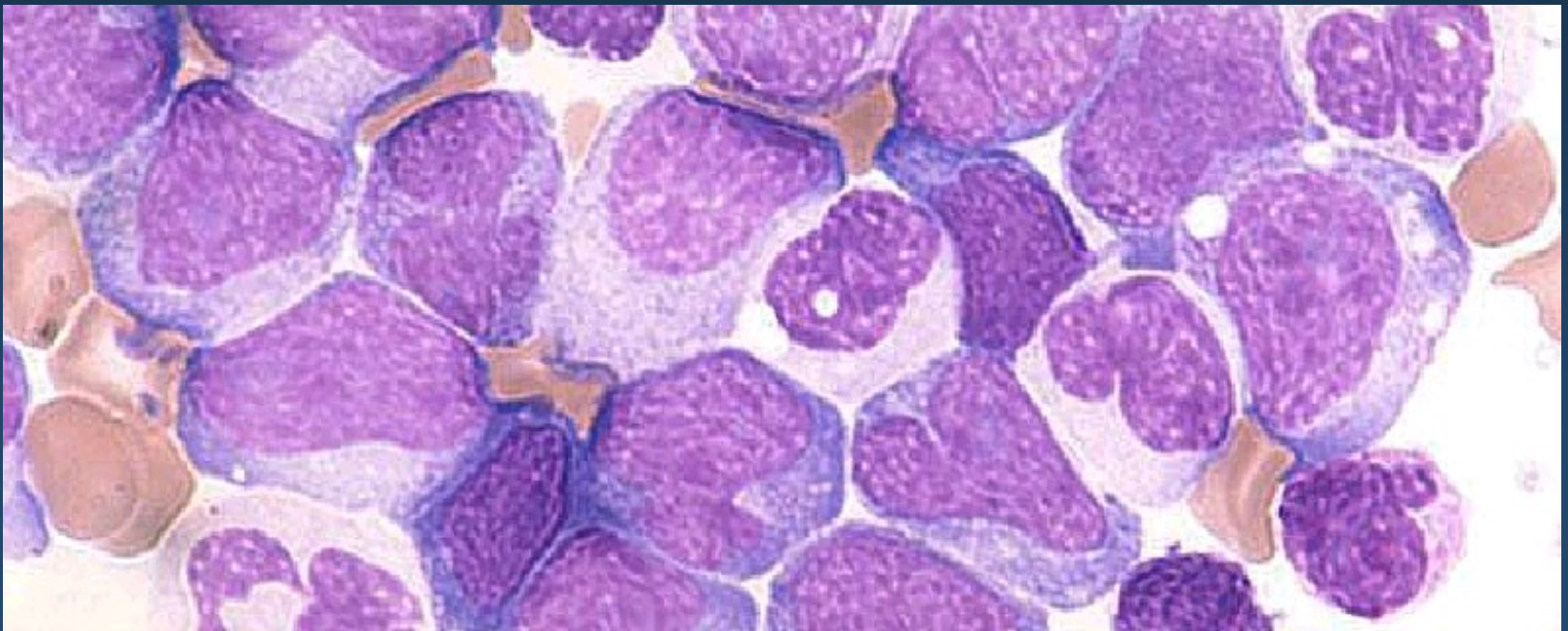


LEUKEMIAS AND MYELOPROLIFERATIVE DISEASES

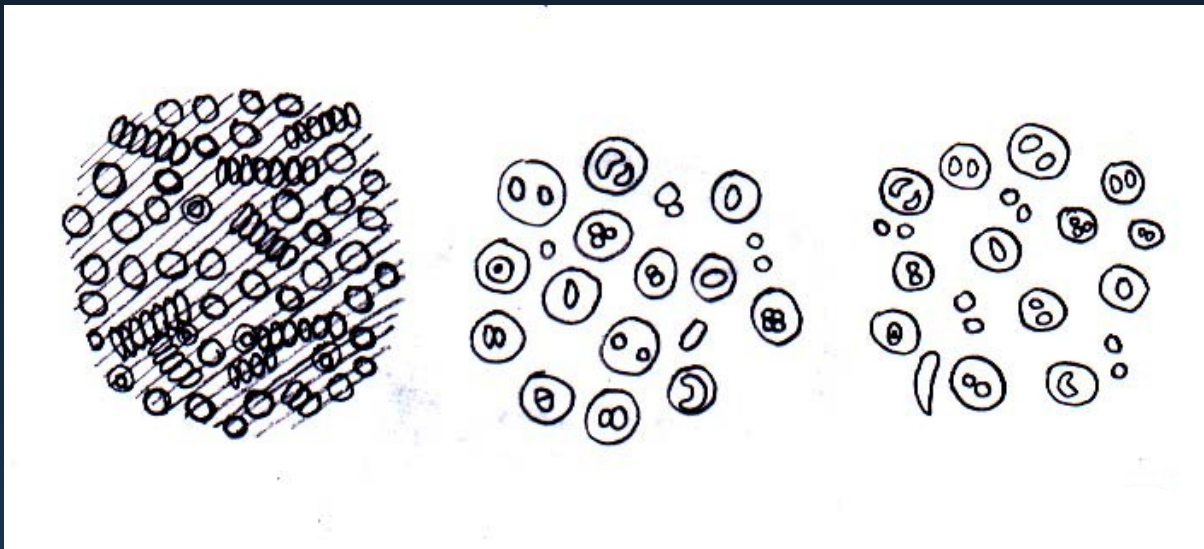


DEFINITION

Leukemias and myeloproliferative diseases are CLONAL disorders resulting from a mutation of DNA within a pluripotent marrow stem cell or very early progenitor cell.

CLONAL POPULATION OF CELLS - cells with growth and/or proliferation advantage over against normal bone marrow cells.

Mutation of DNA can result in the expression of fusion genes that encode fusion proteins that are oncogenic or in the underexpression of genes that encode molecules critical to control of cell growth or programmed cell death.



John Hughes Bennett: Two Cases of Disease and Enlargement of the Spleen, in which death took place from presence of purulent matter in the blood, 1845

Heilkunde.

Weißes Blut.

In den älteren Schriftstellern finden sich hier und da Beobachtungen über Blut, das seine Farbe so vollkommen verloren hatte, daß es der Milch, dem Chylus, Schleime (pituita) oder Eiter verglichen wurde. (Haller, Elem. physiol. 1760. Tom. II. p. 14–16.) Die Mittheilung des folgenden Krankheitsfalles wird diese scheinbar fabelhafte Angabe bestätigen.

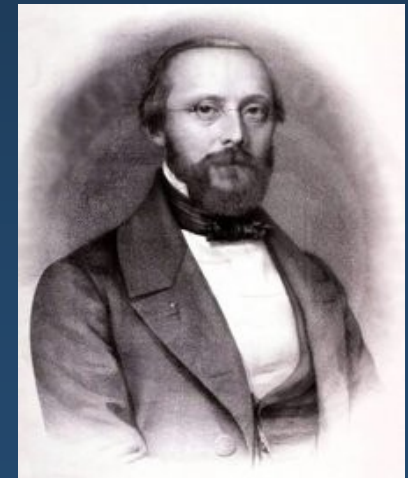
Krankheitsgeschichte. (Anzug aus dem auf der Mittheilung geführten Journal.) Marie Straide, Köchin, 50 Jahre alt, wurde am 1. März d. J. in die Charité aufgenommen. Nach ihrer Aussage hatte sie vor einem Jahre bei

sten von Neuem zunahm, ohne jedoch je mit Brustschmerzen verbunden zu seyn. In den letzten 8 Tagen waren endlich wieder sehr zahlreiche, zum Theil blutige Durchfälle aufgetreten.

Bei der Aufnahme leichtes Ödem der unteren Extremitäten; Leib voll, aufgetrieben, fluctirend, bedeutende Vergrößerung und mäßige Schmerzhaftigkeit der Milz; häufiger, anhaltender Husten mit reichlichen geballten sputis, Wassergerausche auf der Brust; Appetit und Zunge gut; Puls 78 Schläge machend; Harn sparjam; große Erschöpfung. (Inf. Colombo c. lincl. Casarill. et Tinct. theb.). — In den nächsten Tagen bessert das Befinden sich der Durchfall nimmt ab, es stellt sich endlich Stuhlverstopfung ein (Inf. Rhei c. Mell. Tarax.). Neue Diarrhöe (Emuls. comm. c. Aq. Amygd. amar.).

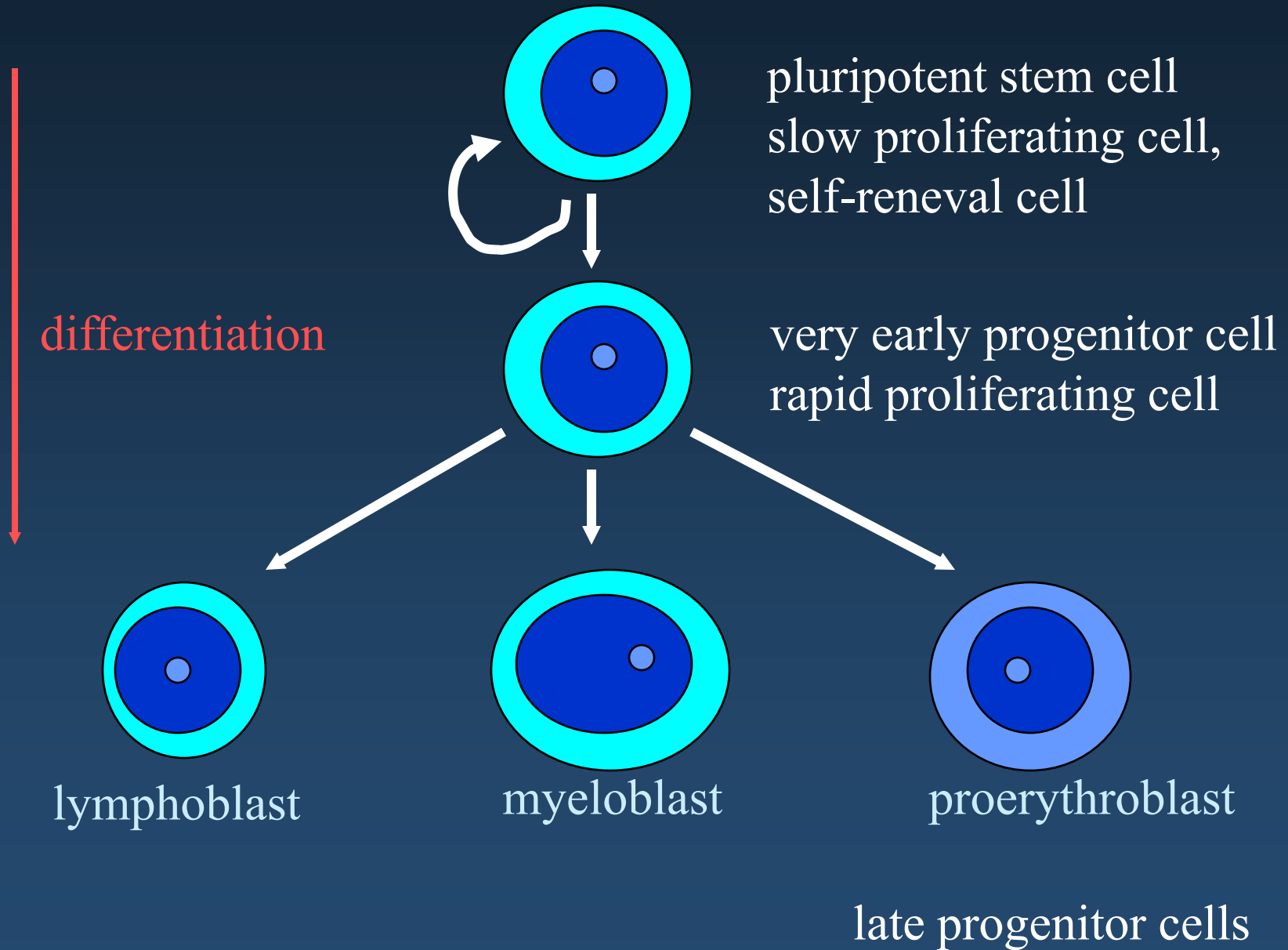
II. Weißes Blut (Leukämie).

Es giebt gewisse Wahrheiten, welche sich in der Wissenschaft nur sehr langsam und schrittweise Geltung verschaffen. So scheint es meinen Mittheilungen über weißes Blut (d. h. eine Vermehrung der farblosen Blutkörperchen in dem Maasse, daß die rothe Farbe des Blutes dadurch in eine röthlich-, gelblich- oder grünlichweisse verwandelt wird) und dem Zusammenhang desselben mit chronischen Milzanschwellungen zu ergehen. Bei der ersten Veröffentlichung des von mir beobachteten Falls (Froriep's N. Notiz. 1845. No. 780.) hob ich schon diesen Zusammenhang hervor und zeigte den Unterschied dieser Blutveränderung von der sogenannten pyämischen. Trotzdem übergeht Bischoff (Müller's Archiv 1846. Jahresber. p. 135.) in seinem Referat den ersteren ganz und bemerkt nur, daß eine chemische Untersuchung nicht angestellt sei und daß der Fall mit anderen, unter dieser Bezeichnung aufbewahrten Fällen nur die Aehnlichkeit des äußeren Ansehens



Rudolf Virchow: Weisses Blut. Frorieps Notizen, 36, s. 152 – 156, 1845

FIG.: SCHEME OF HEMATOPOIESIS



CLASSIFICATION OF MALIGNANT HEMATOPOIETIC DISEASES - shortened

Myeloproliferative disorders

- polycythemia vera
- essential thrombocytemia
- myelofibrosis
- chronic myeloid leukemia

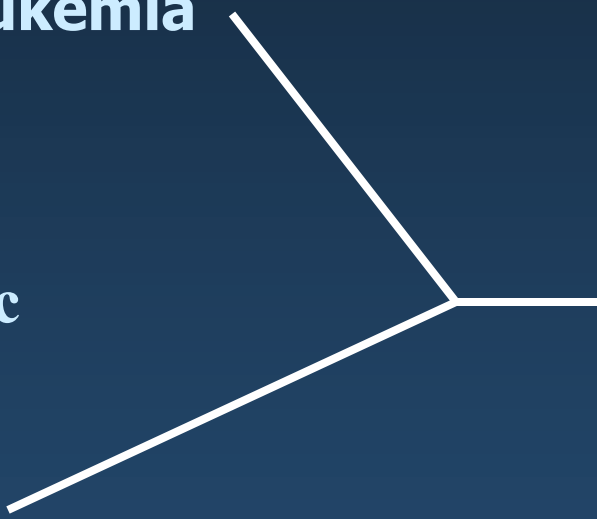
Leukemias

- acute

myelogenous
lymphoblastic

- chronic

myeloid
lymphocytic
hairy cell



In reality,
chronic myeloid
leukemia is one of
myeloproliferative
disorders.

Myelodysplastic syndromes - „preleukemias“

Frequency of occurrence

All leukemias affect
13/100 000 M 10/100 000 F

THERE IS A SLIGHT INCREASE COMPARING WITH 70S.

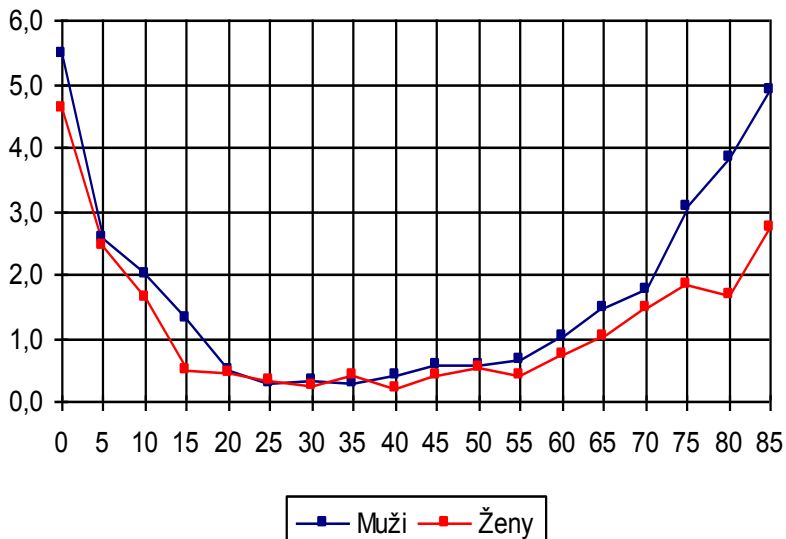
40 % CLL (the most common leukemia of Caucasians),
25 % AML, 15 % CML, 11 % ALL,
2 % HCL, 7 % other

Myeloproliferative disorders without CML
1-3/100 000

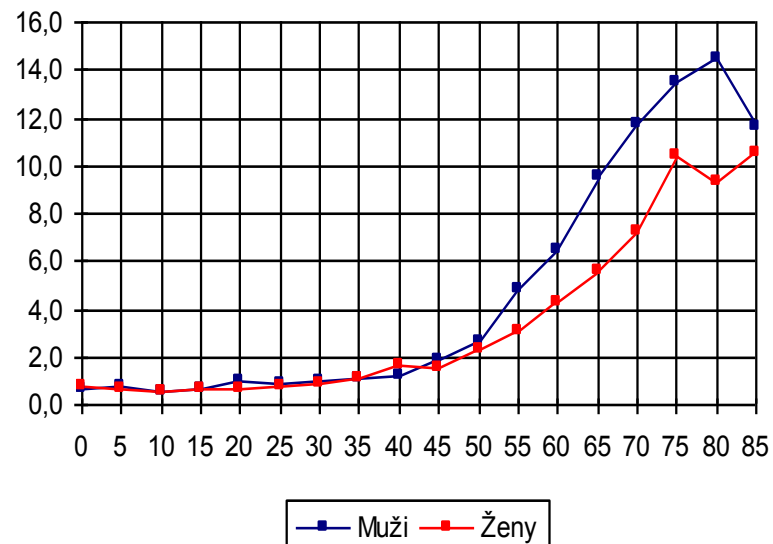
Myelodysplastic syndromes
1-3/100 000

ALL

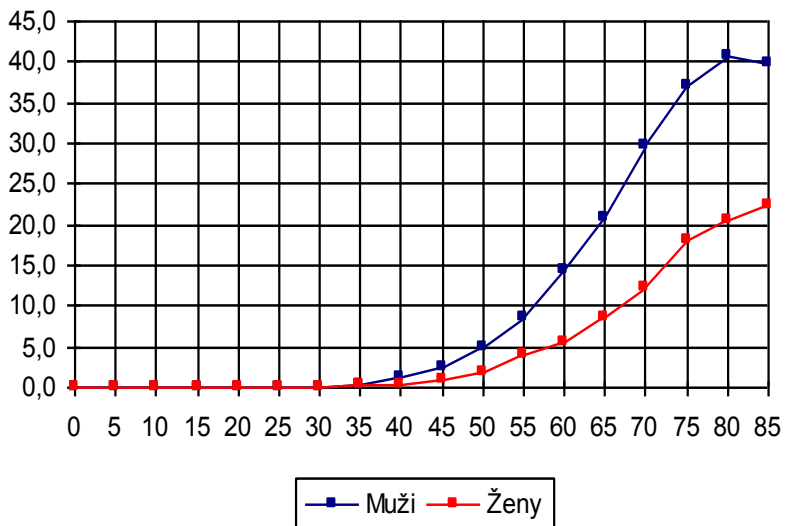
per 100 000



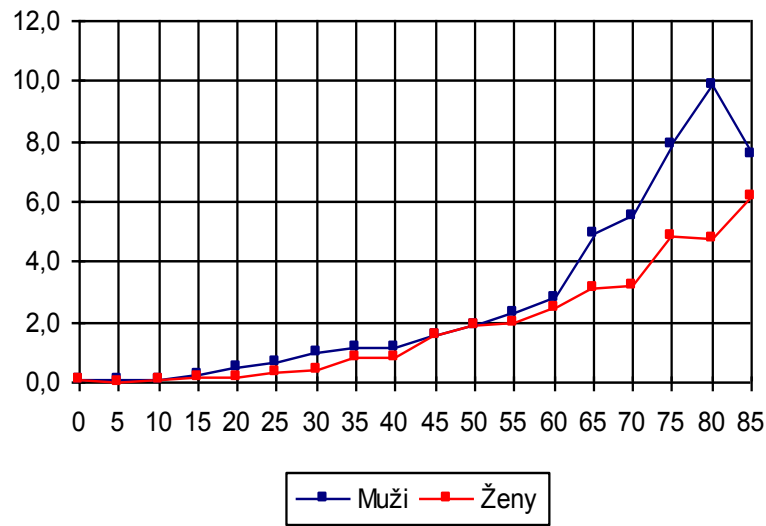
AML



CLL



CML



Clinical symptoms of malignant diseases of blood and bone marrow

Symptoms affecting patients	Frequency
infection, fever	36 % (all)
bleeding	33 % (APL, AML)
thrombosis, DIC	10 % (APL, ET, PV)
lymph nodes enlargement	57 % (ALL, CLL)
splenomegaly	56 % (CML, CLL, PV, MF)
hepatomegaly	47 % (CML, AML)
mediastinal tumor	14 % (ALL, CLL)
CNS involvemnet	7 % (ALL, AML M5)
involvement of another organs	9 % (all)

CAVE: All symptoms of hematologic diseases are non-specific!

Differential diagnosis

SPLENOMEGALY

Myelofibrosis, CML, HCL
CLL, CML
ALL (occasionally)

LYMPHADENOPATHY

CLL, ALL
(CML, AML)

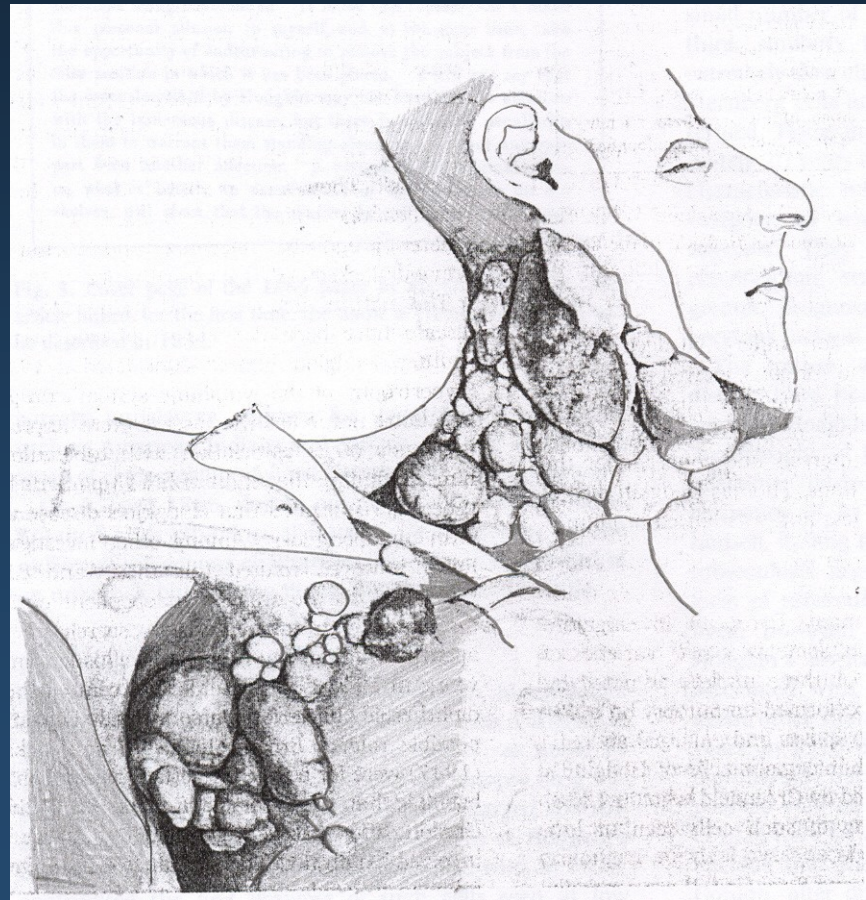
ON SOME
MORBID APPEARANCES
OF
THE ABSORBENT GLANDS
AND
SPLEEN.

BY DR. HODGKIN.

PRESENTED
BY DR. R. LEE.

READ JANUARY 10TH AND 24TH, 1832.

The morbid alterations of structure which I am about to describe are probably familiar to many



Differential diagnosis

THROMBOCYTHEMIA

PMF, ET, PV, CML
MDS (5q-), MDS/MPS

THROMBOCYTOPENIA

ALL, AML, HCL, MDS
myelofibrosis
CLL (autoimmune phenomenon)
CML (accelerated phase, blast crisis)











TABLE II. Time from the First Symptoms (Analysis Only Performed Among Patients that Presented Symptoms) and from the First Medical Visit to a Definitive Diagnosis

	ALL	AML	APL	CLL	CML	HCL	Acute leukemias	Chronic leukemias	Total
Time from the first symptoms to a definitive diagnosis ^a									
No. of analyzed pts.	90	305	59	125	68	22	454	215	669
Days—median (range)	25 (3–194)	22 (0–226)	14 (3–90)	27 (3–274)	21 (1–256)	34.5 (4–370)	21 (0–226)	27 (1–370)	22 (0–370)
Days—25–75% interval	14–43	12–36	8–22	14–52	11.5–48	14–77	12–35	13–60	12–42
Time from the first medical visit to a definitive diagnosis									
No. of analyzed pts.	106	366 ^b	74	293	123	41	546	457	1003
Days—median (range)	9 (0–108)	7 (0–171)	5.5 (0–71)	12 (0–343)	6 (0–119)	20 (0–355)	7 (0–171)	10 (0–355)	8 (0–355)
Days—25–75% interval	3–16	3–16	2–12	4–22	2–16	8–36	3–15	3–23	3–19

LEUKEMIAS

Do you know differences between acute and chronic leukemias?

Briefly:

Acute leukemia - there is defect of proliferation, proliferation of young bone marrow cells (blasts) is increased!

Chronic leukemia - there is defect of apoptosis (programmed cell death), apoptosis of mature cells is decreased, mature cells are accumulated in the body!

CAVE: CL can switch to AL (CML in blast crisis, CLL in Richter's syndrome)

LEUKEMIAS – PREDISPOSING FACTORS

Increased risk of leukemia is in:

Genetic syndromes – M. Down, FA, ataxia telangiectasia

Drugs (chemotherapy, alkylating agents)

Radiation (can cause all leukemias except CLL)

Socioeconomic factors

(increased incidence of childhood ALL in industrial countries, probably due to later contact of children with allergens or banal childhood infections)

Viruses (EBV, HTLV I, HIV)

Benzene, toluene, etc.

LEUKEMIAS – ETIOLOGY

Lesion	Autonomní buněčná proliferace	Block diferenciace	Porucha apoptózy	Zvýšená sebeobnova	Ztráta kontroly buněčného cyklu	Diseminace maligních buněk
Molecular lesion	Akivační mutace FLT3, JAK2, c-kit Inaktivace NF1.	FML-RAF α PZLF-RAF α AML1-ETO (RUNX1-MTG8), CBF β MPL11, transkace MLL genu Mutace Pu1, CEBF α	Mutace p53 a NPM Nadřemná exprese Bcl-2	Aktivace a mutace c-terminu	Dysfunkce P15 a P16	Sekrece TNF. Vysoká exprese selektinů, kadherinů a integrinů

LEUKEMIAS AND MYELOPROLIFERATIVE DISEASES

Blood and bone marrow features

**What can we find in peripheral blood
(WBC, RBC, platelets)?**

- acute leukemia
- chronic leukemia
- myeloproliferative diseases

What can we find in bone marrow?

- acute leukemia
- chronic leukemia
- myeloproliferative diseases

Laboratory diagnostics

Peripheral blood count with differential WBC

Bone marrow

Flow cytometry (analysis of CD antigens)
(ALL, CLL, LGL)

Cytogenetic analysis (CML, AL, MDS, CLL - ?)

Molecular genetic analysis (CML, APL)

Cytology a cytochemistry

Histology (necessary in myeloproliferative diseases)

Do you know differences between trephine biopsy
and sternal puncture?

Sternal puncture - we can collect only marrow blood. SP fits
for diagnostics of leukemias.

Laboratory diagnostics

Biochemical analysis of blood (elevated LD in myeloproliferative diseases)

Coagulation – DIC, thrombophilia, bleeding
fibrinogen, aPTT, PT, AT III, DD, EGT

Other

(Chest X ray, abdominal sonography, ECG, heart sonography, serology – CMV...)

- we have to exclude focal infections and to evaluate function of heart, kidneys, liver and lungs (chemotherapy is nephrotoxic, hepatotoxic or cardiotoxic)

Differential diagnosis of malignant hematologic diseases

LEUKOPENIA is typical finding in

hairy cell leukemia

acute leukemias (ALL, AML M3, secondary
or treatment related AL)

myelofibrosis

LGL (T-LGL)

MDS (RA, RC, RCMD, RARS, RAEB)

Differential diagnosis of malignant hematologic diseases

LEUKOCYTOSIS

variant hairy cell leukemia

acute leukemias (worse prognosis)

CML, CLL

ET, PV

myelofibrosis

MDS, MDS/MPS

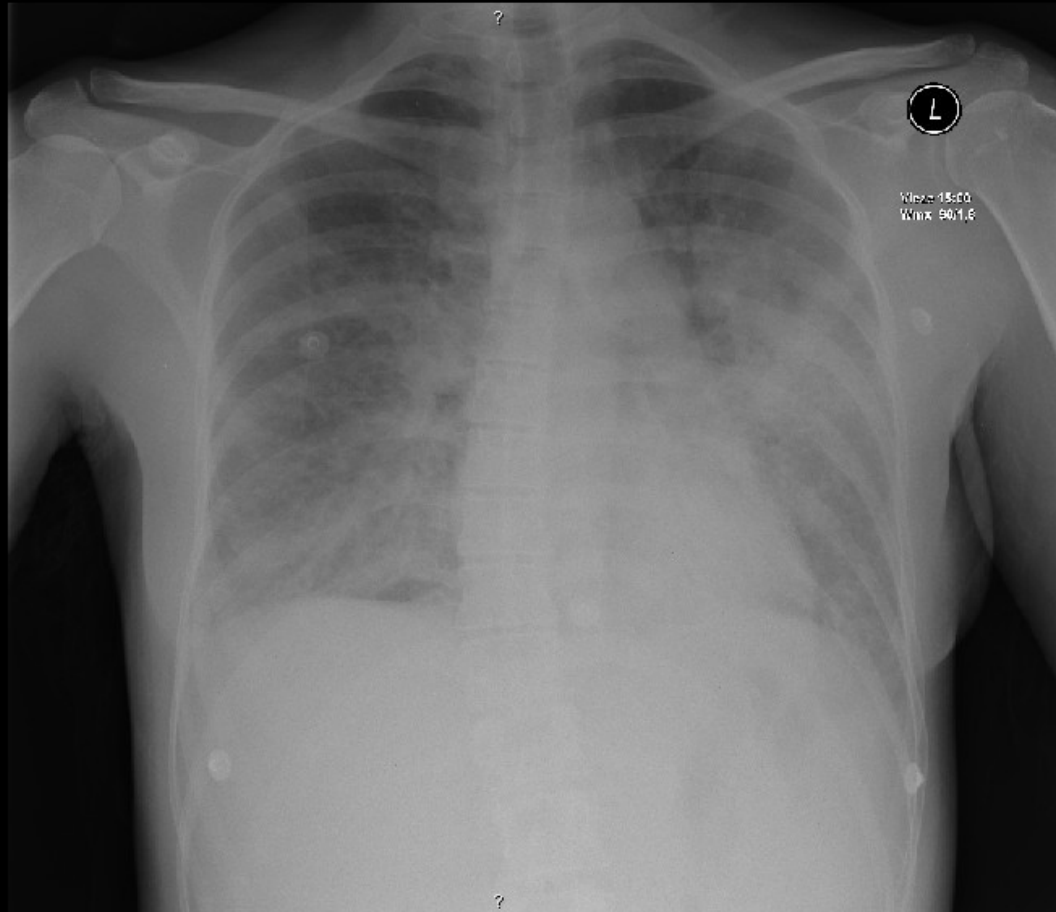
Hyperleukocytic syndrome

develops when WBC is over 200 leu/uL in CML or AL, or over 500 leu/uL in CLL (smaller cells in CLL).

The circulation of CNS, lungs, retina or penis is most sensitive to the effect of leucostasis. There are hemorrhage, dyspnea, priapism, vascular occlusion and disruption.

Treatment: leukapheresis and or cytoreduction chemotherapy.





Classification of leukemias

FAB (1982)

Classification according to morphology of malignant cells

WHO (1999-)

Classification according to morphology, cytogenetic features, flow cytometry, and molecular genetic features

Classification of AML

FAB (1982) divides AML among

AML M0, M1, M2, M3, M4, M5, M6, M7

WHO (1999-) divides AML among

AML with recurrent chromosomal abnormality
t(8,21), t(15,17), t(16,16), translocation of 11q23

AML developed from MDS

Treatment related AML – topoisomerase II inhibitors,
alkylating agents

Remainder AML – see FAB

Classification of ALL

FAB (1982)

ALL L1, L2, L3

WHO (1999) includes ALL in malignancies from B or T precursor cells

EGIL classification divides ALL among

T ALL

pro T, pre T, thymic T, mature T

B ALL

pro B, common B, pre B, mature B

Classification of chronic lymphoproliferative diseases

WHO (1999-)

includes CLL, PLL, HCL, and plasma cell leukemia
in malignancies from B or T peripheral cells

Classification of myeloproliferative diseases FAB (1982)

CML, PV, ET, MF

WHO (1999-)

CML, CNL, HES/CEL, ET, PV, MMM

Myeloproliferative/myelodysplastic disorders

atypical CML, JMML, CMML

CLL

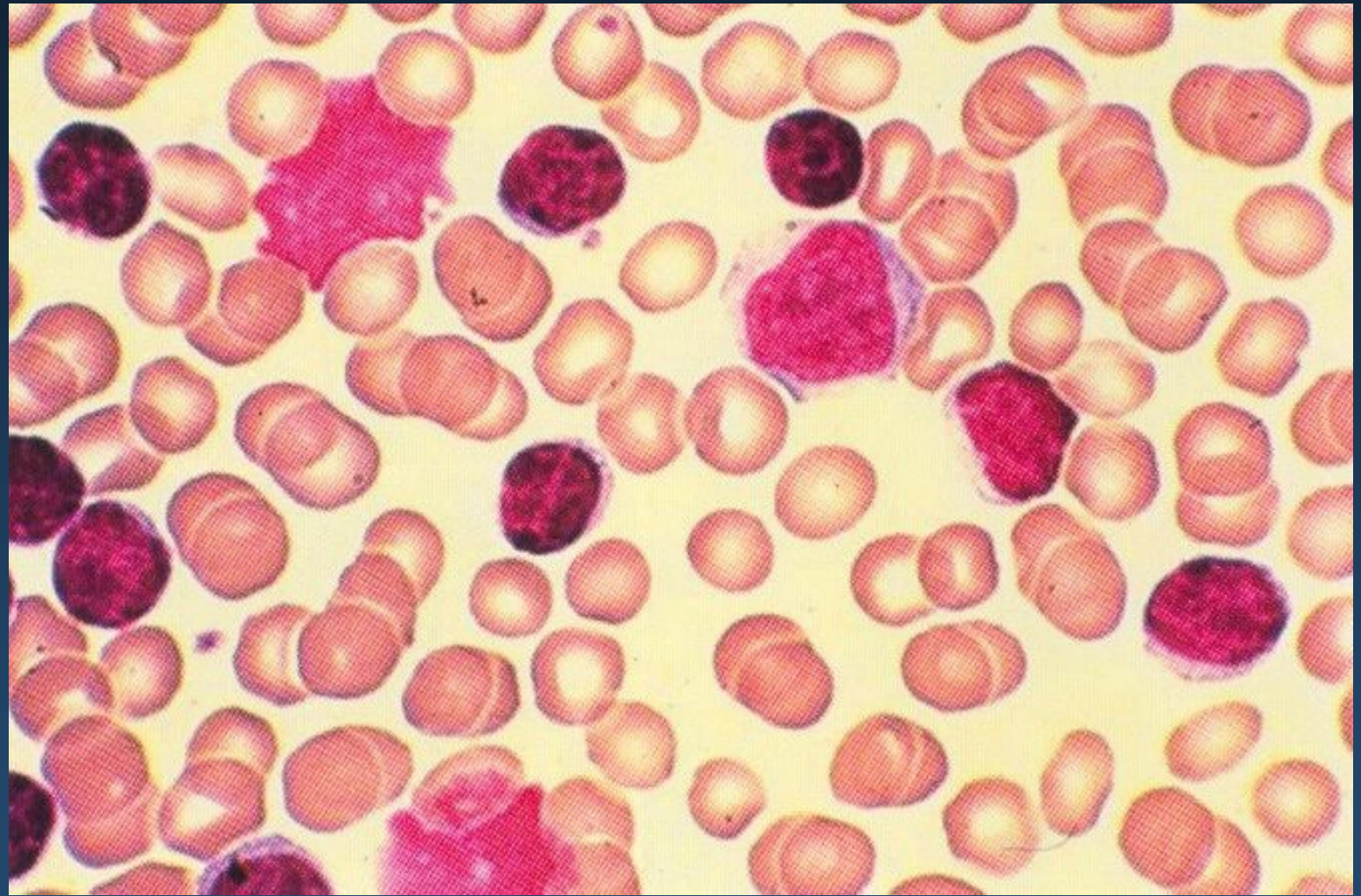
The most common leukemia of Caucasians. CLL is a disorder characterized by the accumulation of small mature-appearing lymphocytes in the blood, marrow, and lymphoid tissues.

Laboratory and clinical features:

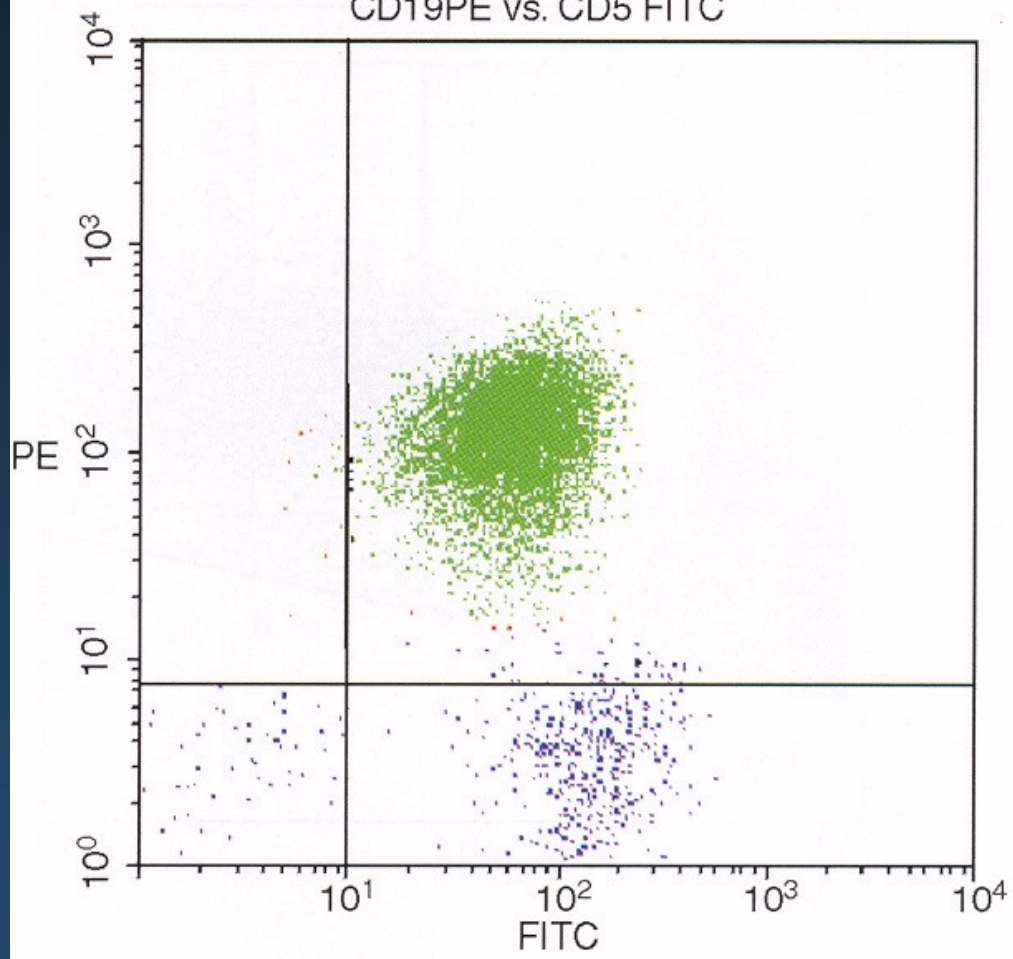
leukocytosis (absolute lymphocytosis), lymphadenopathy, splenomegaly, hepatomegaly, anemia, thrombocytopena, often autoimmune diseases (hemolysis).

Prognosis – different (better in CLL from „memory cells“ (mutated genes for IgH), in CLL with del 13q14, with focal bone marrow involvement.

Median survival of CLL patients is 8 – 10 years.



CD19PE vs. CD5 FITC



CLL

B - symptoms - fever, weight loss, sweat

Indication for therapy:

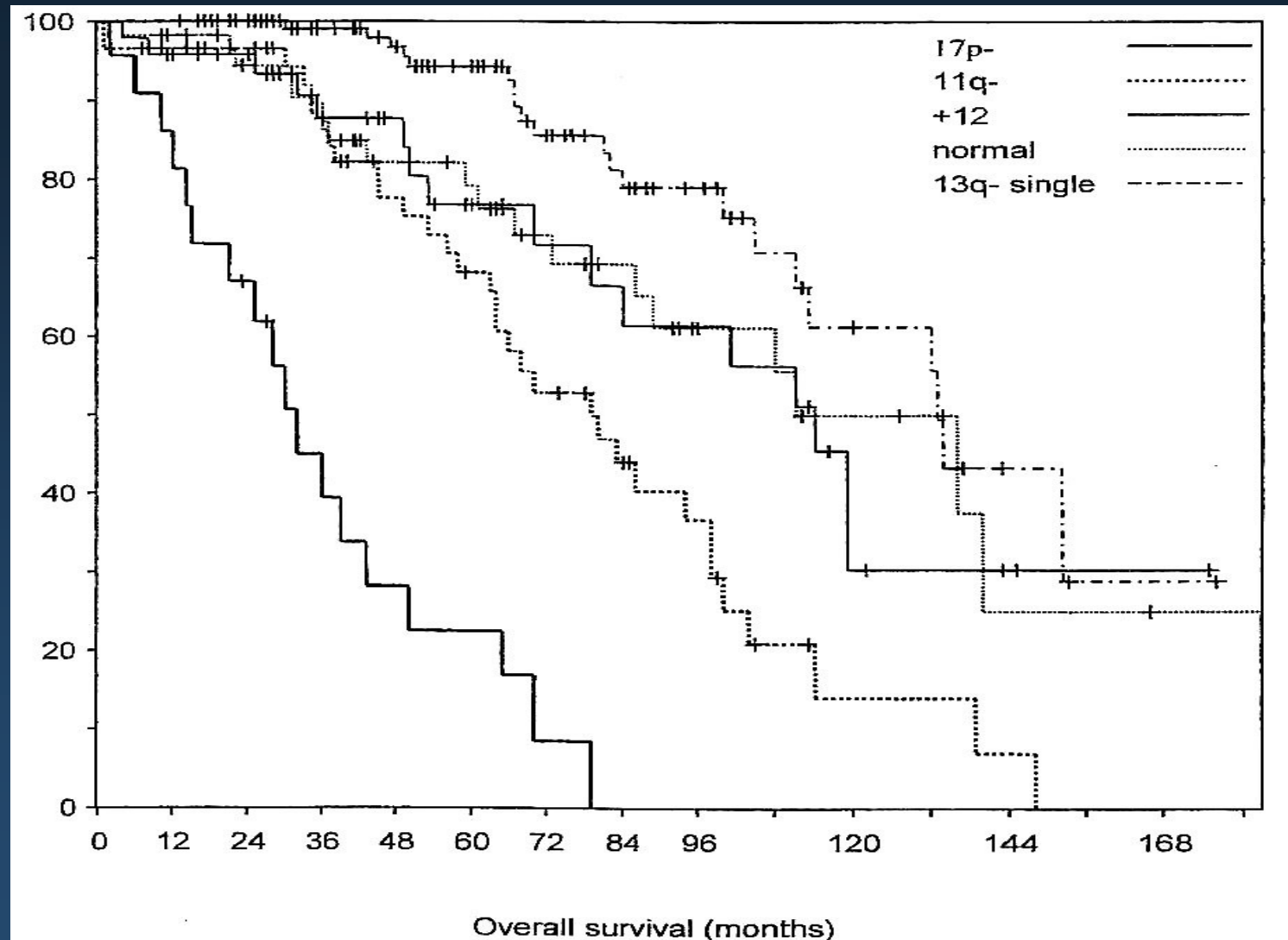
anemia, thrombocytopenia, B-symptoms, painful spleen, doubling time of peripheral blood lymphocytes 6 months or shorter, symptomatic lymphadenopathy.

Therapy:

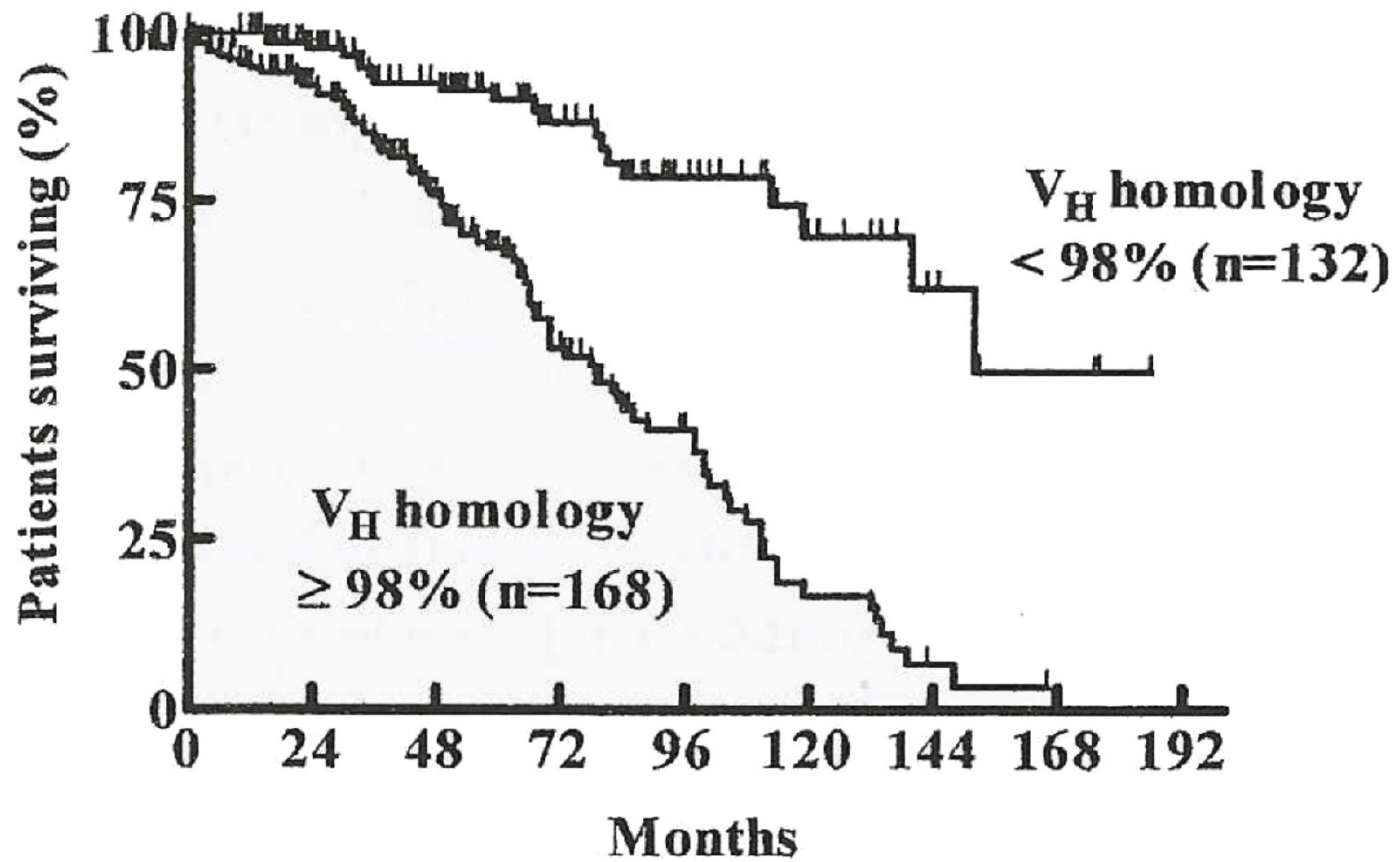
chlorambucil, fludarabin, cyklofosfamid, anthracyklins, anti CD52 antibody (alemtuzumab), anti CD20 antibody (rituximab)

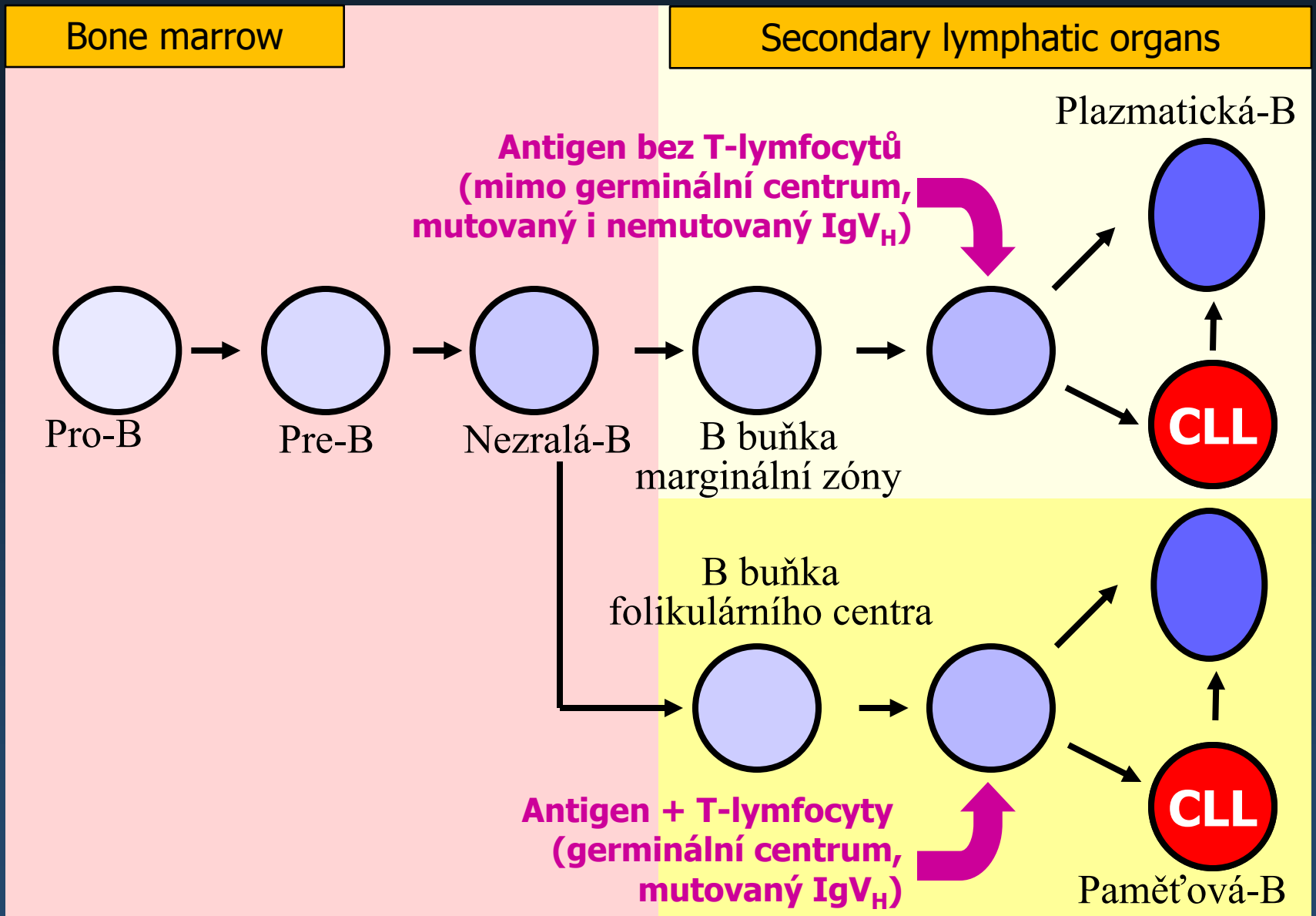
Clinical stage (Rai)	Risk	Median survival
0 (lymphocytosis)	Low	>150 months
I (lymphocytosis + lymphadenopathy)	Intermediate	101
II (lymphocytosis + splenomegaly)	Intermediate	71
III (lymphocytosis + anemia Hb < 110 g/l)	High	19
IV (lymphocytosis + thrombocytopenia < 100x10 ⁹ /L)	High	19
Clinical stage (Binet)		
A (involvement <3 regions)	Low	Not reached
B (involvement ≥ 3 regions)	Intermediate	84
C (anemia and thrombocytopenia)	High	24

Prognosis of CLL according cytogenetic features



A



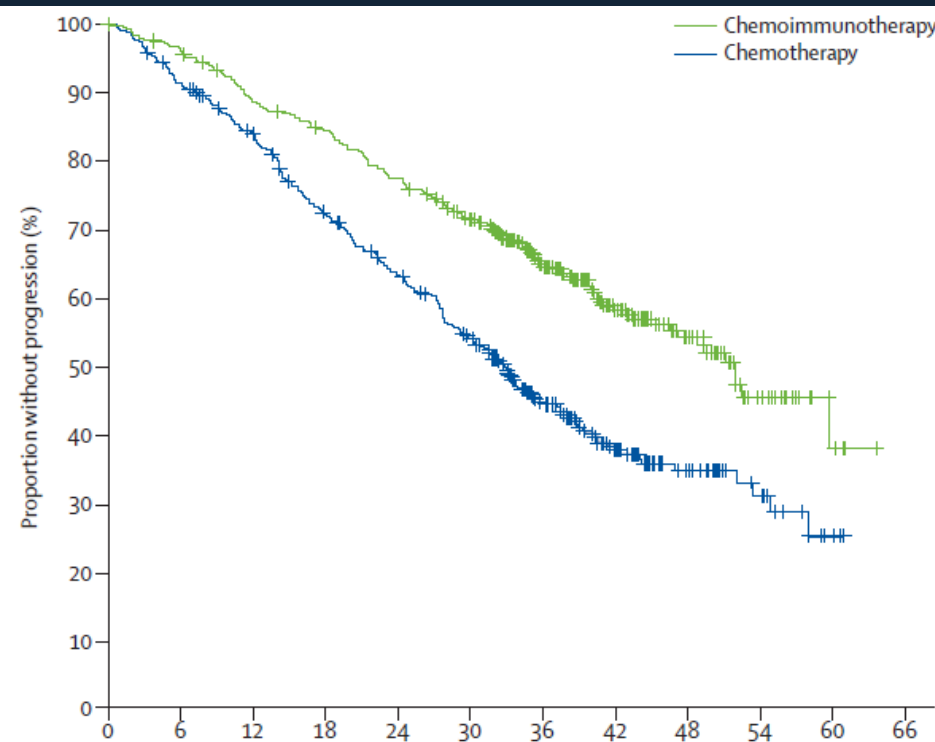


B lymphocytes maturation

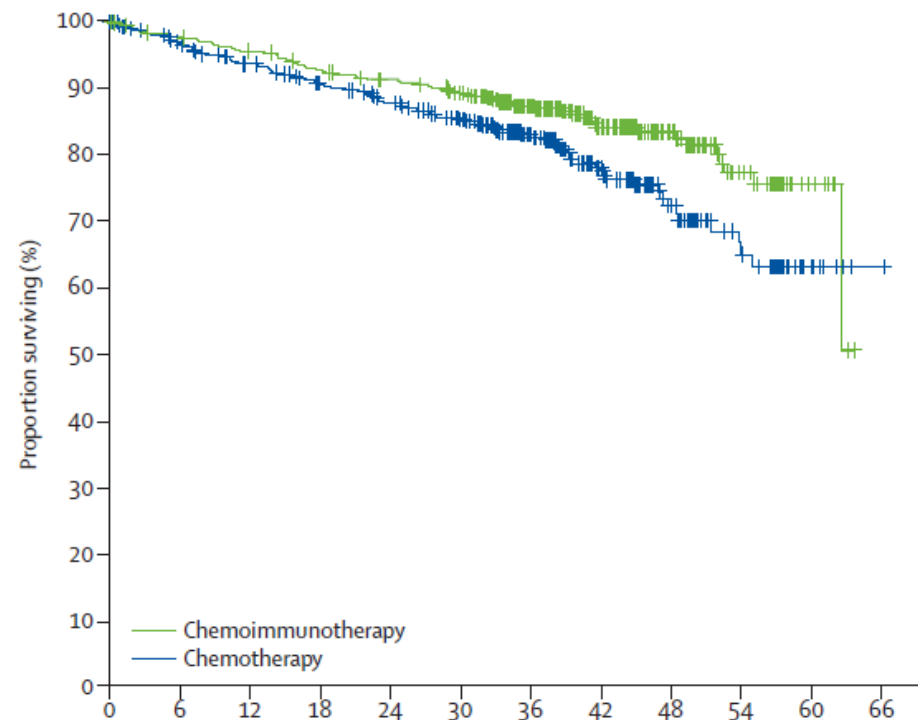
(Freda a kol., Adv. Cancer Res., 2001; Chiorazzi a kol., N. Engl. J. Med., 2005)

CLL – FCR regimen treatment

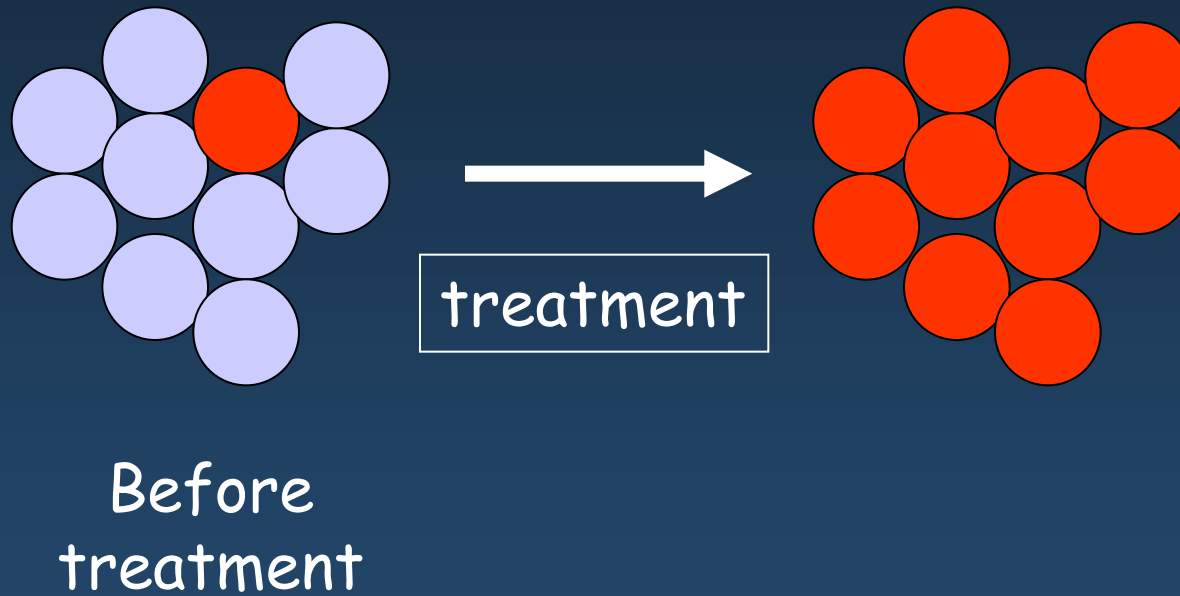
**PFS at 3 years
45% vs. 65%
 $p < 0,0001$**



**OS at 3 years
83% vs. 87%
 $p = 0,012$**



Clonal evolution in CLL – TP53



patient #	gender	age at diagnosis	mutation	sample	FASAY		Deep sequencing by GS Junior			
					result	[%]	result	[%]	coverage	p value
1	male	49	none	before therapy	neg.	5.7	neg.	< 0.2	> 5000	not tested
				follow-up I	neg.	4.3	neg.	< 0.2	> 5000	not tested
2	male	57	H179R	before therapy	neg.	4.0	pos	0.45	11409	< 0.001
				follow-up I	pos	75.1	pos	86.17	8307	< 0.001
3	female	44	R175H	before therapy	neg.	6.0	pos	13.03	7803	< 0.001
				follow-up I	pos	96.0	pos	94.10	12516	< 0.001
4	male	48	M246V	diagnosis	neg.	7.5	pos	1.70	5220	< 0.001
				follow-up I	pos	55.7	pos	50.87	5318	< 0.001
5	male	54	W146X	diagnosis	neg.	2.4	pos	0.38	5212	< 0.001
				follow-up I	pos	17.3	pos	69.99	9941	< 0.001
6	male	57	T211I	diagnosis	neg.	4.9	pos	0.53	6193	< 0.001
				follow-up I	pos	59.0	pos	51.73	8226	< 0.001
7	male	66	R273C	diagnosis	neg.	5.1	pos	0.24	16427	< 0.001
				follow-up I	pos	63.0	pos	74.22	6238	< 0.001
8	male	54	R249del	diagnosis	neg.	6.7	pos	2.80	7509	< 0.001
				follow-up I	pos	28.2	pos	46.04	6291	< 0.001
9	male	48	V272M	diagnosis	neg.	9.1	neg.	0.04	7054	0.5195
				follow-up I	neg.	2.6	pos	0.65	7128	< 0.001
				follow-up II	pos	52.0	pos	23.14	7369	< 0.001
10	female	59	H95T	diagnosis	neg.	8.7	pos	2.64	6250	< 0.001
			R248W		neg.		0.03	6095	0.7023	
			H95T	follow-up I	pos	31.0	pos	28.05	6552	< 0.001
			R248W		neg.		3.55	7343	< 0.001	
			H95T	follow-up II	neg.	94.9	neg.	0.00	6979	1.0000
			R248W		pos		97.80	7203	< 0.001	

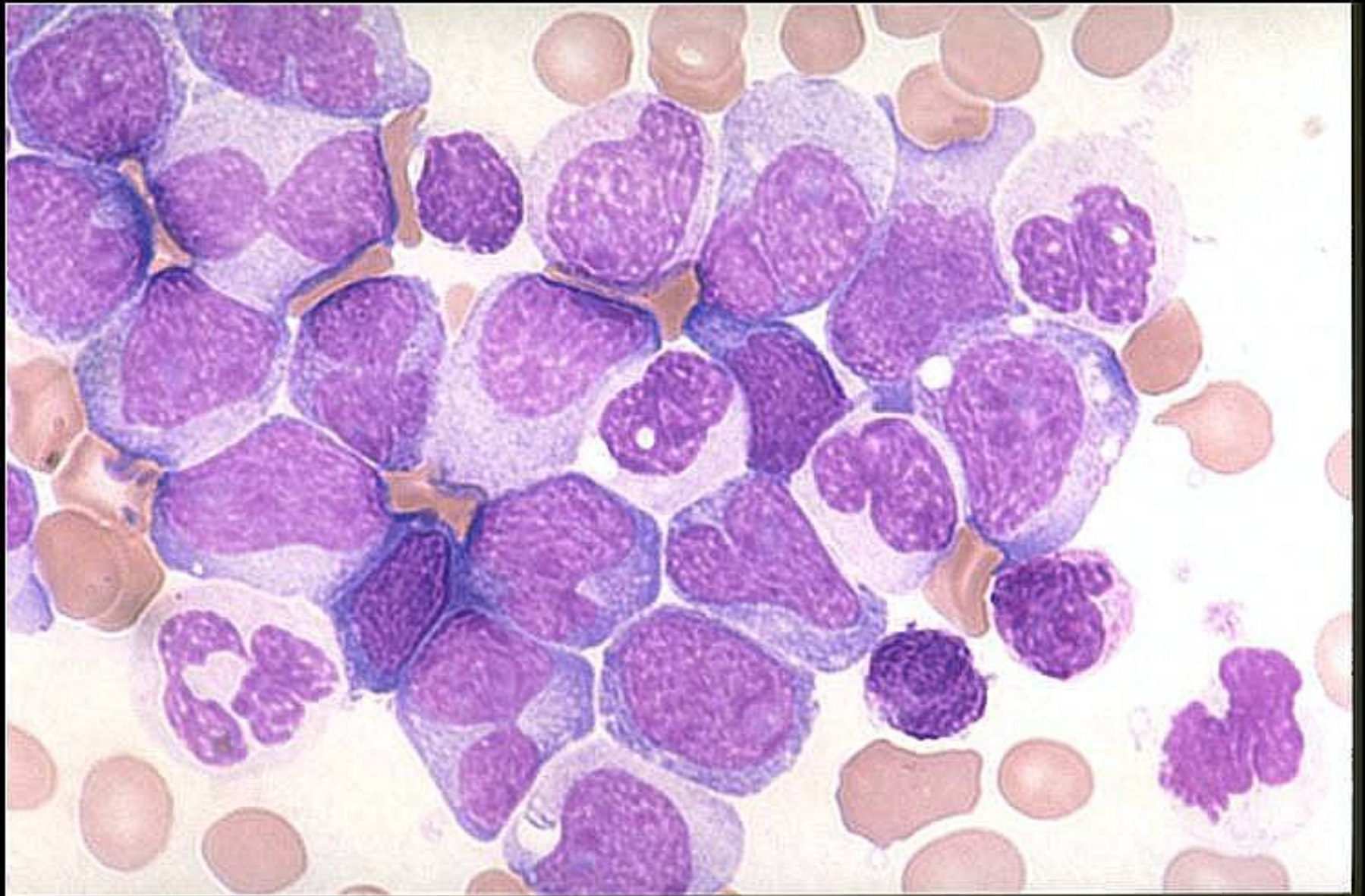
CHRONIC MYELOID LEUKEMIA

CML is a pluripotent stem cell disease that is characterized by extreme blood granulocytosis, basophilia, often thrombocytosis, anemia, and splenomegaly.

Stages of untreated CML:

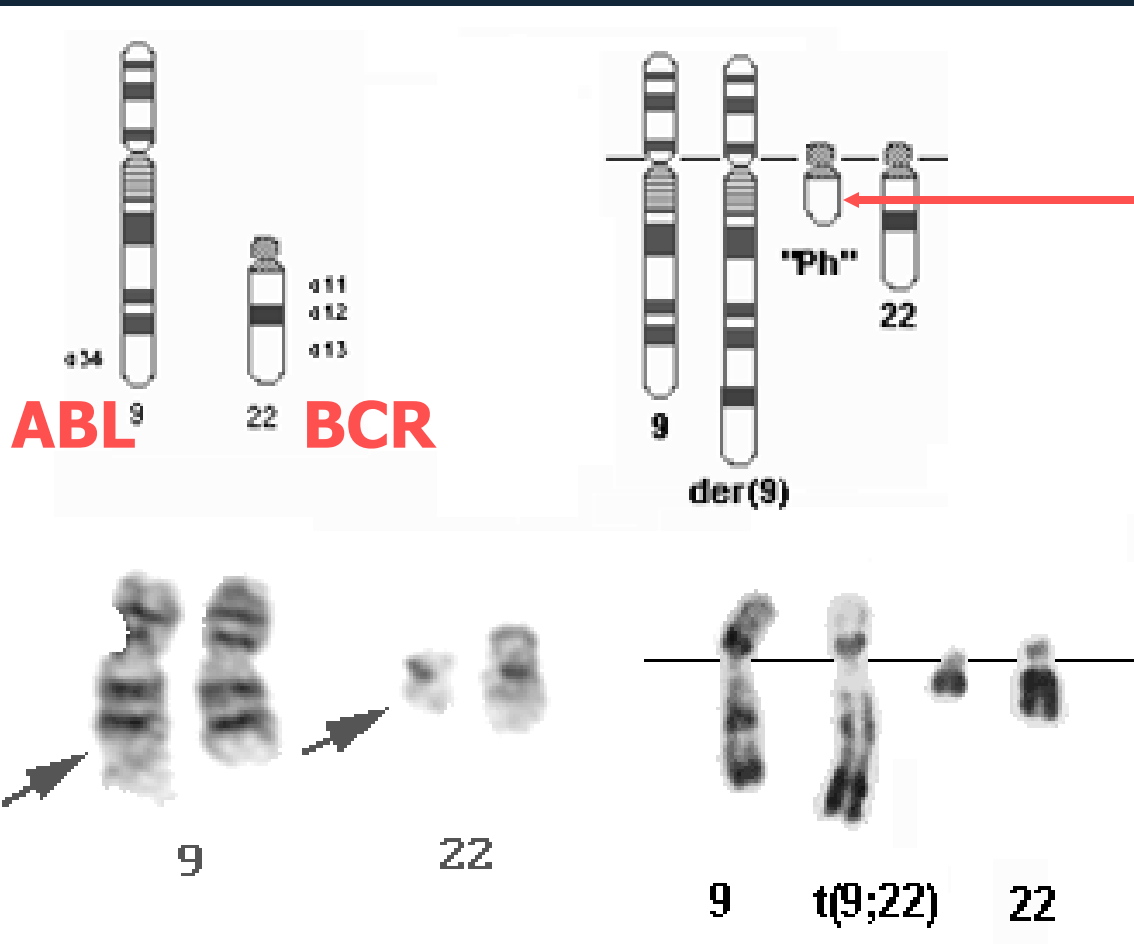
chronic phase, accelerated phase (rapid increase of WBC, worsening of thrombocytopenia, new cytogenetic features, resistance to treatment), blast crisis (resembles to acute leukemia)

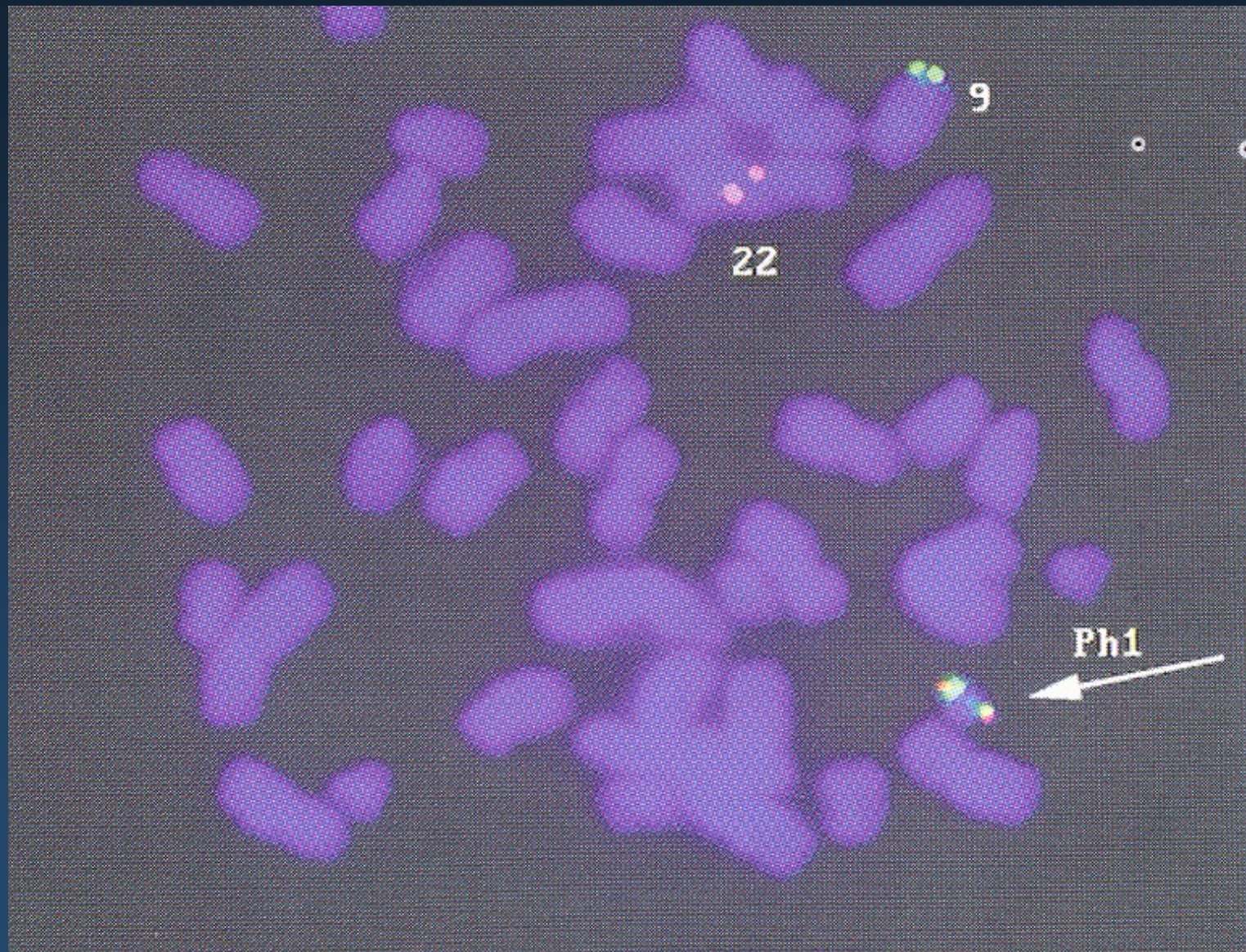
Etiologic role of chromosome discovered in Philadelphia - Ph chromosome!



- **Ph chromosome arises from t(9;22)**
- **chimeric gene BCR-ABL arises from Ph chromosome**
- **BCR-ABL gene produces BCR-ABL tyrosinkinase**
- **BCR-ABL tyrosinkinase induces defect of apoptosis**

There is no BCR-ABL negative CML!





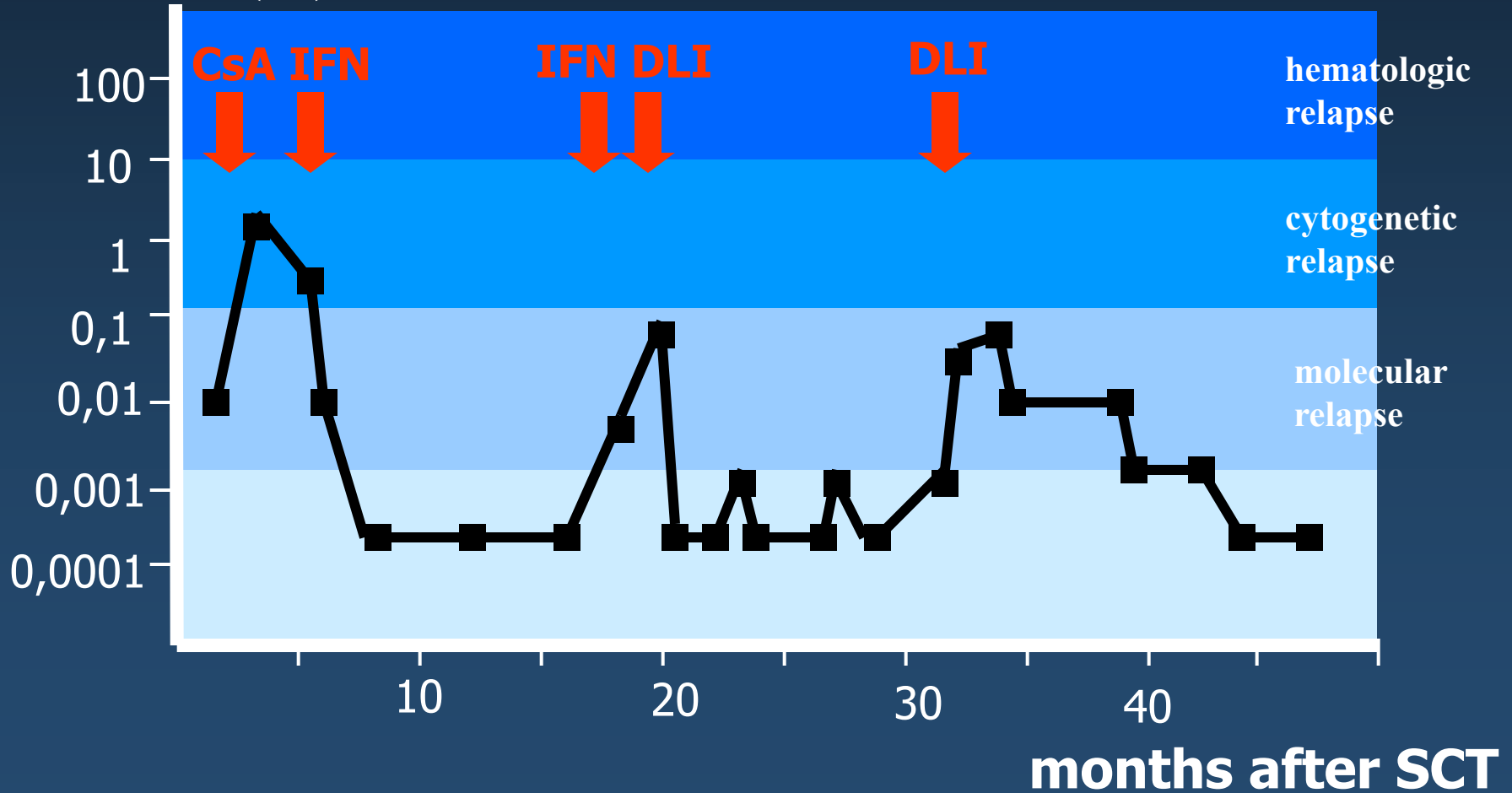
Minimal residual disease during treatment

- **Hematologic monitoring**
- **Cytogenetic monitoring**
 - reveal 1 pathologic cell from 100
- **Molecular genetic monitoring**
 - reveal 1 pathologic cell from 100 000

Minimal residual disease after treatment or BM/PBSC transplantation

Molecular relapse is manageable compared with cytogenetic or hematologic relapse

BCR-ABL (%)



II. Zwei Fälle von Leucaemie.

Mitgetheilt

von
Dr. **Lissauer** in Bendorf.

Der in Nr. 31. dieser Wochenschrift von Dr. Valentiner mitgetheilte Fall von Leucaemie, bei welcher zur Coupirung des Fiebers Liq. arsenic. Fowler. angewandt wurde, brachte mir zwei Fälle derselben Krankheit in Erinnerung, die ich kurz nach einander im Landkrankenause in Cassel zu beobachten Gelegenheit hatte, von welchen bei einem Liq. arsen. Fowler. eine Zeit lang versuchsweise von gutem Erfolge war. Ich theile beide Fälle hier kurz mit, theils als einen kleinen Beitrag zur Kenntniss dieser im Ganzen immer noch selten diagnosticirten Krankheit, theils, um zur weiteren Anwendung obigen Mittels anzuregen.

N. N., 32 Jahre alt, weiblichen Geschlechts, wurde im October v. J. aufgenommen. Sie gab an, früher stets gesund, mit 17 Jahren regelmässig menstruiert gewesen zu sein, und vor ungefähr einem Jahre ein uneheliches Kind geboren zu haben, das bald nach der Geburt gestorben sei. Von ihrem Liebhaber, der ihr die Ehe versprochen, hintergangen, habe sie sich sehr ge- grämt und viel Sorgen gemacht. Zugleich will sie seit dieser

¹⁾ Malgaigne l. c. p. 1004. Revue médic. chirurg., 1849, T. V., p. 246.

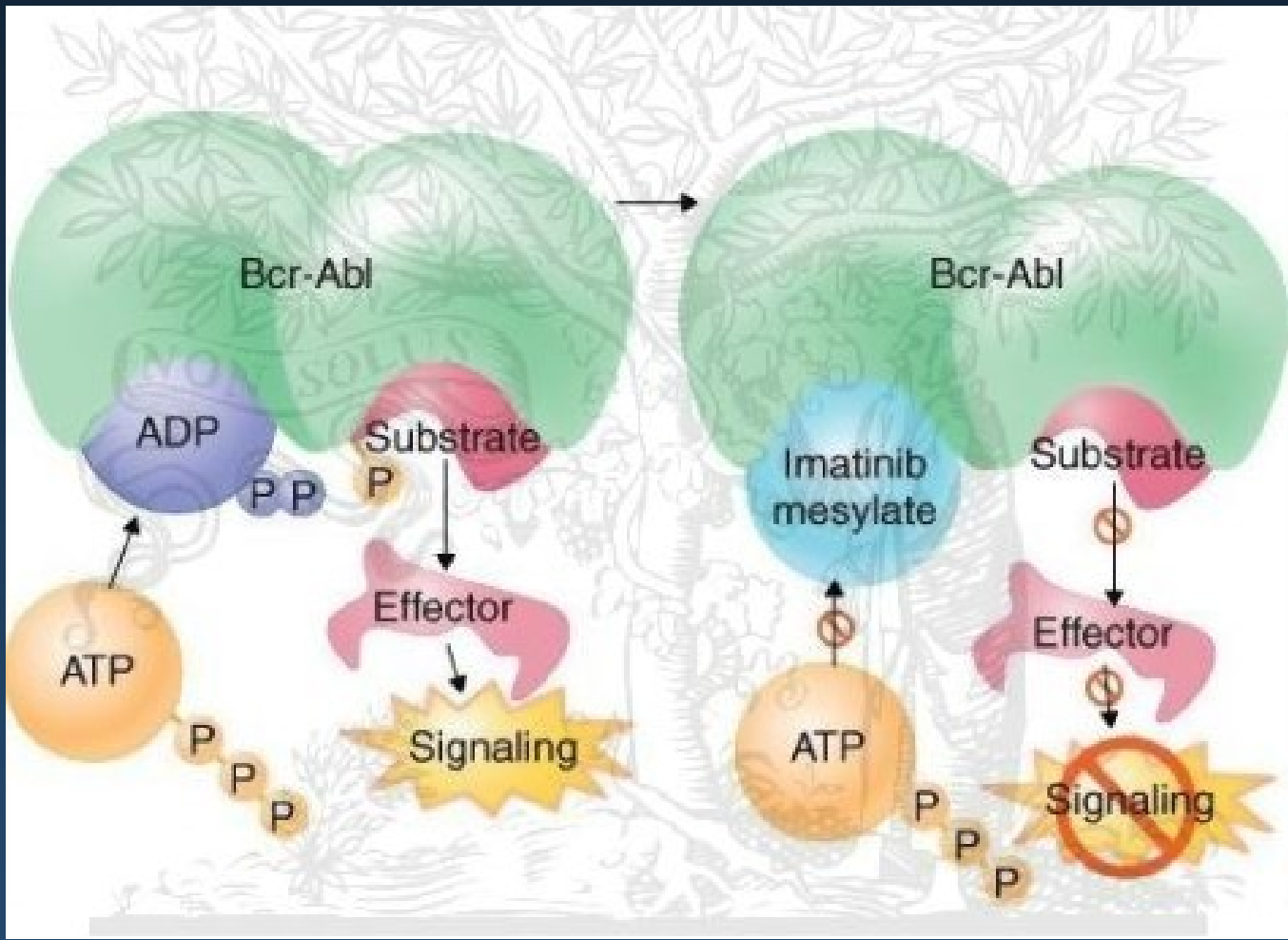
Arsenik – As_2O_3

Lissauer: Zwei Fälle von Leucaemie.

Berlin. Klin. Wochenschrift, 2, 1865, s. 403 - 404

CML management

CP-CML	Léčebná strategie
<u>1. linie:</u>	•Imatinib 400 mg
<u>2. linie:</u>	
IM-intolerance	•DASATINIB nebo NILOTINIB
IM-selhání	•DASATINIB nebo NILOTINIB •aloTKB (progrese do AP/BC, T315I)
IM-suboptimální odpověď	•IM stejná dávka •IM navýšení dávky •DASATINIB nebo NILOTINIB



Prognosis of CML patients

survival
(%)

100

75

50

25

imatinib

allogeneic
transplantation

IFN

HU

2

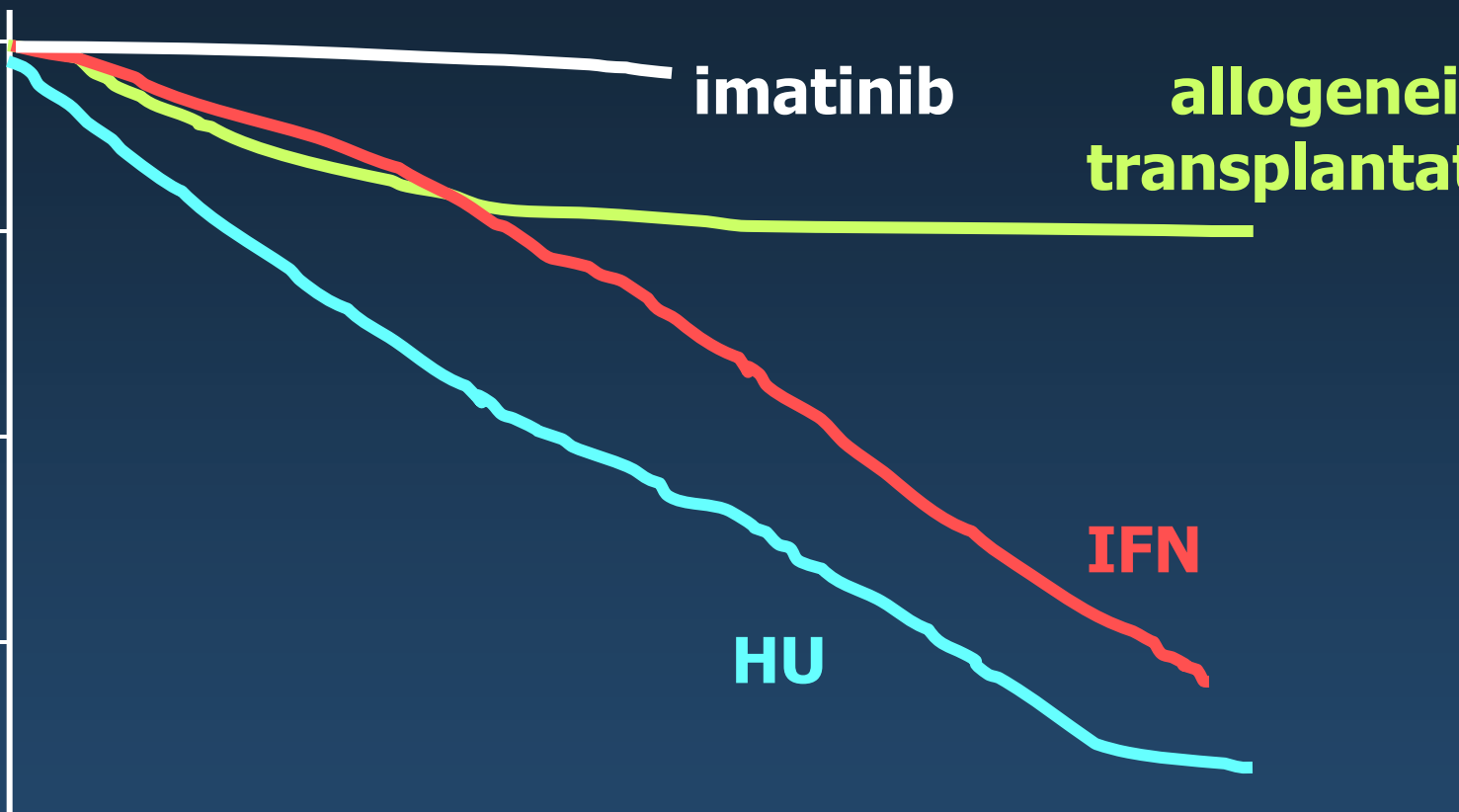
4

6

8

10

years



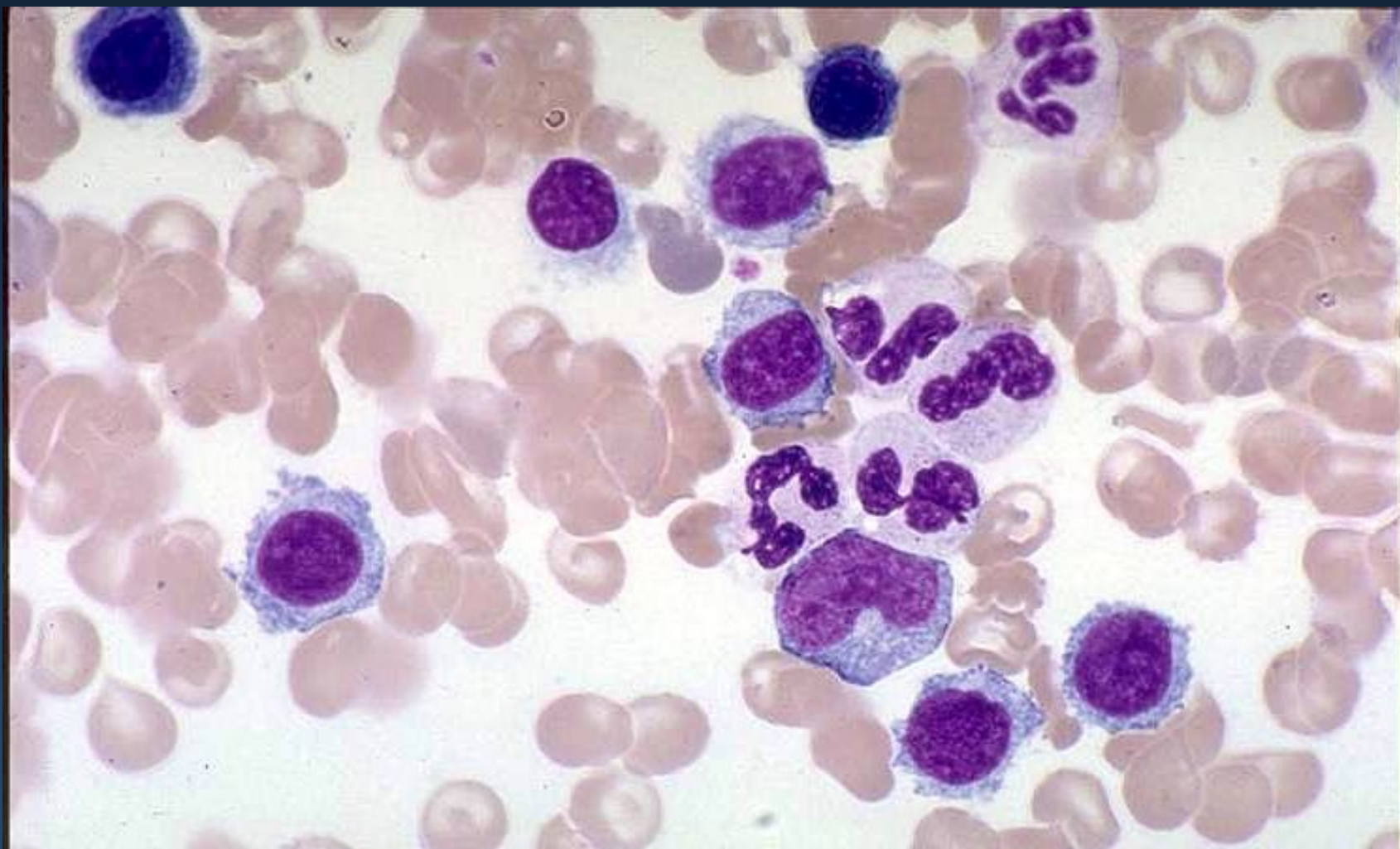
CLASSICAL HAIRY CELL LEUKEMIA

HCL is characterized by leukopenia and splenomegaly

Leukemia with excellent prognosis

Treatment of choice - cladribine for 7 days

(treatment is recommended only for symptomatic, neutropenic, thrombocytopenic or anemic patients)



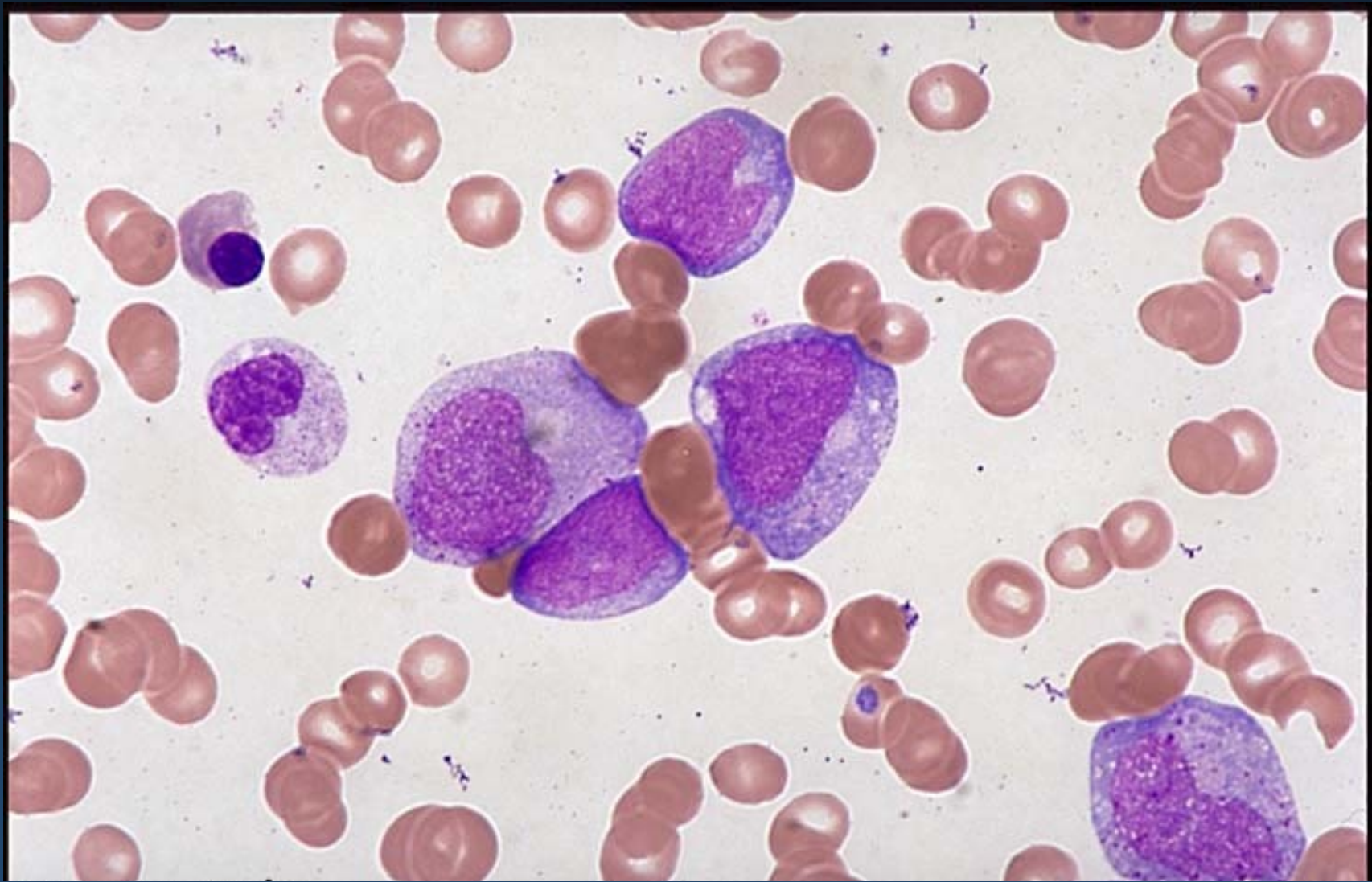
ACUTE MYELOBLASTIC LEUKEMIA

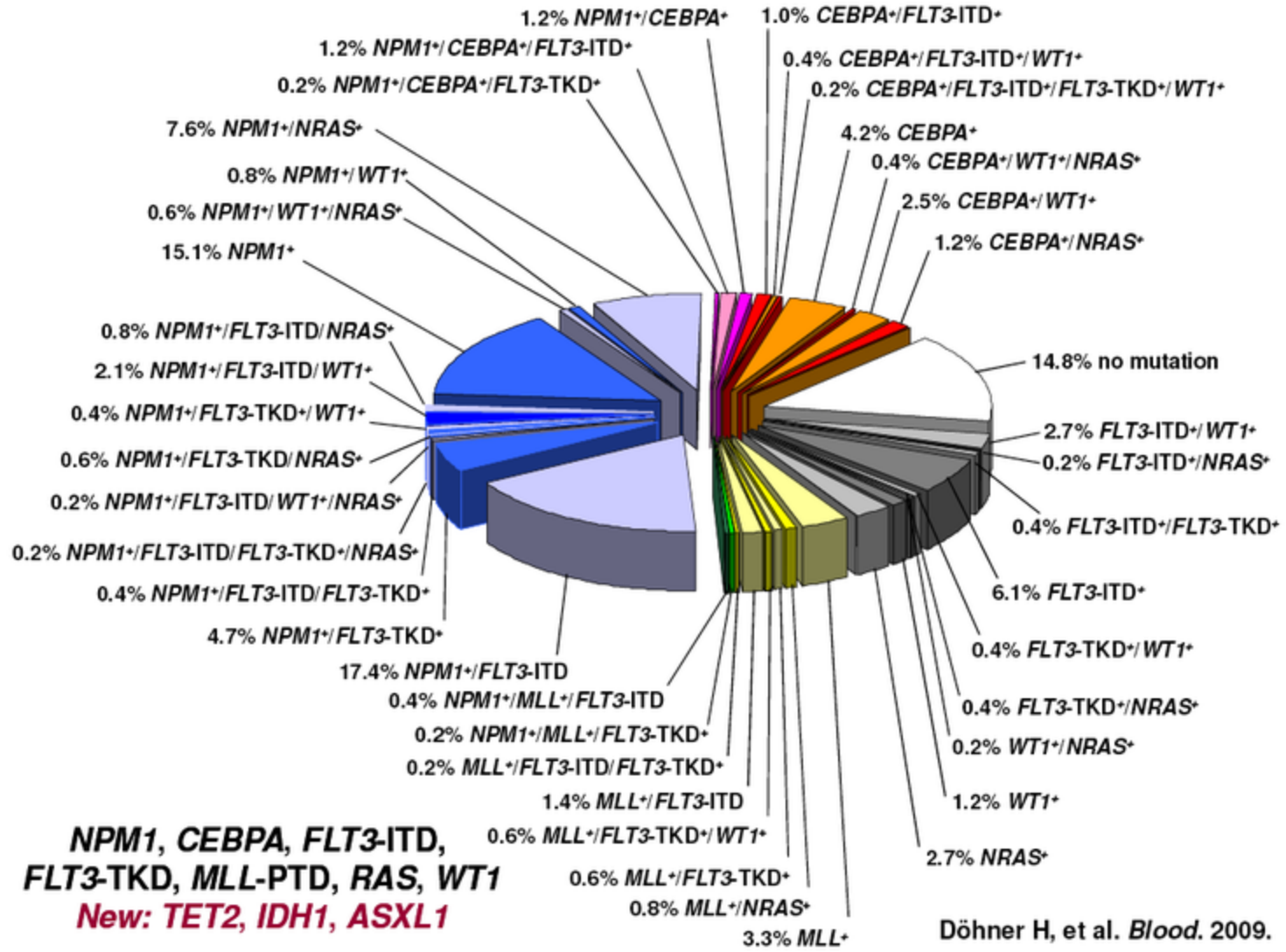
AML is clonal malignant disease that is characterized by the proliferation of abnormal (leukemic) blasts, principally in the marrow, and impaired production of normal blood cells.

Signs and symptoms of AML include pallor, fatigue, weakness, palpitations, bleeding, fever, and dyspnea.

In bone marrow, there is more than 20% of blast cells.
(less than 20% - myelodysplastic syndrome)

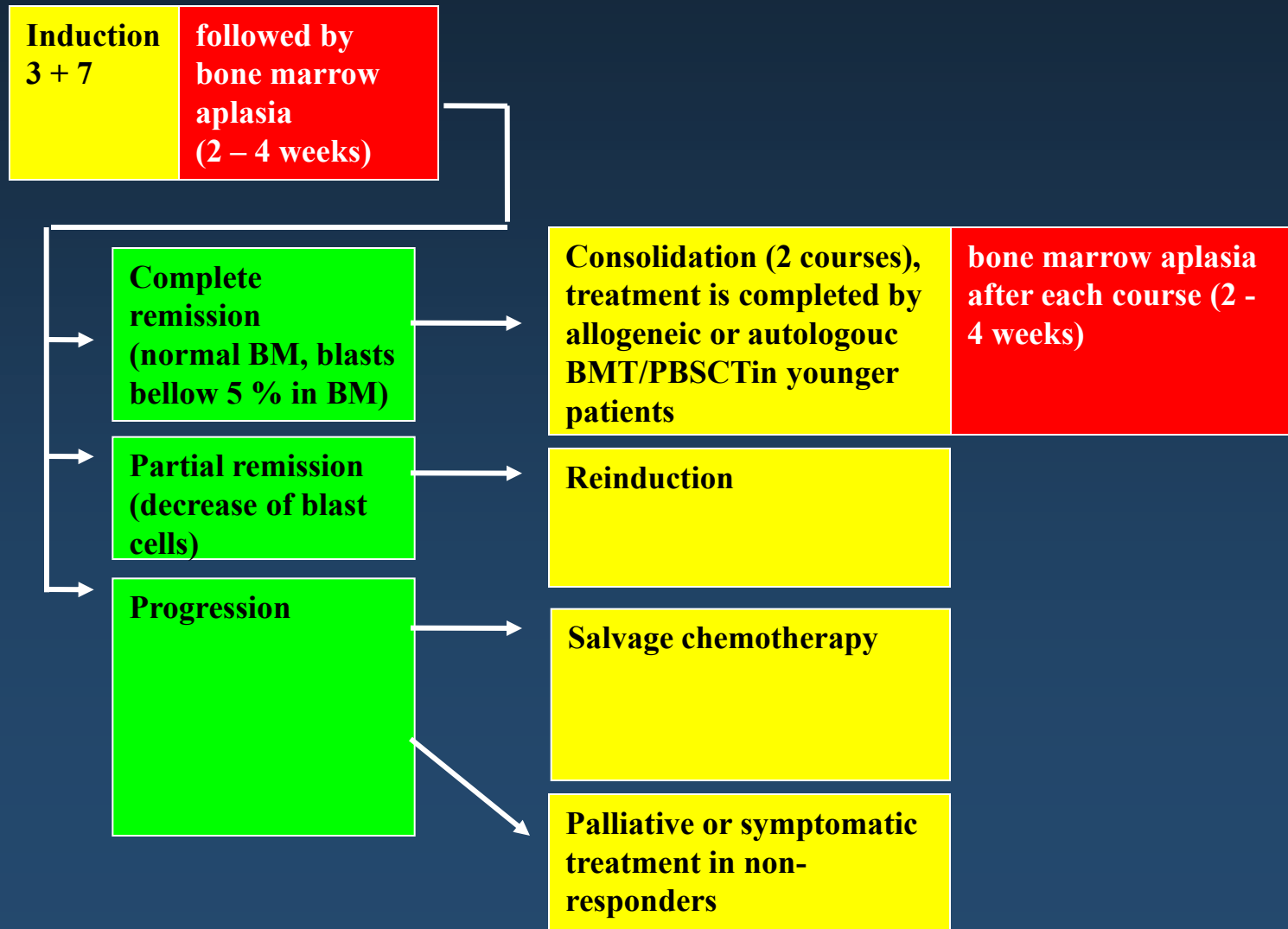
Median survival of untreated patients is 6 weeks.





Treatment of AML

Treatment of choice of AML are courses of chemotherapy, the most potent drugs are cytosinarabinoside and anthracyclines.



Acute promyelocytic leukemia, AML M3

APL is variant of AML (constitutes about 5-10% of AML in central Europe, about 25% of AML southern Europe, and 50 % of AML in eastern Asia).

There are prominent hemorrhagic complications (DIC, melena, hematuria, pulmonary bleeding, CNS bleeding)

Prognosis of APL was very poor 25 years ago (almost all patients died).

Nowadays, DFS is 80%.

Acute promyelocytic leukemia, AML M3

Promyelocytes are granular cells. In granula are coagulopathy-inducing factors (tissue factor...).

Majority of APL is characterized by t(15,17).

A translocation between chromosome 17 and 15 results in chimeric fusion gene PML-RAR α .

PML-RAR α gene produces PML-RAR α abnormal receptor for retinoids. (Retinoids are necessary for normal bone marrow cells differentiation). In cells with t(15,17) normal differentiation is stopped.

We can restore differentiation by means of ATRA.

Acute promyelocytic leukemia, AML M3

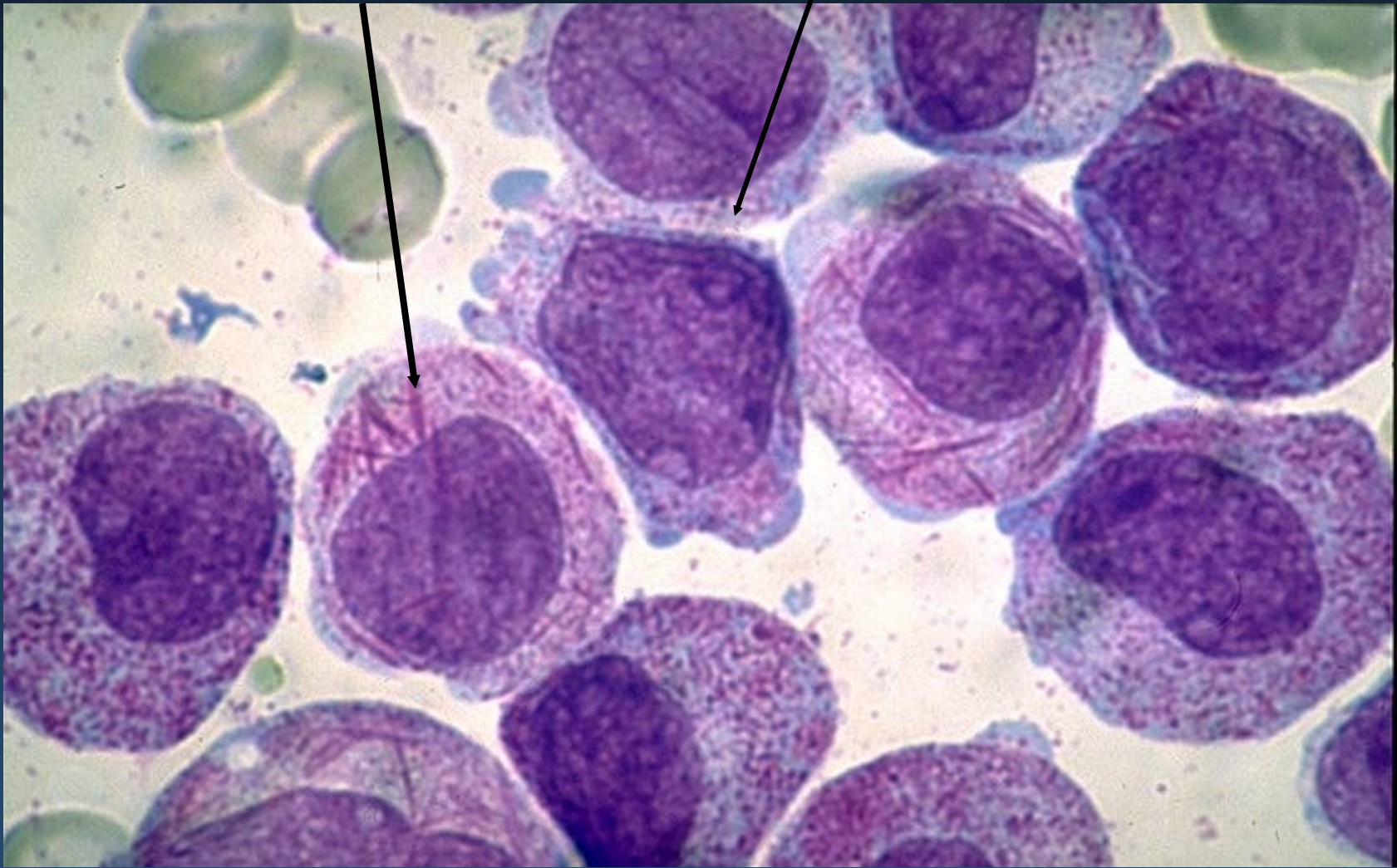
Chemotherapy + ATRA is treatment of choice for APL!

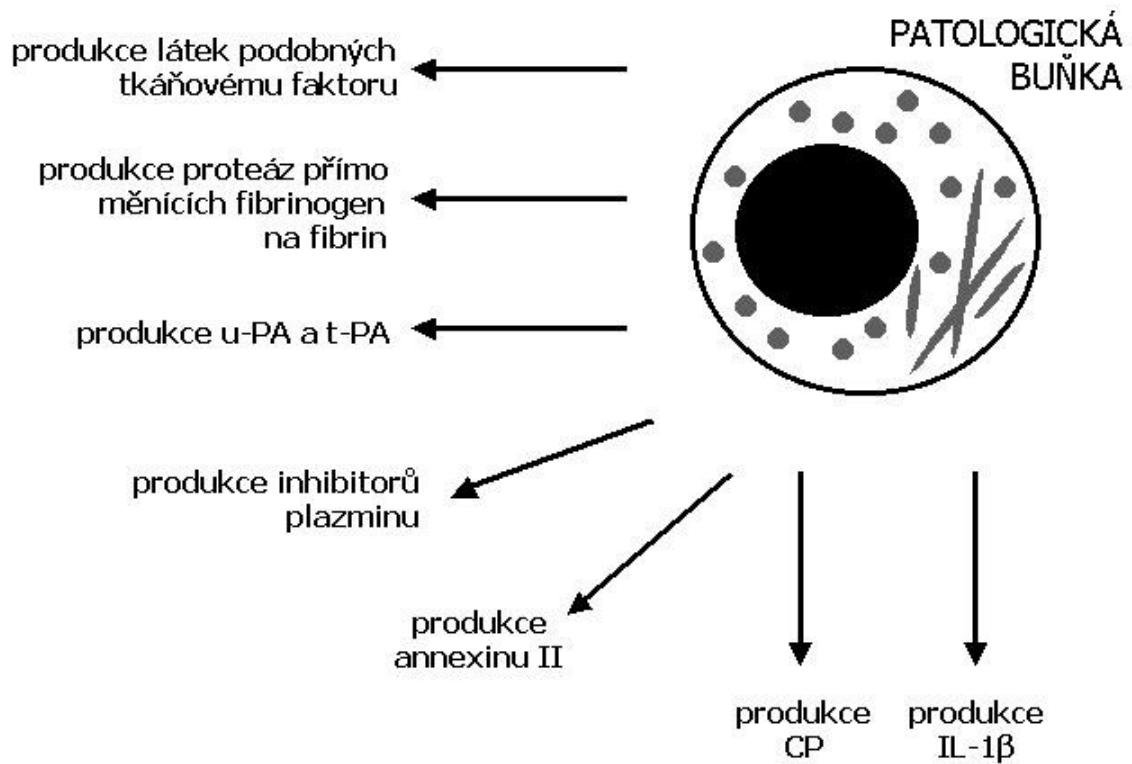
Or arsenic trioxide



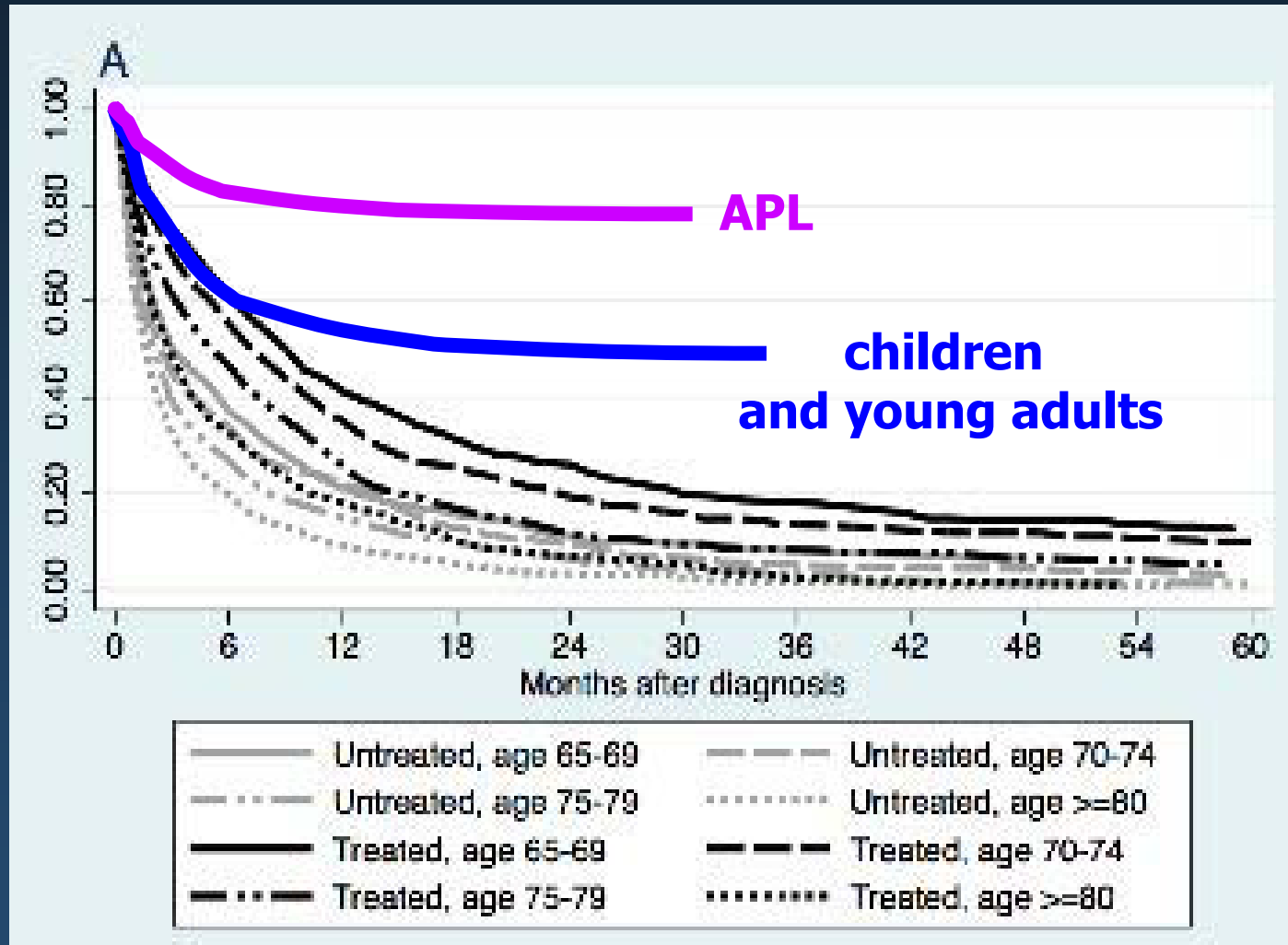
Auer rods, „faggots“

granular plasma

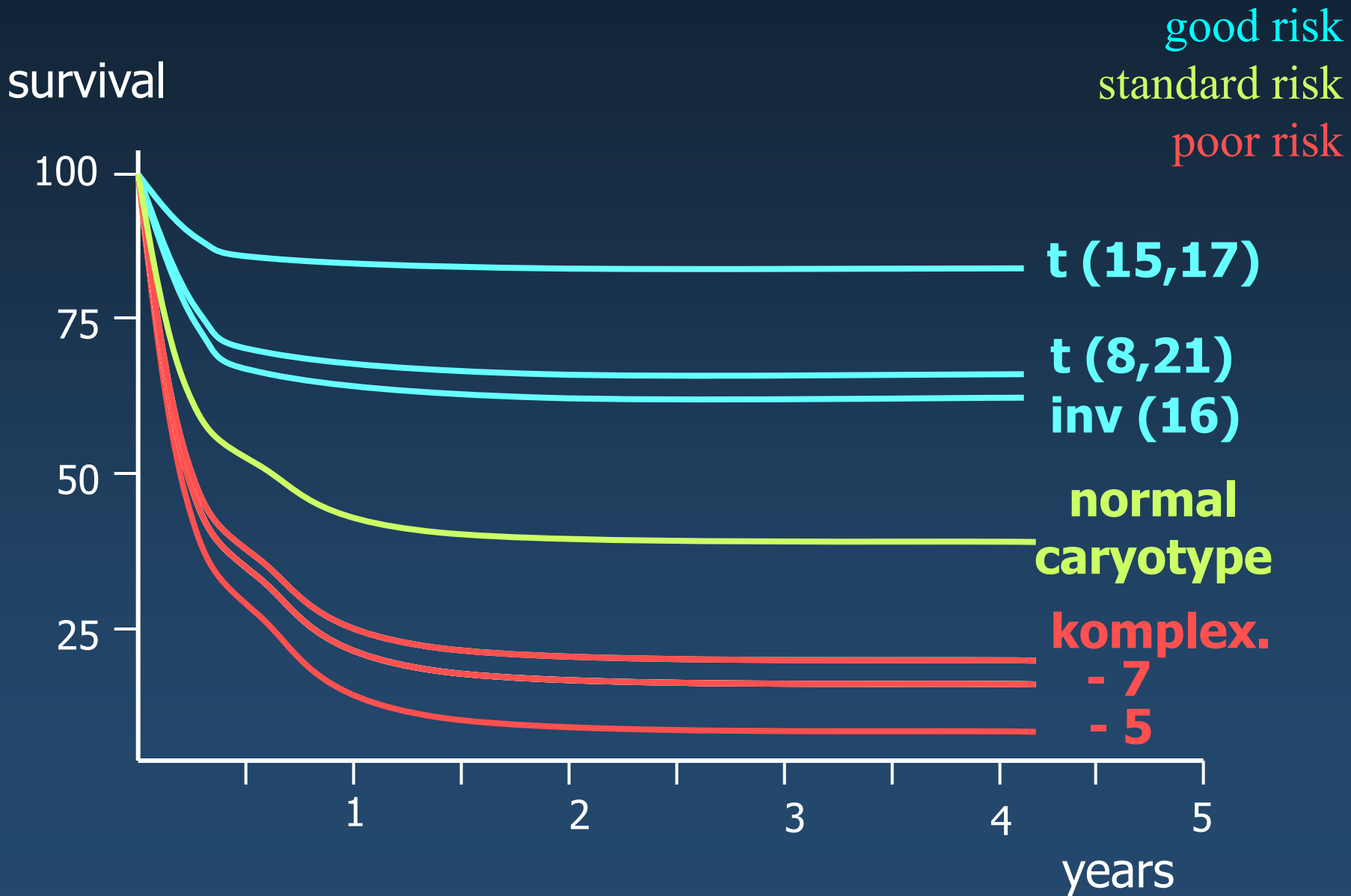




Survival of AML patients



Prognosis of AML according to cytogenetic features



AKCUTE LYMPHOBLASTIC LEUKEMIA

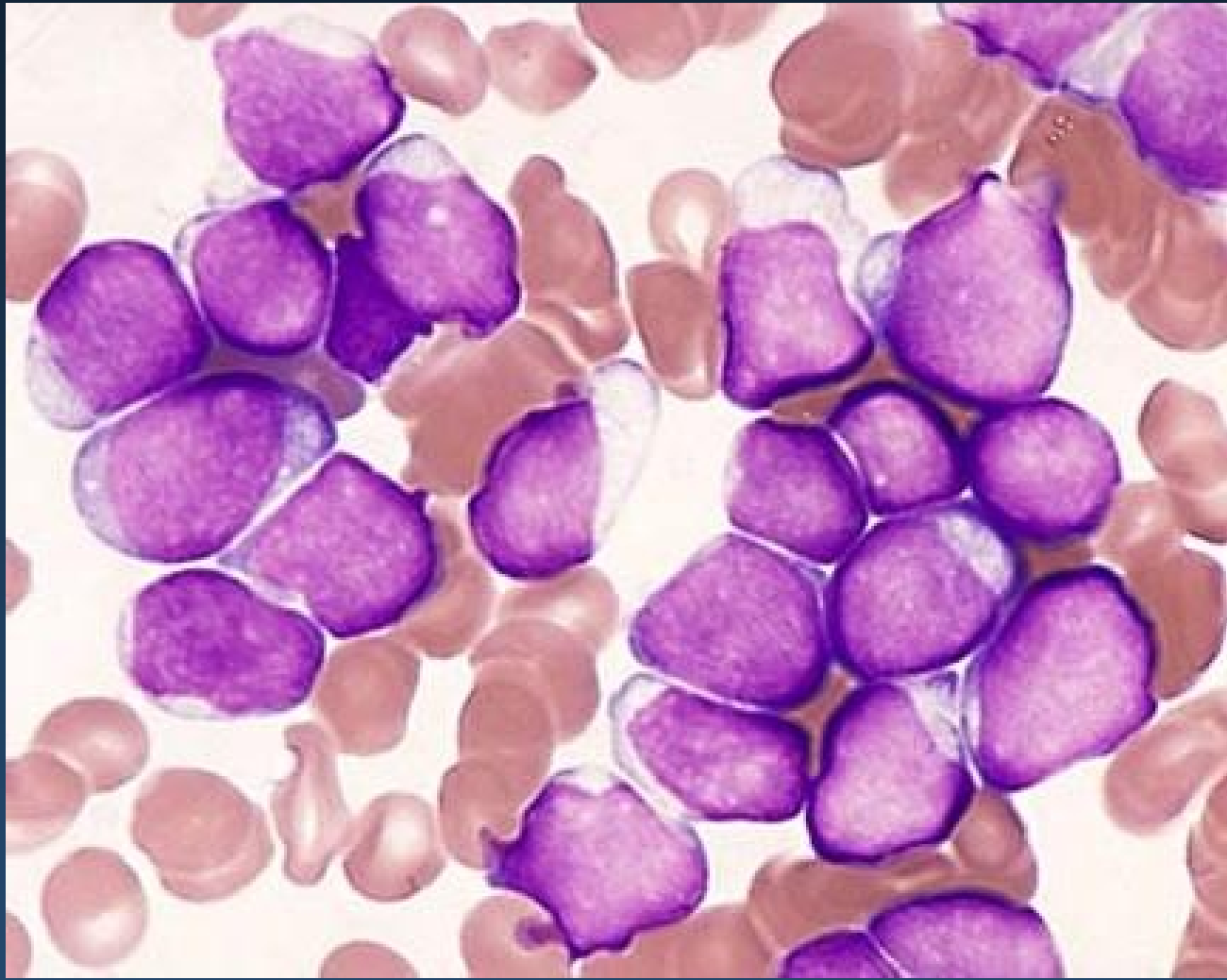
The most common leukemia in childhood.

In children - very good prognosis.

In adults - very poor prognosis.

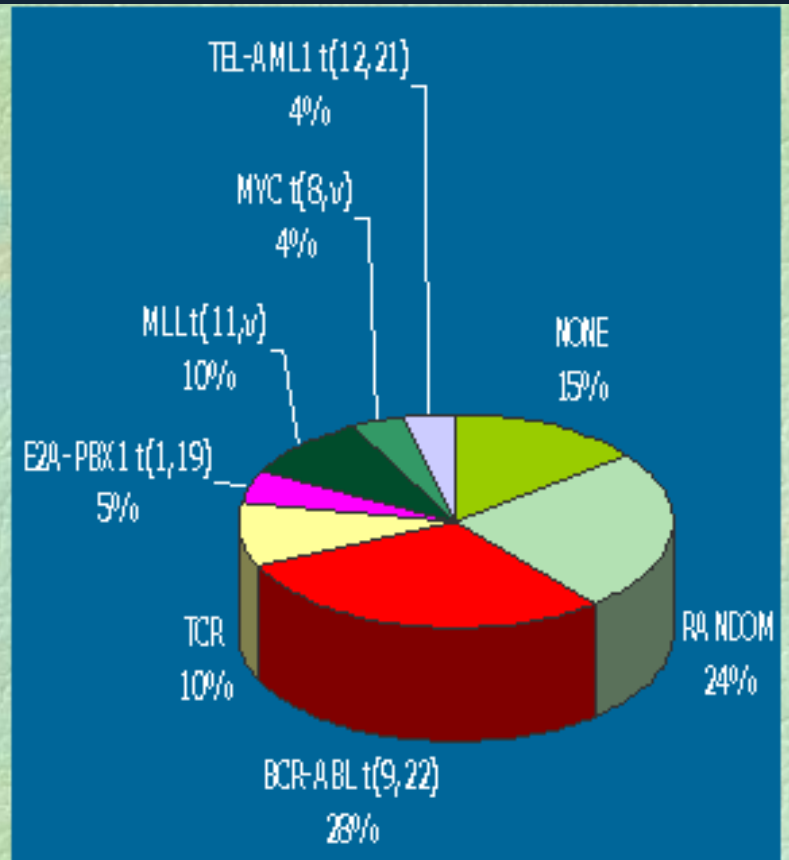
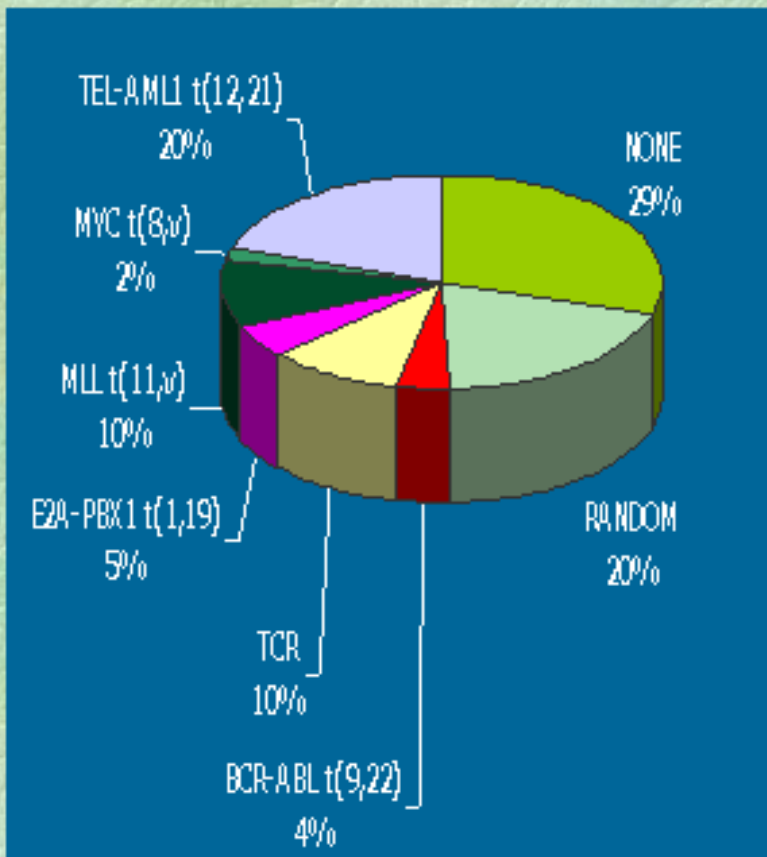
ALL is a neoplastic disease resulting from somatic mutation in a single lymphoid progenitor cell.

BM - more than 20% of lymphoblasts (usually 80 - 100%).



Chromosomal translocations in ALL

children



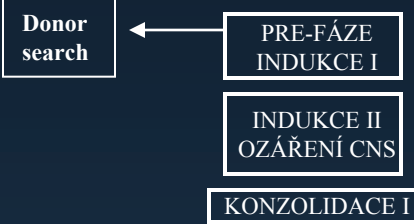
adults

ALL – therapeutic protocol

B-prekurzorová, T- ALL, 15 – 65 let

Pacienty ve věku 55 – 65 let zařazovat do studie podle klinického stavu

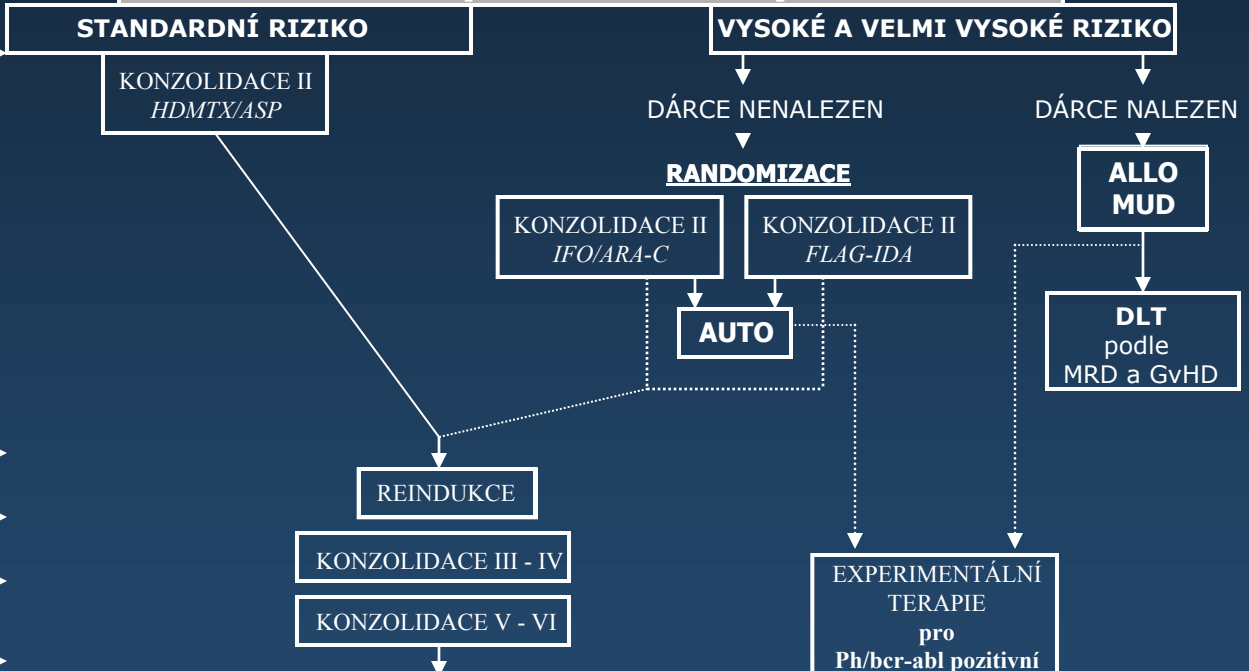
SP – monitorace MDR (dny)
0 (stanovení dg.)
11
24
44
71



POKUD JE CR SBĚR PBSC

Stratifikace I podle rizikových faktorů

SP – monitorace MDR (týdny)
16

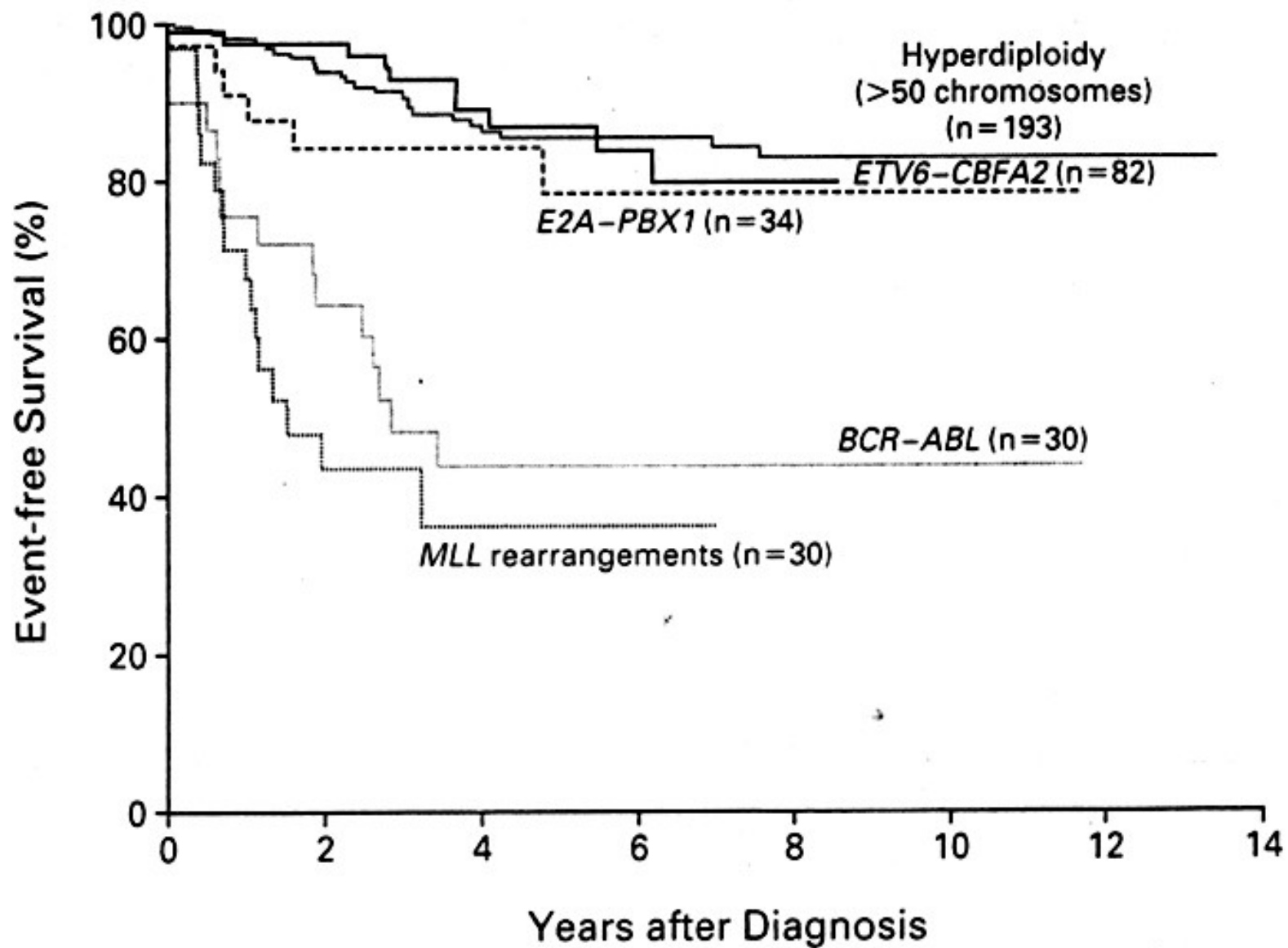


22
30
41
52

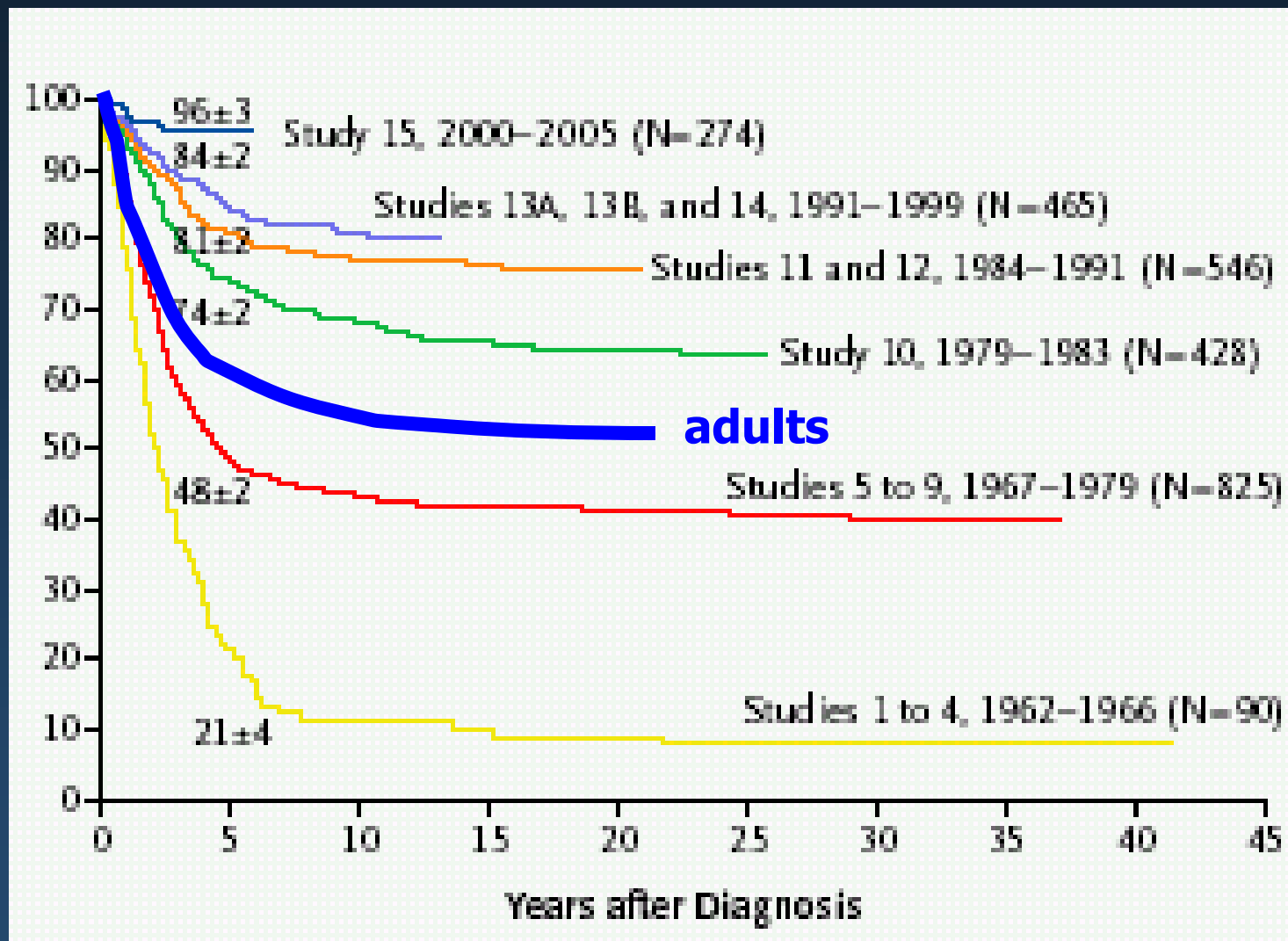
Stratifikace II podle MRD

SP-MRD po 2-3 měsících





Childhood ALL - survival



MYELOYDYSPLASTIC SYNDROMES

Heterogeneous group of malignant diseases with different prognosis (preleukemias).

In BM - blasts below 20 % and dysplastic features (hypogranular cells, cells with atypical shape of nucleus, hypergranular cells, cells with abnormal plasma)

The only curative option is BMT/PBSCT in high risk patients.

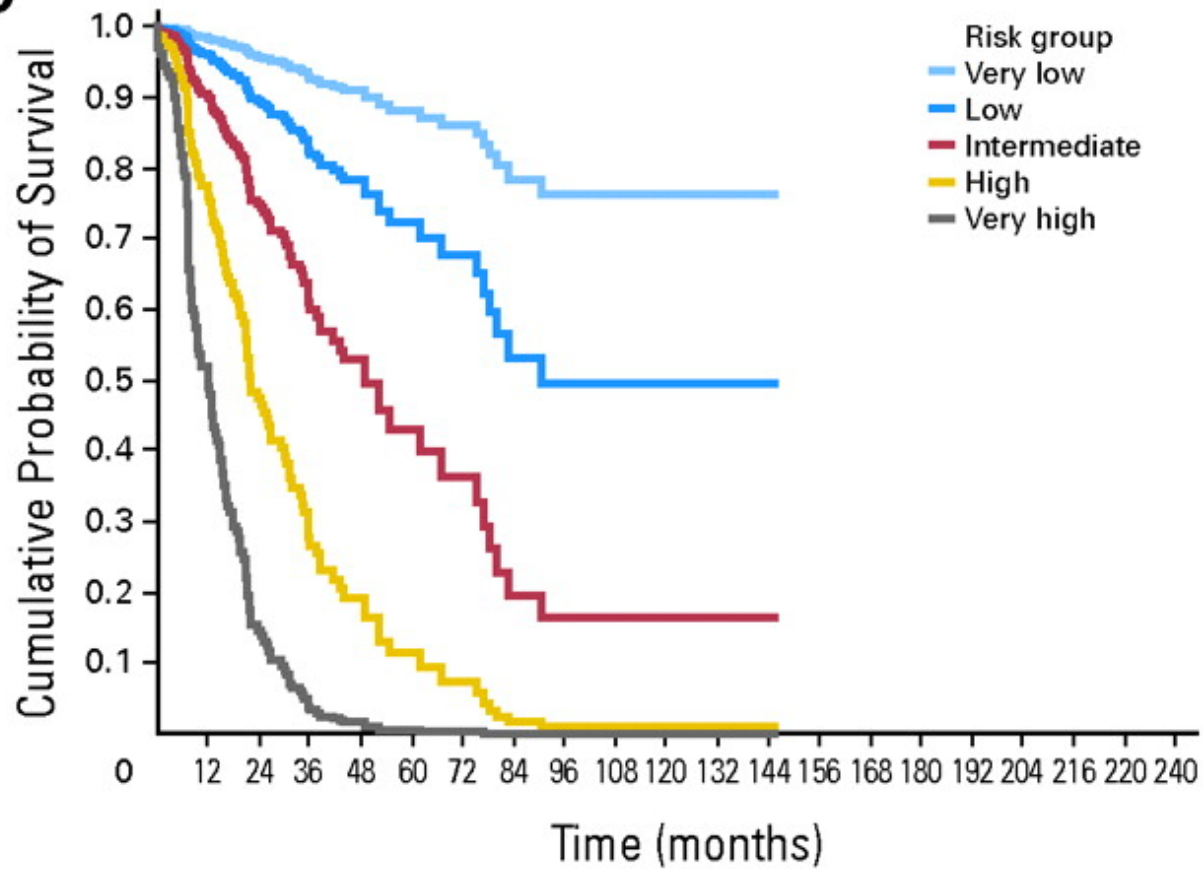
Patients asymptomatic or without donor - only symptomatic treatment or watch and wait strategy.

MDS - prognosis

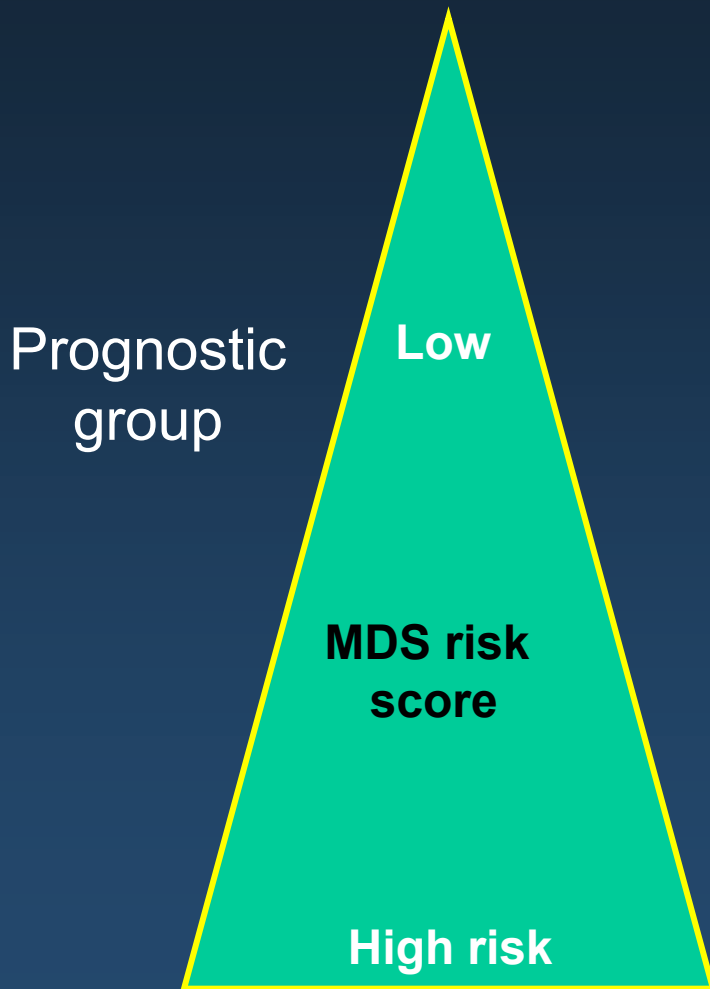
	Score				
Prognostic marker	0	0.5	1.0	1.5	2.0
Bone marrow blasts (%)	< 5	5–10		11–20	21–30
Karyotype*	Good	Intermediate	Poor		
Cytopenia	0/1	2/3			

Score	IPSS subgroup	Median survival (years)
0	Low	5.7
0.5–1.0	Int-1	3.5
1.5–2.0	Int-2	1.2
> 2.5	High	0.4

C

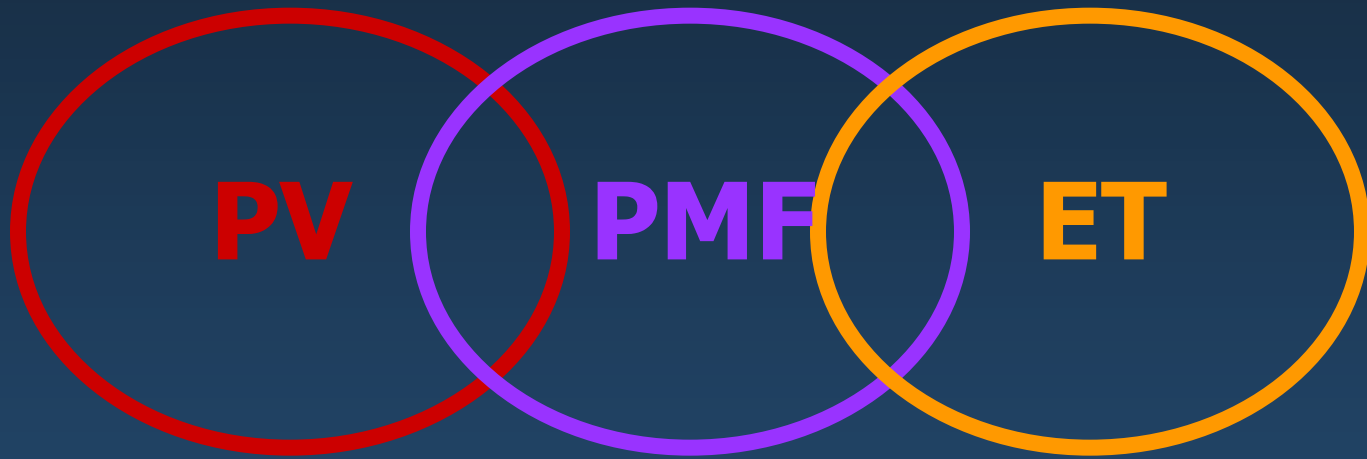


Therapeutic options in MDS



- Supportiv care, transfusions, prophylaxis of iron overload
- Immunosuppressive therapy
- Arsenic trioxide
- Low dose chemotherapy
- Epigenetic therapy
- Allo-SCT, intensive chemo

MPN



POLYCYTHEMIA

Polycythemia is characterized by an increase of the total red cell volume. It exists in the primary form (PV, clonal neoplastic disorder) and in secondary forms due to appropriate or inappropriate increases in levels of EPO (hemoglobins with high affinity to oxygen, high altitudes, pulmonary and heart diseases, tumours producing EPO).

PV is characterised by increases not only of the number of red cells but also of the granulocytes and platelets and splenomegaly.

POLYCYTHEMIA VERA

Diagnosis

Peripheral blood count

Histology of bone marrow

Total erythrocyte volum

Analysis of growth of erythroid precursors (BFU-E) without EPO

JAK2 V617F mutation

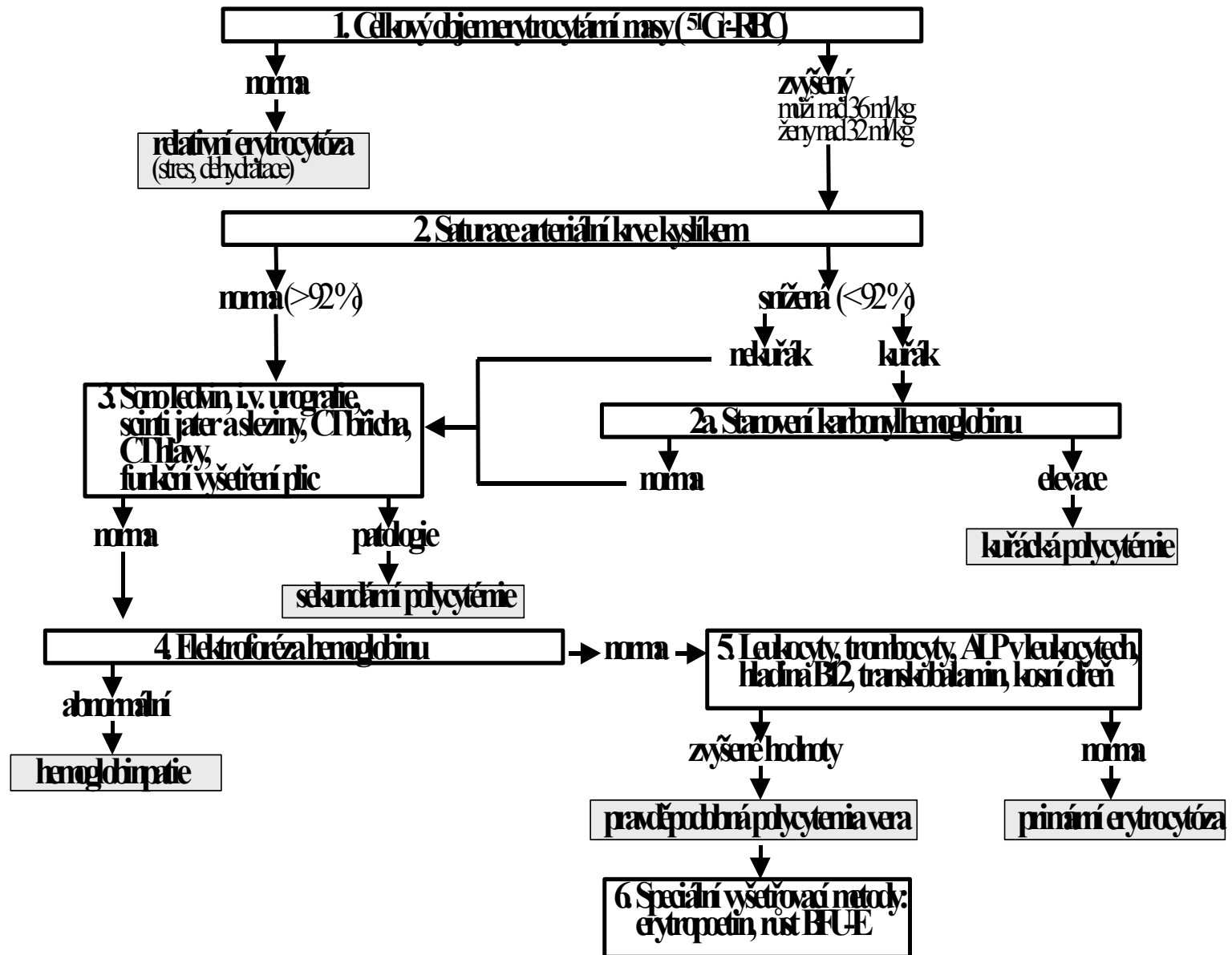
We have to exclude all secondary polycythemias. Secondary polycythemias are more frequent than PV.

Prognosis – median survival is 15 years.

Complications - bleeding, thrombosis, leukemia

Differential diagnosis

We have to distinguish between primary and secondary polycythemias.



Treatment of polycythemia vera

1) ALL PATIENTS

phlebotomy - decrease and maintain hematocrit below 45%,
Anopyrin 50 - 100 mg/d,
or anticoagulants

2) BELOW
40 YEARS

BM
donor
YES

BM
donor
NO

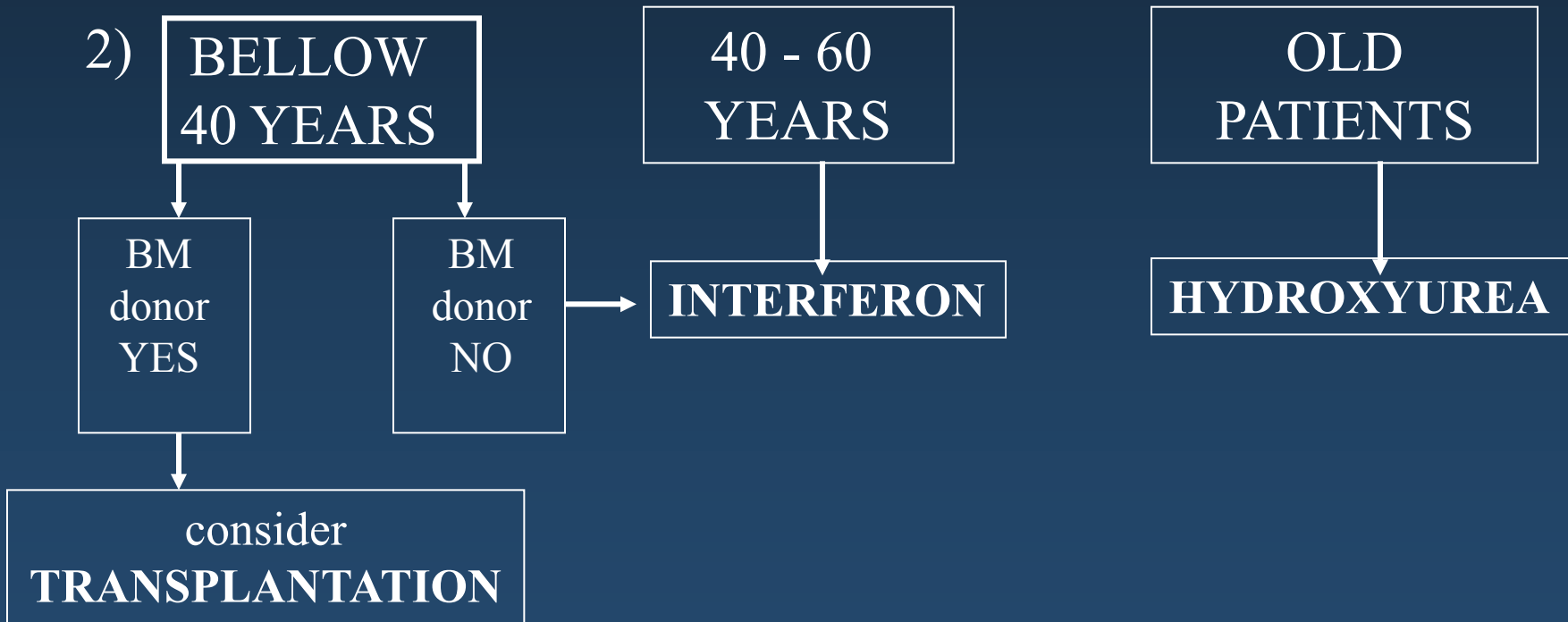
consider
TRANSPLANTATION

40 - 60
YEARS

INTERFERON

OLD
PATIENTS

HYDROXYUREA



ESSENTIAL THROMBOCYTHEMIA

**Clonal proliferation of megakaryocytes in bone marrow.
Result: increased peripheral blood platelet count.
JAK2 mutation, calreticulin mutation**

Differential diagnosis: We have to distinguish
Secondary thrombocytemias (sideropenia,
chronic infection, splenectomy, malignancies, bleeding,
hemolysis).
Myeloproliferative disorders, MDS

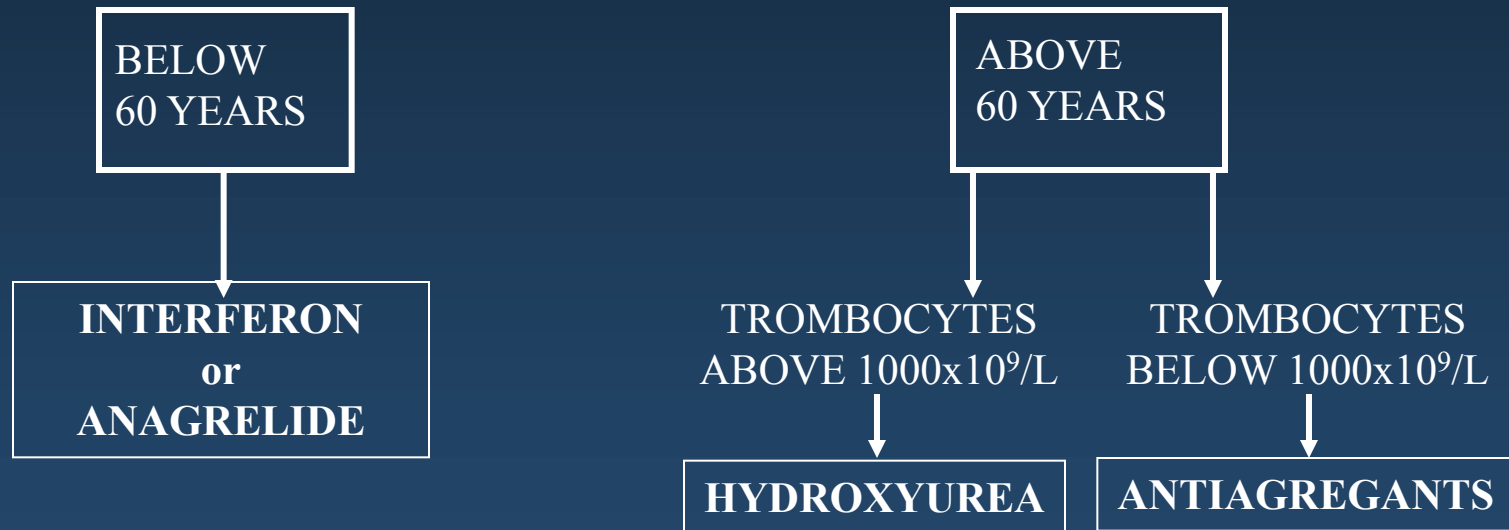
Prognosis – median survival is 12 - 15 years.

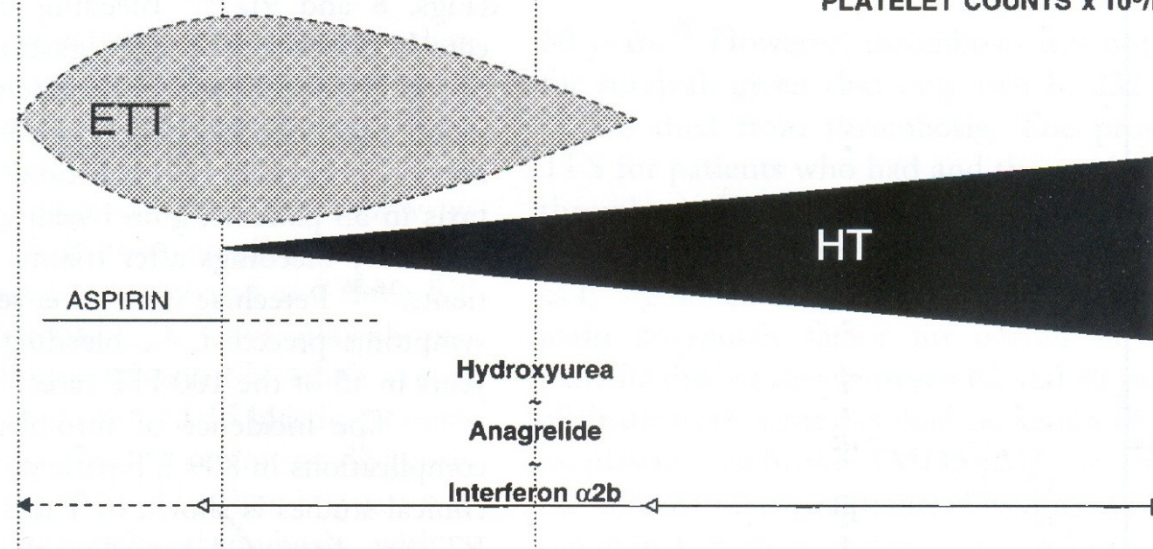
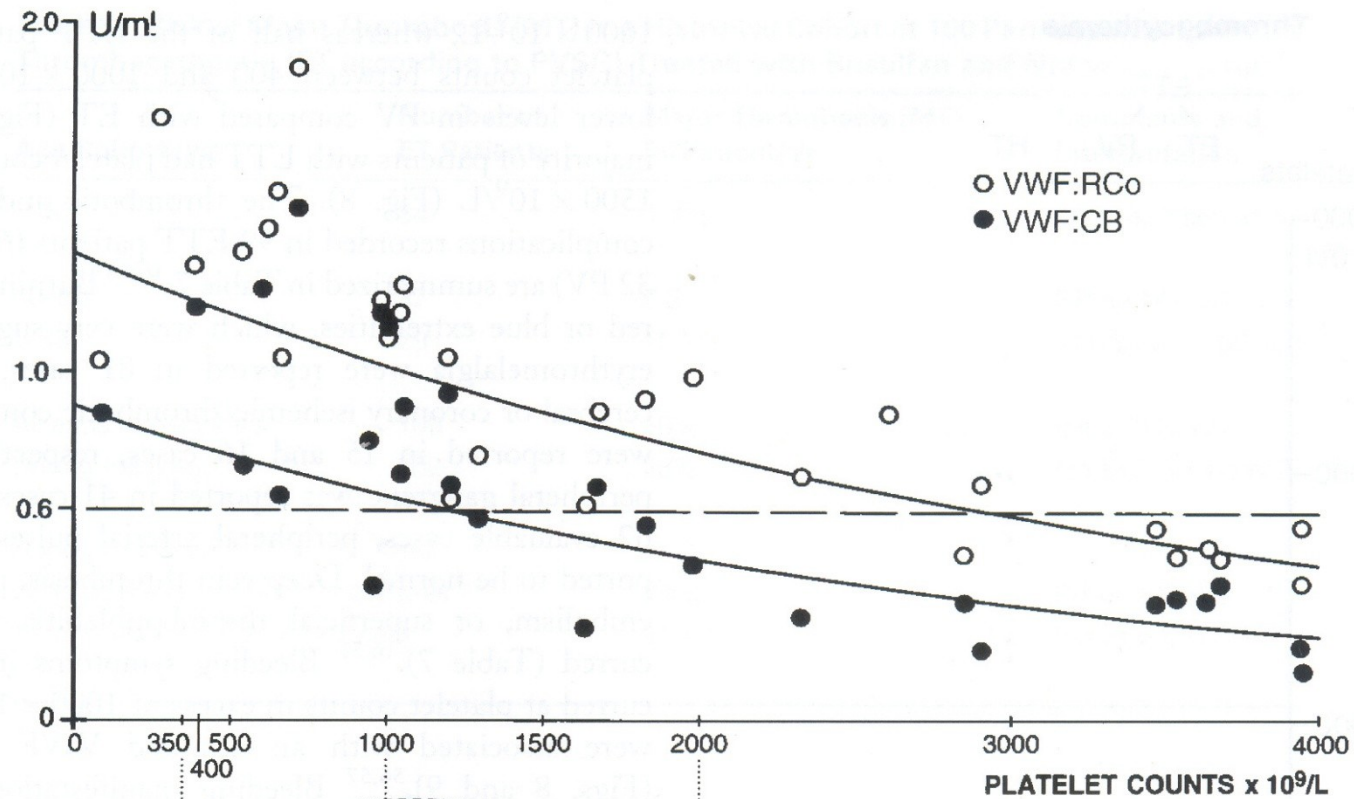
Complications - bleeding, thrombosis, leukemia

Algorithm of treatment of ET

ALL PATIENTS

Anopyrin 100 mg/d when trombocytes are below $1000 \cdot 10^9/L$ (when above Anopyrin is not reccomended)





ETT: ERYTHROMELALGIC THROMBOTIC THROMBOCYTHEMIA
HT: HEMORRHAGIC THROMBOCYTHEMIA

PRIMARY MYELOFIBROSIS

Clonal disorder characterized by transformation of normal bone marrow to fibrotic and non-functional bone marrow. JAK2 mutation in cca 50% of cases.

Hyperplastic stage - increased precursors of platelets in BM, increased WBC, RBC and PLT.

Late stage – fibrosis (extramedullary hematopoiesis leading to massive splenomegaly).

Prognosis – median survival only 3 - 5 years.

Treatment of choice - BMT/PBSCT
(Patients not eligible for BMT/PBSCT - symptomatic approach or watch and wait).

„Positive mutation“



mutation