial plethora	50-94
Glucose intolerance	39-90
Weakness, proximal myopathy	29-90
Hypertension	74-87
Psychological changes	31-86
Easy bruisability	23-84
Hirsutism	64-81
Oligomenorrhea or amenorrhea	55-80
Impotence	55-80
Acne, oily skin	26-80
Abdominal striae	51-71
Ankle edema	28-60
Backache, vertebral collapse, fracture	40-50
Polydipsia, polyuria	25-44
Renal calculi	15-19
Hyperpigmentation	4-16
Headache	0-47
Exophthalmos	0-33
Tinea versicolor infection	0-30
Abdominal pain	0-21

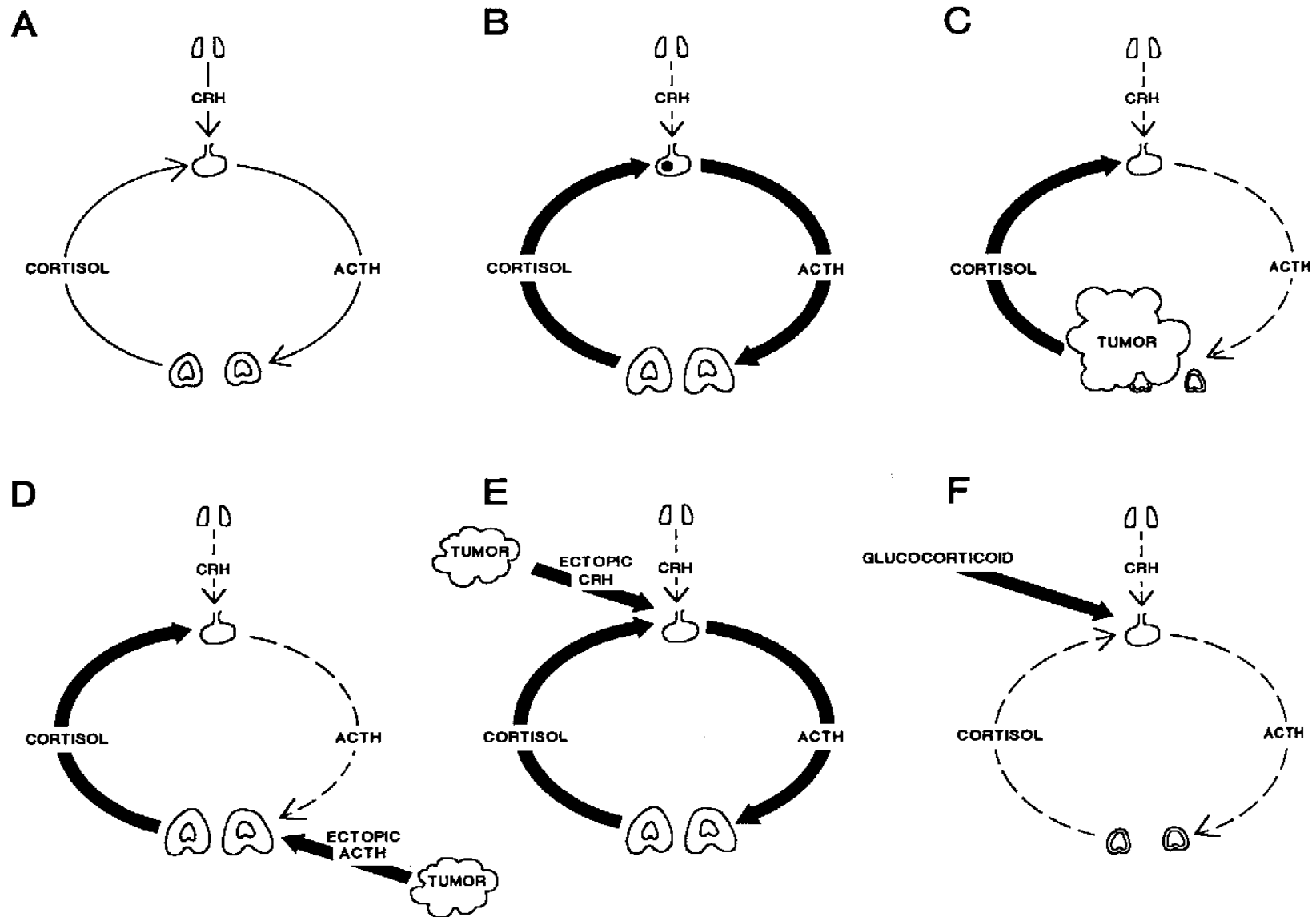
Adapted from a table in Howlett TA, Rees IH, Besser GM. Cushing's syndrome. *Clin Endocrinol Metab* 1985; 14:911-945. Copyright 1985, The Endocrine Society. Data summarized from Cushing,<sup>1293</sup> Plotz et al.,<sup>1299</sup> Ross et al.,<sup>1301</sup> Gold,<sup>1194</sup> Jeffcoate et al.,<sup>926</sup> Cohen,<sup>927</sup> Liddle,<sup>1512</sup> Urbanic and George,<sup>1106</sup> and Ross and Linch.<sup>1297</sup>

# Cushing's syndrome









**Figure 12-38.** Hypothalamic-pituitary-adrenal function in normal individuals (A) and the pathophysiologic aberrations in pituitary ACTH-dependent Cushing's disease (B), primary adrenocortical disease (i.e., cortisol-secreting adrenal tumor, bilateral micronodular dysplasia, and bilateral ACTH-independent macronodular hyperplasia) (C), ectopic ACTH syndrome (D), ectopic CRH syndrome (E), and iatrogenic Cushing's syndrome caused by pharmacologic dosage of glucocorticoids (F).

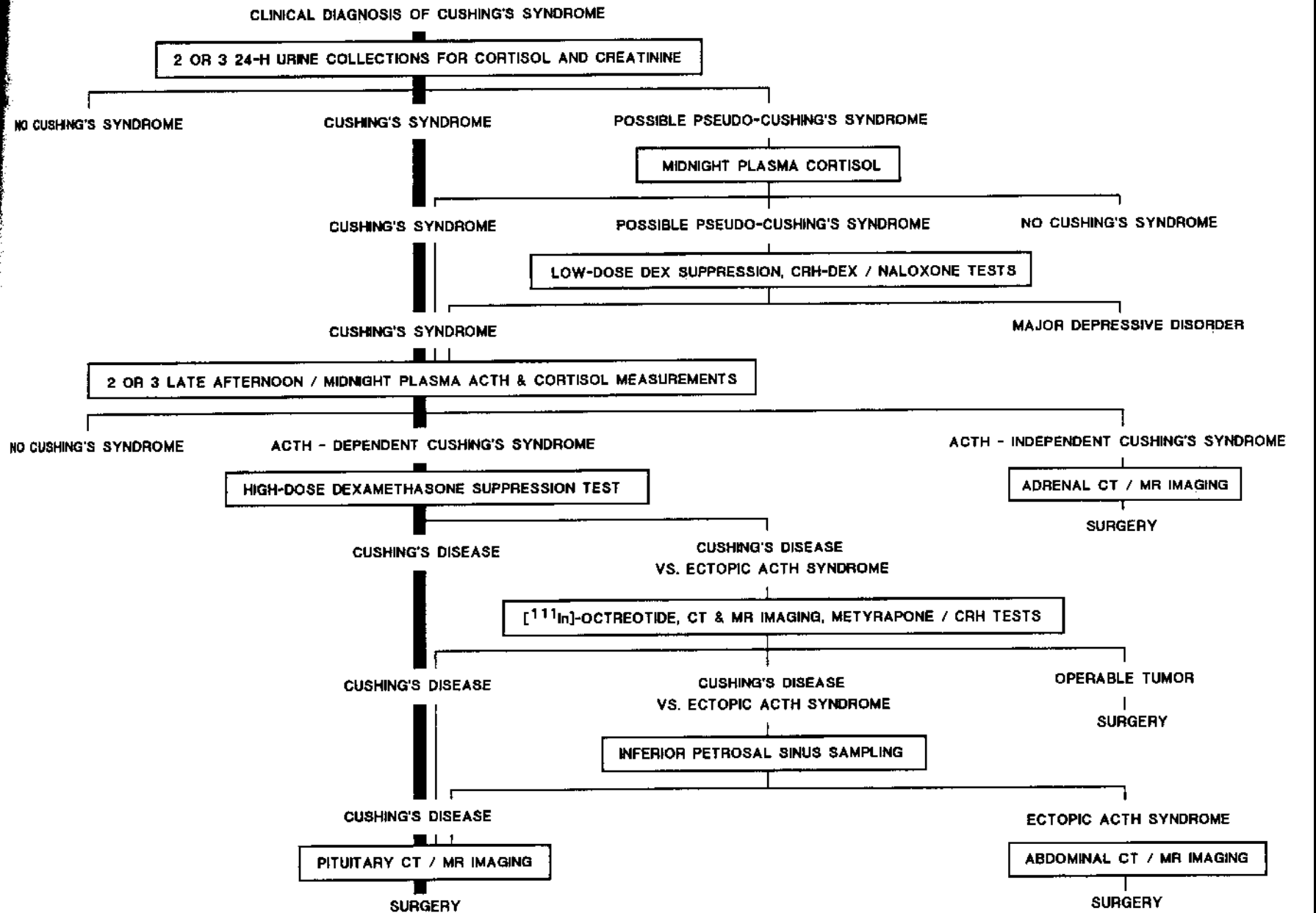


Figure 12-45. A diagnostic laboratory approach to confirming the existence of Cushing's syndrome and determining its cause.



# Cushing's syndrome therapy

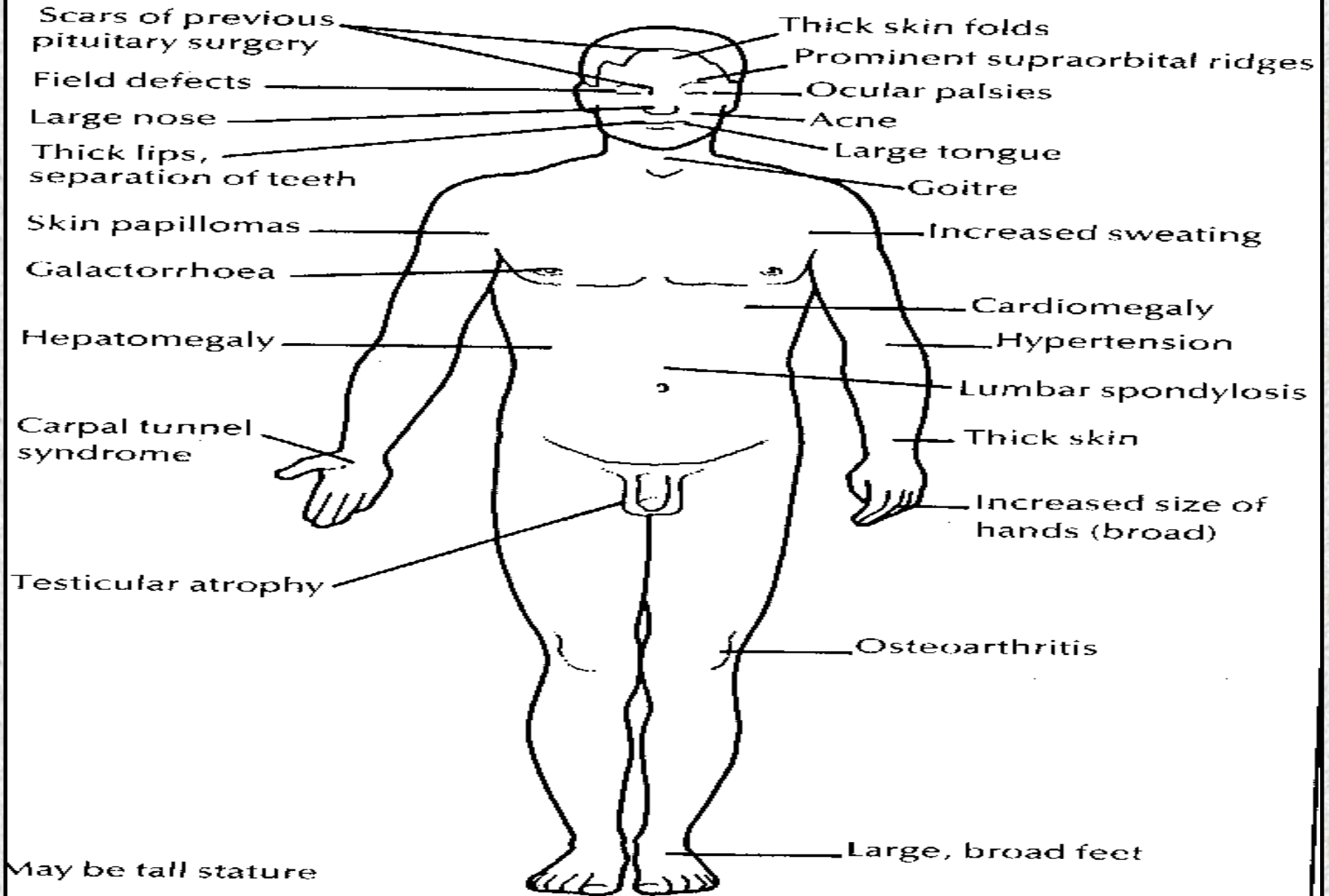
Pituitary dependent (central) Cushing's syndrome

- **Transphenoidal surgery**
- **Transcranial surgery**
- **Radiotherapy** (not recommended as a primary treatment)
- **Stereotactic Radiosurgery** non-surgical precisely-targeted radiation small tumors, preserve healthy tissue
- **Medical treatment** – metyrapone, aminoglutethimide, ketoconazole/kabergolin, mitotane (adrenolytic agent), pasireotide somatostatin analog5-Signifor

# Acromegaly

Growth hormone excess acting

# Acromegaly





# Acromegaly



# Acromegaly





# Acromegaly





# Acromegaly



# Acromegaly



# Acromegaly Therapy

- **Surgical** management –transphenoidal,transcranial
- Stereotactic pituitary tumor ablation by **Gama knife**
- **Radiation** – is highly individual choice depending on the experience
- **Dopamin agonists** (Bromocriptin, Cabergolin)
- **Somatostatin analogs** somatostatin release inhibiting factor receptor ( Octreotid , Lanreotid)
- **Growth hormone receptor antagonist** (Pegvisomat)

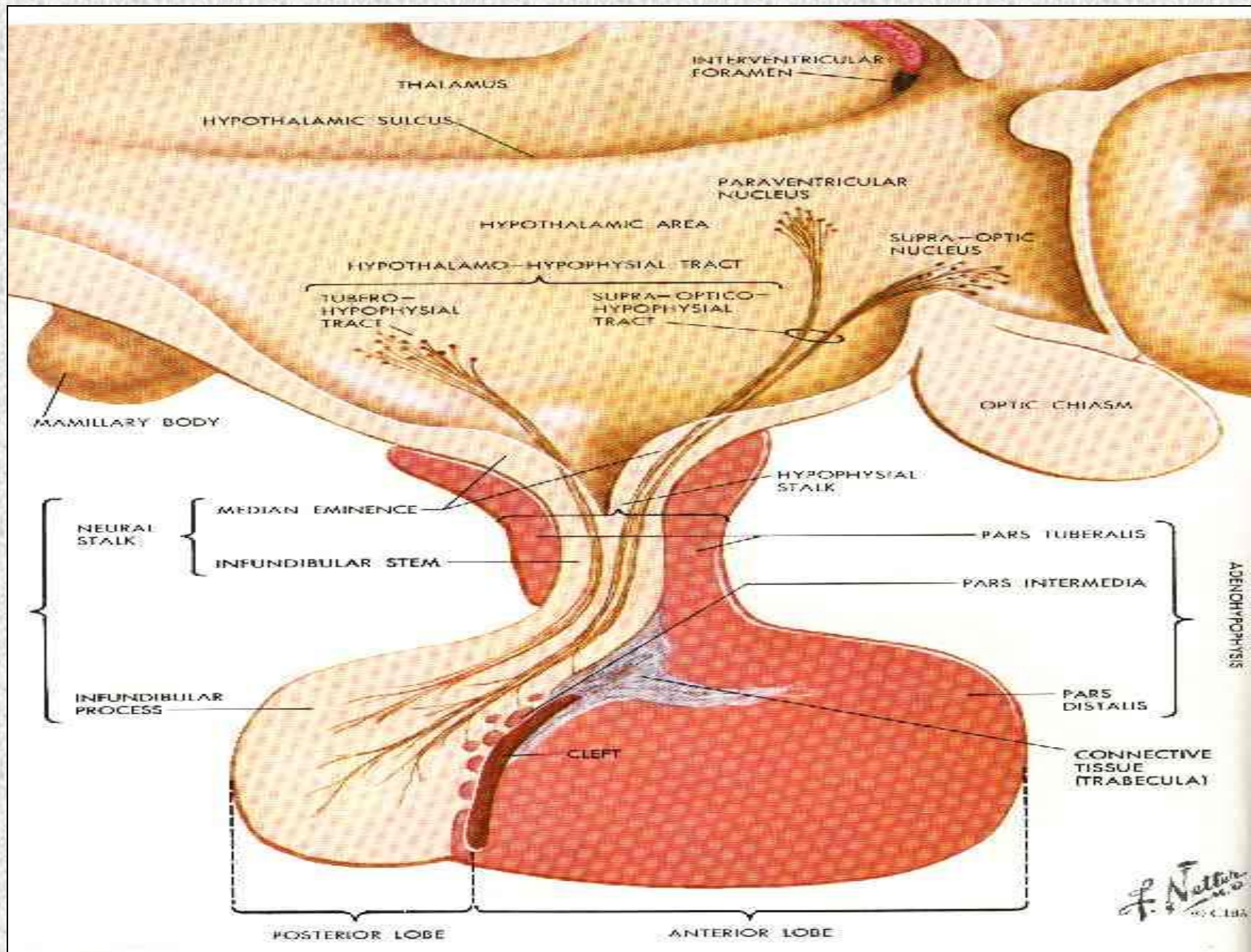


# Neurohypophysis

posterior lobe is responsible for the secretion of :

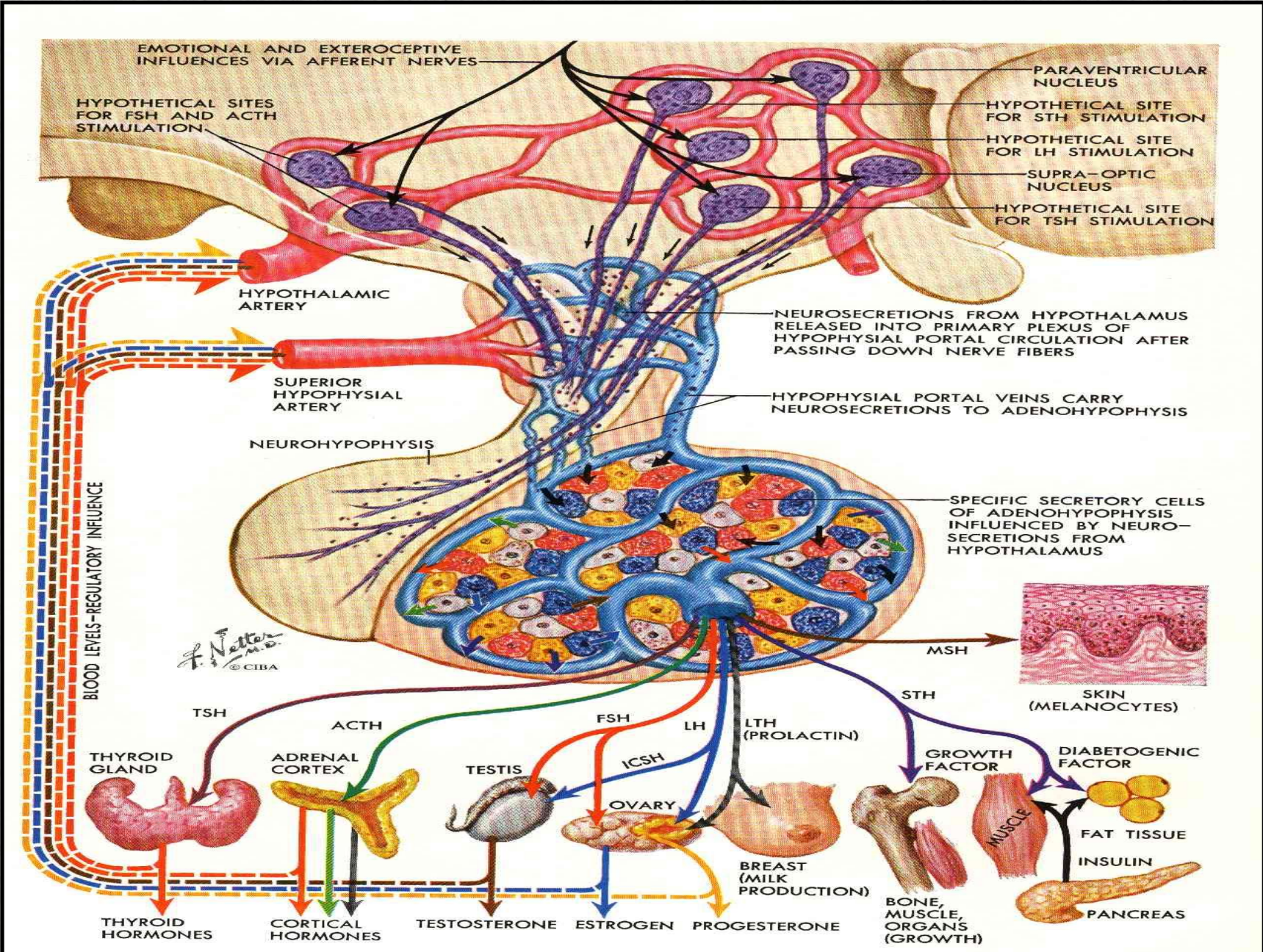
1. ADH antidiuretic hormone, vasopresin
2. Oxytocin

The two hormones are really built in the hypothalamus. In the neurohypophysis they are only stored and secreted into the blood stream





# Hypophysial portal circulation, Neurosecretion, Portal veins transport





# Antidiuretic hormone (ADH)

**ADH** preventing excessive loss of water in the urine, thus causes water to be retained by the kidneys

- Lack of ADH causes **Diabetes insipidus**

It has additional property of causing the blood pressure to rise. So it has alternative name **Vasopresin**

# Oxytocin

Oxytocin acts on the smooth muscle of the uterus at the end of pregnancy.

It initiates labour and promotes lactation

# The sellar pathology

Nonsecretory adenoma

Nonpituitary sellar mass

Craniopharingioma, Meningeoma, Granulomatosis lymf, Sarkoidosis

Hypophysitis

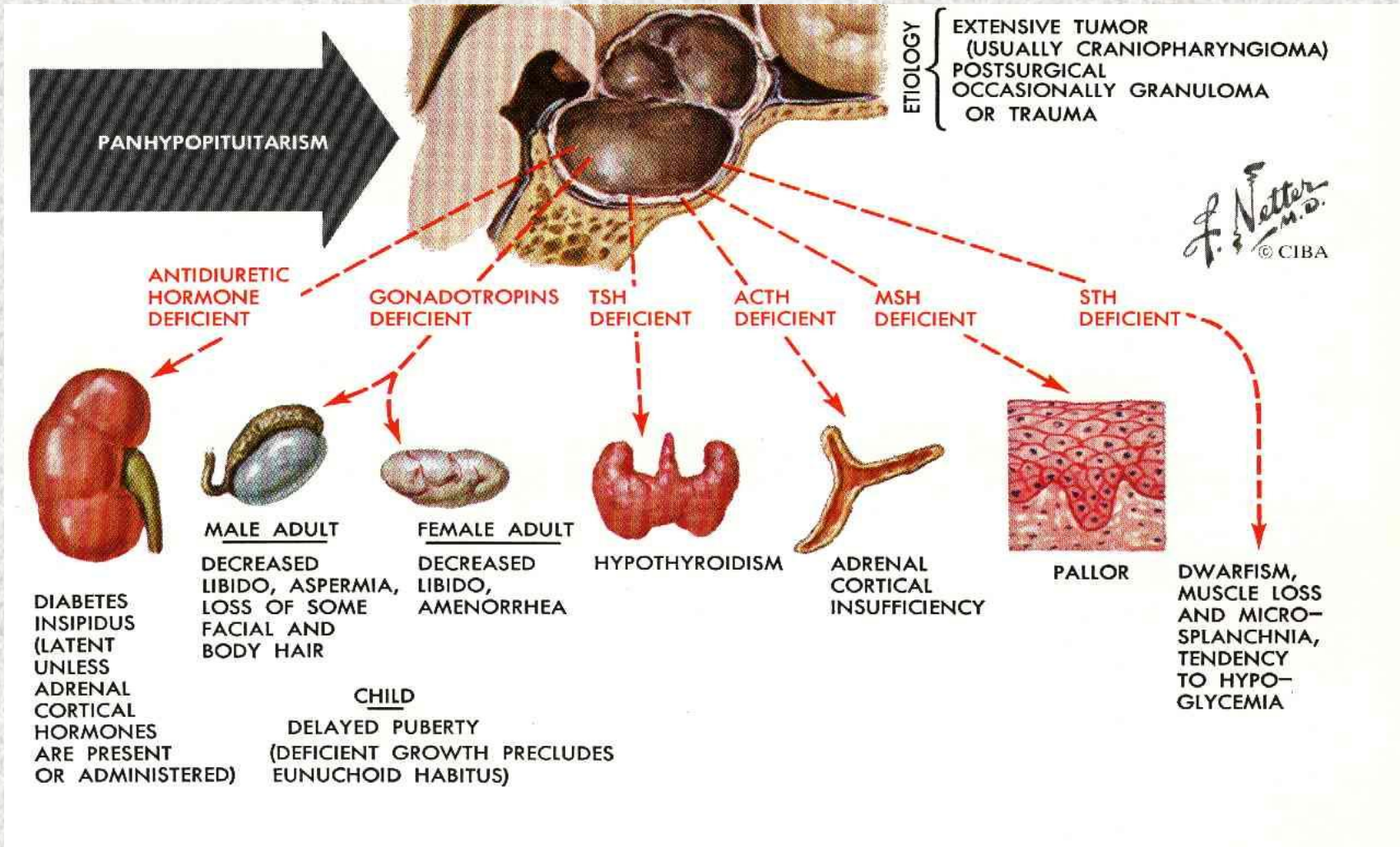
Empty sella

Pituitary apoplexy (Shihan's sy)

Nelson's syndrom



# Pituitary failure picture

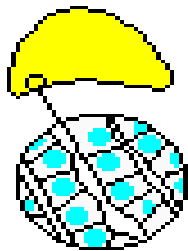


# Adrenal failure

## Addison's Disease

Easy to diagnose and treat -- if you think of it.

normal adrenal



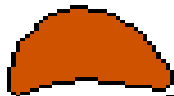
Addison's from TB



auto-immune Addison's

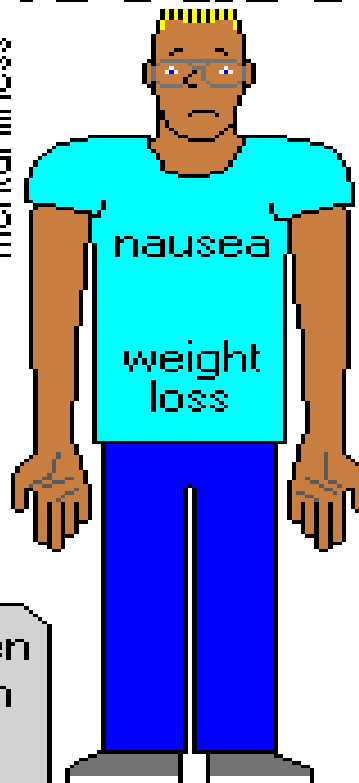


iron overload



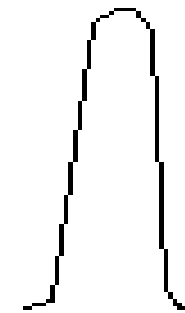
hypotension  
hyperkalemia

hyperpigmentation  
"mental illness"  
weakness



ACTH stimulation test

Blood cortisol level  
after ACTH injection



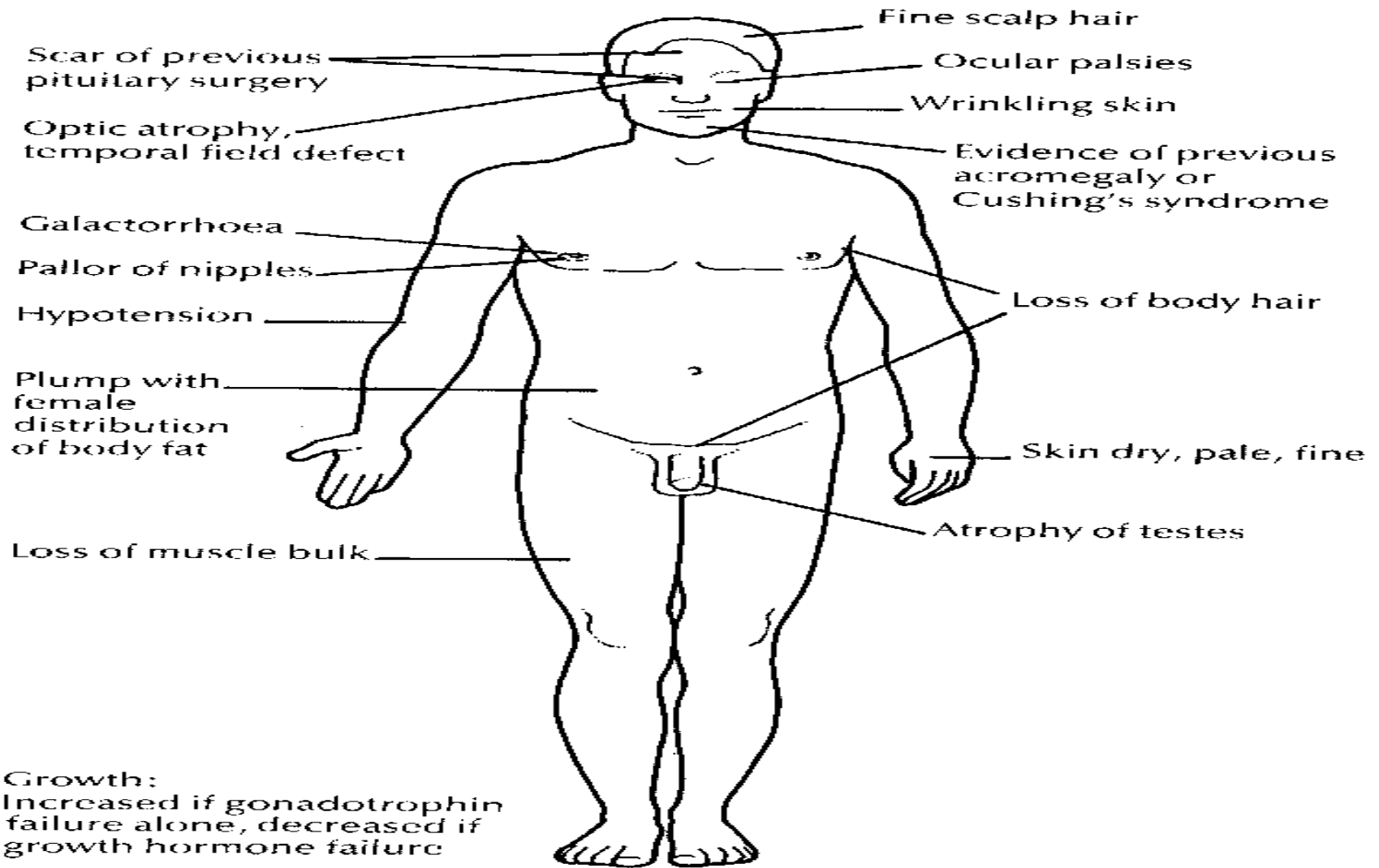
Normal



Adrenal  
insufficiency

Repeat: Improvement suggests pituitary disease ("secondary Addison's"); no improvement indicates primary adrenal disease.

## Pituitary failure





# APS 1.,2.- hyperpigmentace , addisonova choroba



# APS 1.,2.- grafitové skvrny



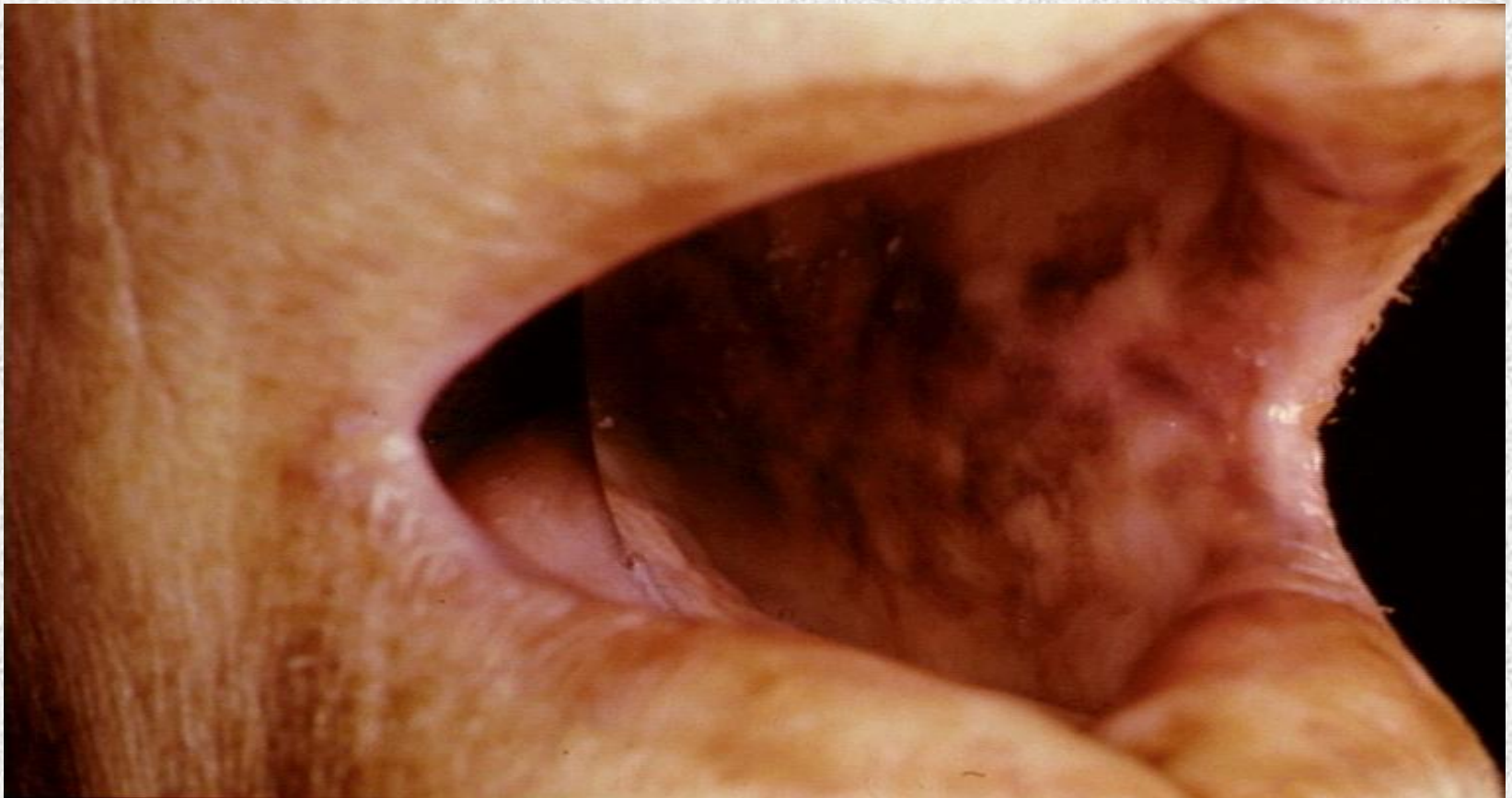


# APS 1.,2.-addisonova choroba





# APS 1.,2. – addisonova choroba



# APS 1.,2. - hyperpigmentace



DOIA

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# Primary hyperaldosteronism

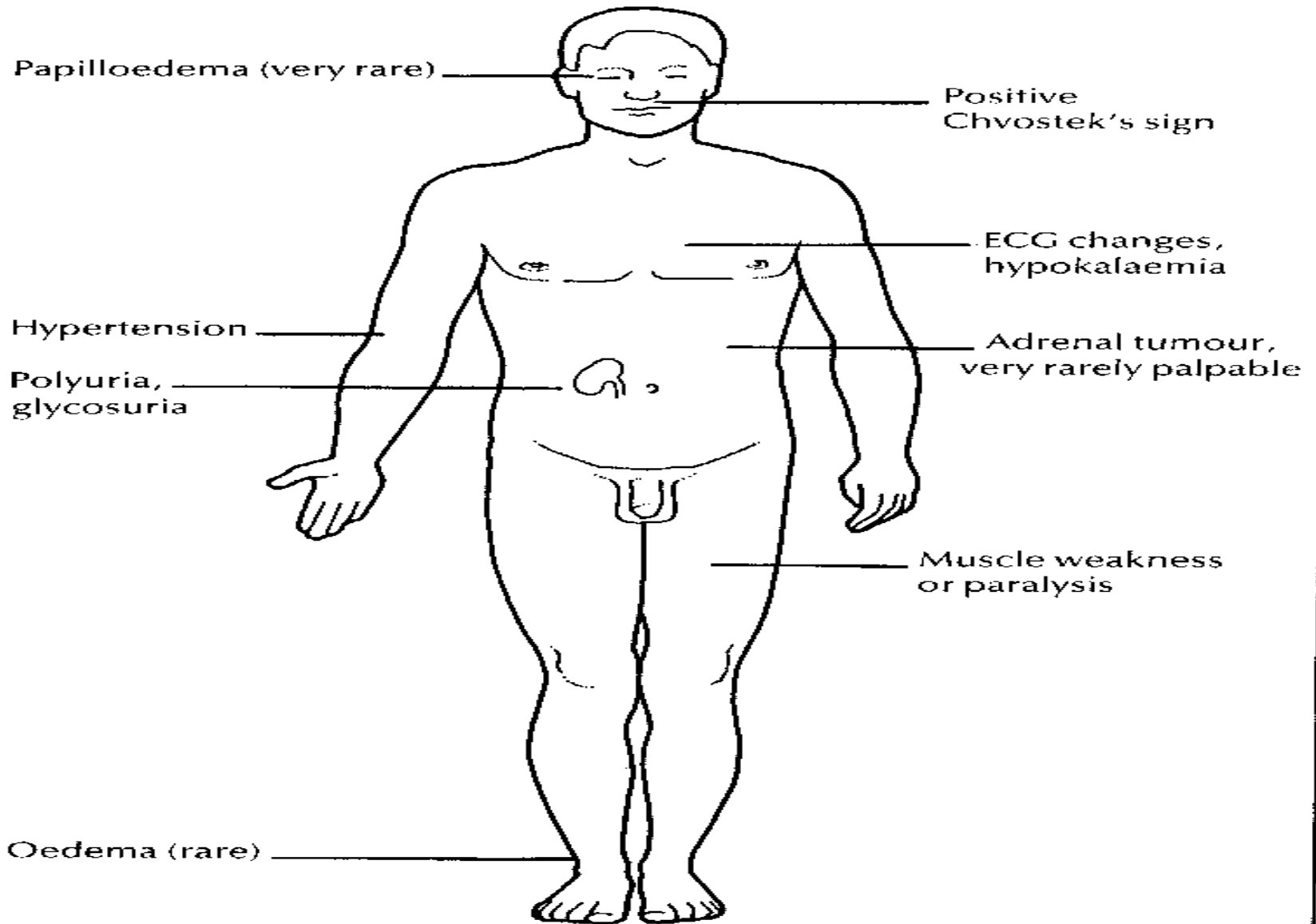
- Adrenal cortex adenoma producing aldosteron

**Terapie : Spironolakton**

**Surgery - adrenalectomia**



## Primary aldosteronism



# Pheochromocytoma

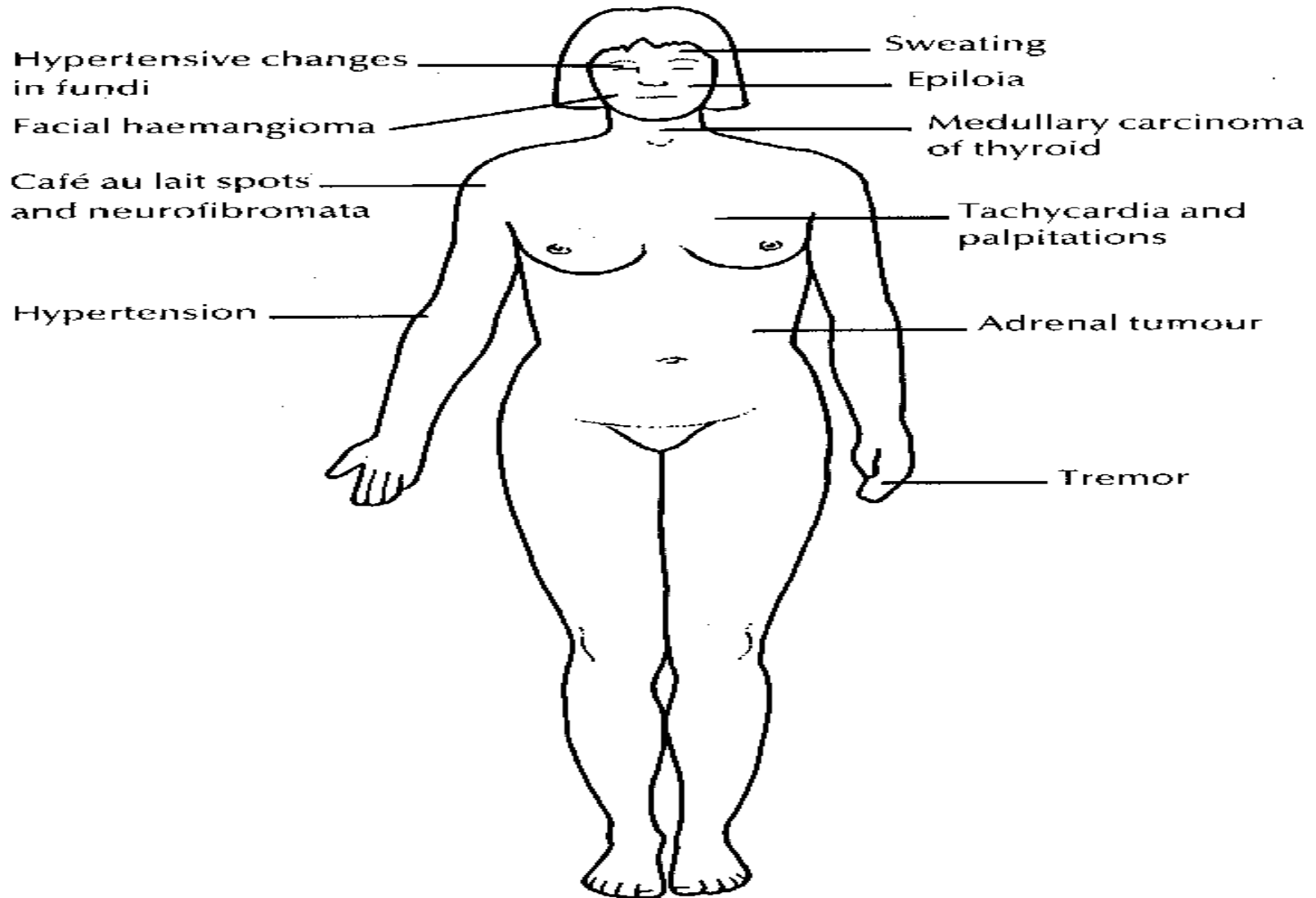
Adrenal medulla tumor producing  
adrenalin, noradrenalin acting as  
vasoconstrictors and cardiac stimulants

**Terapie** Adrenalectomia

Alfa1-adrenoreceptor block

Doxazosinum ( Zoxon tbl ) ,Prazosinum ( Deprazolin tbl )

## Phaeochromocytoma (and associated conditions)







Thank You

