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# MUSCLE TISSUE

**Petr Vaňhara, PhD**

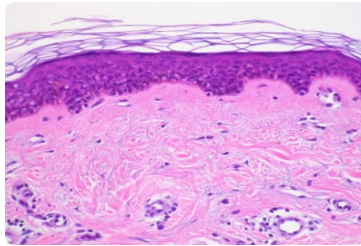
Dept. Histology & Embryology  
Faculty of Medicine MU

[pvanhara@med.muni.cz](mailto:pvanhara@med.muni.cz)

# CONTEMPORARY TISSUE CLASSIFICATION

Based on morphology and function:

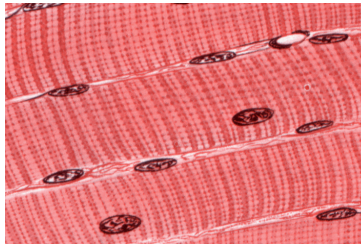
## Epithelium



Continual, avascular layers of cells with different functions, oriented to open space, with specific junctions and minimum of ECM and intercellular space.

Derivates of all three germ layers

## Muscle



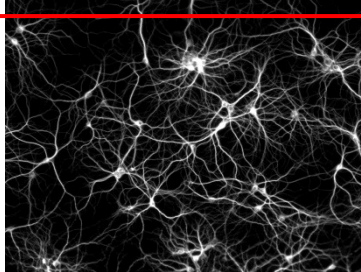
Cytoskeleton → contraction

Mesoderm – skeletal muscle, myocard, mesenchyme

– smooth muscles

Rarely ectoderm (eg. m. sphincter a m. dilatator pupillae)

## Nerve

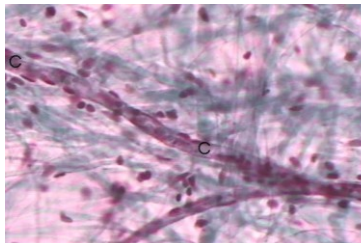


Neurons and neuroglia

Reception and transmission of electric signals

Ectoderm, rarely mesoderm (microglia)

## Connective



Dominant extracellular matrix

Connective tissue, cartilage, bone...

Mesenchyme

# GENERAL CHARACTERISTIC OF MUSCLE TISSUE

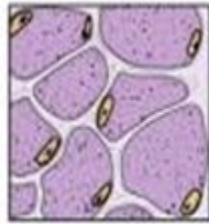
## Hallmarks

- Unique cell architecture
- Excitability and contraction
- Mesodermal origin

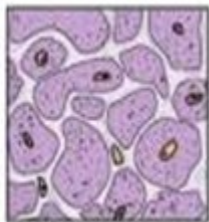


Classification according to cell and tissue structure

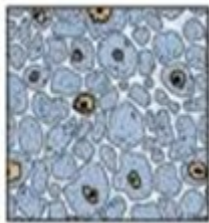
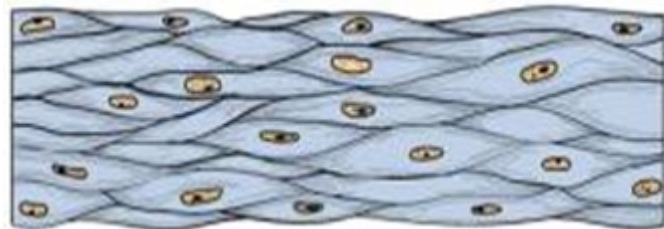
### Striated skeletal



### Striated cardiac



### Smooth



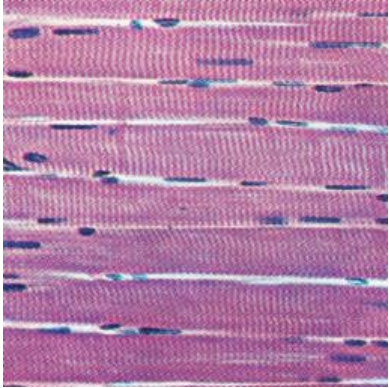
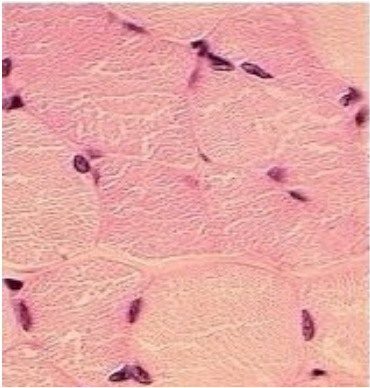
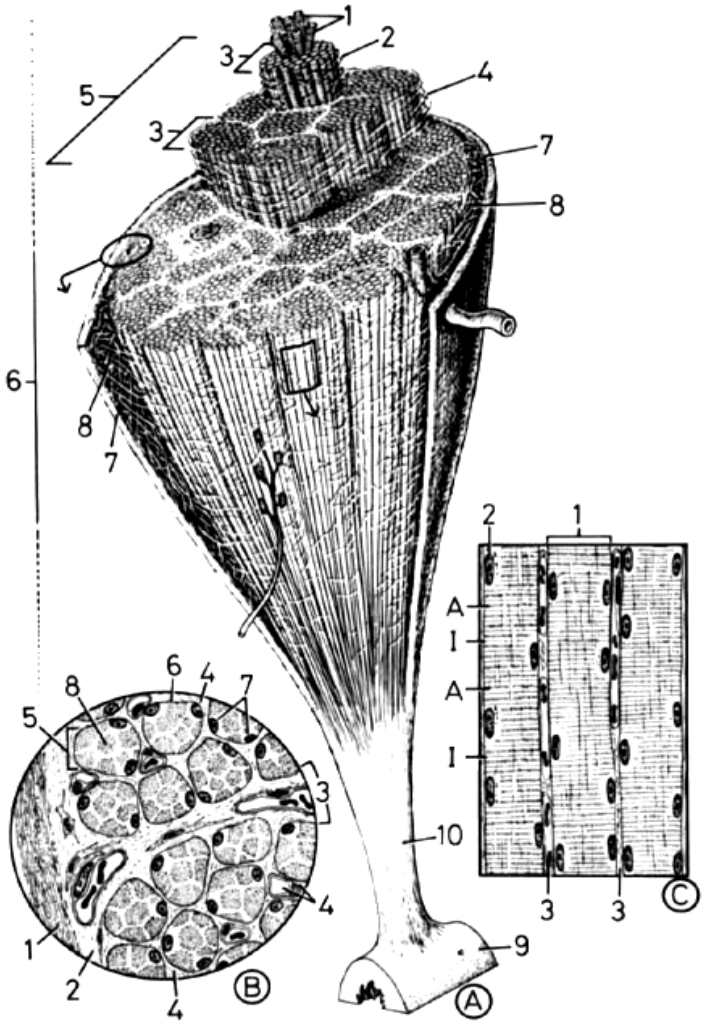
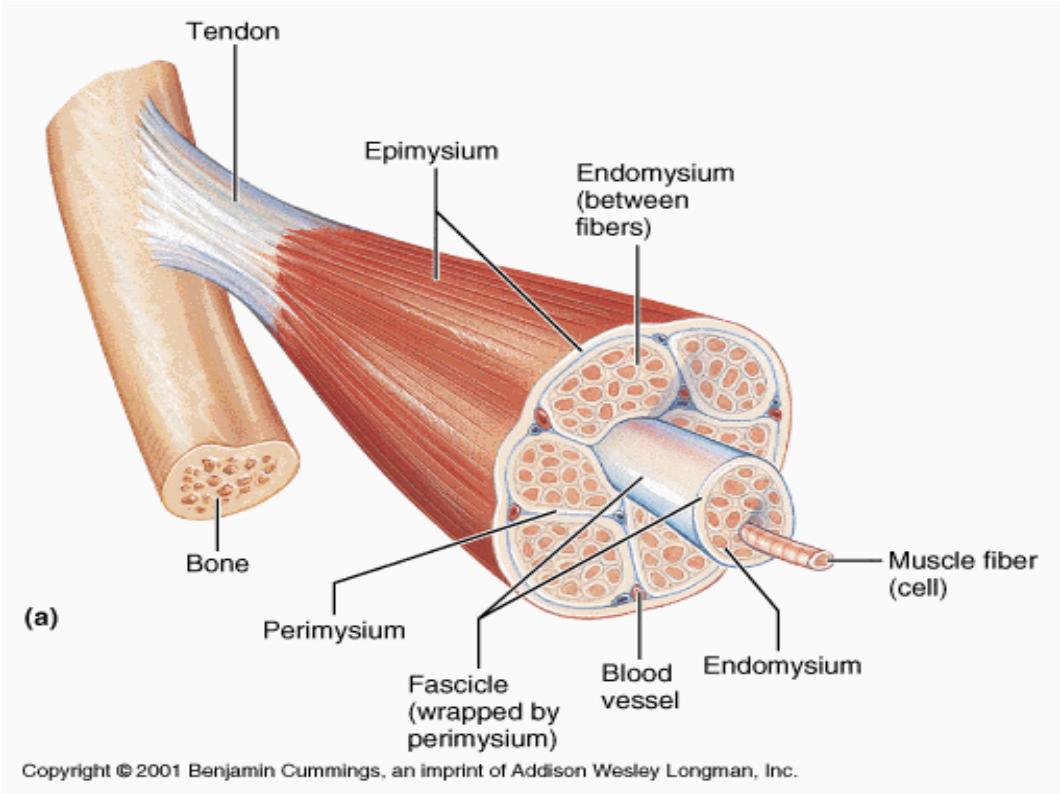


**STRIATED SKELETAL  
MUSCLE TISSUE**

# HISTOLOGY OF SKELETAL MUSCLE TISSUE

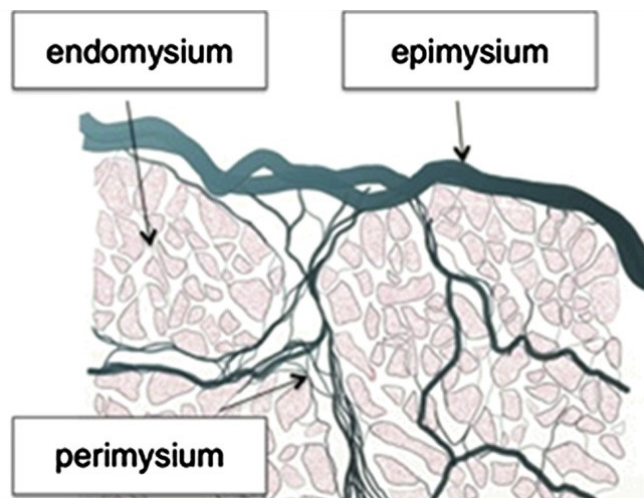
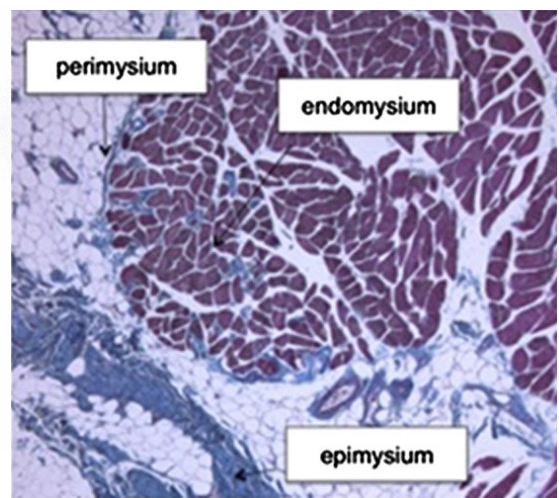
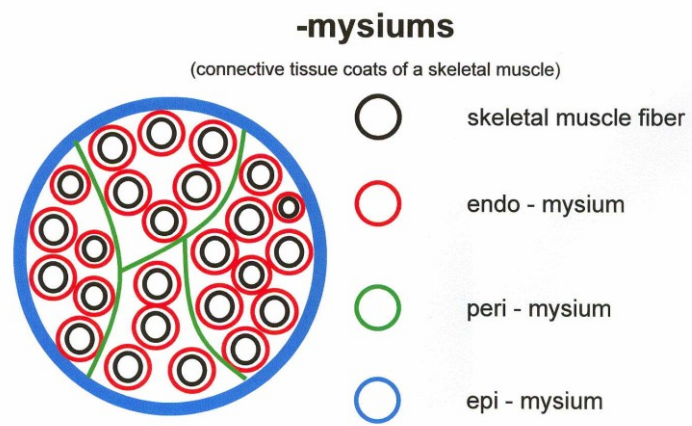
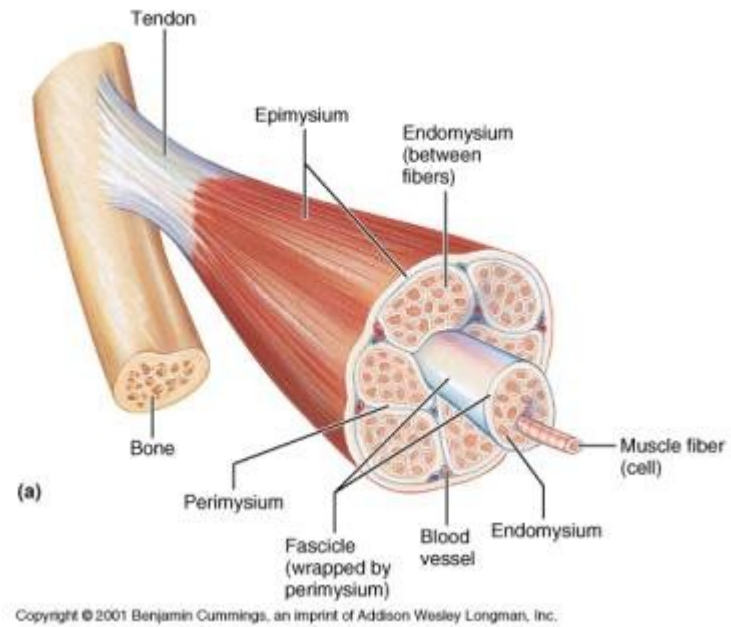
- Composition: muscle cells + connective tissue, blood vessels
- Unique cell architecture – long multinuclear cells – muscle fibers (rhabdomyocytes)
- Long axis of cells is oriented parallel with direction of contraction
- Specific terminology:
  - cell membrane = sarcolemma
  - cytoplasm = sarcoplasm
  - sER = sarcoplasmic reticulum
  
  - Muscle fiber – microscopic unit of skeletal muscle
  - Myofibril – LM unit – myofilaments – unit of muscle fibers
  - Myofilaments – filaments of actin and myosin (EM)

# STRUCTURE OF SKELETAL MUSCLE



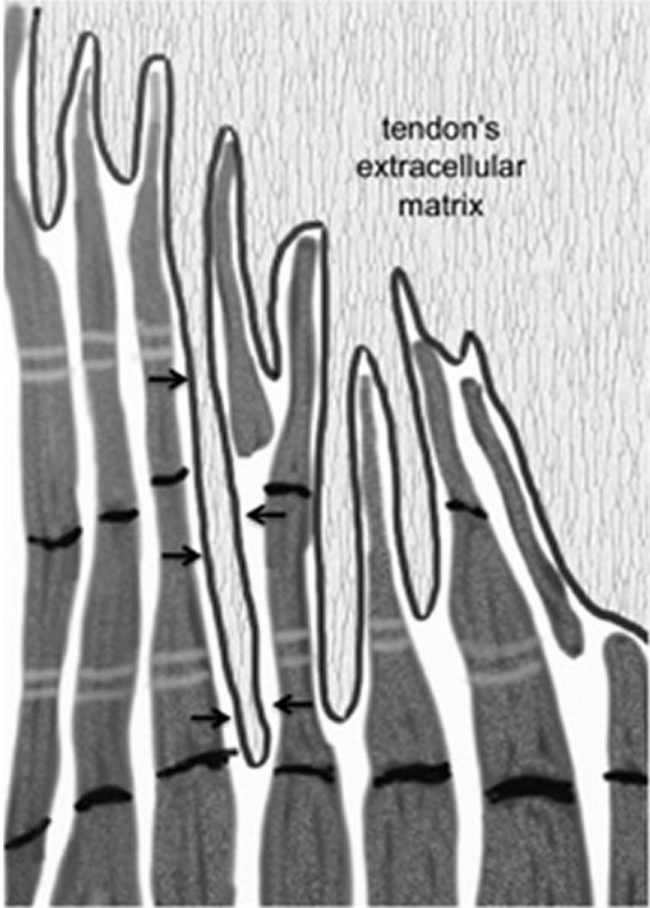
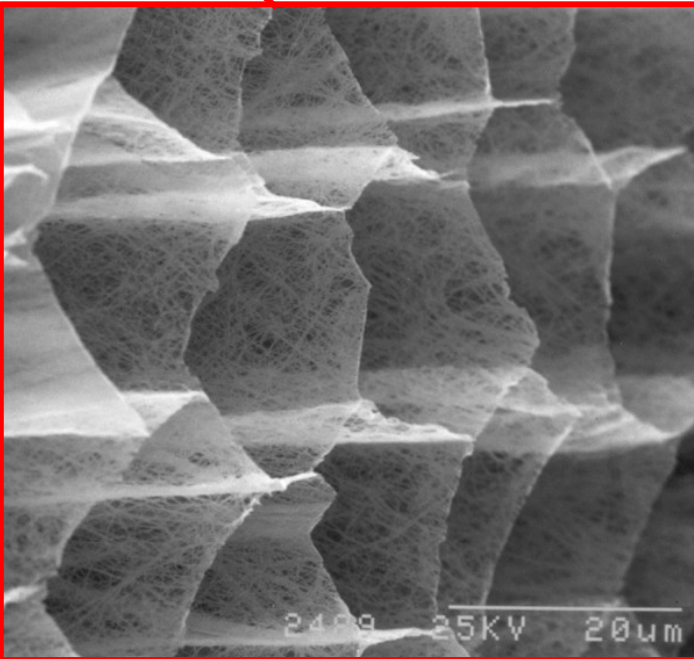
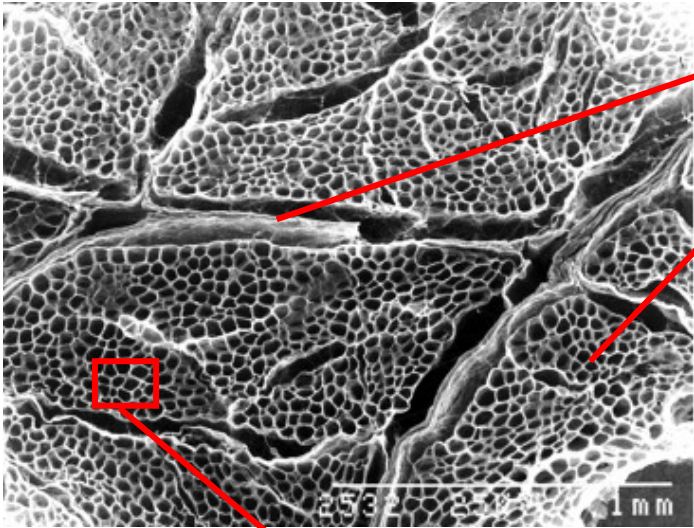
# CONNECTIVE TISSUE OF SKELETAL MUSCLE

- Containment
- Limit of expansion of the muscle
- Transmission of muscular forces
- **Endomysium** – around each muscle cell (fiber)
- **Perimysium** – around and among the primary bundles of muscle cells
- **Epimysium** – dense irregular collagen c.t., continuous with tendons and fascia
- Fascia – dense regular collagen c.t.



# CONNECTIVE TISSUE OF SKELETAL MUSCLE

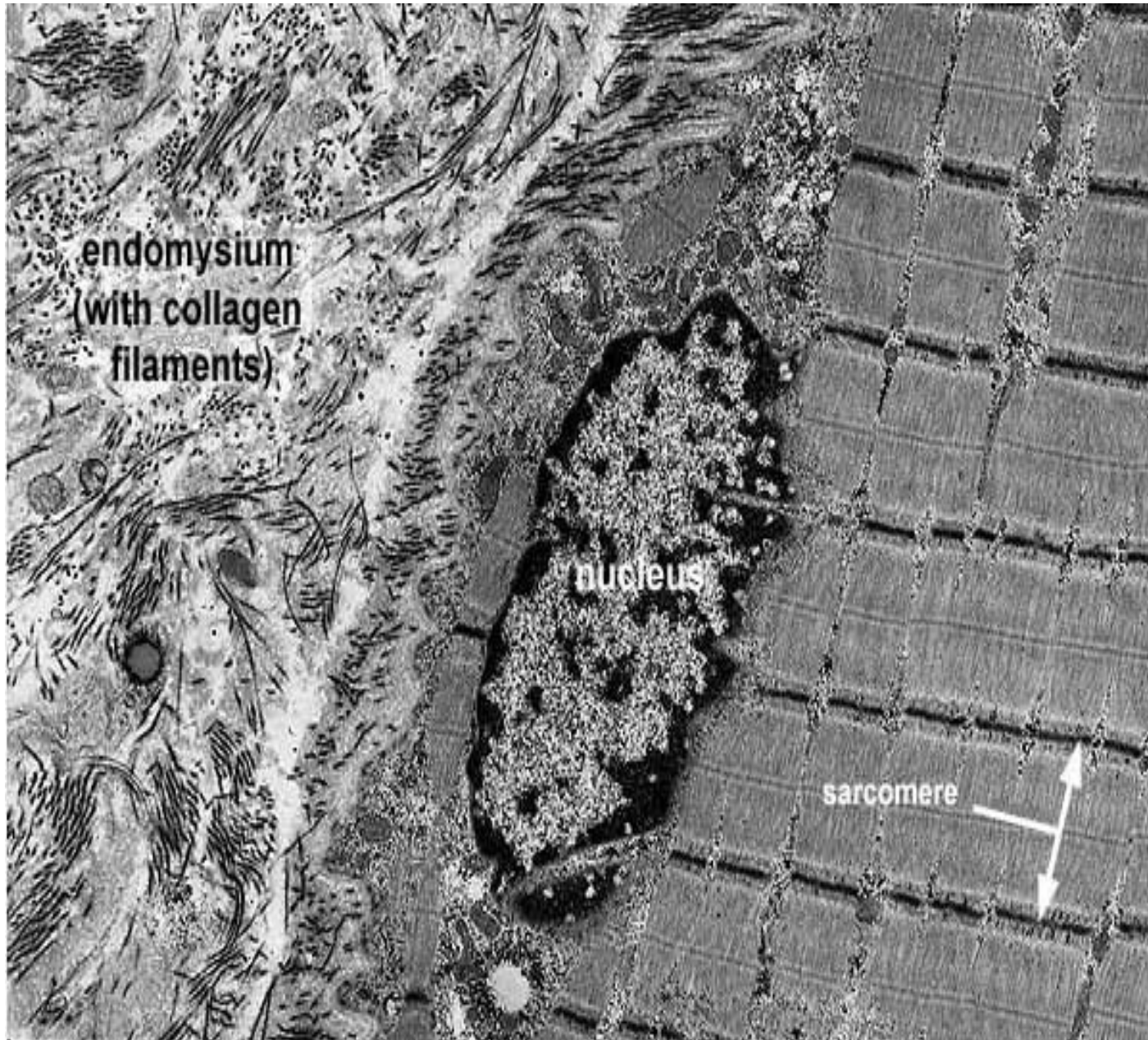
Connective tissue around muscle bundles and muscle fibers



Myotendinous junction

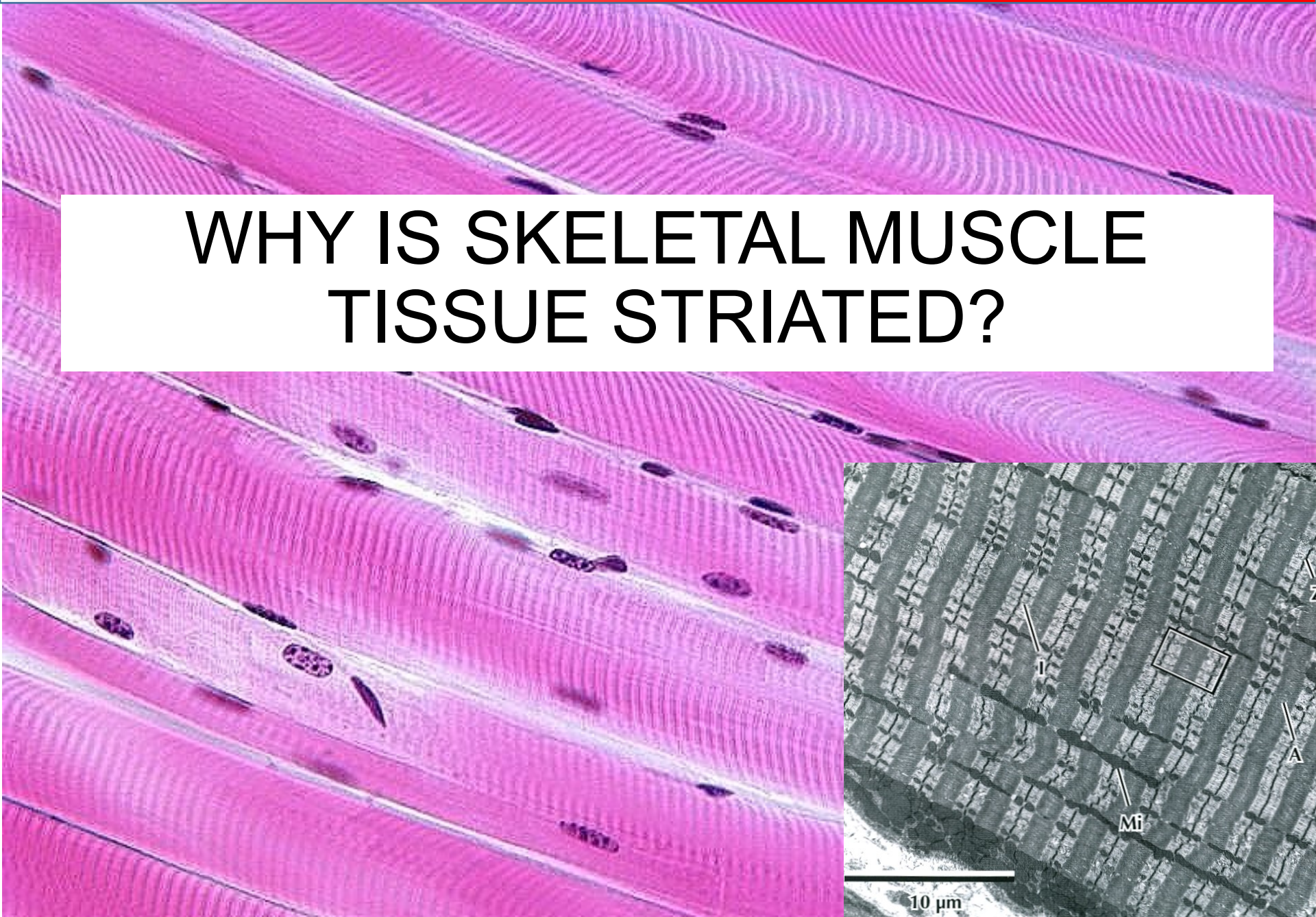


# CONNECTIVE TISSUE OF SKELETAL MUSCLE



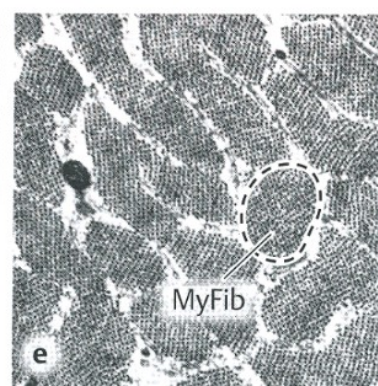
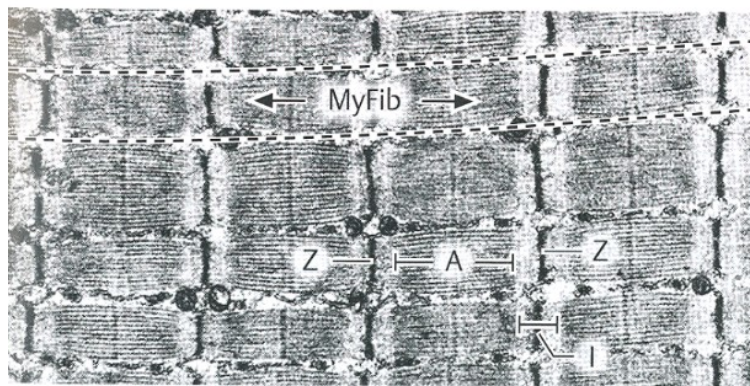
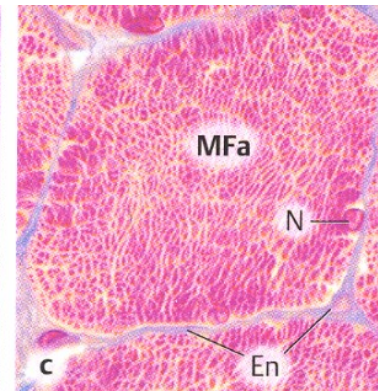
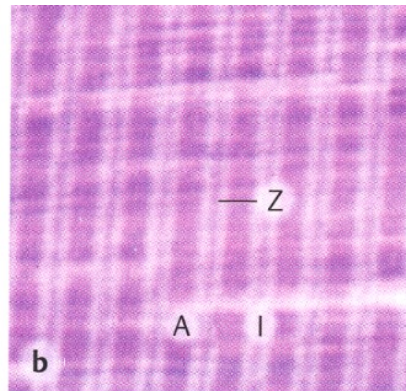
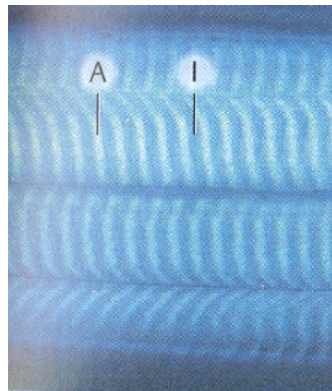
# ORGANIZATION OF SKELETAL MUSCLE TISSUE

WHY IS SKELETAL MUSCLE  
TISSUE STRIATED?



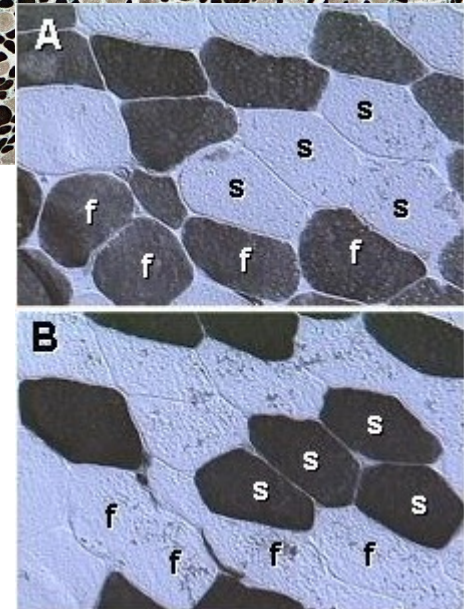
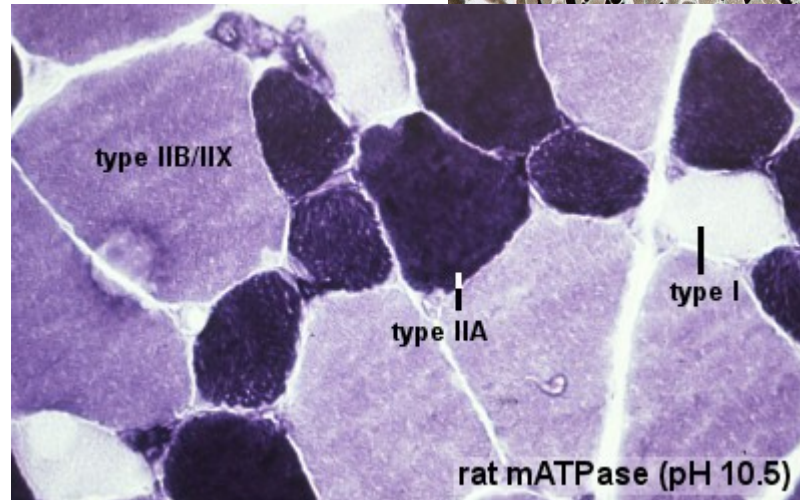
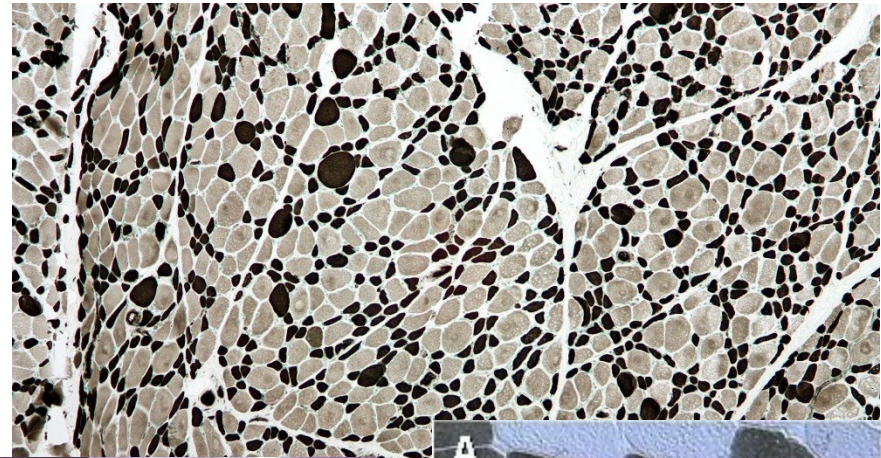
# STRUCTURE OF SKELETAL MUSCLE

- morphological and functional unit: **muscle fiber (rhabdomyocyte)** – elongated, cylindrical-shaped, multinucleated cell (syncytium)
- nuclei are located at the periphery (under sarcolemma)
- **myofibrils** show cross striation
- diameter of muscle fiber: 25-100  $\mu\text{m}$
- length: millimeters - centimeters (up to 15)



# CLASSIFICATION OF SKELETAL MUSCLE

- **Myosin heavy chain (MHC) type I and II**
  - distinct metabolic, contractile, and motor-unit properties
  - ATPase activity
- **Twitch type**
  - Fast vs. slow
- **Fiber color**
  - Red vs. white
- **Myoglobin content**
- **Glycogen content**
- **Energy metabolism**
- **Endurance**



# CLASSIFICATION OF SKELETAL MUSCLE

Properties	Type I fibers	Type IIA fibers	Type IIX fibers
<b>Motor Unit Type</b>	Slow Oxidative (SO)	Fast Oxidative/Glycolytic (FOG)	Fast Glycolytic (FG)
<b>Twitch Speed</b>	Slow	Fast	Fast
<b>Twitch Force</b>	Small	Medium	Large
<b>Resistance to fatigue</b>	High	High	Low
<b>Glycogen Content</b>	Low	High	High
<b>Capillary Supply</b>	Rich	Rich	Poor
<b>Myoglobin</b>	High	High	Low
<b>Red Color</b>	Dark	Dark	Pale
<b>Mitochondrial density</b>	High	High	Low
<b>Capillary density</b>	High	Intermediate	Low
<b>Oxidative Enzyme Capacity</b>	High	Intermediate-high	Low
<b>Z-Line Width</b>	Intermediate	Wide	Narrow
<b>Alkaline ATPase Activity</b>	Low	High	High
<b>Acidic ATPase Activity</b>	High	Medium-high	Low

Slide important just for understanding, not for the exam.

# ULTRASTRUCTURE OF RHABDOMYOCYTE

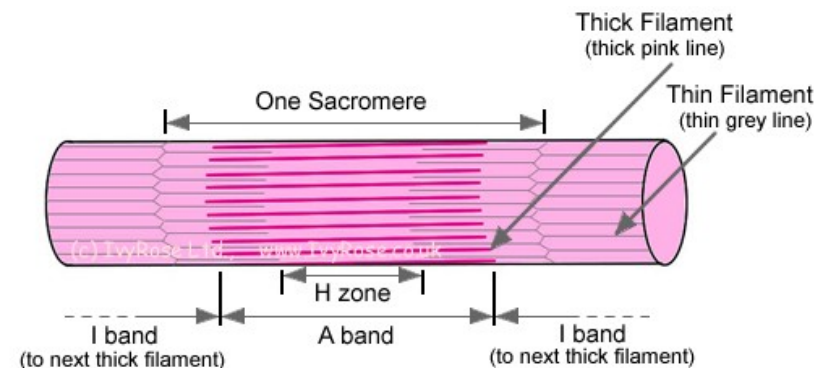
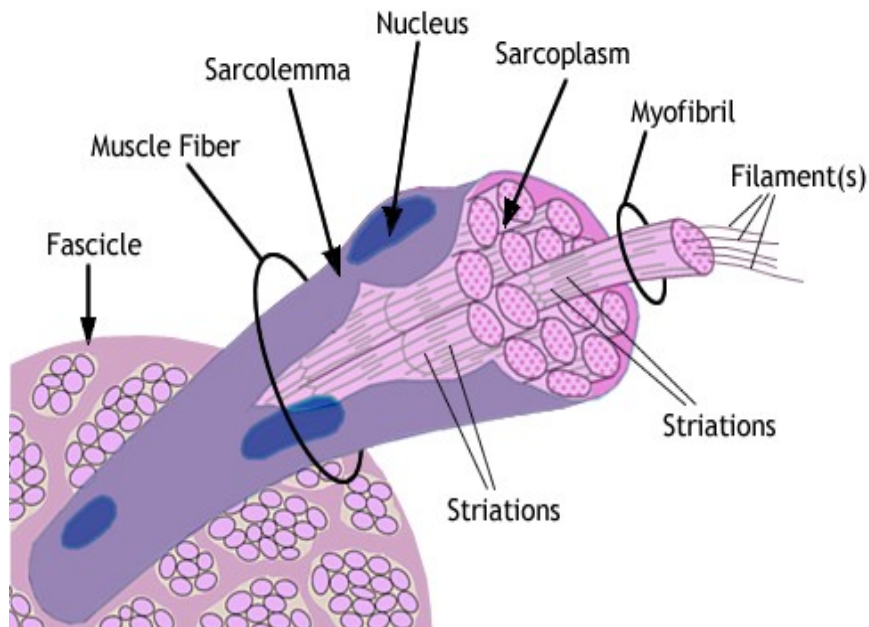
Muscle fiber = myofiber = syncytium = rhabdomyocyte

**Muscle fiber** – morphological and functional unit of skeletal muscle [ $\varnothing$  25 – 100  $\mu\text{m}$ ]

**Myofibrils** – compartment of fiber sarcoplasm [ $\varnothing$  0.5 – 1.5  $\mu\text{m}$ ]

**Sarcomere** – the smallest contractile unit [2.5  $\mu\text{m}$ ], serial arrangement in myofibrils

**Myofilaments** – actin and myosin, are organized into sarcomeres [ $\varnothing$  8 and 15 nm]



# ULTRASTRUCTURE OF RHABDOMYOCYTE

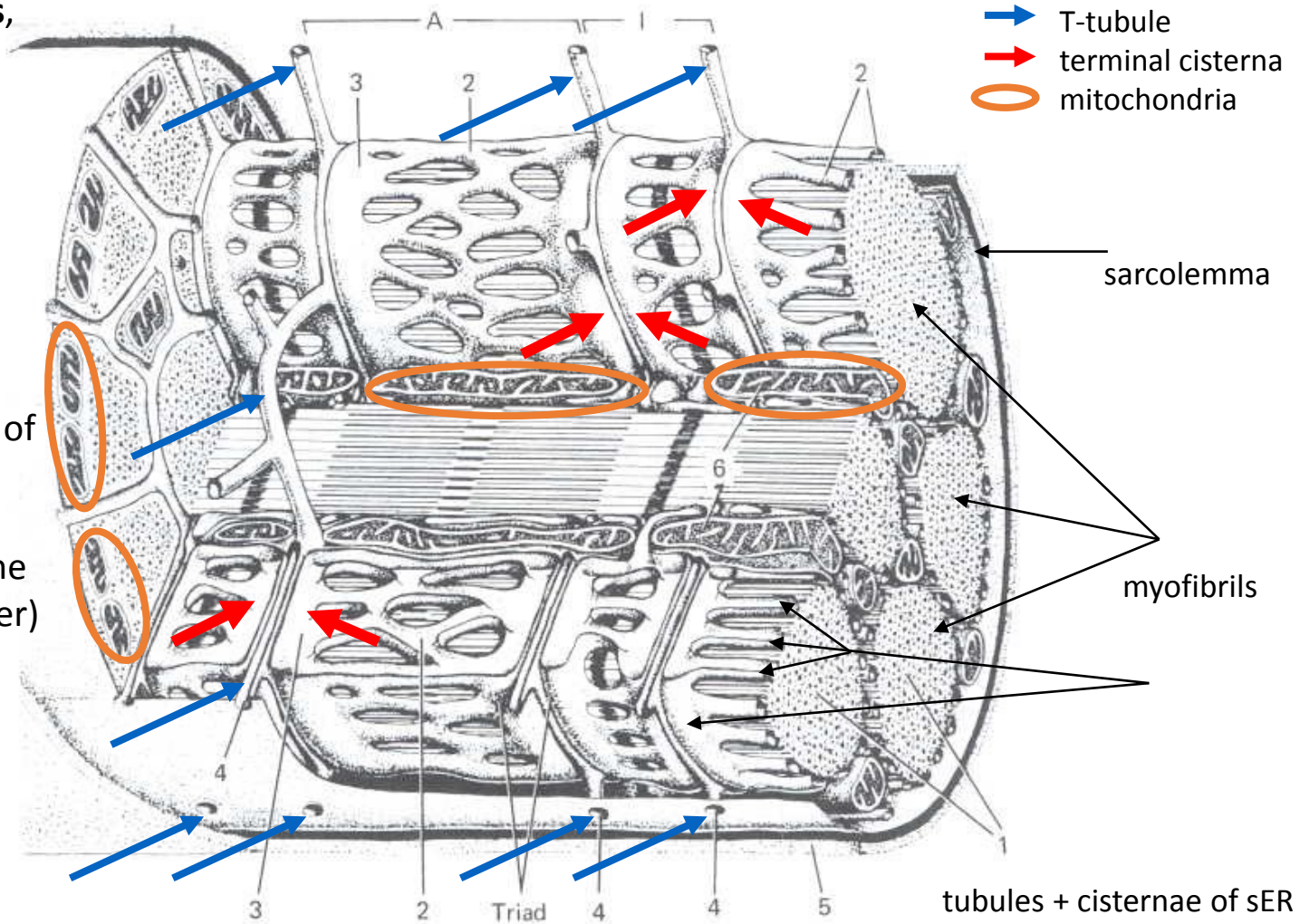
**Sarcolemma + t-tubules,**

**Sarcoplasm:**

Nuclei,  
Mitochondria,  
Golgi apparatus,  
Glycogen ( $\beta$  granules)

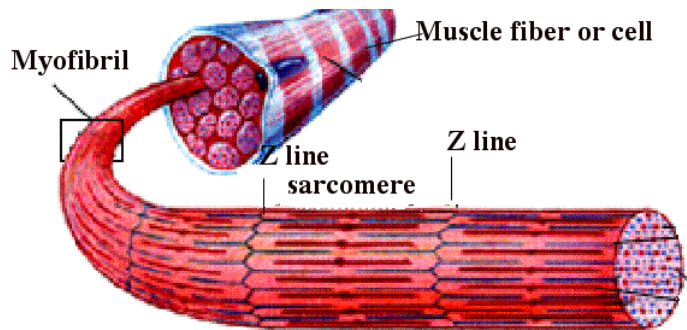
**Sarcoplasmic reticulum**  
(smooth ER) – reservoir of  $Ca^{2+}$

**Myofibrils** (parallel to the length of the muscle fiber)

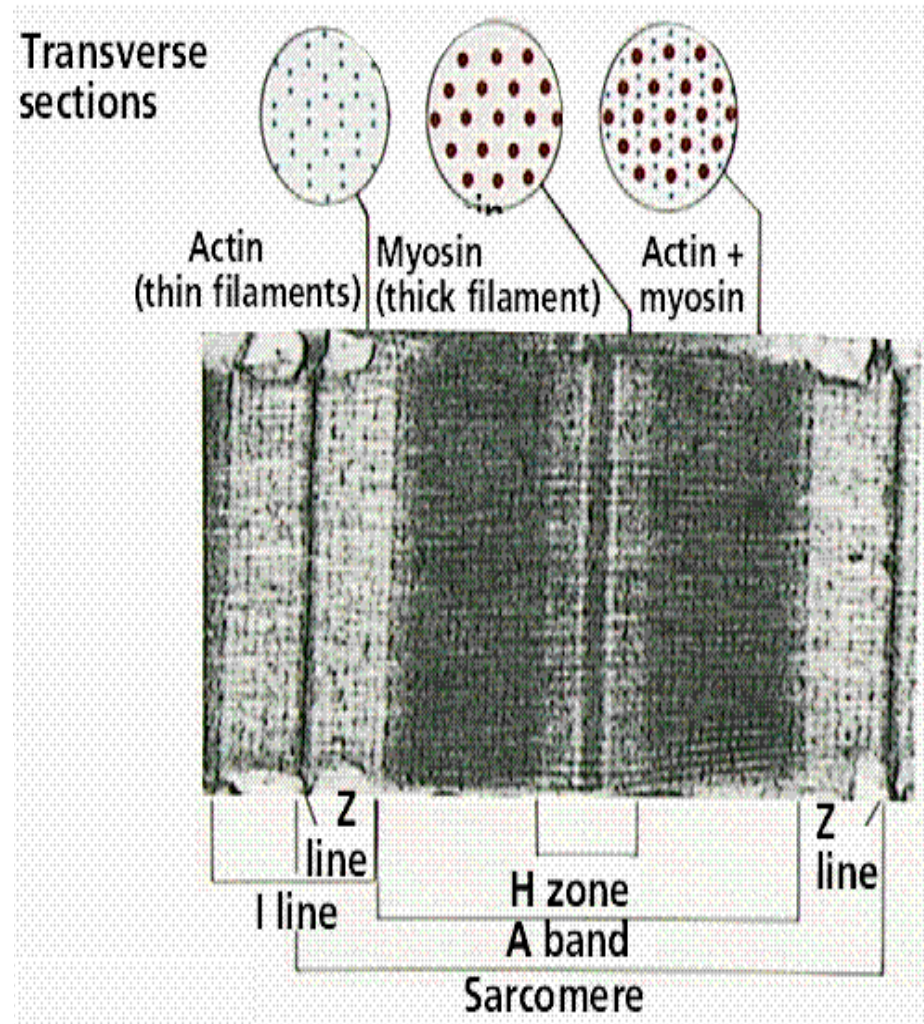
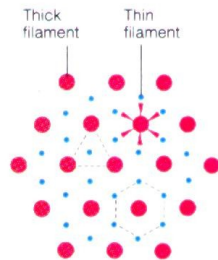


# MYOFIBRILS

- elongated structures [ $\text{Ø } 0.5 - 1.5 \mu$ ] in sarcoplasm of muscle fiber oriented in parallel to the length of the fiber,

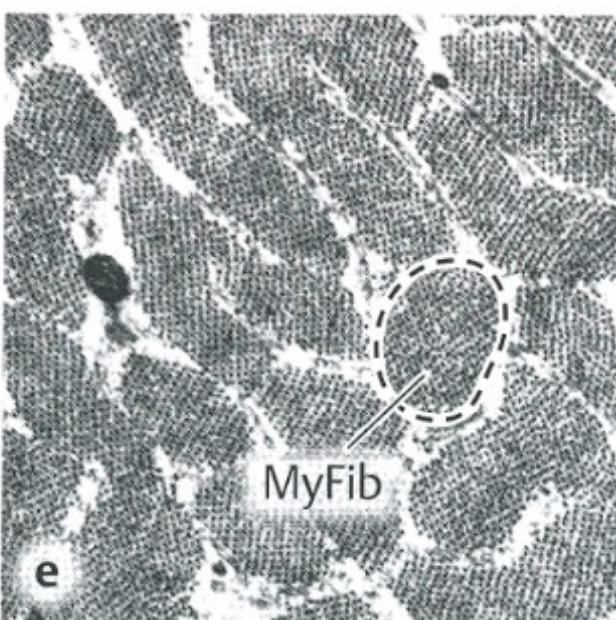
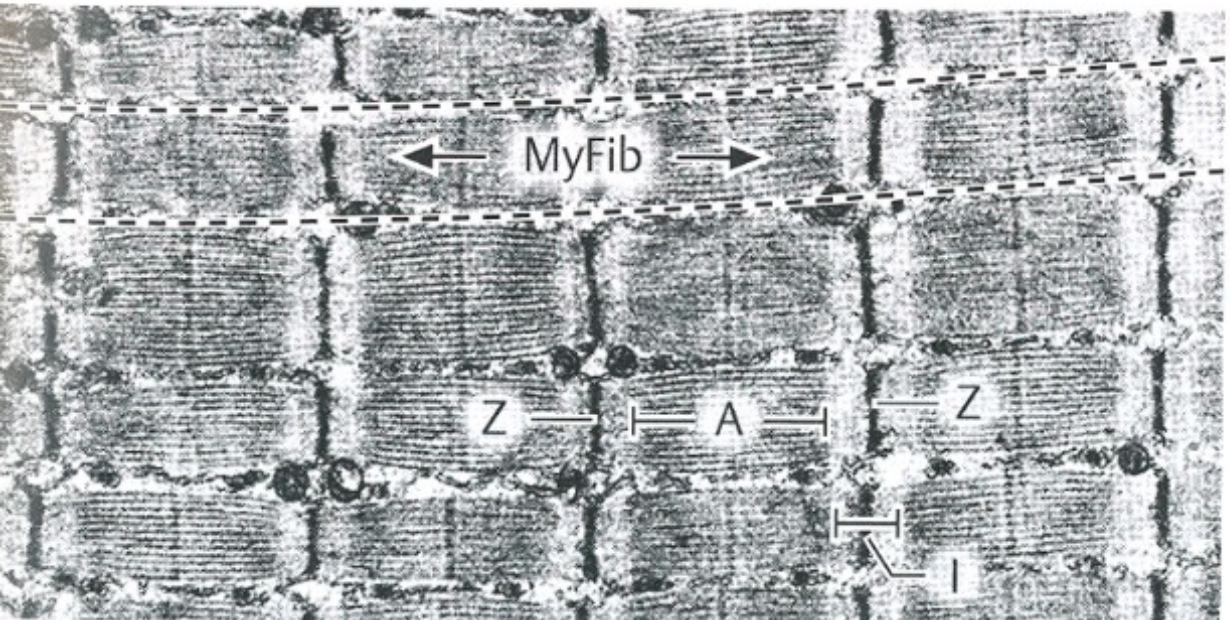
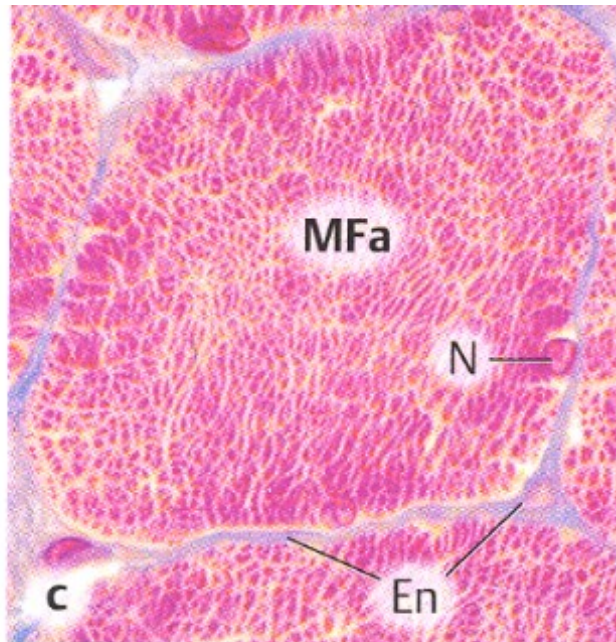
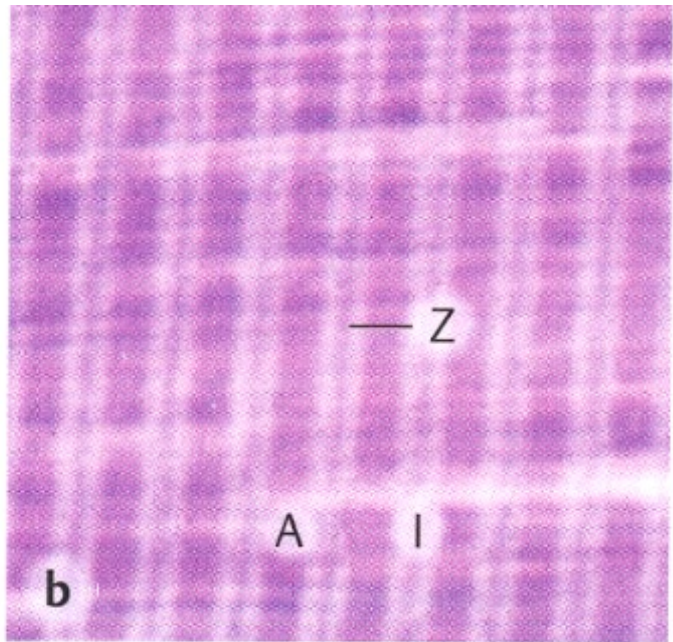
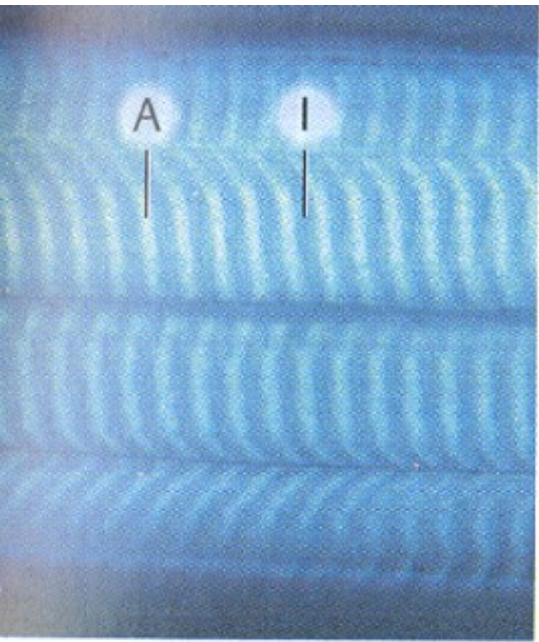


- Actin + myosin myofilaments
- Sarcomere
- Z-line
- M-line and H-zone
- I-band, A-band

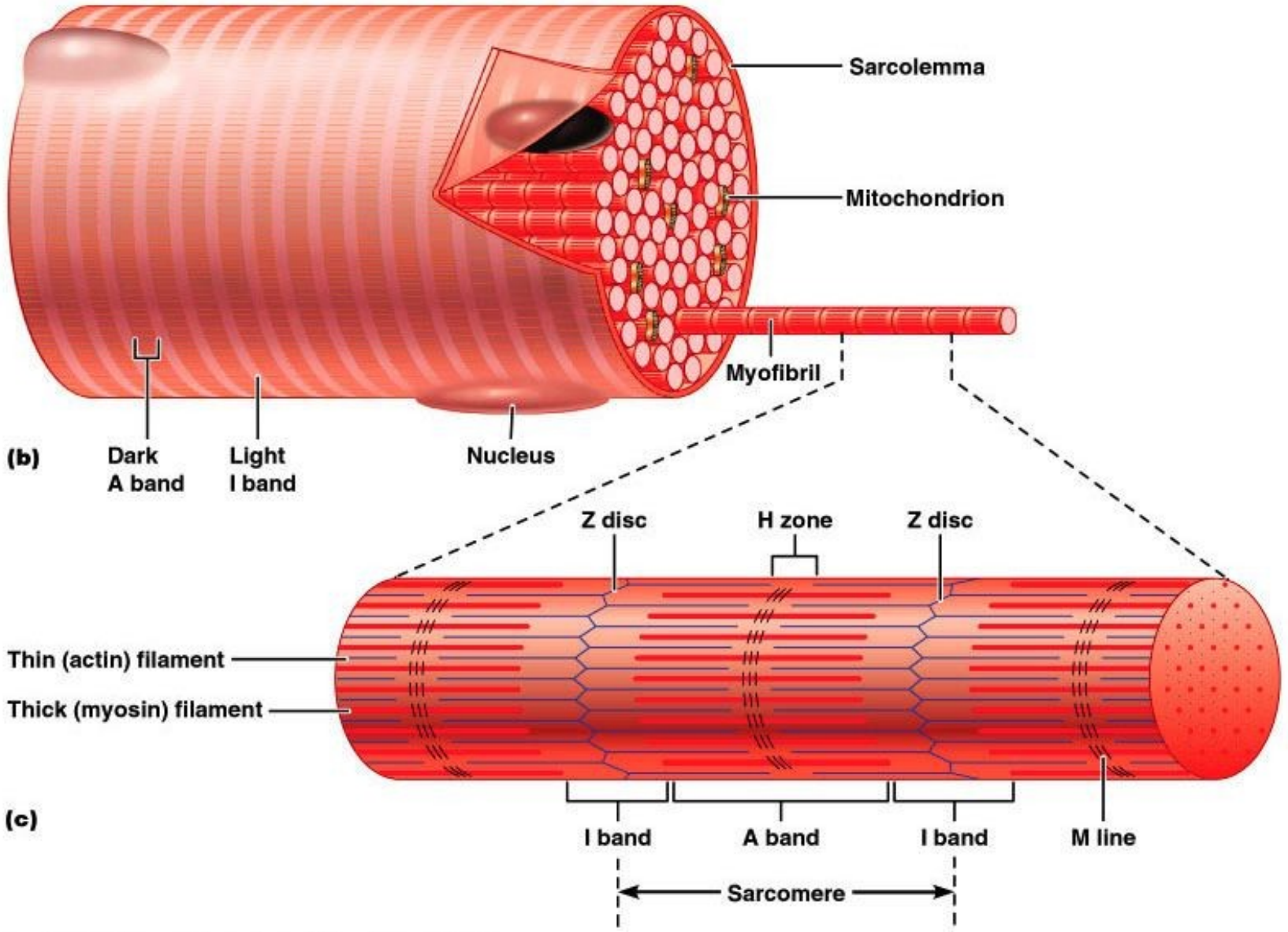




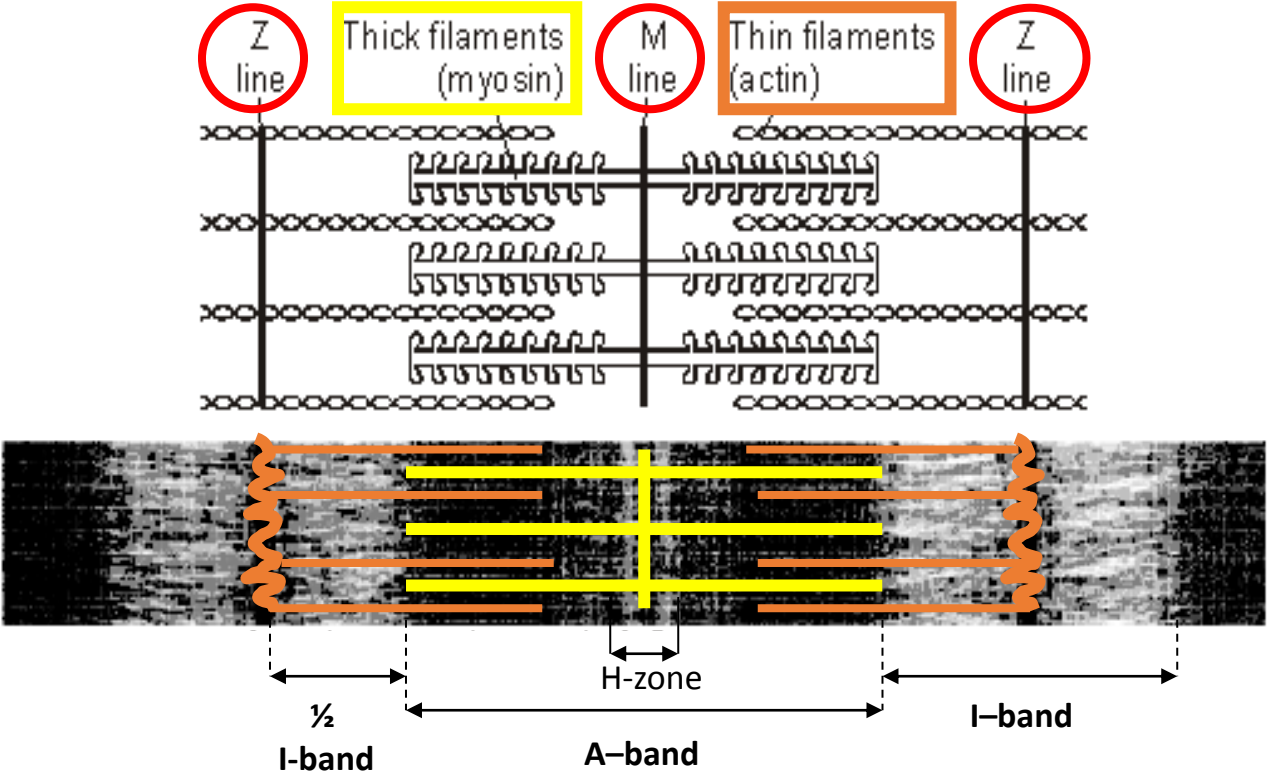
# MYOFIBRILS



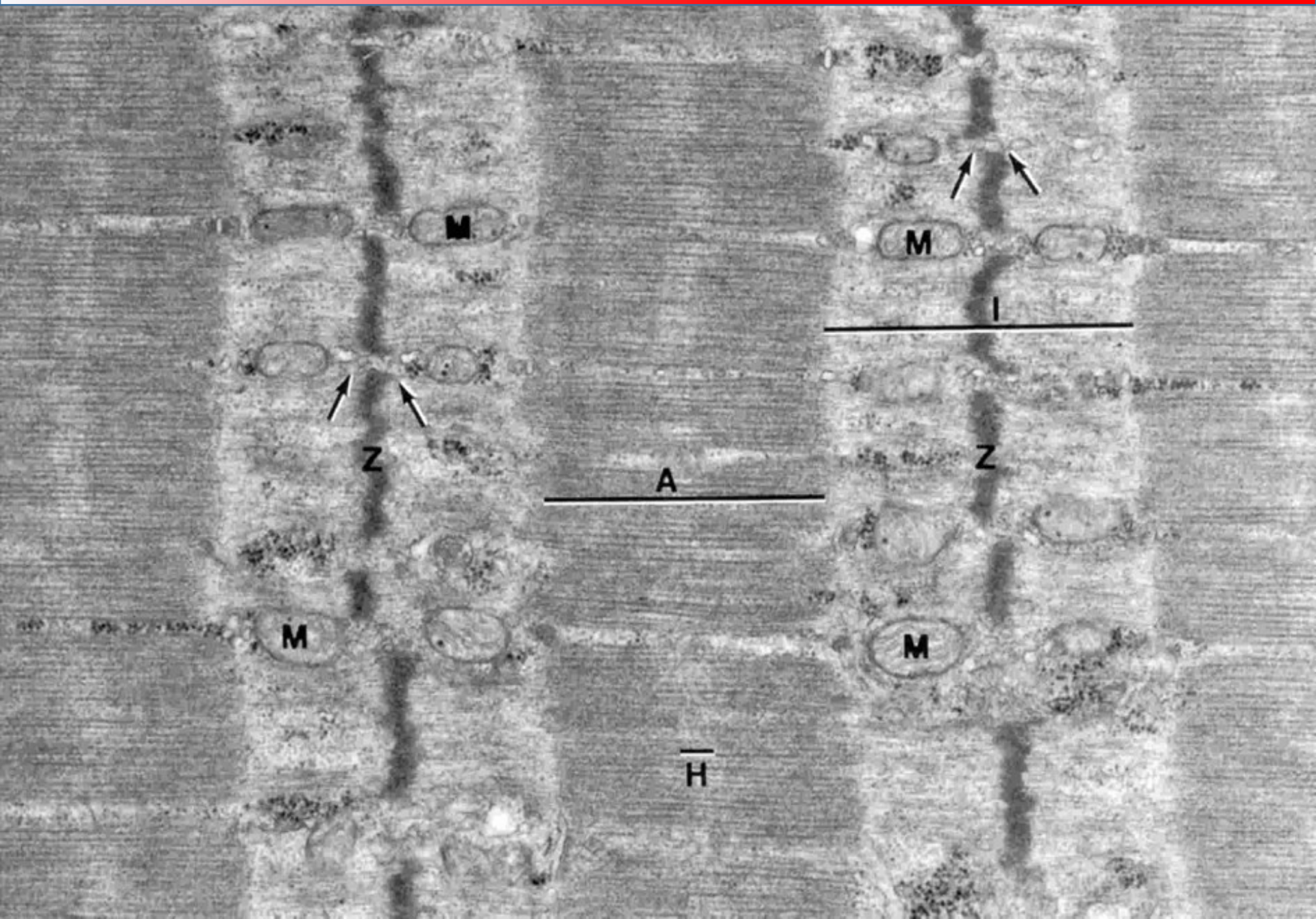
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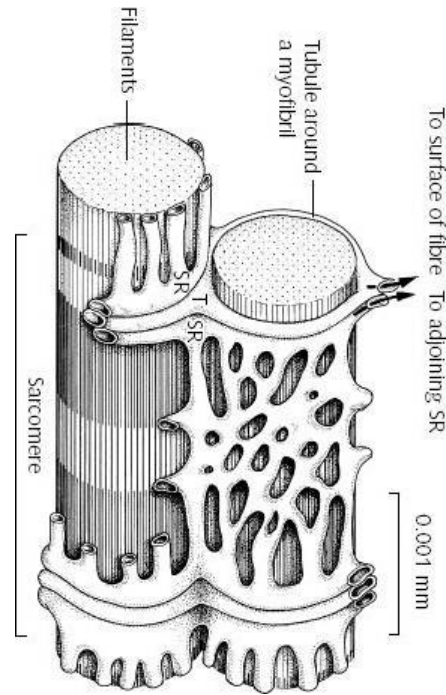
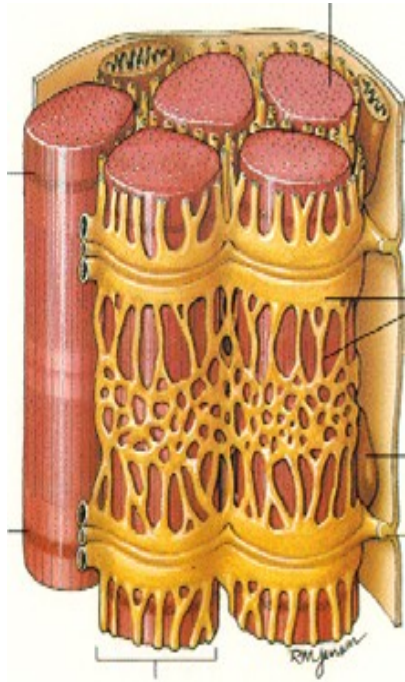
# SARCOMERE



# SARCOMERE



# SARCOPLASMIC RETICULUM

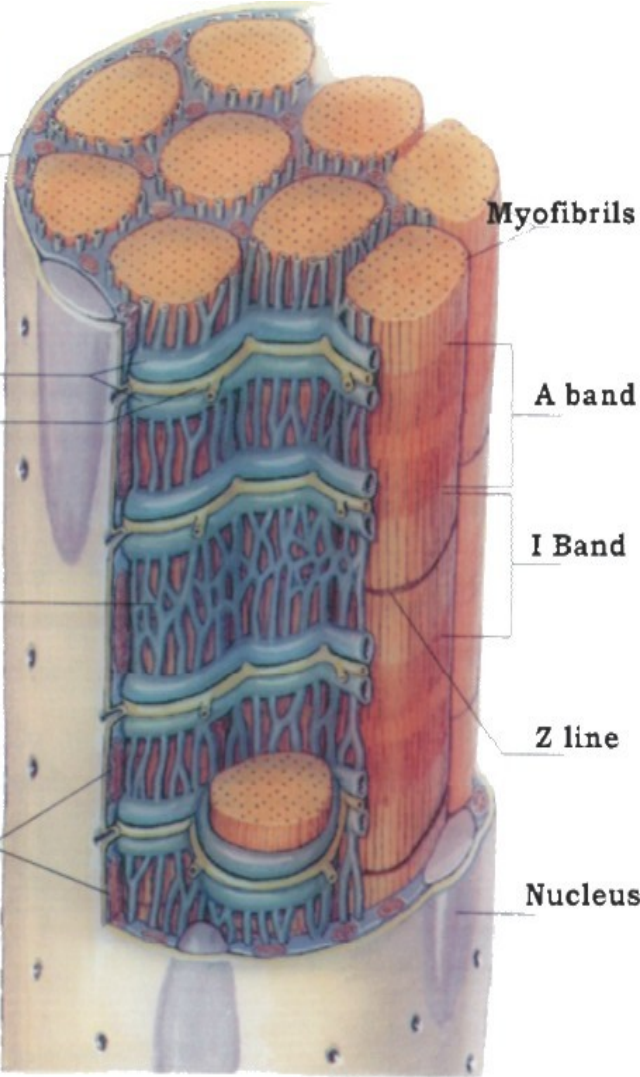
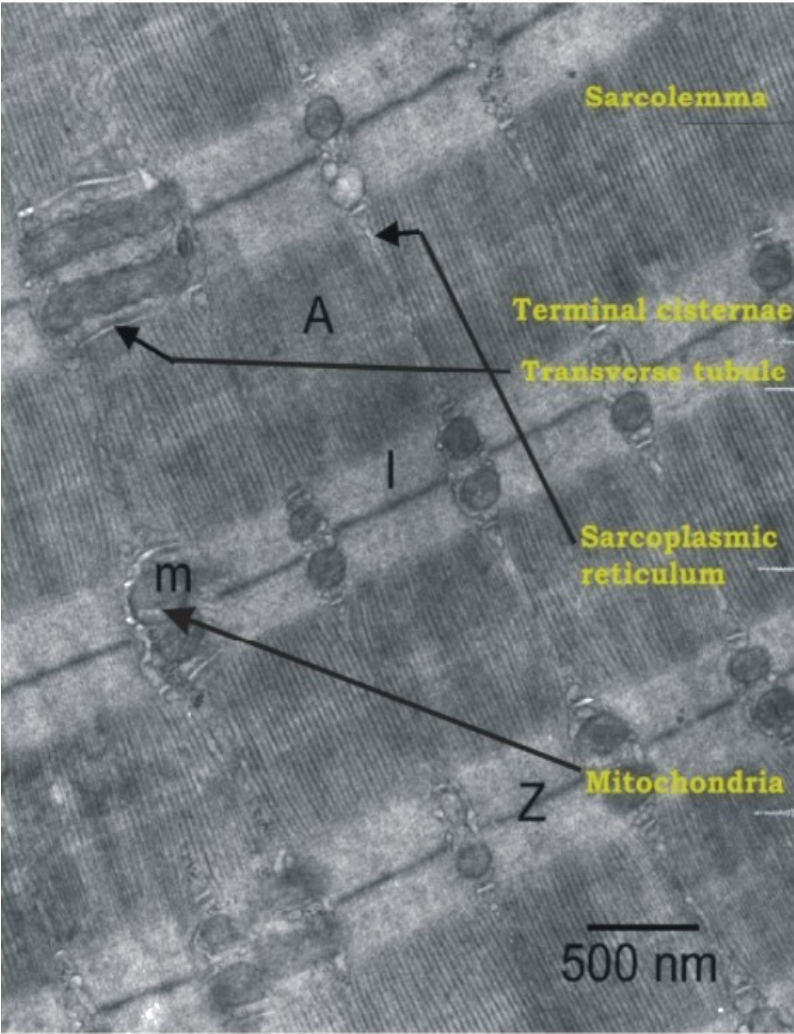


- Terminal cistern
- T-tubule
- Terminal cistern

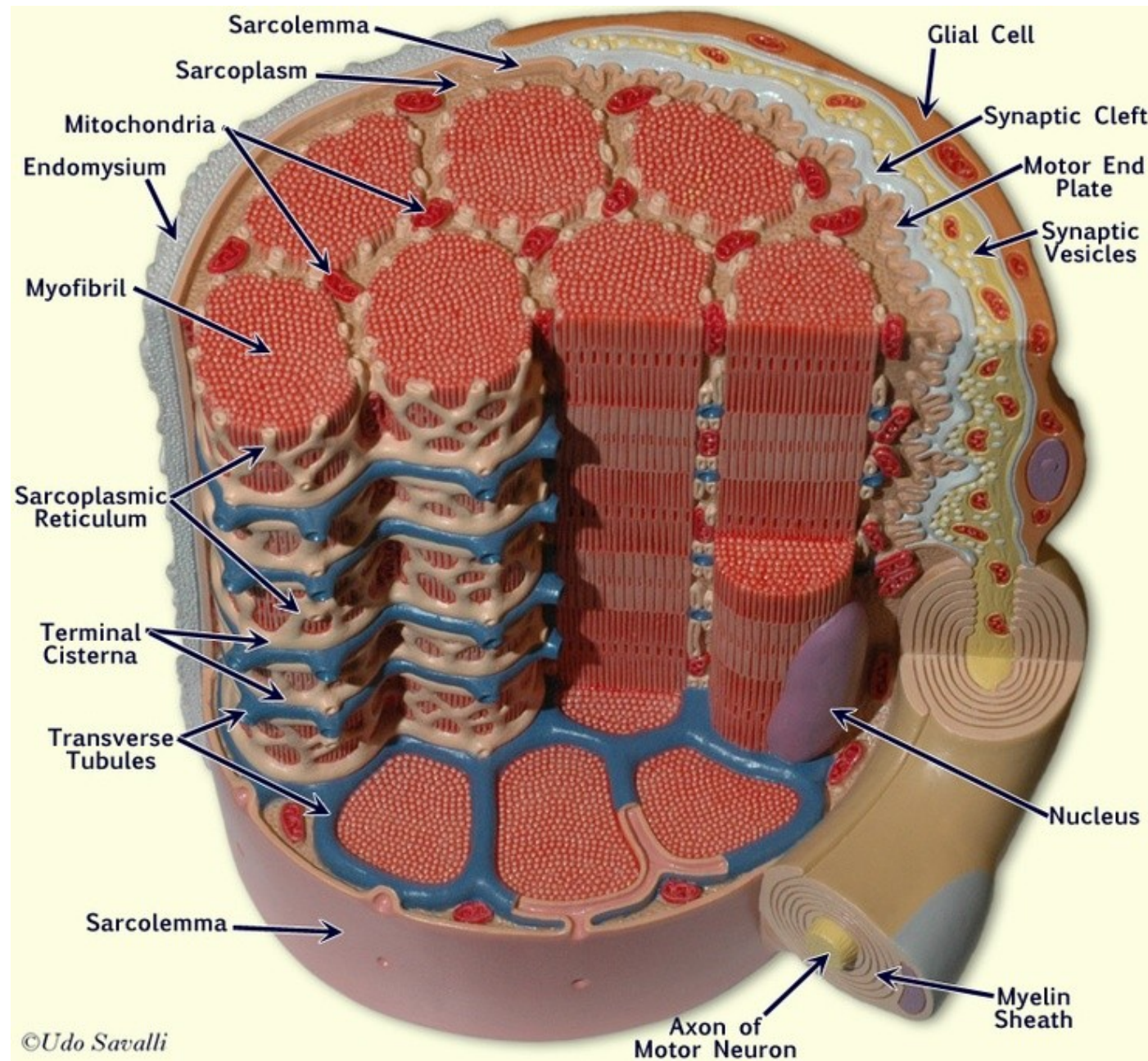
TRIAD

- communicating intracellular cavities around myofibrils, separated from cytosol
- **terminal cisternae** (“junction”) and **longitudinal tubules** (“L” system).
- reservoir of  $\text{Ca}^{++}$  ions
  
- **T-tubules** (“T” system ) are invaginations of sarcolemma and bring action potential to terminal cisternae change permeability of membrane for  $\text{Ca}^{++}$  ions

# SARCOPLASMIC RETICULUM

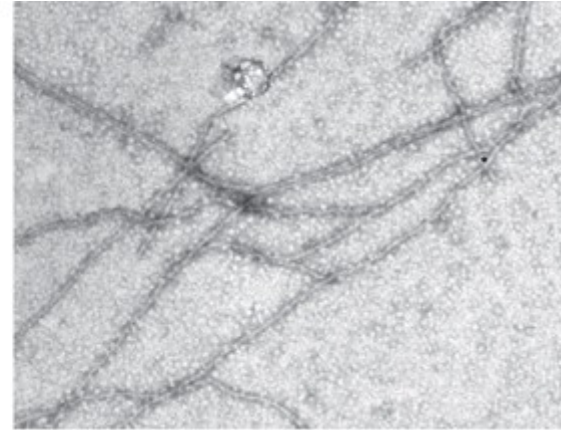
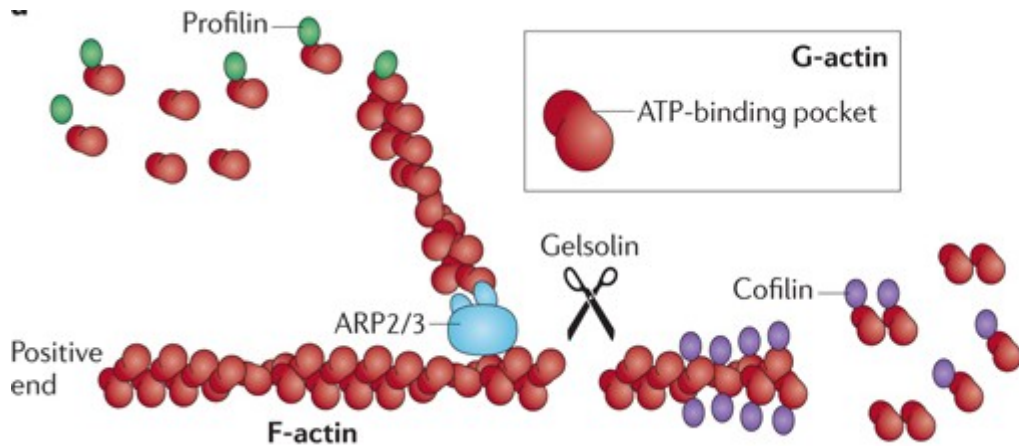


# ULTRASTRUCTURE OF RHABDOMYOCYTE

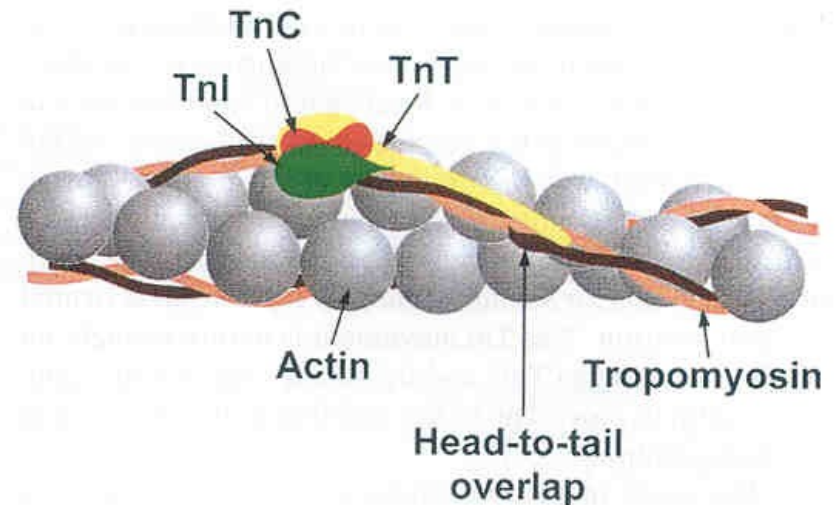


# THIN MYOFILAMENTS

- **Fibrillar actin (F-actin)**, ( $\varnothing$  7 nm,  $\leftrightarrow$  1  $\mu$ m)



- Tropomyosin – thin double helix in groove of actin double helix, spans 7 monomers of G-actin
- Troponin – complex of 3 globular proteins
  - TnT (Troponin T) – binds tropomyosin
  - TnC (Troponin C) – binds calcium
  - TnI (Troponin I) inhibits interaction between thick and thin filaments

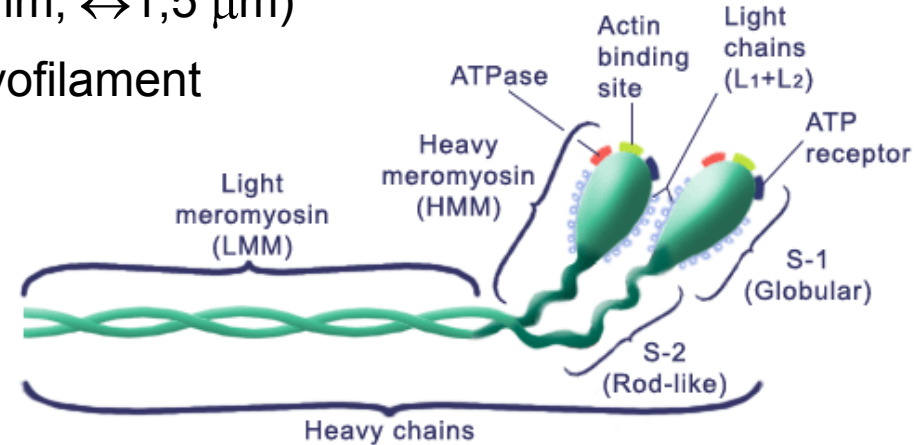
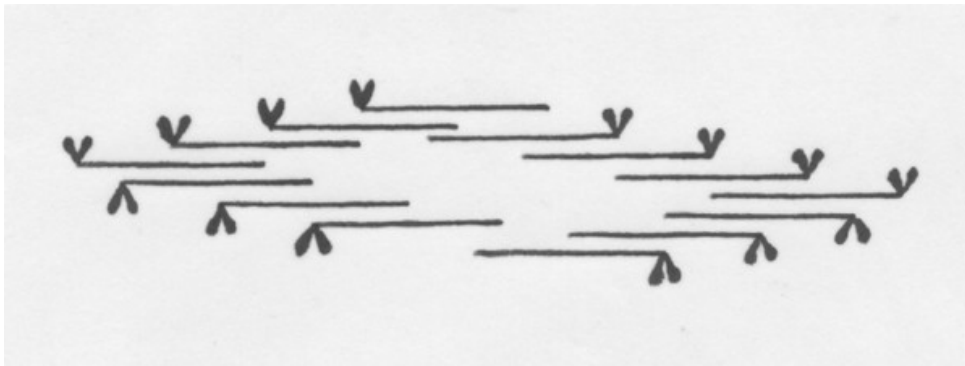




# THICK MYOFILAMENTS

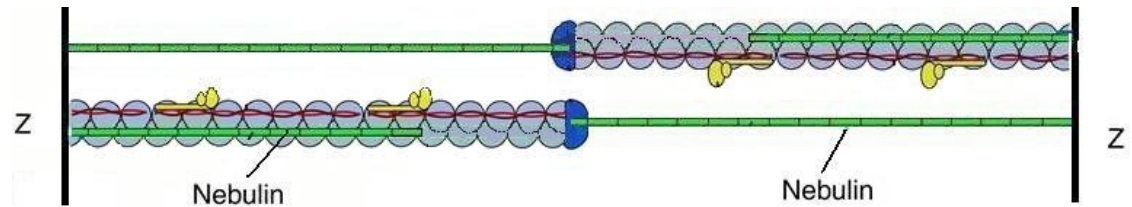
- **Myosin II**

- Large polypeptide, golf stick shape, ( $\varnothing$  15 nm,  $\leftrightarrow$  1,5  $\mu$ m)
- Bundles of myosin molecules form thick myofilament



- **Nebulin**

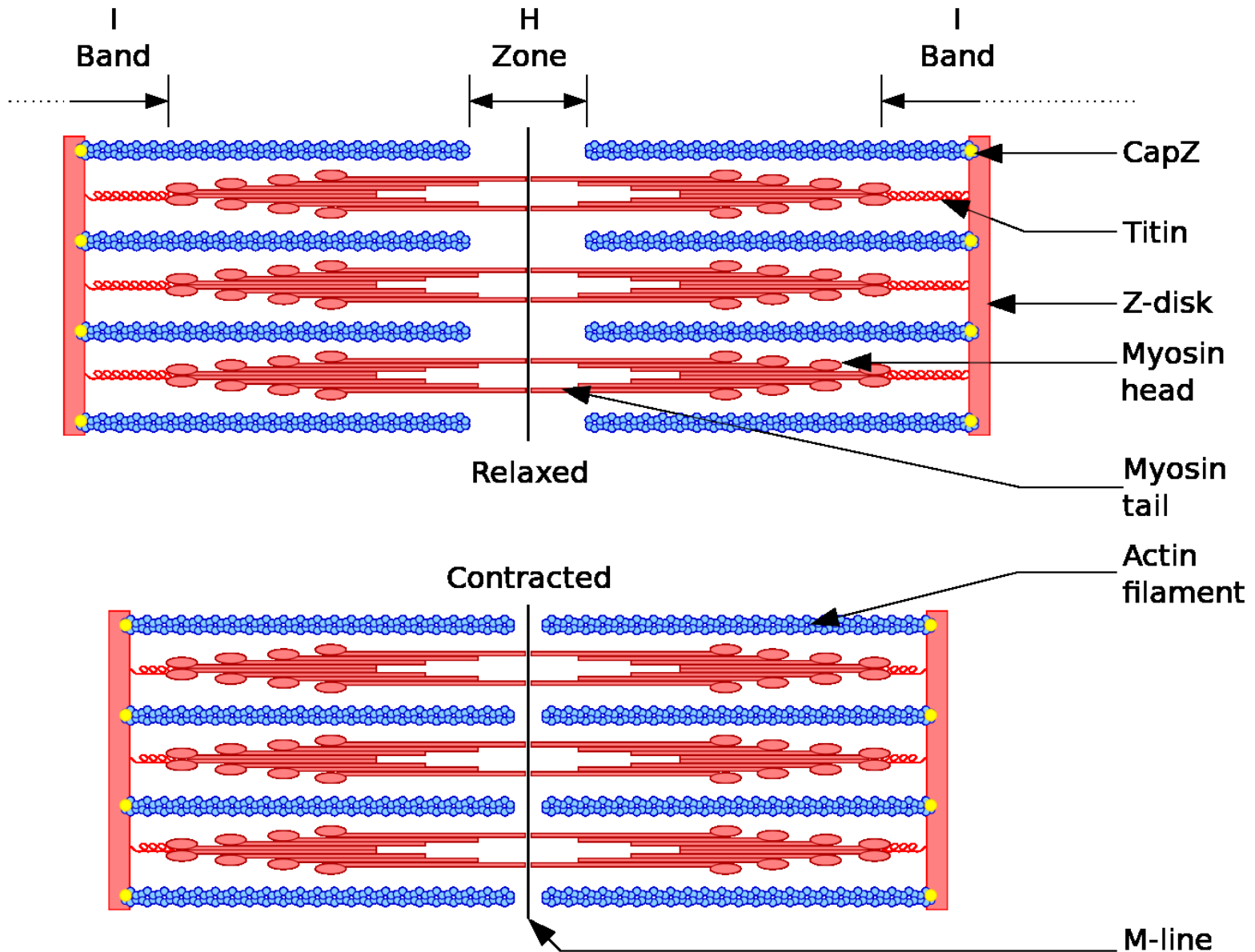
- 600-900kDa
- F-actin stabilization



- **Titin**

- >MDa
- Myosin II stabilization

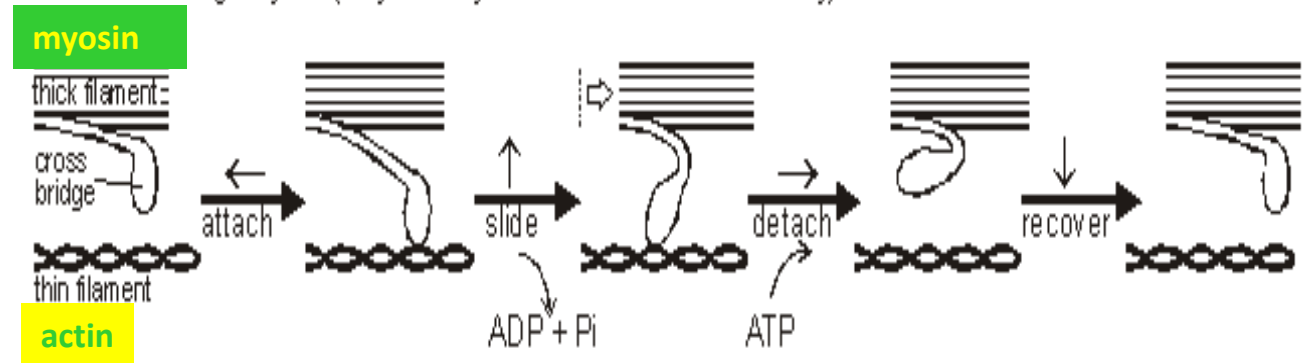
# MYOFILAMENTS ASSEMBLE TO CONTRACTIVE STRUCTURES



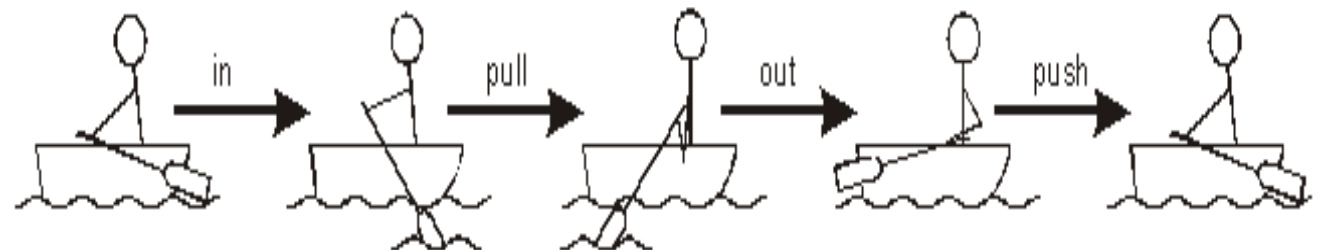
# MYOFILAMENTS ASSEMBLE TO CONTRACTIVE STRUCTURES

- Propagation of action potential (depolarization) via T-tubule (= invagination of sarcolemma)
- Change of terminal cisternae permeability – releasing of  $\text{Ca}^+$  ions increases their concentration in sarcoplasm
- Myosin binds actin - sarcomera then shortens by sliding movement – contraction
- Relaxation: repolarization, decreasing of  $\text{Ca}^{2+}$  ions concentration, inactivation of binding sites of actin for myosin

The Cross Bridge Cycle. (only one myosin head is shown for clarity)

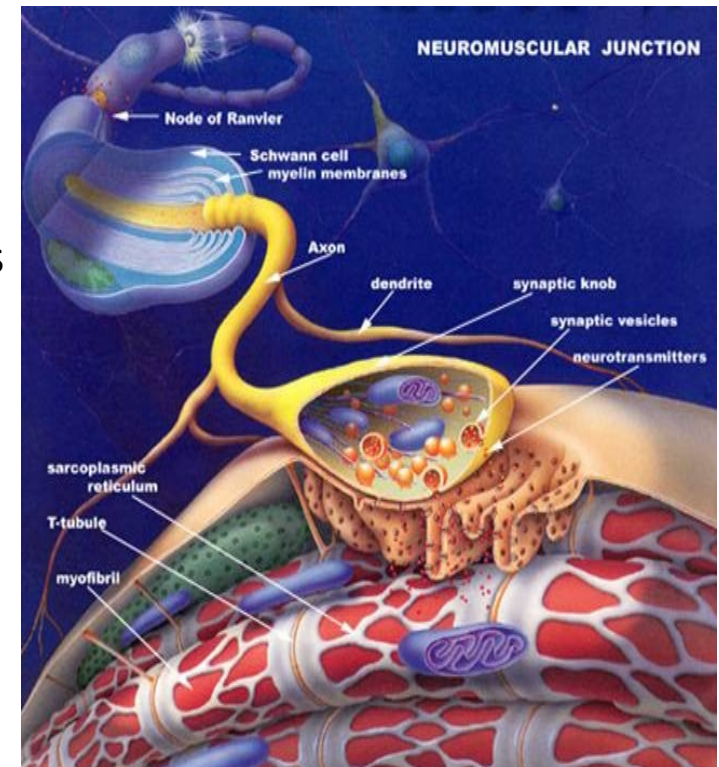


The Rowing Cycle



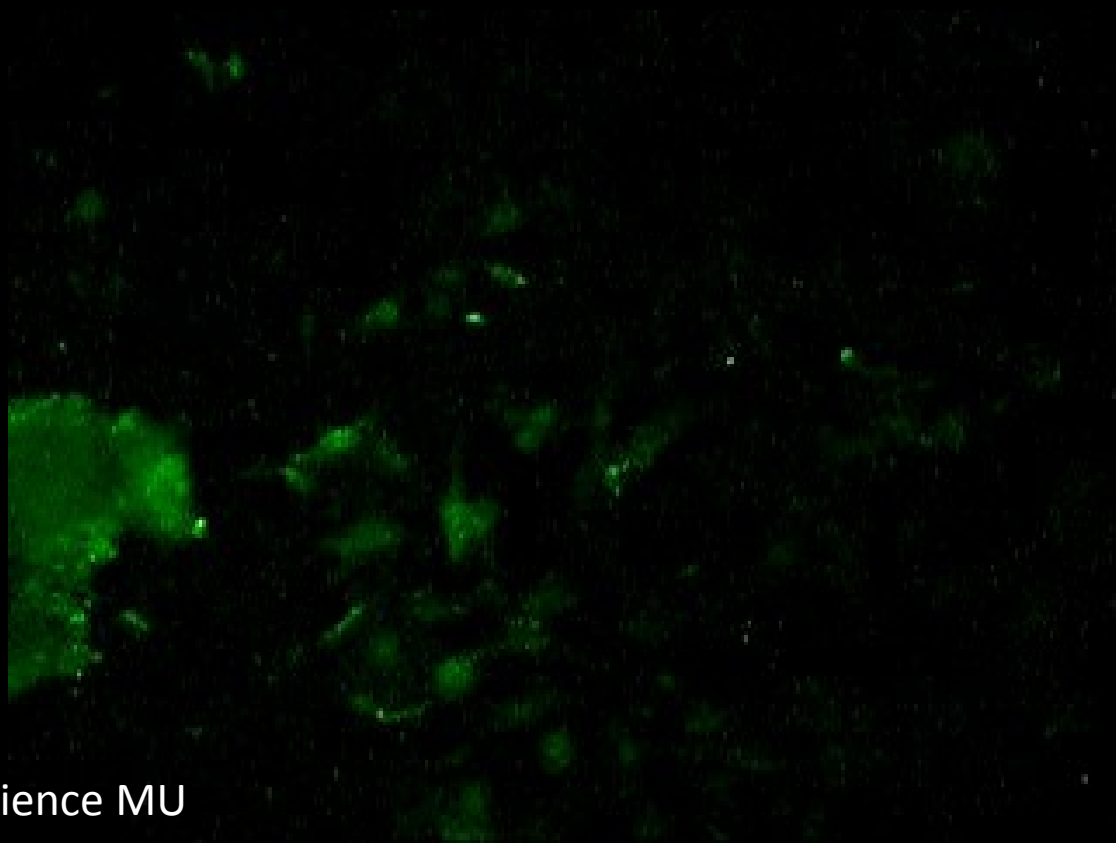
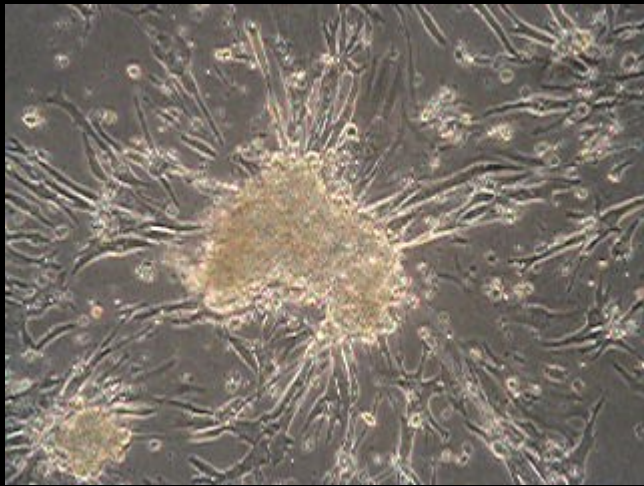
# MECHANISM OF CONTRACTION

1. Impulse along motor neuron axon
2. Depolarization of presynaptic membrane ( $\text{Na}^+$  influx)
3. Synaptic vesicles fuse with presynaptic membrane
4. Acetylcholine exocytosed to synaptic cleft
5. Acetylcholine diffuses over synaptic cleft
6. Acetylcholine binds to receptors in postsynaptic membrane
7. Depolarization of postsynaptic membrane and sarcolemma ( $\text{Na}^+$  influx)
8. T-tubules depolarization
9. Depolarization of terminal cisternae of sER
10. Depolarization of complete sER
11. Release of  $\text{Ca}^{2+}$  from sER to sarcoplasm
12.  $\text{Ca}^{2+}$  binds TnC
13. Troponin complex changes configuration
14. Tropomyosin removed from actin-myosin binding sites
15. Globular parts of myosin bind to actin
16. ATPase in globular parts of myosin activated
17. Energy generated from  $\text{ATP} \rightarrow \text{ADP} + \text{P}_i$
18. Movement of globular parts of myosin
19. Actin myofilament drag to the center of sarcomere
20. Sarcomeres contract (H-zone, I-band shorten)
21. Myofibrils contracted
22. Muscle fiber contracted



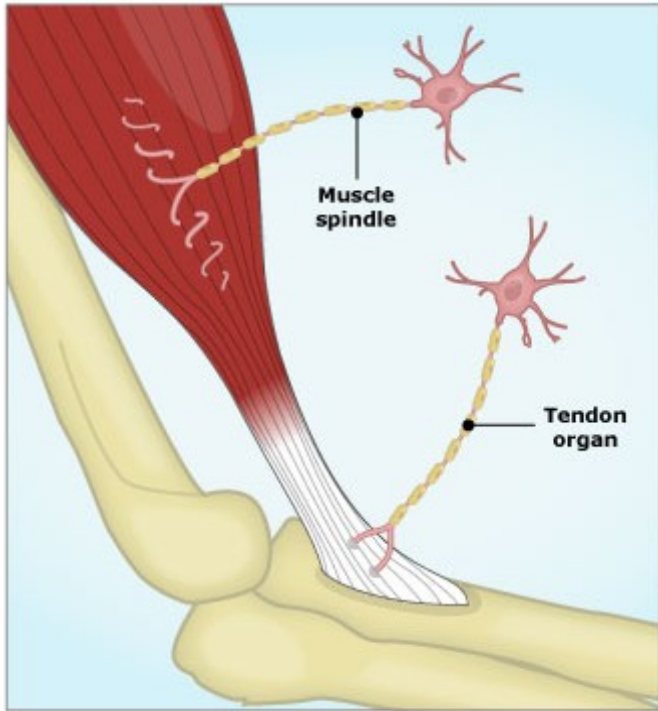
# MECHANISM OF CONTRACTION

[http://highered.mheducation.com/sites/0072495855/student\\_view0/chapter10/animation\\_\\_breakdown\\_of\\_atp\\_and\\_cross-bridge\\_movement\\_during\\_muscle\\_contraction.html](http://highered.mheducation.com/sites/0072495855/student_view0/chapter10/animation__breakdown_of_atp_and_cross-bridge_movement_during_muscle_contraction.html)



Courtesy Dr. Pacherník, Faculty of Science MU

# PROPRIORECEPTORS

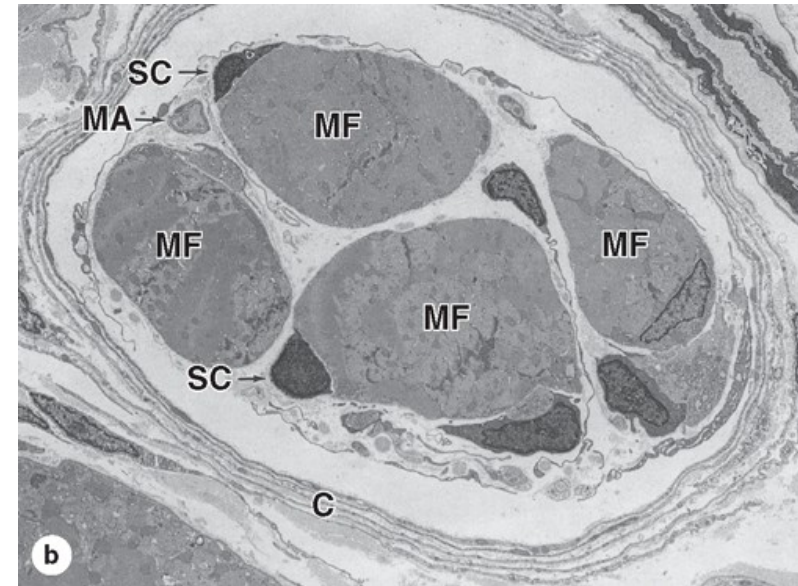


## Muscle spindles

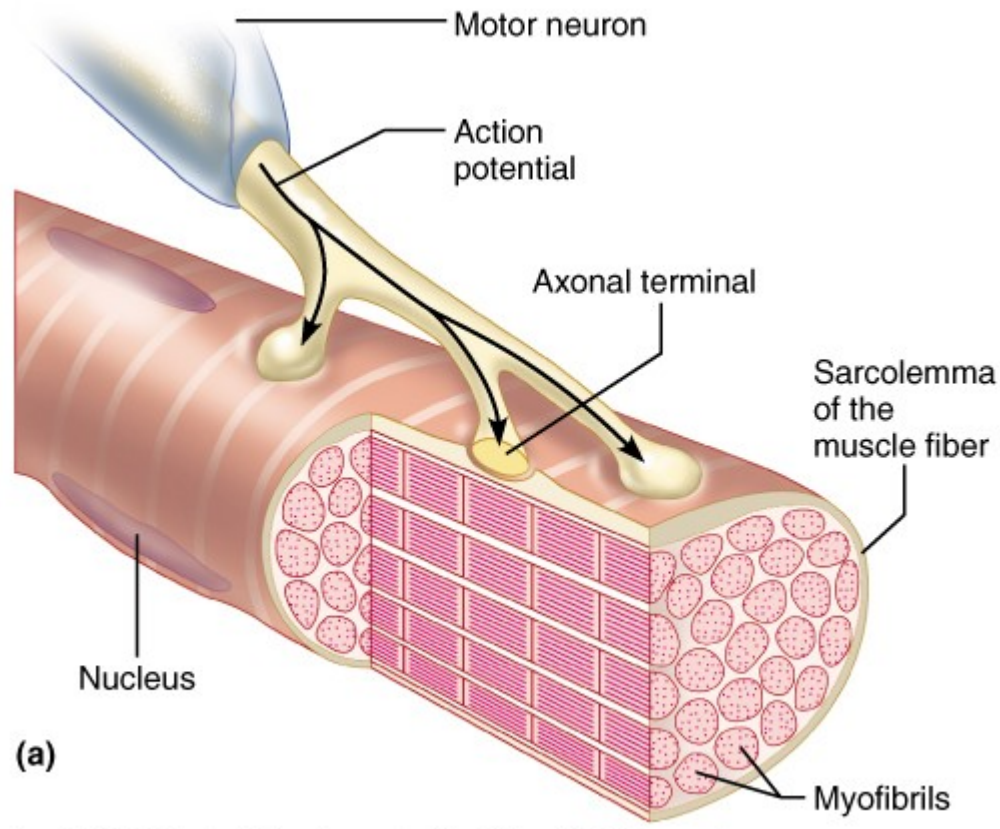
- change in muscle elongation (stretch)
- modified perimysium
- thin muscle (intrafusal) fibers
- sensory endings
- reflexes, coordination of muscle groups

## Golgi tendon organs

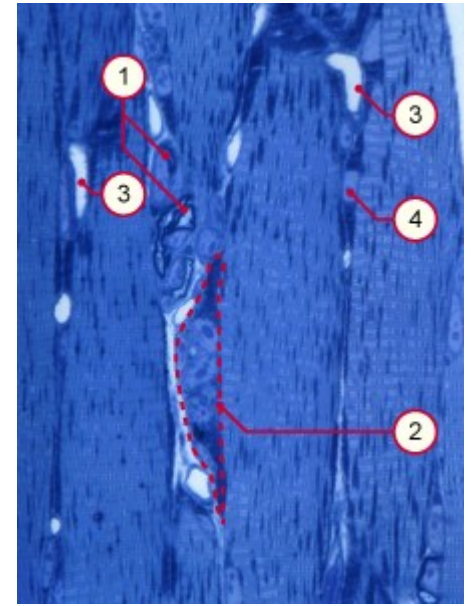
- myotendineous junction
- sensory endings synapsed with inhibitory neurons
- tension, stretch



# NEUROMUSCULAR JUNCTION



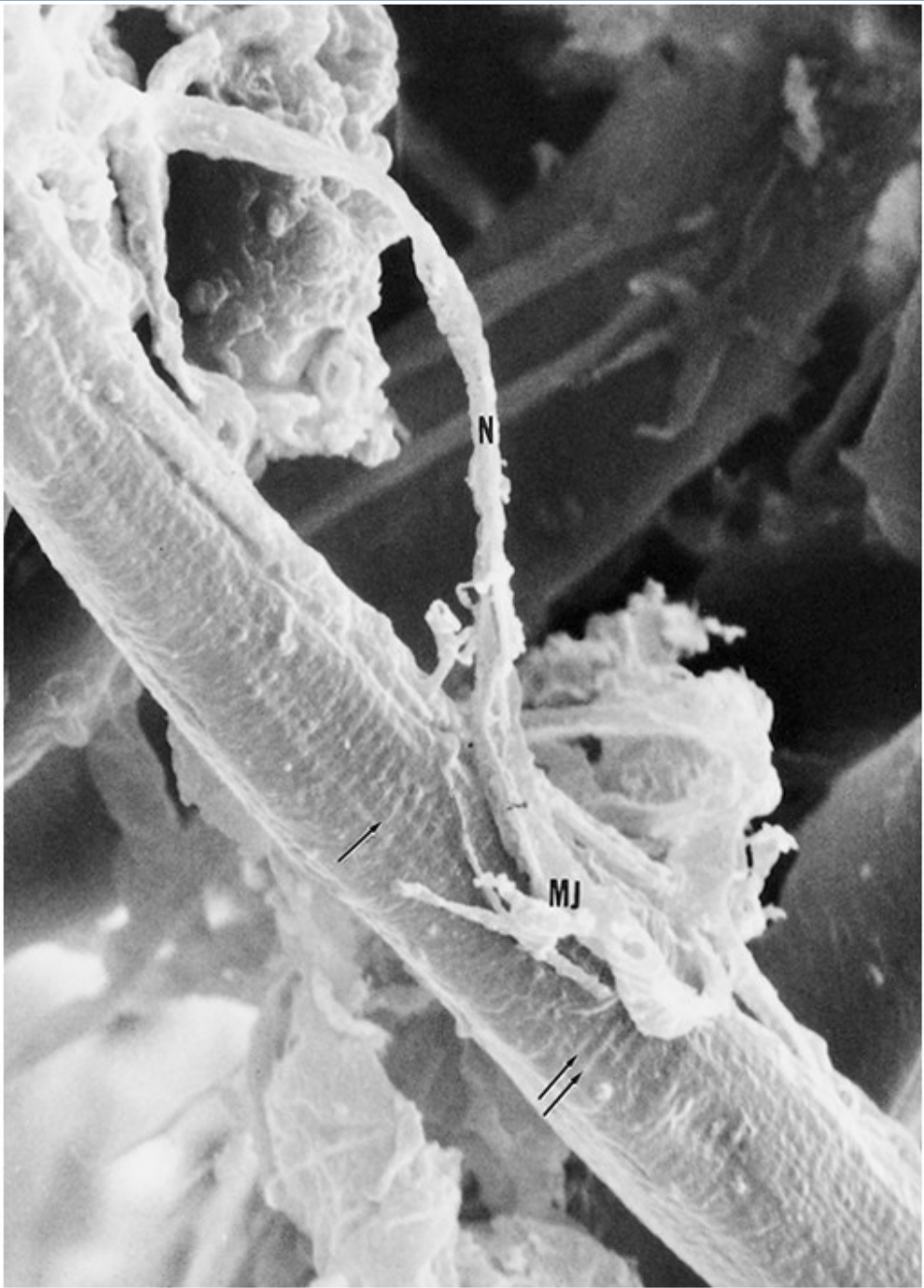
Copyright © 2001 Benjamin Cummings, an imprint of Addison Wesley Longman, Inc.



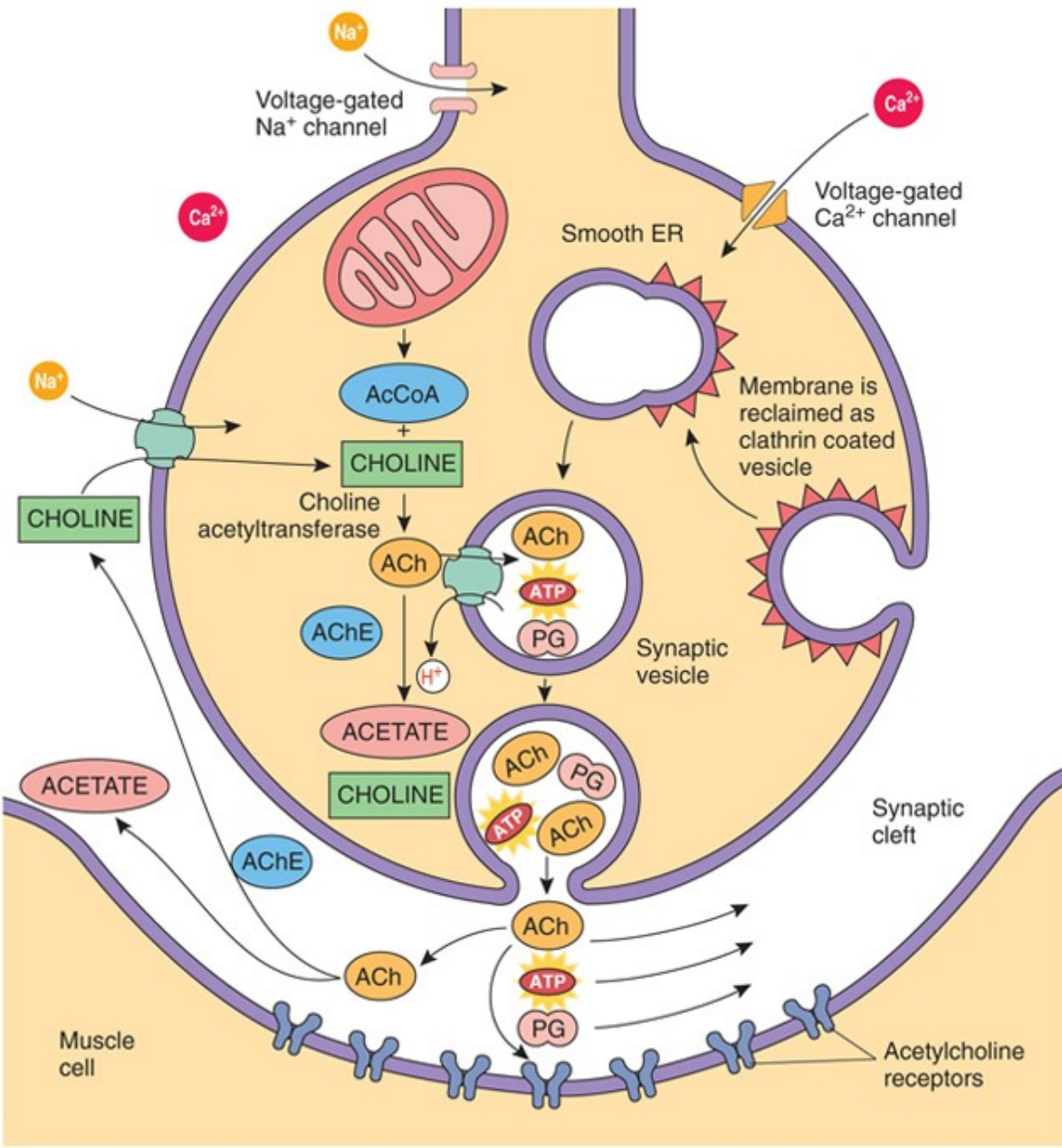
- 1 Myelinated axons
- 2 Neuromuscular junction
- 3 Capillaries
- 4 Muscle fiber nucleus



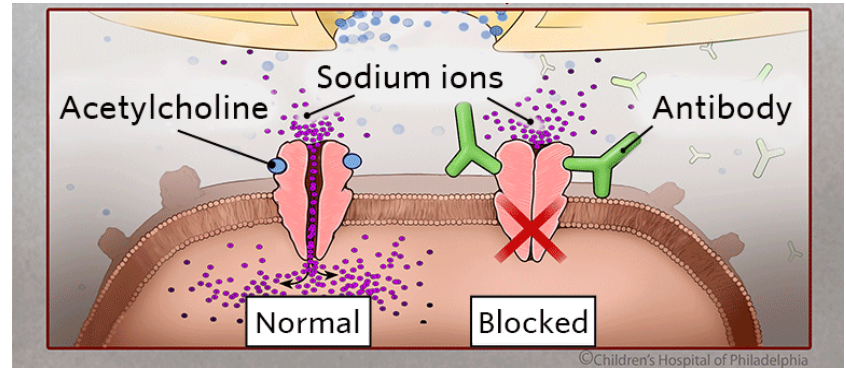
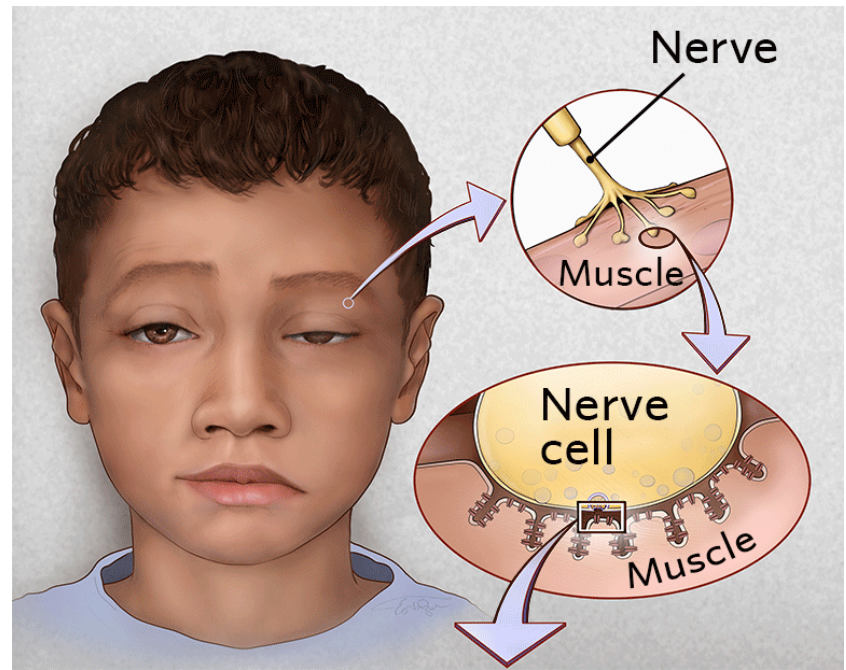
# NEUROMUSCULAR JUNCTION



# NEUROMUSCULAR JUNCTION

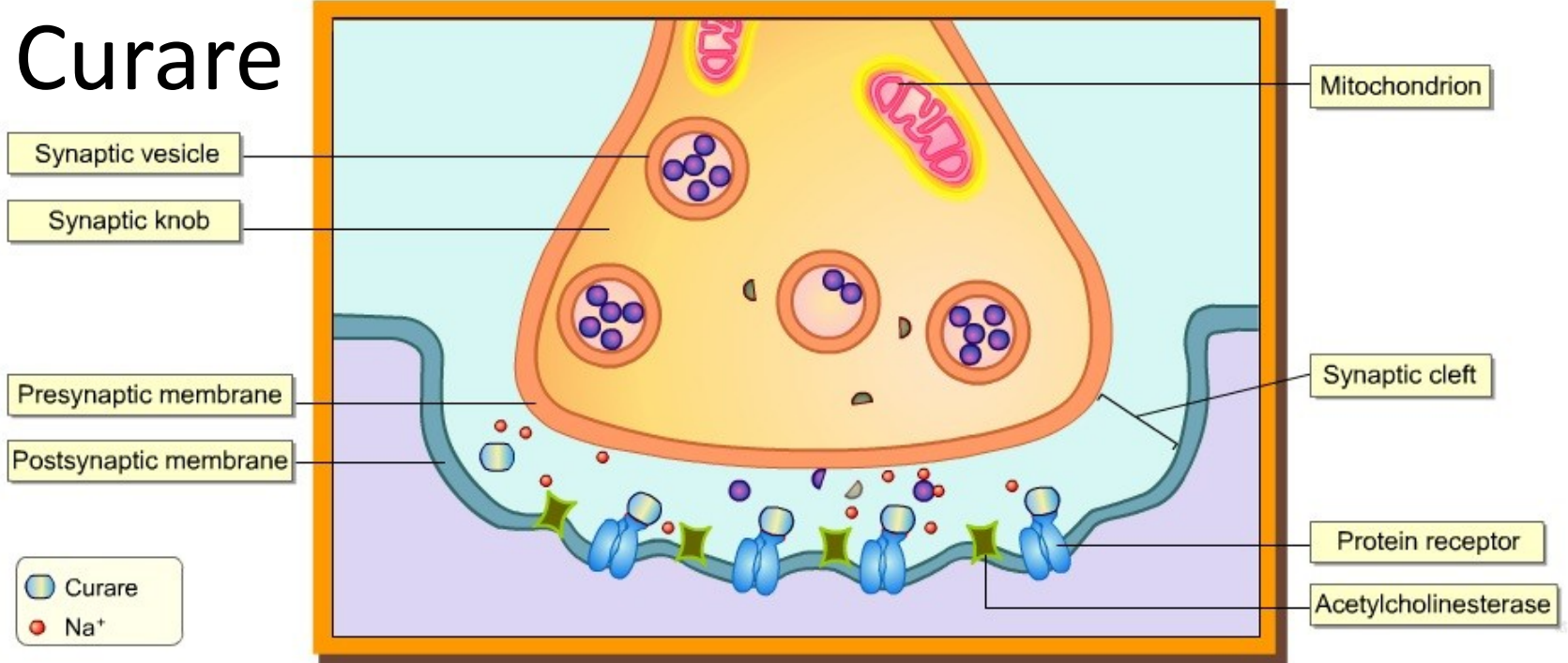


## MYASTHENIA GRAVIS





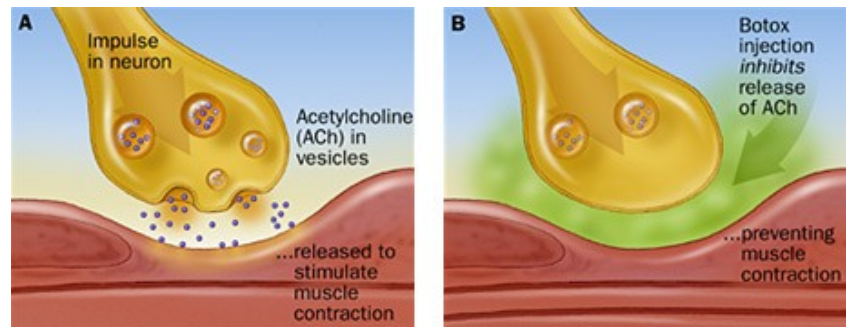
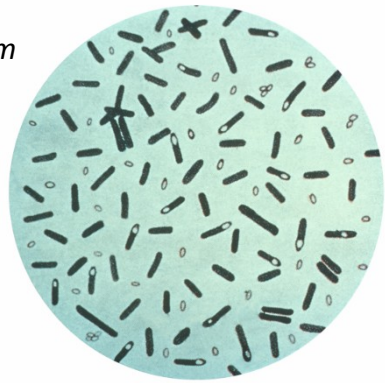
# Curare



# NEUROMUSCULAR JUNCTION

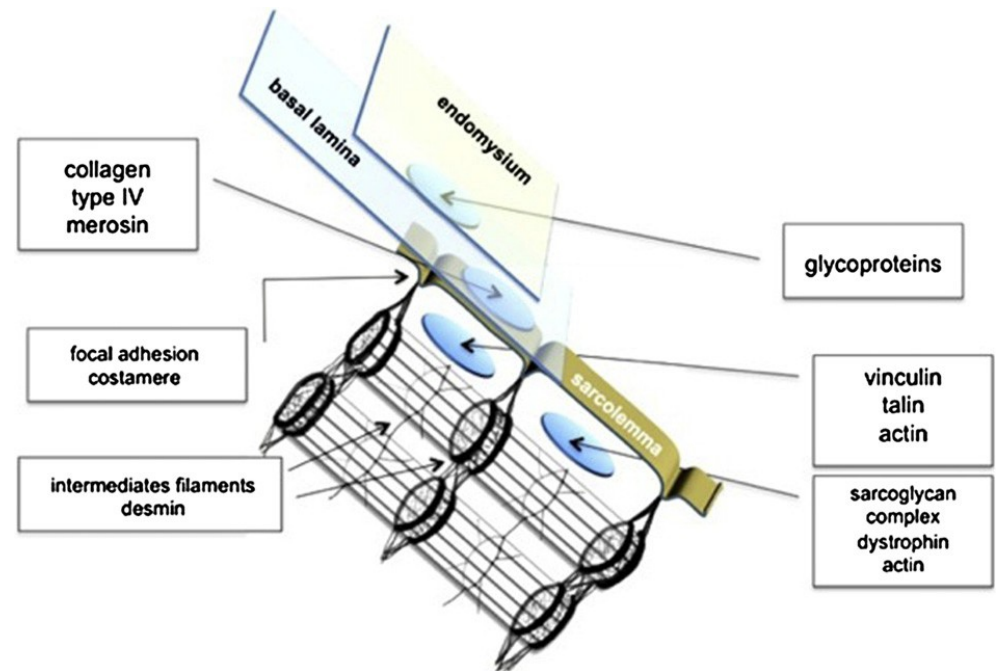
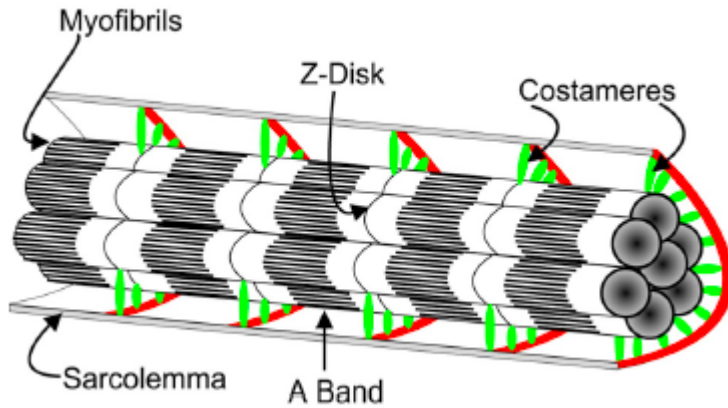
## Botulotoxin

*Clostridium botulinum*

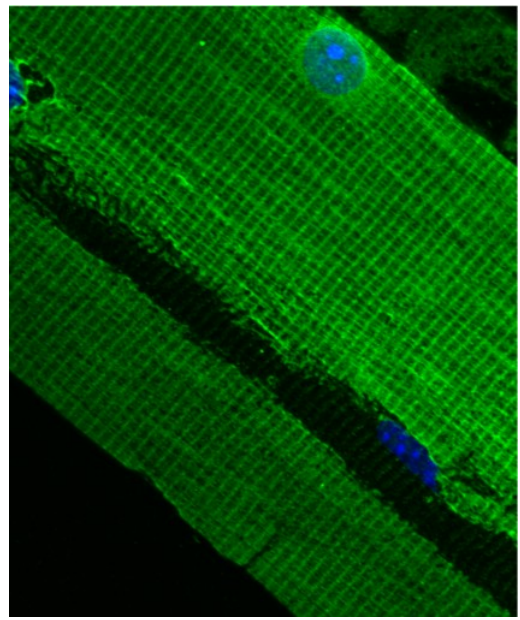
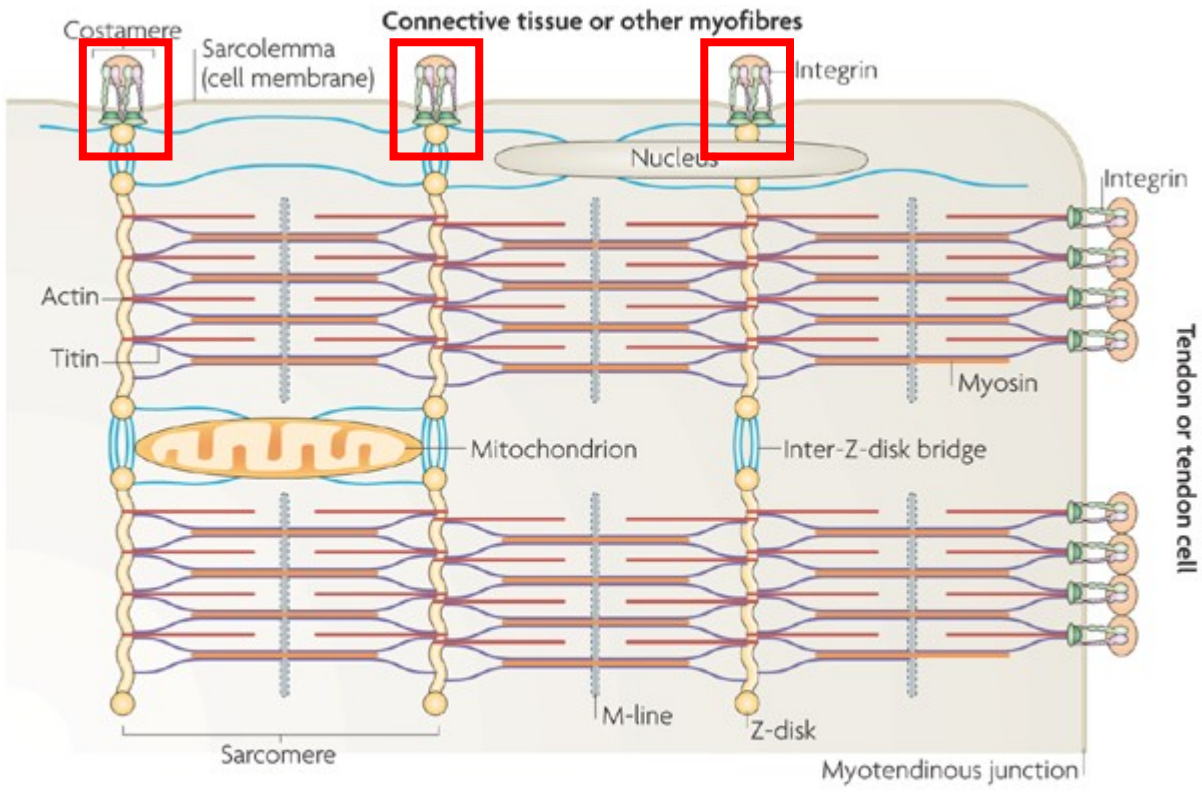


# COSTAMERES

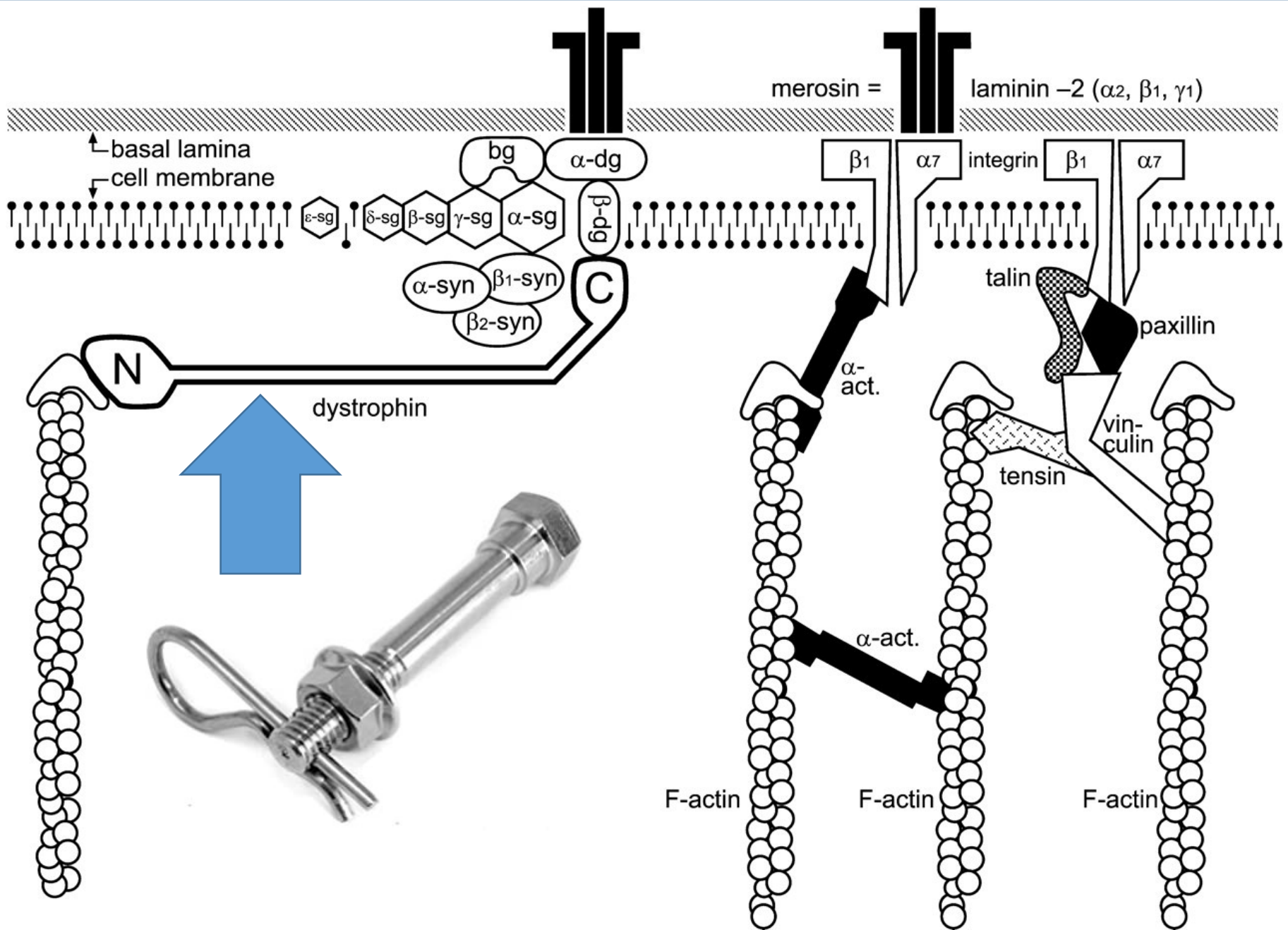
- Structural components linking myofibrils to sarcolemma
- Circumferential alignment
- **dystrophin-associated glycoprotein (DAG) complex**
  - links internal cytoskeleton to ECM
  - Integrity of muscle fiber



# COSTAMERES

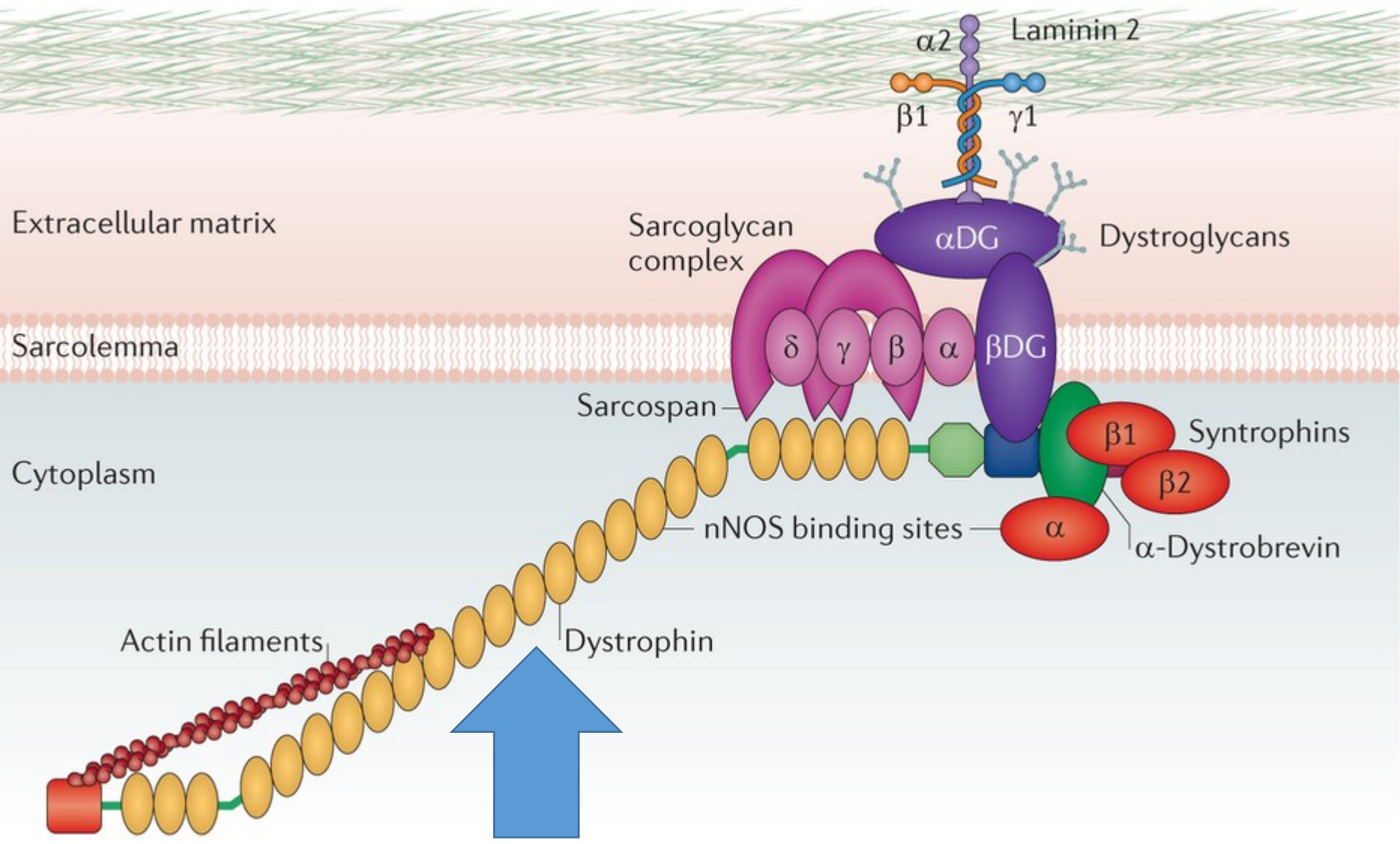


# COSTAMERES AND DYSTROPHIN

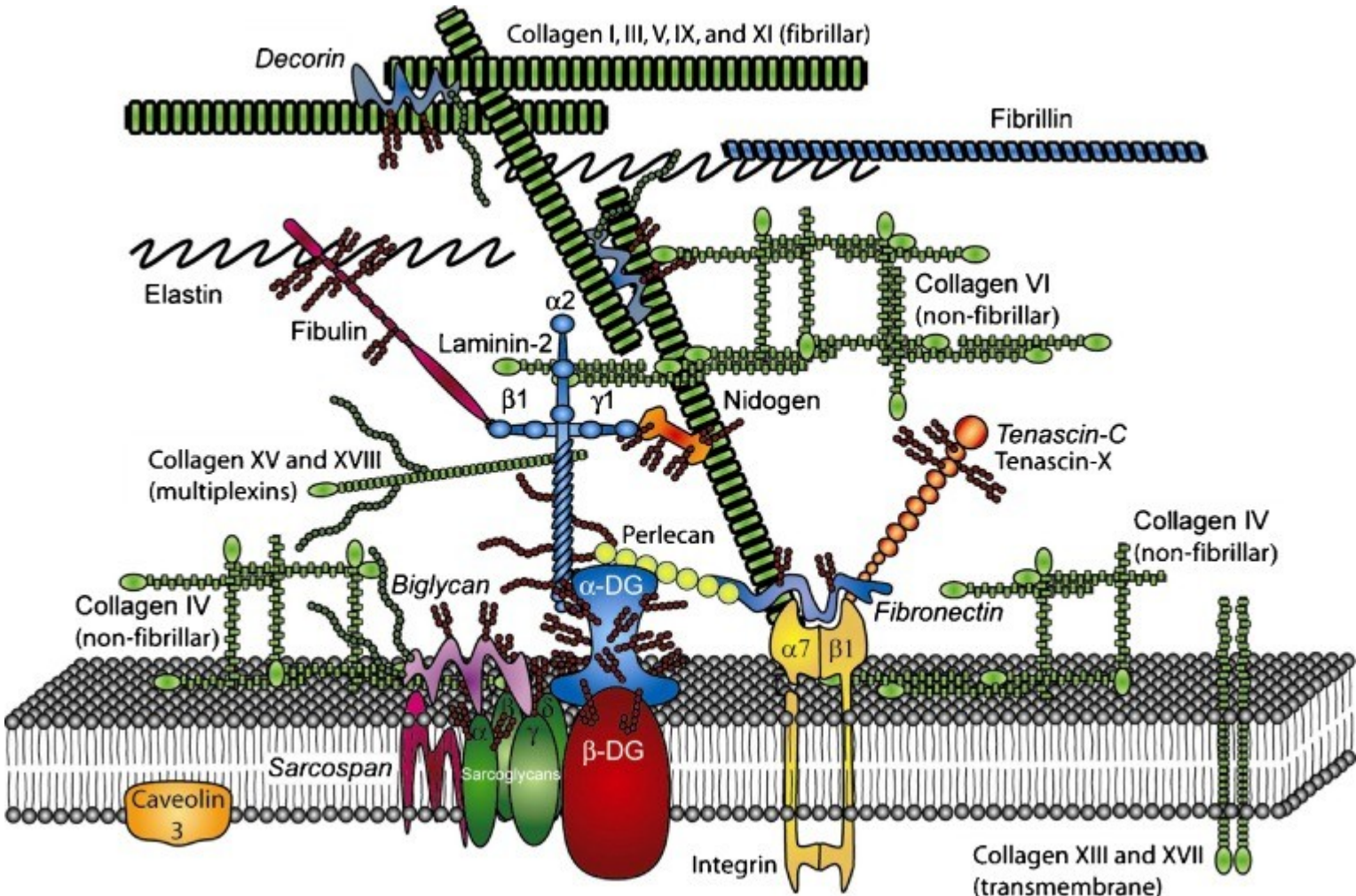




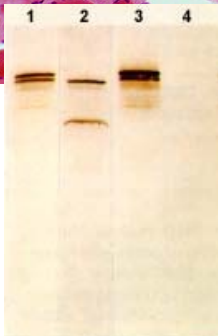
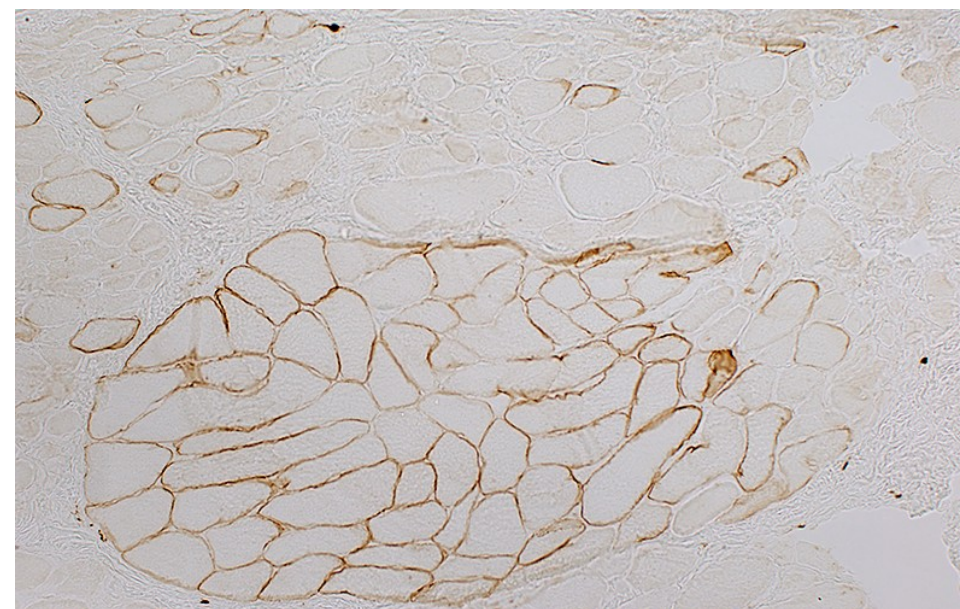
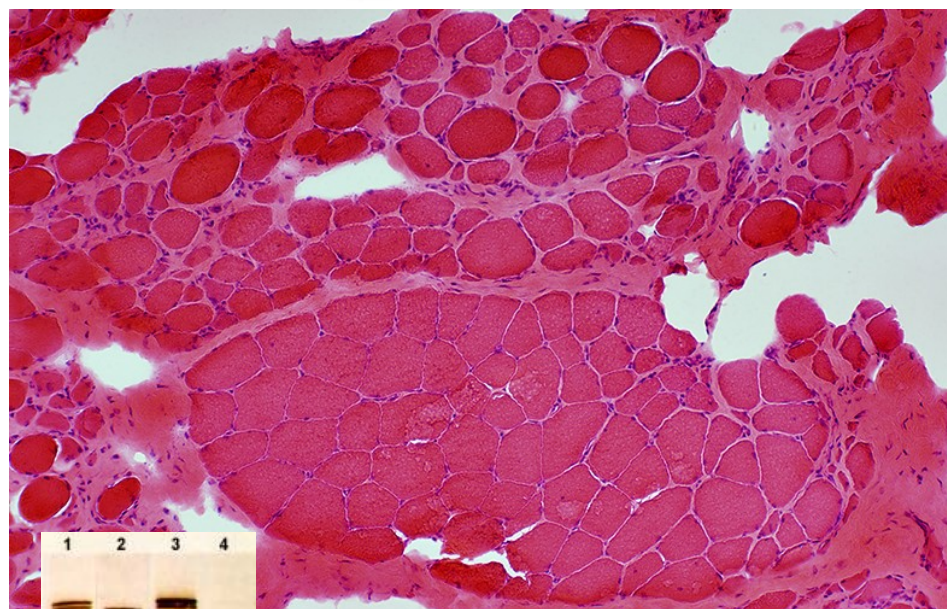
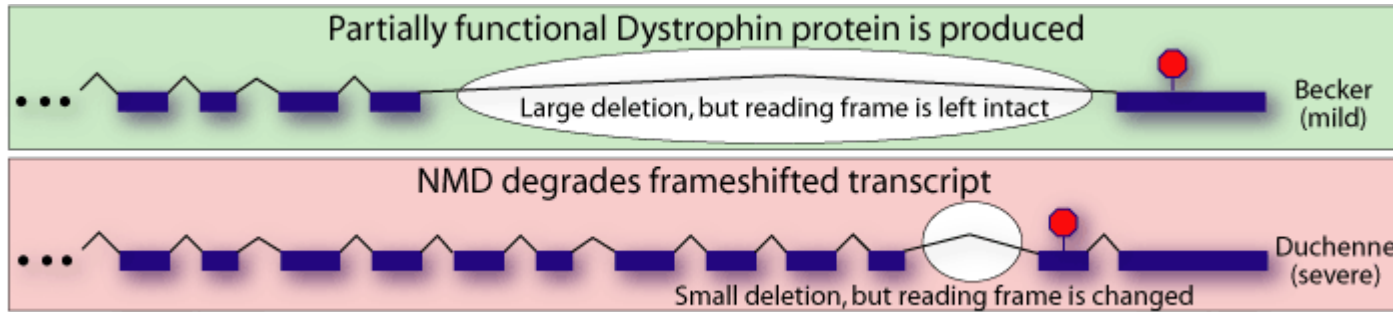
# COSTAMERES AND DYSTROPHIN



# COSTAMERES - ATTACHMENT TO ECM

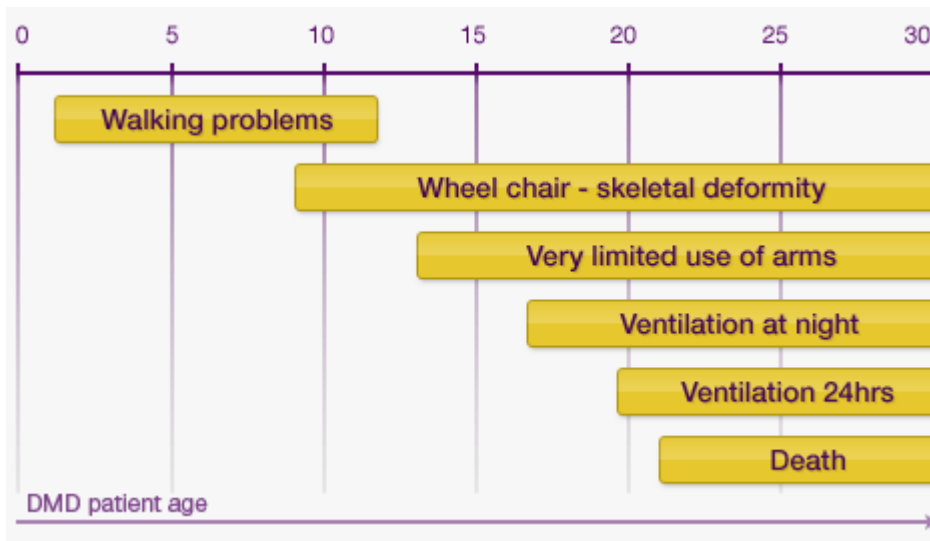
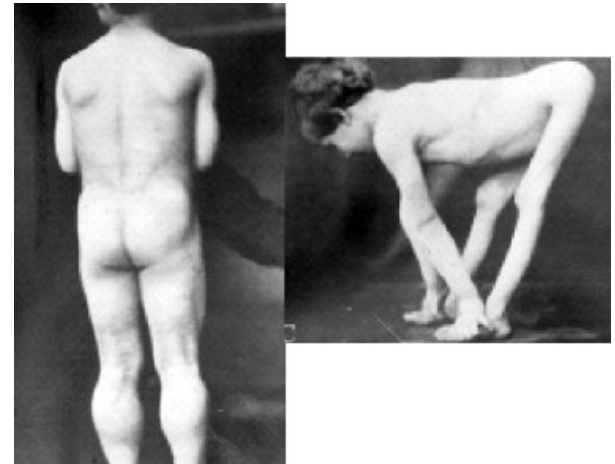
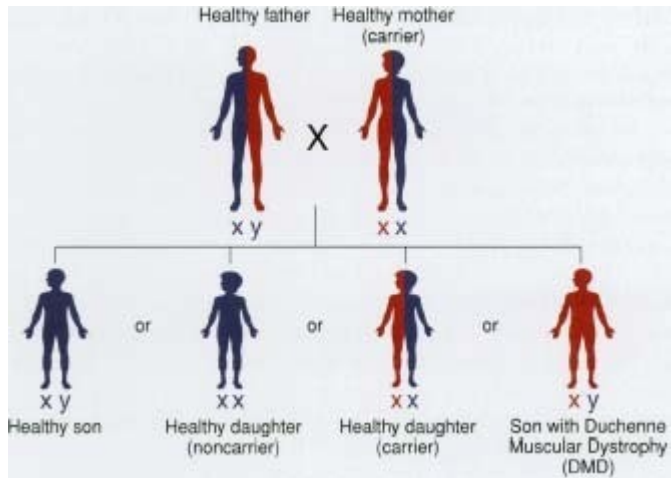


## DUCHENNE MUSCULAR DYSTROPHY

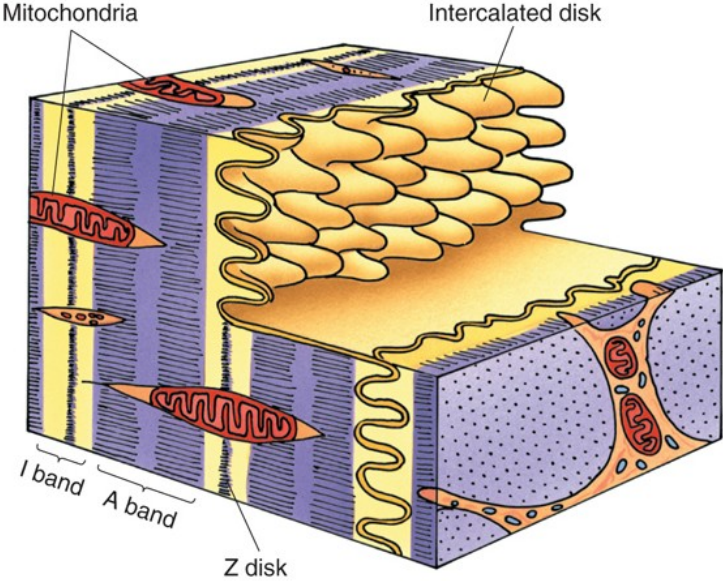
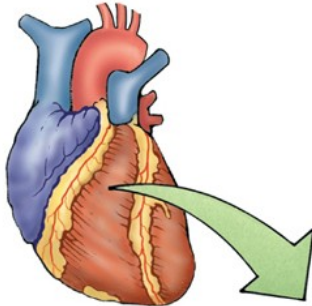


Lane 1: Becker dystrophy; Dystrophin has reduced abundance but normal size.  
Lane 2: Becker dystrophy; Dystrophin has reduced size and abundance.  
Lane 3: Normal; Dystrophin has normal size and amount.  
Lane 4: Duchenne dystrophy; Almost no protein is present.

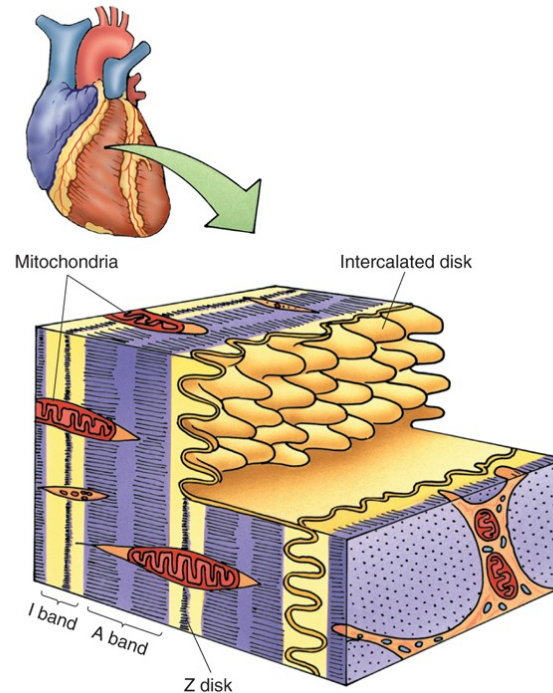
# COSTAMERES AND DYSTROPHIN



# CARDIAC MUSCLE TISSUE

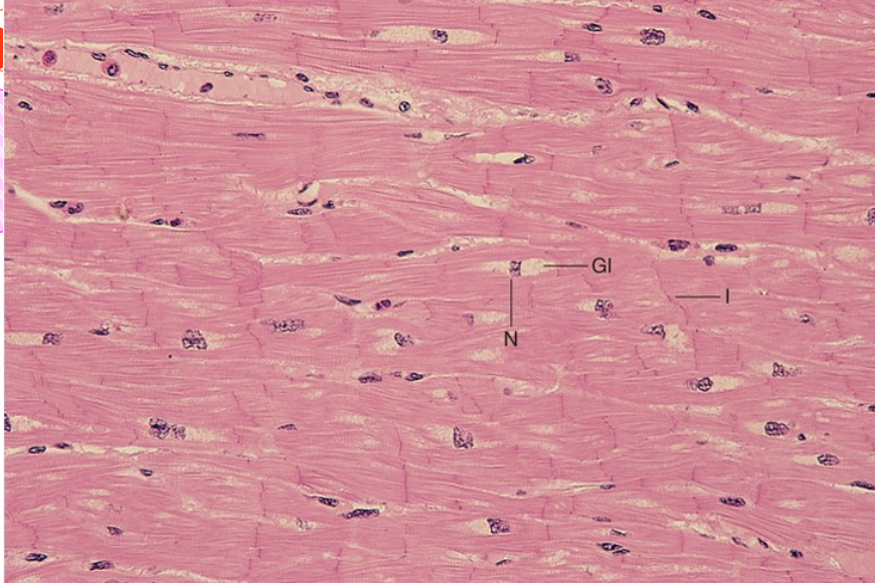
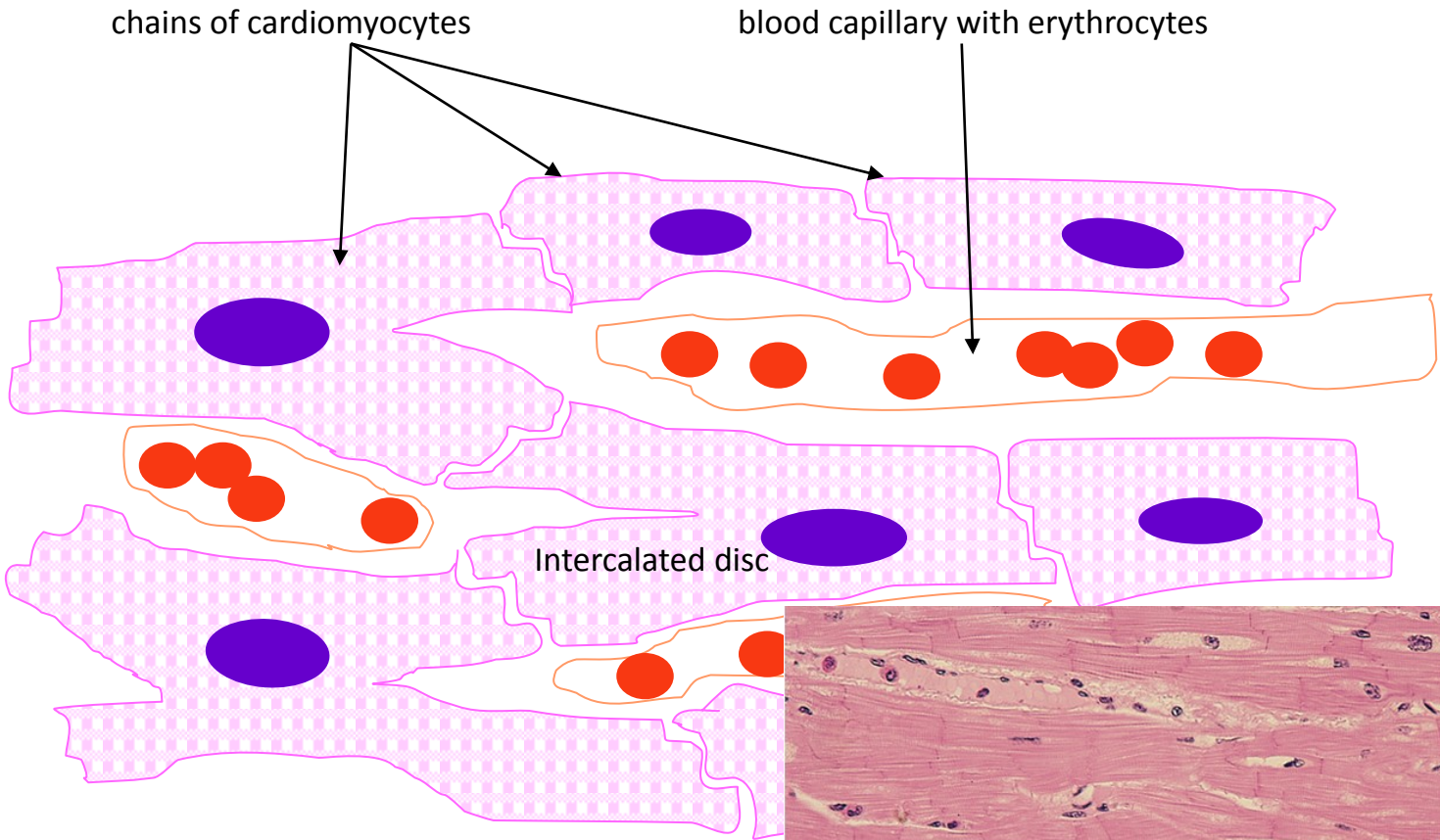


# HISTOLOGY OF CARDIAC MUSCLE TISSUE

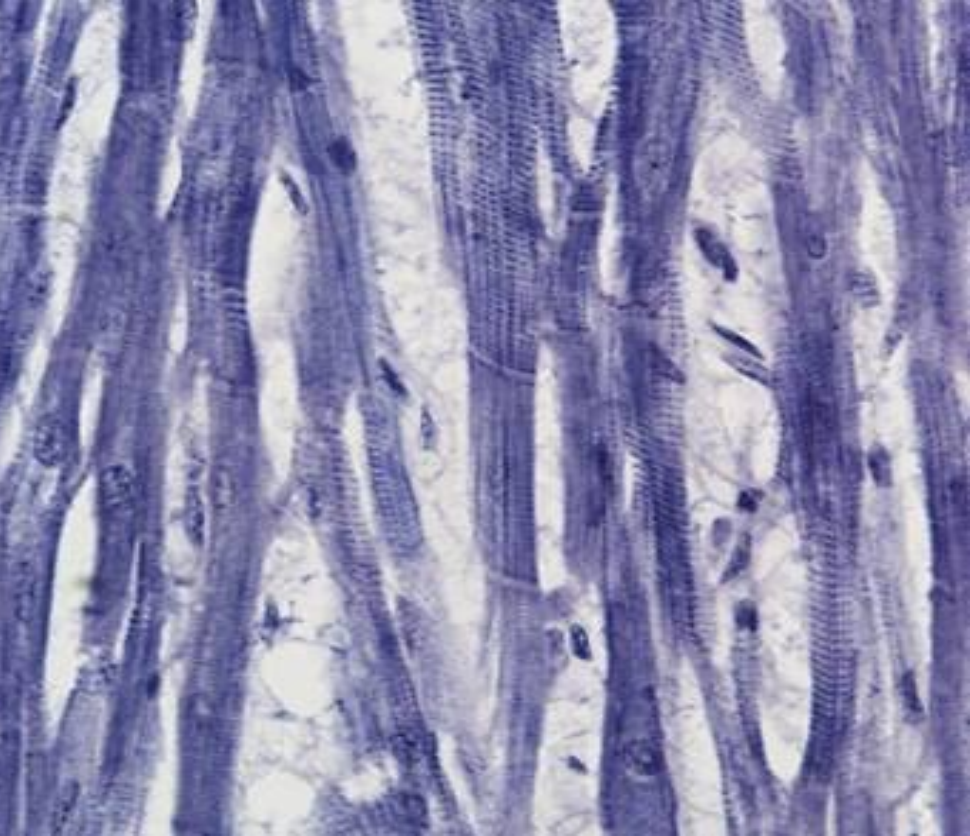
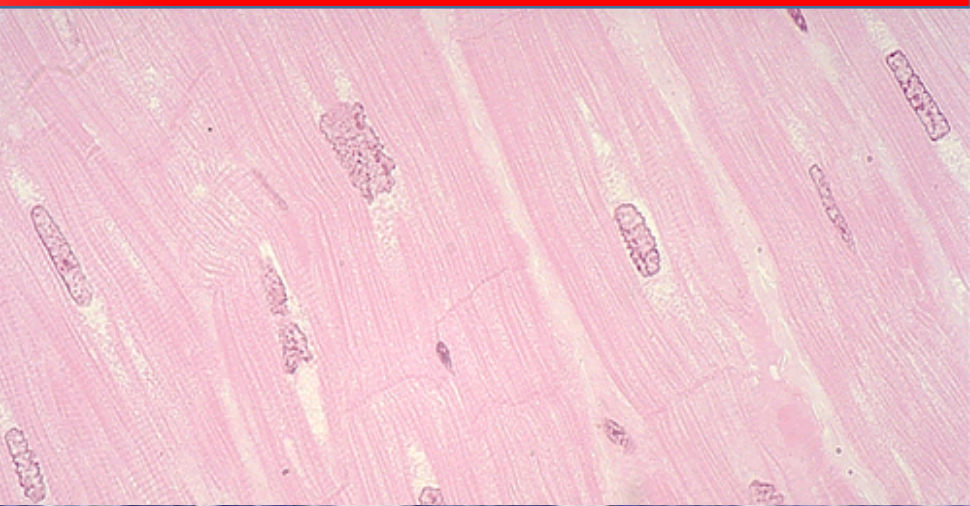


- made up of long branched fiber (cells) – **cardiomyocytes**,
- cardiomyocytes are cylindrical cells, branched on one or both ends (Y, X shaped cells),
- sarcoplasm: single nucleus in the center of cell, striated myofibrils, numerous mitochondria,
- cells are attached to one another by end-to-end junctions – intercalated discs.

# HISTOLOGY OF CARDIAC MUSCLE TISSUE

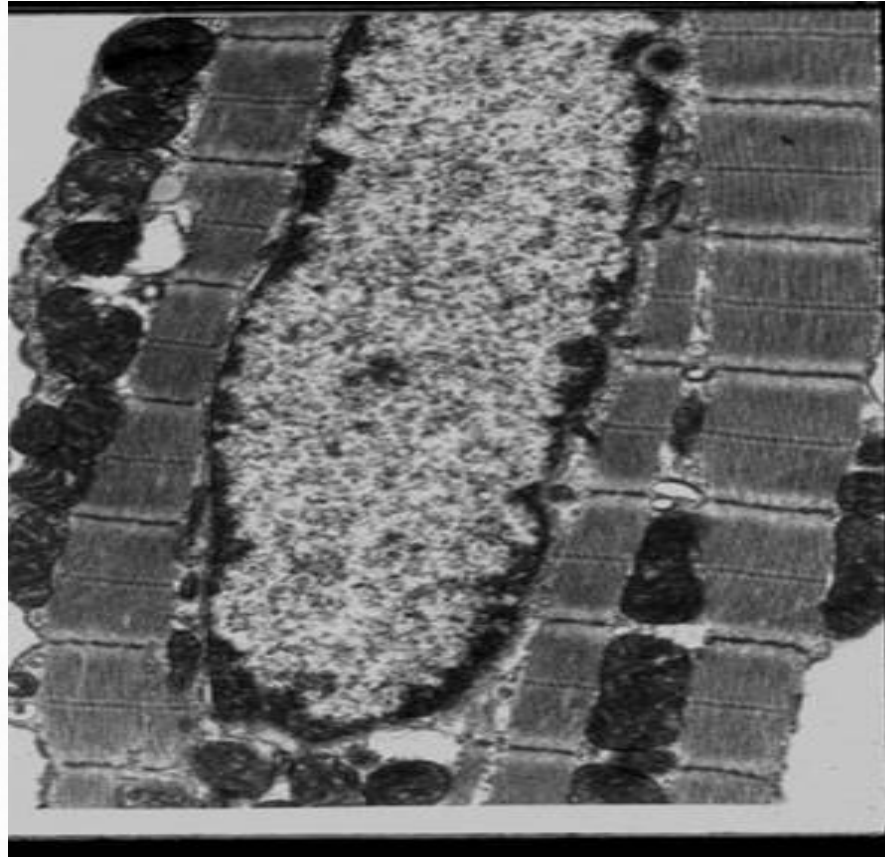
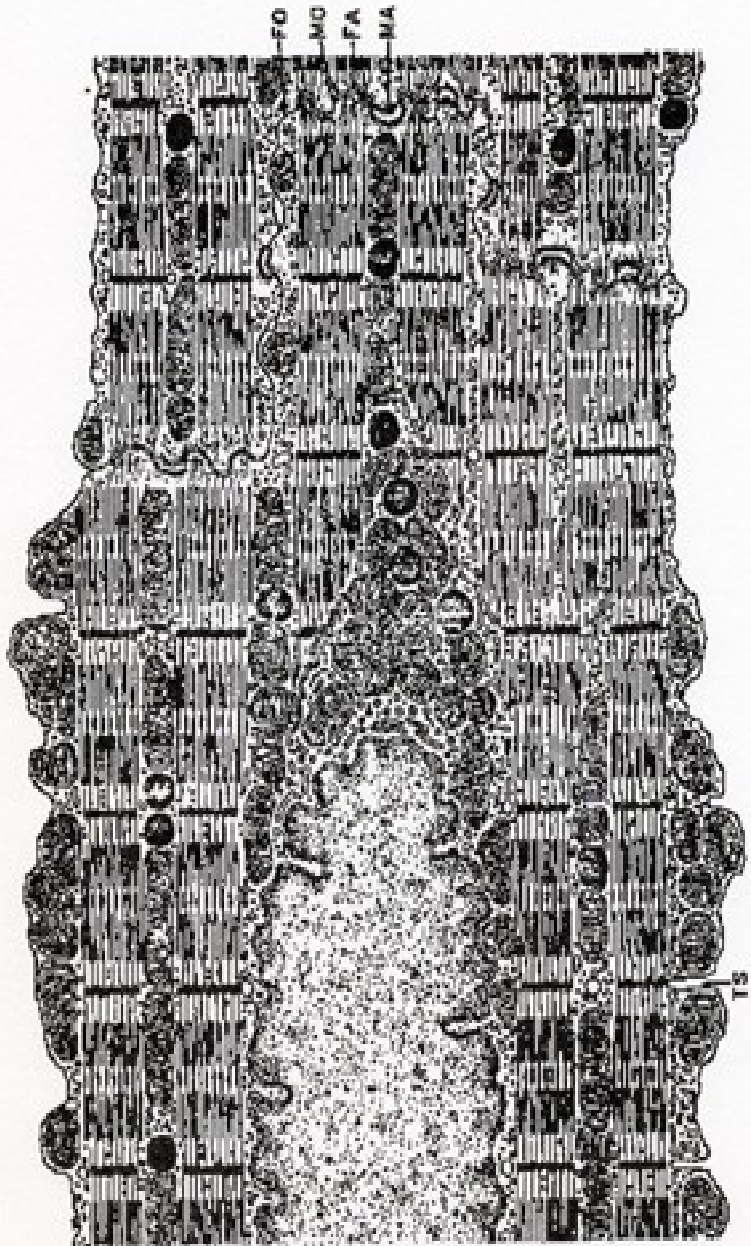


# HISTOLOGY OF CARDIAC MUSCLE TISSUE



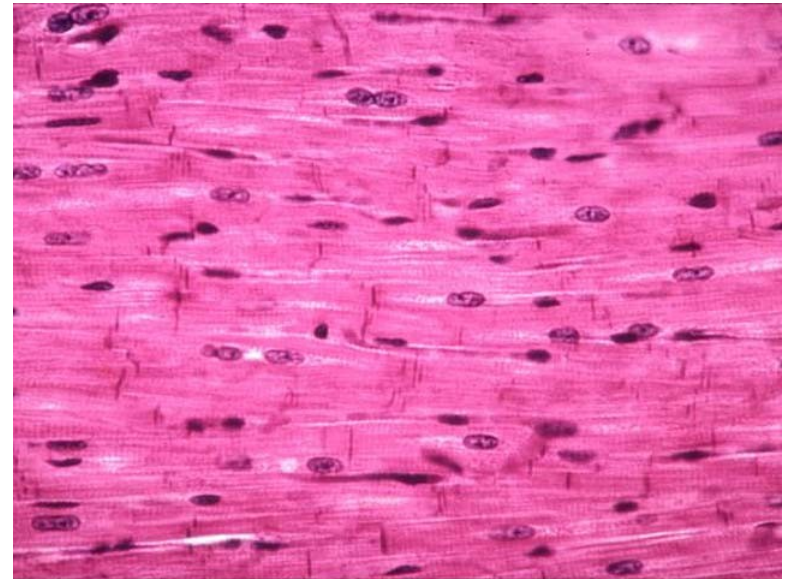
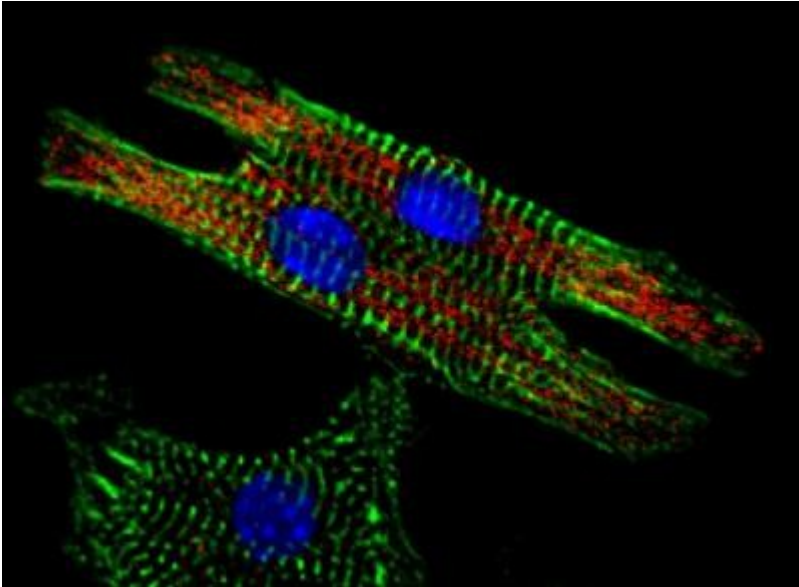


# ULTRASTRUCTURE OF CARDIOMYCYTE



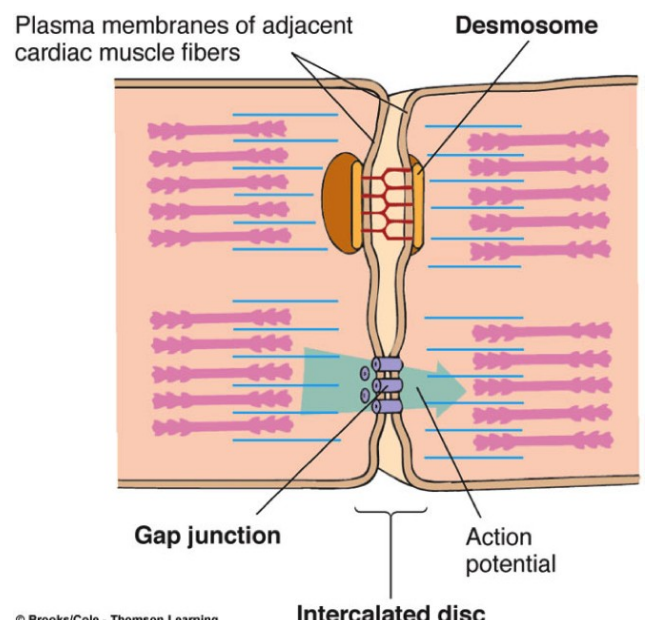
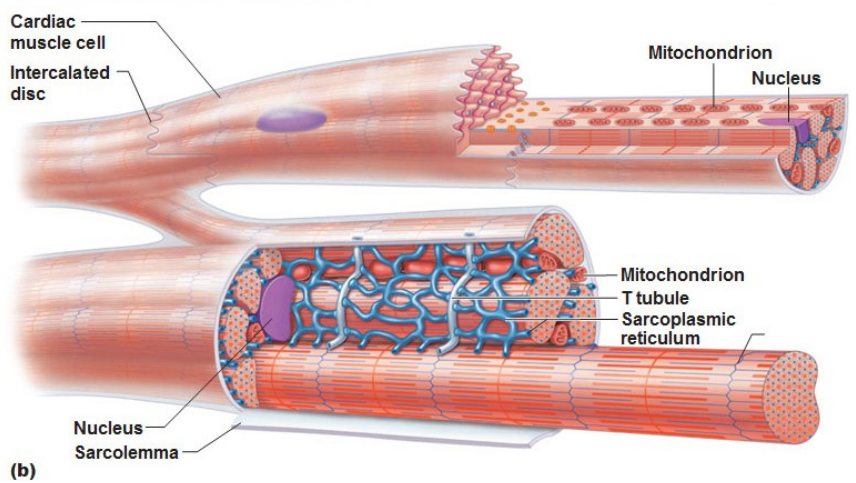
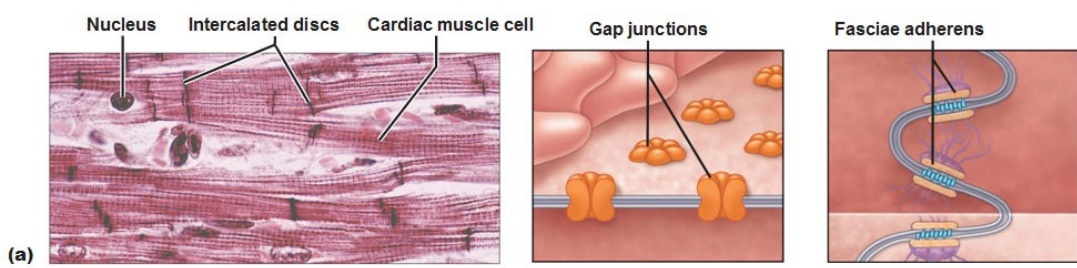
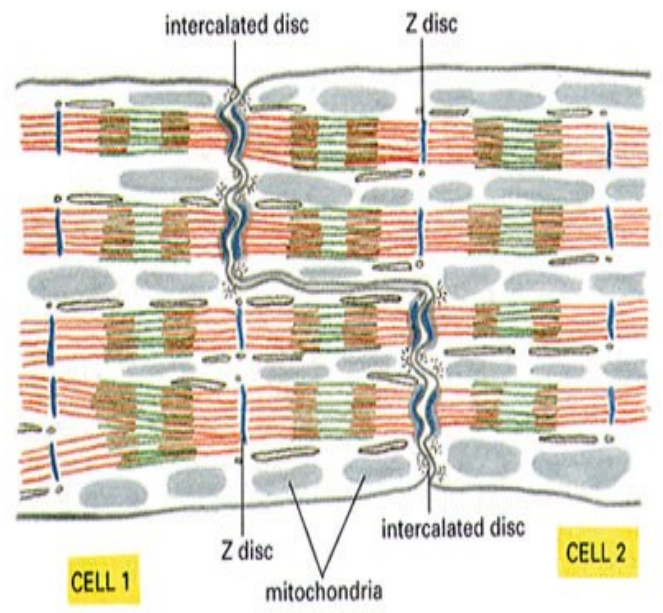
# CARDIAC MUSCLE COMPARED TO SKELETAL

- no triads, but diads: 1 t-tubule + 1 cisterna
- t-tubules around sarcomeres at Z lines rather than at zone of overlap
- sarcoplasmic reticulum via its tubules contact sarcolemma as well as the t-tubules
- cardiac muscle cells are totally dependent on aerobic metabolism to obtain the energy
- large numbers of mitochondria in sarcoplasm and abundant reserves of myoglobin (to store oxygen)
- abundant glycogen and lipid inclusions

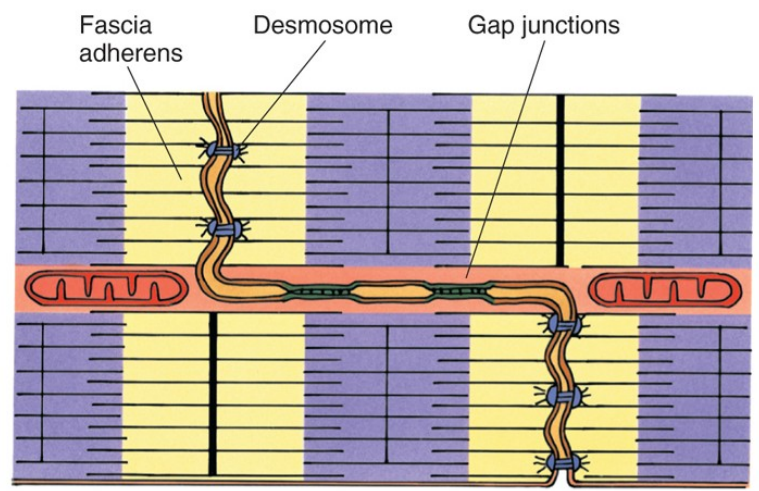
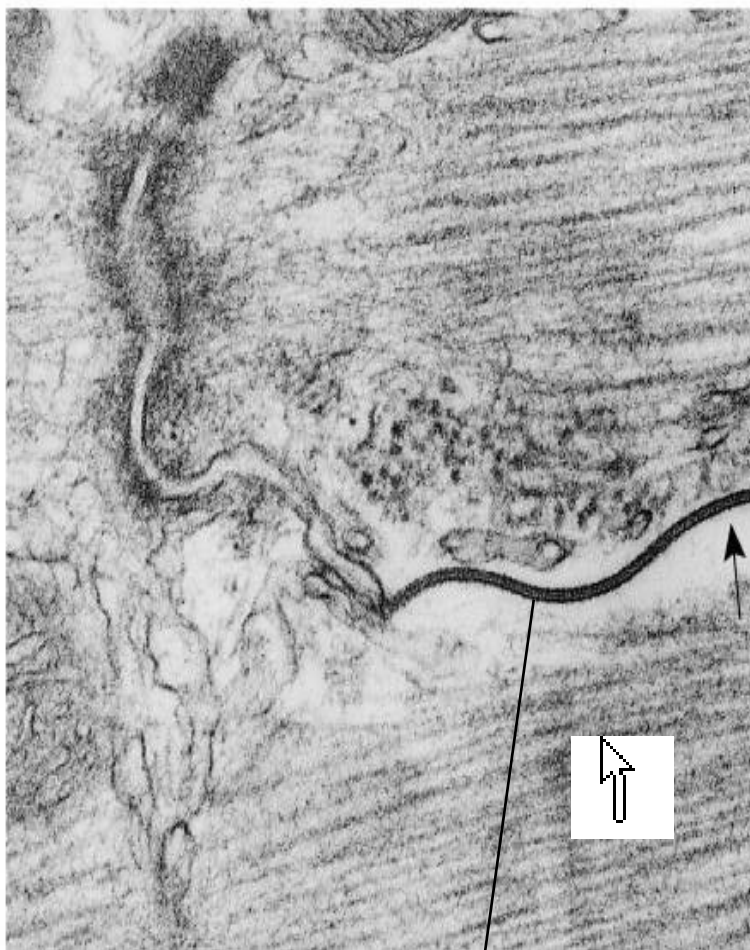


# INTERCALATED DISC

- fasciae adherentes (*adhesion of cells*)
- nexus (quick intercellular communication – transport of ions, electric impulses, information)
- „scalariform“ shape of cell ends



# INTERCALATED DISC



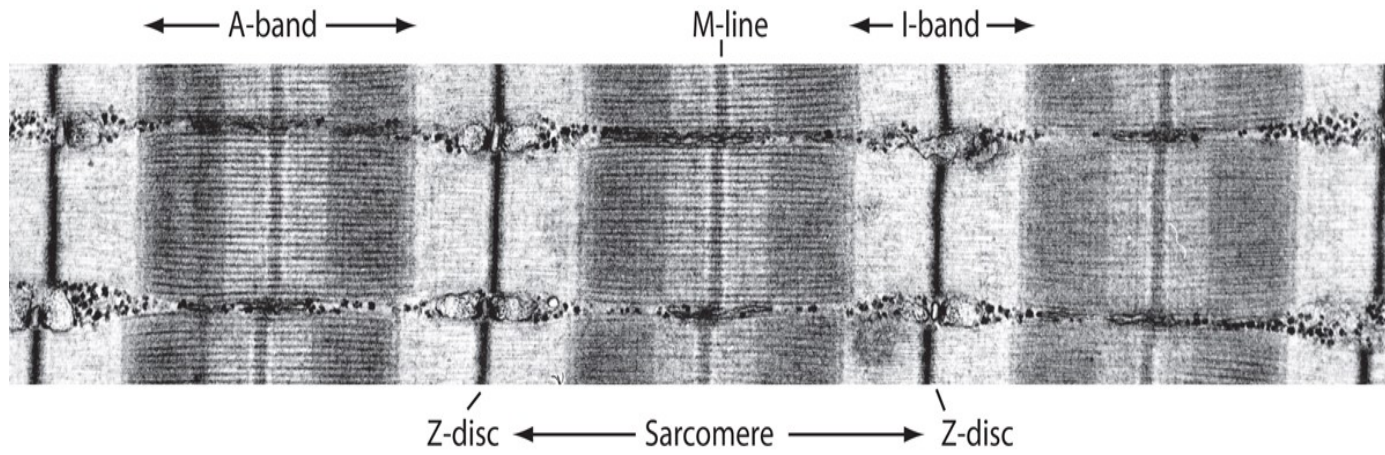
Intercalated disc:

nexus

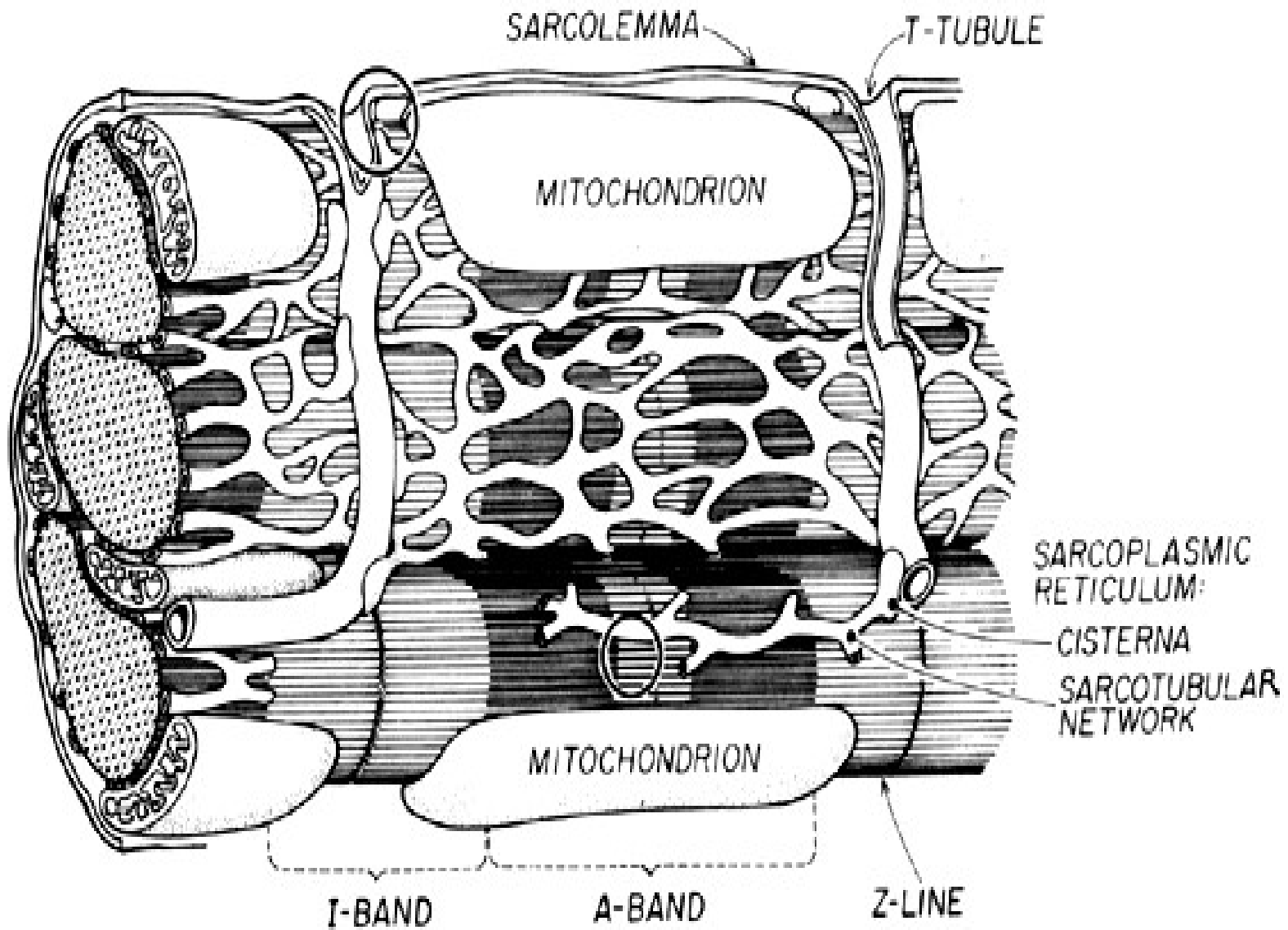
fascia adherens

# MYOFIBRILS IN CARDIOMYOCYTE

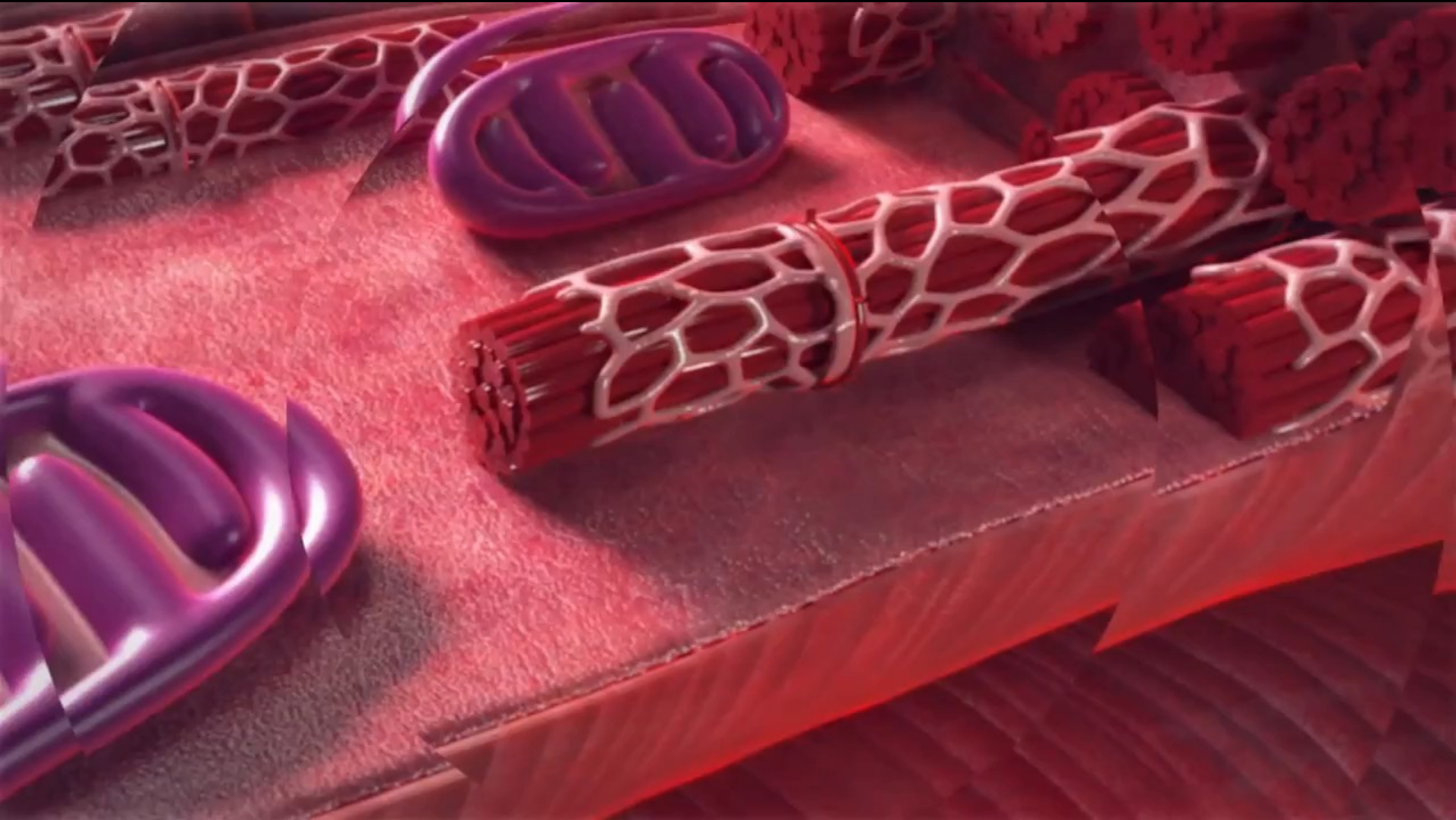
- Actin + myosin myofilaments
- Sarcomere
- Z-line
- M-line and H-zone
- I-band, A-band
- T-tubule + 1 cisterna = diad (around Z-line)



# MYOFIBRILS IN CARDIOMYOCYTE

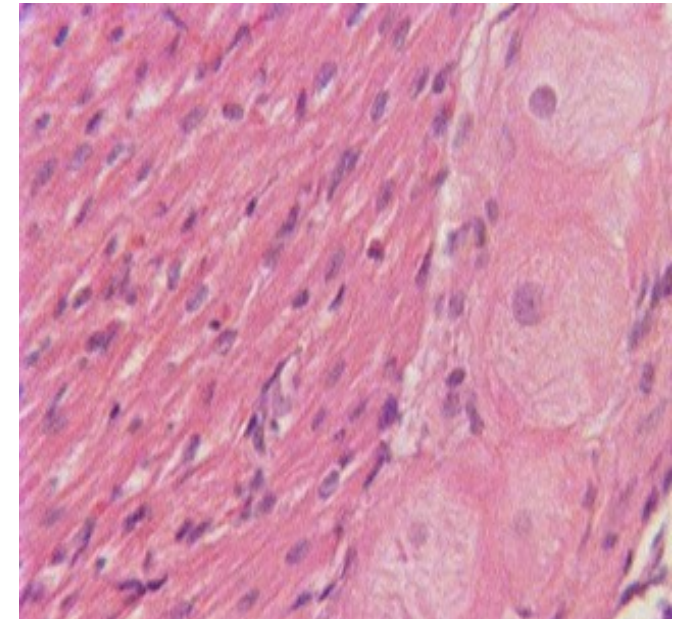
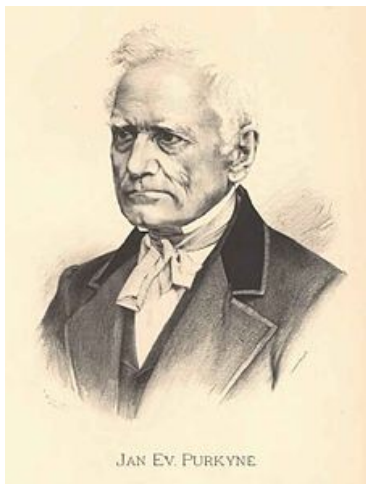
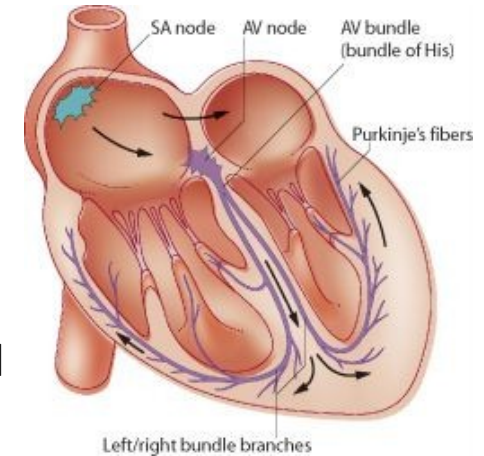


# ULTRASTRUCTURE OF CARDIOMYOCYTES



## PURKINJE FIBERS

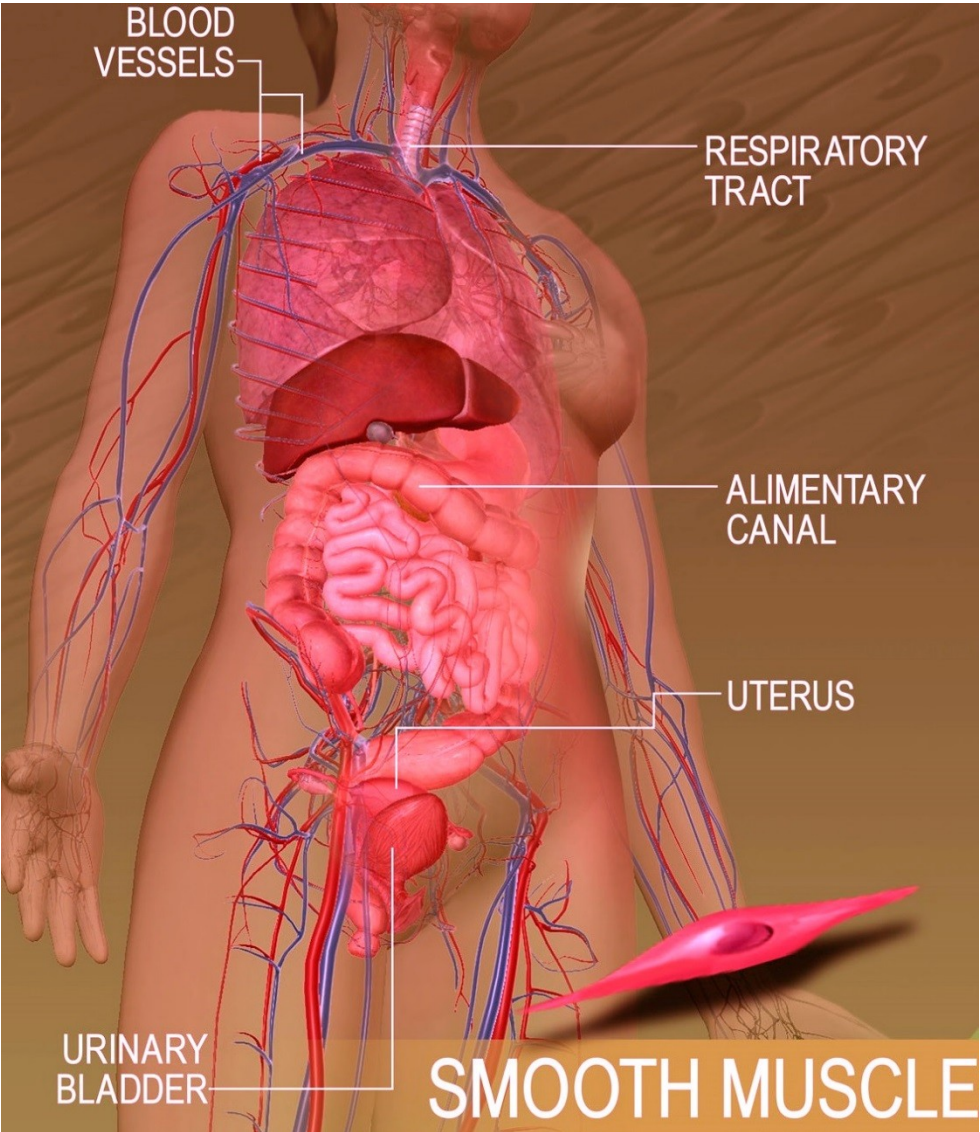
- are located in the inner layer of heart ventricle wall
- are specialized cells fibers that conduct electrical stimuli or impulses that enables the heart to contract in a coordinated fashion
- numerous sodium ion channels and mitochondria, fewer myofibrils







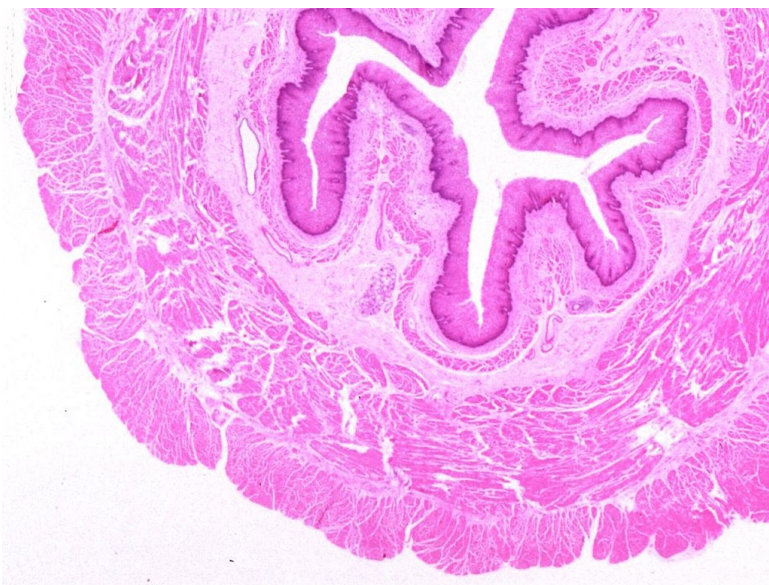
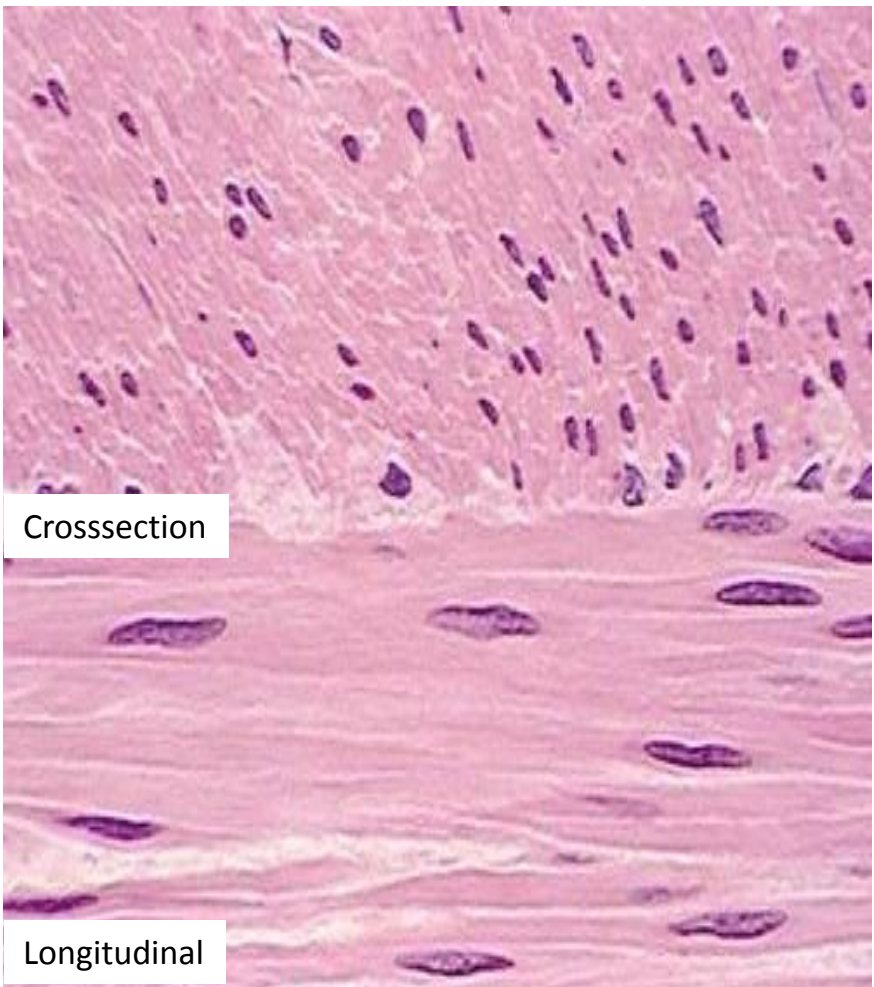
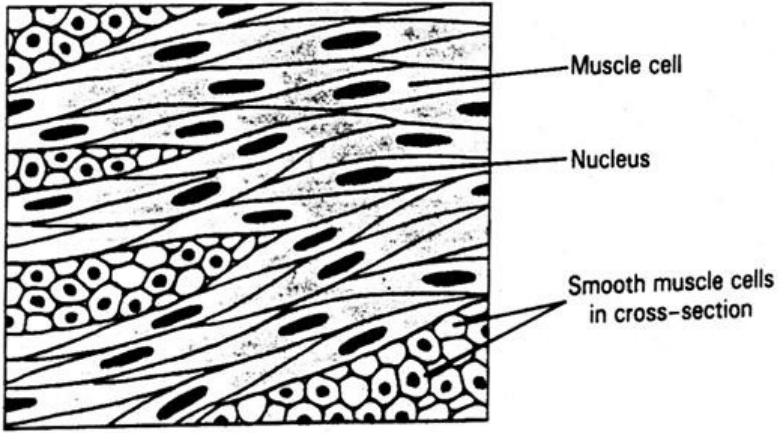
# MUSCLE TISSUE



# SMOOTH MUSCLE TISSUE

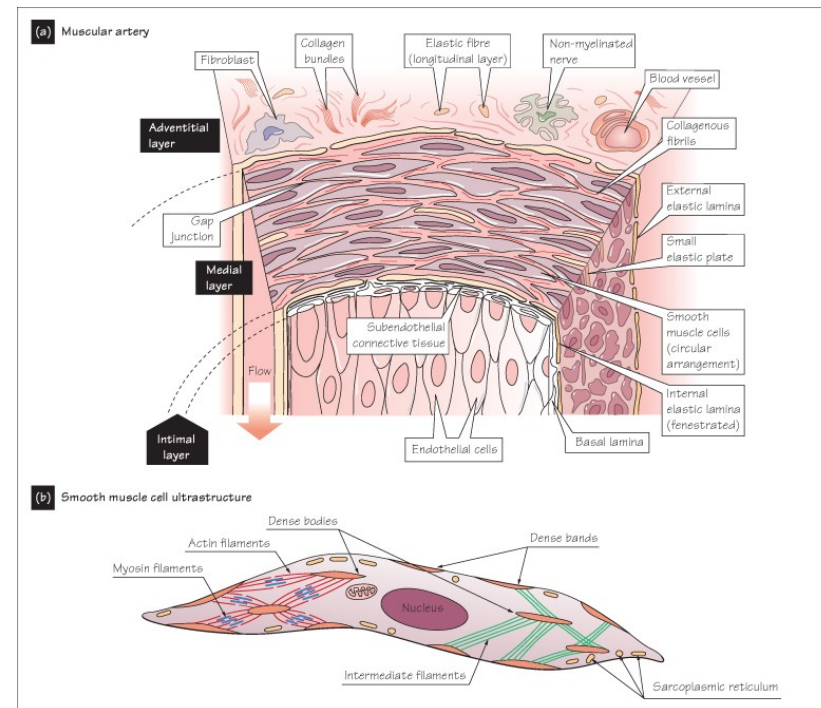
# SMOOTH MUSCLE TISSUE

- Cells – **leiomyocytes** - form layers - eg. in walls of hollow organs



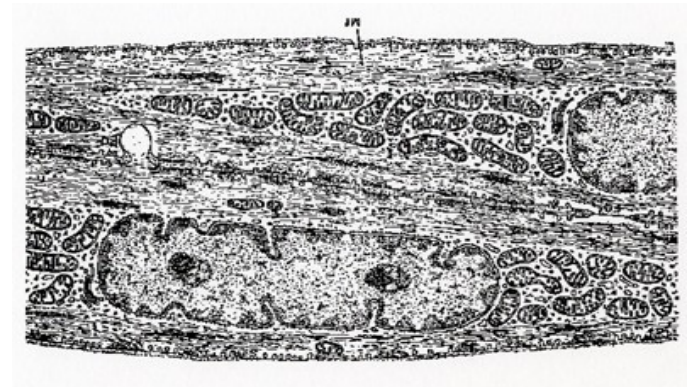
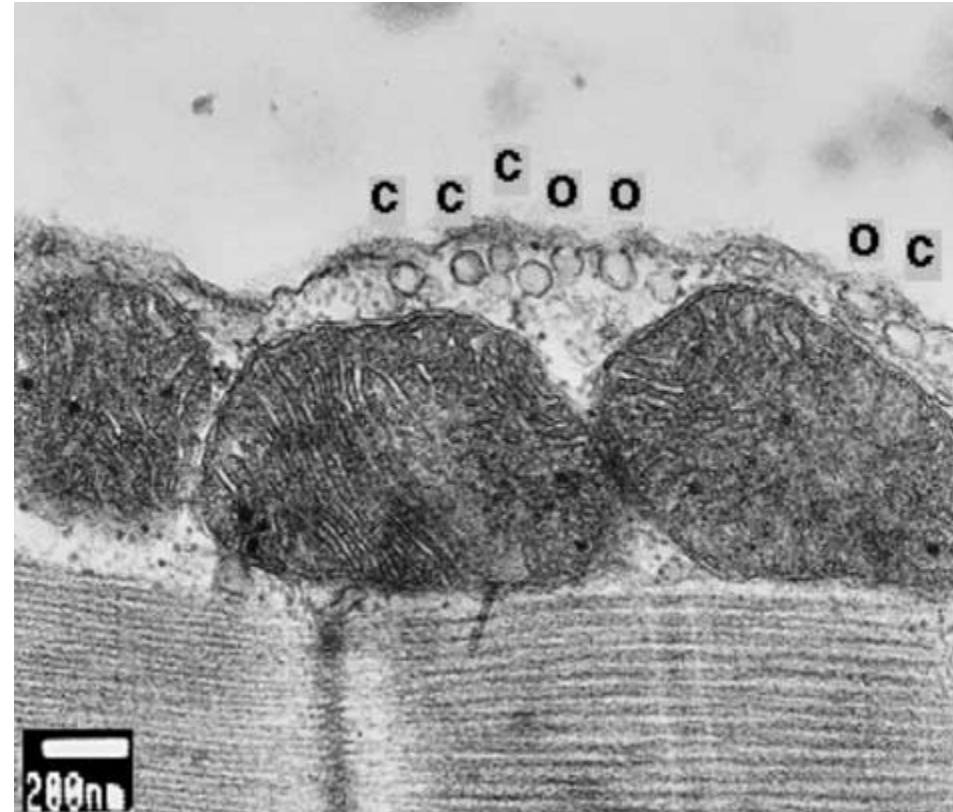
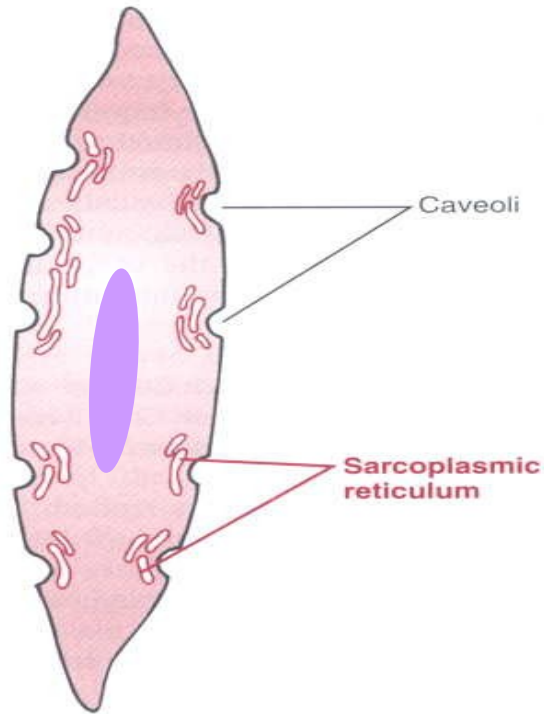
# SMOOTH MUSCLE TISSUE

- spindle shaped cells (leiomyocytes) with myofilaments not arranged into myofibrils (no striation), 1 nucleus in the centre of the cell
- myofilaments form bands throughout the cell
- actin filaments attach to the sarcolemma by focal adhesions or to the dense bodies substituting Z-lines in sarcoplasm
- sarcoplasmic reticulum forms only tubules,  $\text{Ca}^{2+}$  ions are transported to the cell via pinocytotic vesicles
- zonulae occludentes and nexuses connect cells
- calmodulin

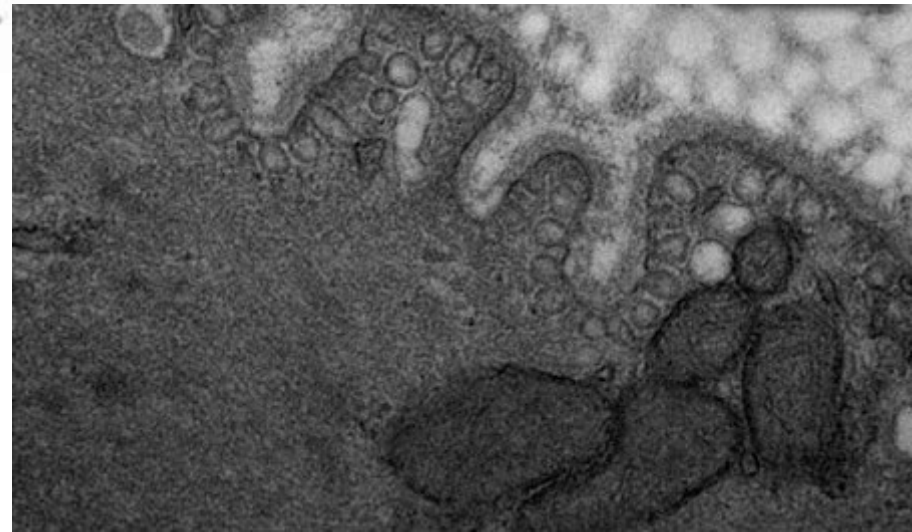
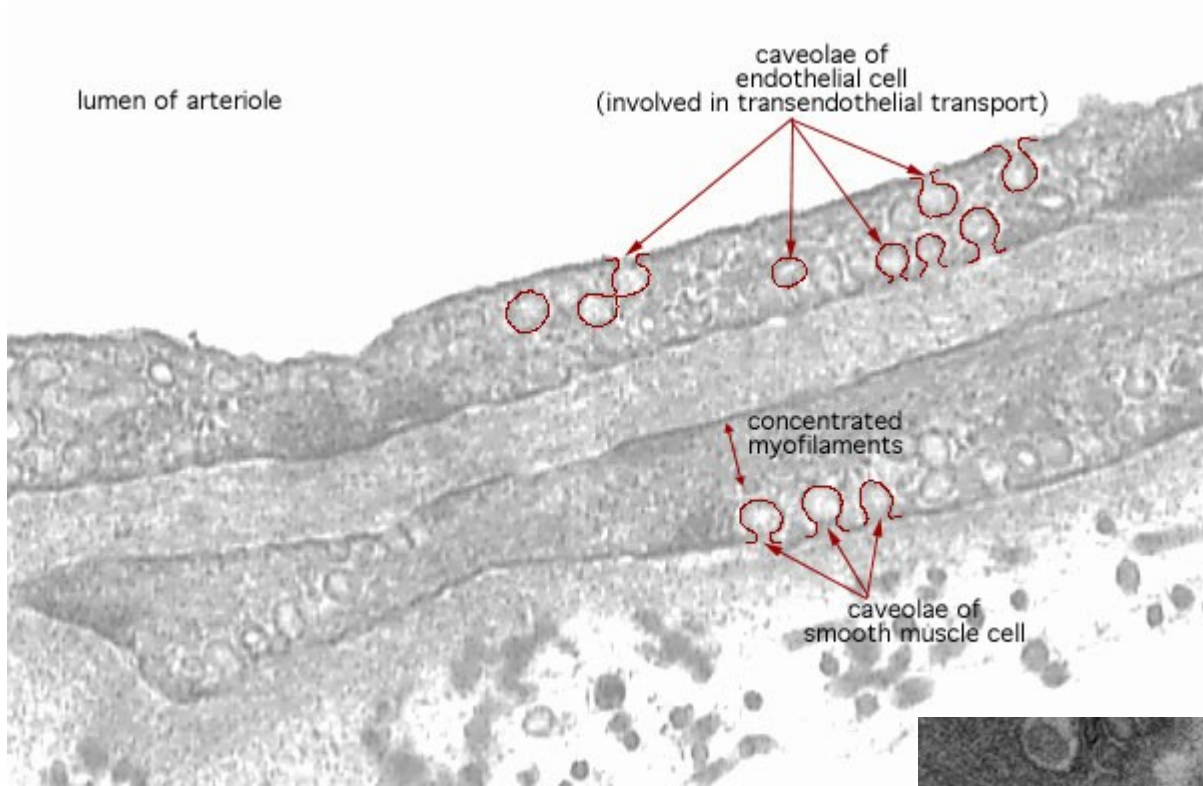


# CAVEOLS

- caveolae are equivalent to t-tubules
- transmembrane ion channels



# CAVEOLS



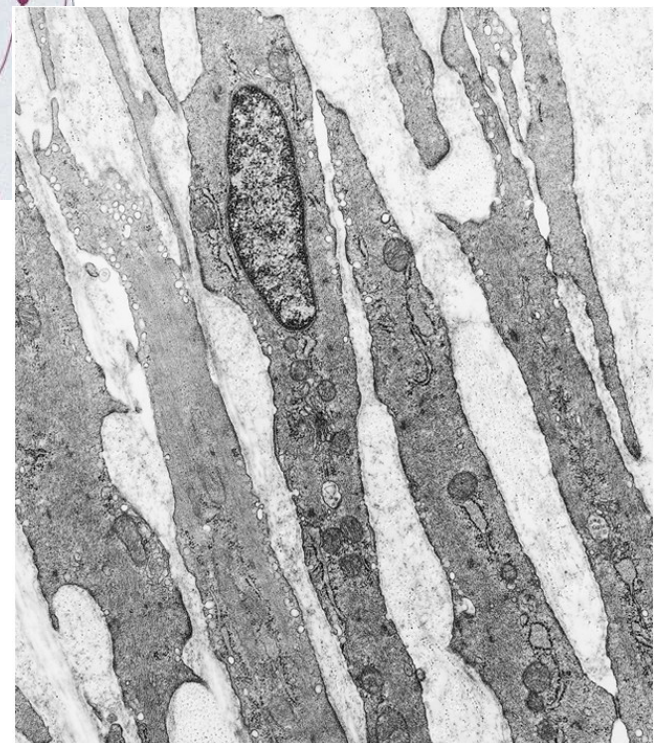
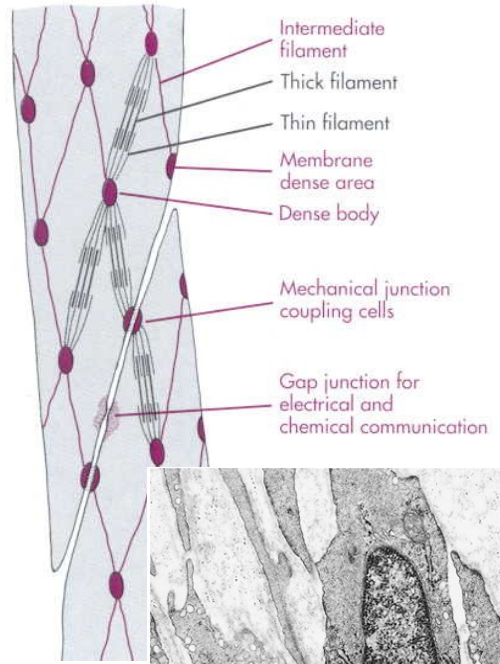
# CONTRACTION OF LEIOMYCYTES



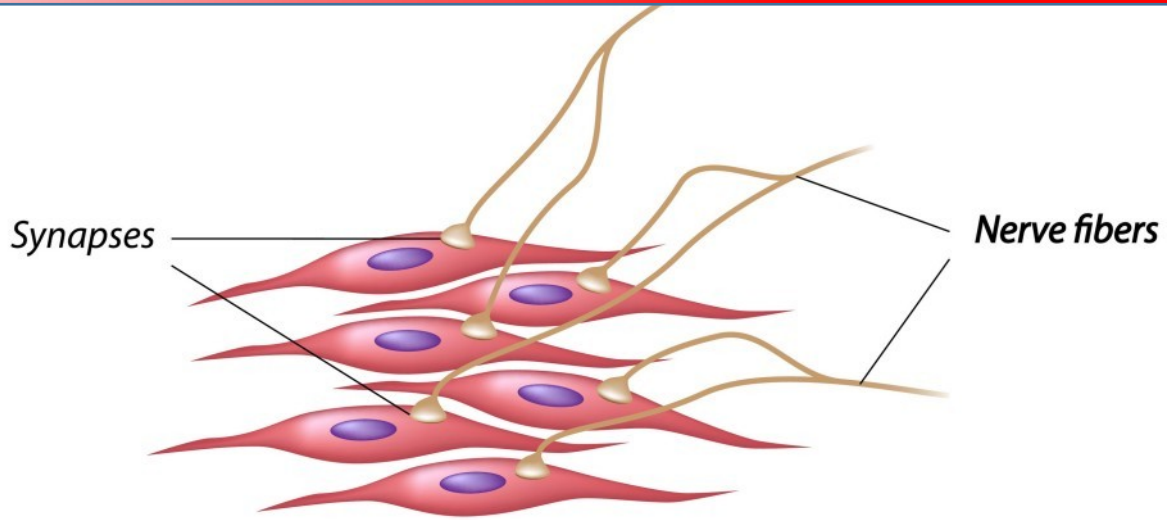
Relaxed smooth muscle cell



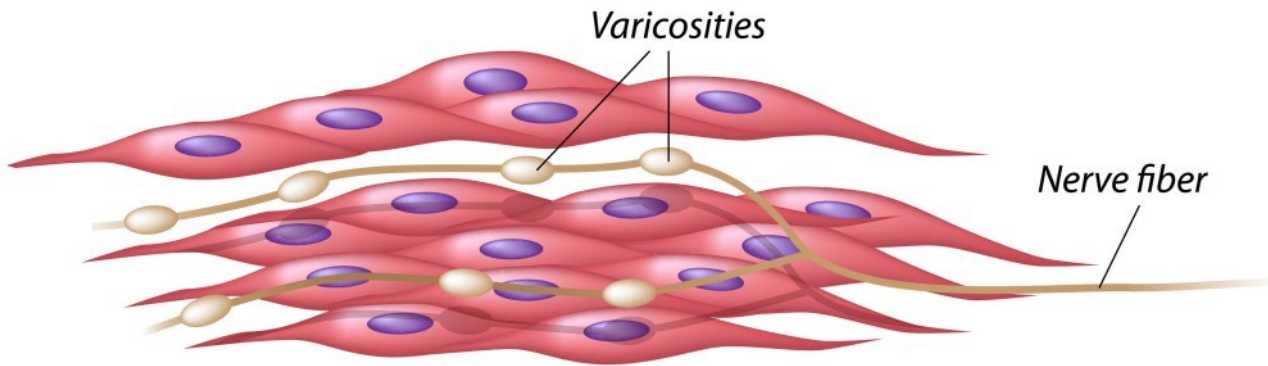
Contracted smooth muscle cell



# INNERVATION OF LEIOMYCYTES



Multiunit Smooth Muscle

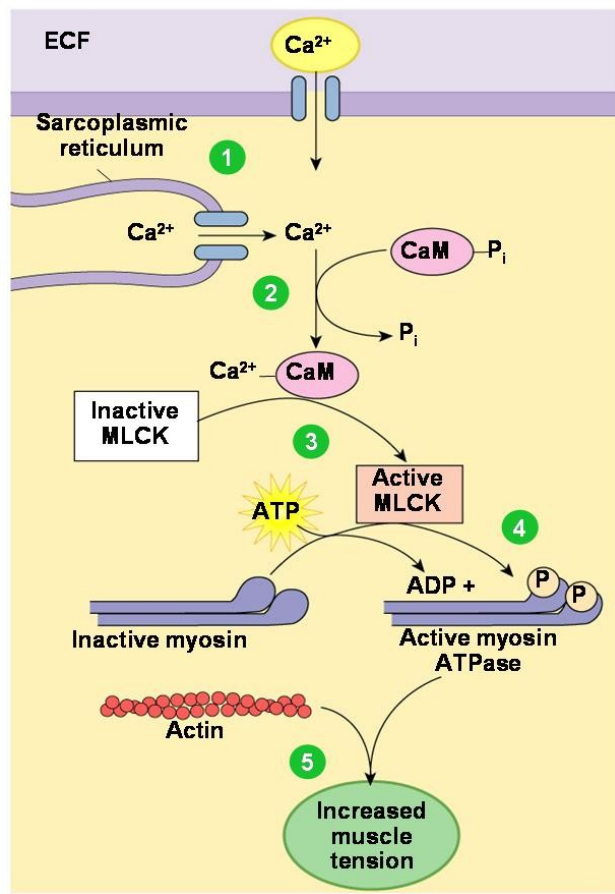
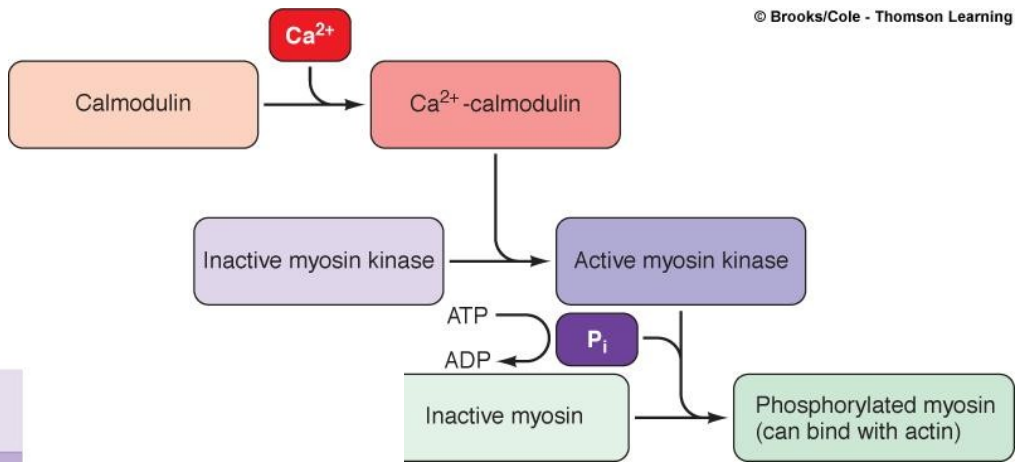


Single-unit Smooth Muscle

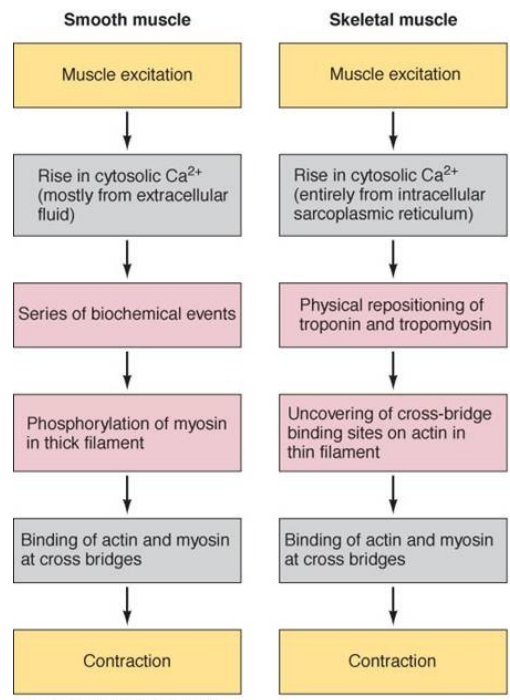


# CONTRACTION OF LEIOMYCYTES

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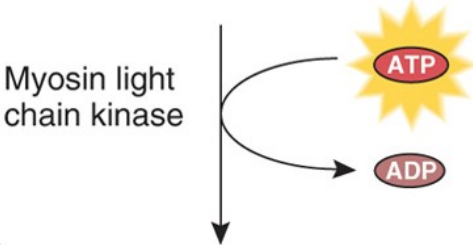
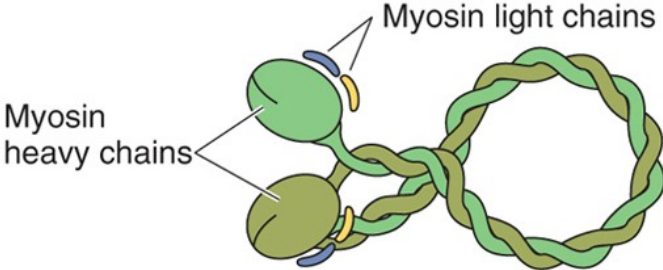
- 1 Intracellular  $\text{Ca}^{2+}$  concentrations increase when  $\text{Ca}^{2+}$  enters cell and is released from sarcoplasmic reticulum.
- 2  $\text{Ca}^{2+}$  binds to calmodulin (CaM).
- 3  $\text{Ca}^{2+}$ -calmodulin activates myosin light chain kinase (MLCK).
- 4 MLCK phosphorylates light chains in myosin heads and increases myosin ATPase activity.
- 5 Active myosin crossbridges slide along actin and create muscle tension.



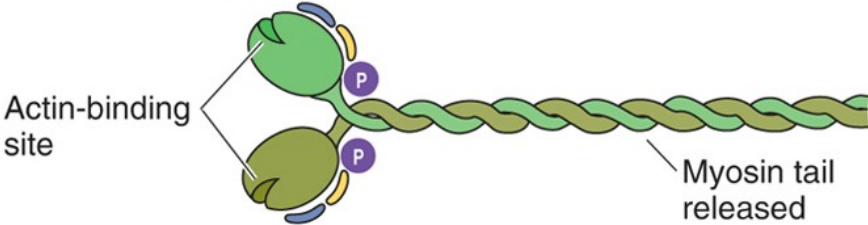
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# SMOOTH MUSCLE TISSUE

**Inactive state**  
(light chains not phosphorylated)



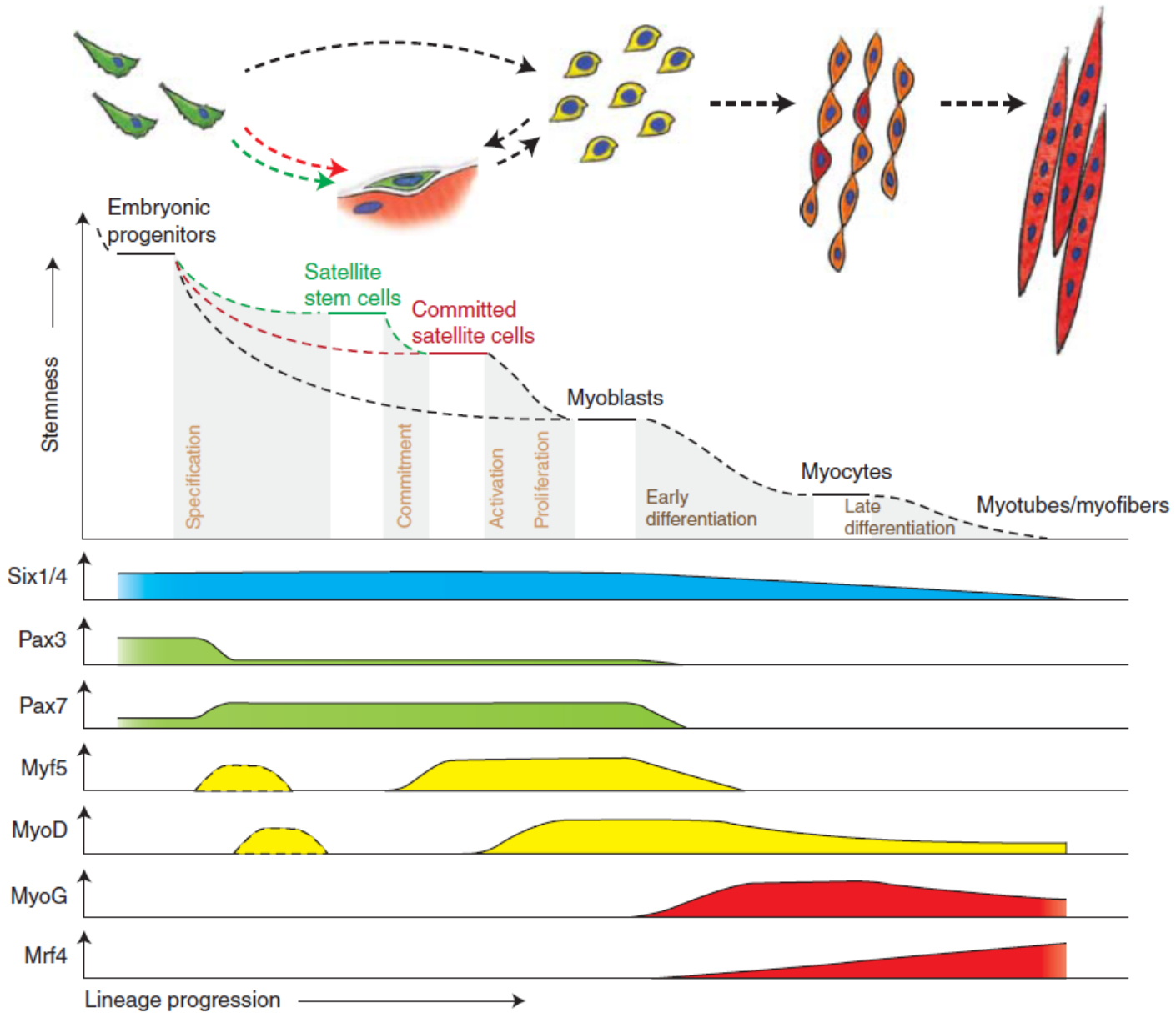
**Active state**  
(light chains phosphorylated)



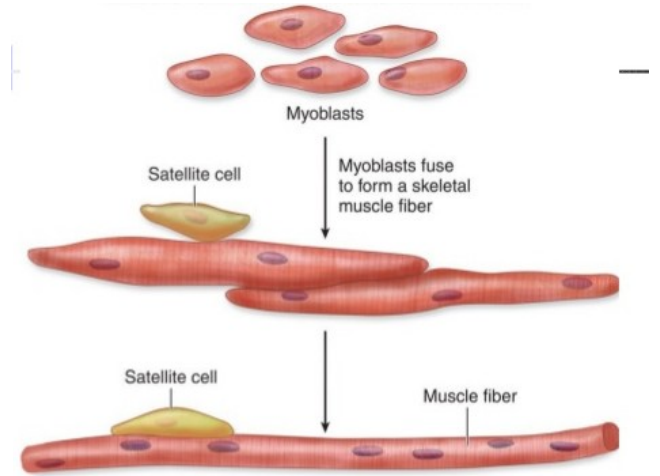
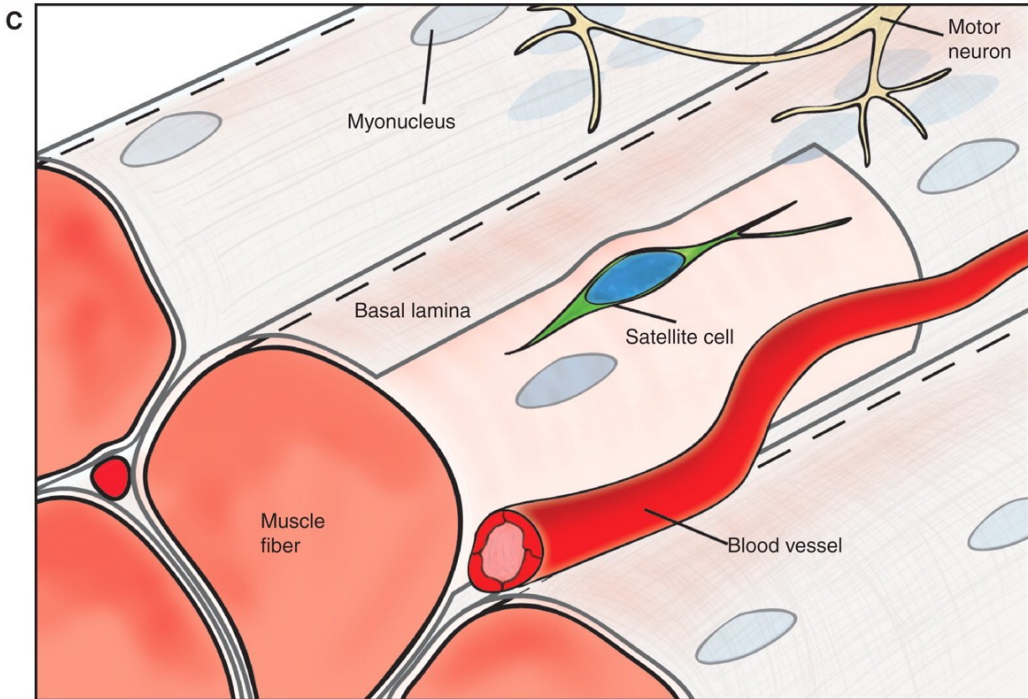
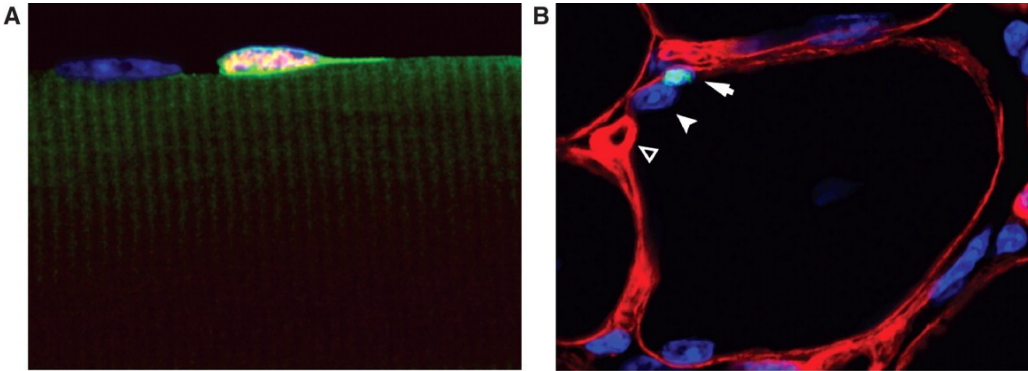
# SUMMARY

Hallmark	Skeletal muscle	Cardiac muscle	Smooth muscle
Cells	Thick, long, cylindrical, non-branched	Branched, cylindrical	Small, spindle-shaped
Nuclei	Abundant, peripherally	1-2, centrally	1, centrally
Filaments ratio (thin:thick)	6:1	6:1	12:1
sER and myofibrils	Regular sER around myofibrils	Less regular sER, myofibrils less apparent	Less regular sER, myofibrils not developed
T tubules	Between A-I band, triads	Z lines, diads	Not developed
Motor end plate	Present	Not present	Not present
Motor regulation	Voluntary control	No voluntary control	No voluntary control
Other	Large multinucleated cells in bundles, c.t.	Intercalated discs, working and specialized cardiomyocytes	Caveoli, overlapping cells in layers

# EMBRYONIC DEVELOPMENT OF SKELETAL MUSCLE TISSUE



# REGENERATION



Satellite cells - equivalent to embryonic precursors of muscle fibers

# THANK YOU FOR ATTENTION

pvanhara@med.muni.cz

<http://www.med.muni.cz/histology>