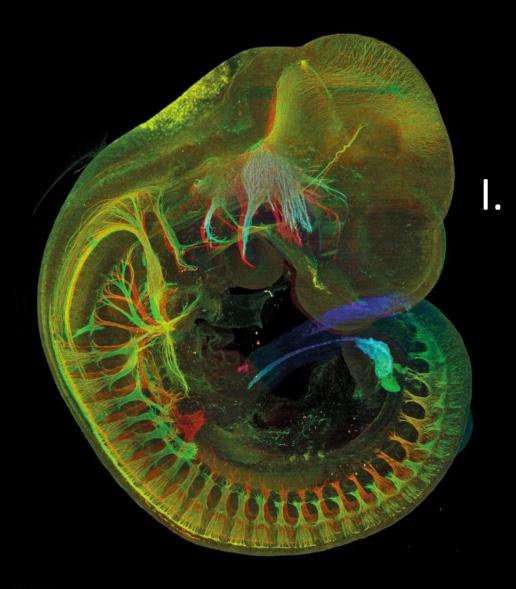
Crash course H&E I 21-25.9.2020



Revision of embryonic and fetal development

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Crash course H&E I 21-25.9.2020



Gametogenesis

From fertilization to early embryo

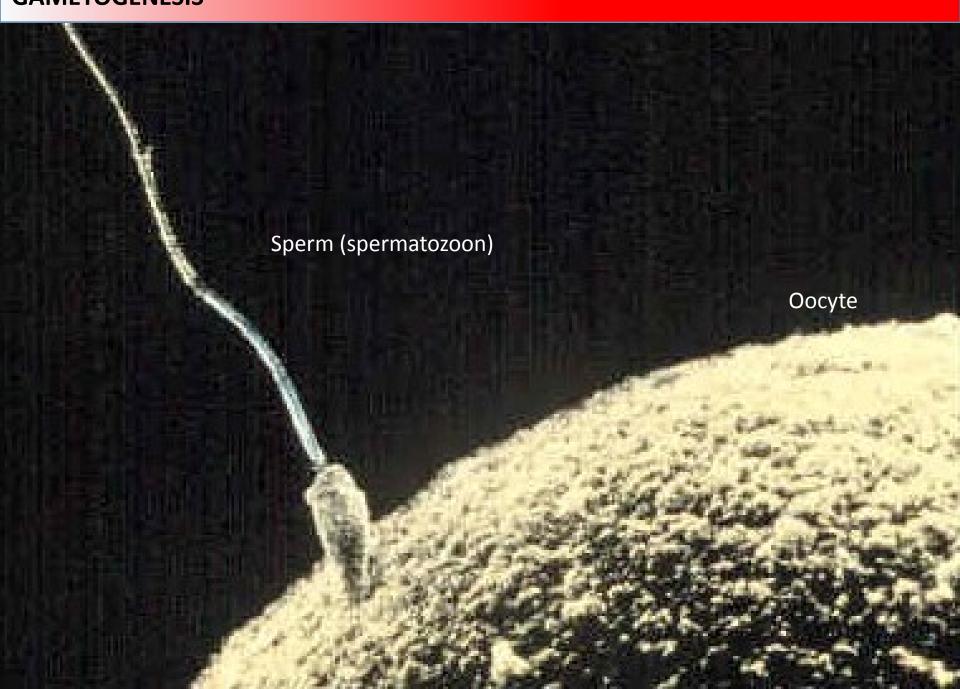
Embryogenesis to 8th week

Fetal development

Fetal position in uterus, hallmarks of newborn

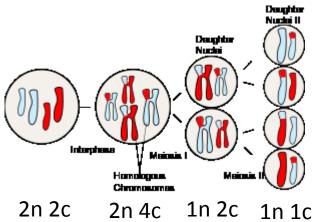
Introduction to teratology and prenatal diagnostics

GAMETOGENESIS

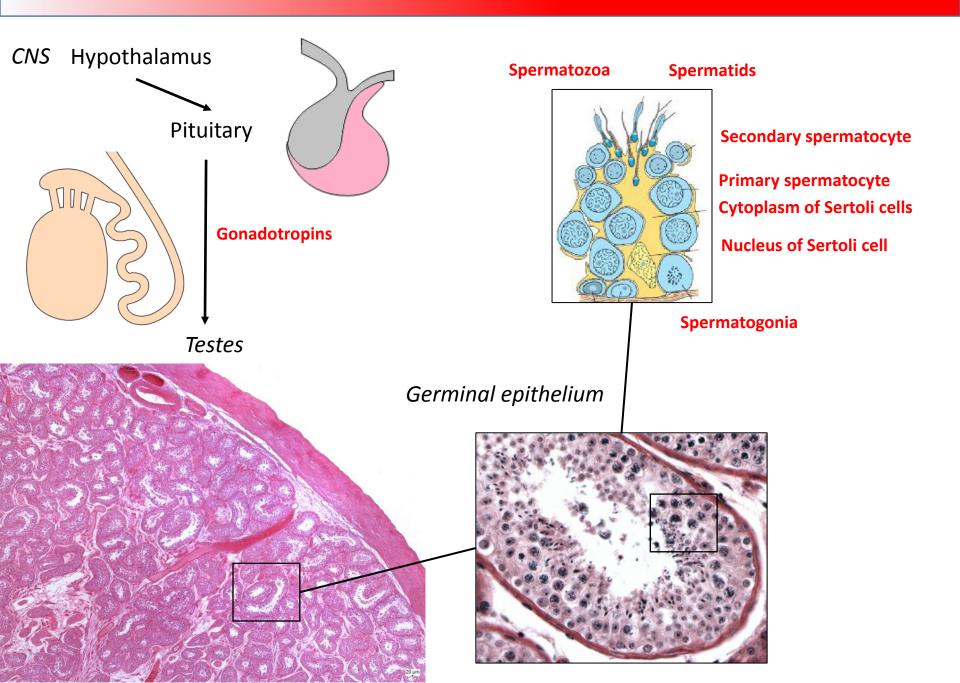


GAMETOGENESIS

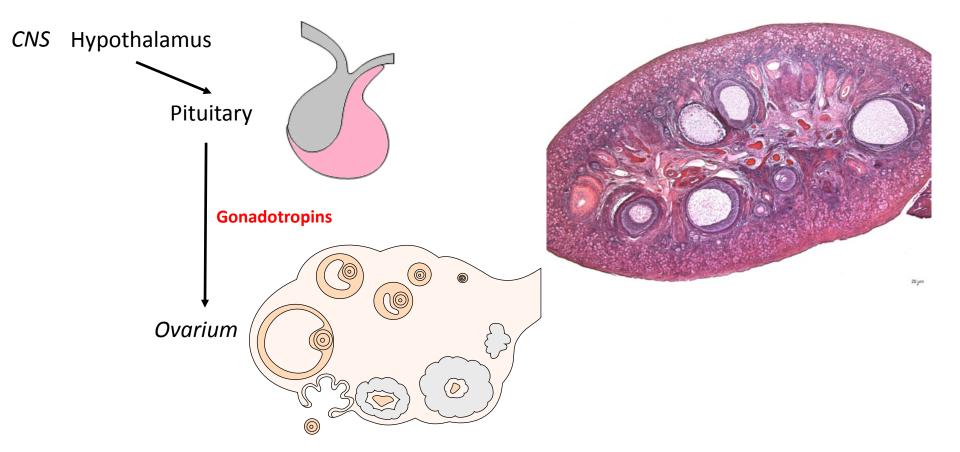
- meiosis
- diploid primordial germ cells \rightarrow haploid gametes
- primordial germ cells
 - extraembryonic origin
 - **spermatogonia** \rightarrow spermatogenesis and spermiogenesis \rightarrow **spermatozoon**
 - **oogonia** \rightarrow oogenesis \rightarrow **oocyte** (\rightarrow ovum)
- gonad
 - unique microenvironment for development of gametes
 - endocrine axis hypothalamus-pituitary gl.
 - important endocrine functions



SPERMATOGENESIS AND SPERMIOGENESIS

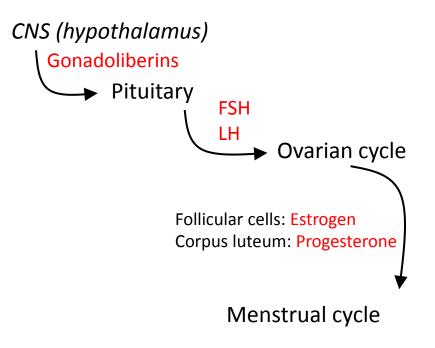


OOGENESIS

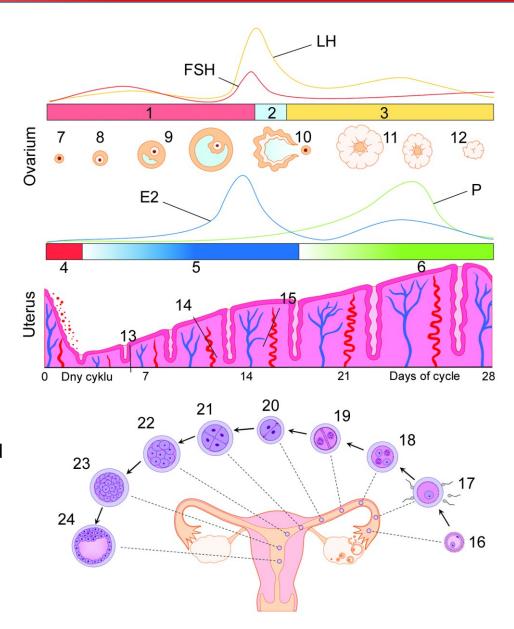


- Oogonia are present only during prenatal development in utero
- After birth, only primary oocytes in primordial follicles are present
- Cell cycle of primary oocyte is arrested in dictyotene stage of prophase M I until onset of puberty
- In each ovarian cycle (starting in puberty), a cohort of follicles enters maturation, however, usually only a single follicle reaches ovulation. Atresia of the remaining follicles in cohort.
- Primary oocyte → Secondary oocyte → Ovum (matures after fertilization)
- Primordial follicle → Primary follicle (unilaminar and multilaminar) → Secondary follicle → Graafian follicle (ovulation)
- Luteogenesis (formation of corpus luteum)

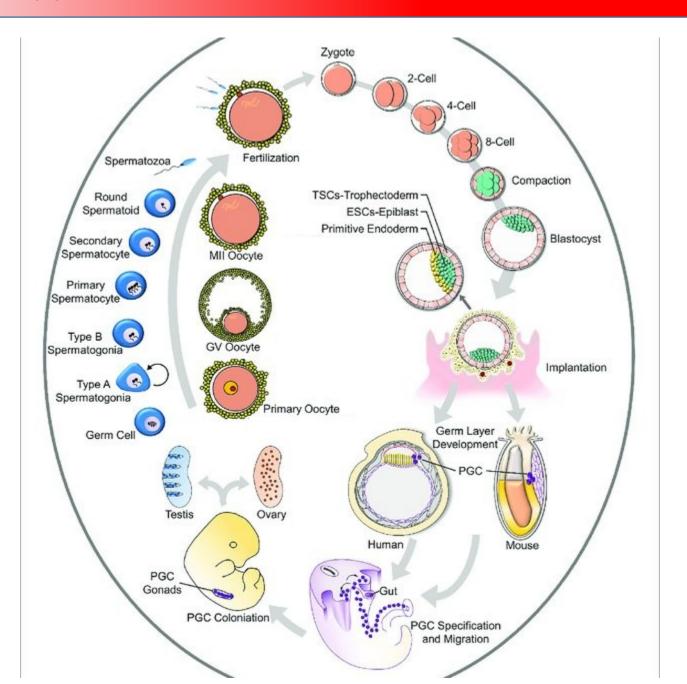
OVARIAN AND MENSTRUAL CYCLE



Synchronization of oogenesis (in ovarium) and readiness of endometrium (uterine lining) to putative implantation.



GAMETOGENESIS



FERTILIZATION

Ampulla of oviduct (most often)



Contact with corona radiata

Acrosomal reaction (acrozin)

Penetration of zona pellucida

Contact of sperm and oocyte

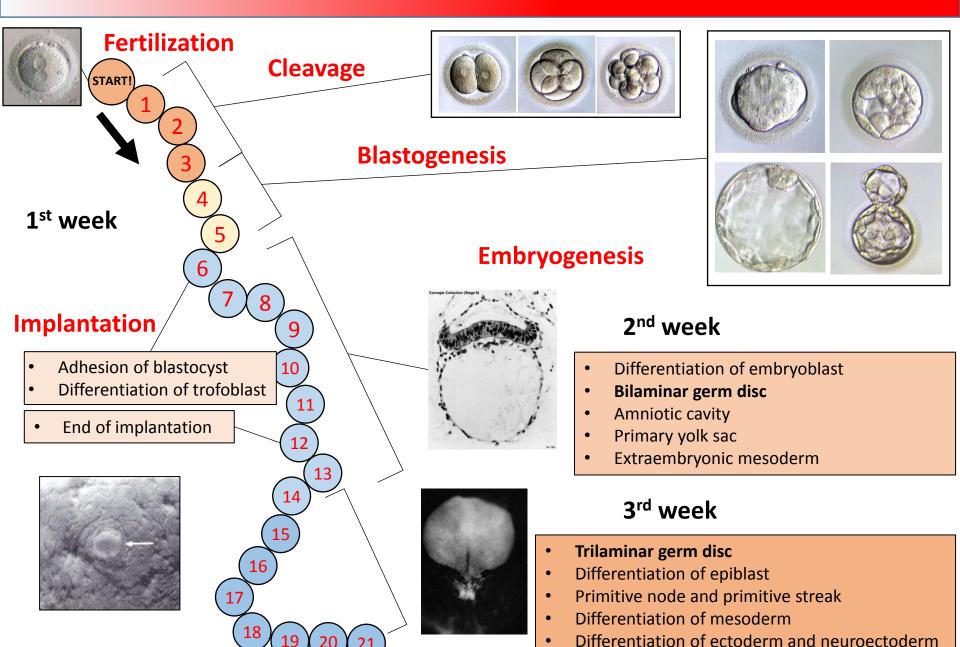
Cortical (zonal) reaction

(× polyspermy)

Fusion of oocyte and sperm

Re-entry of oocyte to cell cycle
Generation of 2nd polar body
Replication of DNA of pronuclei
Fusion of pronuclei
Beginning of cleavage

FIRST EVENTS IN HUMAN LIFE



Somitogenesis

1st week

WHAT IS DEVELOPMENTAL POTENTIAL OF BLASTOMERES?





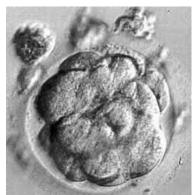
Conclusion: all blastomeres are equal.

1st week **Mechanism of differentiation** "cell polarity" "inside-outside"









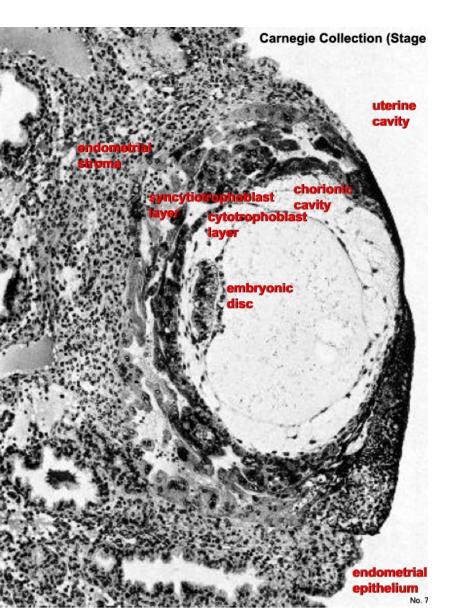


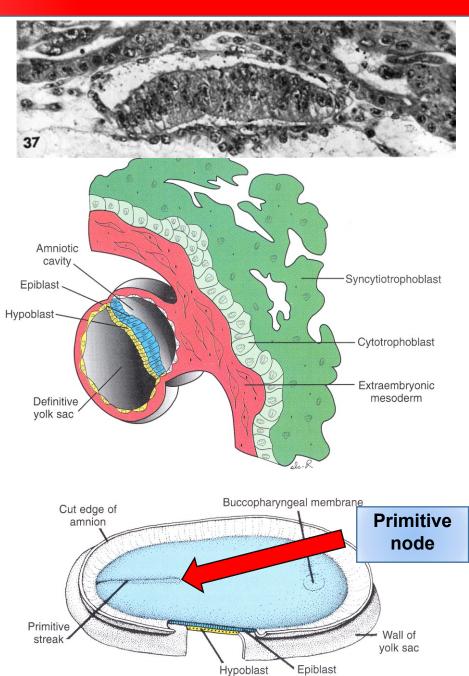
16-cell embryo is still totipotent – later (32-cell), it loses the full developmental potential
 → cell are determined.

mesoderm

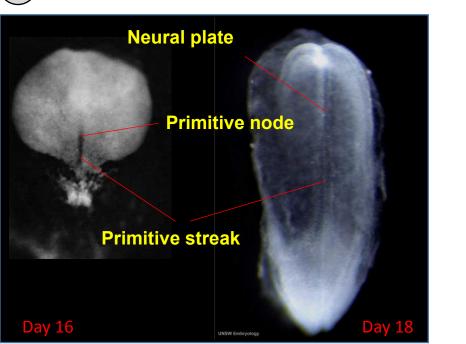
1st-2nd week **BILAMINAR GERM DISC** Amniotic cavity Blastocoele Day 7 1/2 Day 5 Amnion Imphoblast amniotic cavity Open roof of Cytotrophoblast Day 6 amniotic cavity Bilaminardisk Hypoblast Extraembryonic mesoderm В Yolk sac Parietal Day 8 endoderm Amniotic **Epiblast** Secondary membrane Splanchnic mesoderm Hypoblast of yolk sac Extraembryonic Extraembryonic mesoderm Day 9 amnion Primary villus epiblast hypoblast Secondary yolk sac Remains of yolk sac lacunae primary yolk sac syncytiotrophoblast cytotrophoblast end of 2nd week primary yolk sac extraembryonic coelom extraembryonic

2nd week

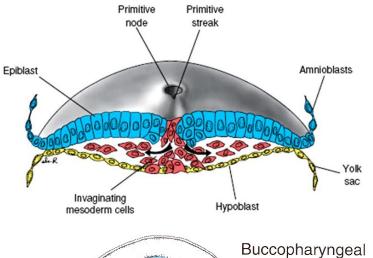


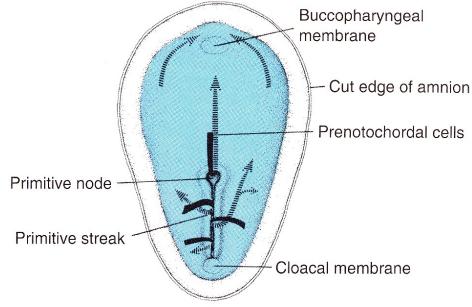


2nd week ends Amniotic cavity Amnion Bilaminar disk Yolk sac 3rd week begins 16 17 18 20 21 22 23 24 25 26 27 14

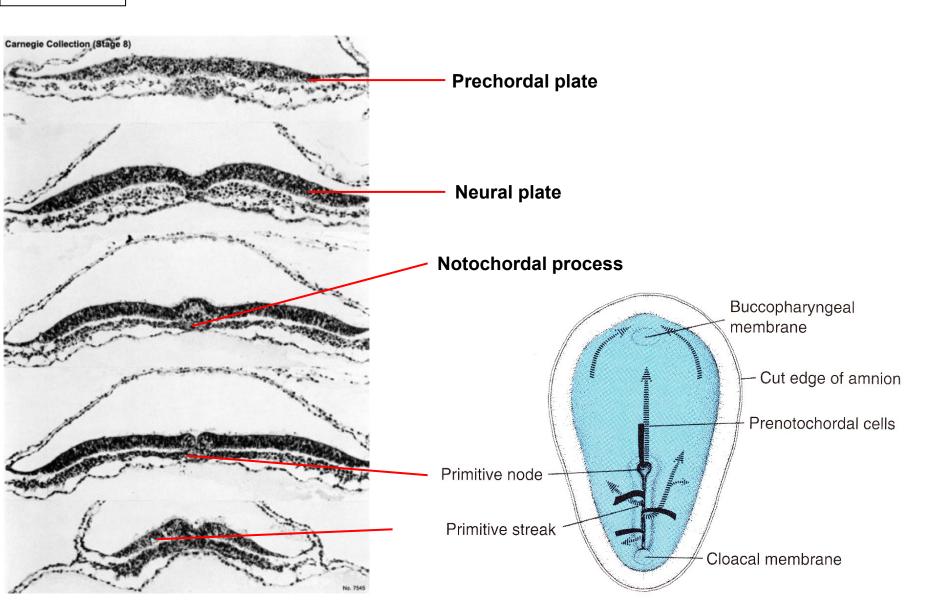


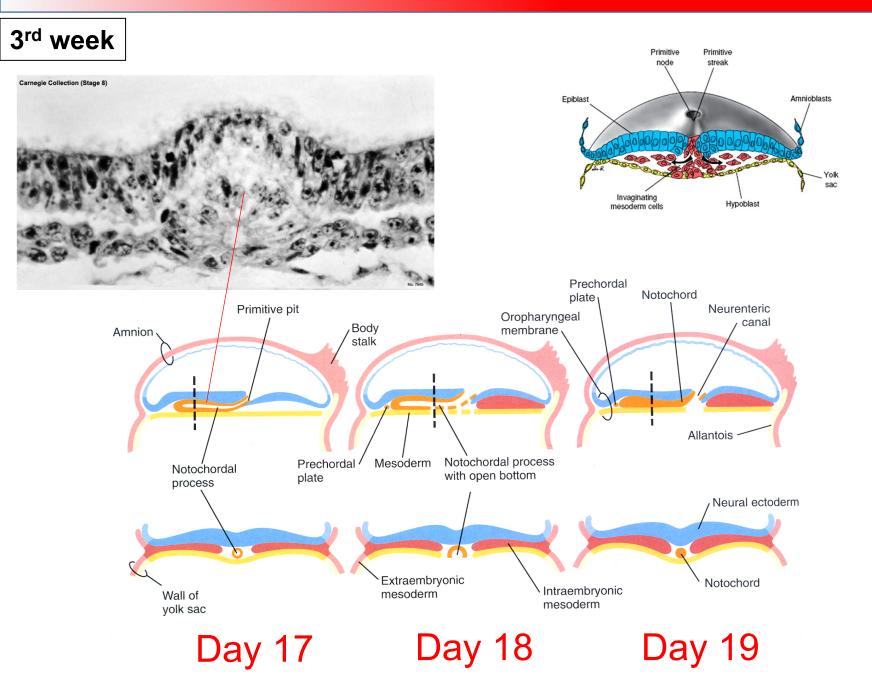
NEW STRUCTURES





3rd week

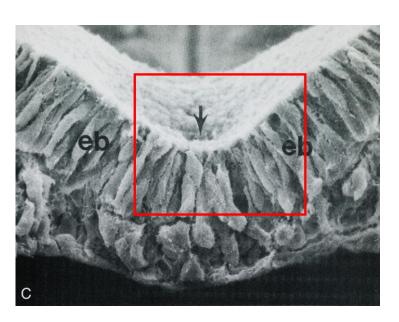


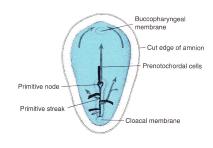


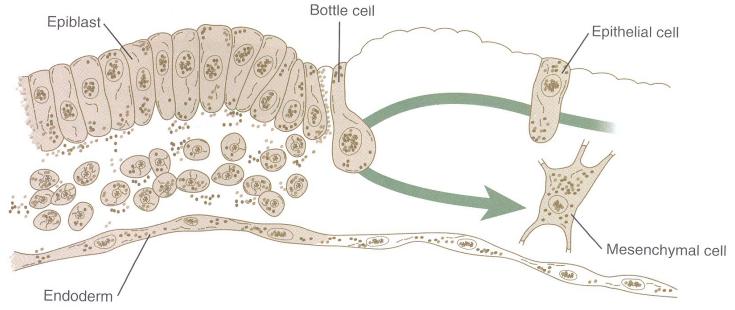
PRIMITIVE STREAK AND PRIMITIVE NODE

3rd week

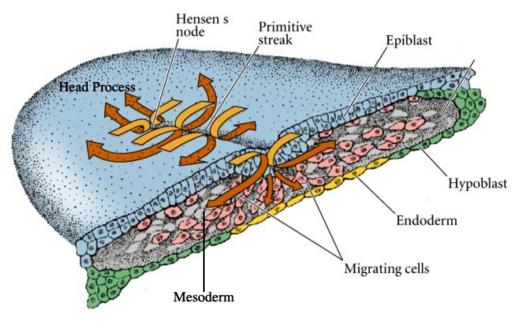








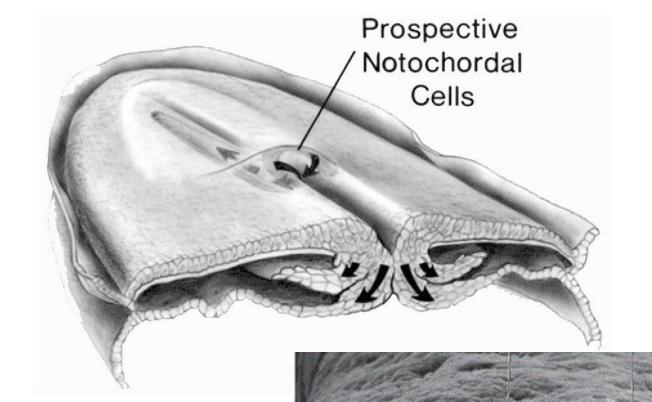
3rd week



@ 2000 Sinauer Associates, Inc.

A new cell population appears - MESODERM

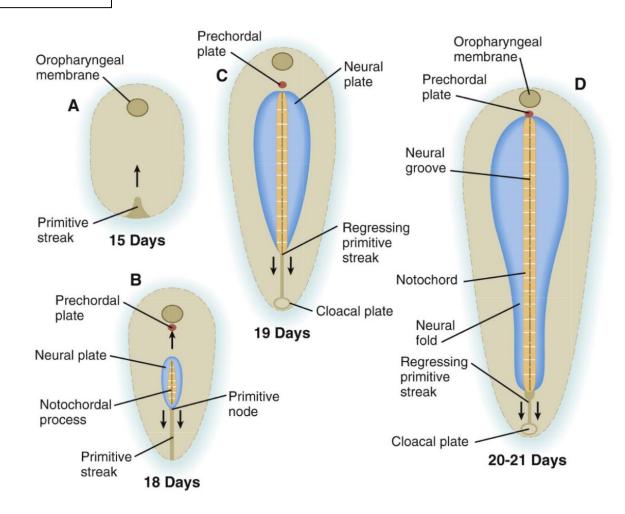




End of 2nd week

End of 3rd week

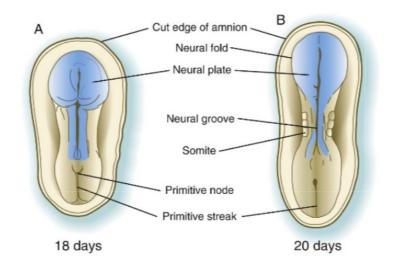
3rd week



Notochord induces
differentiation of ectoderm
– cellular basis of nerve
system is established –
NEUROECTODERM

NEURULATION NEURAL TUBE

3rd week



Pericardial bulge

Cut edge of amnion

Posterior neuropore

22 days

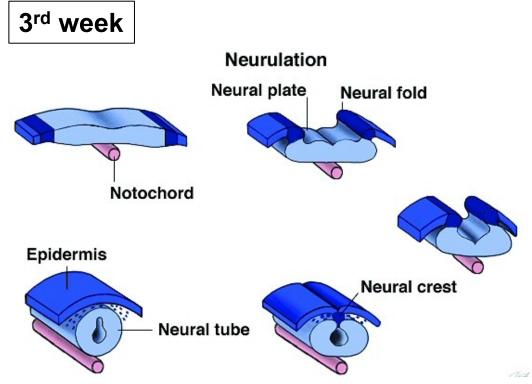
Anterior neuropore

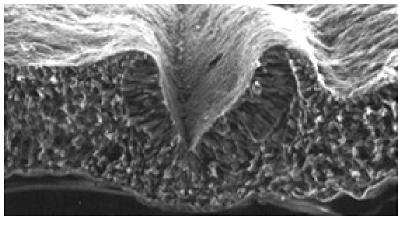
Pericardial bulge

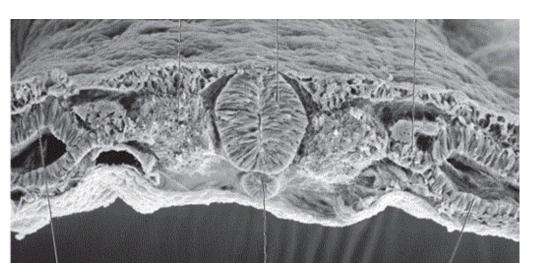
23 days

- Neural plate
- Neural folds
- Neural tube
- Neural crest

NEURULATION NEURAL TUBE



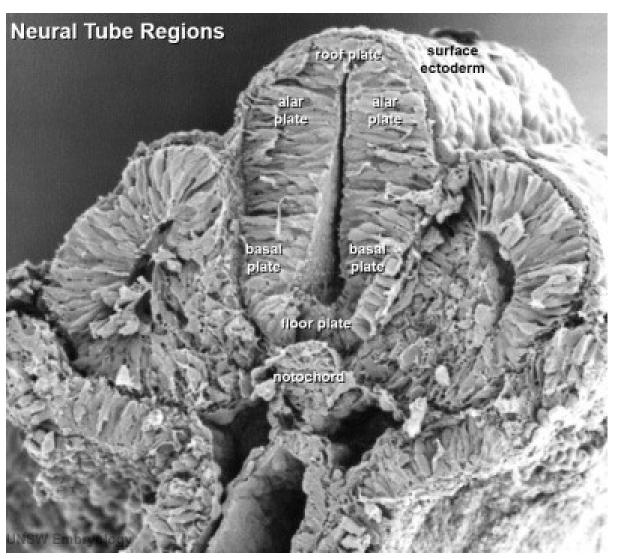


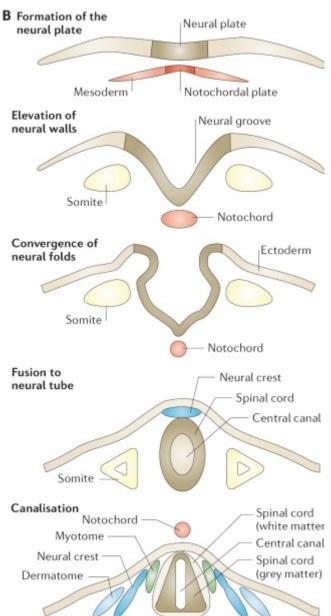


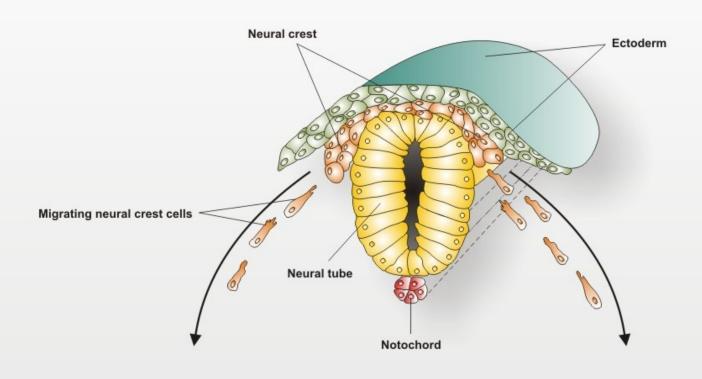
Edtoderm and mesoderm produce BMP4, that induces development of epidermis

Notochord produces inhibitors of BMP4 - noggin, chordin and follistatin (cranially) a wnt3a and FGF (caudally) - ectoderm differentiates into neuroectoderm.

3rd – 4th week



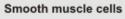




Mesoderm

Ectoderm







Osteoclasts Osteoclasts



Adipocytes



Chondrocytes



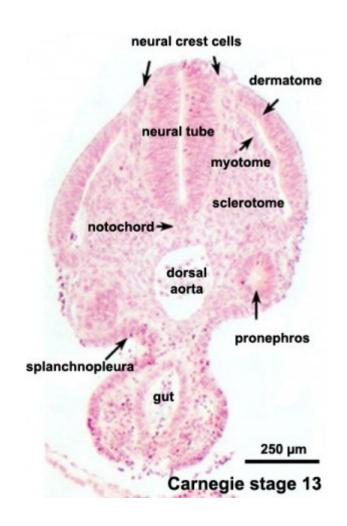
Melanocytes

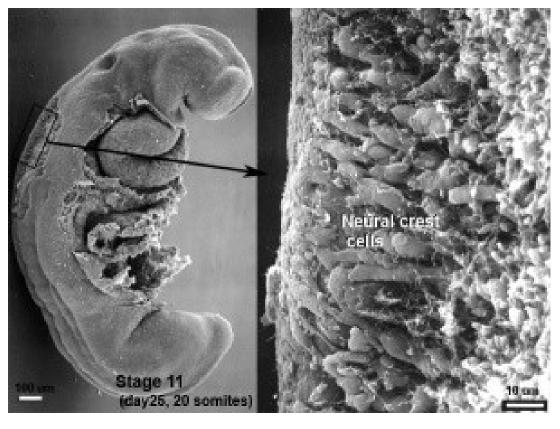


Schwann cells

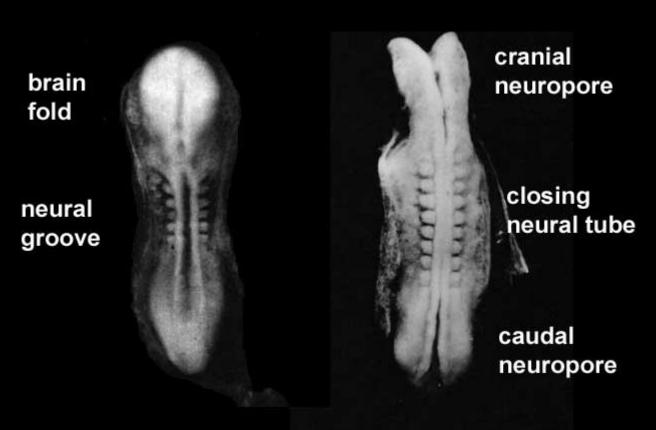


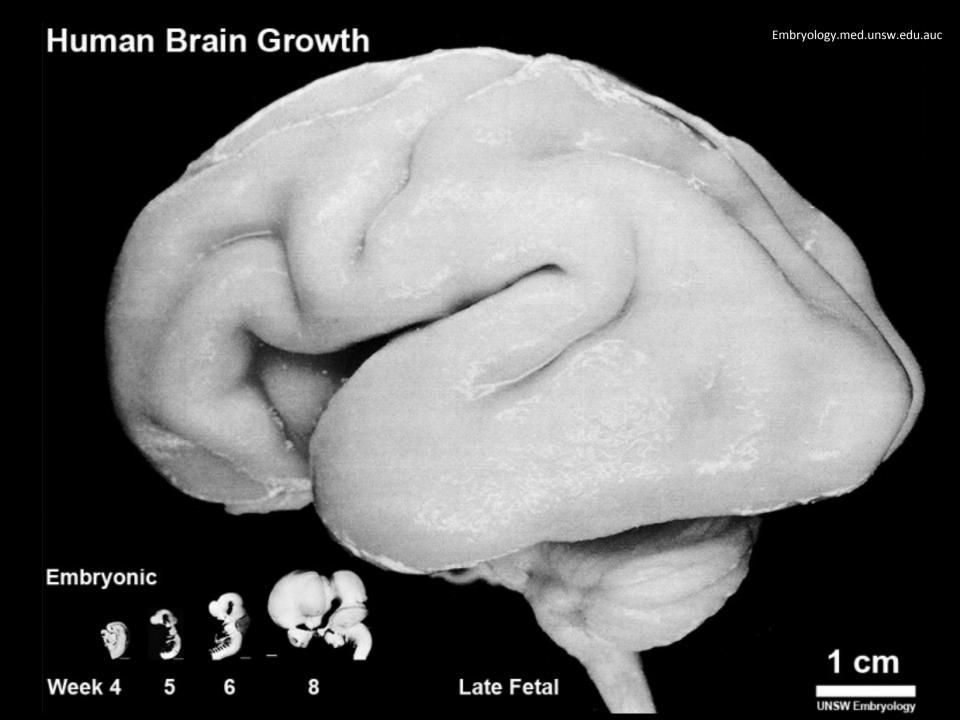
Neurons

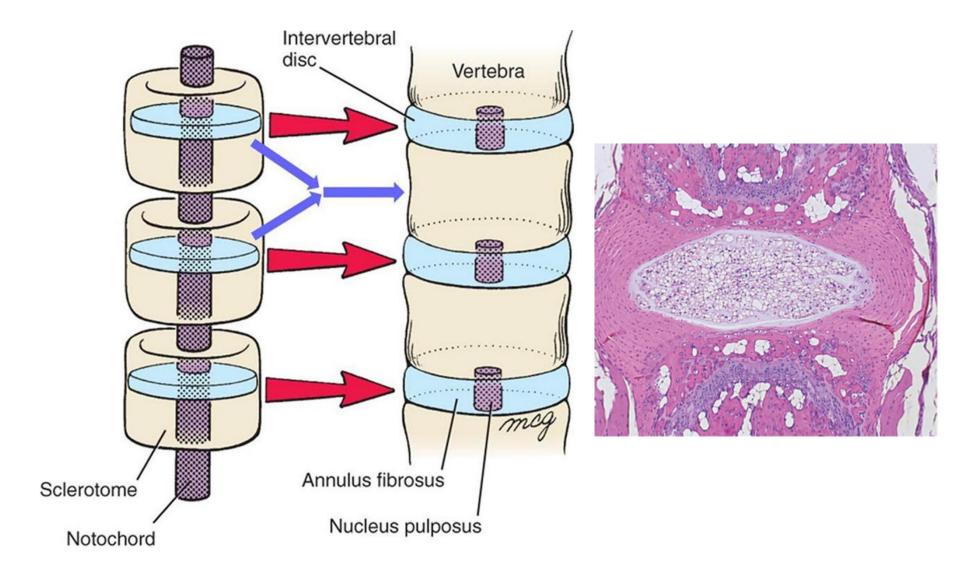






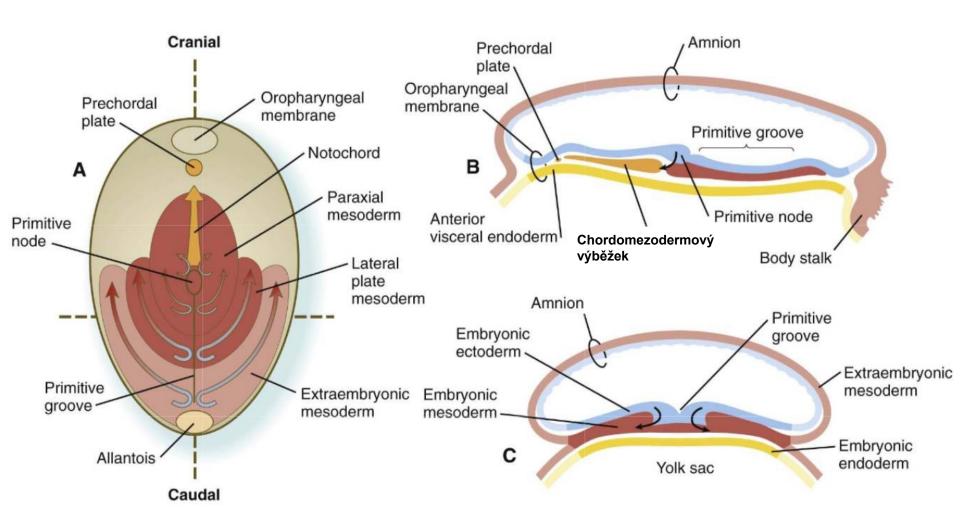




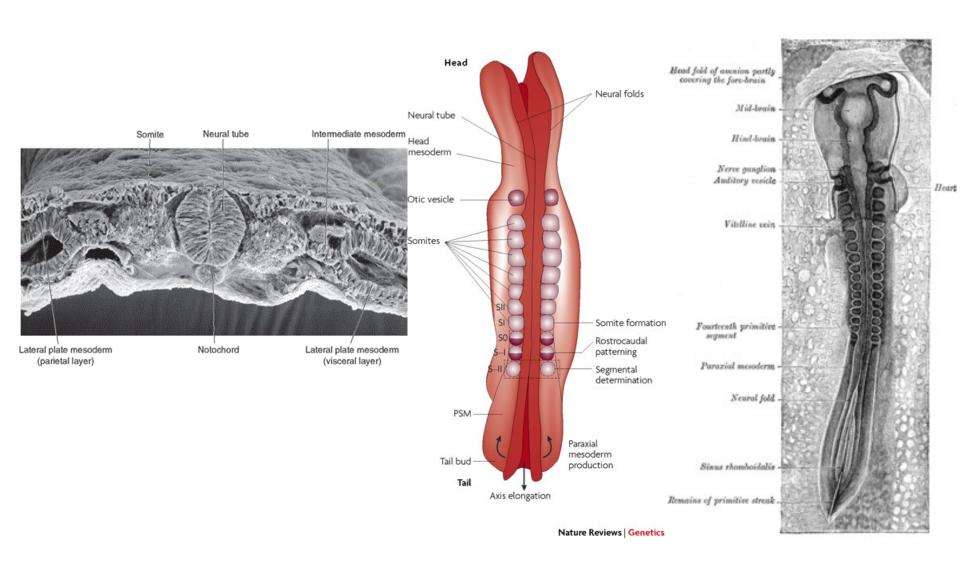


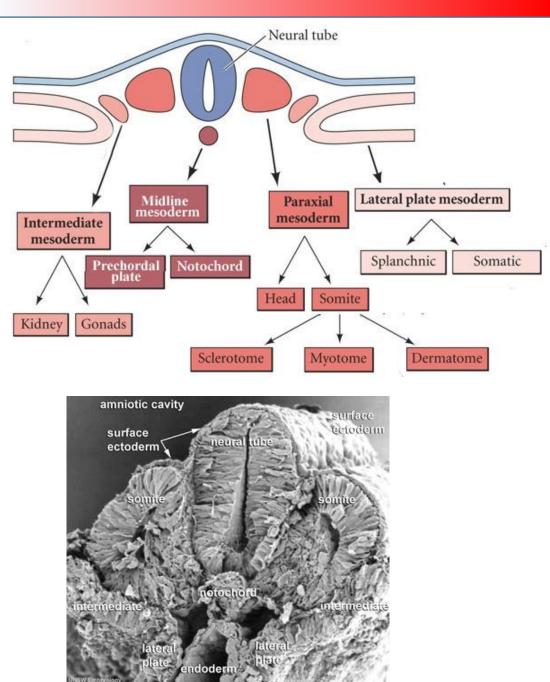
GASTRULATION MESODERM

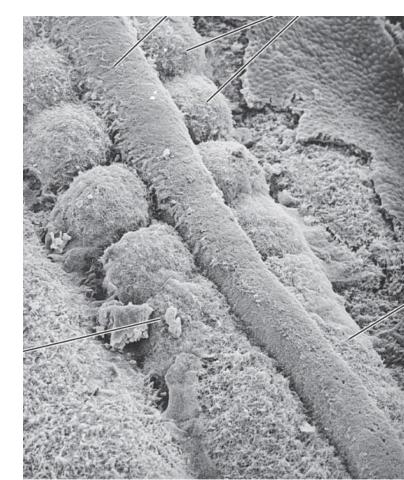
3rd week

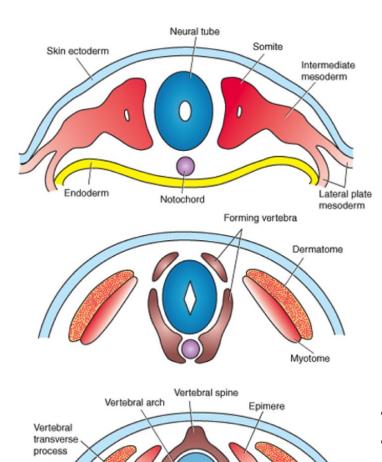


3rd – 4th week









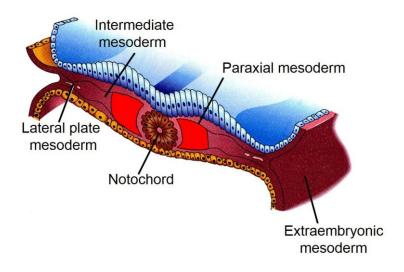
Vertebral body



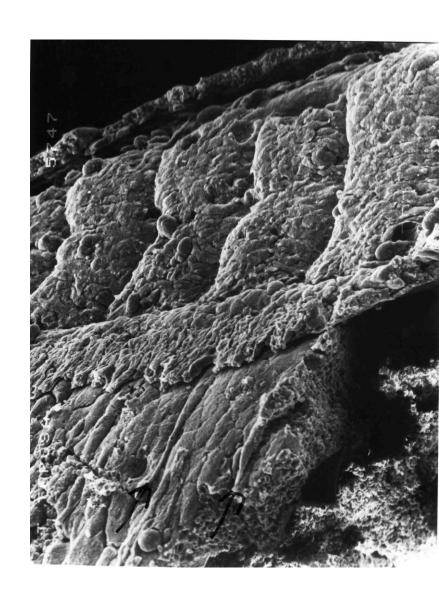
- Paraxial: sclerotomes, myotomes, dermatomes
- Intermediate: nephrotomes
- Lateral plate: somatopleura, splanchnopleura

OTHER DERIVATIVES OF MESODERM

$3^{rd} - 4^{th}$ week



- heart, cardiovascular system
- urogenital system
- muscle and skeletal system
- hematopoietic and lymphatic systems
- connective tissue, dermis
- mesothelium



DEVELOPMENTAL DISORDERS DURING GASTRULATION

 Primitive streak is a temporary embryonic structure. Persistent primitive streak causes sacrococcgyeal teratoma.





Failure of primitive streak leads to absence of mesoderm in affected region -

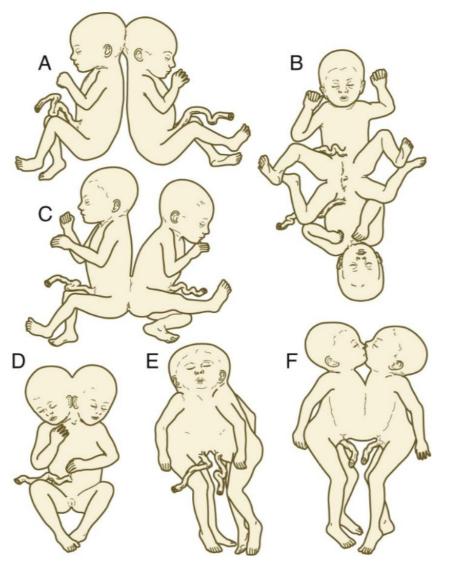
sirenomelia

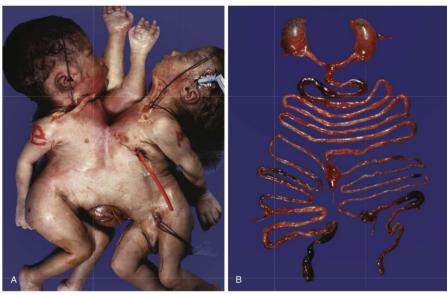
- limbs
- urogenital system
- GIT



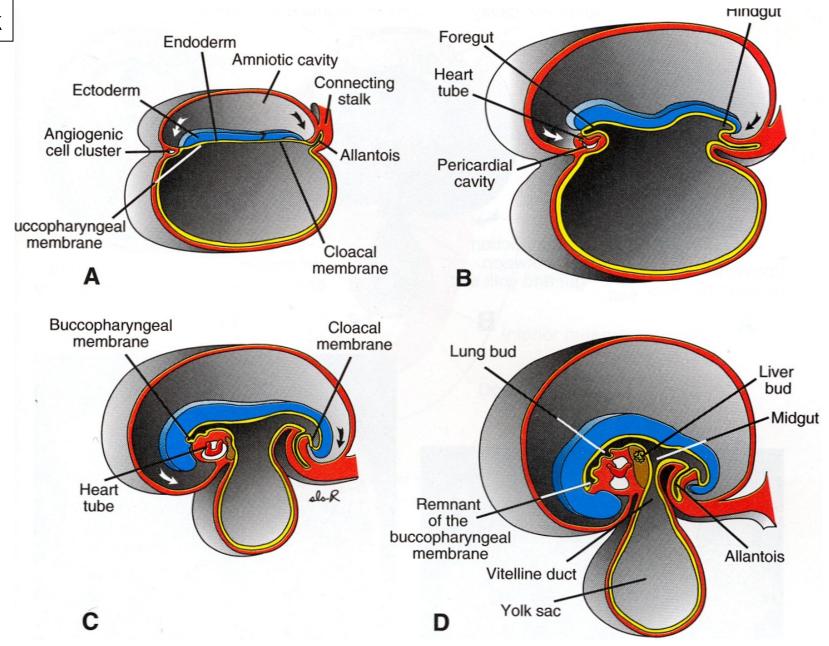
DEVELOPMENTAL DISORDERS DURING GASTRULATION

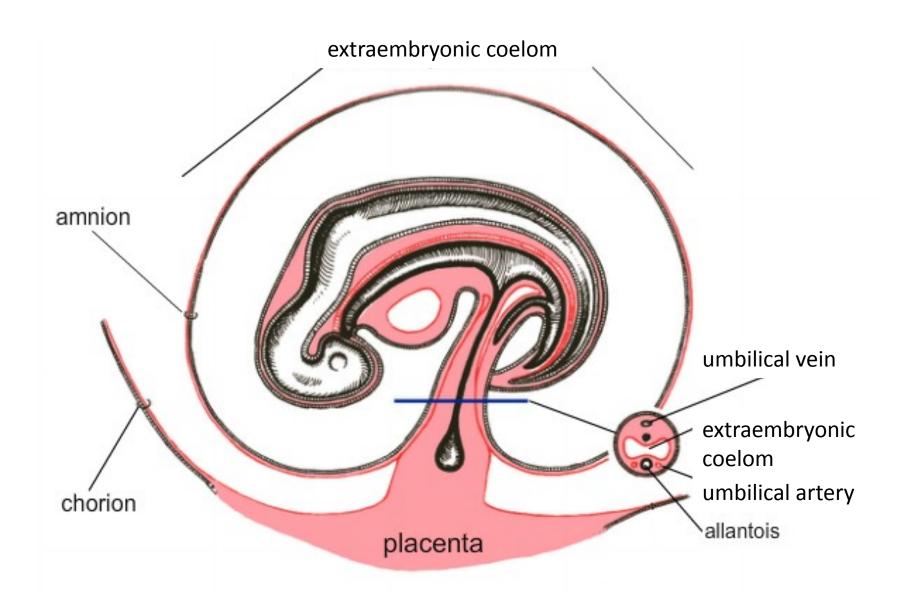
• If two primitive streaks form, conjoined twins may develop

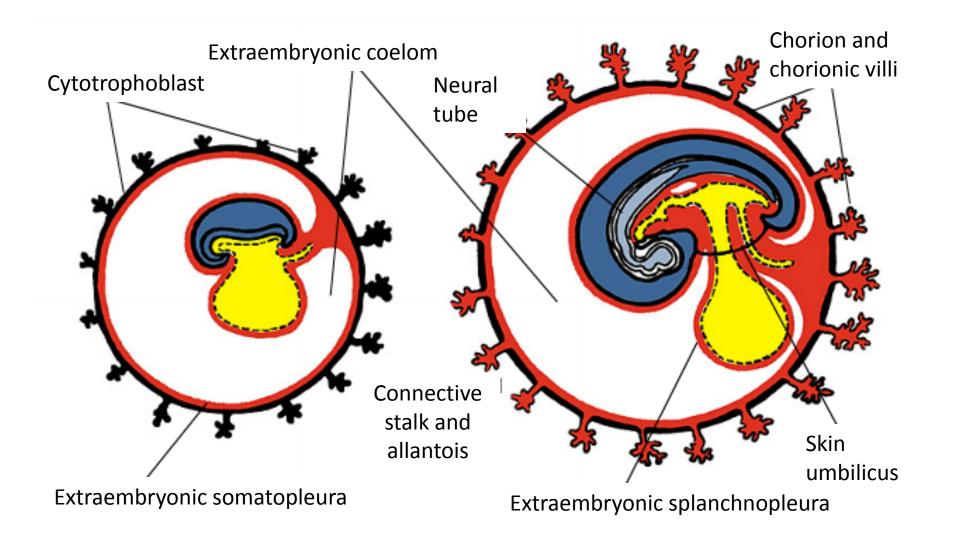




4th week

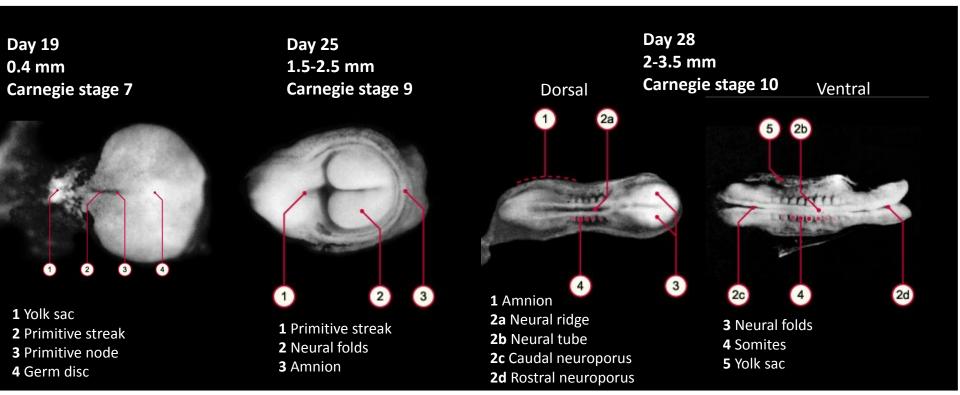






- bilaminar → trilaminar germ disc
- cephalocaudal and lateral flexion of embryo

http://www.embryology.ch/anglais/iperiodembry/carnegie03.html#st710









- Mesoderm segmentation
- Primitive gut
- Esophagotracheal diverticulum
- Heart (starts beating day 22-23)
- · Limb buds
- Primary brain vesicles, closing of neuropores
- Differentiation of neural crest
- · Origin of thyroid and anterior pituitary
- Ectodermal placodes, optic vesicle
- · Liver diverticulum
- Septum transversum

- Segmentation of mesoderm continues
- Posterior pituitary
- Heart septation begins
- Lung buds branch pseudoglandular stage of lung development
- Cochlea grows
- · Lens vesicle, nasal placodes
- Fourth brain ventricle forms
- · Pharyngeal arches, ridges and pouches
- · Limb buds grow
- Hematopoiesis in liver
- Retinal pigment

- Derivatives of endodermal pharyngeal pouches (parathyroid, thymus)
- · Adrenal gland
- · Heart and lungs descended to thorax
- Innervation of limbs, differentiation of myoblasts
- Face development maxillary and mandibulary processes, palatine, choans
- Telencephalon stratifies archicortex, paleocortex and neocortex. Choroid plexus
- · Rotation of stomach
- · Pancreatic diverticula fuse



- Secretion from endocrine pancreas
- Growth of liver, growth and luminization of bile ducts
- · Ossification of limbs begin
- · Development of brain nuclei

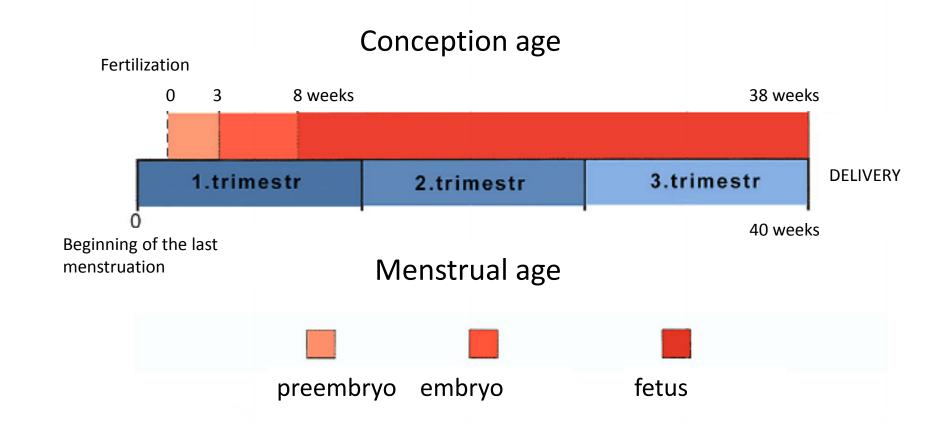


- Joints of upper and later lower limbs allow rotation
- Fingers grow
- · Stratification of cerebellar cortex
- Perforation of anal membrane
- Herniation of intestinal loops
- Testes produce testosterone
- Nose, meatus, eyelids, developer, external ears start to grow
- · Backbone 33-34 cartilaginous vertebrae
- · Embryonic tail diminished

LENGTH OF PREGNANCY

280 days (= 40 weeks = 10 lunar months) from the first day of the last **menstruation**266 days (= 38 weeks) **from ovulation** (gestation age)

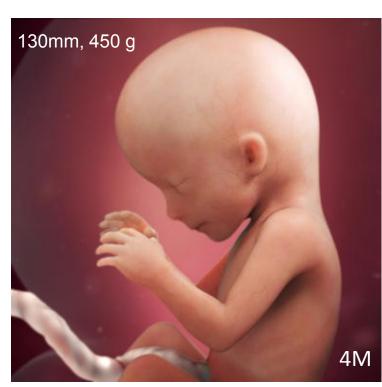
Calculation of term: First day of the last **menstruation + 1 year- 3 months + 7 days**



FETAL DEVELOPMENT month 4-5



- Fetus swallows amniotic fluid necessary for GIT development
- Rapid growth of head (non-proportional to rest of body)
- Eyelids fuse
- · Ossification centers visible by ultrasound examination
- Development of external genitalia
- Kidneys produce urine, other organs start to work
- · Skeletal muscles innervated
- · Physiological umbilical hernia, in 12th weeks reposition of intestinal loops



- Rapid growth of fetus
- Ossification of skeleton
- Face growths, mandible visible
- · Apparent external genitalia

FETAL DEVELOPMENT month 5-9



- Limbs growth
- · Mother feels fetal movements
- Vernix caseosa, lanugo
- Short hairs and eyelashes
- · Fetus reacts to sound and later to light
- Lungs start to produce surfactant
- · Limit of viability



- · Eyelids open
- · Wrinkled skin with visible capillaries
- · Subcutaneous fat
- · Hairs grow
- · Maturing of organ systems



- Subcutaneous fat accumulates in limbs
- · Smooth, red skin
- · Hallmarks of full term fetus



Full term – related to <u>length of pregnancy</u> (menstrual age)

- preterm (<37 weeks)
- full term (38 40 weeks)
- after term (>42 weeks) (meconium in amniotic fluid)

Fetal maturity – <u>development</u> of fetus: mature X immature

HALLMARKS OF FETAL MATURITY

Major:

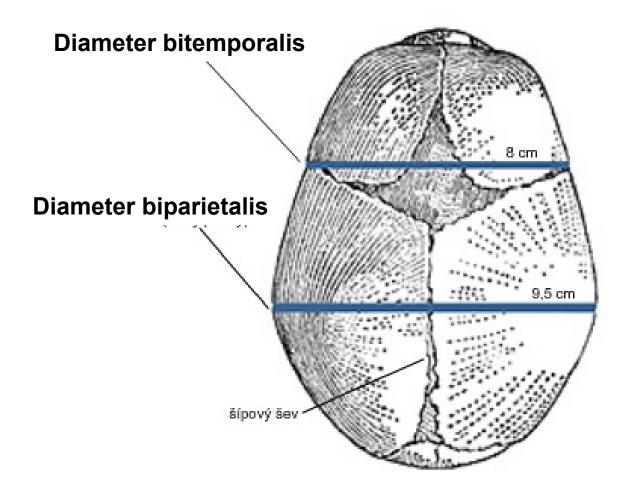
- length (50 51 cm),
- weight (around 3500 g, physiological range 2500 4000g),
- head sizes
- boys testes in scrotum, girls labia majora over labia minora

Minor:

- eutrophic fetus, subcutaneous fat
- skin is not blue (no cyanosis), lanugo remains on shoulders and back,
- eyelashes, hairs several cm long, nails over fingertips
- cranial bones hard, anterior and posterior fontanelle are palpable, and separated
- newborn cries and moves (Apgar score)

FULLTERM NEWBORN HEAD SIZE

Diameter bitemporalis – 8,00 cm (join of the most distant points on sutura coronaria) Diameter biparietalis – 9,5 cm (join of midpoints of tubera parietalia)

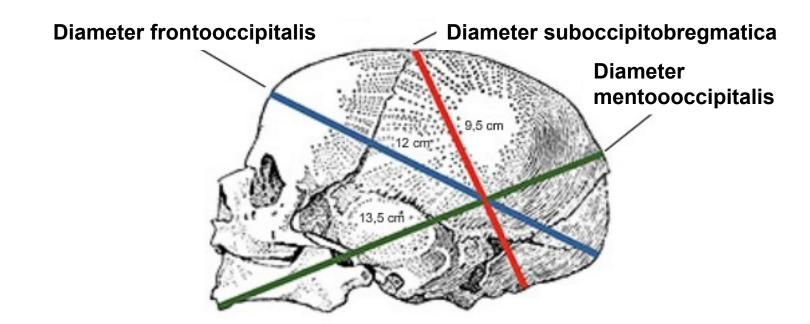


FULLTERM NEWBORN HEAD SIZE

Oblique sizes:

Diameter frontooccipitalis – 12.0 cm (join of forehead midpoint and most distant point of occiput)

- Circumferentia frontooccipitalis 34.0 cm
- Diameter suboccipitobregmatica 9.5 cm (join of protuberantia occipitalis externa and midpoint of large fontanelle)
- Circumferentia suboccipitobregmatica 32.0 cm
- Diameter mentooccipitalis 13.5 cm (join of chin midpoint and most distant point of occiput)
- circumferentia mentoocipitalis 35 36 cm
- Diameter biacromialis 12.0 cm, circumferentia biacromialis 35 cm
- (join of acromion acromion)



RULE OF HASSE

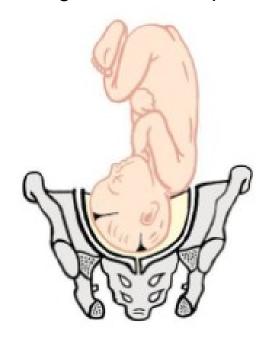
- forensic medicne
- 3. 5. lunar month: length in cm = square of month
- 6. 10. lunar month: length in cm = months multiplied by 5

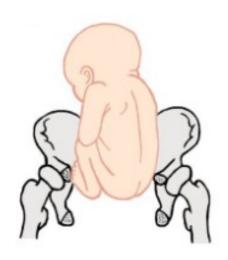
Length of fetus[cm]
9
16
25
30
35
40
45
50

- 1. **LIE** (SITUS) = relationship of the long axis of the fetus to that of the mother
- longitudinal: (99 %)
- transverse: (1 %) perpendicular axes
- oblique: unstable → longitudinal or transverse position
- 2. **POSITION** (*POSITIO*) = fetal backbone relative to uterus ridge
- first= left (back to the left)
- second= right (back to the right)
- first/second common/less common
- 3. **FETAL HABITUS** (*HABITUS*) = relationship of one fetal part to another
- regular = head and limbs in flexion
- irregular = everything else
- 4. **PRESENTATION** (*PRAESENTATIO*) = that part of the fetus lying over the pelvic inlet; the presenting body part of the fetus.
- occiput (most common)
- vertex, forehead, face (1%)
- breech
- trunk, shoulder

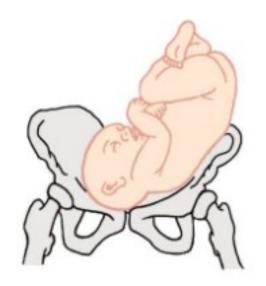
- 1. LIE (SITUS) = relationship of the
- longitudinal: (99 %)
- transverse: (1 %) perpendicular a:
- oblique: unstable → longitudinal c

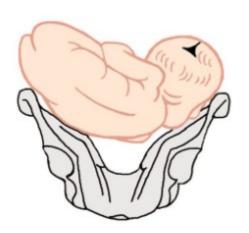
longitudinal - occiput



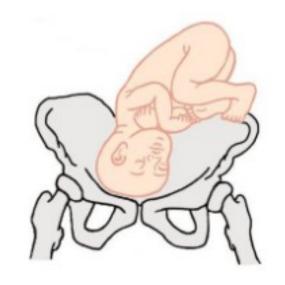


longitudinal - breech



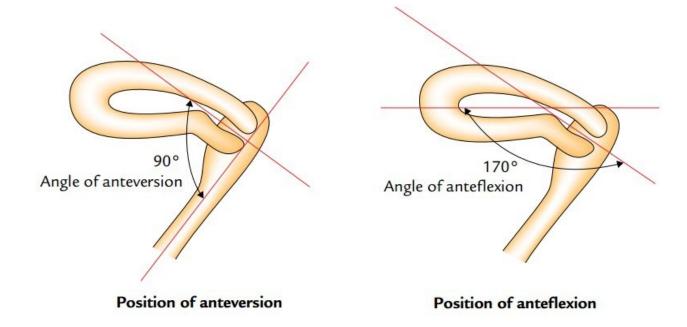


transverse



oblique

- 2. **POSITION** (*POSITIO*) = fetal backbone relative to uterus ridge
- first= left (back to the left)
- **second**= right (back to the right)
- first/second common/less common
- tranverse

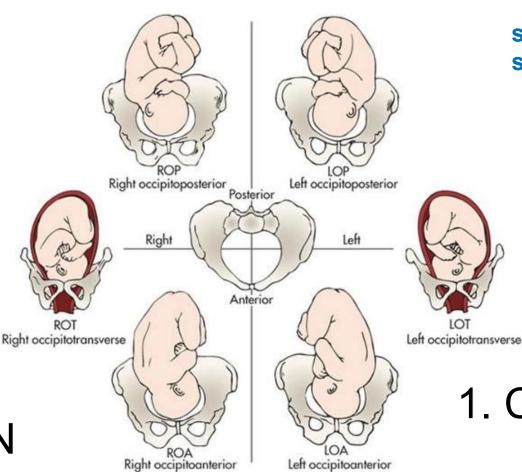


Note: Normally uterus is in anteversion and anteflexion (rarely retroversion, retroflexion)
In late pregnancy, uterus is in dextroversion and dextrotorsion (rarely sinistroversion, sinistrotorsion)

2. COMMON

1. LESS COMMON

dextroversion dextrotorsion



sinistroversion sinistrotorsion

1. COMMON

2. LESS **COMMON**

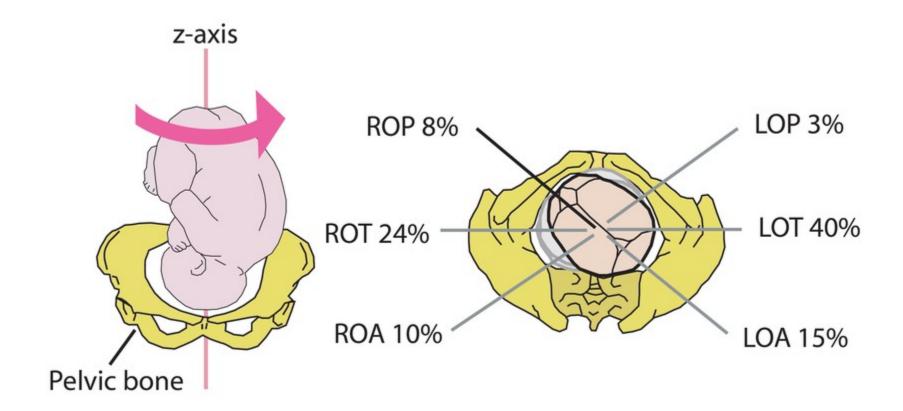
sinistroversion sinistrotorsion

Lie: Longitudinal or vertical Presentation: Vertex Reference point: Occiput Attitude: General flexion

Left occipitoanterior

dextroversion dextrotorsion

POSITION OF FETUS



- 3. **FETAL HABITUS** (*HABITUS*) = relationship of one fetal part to another
- regular = head and limbs in flexion
- irregular = everything else



HABITUS

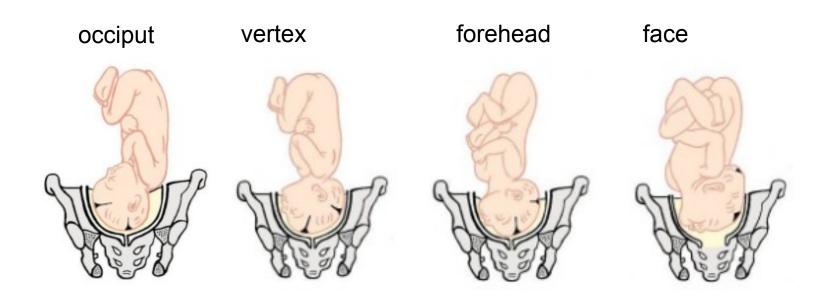
irregular (any other)

regular

HABITUS AND PRESENTATION

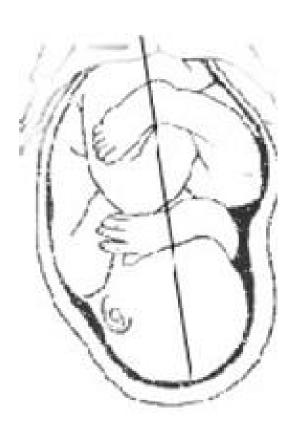
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- occiput (most common)
- vertex, forehead, face (1%)
- breech
- trunk, shoulder

PRESENTATION



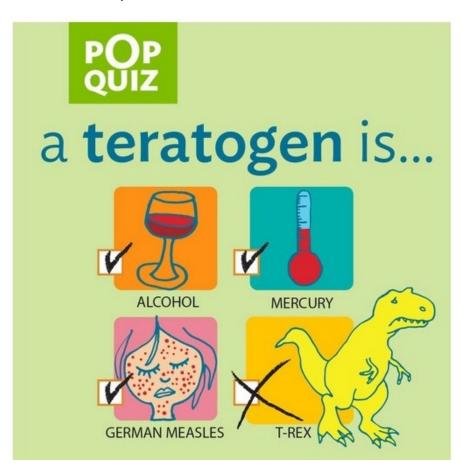
PHYSIOLOGICAL IMPOSITION OF FETUS IN UTERUS

- LIE LONGITUDINAL HEAD FIRST
- POSITION FIRST COMMON
- HABITUS REGULAR
- PRESENTATION OCCIPUT



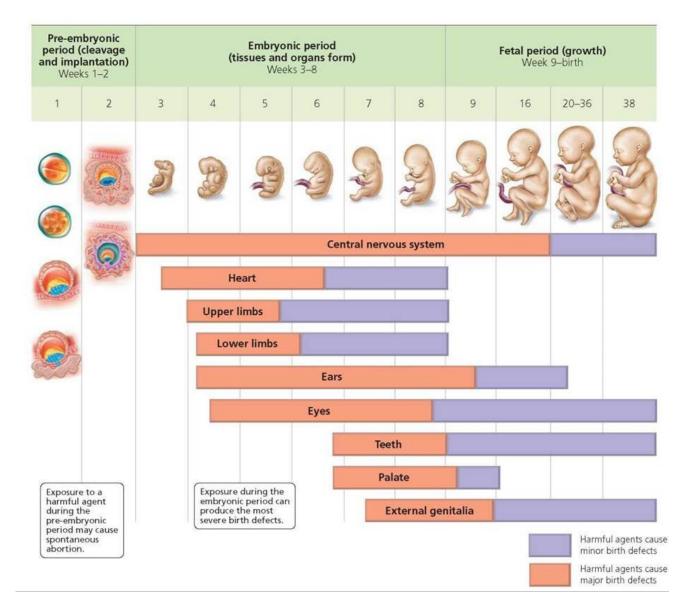
INTRODUCTION TO TERATOLOGY

- Congenital disorders due to abnormal developmental events
- Genetic (inherited) or nongenetic (external) causes
- Teratogens
- Life style (alcohol, smoking, drugs)
- Infections (rubeola, HIV, toxoplasmosis)
- Lack or abundance of key substances (folic acid × retinoids)
- Chronic diseases (medical treatment)
- Physical (temperature, radiation)



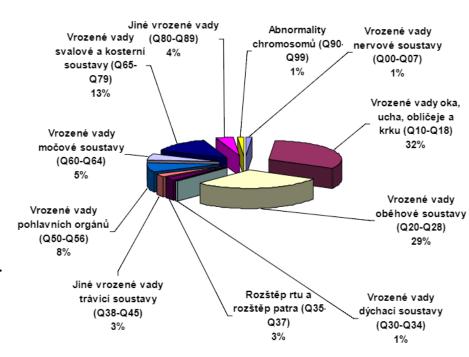
INTRODUCTION TO TERATOLOGY

Critical developmental periods



INTRODUCTION TO PRENATAL DIAGNOSTICS

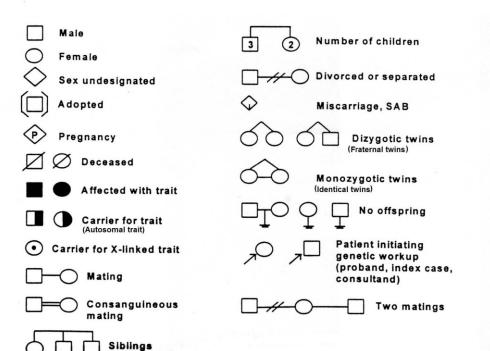
- Interdisciplinary care biochemistry, genetics, gynecology and obstetrics, neonatology – parts of fetal medicine
- Revealing high risk pregnancies, access to preventive and therapeutic care
- Preventing delivery of fetuses with severe congenital malformations
- Support of delivery of genetically high-risk babies
- Planning and providing clinical care
- Genetic counselling
- Biochemical and ultrasound screening
- Karyotyping and DNA diagnostics
- Clinical diagnostics
- Indication:
- congenital disorders in family
- positive screening in 1st or 2nd trimester
- abnormal finding by ultrasound
- maternal age (over 35 years)

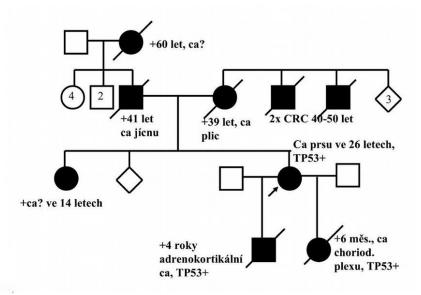


ČR 1994-2008

GENETIC COUNSELING

- Anamnesis (case history)
- Preconception counselling
- Explaining of examination results, causes, clinical symptoms, therapeutic options
- Minimization of risk of repeated disease
- Providing diagnosis and information for free choice
- Providing precise diagnosis and risk estimation
- Providing care during pregnancy and later

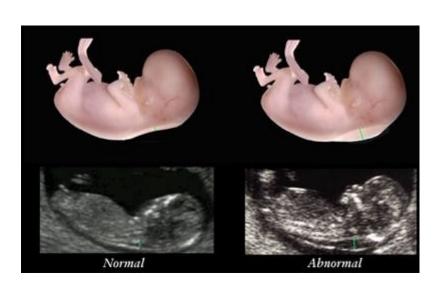




NONDIRECTIVE
ALL EXAMINATIONS AND
PROCEDURES ARE VOLUNTARY

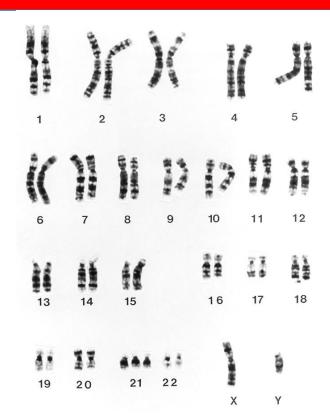
BIOCHEMICAL SCREENING

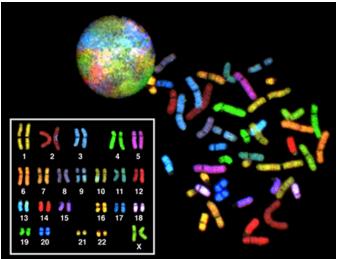
- Non invasive
- Revealing high risk pregnancies chromosomal aberrations and clefts
- **Screening is not a diagnostics** → further examinations (amniocentesis, karyotype, US)
- Tests between weeks 14-16 ("TRIPLE test")
- low sensitivity and specificity (50-60%), high false positivity (70%)
- AFP, E3, hCG
- chromosomal aberrations, abnormal closing of neural tube, defects of body walls
- Combined screening in week 11-13
- chromosomal aberrations Down: 47,XY,+21, Edwards: 47,XY,+18, Patau 47,XY,+18
- US -nuchal translucence, NT
- PAPP-A, hCG (multiplies of median, MoM)
- age included in algorithm
- output: screening positive vs. negative (limit 1:100)



INVASIVE DIAGNOSTICS

- Amniocentesis
- 16th-20th week
- US controlled amniotic fluid aspiration
- Cell culture, karyotype
- Risk of miscarriage 0.5-1%
- Chorion villus biopsy
- 10th-13th week
- Karyotype, molecular genetic examination
- Risk 0.5-1%
- Cordocentesis
- 22nd week
- Sampling of venous umbilical blood
- Now diagnostics and therapy of blood diseases (anemia, infections), or diagnostics in multiple pregnancies
- Risk 1%
- Fetoscopy
- Transabdominally (earlier transcervically)
- Visualization and fetal biopsy
- Risk 3-10%, done rarely

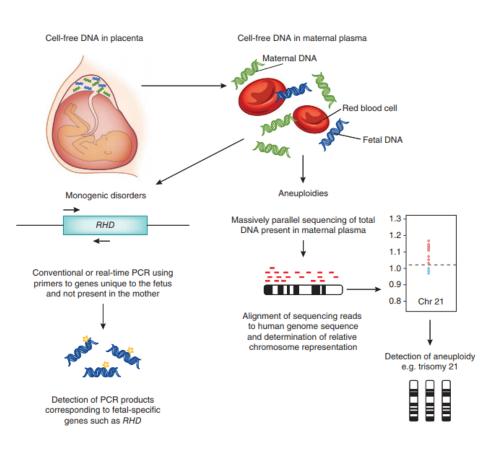




ULTRASOUND DIAGNOSTICS

- 6-8th week
- confirmation of pregnancy, heart action
- number of fetuses
- 13-14th week
- nuchal translucence (risk > 3 mm)
- nasal bone (present × absent), minor markers (omphalocele, tricuspidal regurgitation, abnormality in ductus venosus flow, enlargement of urinary bladder-megavesica)
- fetal size
- 20-22nd week
- detailed screening
- fetal biometry (biparietal diameter, head circumference, length of femur)
- head and CNS (shape, cavity in septum pellucidum, ventricles, cerebellum, cisterna magna), face (lip, jaws, nose, orbits, profile), heart (action, size, axis, 4-chamber projection, outflow tracts, ...), thorax (pathological structures), abdominal cavity (stomach, intestine, kidneys, urinary bladder, umbilicus and umbilical vessels), backbone, limbs, palms, feet
- placenta, volume of amniotic fluid
- 30th week
- fetal size
- volume of amniotic fluid
- placenta (exclusion of placenta praevia)

ADVANCEMENTS IN MOLECULAR GENETICS



Analysis of cell-free fetal DNA in maternal blood Since 12th week Massive paralell sequencing (Next-Gen Sequencing) Common aneuploidies (trisomy 21,13,18) Monogeneous disorders

SOP-M8

NEINVAZIVNÍ DETEKCE ANEUPLOIDIÍ CHROMOZOMŮ 13, 18 A 21 POMOCÍ MULTIPLEX PCR A MASIVNÍHO PARALELNÍHO SEKVENOVÁNÍ (MPS)

Test Clarigo se značkou "CE", která je nezbytná pro provedení tohoto vyšetření v zemích EU, splňuje základní požadavky Směrnice Rady IVD 98/79/EC pro in vitro diagnostiku.

VÝSLEDEK VYŠETŘENÍ:

Chromozom	Stav	Fetální frakce	Předpokládané pohlaví plodu
13	normální		
18	normální	7,1 %	ženské
21	normální		

ZÁVĚR:

Analýzou volné fetální DNA cirkulující v krvi těhotné nebylo zjištěno zvýšené riziko aneuploidie chromozomů 13, 18 a 21.

Komentář: doporučujeme genetickou konzultaci.

Pozn: Při patologickém náležu je výsledek nutné ověřit některým z invazivních postupů (např. odběr plodové vody, choriových klků, kordocentéza s následnou QF-PCR analýzou nebo stanovením klasického karyotypu apod.).

Thank you for attention

Questions and comments

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