

Smith-Lemli-Opitz syndrome

**A CASE OF CHILDREN WHOSE TOTAL
BLOOD CHOLESTEROL WAS TOO
LOW**

Case report 1

- SLOS did not occur in the girl's family
- from the 7th pregnancy, the mother did not visited the gynecological department
- the gestational week was find out by estimation
- birth weight 2 650g, birth length 43 cm, pelvic delivery
- description of the newborn: microcephaly, dolichocephaly, anteverted nostrils, hypertelorism, eyelid ptosis, gothic floor in the oral cavity, low-set dysplastic lobes, partial syndactyly of the 2nd and 3rd fingers on lower limbs, polydactyly on upper limbs
- Other disabilities: atrial septal defect and left renal dystopia



- The child was fed by tube for drinking and swallowing disorders
- karyotype 46, XX - normal female
- gradually developed severe retardation of verticalization
- total cholesterol (Chol): 1.93..1.45..2.01 mmol / l (standard 2.6-4.8), 7- dehydrocholesterol (7-DHC) 0.53 mmol / l (standard 0)
- according to the phenotype, SLOS was suspected
- molecular genetic testing of *DHCR7* gene was performed: genotype c. [452G> A]; [470T> C] resp. p. [(Trp151 *)]; [(Leu157Pro)]
- we initiated therapy with an increased dose of cholesterol in the diet, 50 mg/kg/day, which the child tolerated clinically poorly
- the girl did not thrive for a long time, she died at the age of 2 years

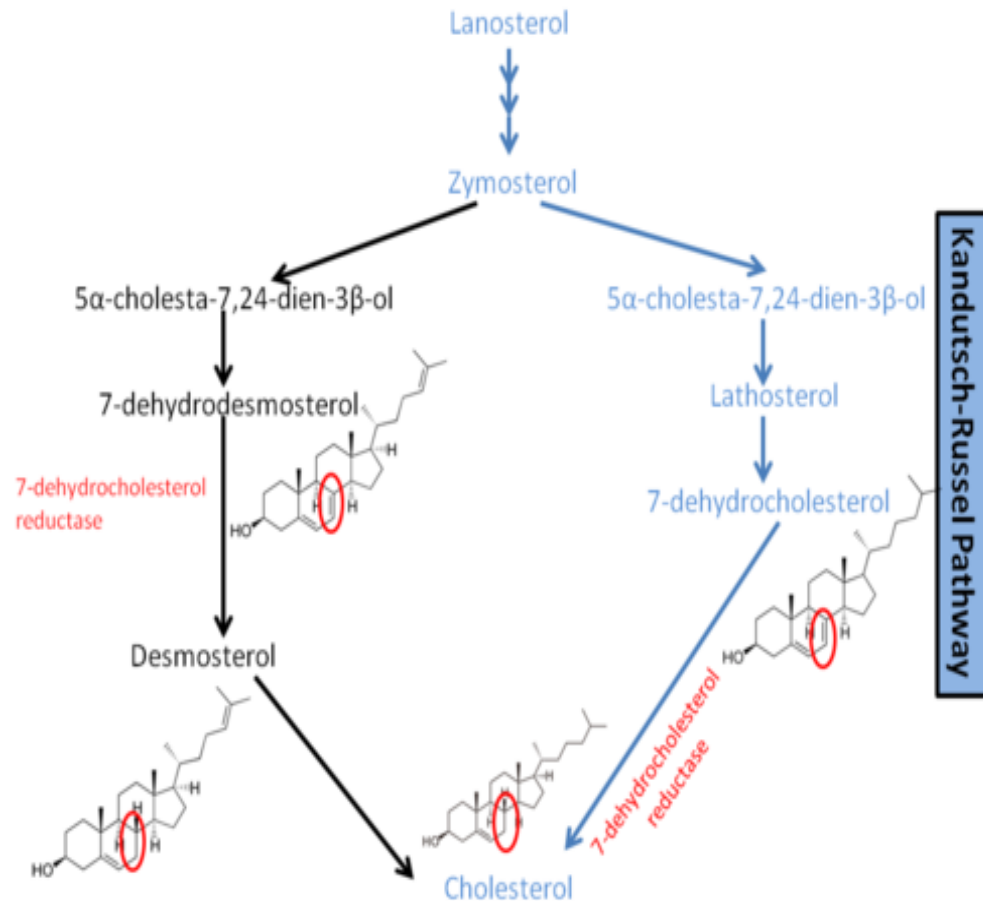
Case report 2

- SLOS does not occur in the family
- The child from the 1st pregnancy, spontaneous delivery in the 38th week of pregnancy, birth weight 2310g, birth length 43 cm, Apgar score in the norm
- stigmatized hypotrophic newborn: microcephaly, dolichocephaly, short nose with wide root, anteverted nostrils, hypertelorism, small chin, low-set dysplastic ears, syndactyly of the 2nd and 3rd fingers on the lower limbs, polydactyly on the upper limbs, ambiguous genitalia, persistent aortic ductus and anomalous distance of the left branch of the pulmonary artery, renal anomaly (cyst)
- karyotype 46, XY, normal male karyotype
- from biochemical examination: Chol 1,1..0,6..1,4 mmol / l (standard 2,6-4,8), 7-DHC 0,233mmol/l (standard 0)
- suspected SLOS, confirmed by molecular genetic testing of the *DHCR7* gene, genotype: c. [964-1G> C]; [976G> T] resp. p. [?]; [(Val326Leu)]

- we initiated therapy with an increased dose of cholesterol in the diet, Cholesterol Module por sol® (food pro special medical purposes), at the planned dose of 50-100 mg/kg/day
- we administered ursodeoxycholic acid to improve absorption of Cholesterol Module (10-15mg/kg/day, Ursofalk, por. sus.®), the child tolerated therapy poorly
- home child care insufficient, she was placed in a children's center
- for retardation of verticalization we performed rehabilitation, diet via PEG (percutaneous endoscopic gastrostomy)
- signs of adrenal insufficiency not observed clinically or laboratory
- at 9 months of age: hypotonic psychomotor retarded unwell infant [weight 4.2 kg, length 64 cm, head circumference 36.5 cm, (BMI 10.25; below the 3rd percentile)], whose condition is complicated by recurrent respiratory infections
- ambiguous genitalia-solution according to the overall condition and the resulting perspective of the child

Smith-Lemli-Opitzův syndrome (SLOS) (MIM 270400)

- disorder of sterol biosynthesis
- multisystem diseases that are associated with dysmorphia and various types of skeletal dysplasia
- in the case of SLOS it is a defect of the last step in the synthesis of cholesterol, namely a deficiency of 3 β -hydroxysterol Δ 7-reductase (EC 1.3.1.21), which is caused by mutations in the *DHCR7* gene (602 858)
- the inheritance of the disease is autosomal recessive
- the estimated incidence of the disease is 1: 20,000-40,000 children



Symtoms



- growth retardation
- usually low birth weight
- craniofacial dysmorphism (microcephaly, micrognathia, anteverted nostrils, ptosis, hypertelorism, low set ears, wide gaps between teeth)
- strabismus
- syndactyly, postaxial polydactyly, short thumbs and orthopedic defects of the lower limbs
- congenital heart defects, lung anomalies, anomalies of the external and internal genitalia, adrenal insufficiency, renal impairment (renal agenesis, cysts, hydronephrosis), congenital defects of the digestive tract
- mental disability
- behavioral disorders, learning difficulties, sleeping disorders, autism

- a typical laboratory symptom is a decrease level of total cholesterol and an increase in 7-dehydrocholesterol in the blood
- hypocholesterolemia is defined as an abnormally low concentration of cholesterol in the blood below the 5th percentile due to age, sex and race
- in children, the lower limit is most often considered to be 2.8 mmol/l, resp. 2.5 mmol/l,
- about 10% of patients with SLOS may have normal total cholesterol levels
- confirmation of dg.: molecular-genetic examination of the *DHCR7* gene
- pathological sequence variants are the most common in our population: c.452G> A, formerly termed p.W151X (35% of population), non-sense, c.976G> T, formerly designated p.V326L (28% of population), missense, and c.964-1G> C, formerly known as IVS8-1G> C (11% of population), splicing mutation.
- pathological sequence variants of c.452G> A and c.964-1G> C are very difficult and the prognosis of their carriers, and therefore also of our probands, is not favorable.
- Treatment: increased dose of cholesterol, bile acids, possibly statins (simvastatin)



SLOS: craniofacial dysmorphism-microcephaly, micrognathia, short nose with wide root, anteverted nostrils, hypertelorism, low set ears



SLOS: polydactyly on the upper limb



SLOS: external genitalia of the ambiguous type

- SLOS has a wide range of phenotypic manifestations from multiple severe congenital malformations to mild psychomotor developmental disorders with insignificant abnormalities
- the ability to perform molecular genetic confirmation of the diagnosis is essential for the family of the affected child
- examination is crucial for genetic counseling and possible future prenatal or preimplantation diagnostics
- the causal treatment of SLOS is unknown