

Total knee replacement

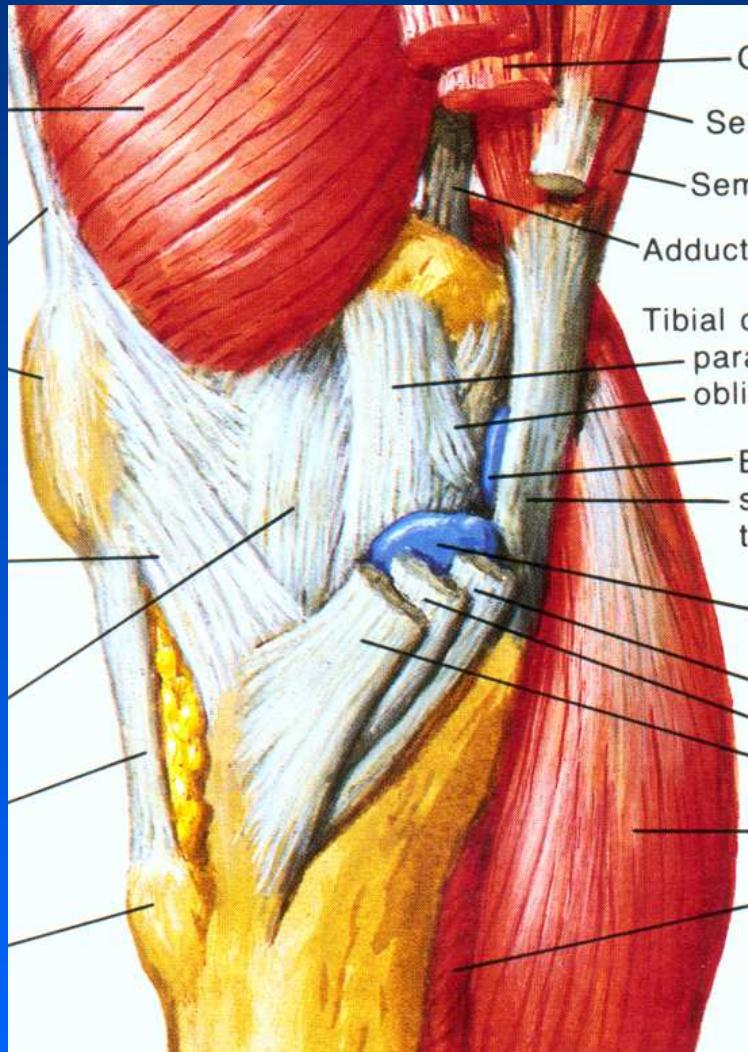
Z. Rozkydal, L. Nachtnebl,
T. Tomáš, P. Janík

Knee has a complicated structure

Articulating bones: Femur, tibia and patella

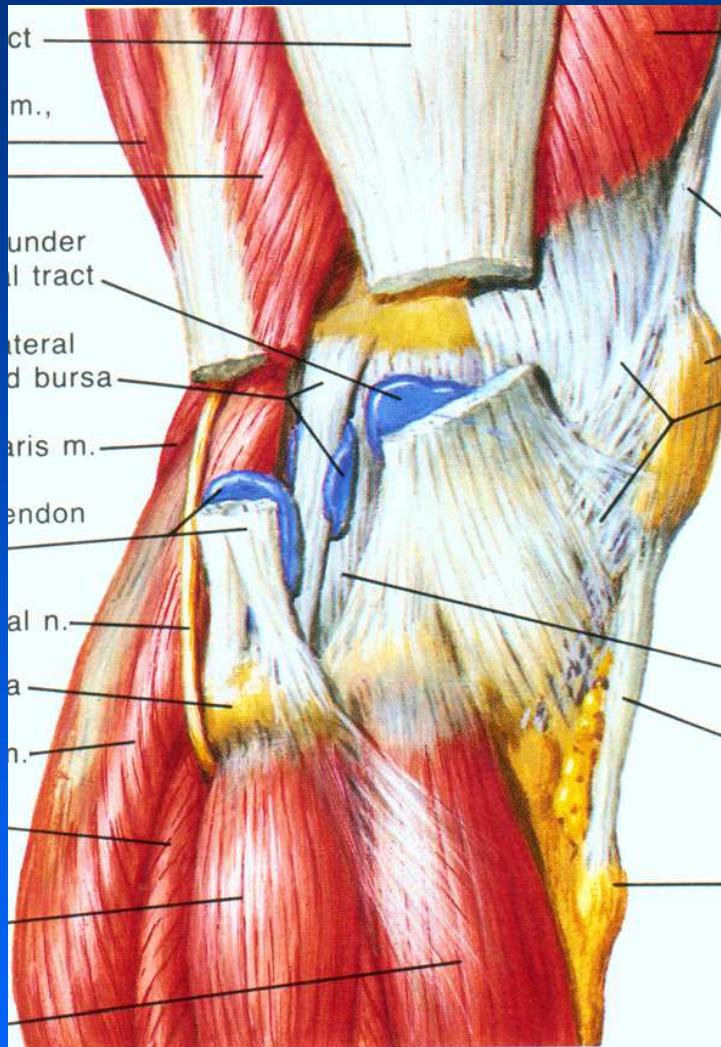


Stability of the knee



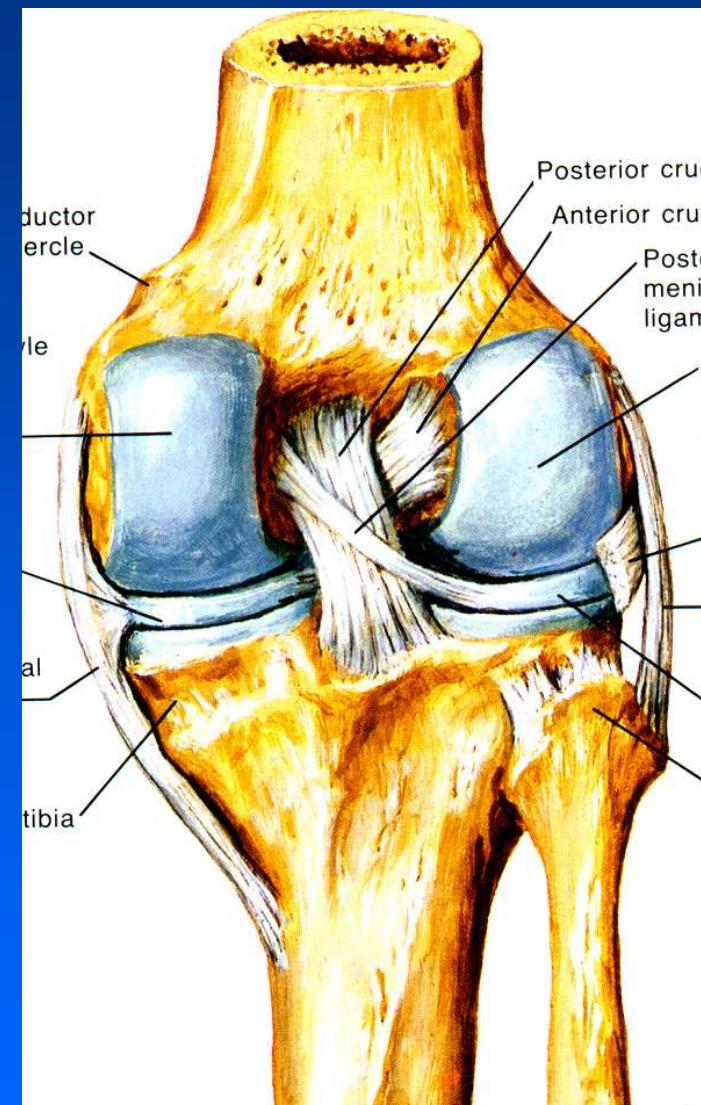
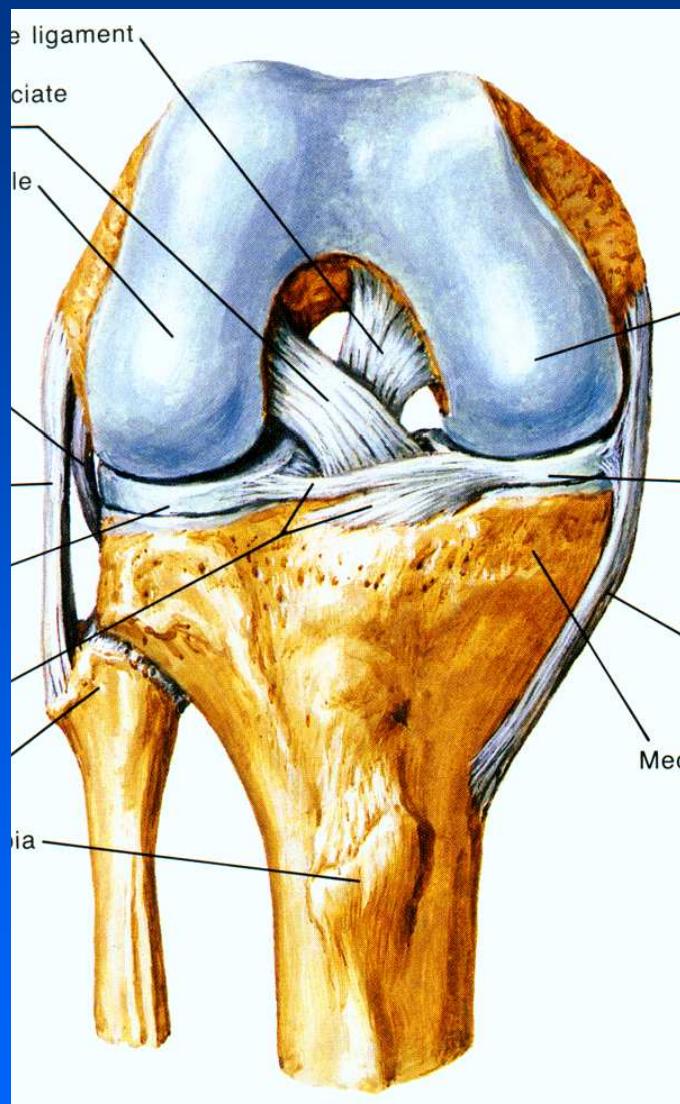
Medial side

Stability of the knee



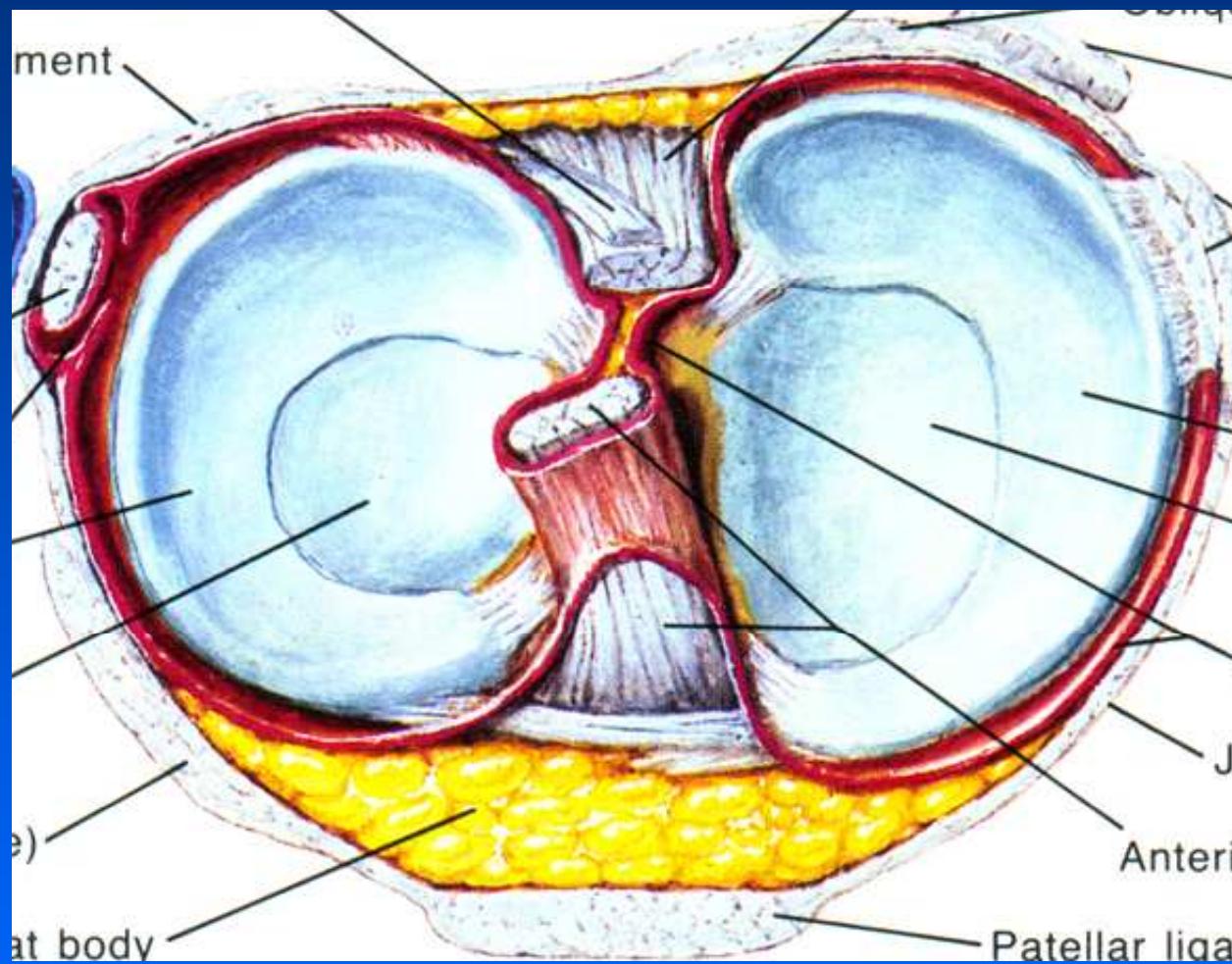
Lateral side

Stability of the knee



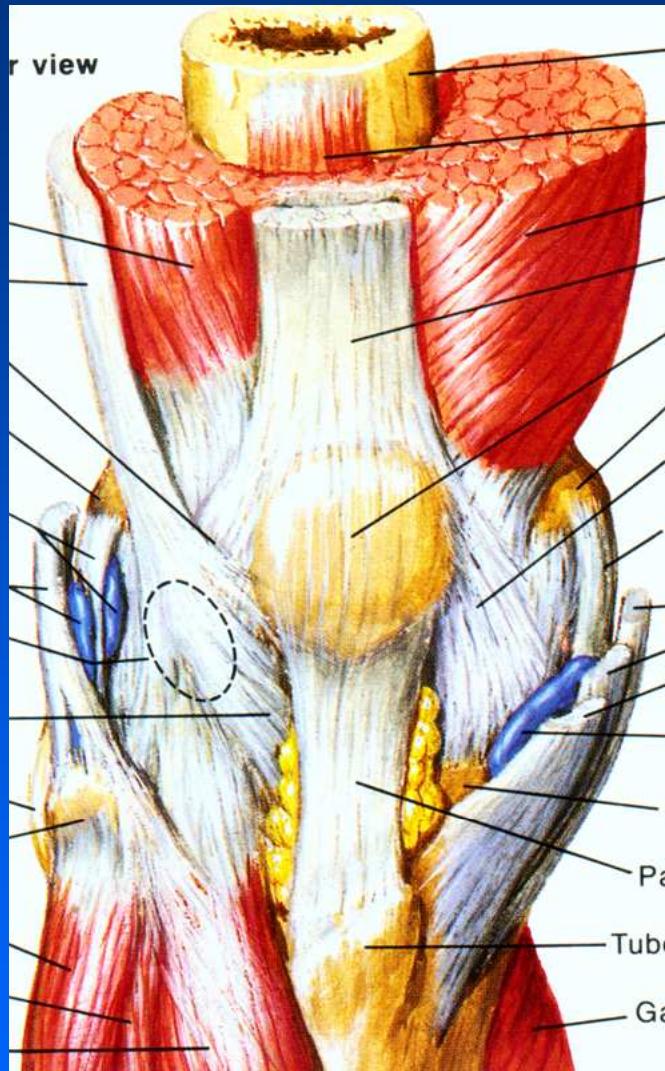
Cruciate ligaments

Stability of the knee



Menisci

Stabilita kolena



Muscles

Movements in the knee joint

Level

Movement

Sagittal

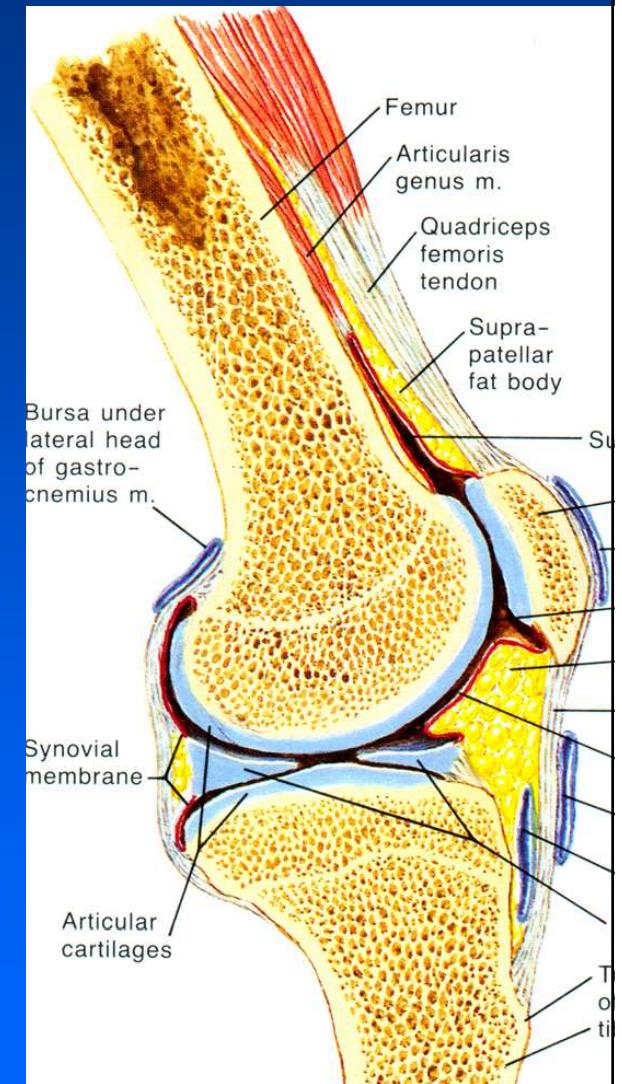
flexion/extension
rolling
gliding

Transversal

ext./ internal rotation

Frontal

adduction /abduction

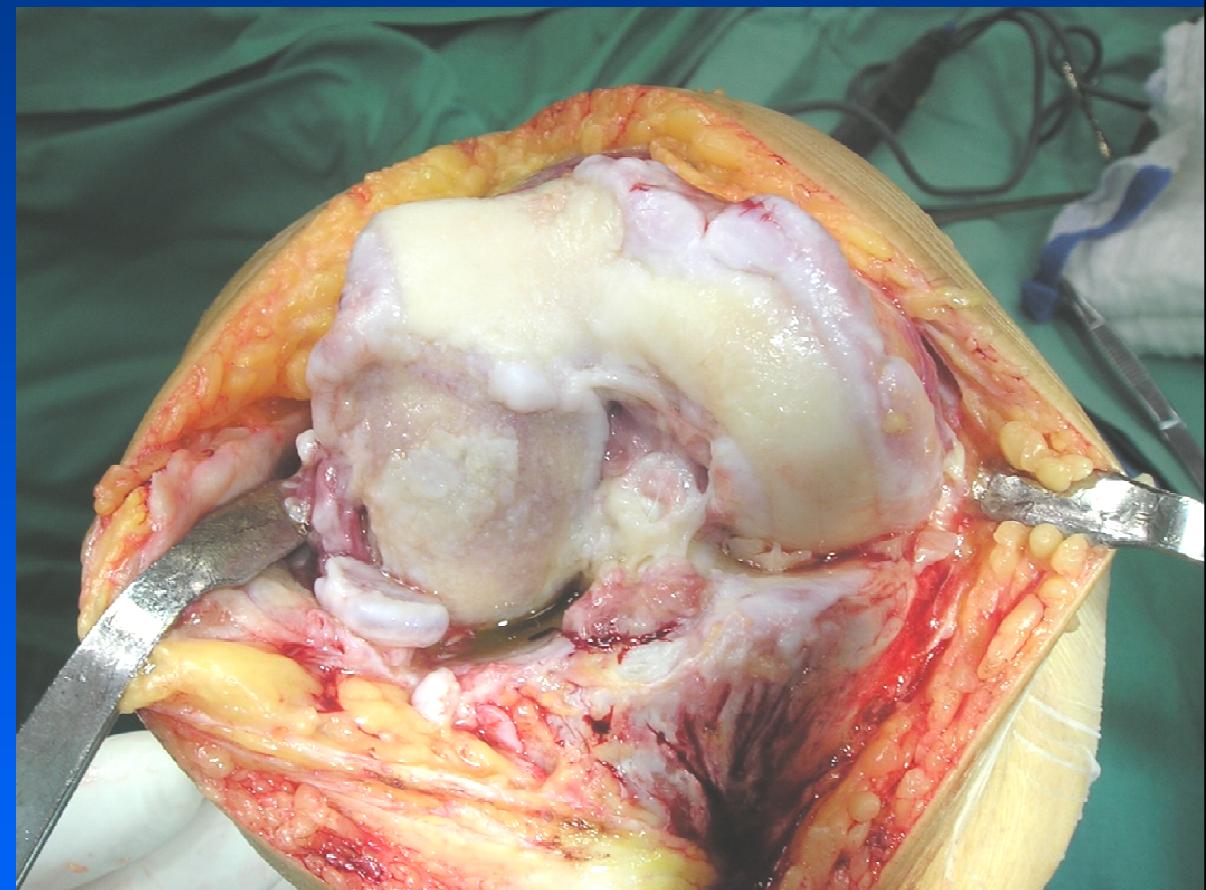


Indications for TKA

Painful condition
+ unsuccessful
conservative treatment

No other procedures
for maintaining of good
function are available

Severe dyscomfort



Indications

Osteoarthritis

- primary
- secondary

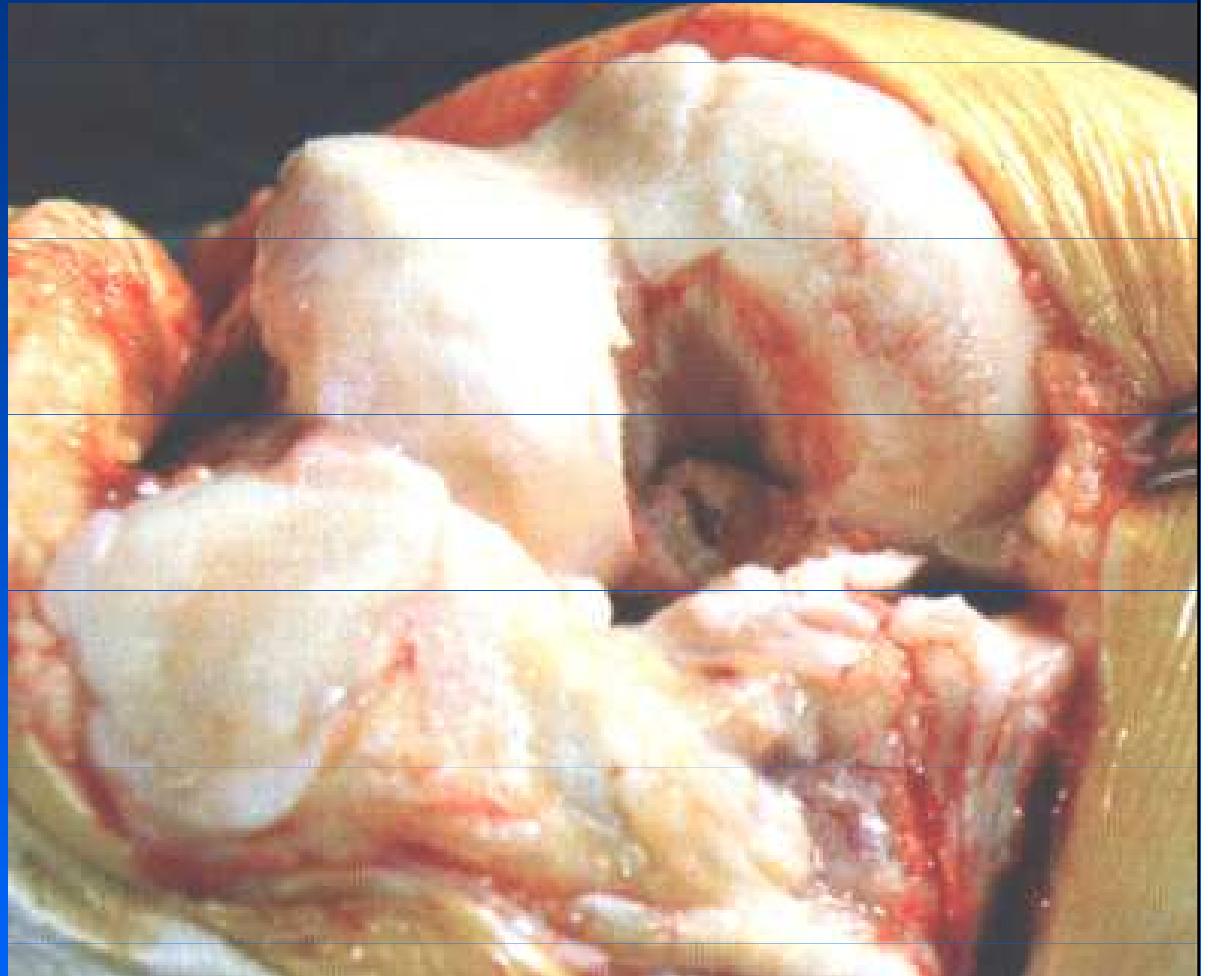
Aseptic necrosis of femoral condyle

Rheumatoid arthritis

Psoriatic arthropathy

Tumors

Haemophilic arthropathy



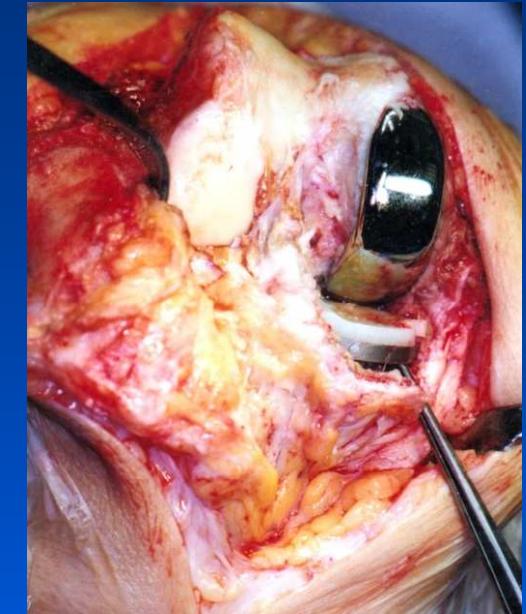
TKA

- Cemented
- Hybrid
- Uncemented



TKA

- Unicompartmental
- Bicompartmental
- Tricompartmental

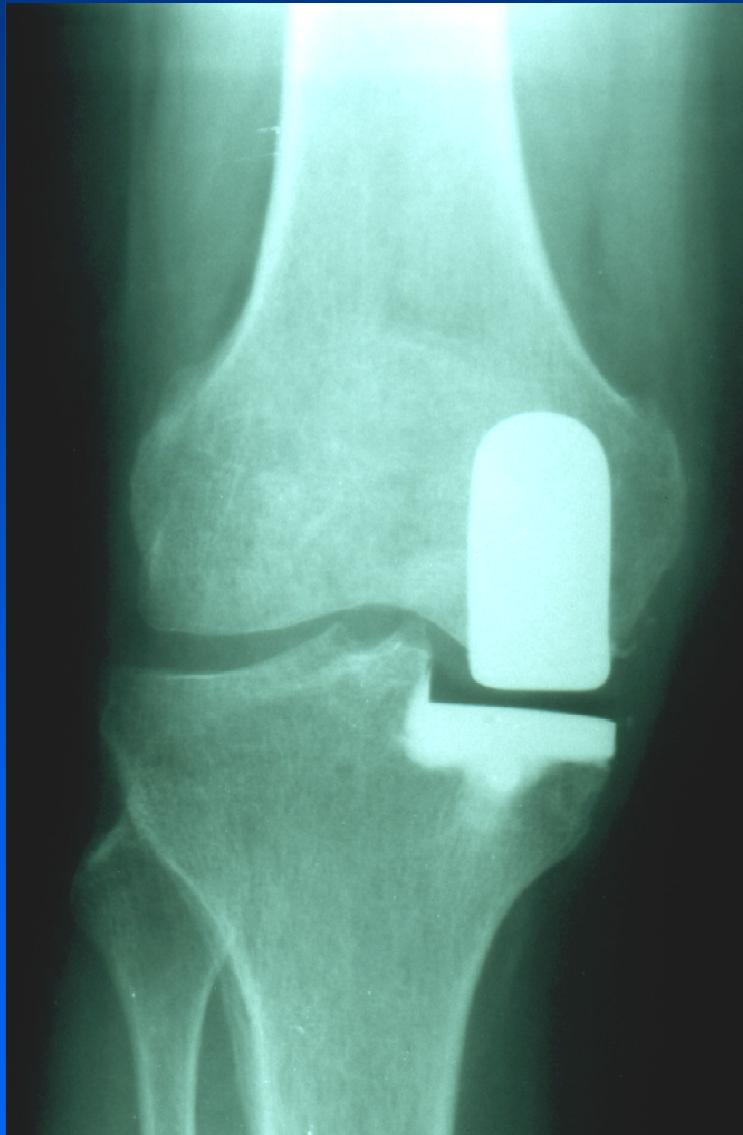


TKA

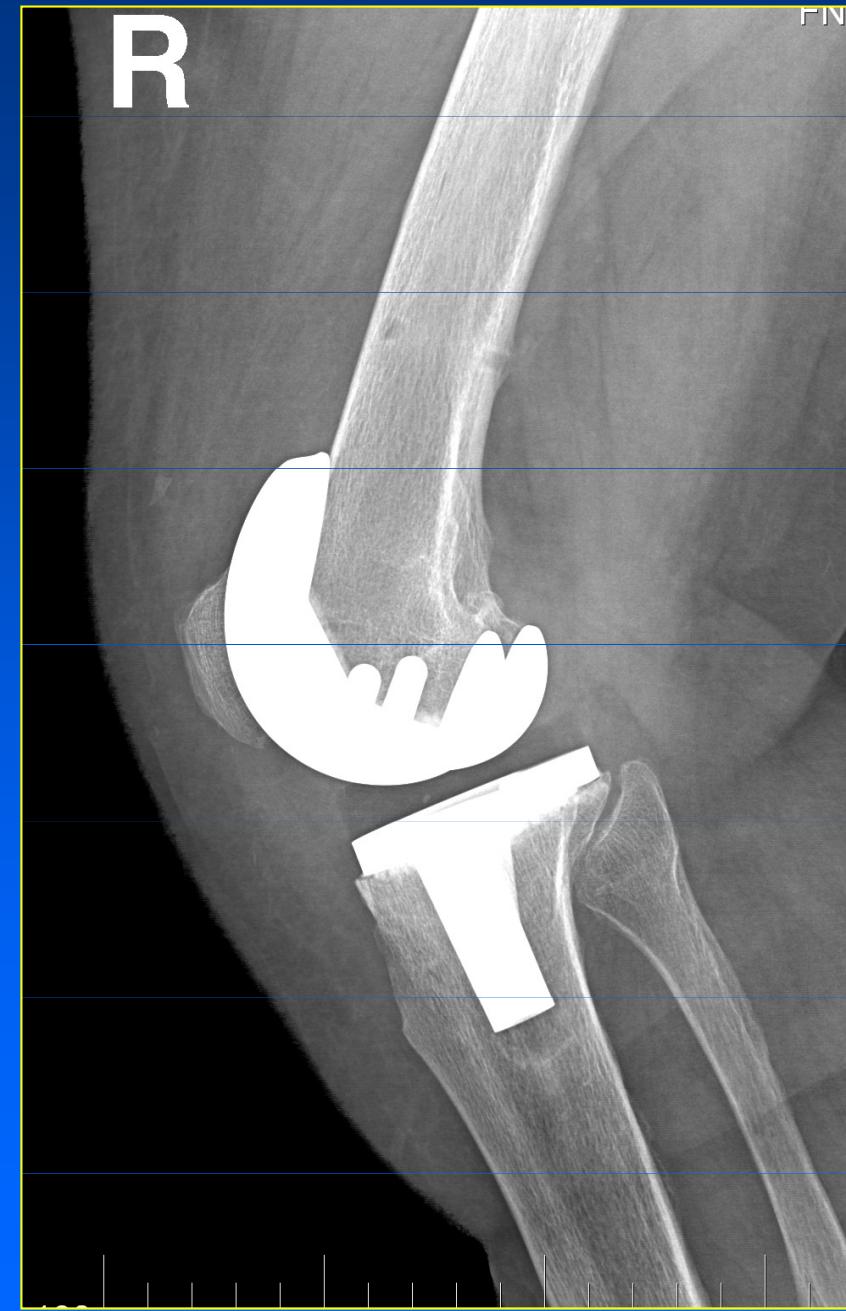
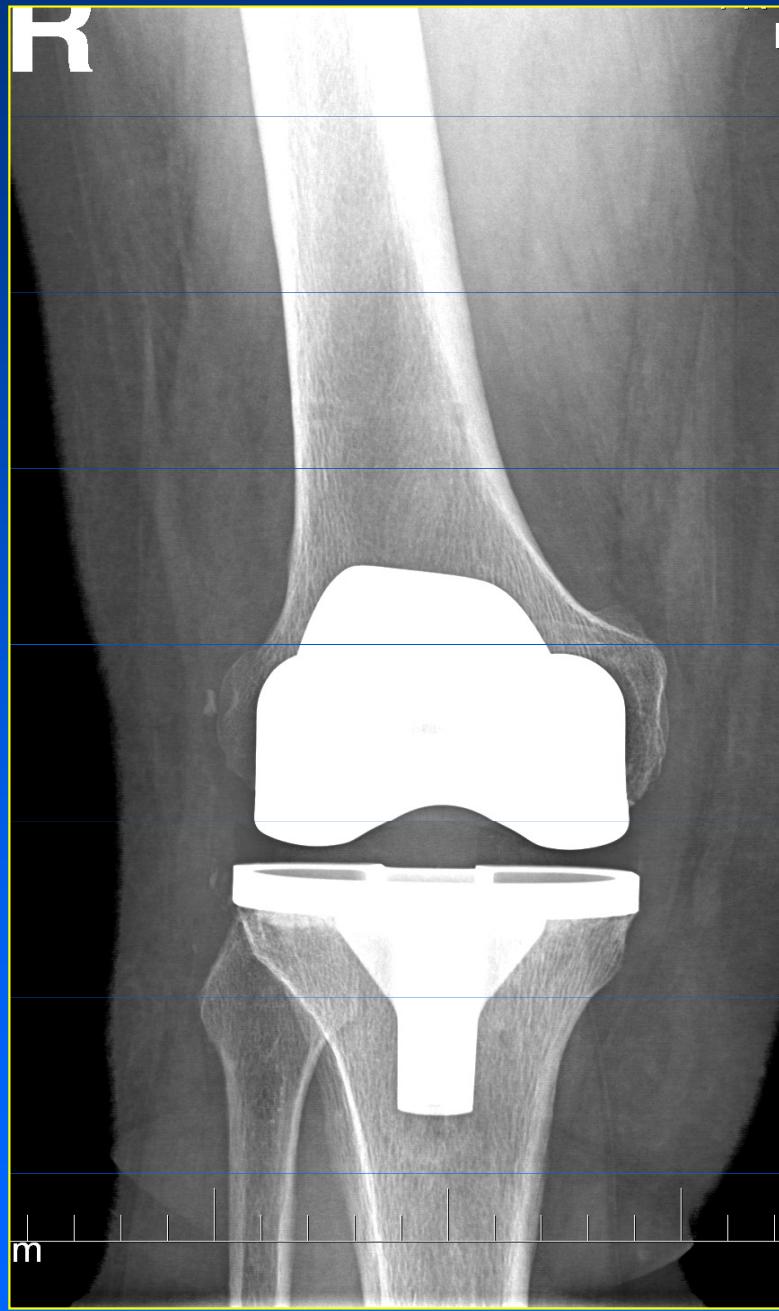
- Unicondylar
- Condylar
 - PCL retaining
 - PCL sacrificing
- Condylar with stem
- Hinge
- For tumors



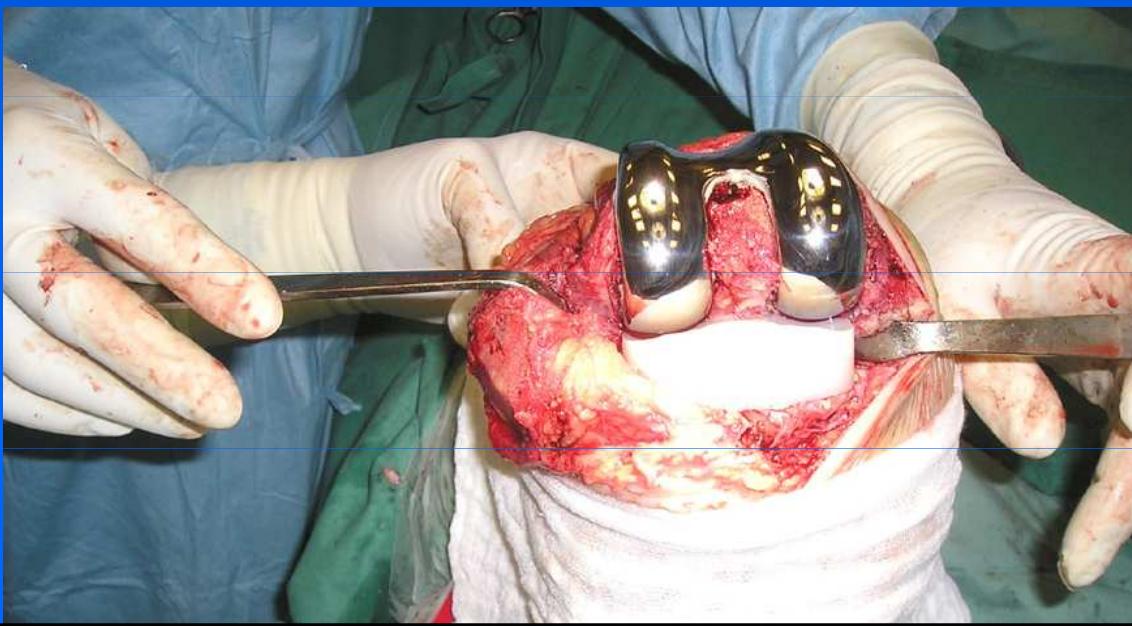
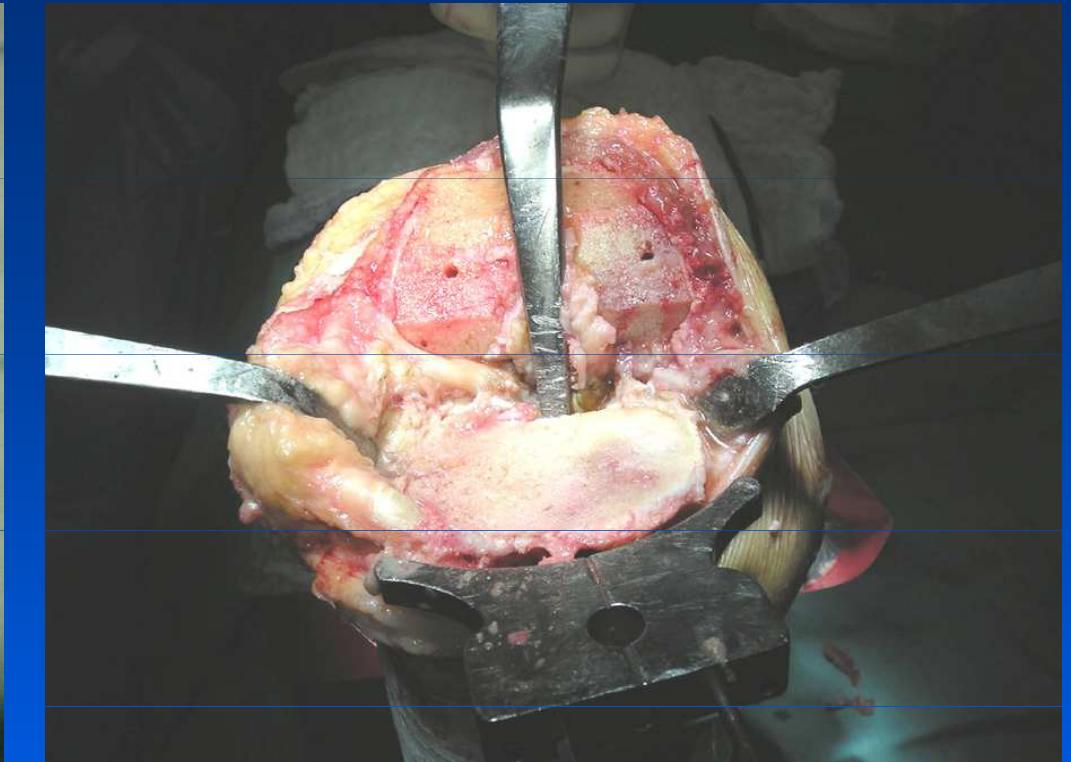
Unicondylar replacement TKU



Condylar – PCL retaining



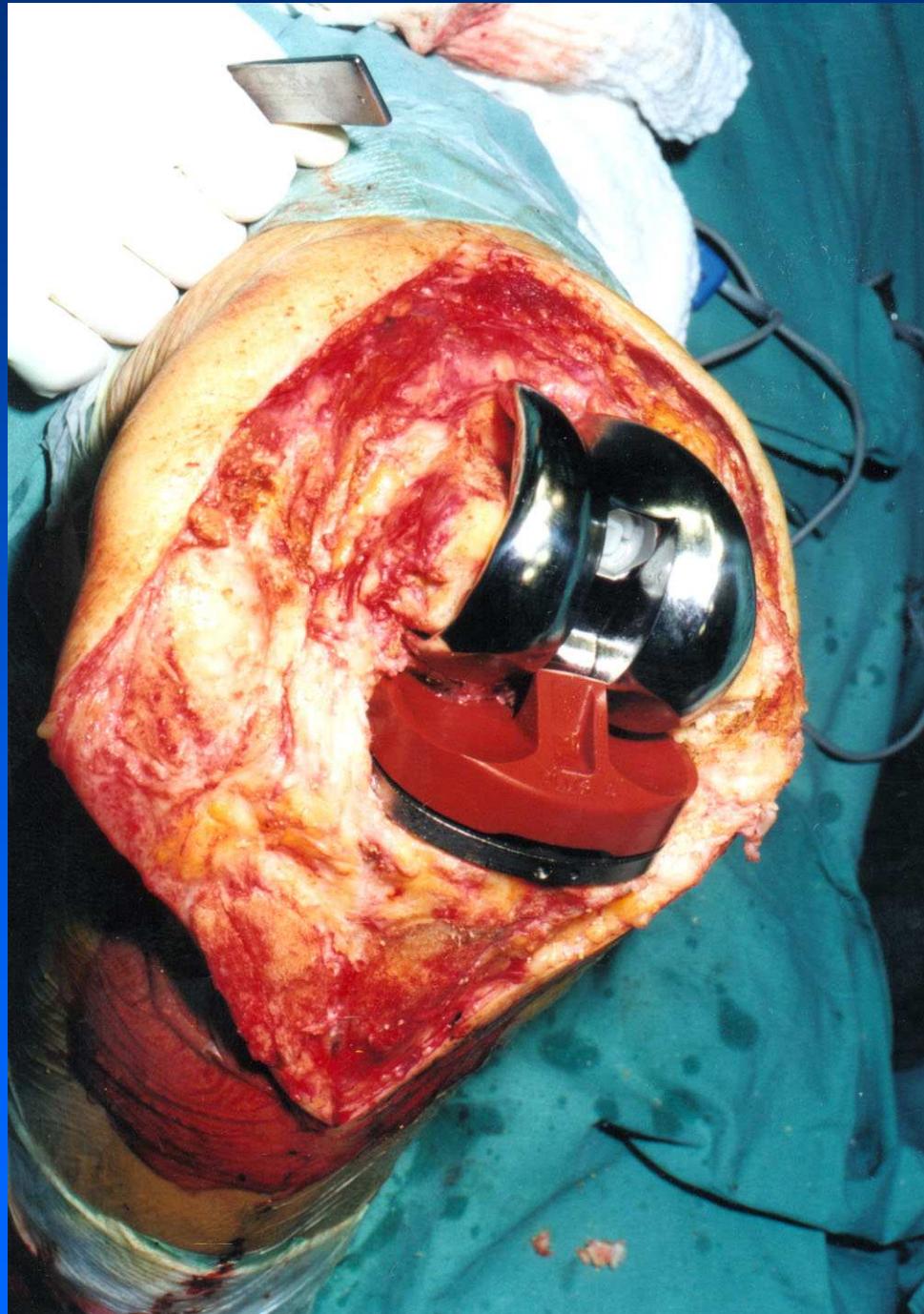
TKA – all poly type



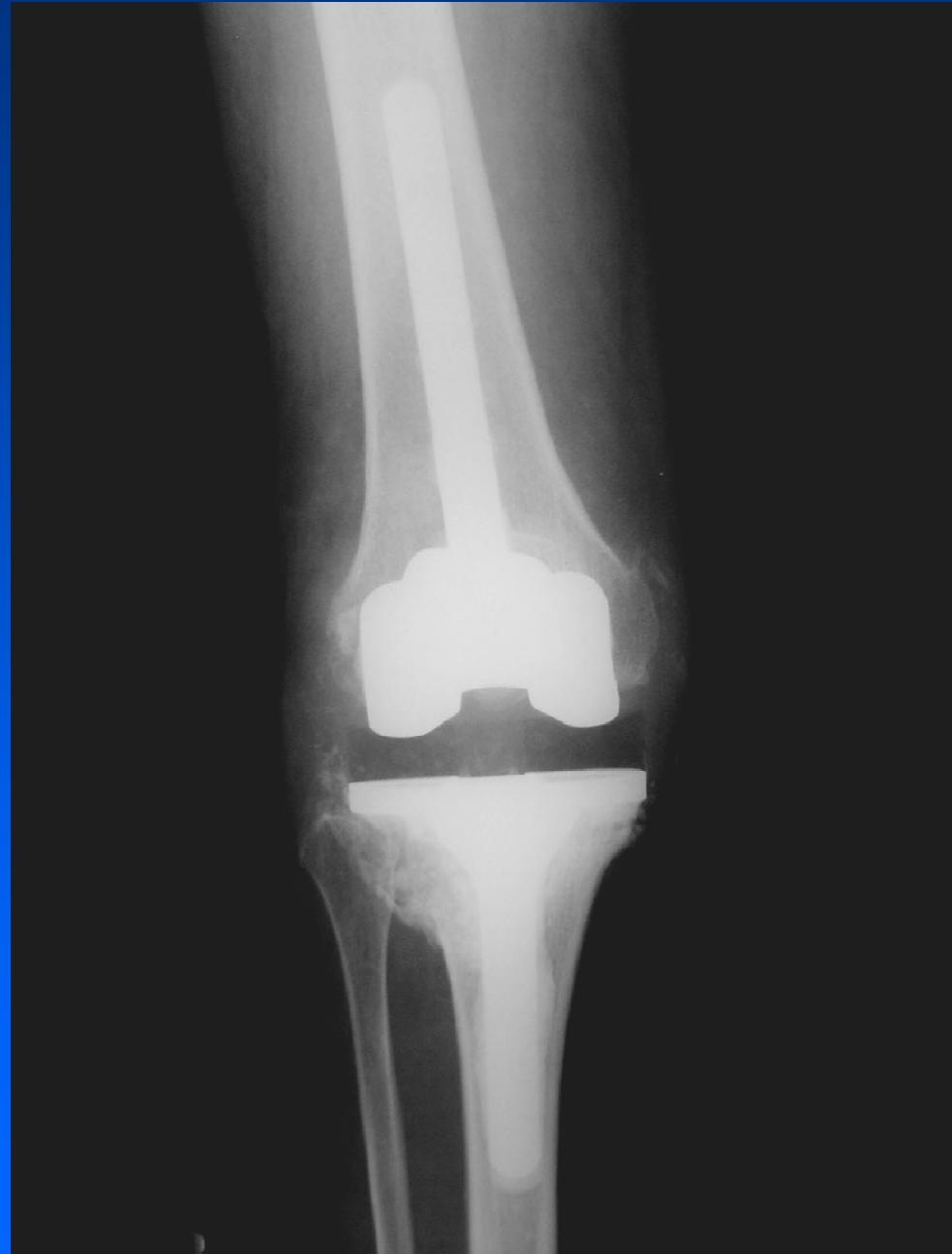
TKA – all poly type



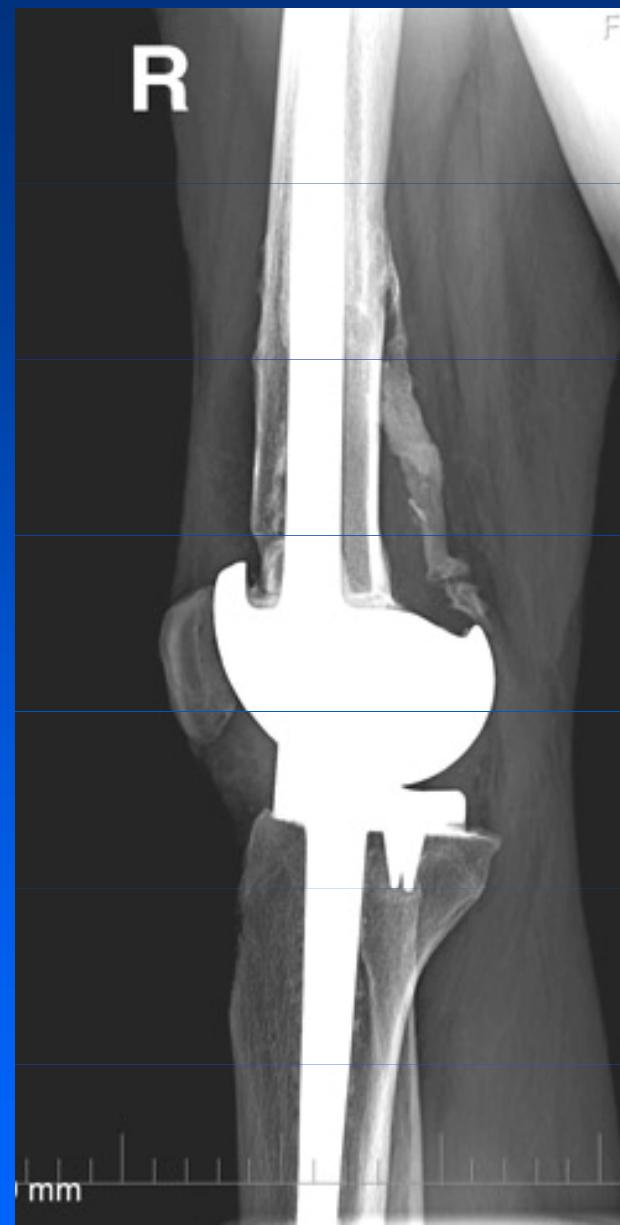
Condylar TKA – PCL sacrificing



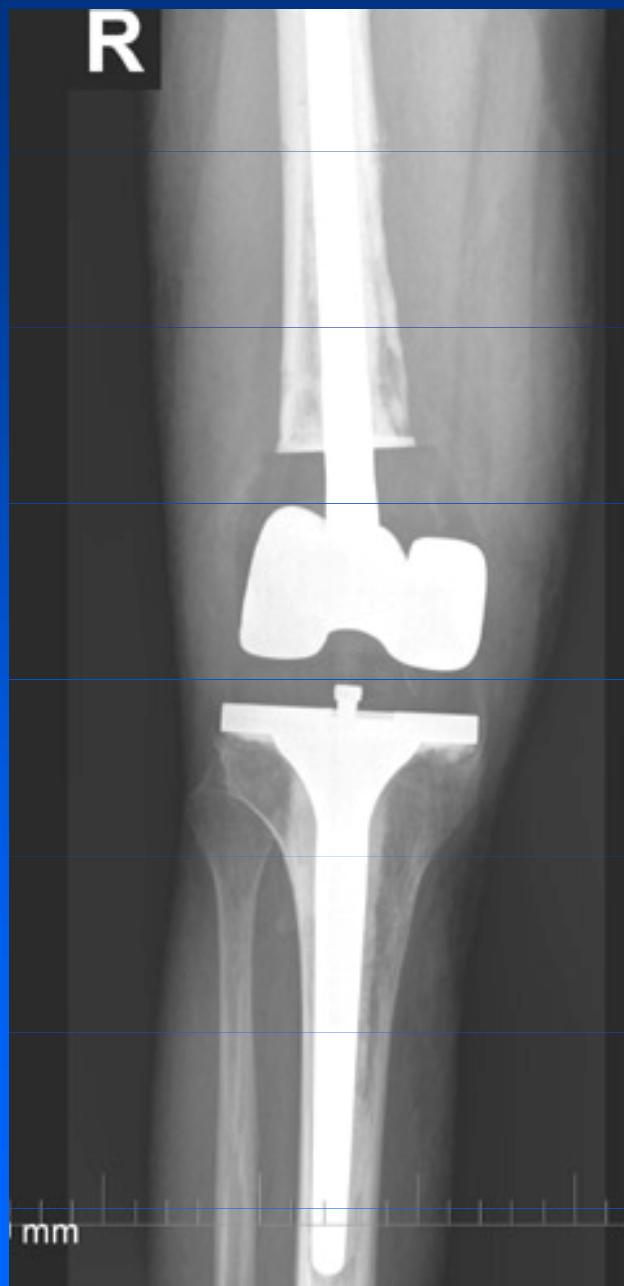
Condylar TKA with stems



TKA for tumors



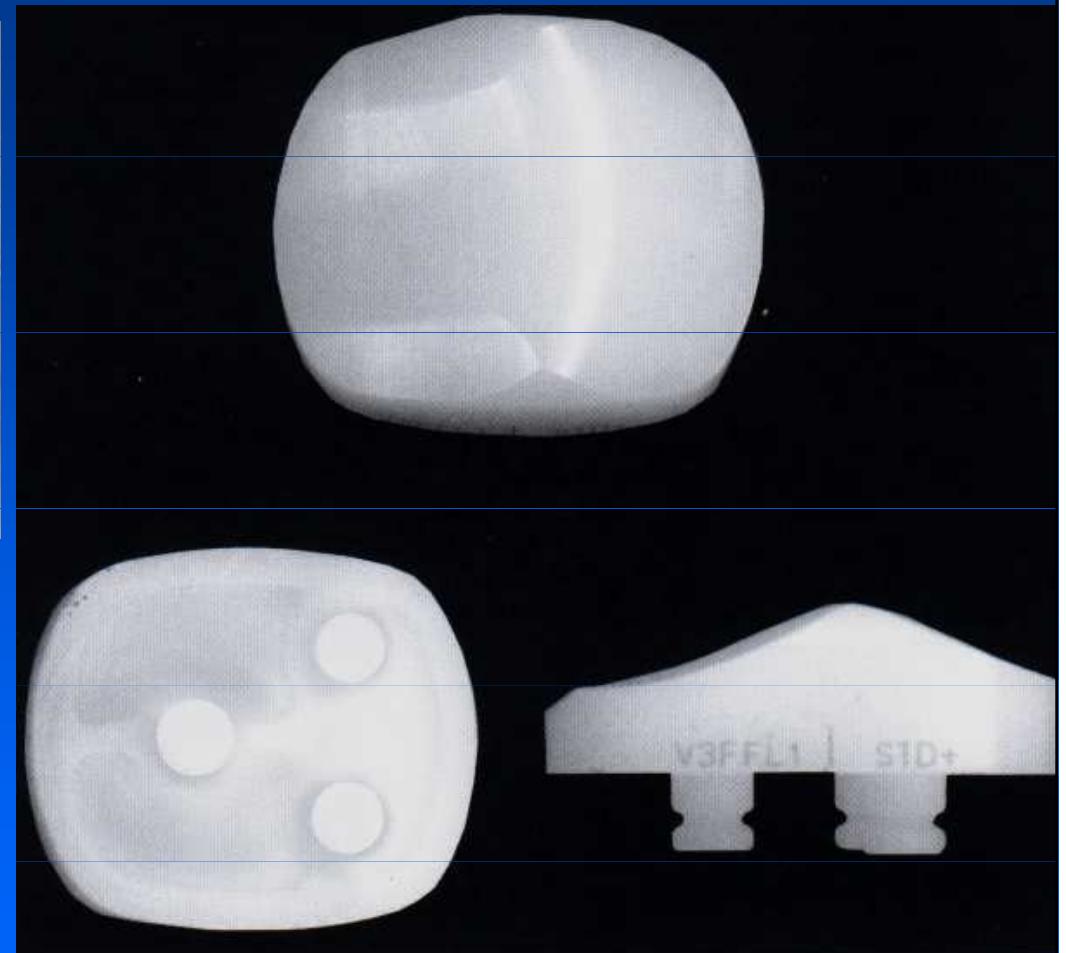
TKA for tumors



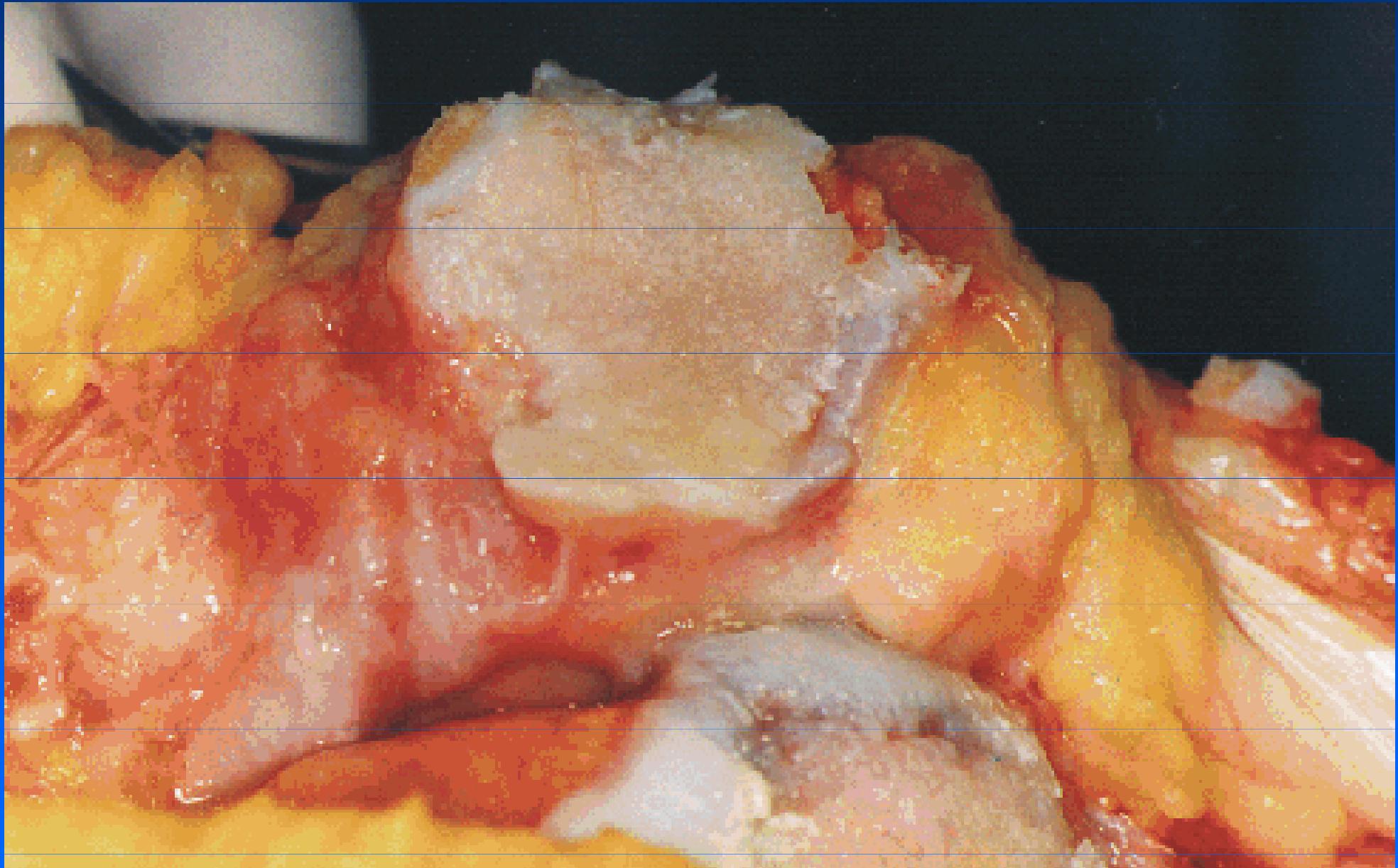
743/6



Replacement of the patella



Resection of the patella



Femoropatellar replacement



TKA Sigma Johnson + Johnson company

Standard PE plateau

PS variant of the plateau

Rotating plateau

- standard
- PS variant



PS variant – TKA Sigma Fixed plateau



TKA Sigma Johnson + Johnson

Rotating plateau

- standard
- PS varianta



Search – Evolution Aesculap



TKA Innex - Zimmer company

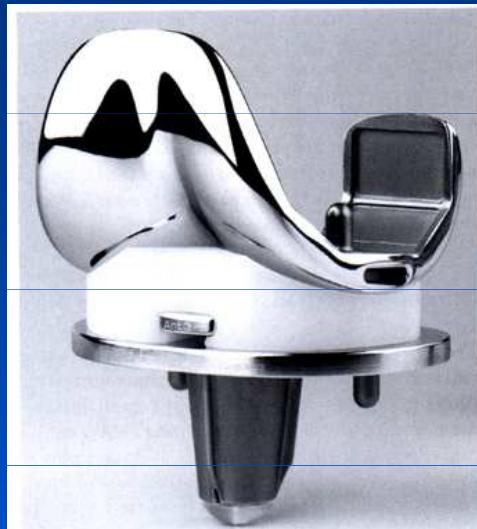


Fig. 1.24. INNEX CR

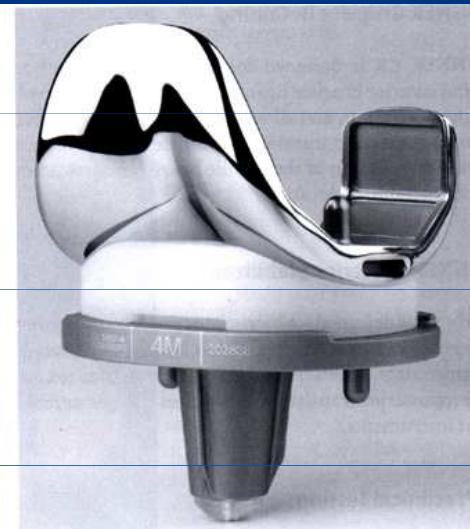


Fig. 1.26. INNEX Fix CR

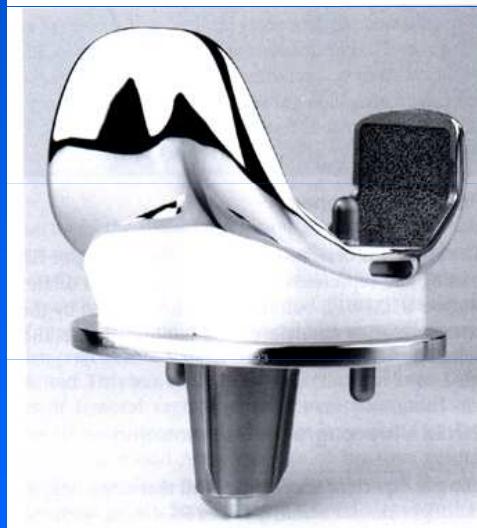


Fig. 1.25. INNEX UCOR

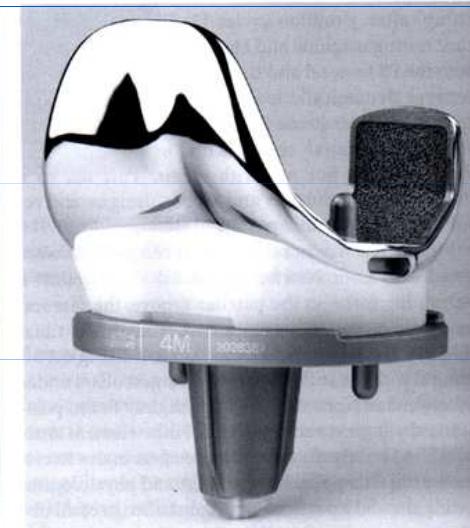
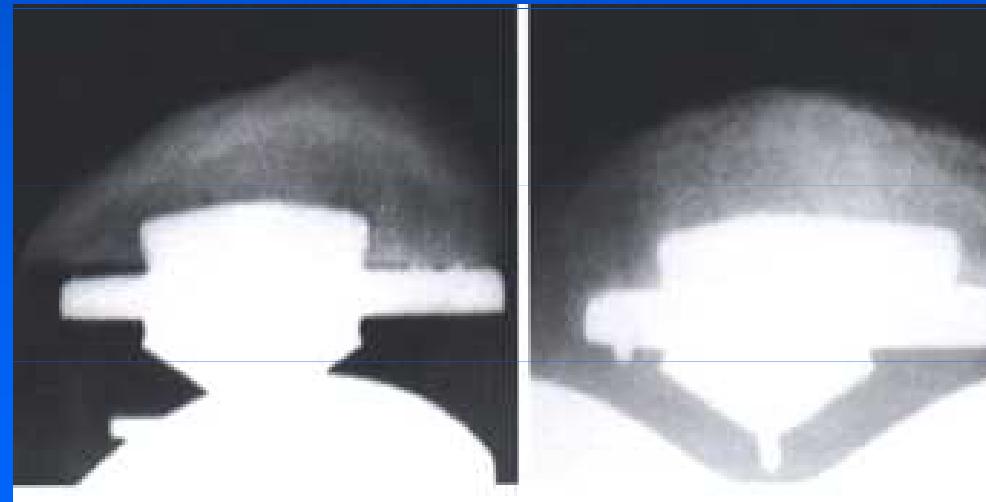
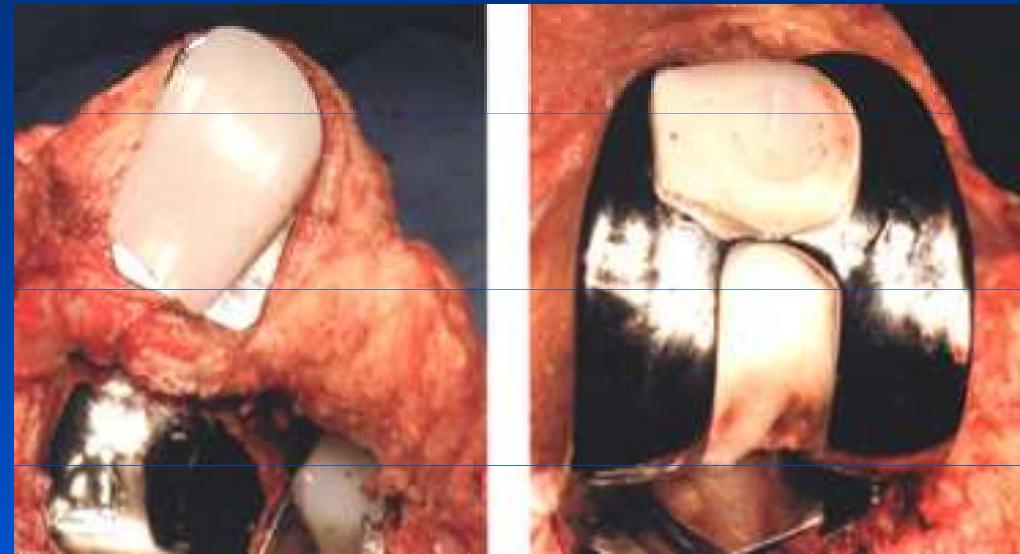
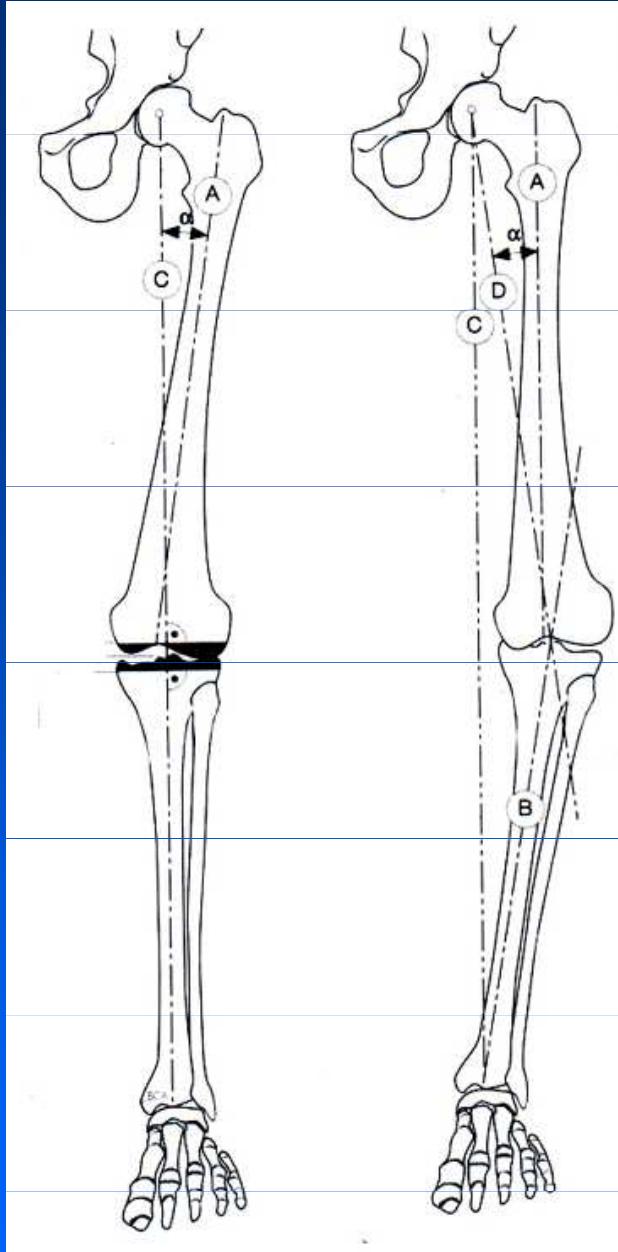


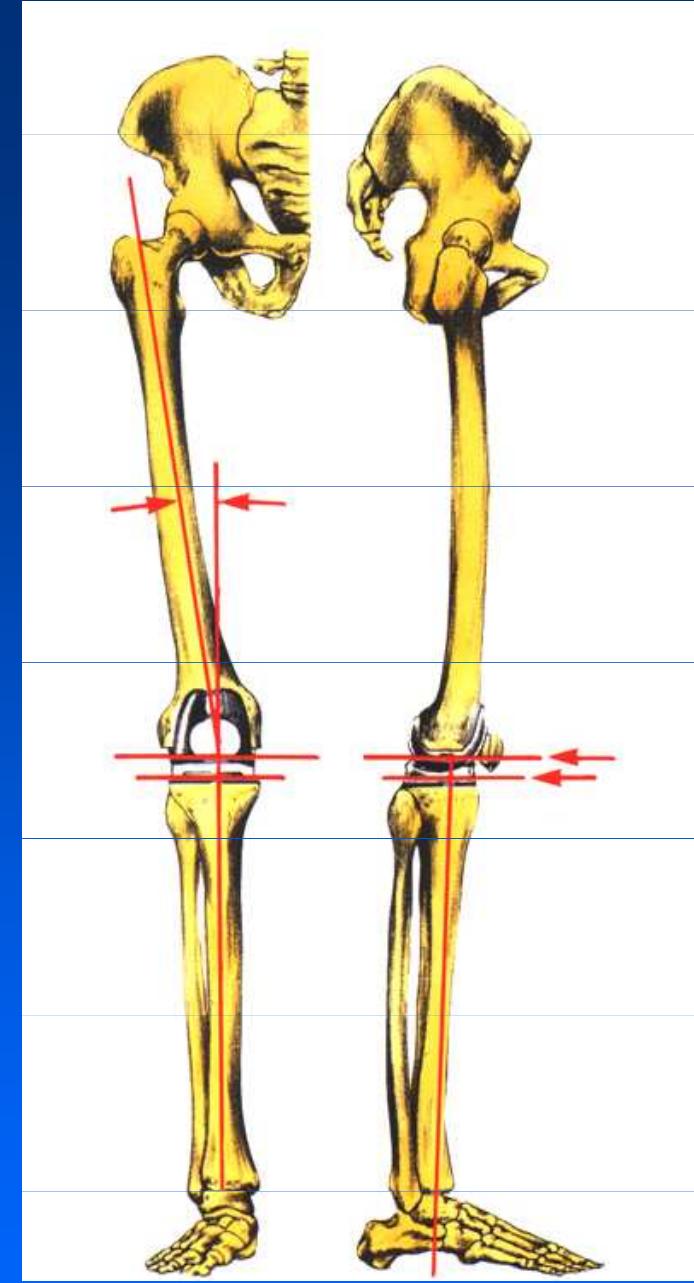
Fig. 1.27. INNEX Fix UC

LCS TKA





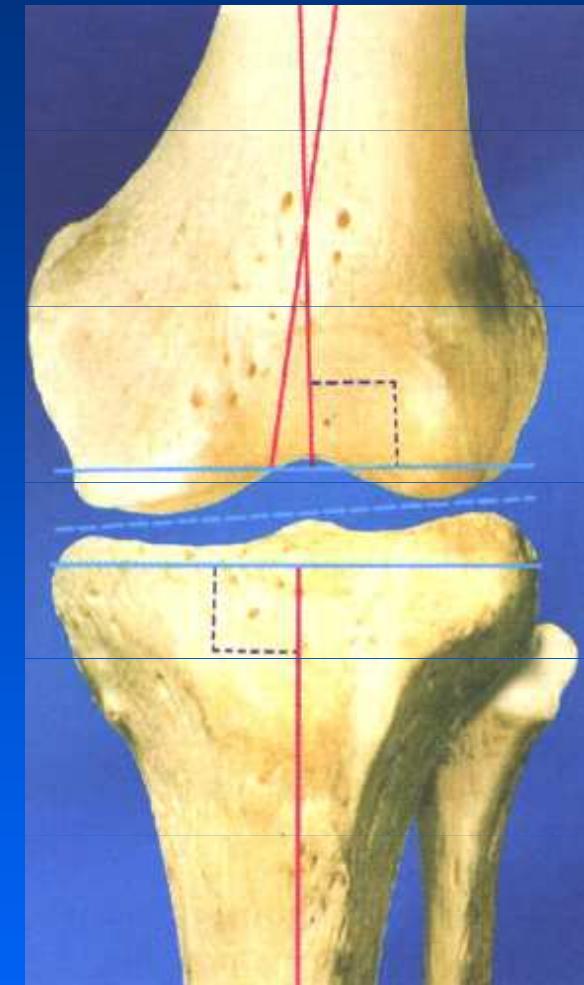
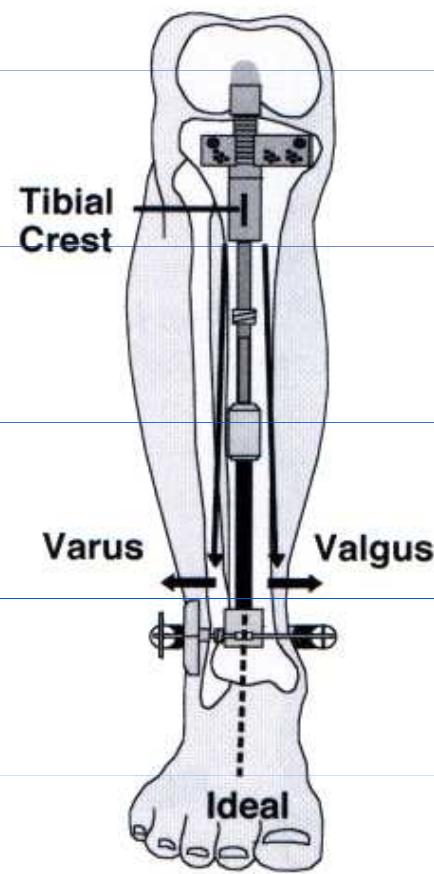
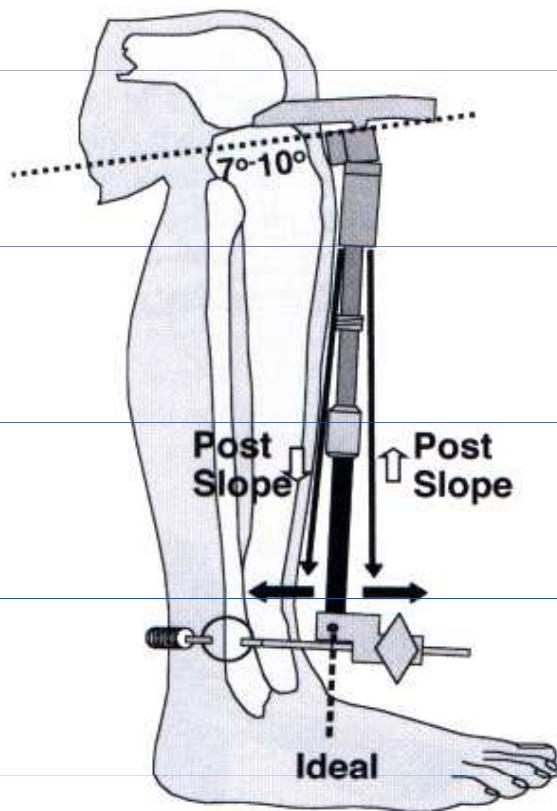
Mechanical alignment



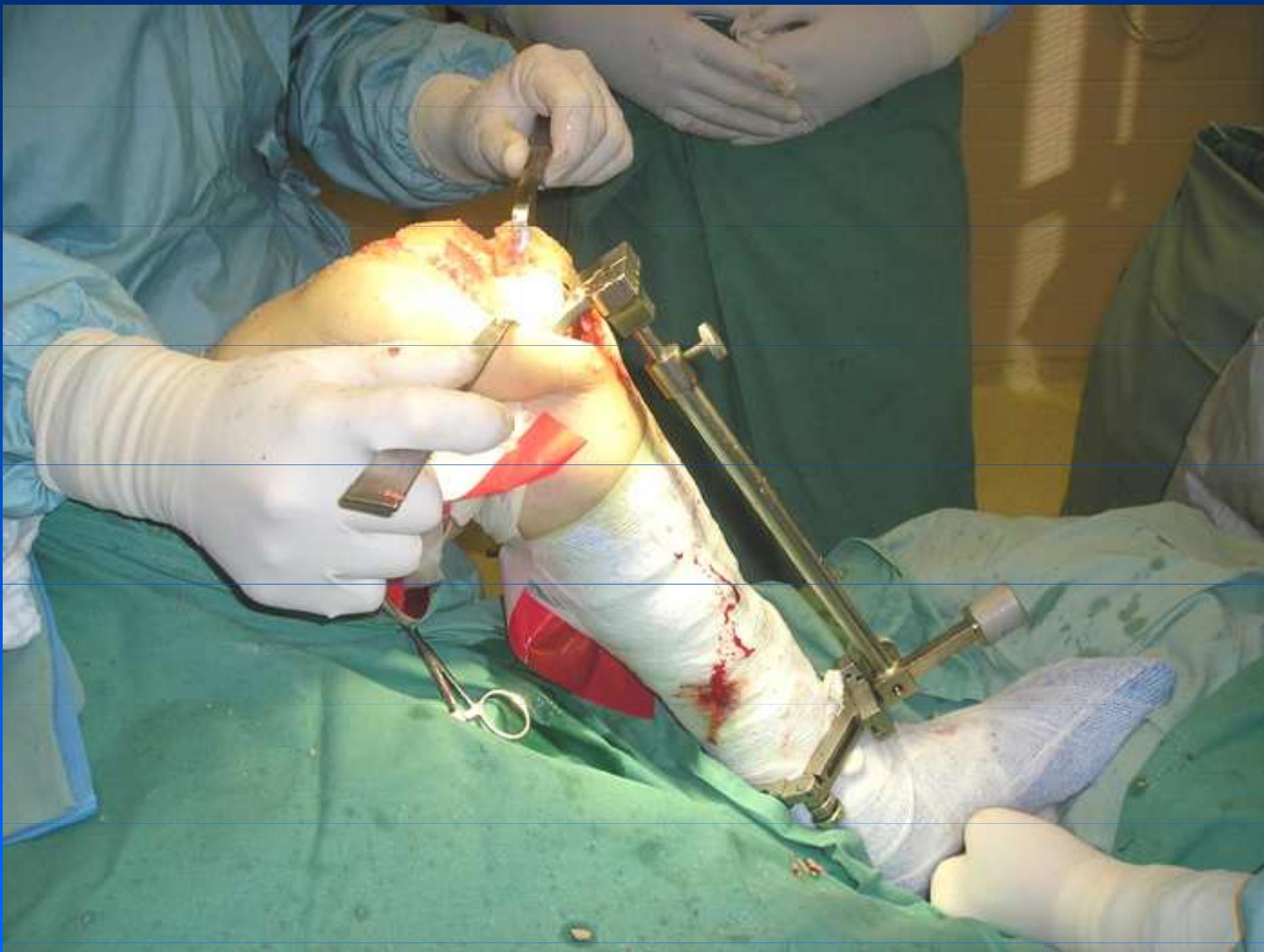
Anatomical alignment

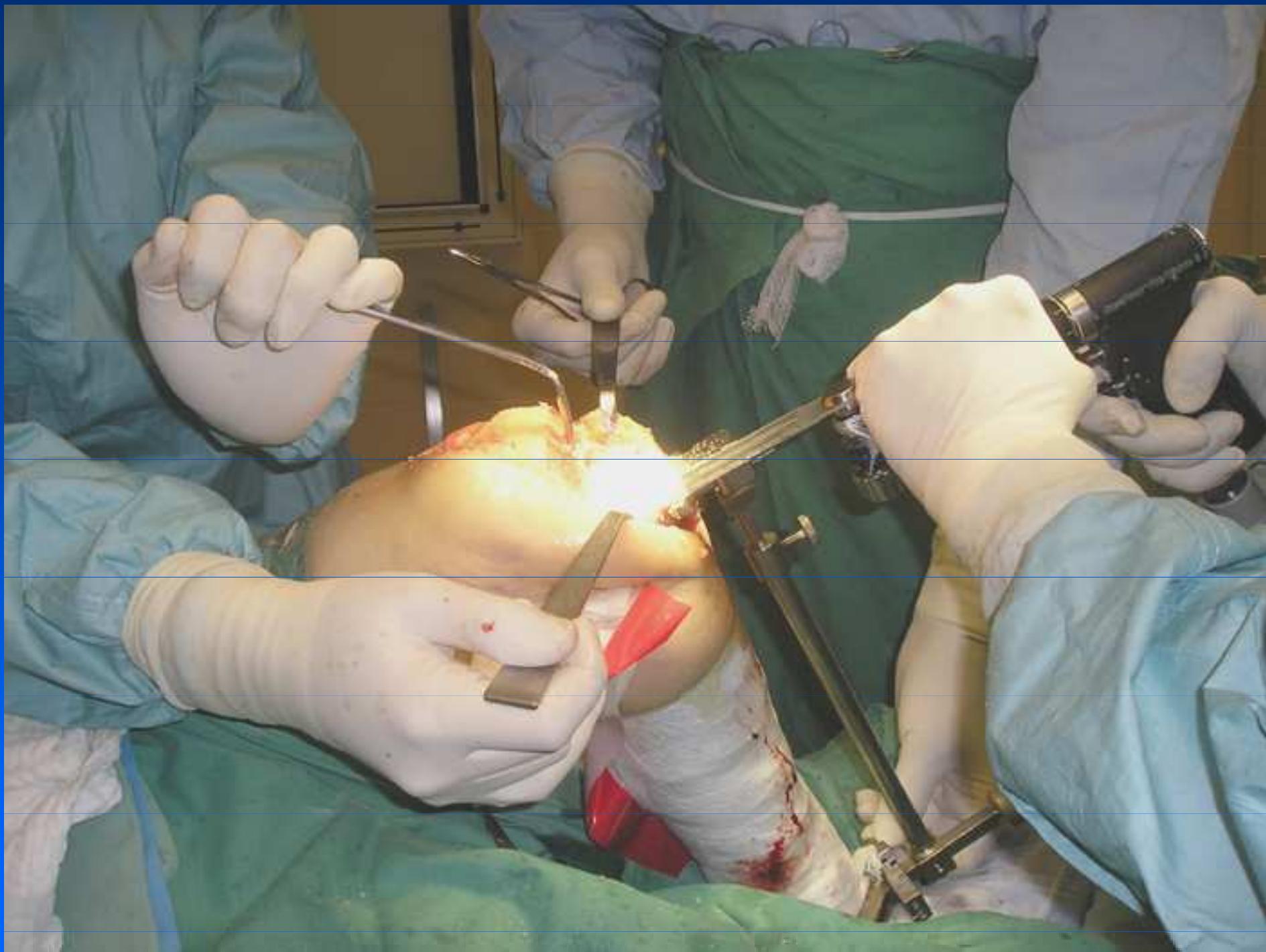
X ray in standing postion



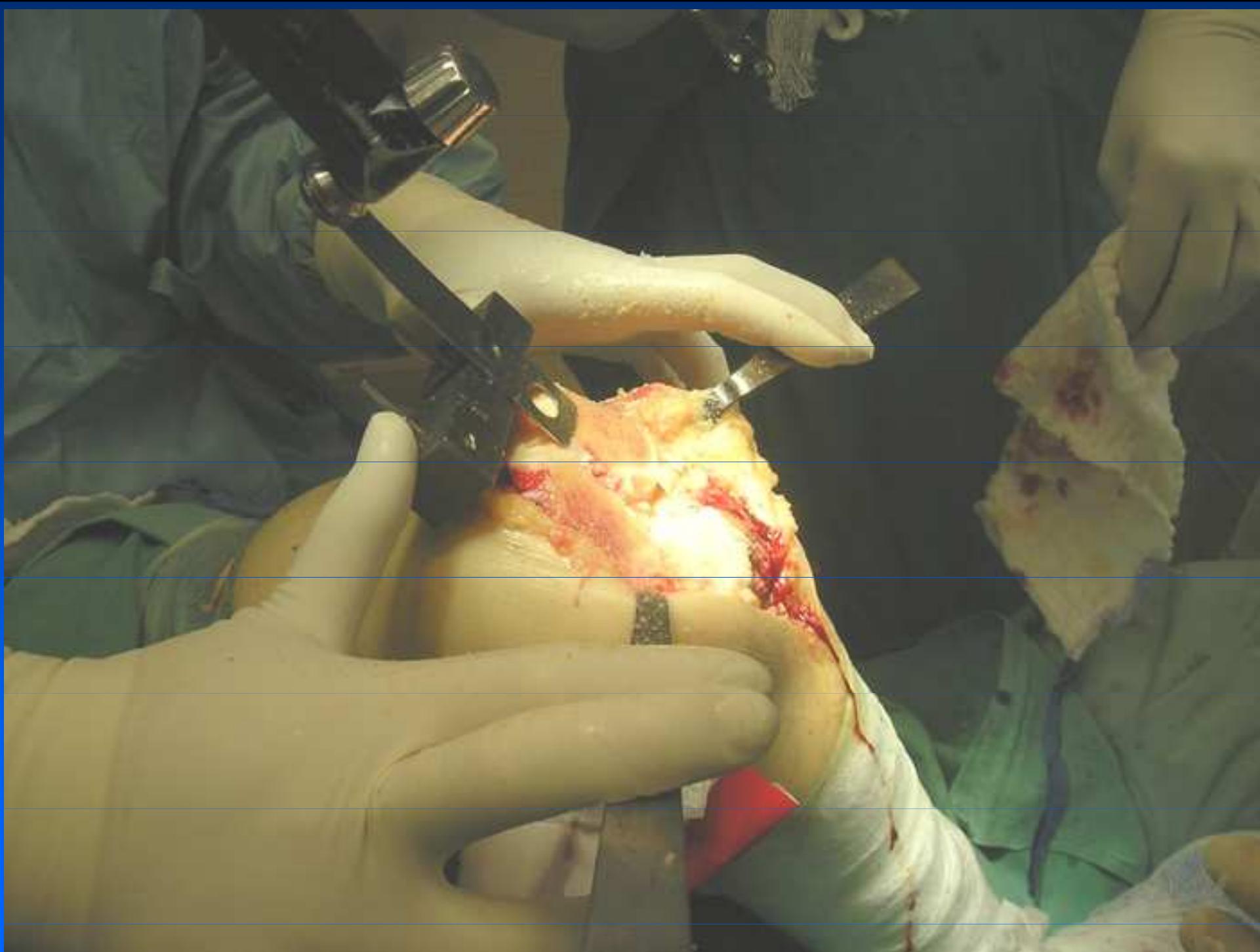


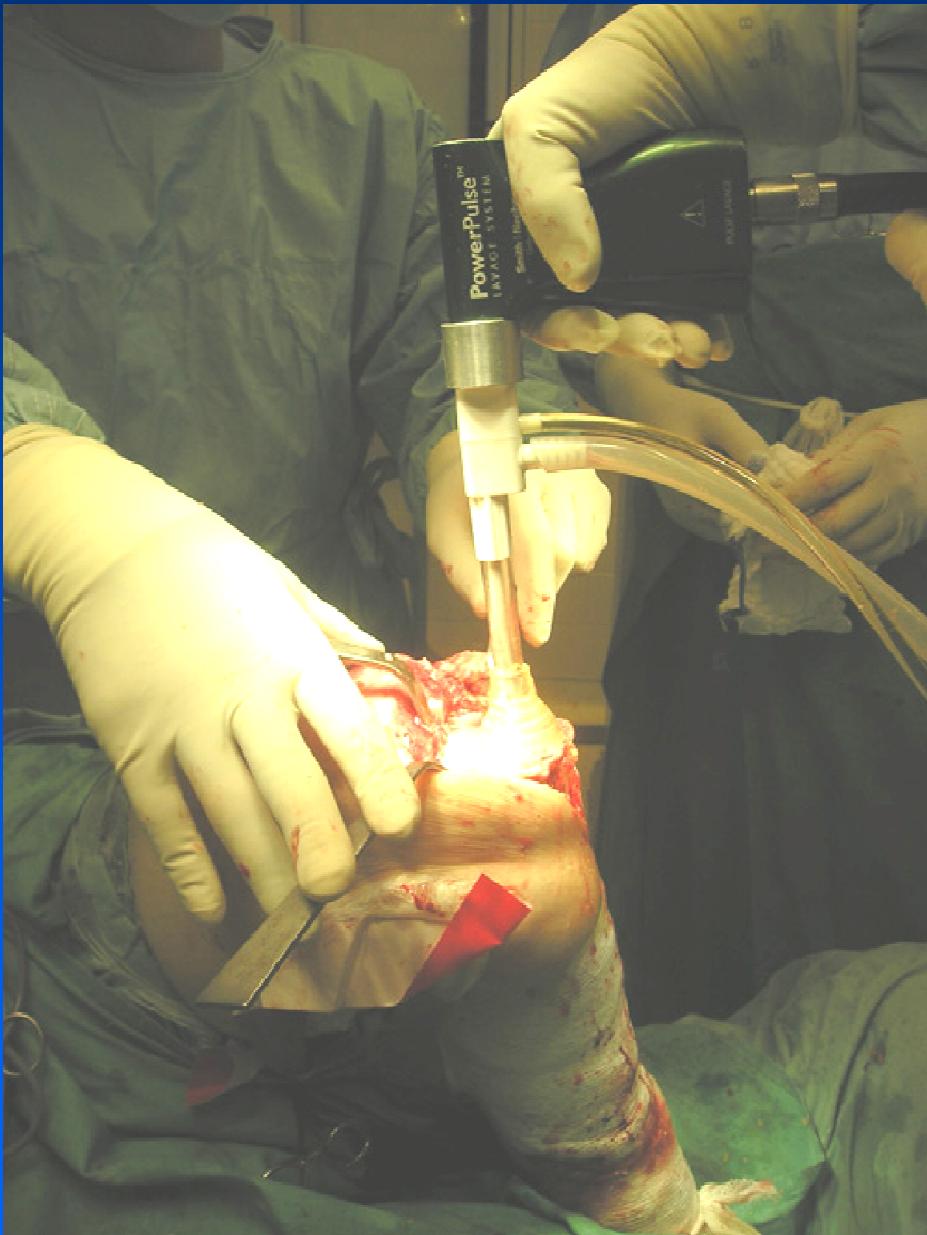
Resection levels

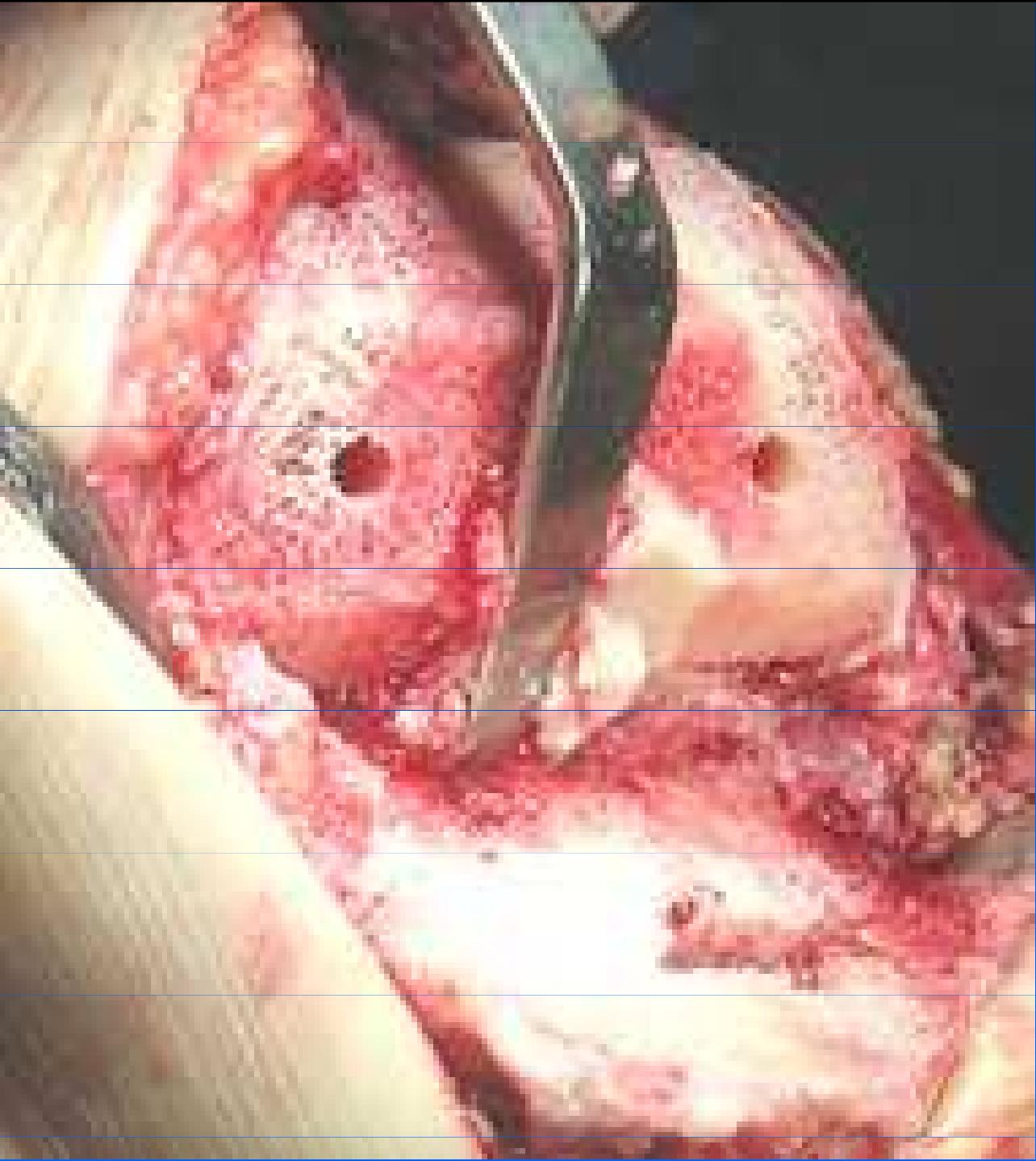


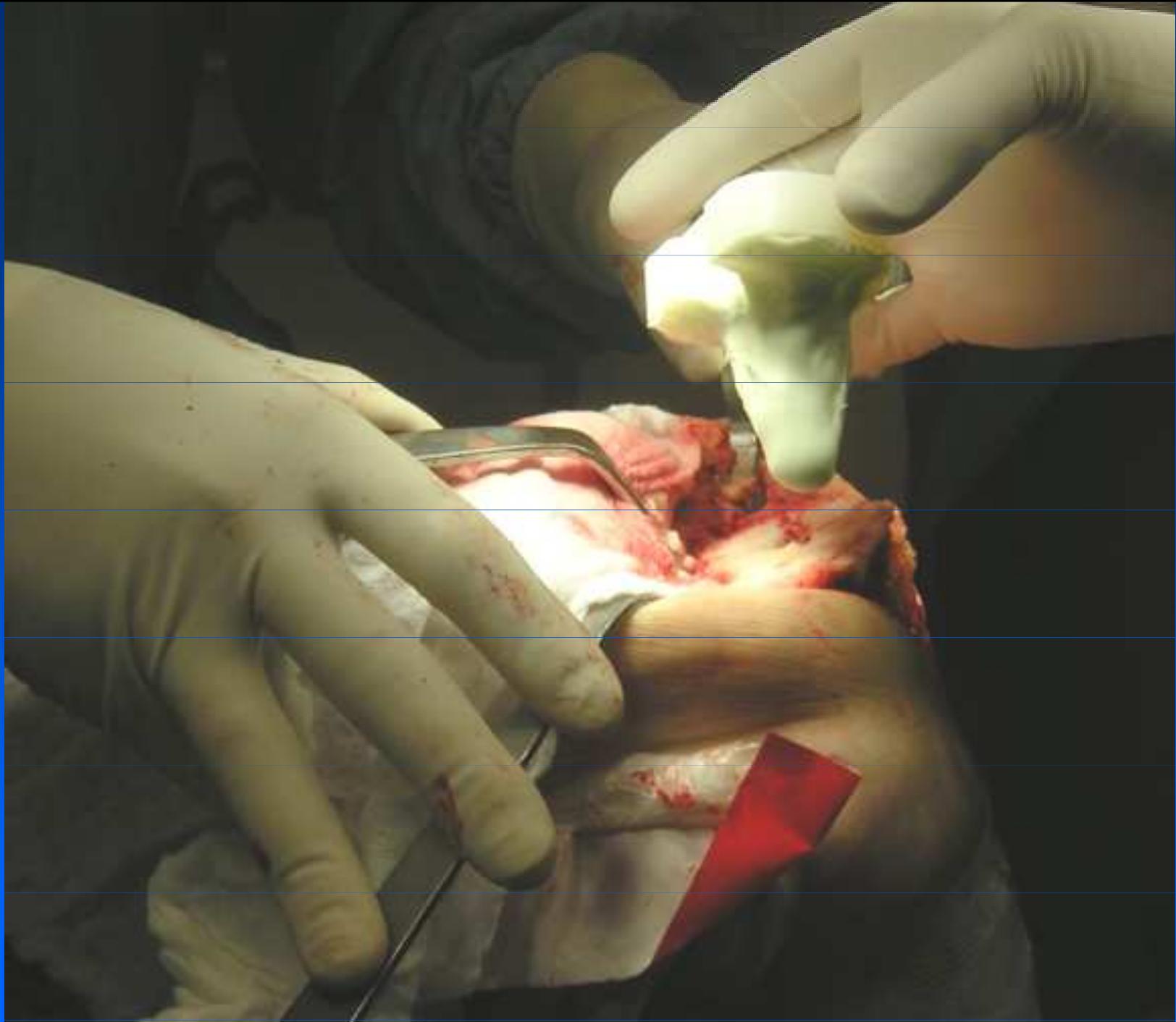


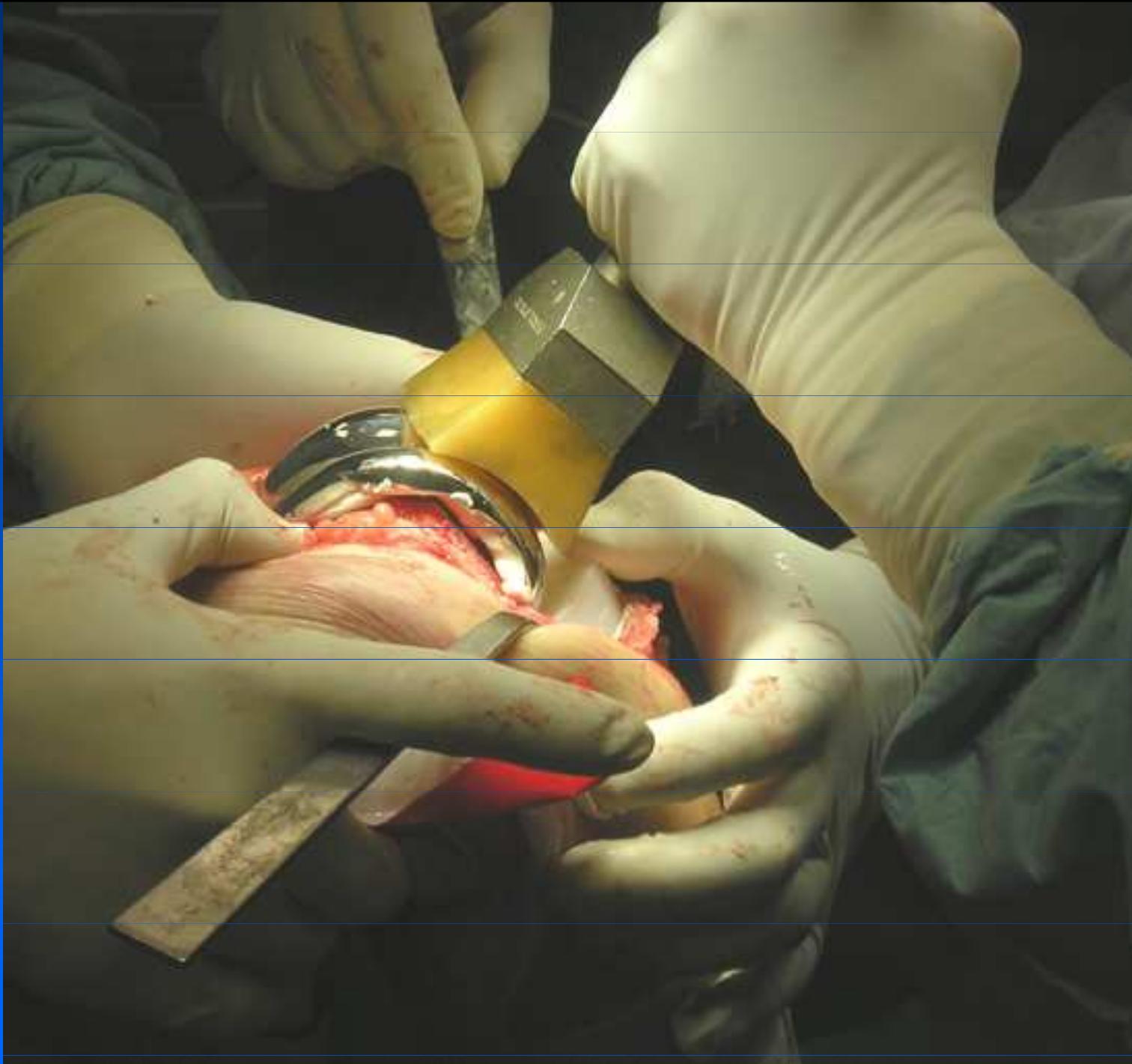


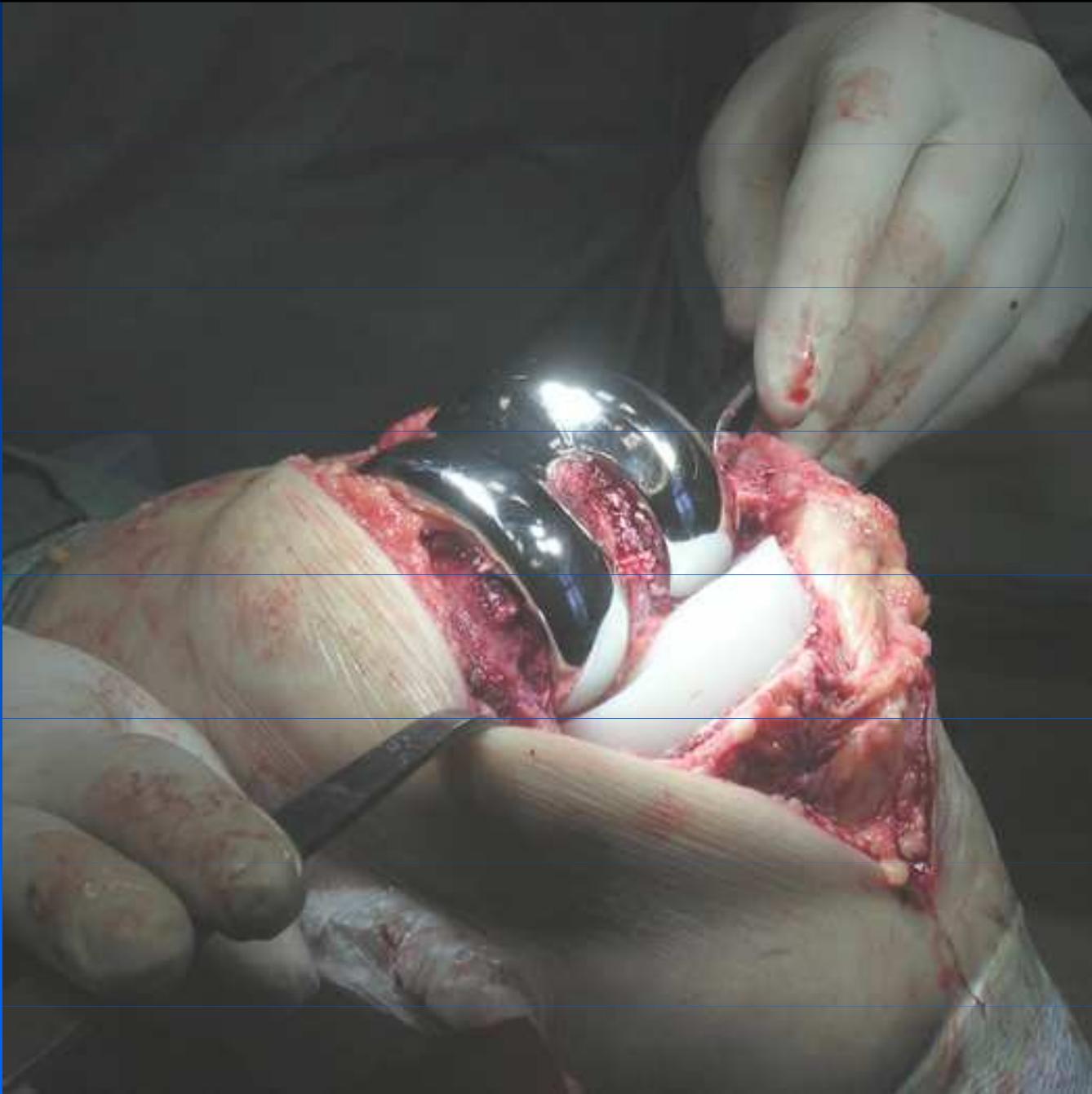








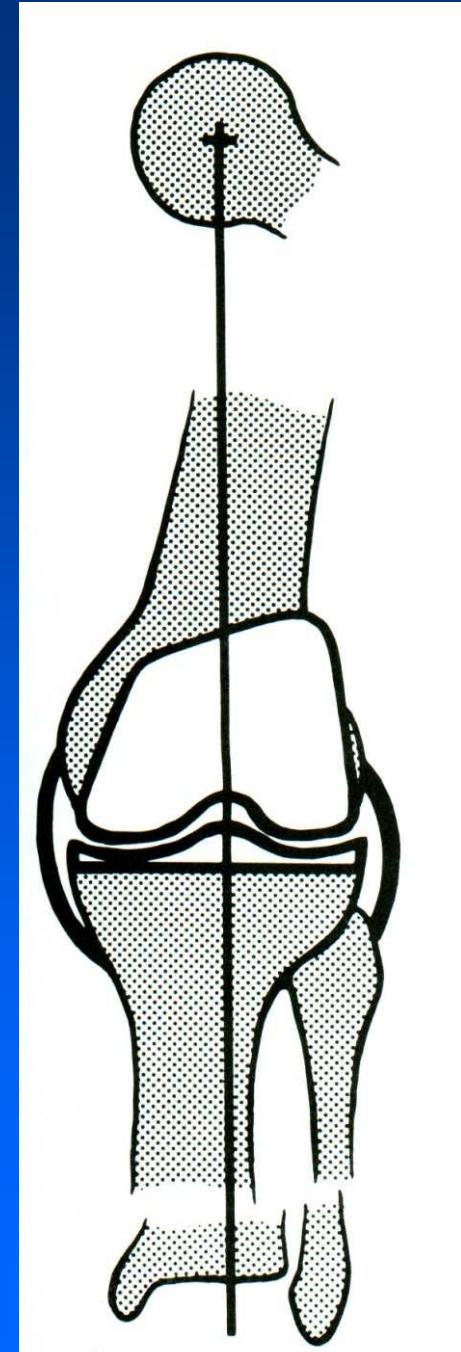




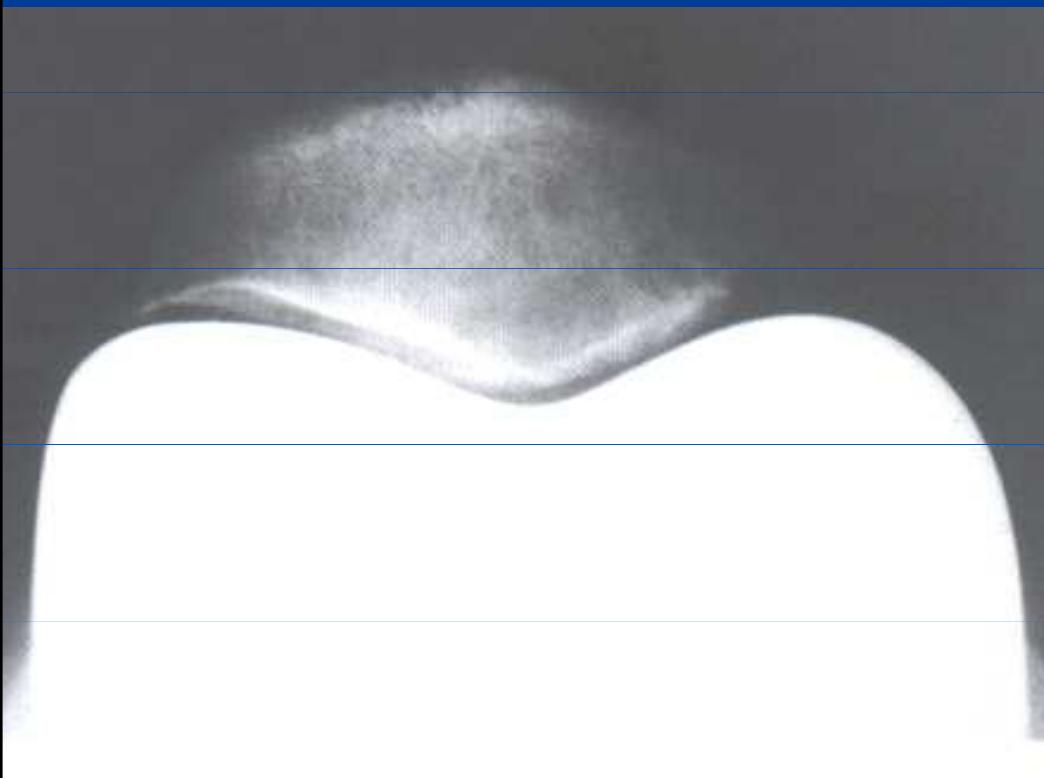


Principles

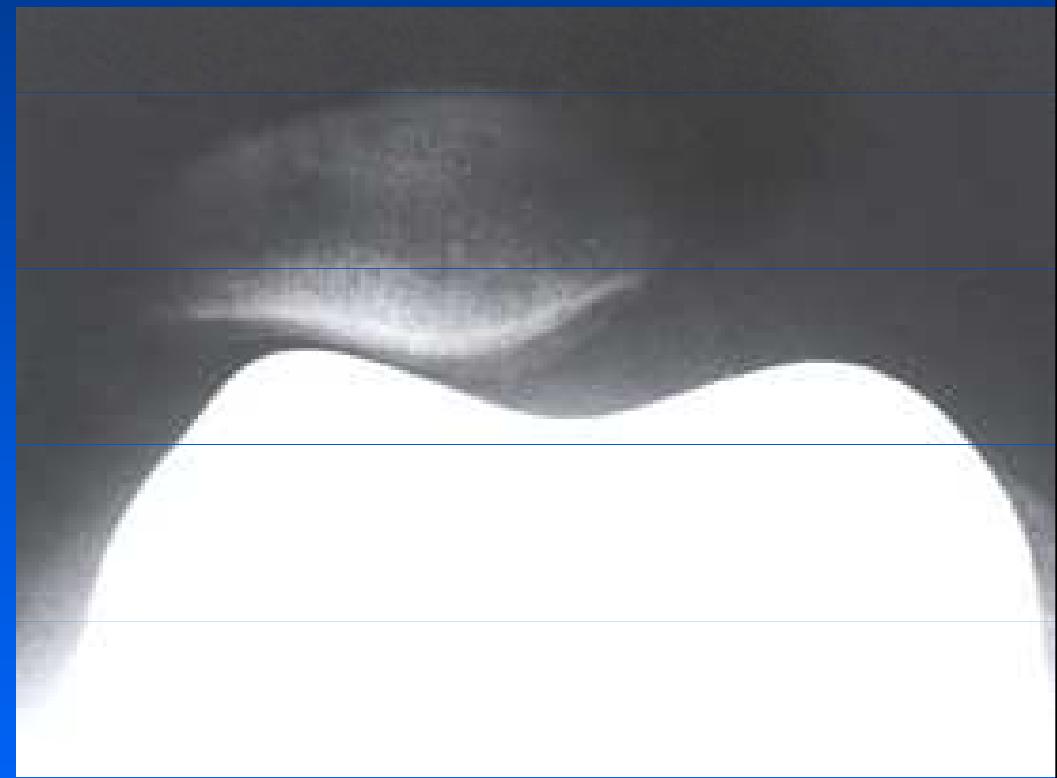
- Correct tension of soft tissues
- Correct alignment 5 -7° valgus
- Correct joint level



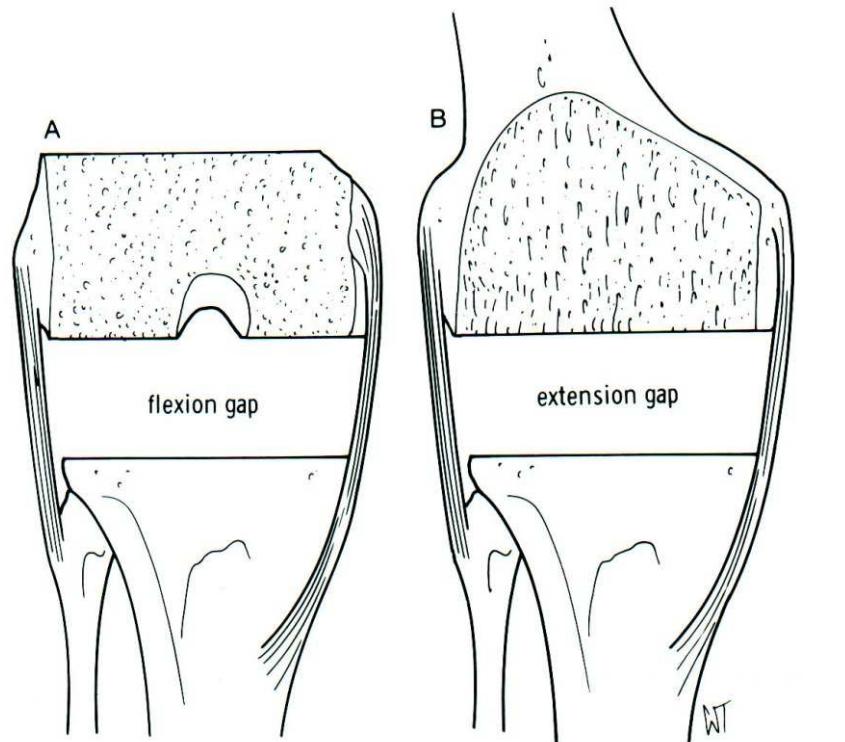
Patellar tracking



Correct



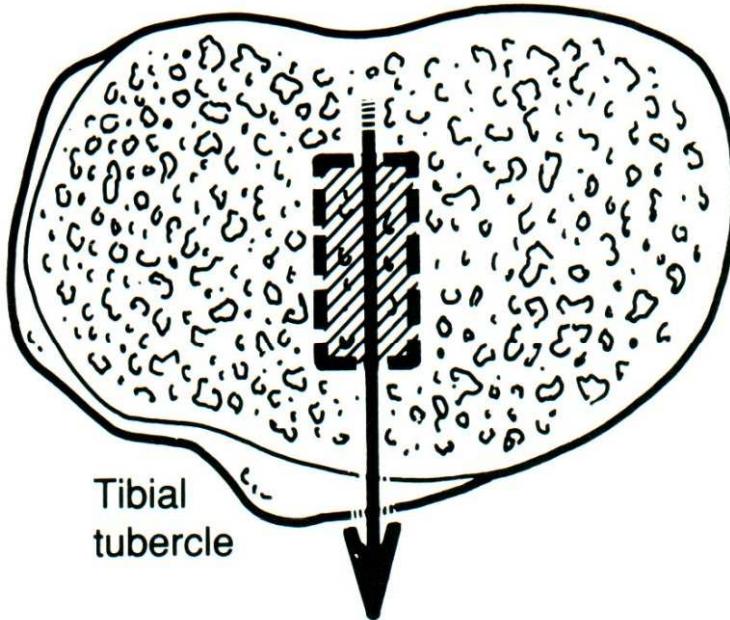
Incorrect



Flection gap

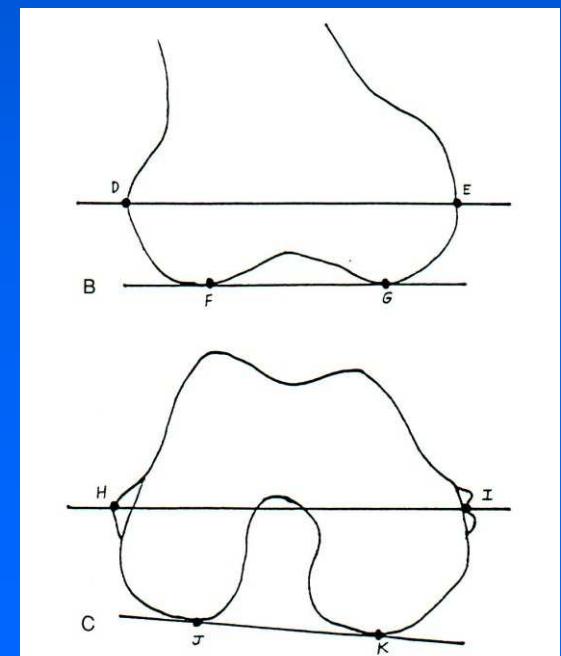
Extension gap

External rotation
of tibial component



Femoral component

- On anterior cortex
- Parallel with transepicondylar line
- External rotation 3°

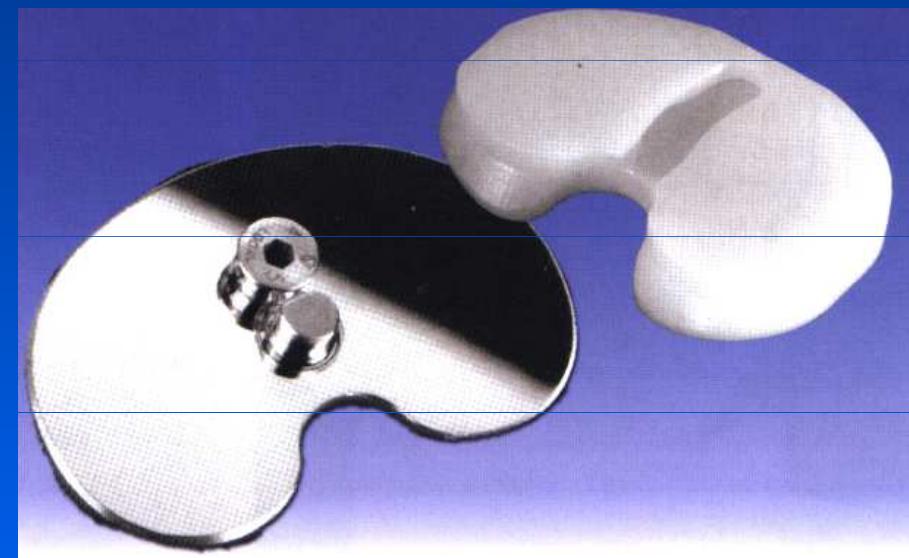


Modern trends

PC navigation

Minimally invasive surgery

Rotating plateau

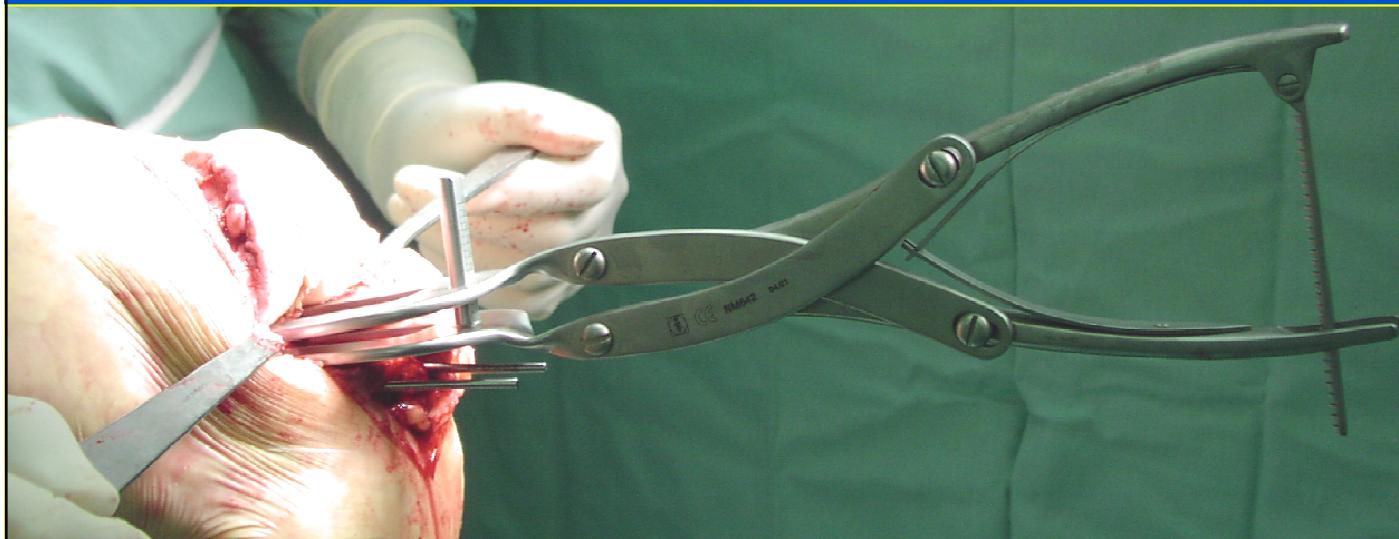


TKA Search Evolution - rotating plateau



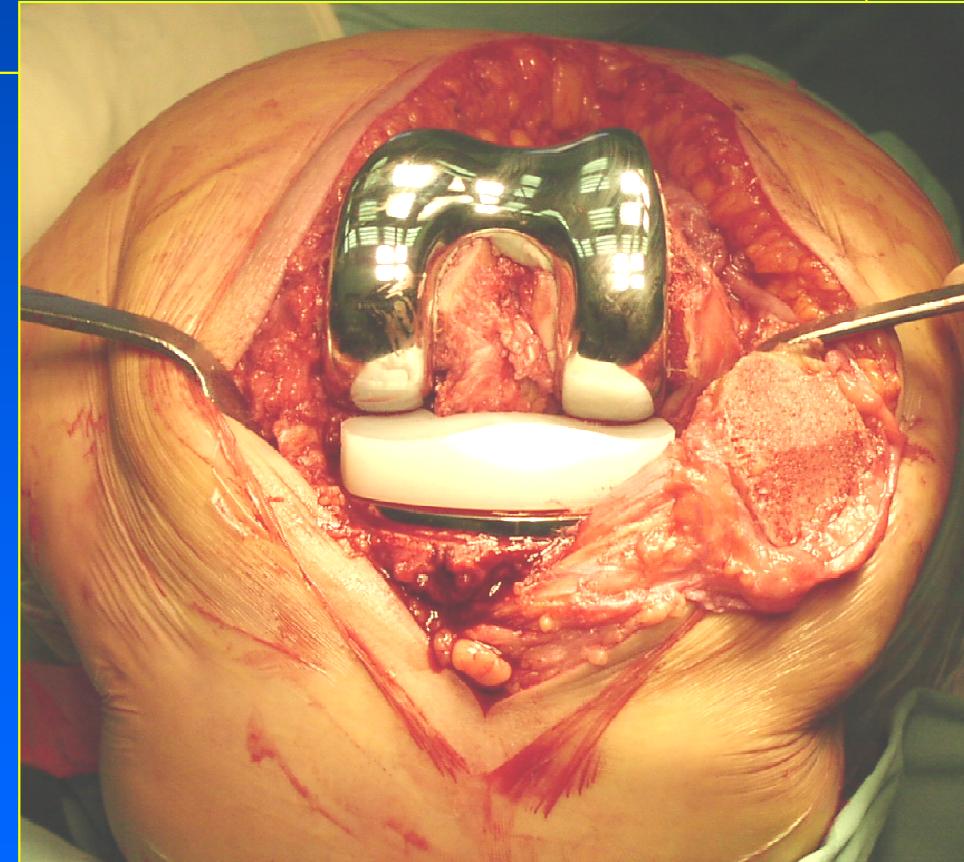
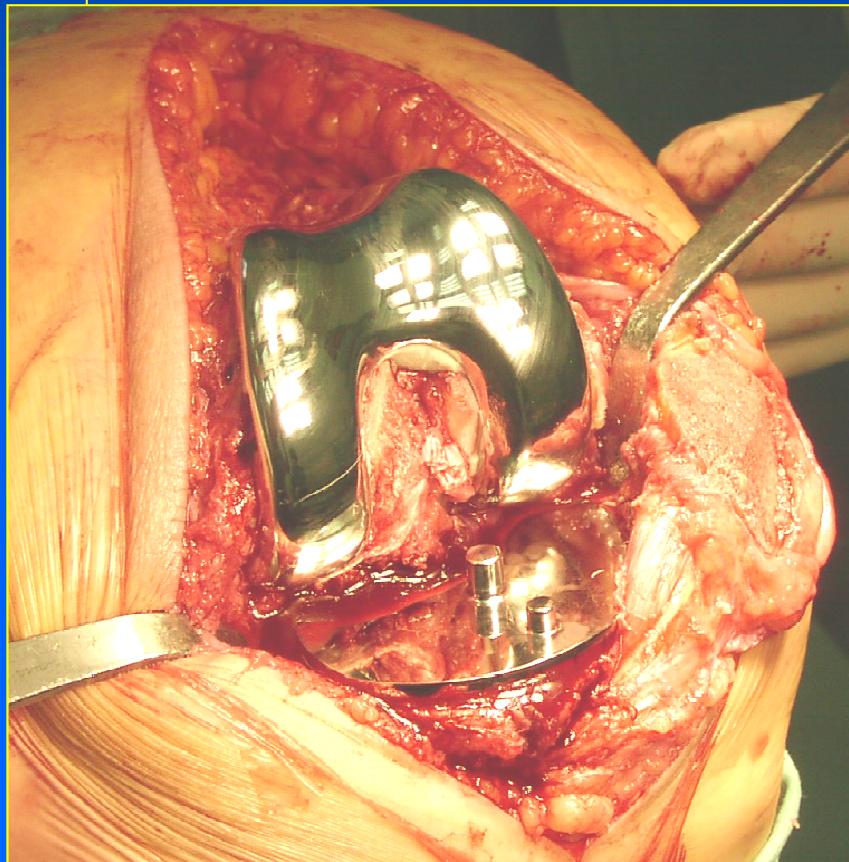
Implantation

- Flexion and extension gap

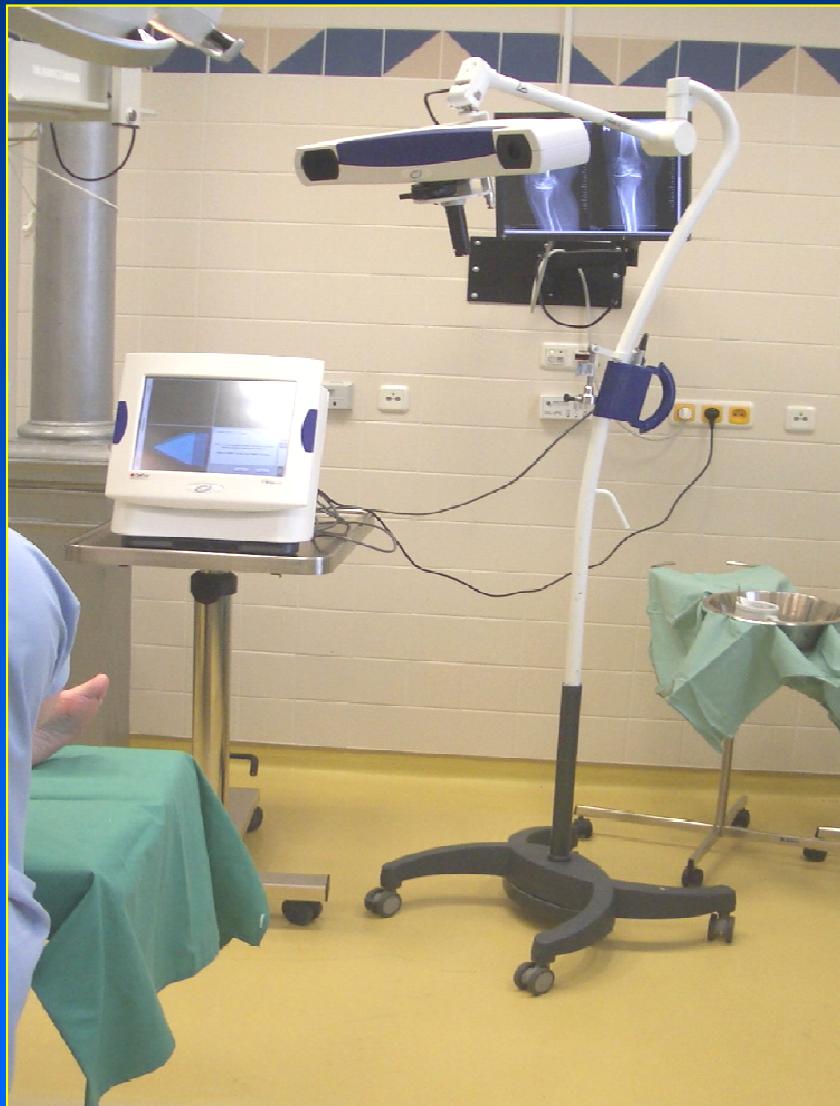


Implantation

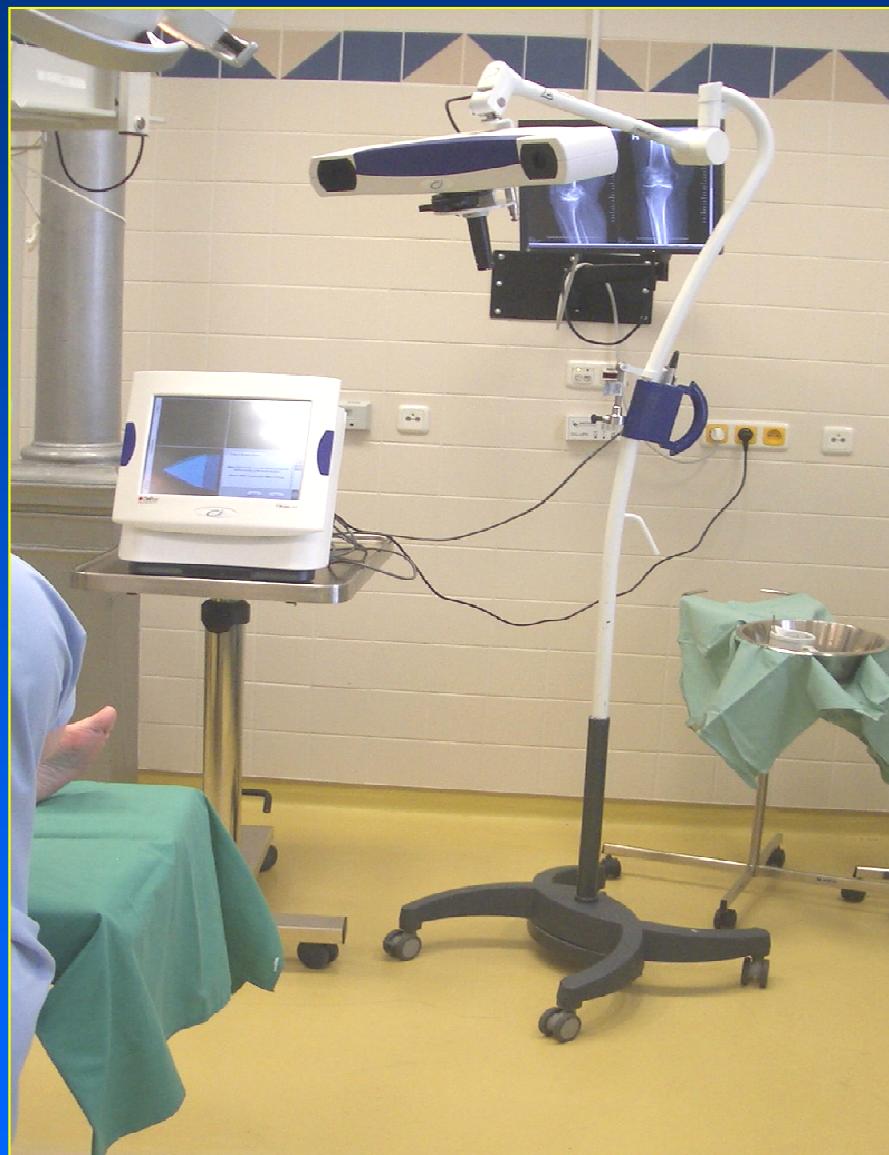
balancing of soft tissue



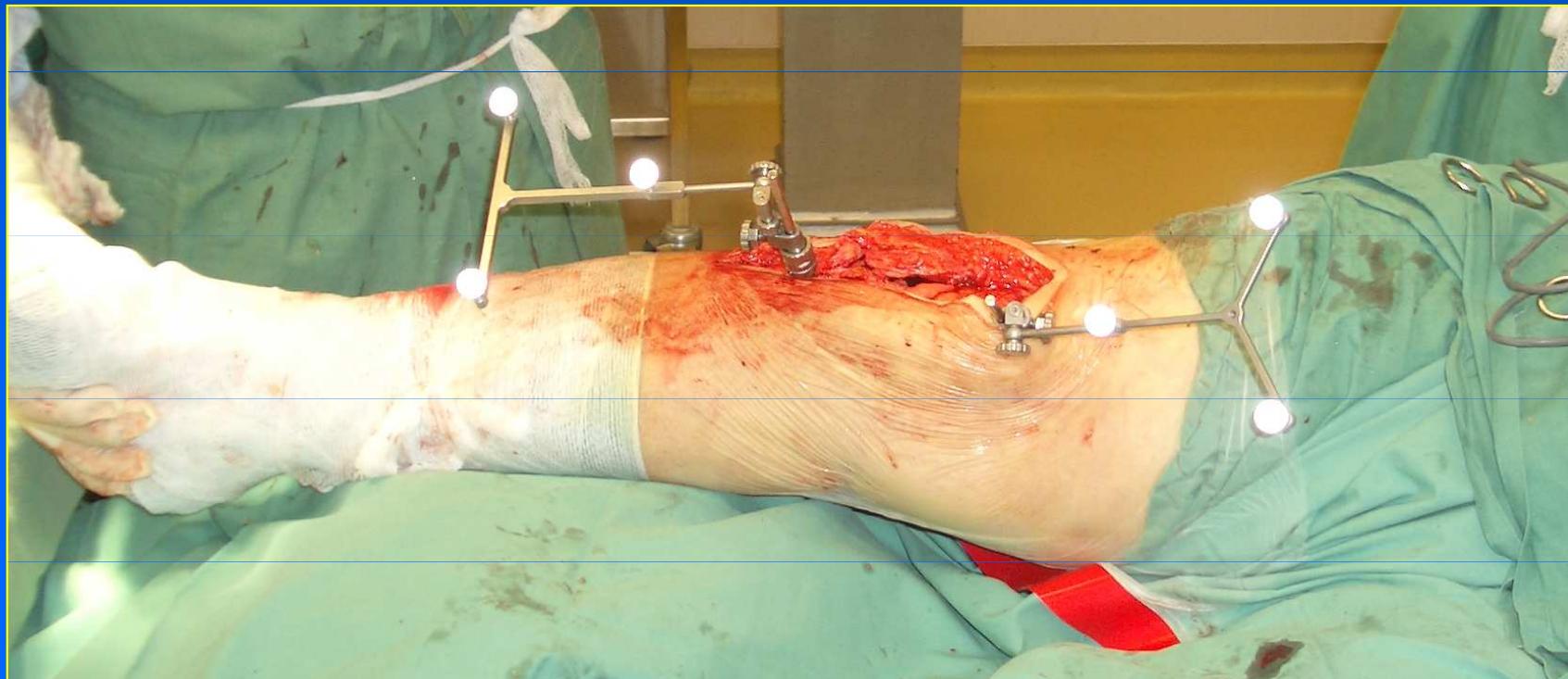
PC navigation



CI

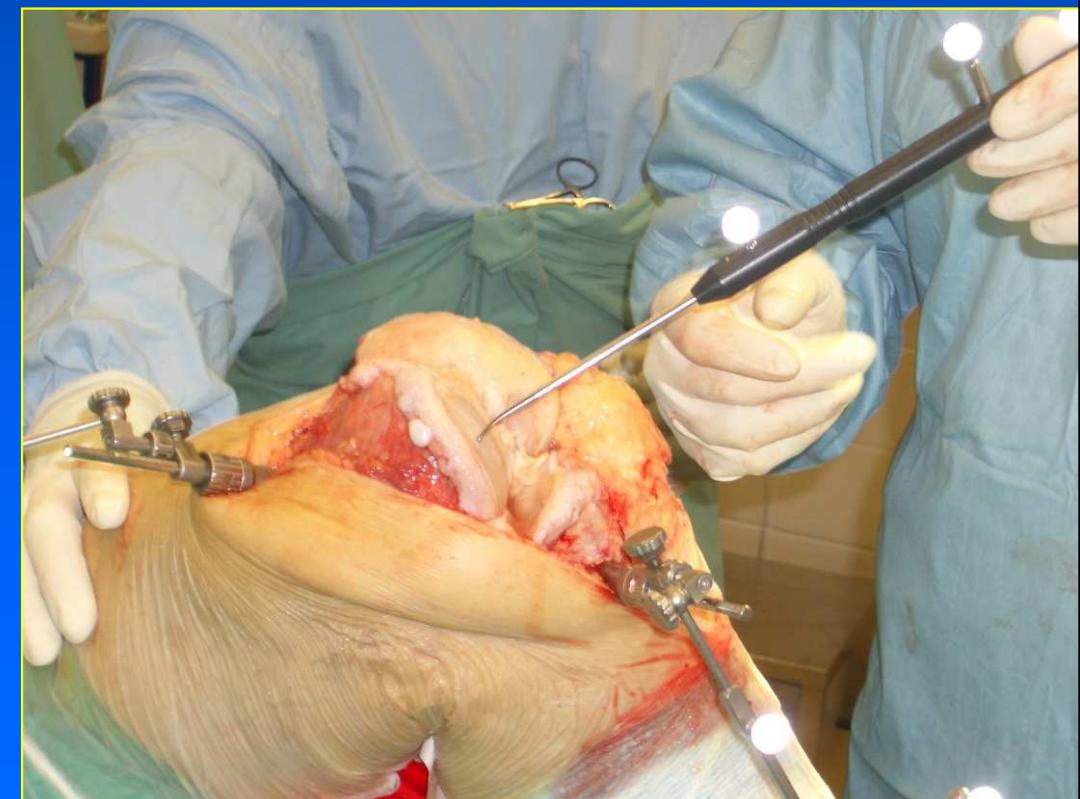
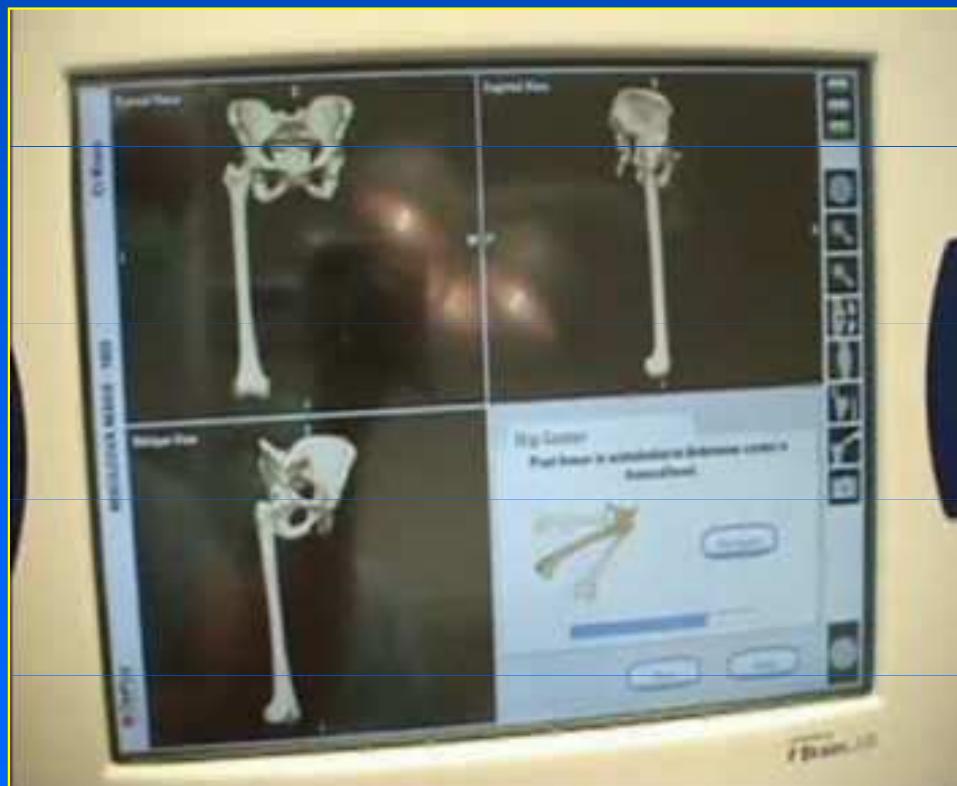
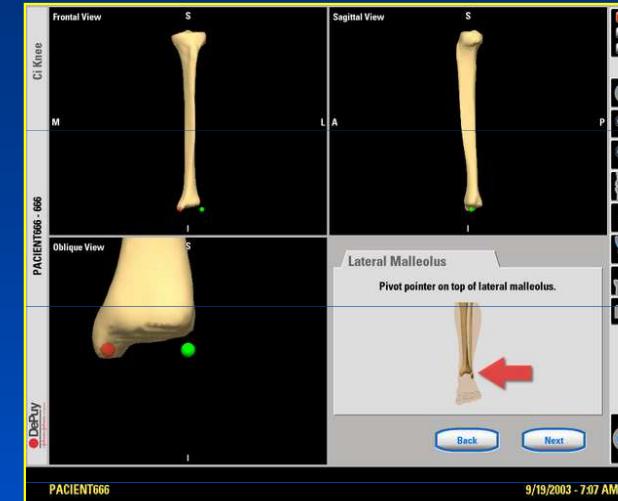


CI navigation

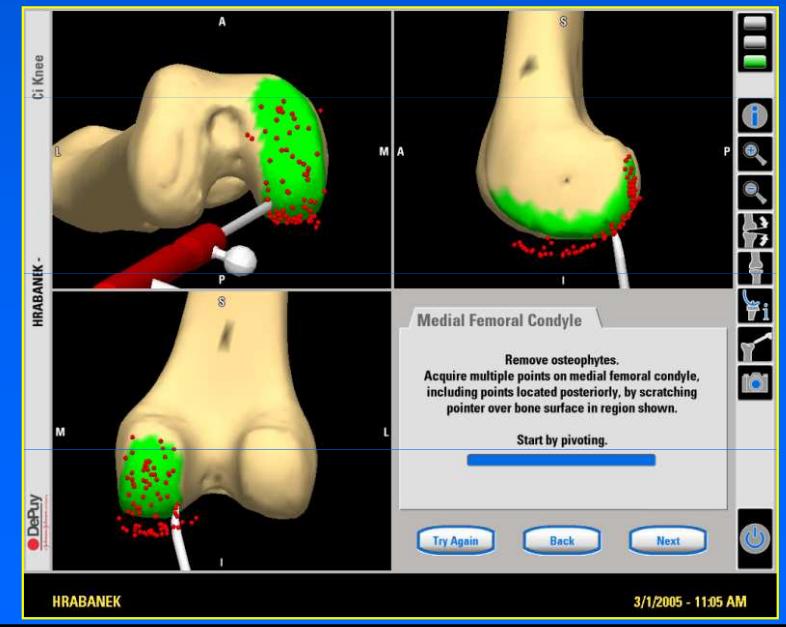
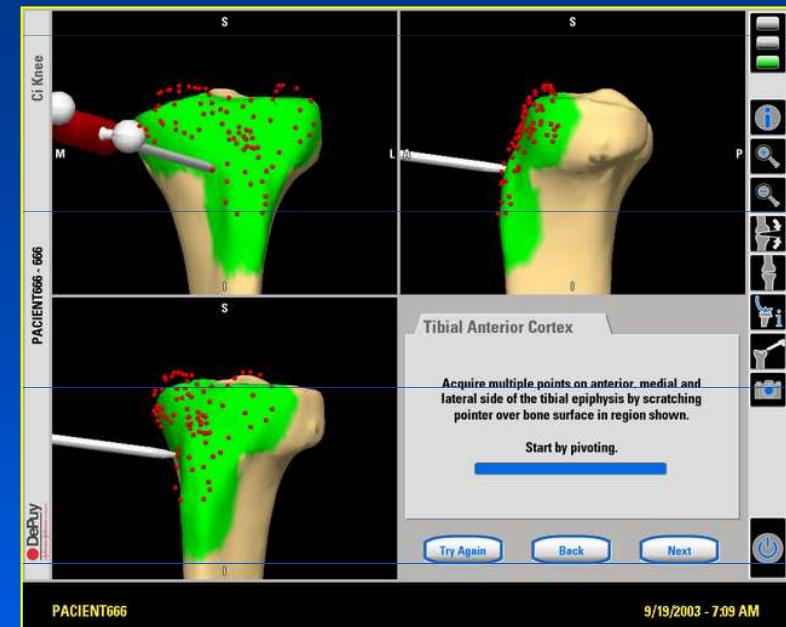


Pointer

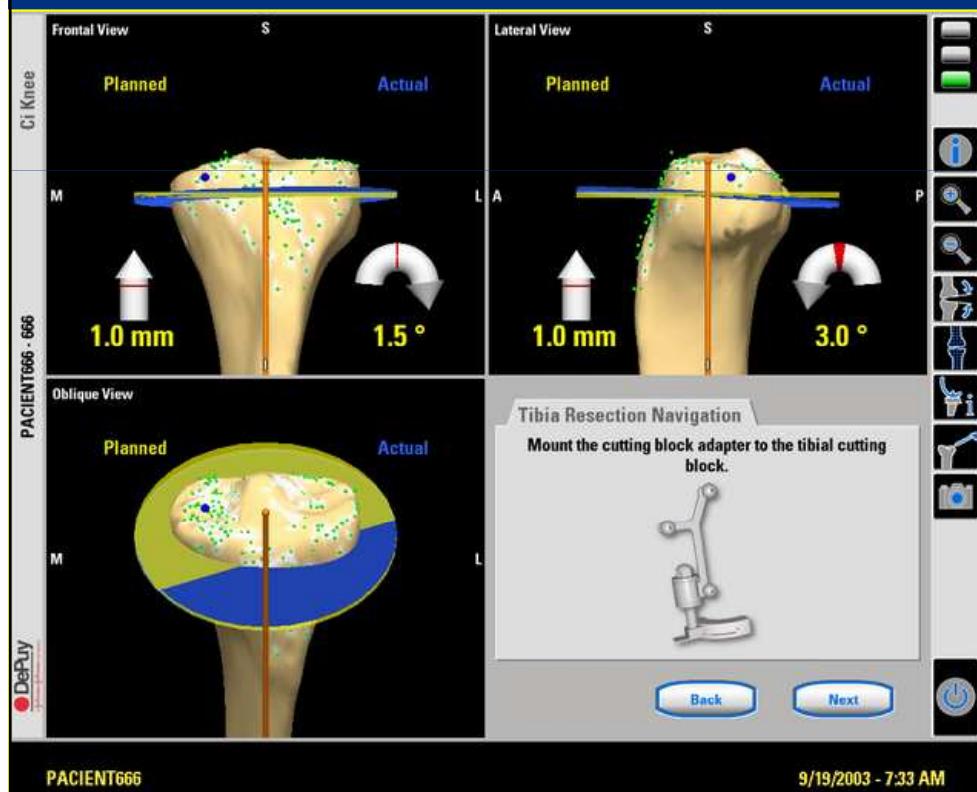
- Centre of the hip
- Centre of the ankle
- Centre of the knee



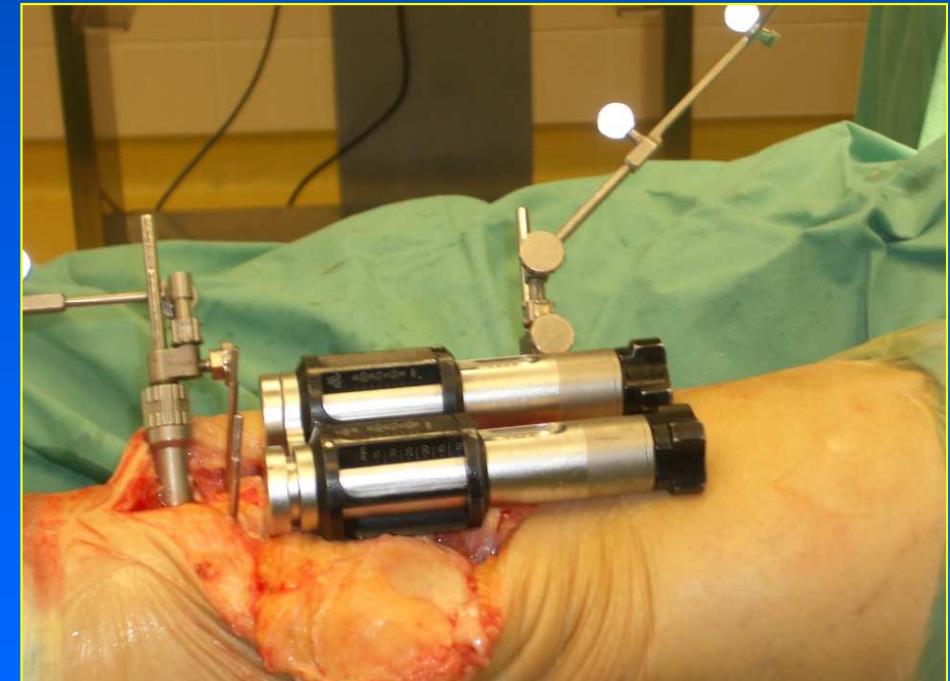
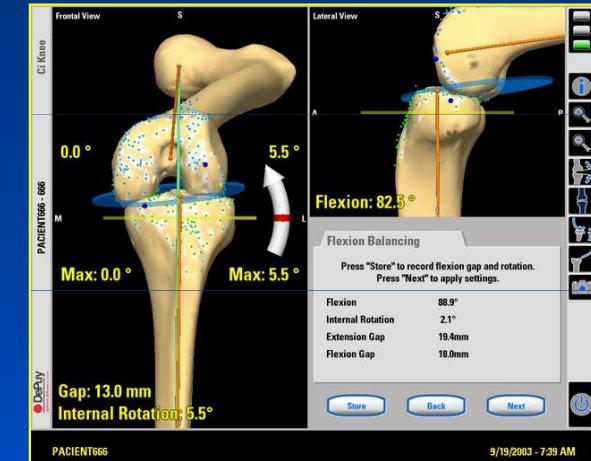
Multiple points



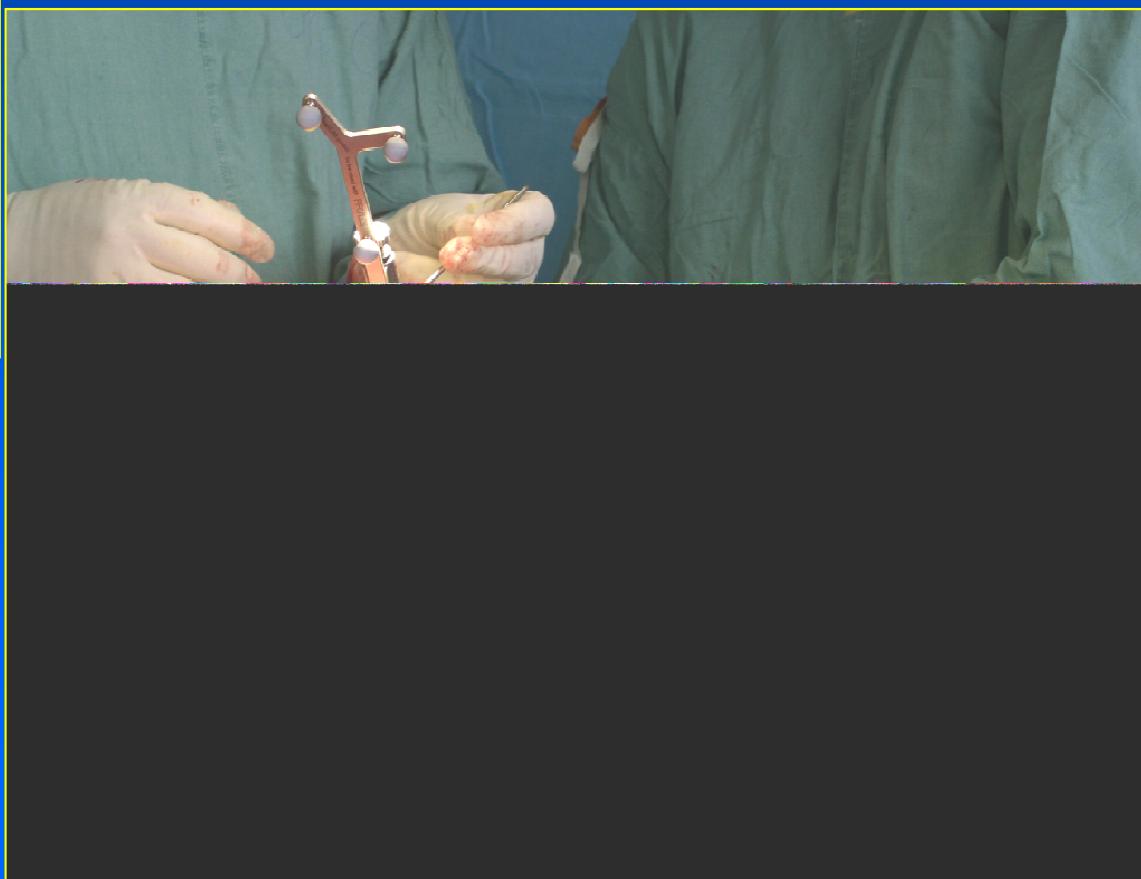
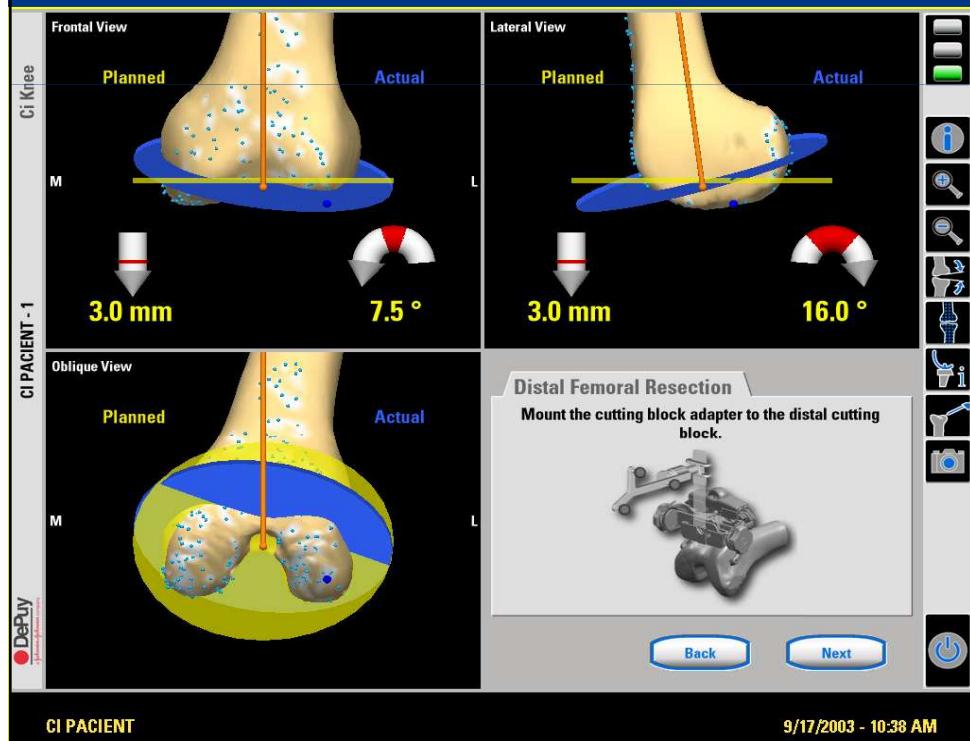
Tibial resection



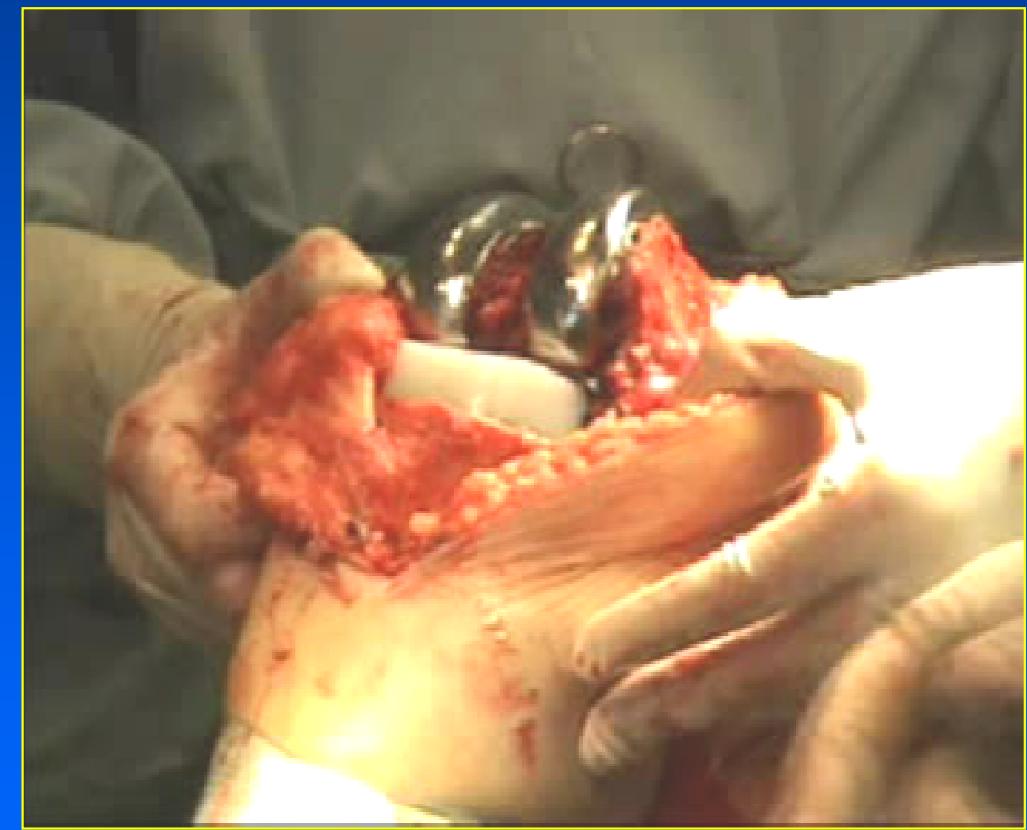
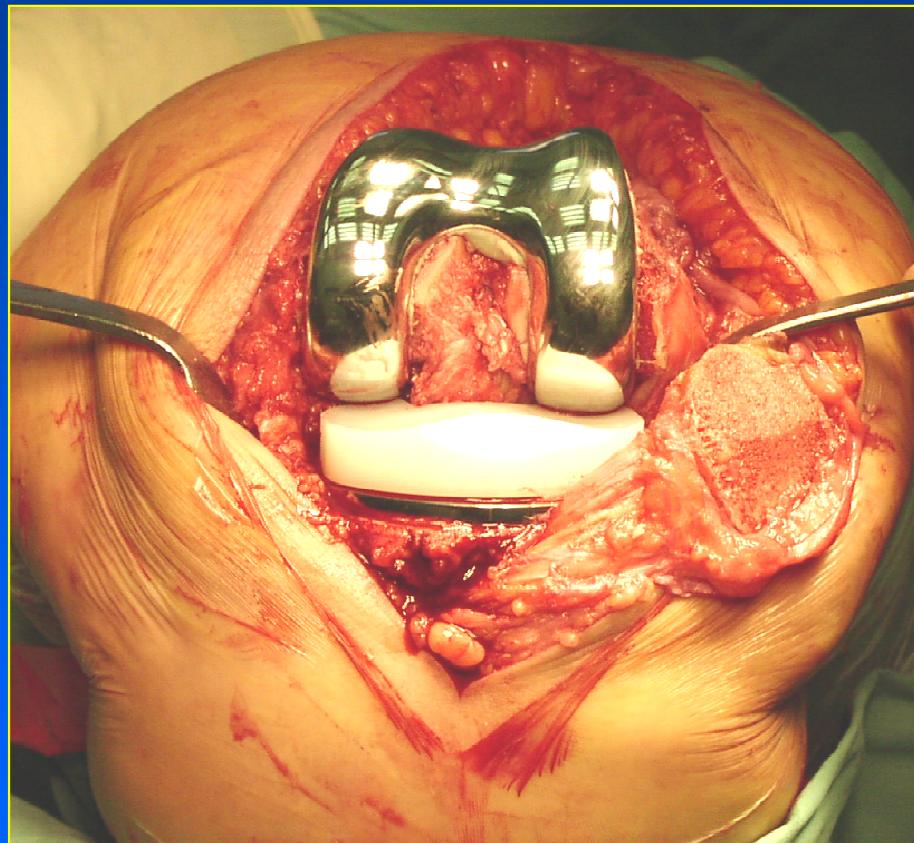
Balancing of soft tissues



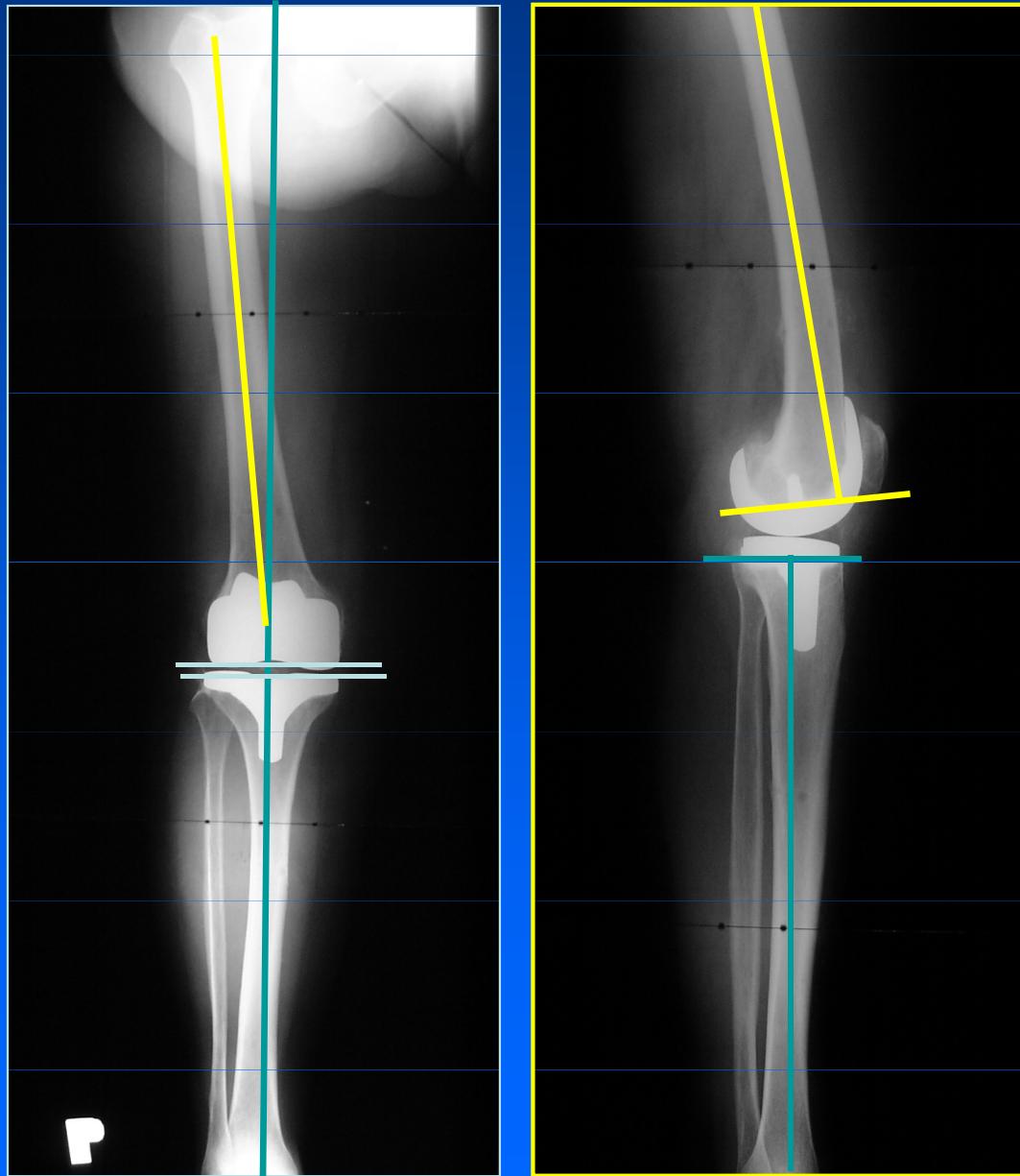
Resection of the femur



Implantation



Alignment of the knee



Physiotherapy

The goal- to get active flexion and extension 0-90 up to 15 days

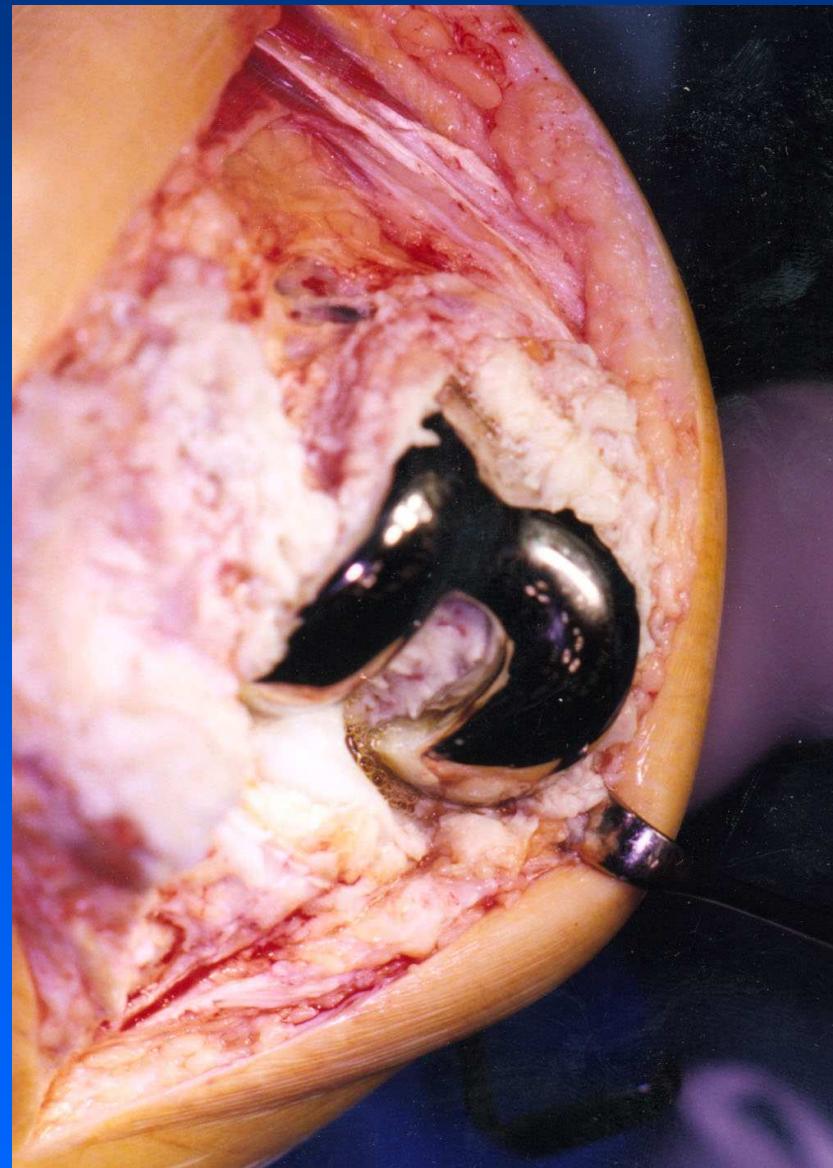
1. Isometric exercise, breathing, vessel gymnastic
2. Removal of drainage, start flexion and extension active
3. Walking on crutches, leg- touch down
4. Active flexion and extension of the knee
passive splints- continuous passive movements
5. Self independence on walking
6. Stairs
7. -8 day- discharge to physiotherapy unit
10 days - 2 weeks in physiotherapy unit
Then exercise at home or ambulation units
Full weight bearing after 3 months
Up to 3 months- spa resort admission for 4 weeks

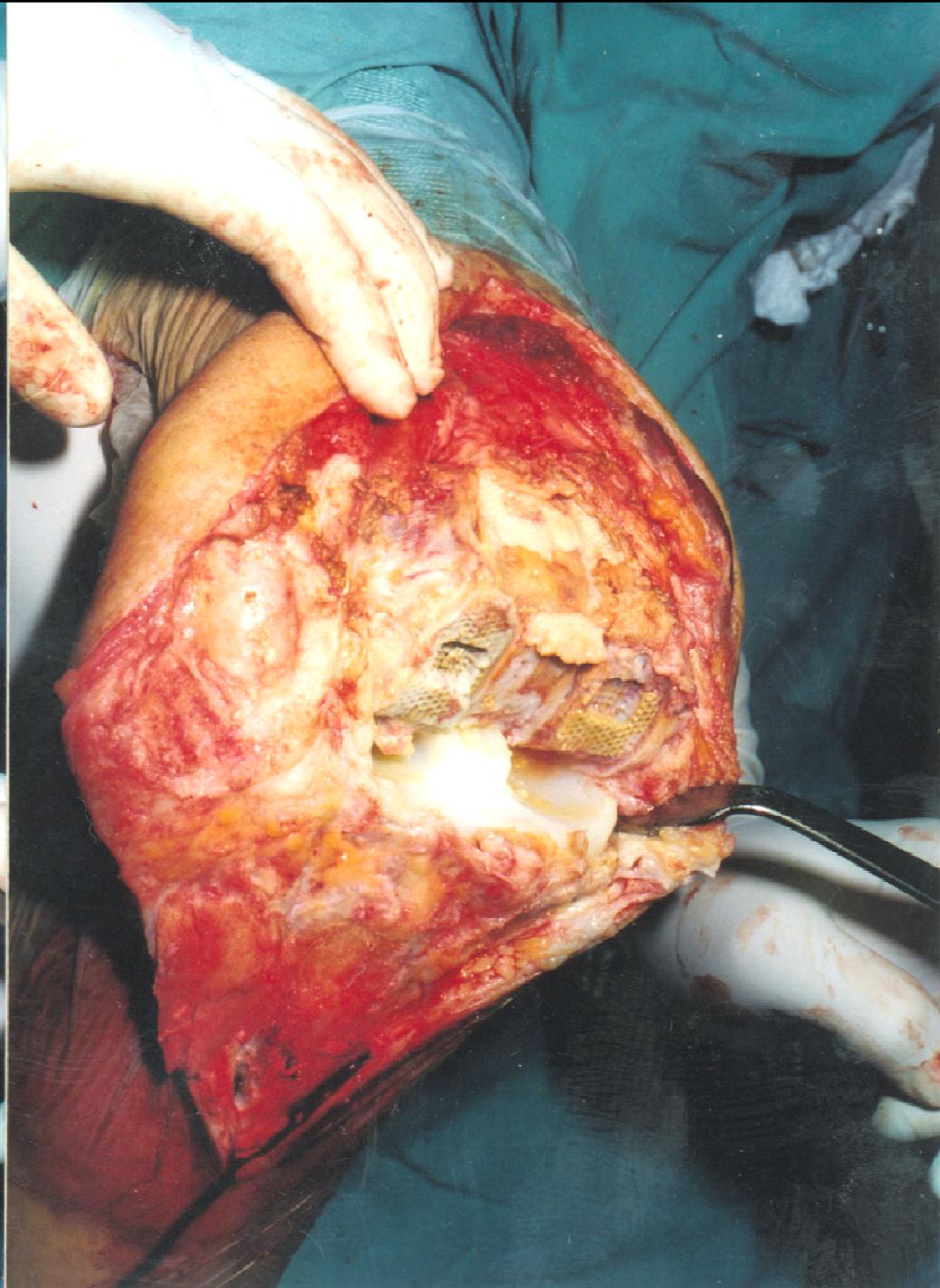
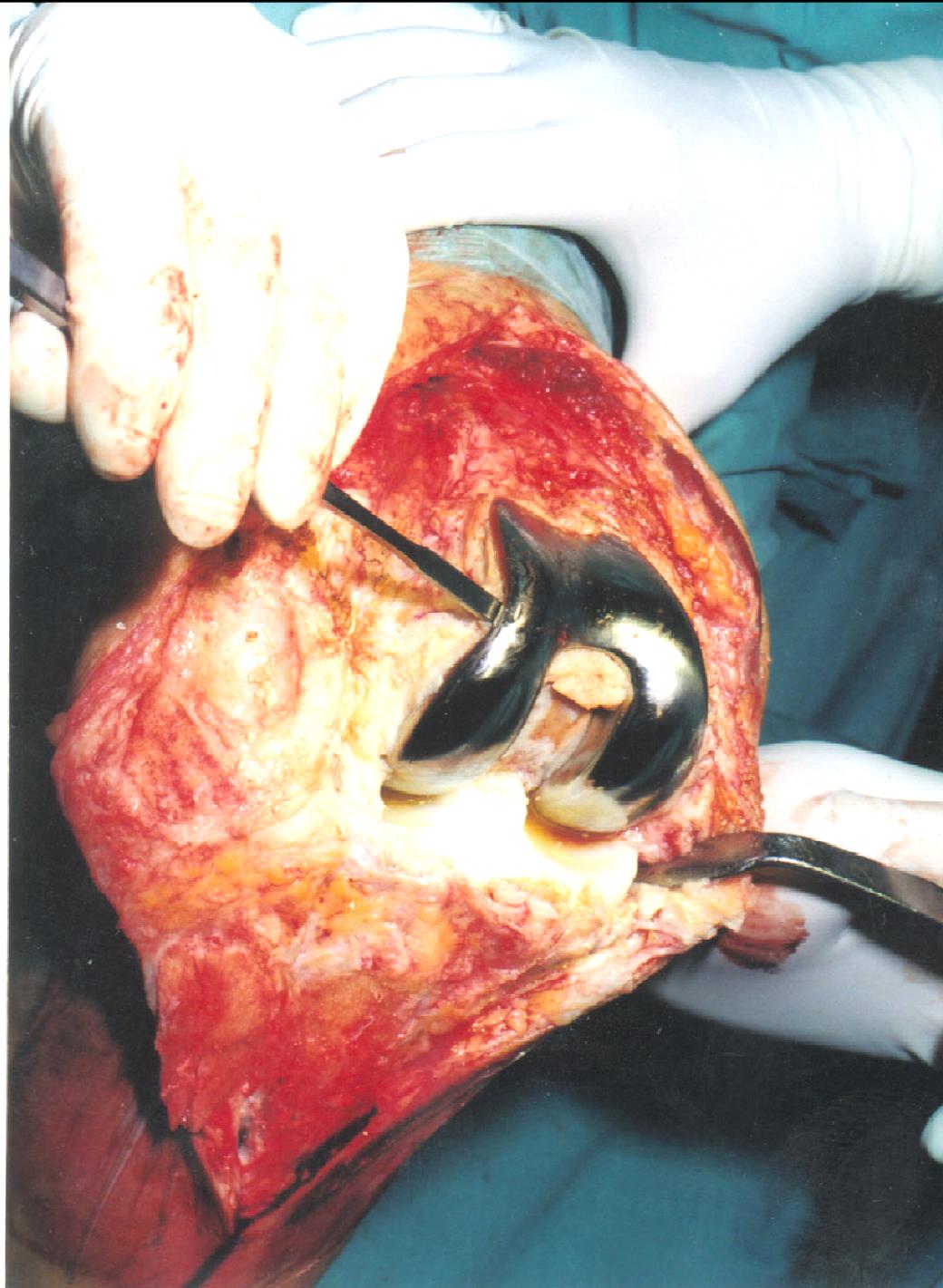
In special centres- fast track physiotherapy

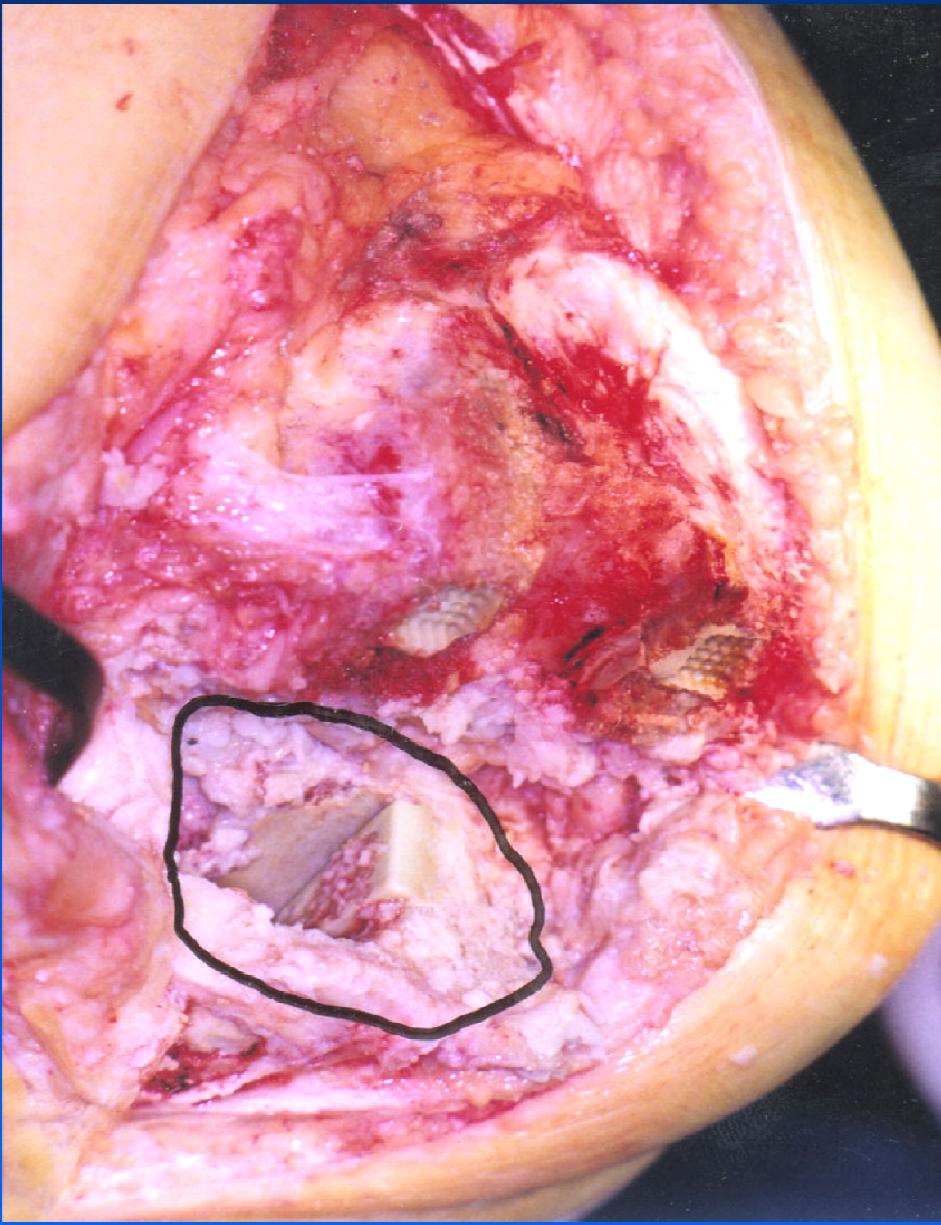
Complications - local

- Perioperative: nerve lesions, vessel lesions, bleeding
- Postoperative: hematoma, wound problem, early infection
- Late: PE wear, osteolysis, aseptic loosening instability, limited joint movement patellar pain periprosthetic fracture, dislocation infection

Aseptic loosening







Prevention of aseptic loosening

- Correct technique
- Quality of PE
- Correct alignment
- Soft tissue balancing
- Pulsatile lavage
- Regular follow - up



Prevention of the infection

Preop. examination

Asepsis in operating theatre

Perioperative antibiotics

Correct technique

Cement with antibiotics





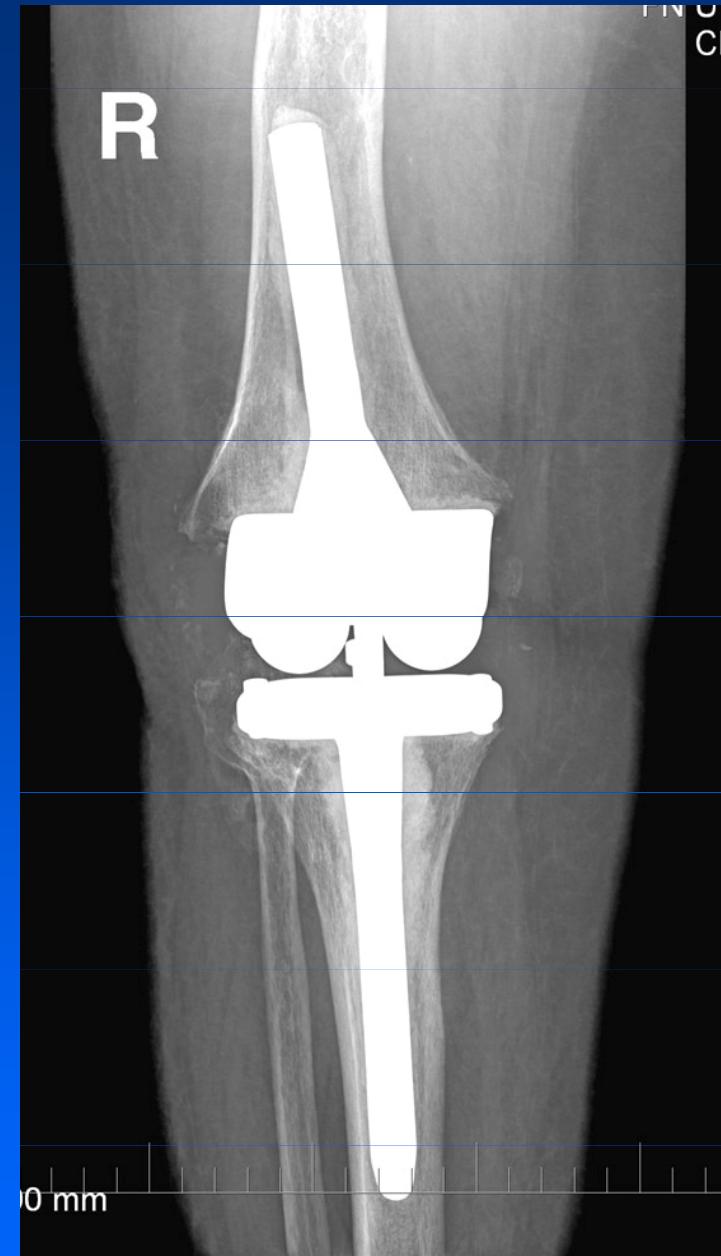
Klinikum Neustadt



Septic loosening

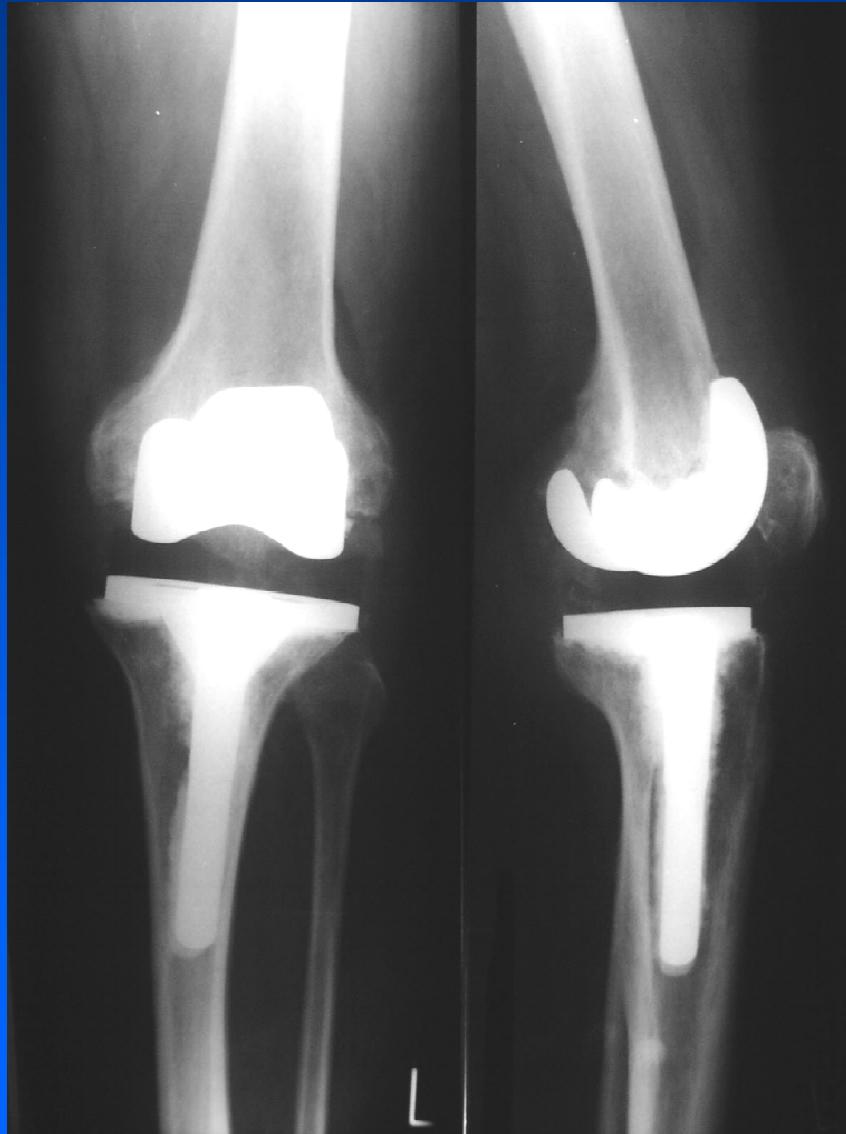


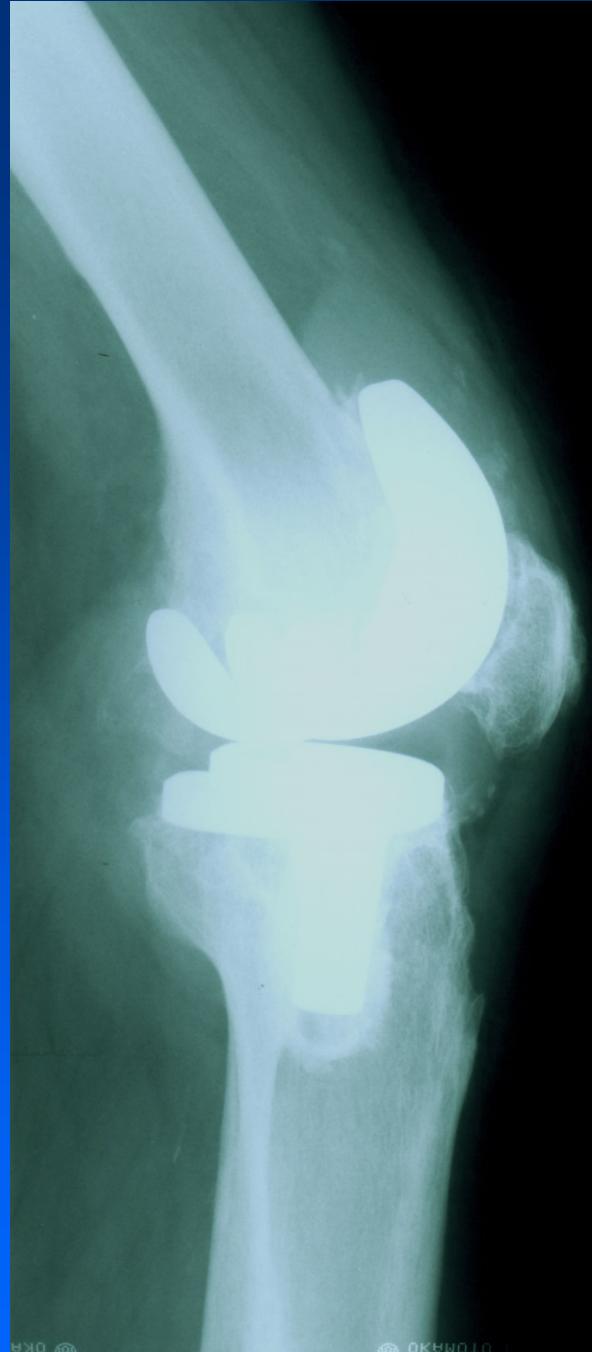
Cement spacer



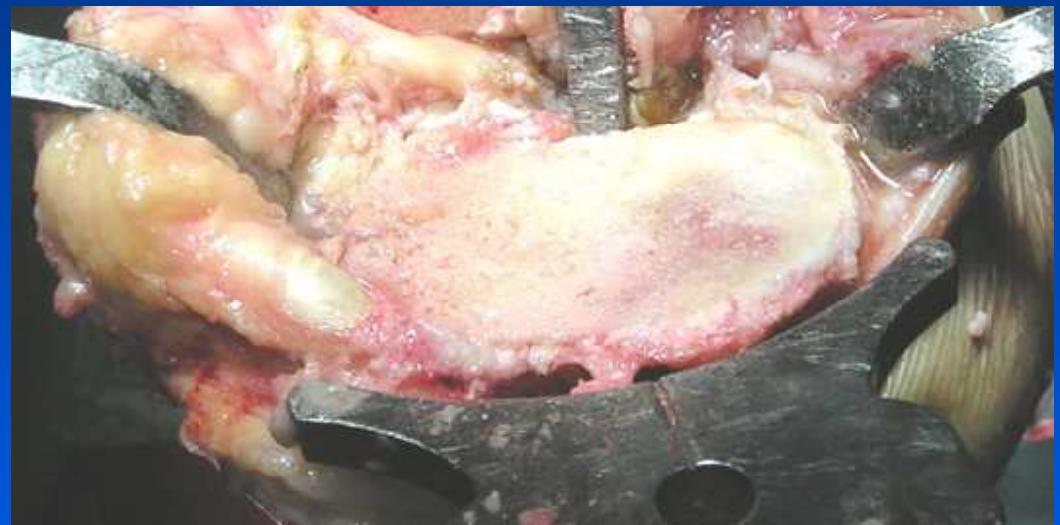
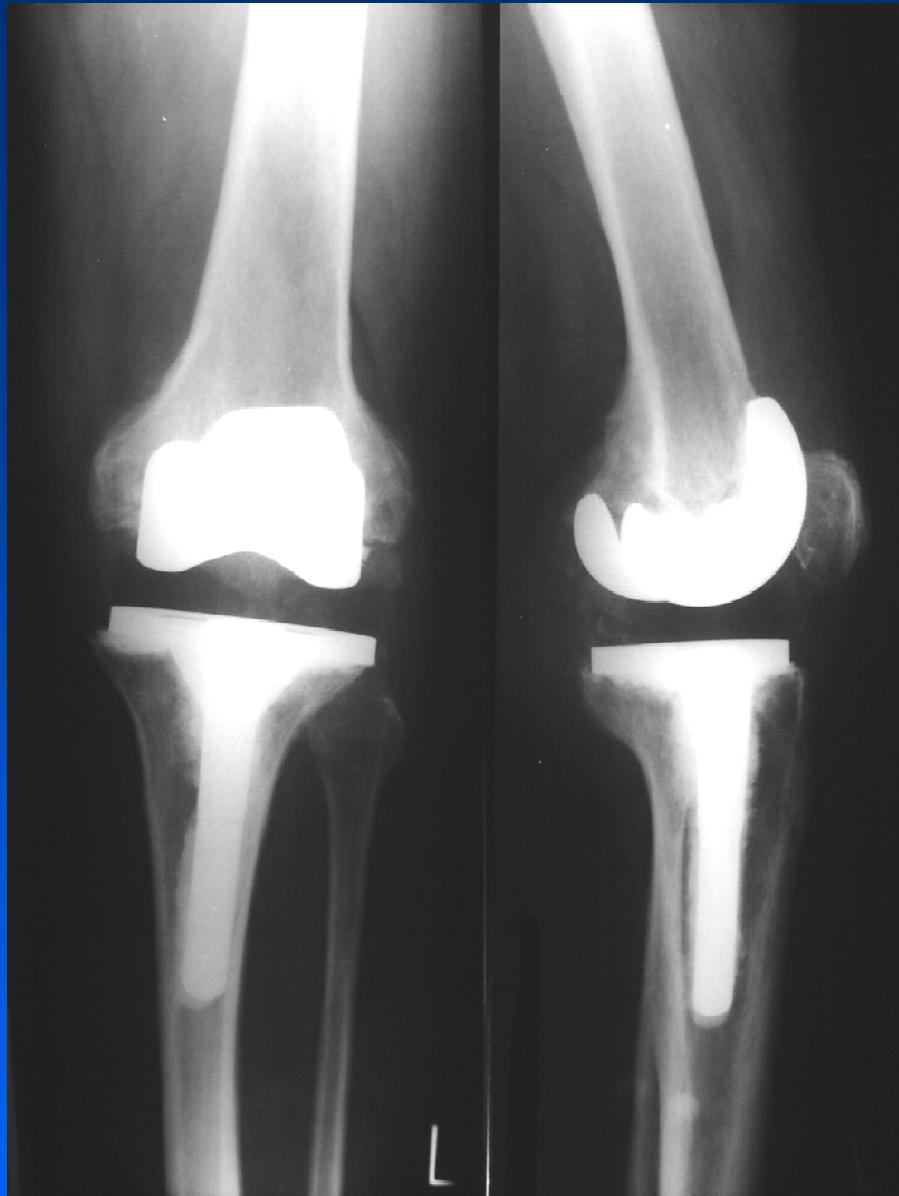
Revision TKA

Revision TKA



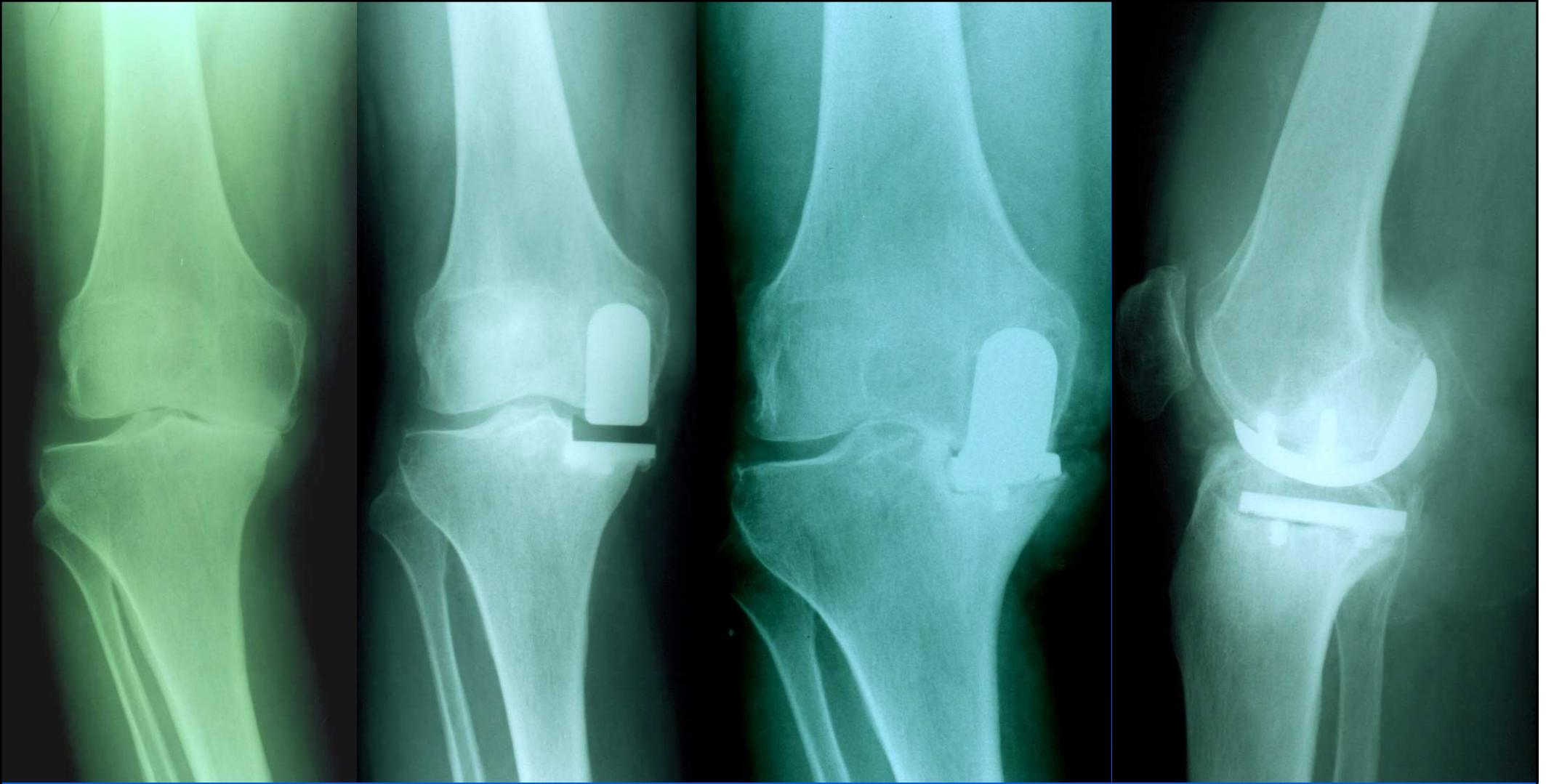


M., 62 y., primary TKR 1995



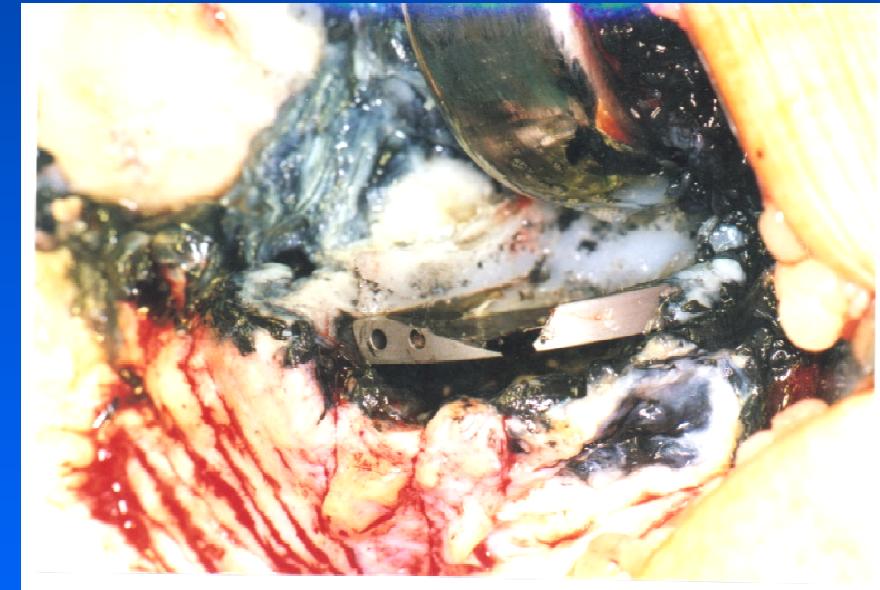
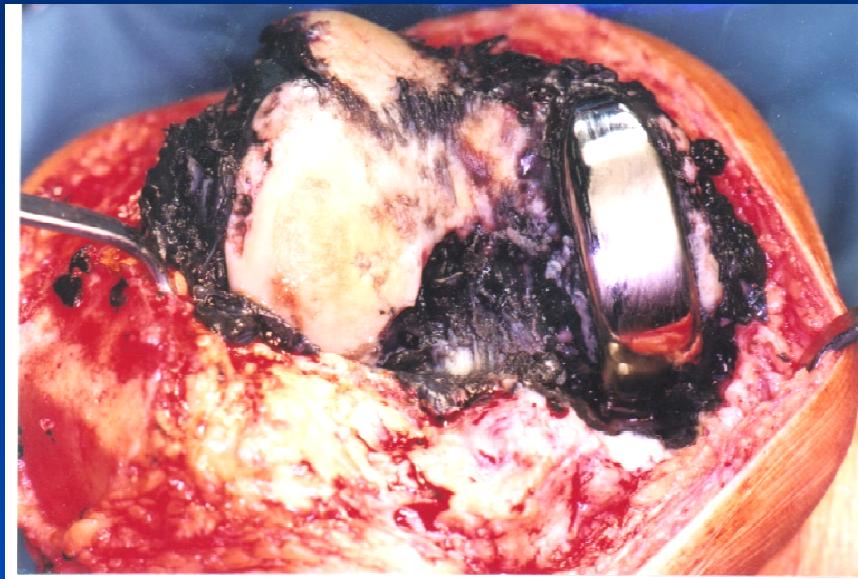
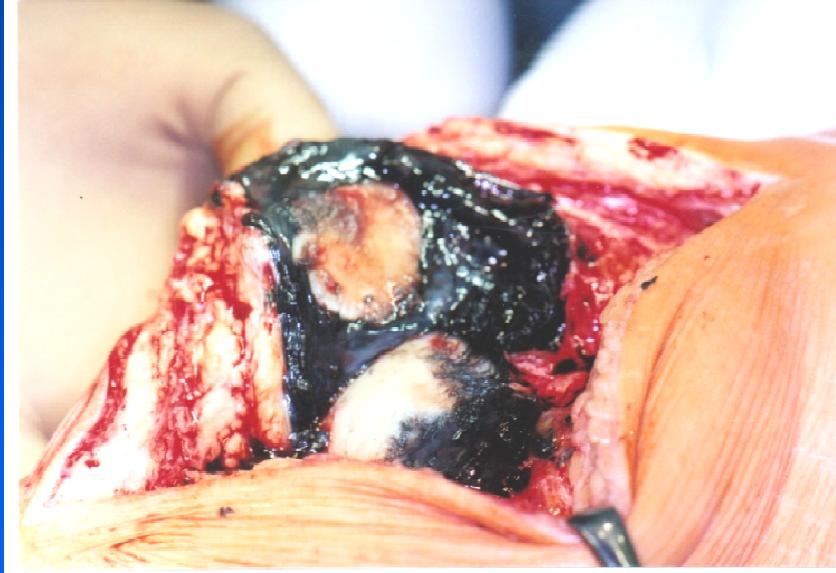
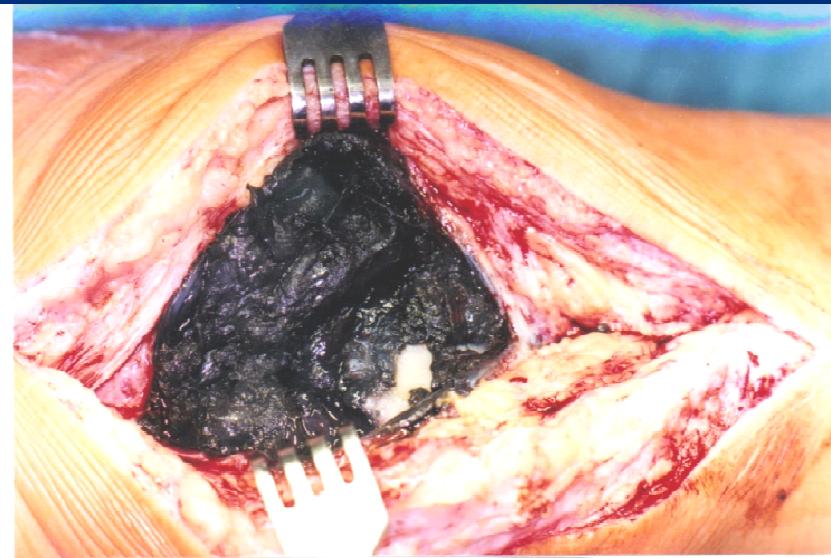
Small resection
Good metaphyseal bone

Revision with PFC Σ Modular knee system,
30 (60) mm cemented tibial stem



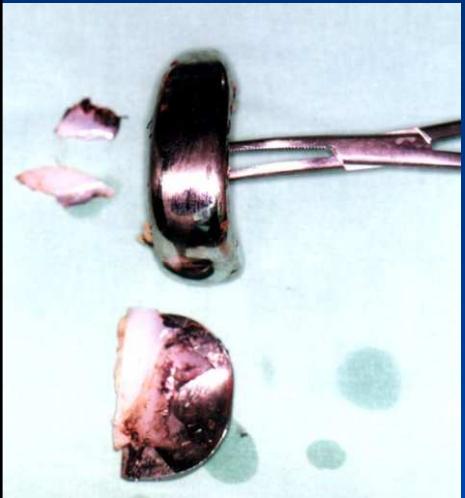
F., 66 y., 1995

2000, aseptic loosening of UNI TKR



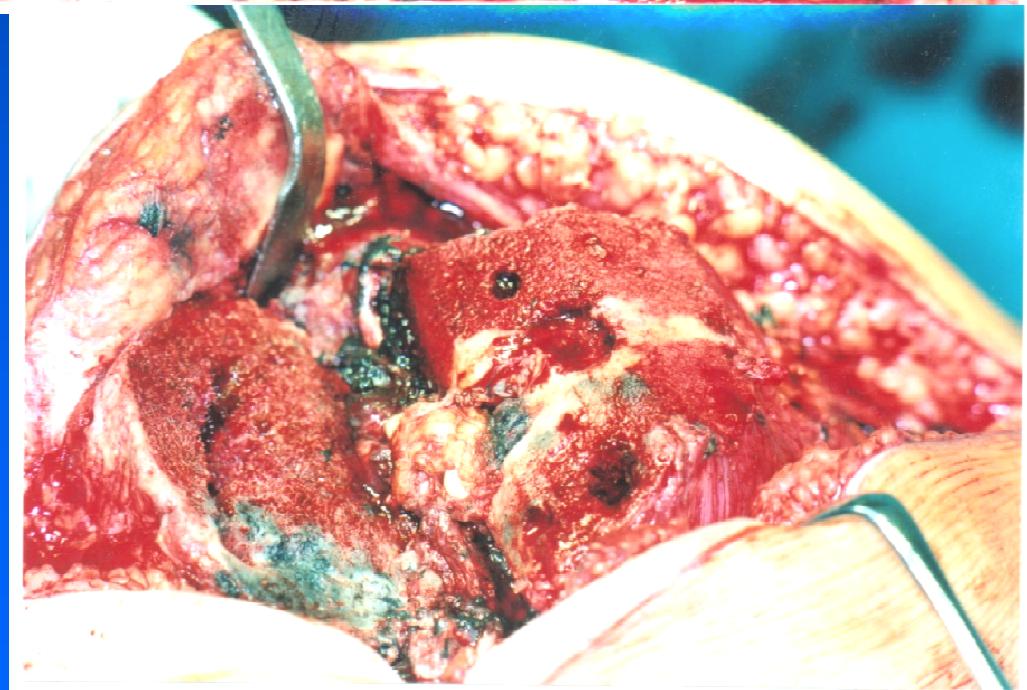
Metallosis

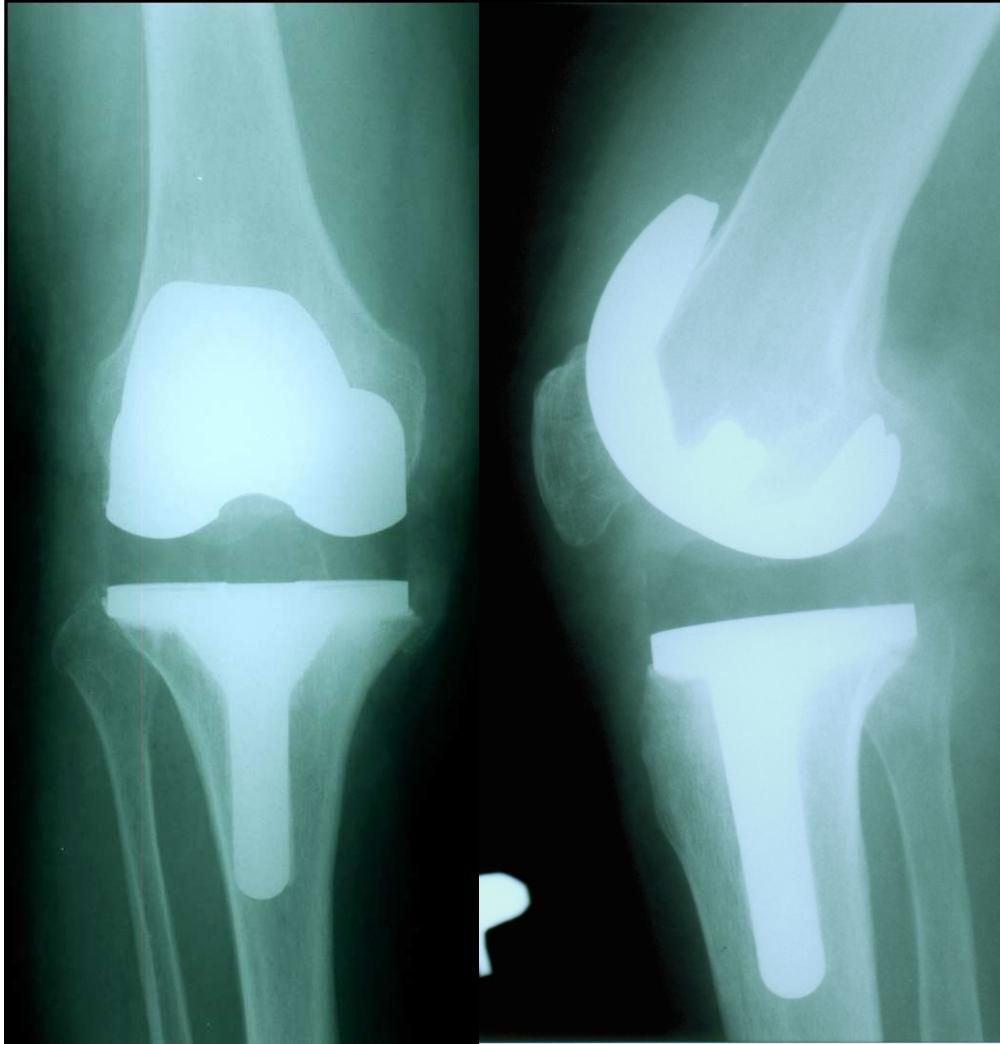
Contact of metal components



Destruction of
PE insert

Synovectomy
Good quality of
trabecular bone of the tibia



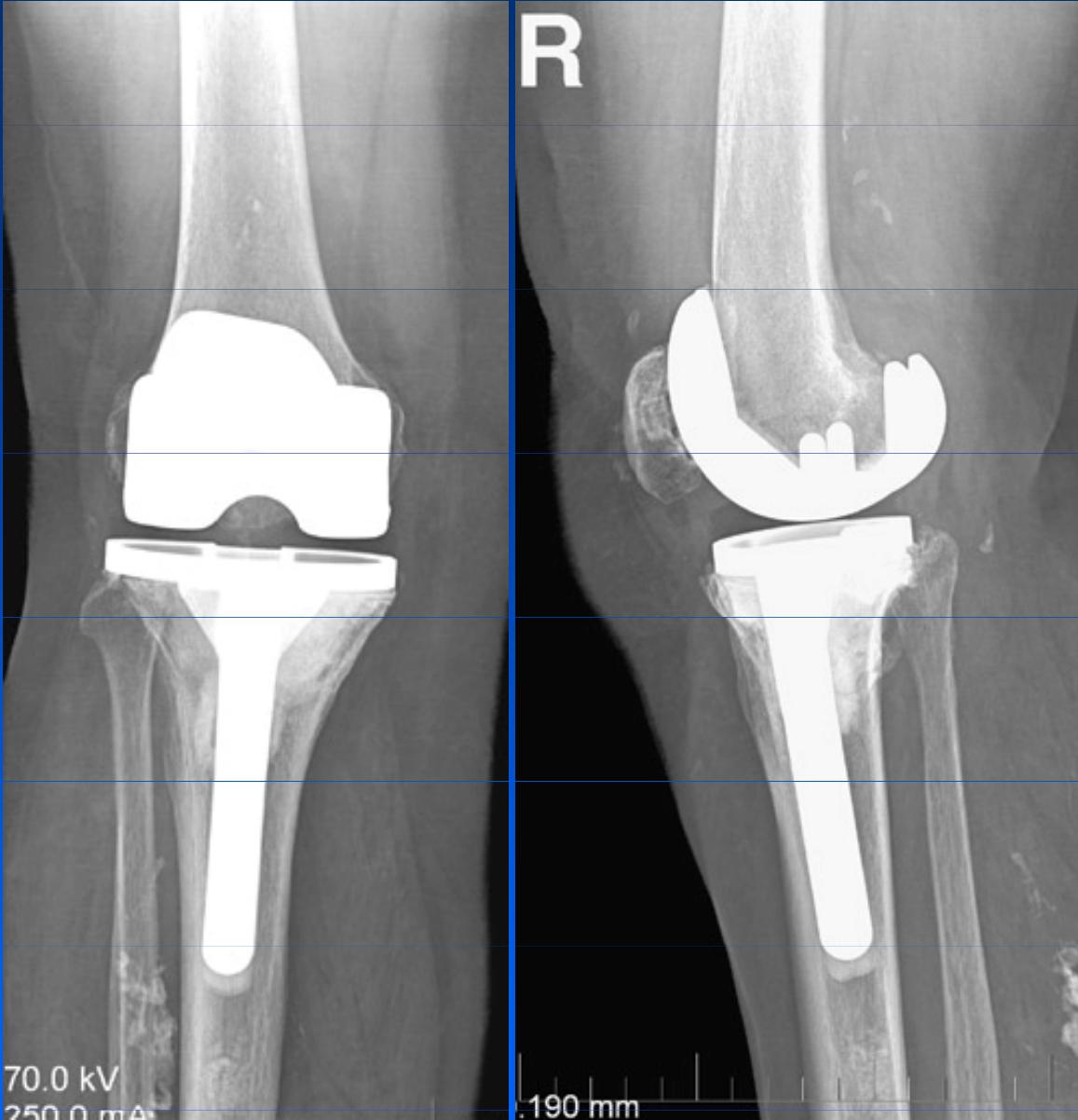


2000



2006

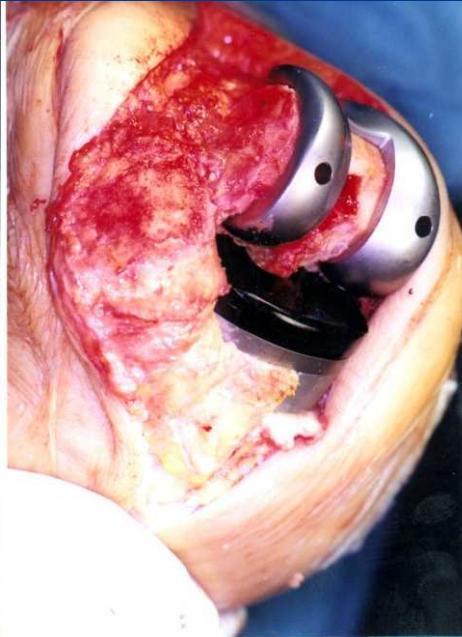
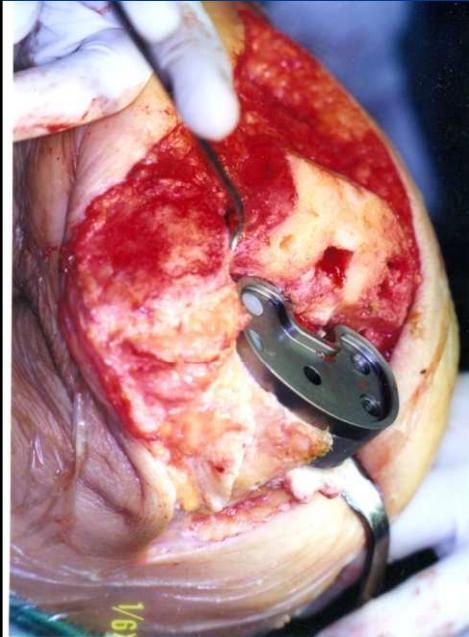
Revision surgery, PFC Σ Modular Knee System
Short cemented tibial stem
Good result



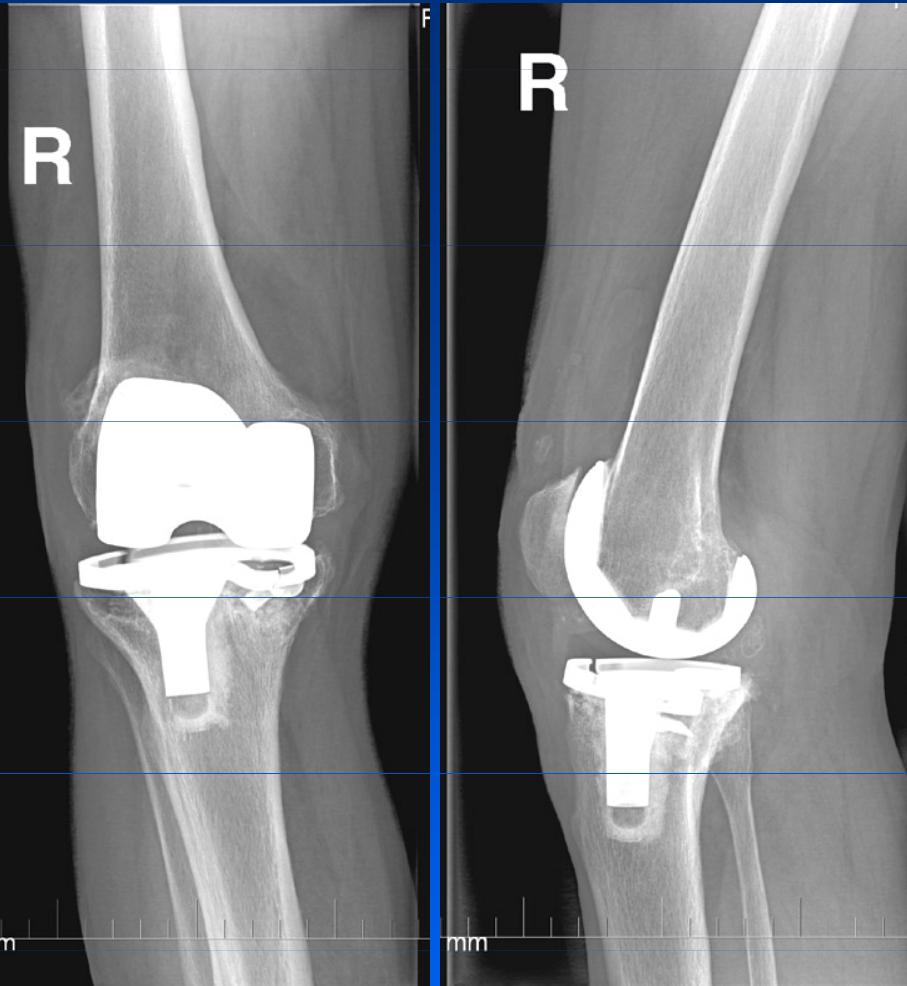
2006

No progression of radiolucency
on medial side of the tibia, good result

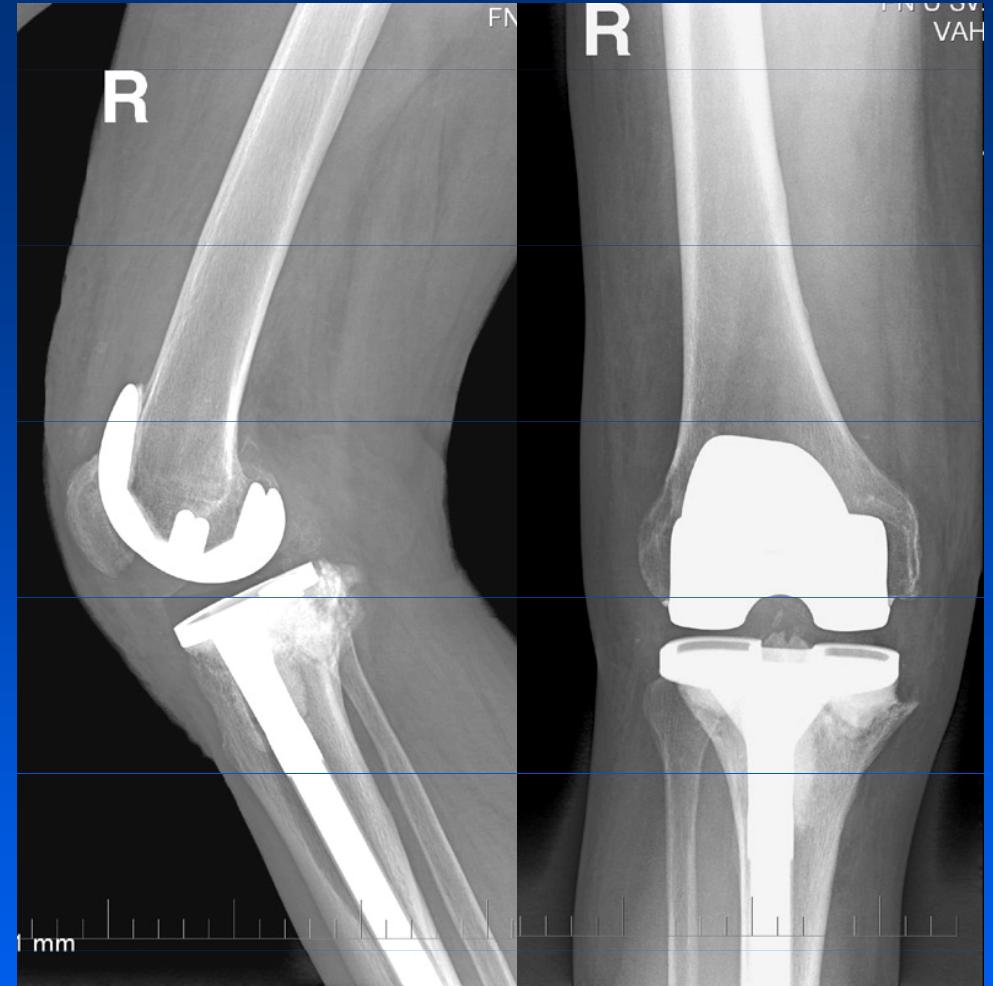




Augmentation of tibial bone loss, PFC Σ Modular Knee System

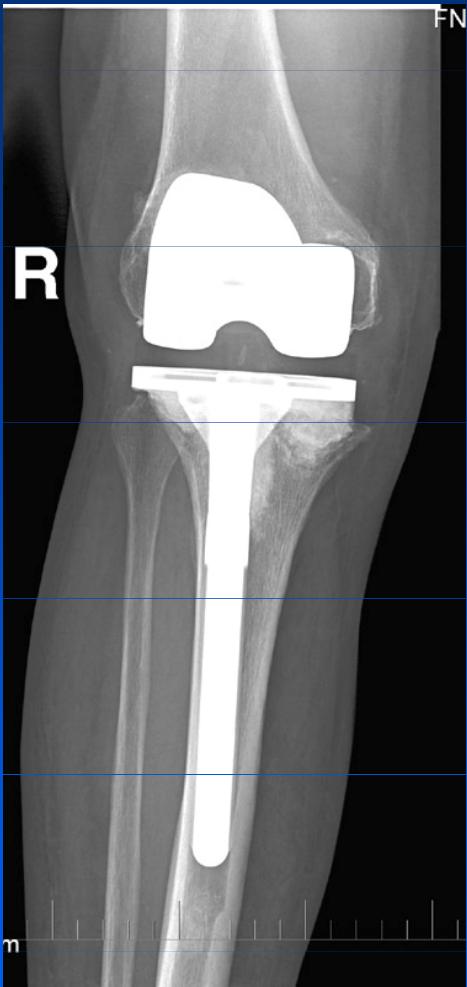


2004



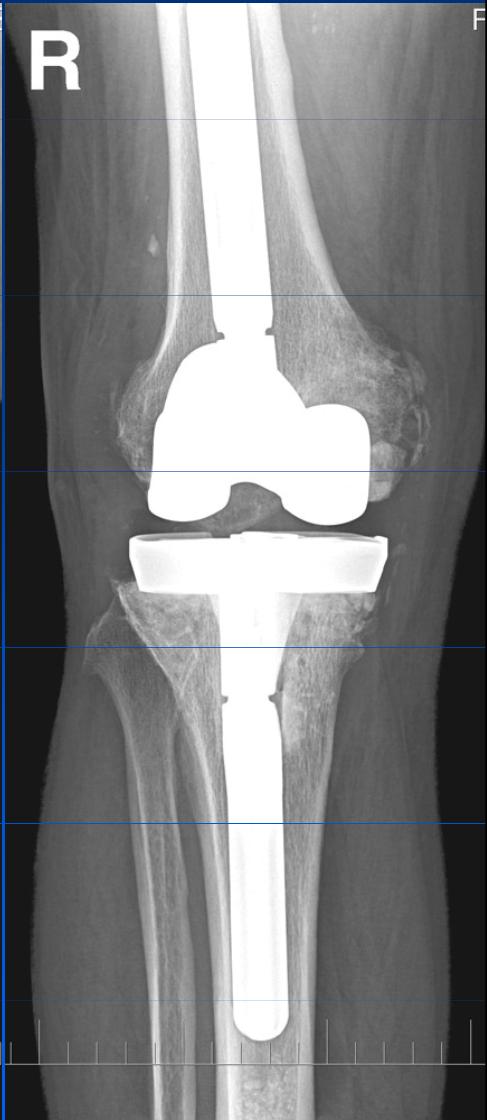
2005

M, 1942, primary TKR 1993
Fracture of the tibial tray, PFC Σ Modular Knee system, 1/2005
Cortical contact of the uncemented stem,



2006

M., 1942, PFC Σ Modular Knee system,
Cortical contact of the uncemented stem,
Less amount of bone cement in metaphyseal region, good result.

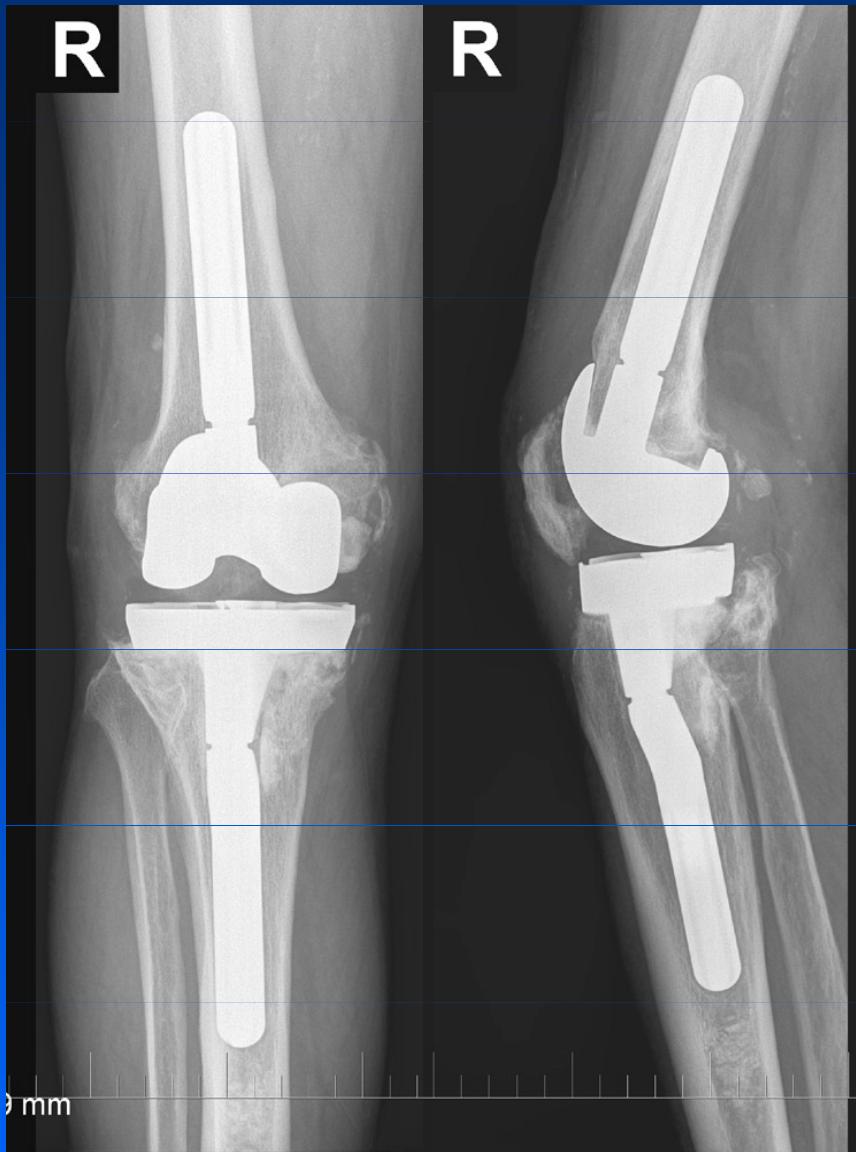


M, 1933, primary TKR 1996, R.A.

Osteolysis on both sides

Revision TKR with LCCK, Next Gen , Zimmer, PS type, 1/2005,
patela baja, good position of tibial tray on bone, wide stems with cortical contact

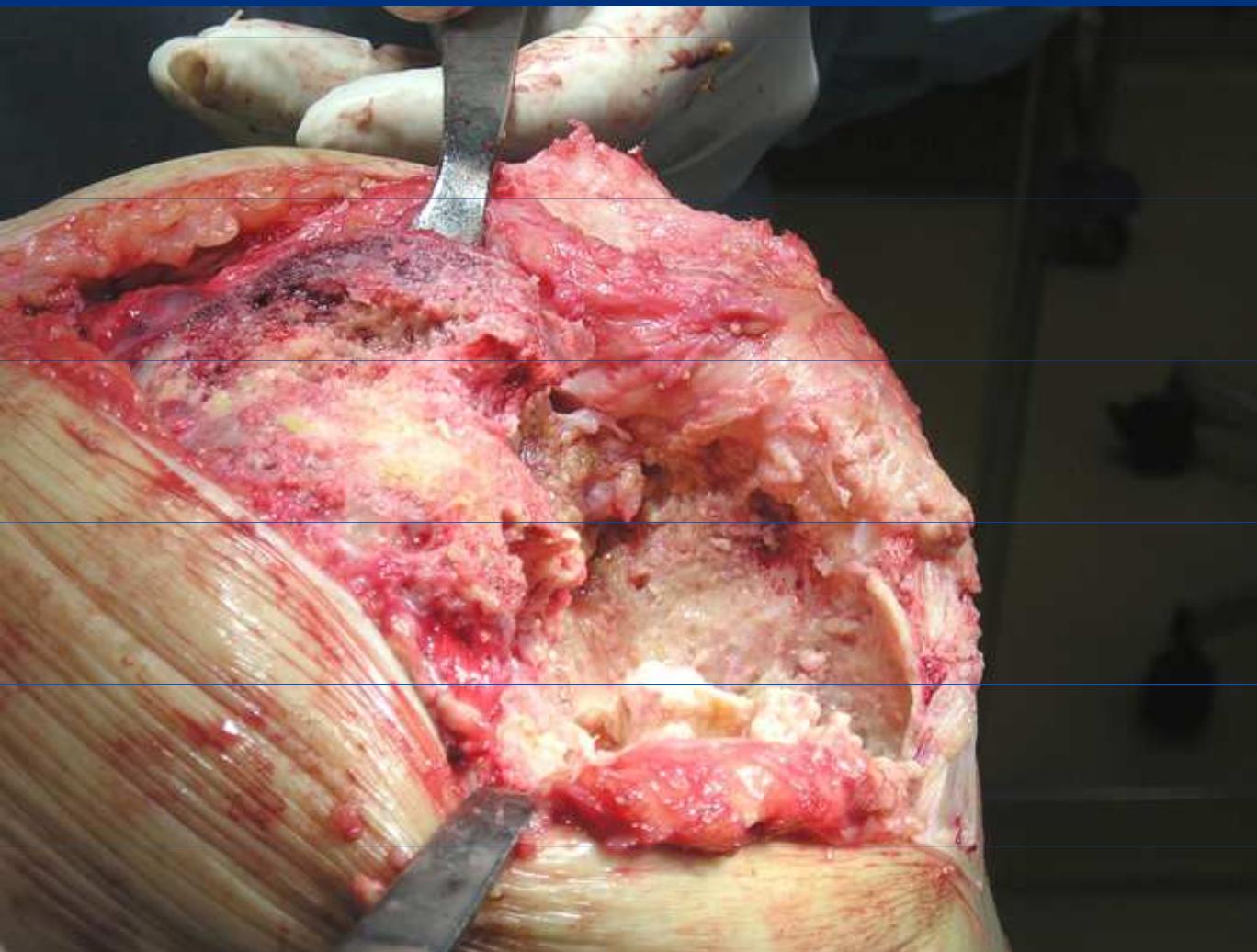
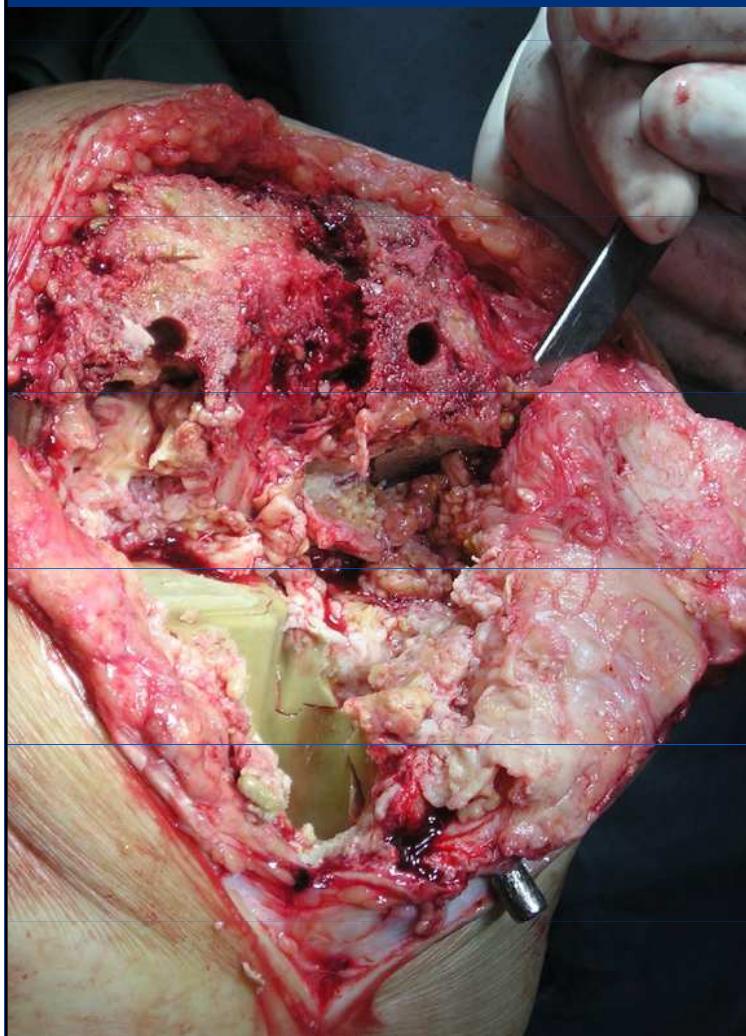
1/2005



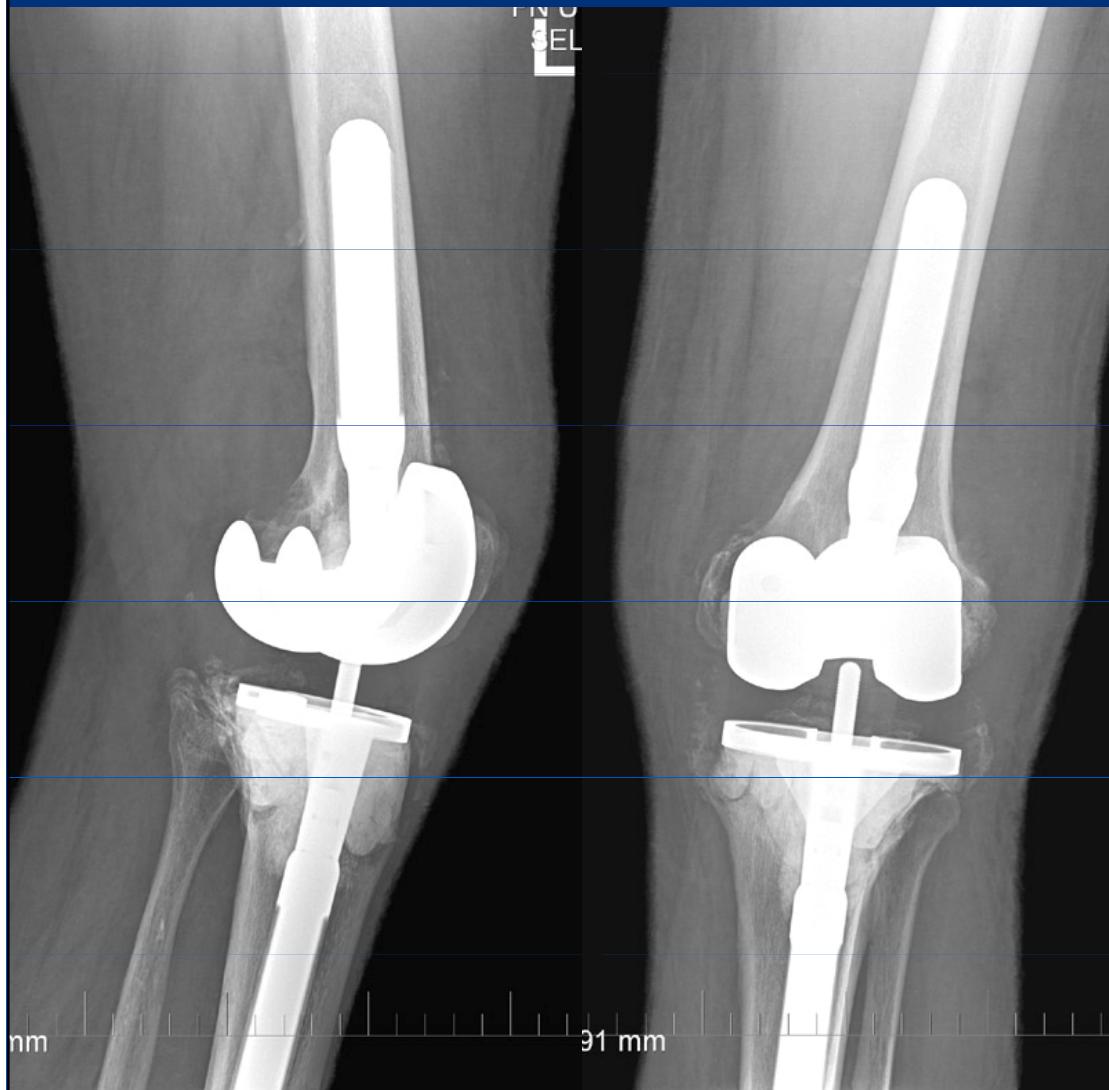
4/2006



Revision of TKR with LCCK, Next Gen , Zimmer
patela baja, good position of tibial tray on bone,
Wide stems with cortical contact, good result



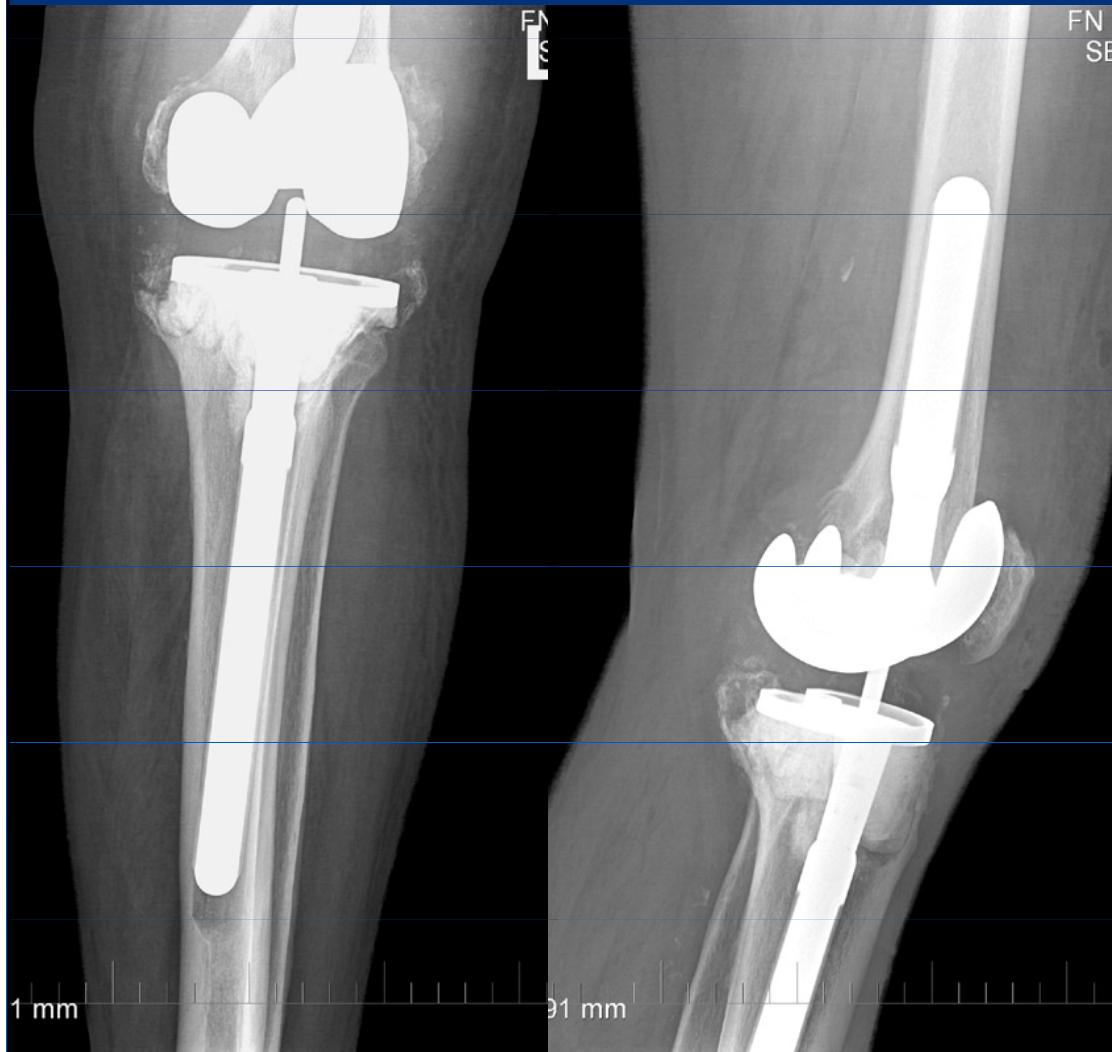
M., 1927., primary TKR in 1997
Large defect of bone in the tibia



2004

Revision TKR ,PFC Σ Modular Knee System
Bone cement in the tibia





2006



M., 1927., revision TKR ,PFC Σ Modular Knee System
Bone cement in tibia, cortical contact of the stems