

TARTU ÜLIKO

# Introduction to Global Health



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Masaryk University in Brno, Czech Republic



University of Tartu, Estonia.

### Introduction

- "Global Health" runs in parallel in 2 universitiesthe Masaryk University and the University of Tartu.
- This course consists of 12 seminars and runs for 12 weeks
- The working language of the course is English
- Why global health?
  - This is the first global health course for both universities
  - Global health is a hot topic in the globalizing world we live in
  - Health professionals can benefit from having a global understanding of health

### Meet the course team!



Masaryk University, Brno, Czechia



University of Tartu, Estonia











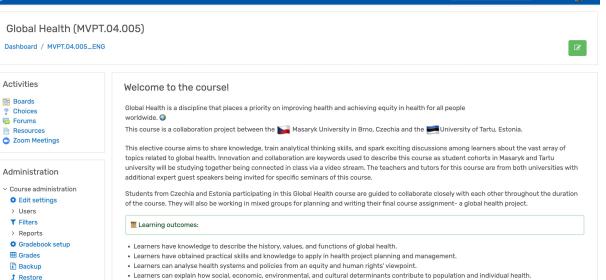
Mgr. Bc. Michal Koščík, Ph.D. Department Head, Public Health Ins

Abanoub Riad, DDS Mgr, Anton Drobov Instructor, Public Health Stud. PhD, Public Health Stud. PhD

Ave Põld, DDMikk Jürisson, MD, PhDLecturer, Public HealthProfessor, Public Health

### **Course materials:**





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Tartu students: MOODLE

#### Masaryk students: MUNI IS



# **Final assessment**

The final assessment for this course is a group work where you submit a project plan and present the project at the colloquium to the whole class.

The final assessment results comprise of:

- Health project plan submission (70%);
- Project presentation in seminar (30%).

Adolescents' mental health in Europe MUNI Elia Evangelisti   Adolescents' mental health in Europe UT Linda Kasela   Adolescents' mental health in Europe UT Viktoria Lokteva   Climate change: an existential threat and a health crisis MUNI Khade Saed   Climate change: an existential threat and a health crisis UT Sabrina Mahar   Climate change: an existential threat and a health crisis UT Sabrina Mahar   Climate change: an existential threat and a health crisis UT Marino Ignama   Health in times of crises MUNI Federico Agneta   Health in times of crises UT Simon Akamine   Health in times of crises UT Simon Akamine   Improving clinical quality of care in low-income settings UT Anna Fisler   Improving clinical quality of care in low-income settings UT Anna Tisler   Increasing access to care for refugees MUNI Molaxin Ahmed Al-Ansaari   Increasing access to care for refugees UT Marin Almade Al-Ansaari   Increasing access to care for refugees UT Marin Kuisk   Maternal health: increasing survival for mothers and newborns UT Marina Kohal   Increasing access to care for refugees UT MuNI Maternal health: increasing survival for mothers and newborns <th>Торіс</th> <th>University</th> <th>Student</th>	Торіс	University	Student	
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	Tackling antimicrobial resistance in low-income settings	UT	Elessar Eetu Hopeapuu	



# Final project guidance

Expected output:

Project plan of 2000 words (+/- 10%) and a PPT presentation (10 slides)

- Project Title: including your names, the date, and the title of this course
- Background: Explain the rationale behind your selected health topic and what it is about; include a brief overview of relevant literature including what has been done so far.
- Goal: what is the main thing you want the project to achieve?
- Activities: describe the types of activities you think could be done to address this issue
- Monitoring: list some elements that should be measured in the project
- Expected Staffing: make some guesses as to what type of staff/numbers of staff are needed for your project
- Total budget (in dollars)- a high-level budget sheet as a table in Excel is suitable, no need to get too detailed.

A detailed explanation of the final assessment requirements will be provided in the seminar "Project design for strengthening health systems."

NB! Upload your written project plan by May 5<sup>th</sup> to Moodle and the MUNI IS.

### Today's agenda:

- Burning global health issues
- A brief history of Global Health
- Health inequities and determinants of health
  - Sustainable development goals (SDGs)
  - Universal Health Coverage
  - **Triple Billion Goals**

## What is global health?

#### Table Comparison of global, international, and public health

	Global health	International health	Public health
Geographical reach	Focuses on issues that directly or indirectly affect health but that can transcend national boundaries	Focuses on health issues of countries other than one's own, especially those of low-income and middle-income	Focuses on issues that affect the health of the population of a particular community or country
Level of cooperation	Development and implementation of solutions often requires global cooperation	Development and implementation of solutions usually requires binational cooperation	Development and implementation of solutions does not usually require global cooperation
Individuals or populations	Embraces both prevention in populations and clinical care of individuals	Embraces both prevention in populations and clinical care of individuals	Mainly focused on prevention programmes for populations
Access to health	Health equity among nations and for all people is a major objective	Seeks to help people of other nations	Health equity within a nation or community is a major objective
Range of disciplines	Highly interdisciplinary and multidisciplinary within and beyond health sciences	Embraces a few disciplines but has not emphasised multidisciplinarity	Encourages multidisciplinary approaches, particularly within health sciences and with social sciences

1948 7 April : Consti-40 tution of WHO comes into being. Later, 1st World Health Assembly names Dr Brock Chisholm as first Director-General

1949 2nd Assembly confirms that

Pan American Sanitary Bureau will act as who's regional office of the Americas



1953 Dr Marcolino Candau succeeds Dr Chisholm as second Director-General

1966 Opening of WHO's CUStom-built headquarters in Geneva, Switzerland

Start of intensified campaign for smallpox eradication

1973 Dr Halfdan Mahler succeeds Dr Can-dau as third Director-General

30th Assembly adopts as target Health for all by the Year 2000. Last ever case of endemic smallpox located in Somalia

1978 Declaration of Alma-Ata, at WHO/UNICEF conference on primary health care



1979 Independent commission confirms the global eradication of smallpox 1986 Seventh report on the world health situation assesses progress made

1988 WHO's 40th anniversary. World Health Day slogan chosen for this occasion:

Health for all-all for health

towards Health for All

# **Burning global health issues** today (WHO):

Advancing health for all

**Tackling health inequities** 

#### Strengthening primary health care

The COVID-19 pandemic

**Combating drug resistance** 

Increasing vaccine uptake

#### **Preventing & treating NCDs and mental health** conditions

**Revitalizing efforts to tackle** communicable diseases

Fighting air pollution and climate change

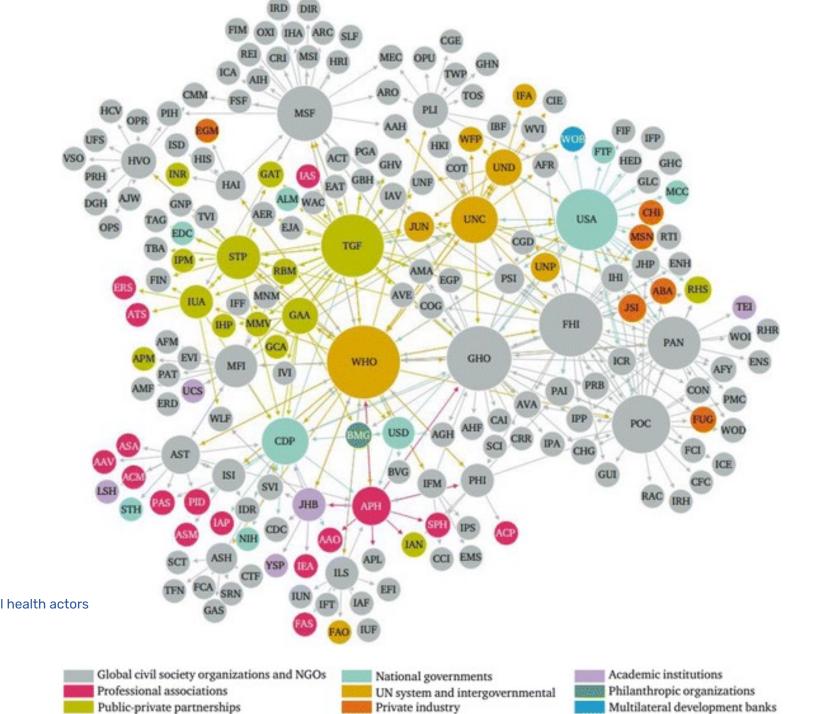


Figure. Network mapping of global health actors by type (Hoffman, S.J. 2018)

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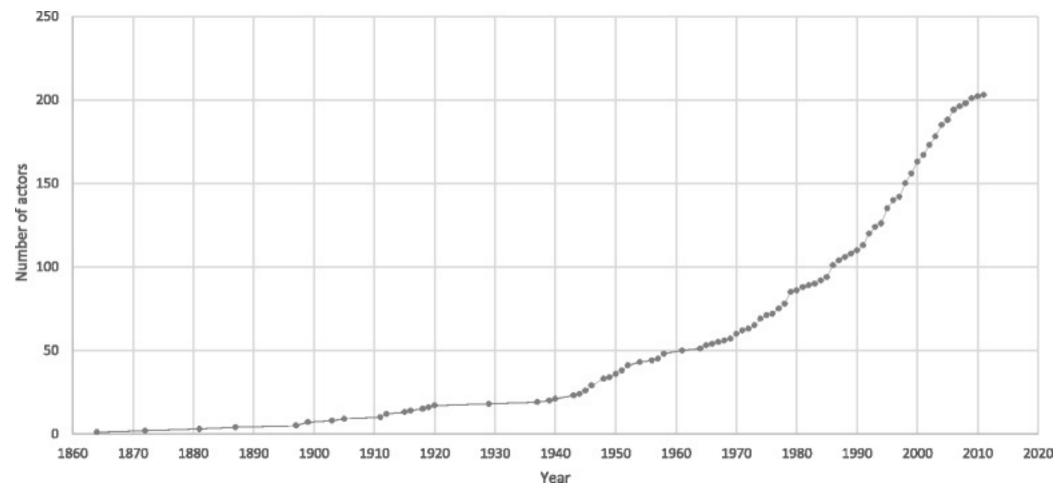
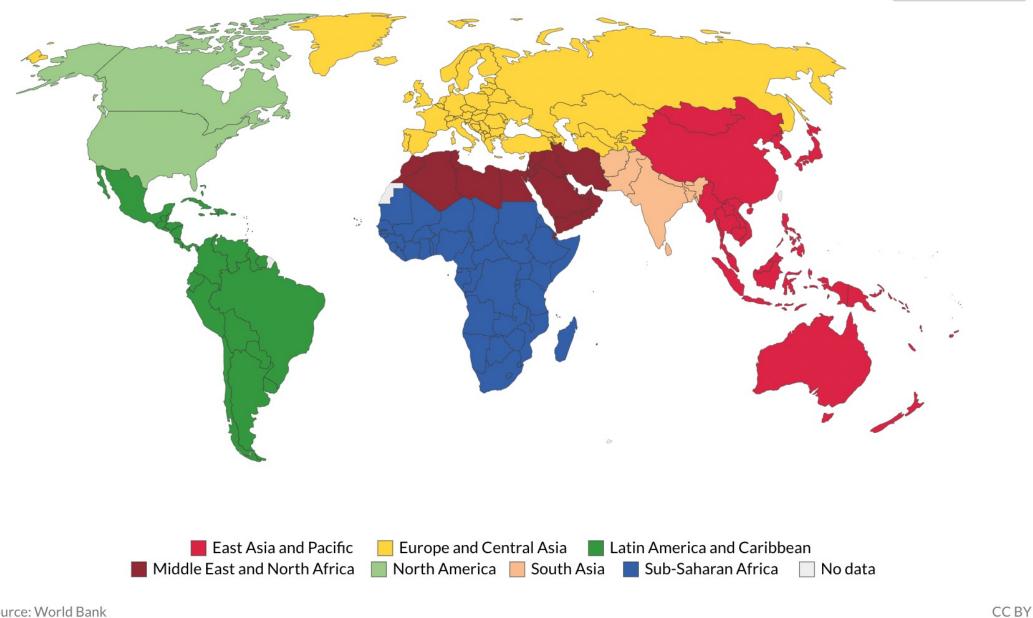


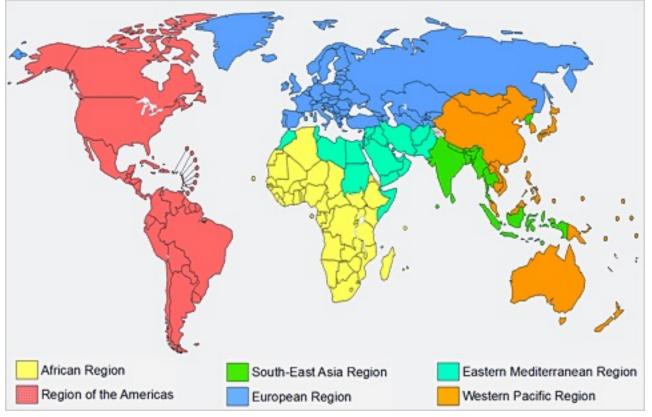
Figure. Rate of inception of global health actors over time (Hoffman, S.J. 2018)

#### World regions according to the World Bank

	Our World in Data
World	$\checkmark$



# **WHO regions:**



## **Country income classifications:**

	GNI per capita in current USD		
Group	July 1, 2021 (new)		
Low income			
Lower-middle income	1,046 – 4,095		
Upper-middle income	4,096 -12,695		
High income	> 12,695		

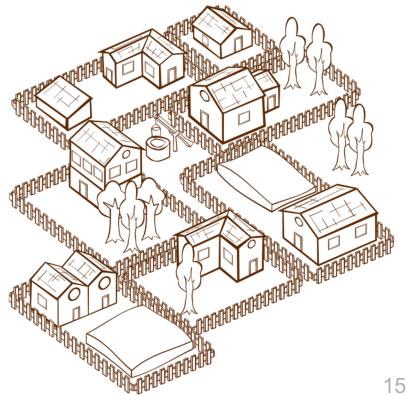
Figure. Country income classifications (World Bank, 2021)

Figure. WHO administrative regions (FCTC)

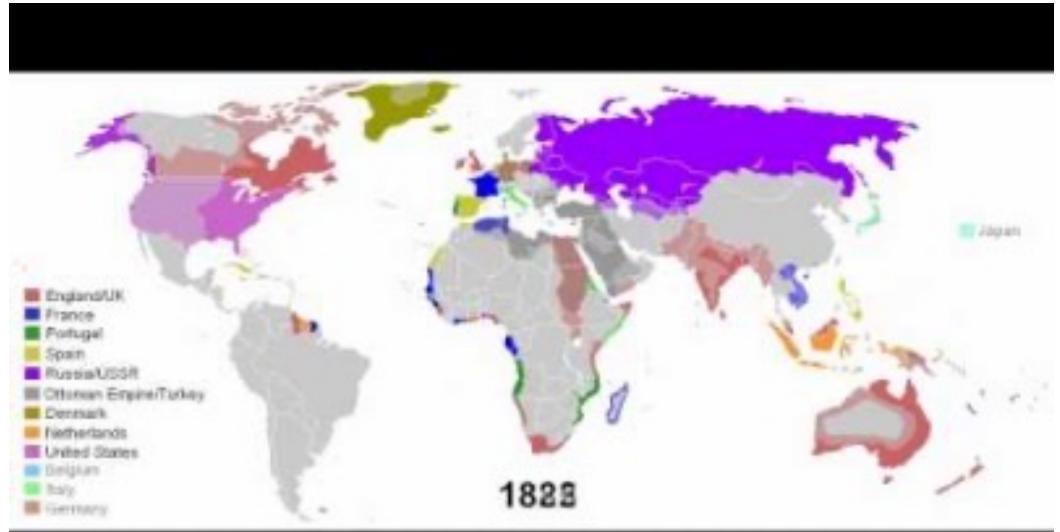
# The history of global health

- The "age of exploration" (15th- 18th century)
- Tropical medicine (19th century)
- International Health (1850 1950)  $\bullet$
- Foundation of the World Health Organization





### Colonialism



# The "age of exploration" (15th- 18th century)

- Travelling and the start of colonialization (Columbus, Da Gama, Cortez etc.)
- "Virgin soil epidemics"smallpox, influenza, measles, mumps and chickenpox
- Exchanging diseases between the Old and the New World

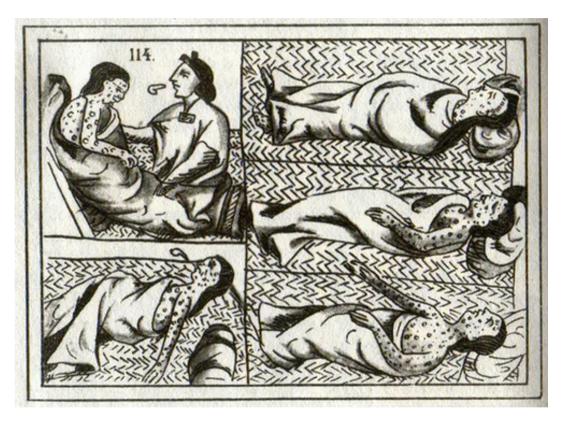


Figure 2. Indigenous people suffering from smallpox (Ward, 2020)

### Tropical medicine (19th century)

- "In both Britain and the United States, tropical medicine was a specialty 'conceived out of the very specific needs of colonialism'." (Gibson, 2009)
- Tropical medicine produced optimism about controlling epidemic disease within European colonies and preventing them from reaching Europe (Bhattacharya, 2012)
- The start of medical missions (Palilonis)

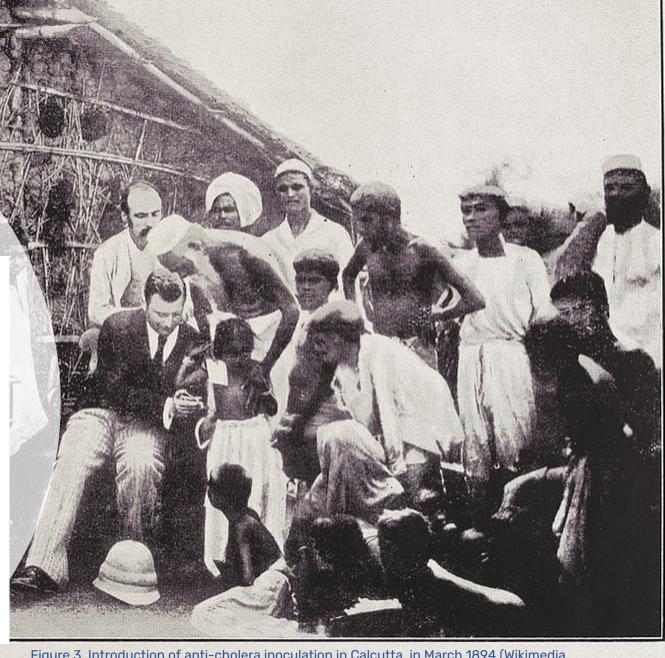


Figure 3. Introduction of anti-cholera inoculation in Calcutta, in March 1894 (Wikimedia CommoNs) J. R. SIMPSON,

DR. G. N. MOOKERJEE.

DR. JOGENDRA NATH DUTT,

# International Health (1850 -1950)

- \*The advent of the germ theory of disease
- 1851 International Sanitary Convention (Paris)- first time nations came together to create an international health policy.
- 1899 LSHTM was founded (Patrick Manson)
- 1902 Pan-American Sanitary Bureau was established.
- 1907: Office International d'Hygiene Publique (Paris)
- 1913: Rockefeller Foundation- the single largest funder of global health in the first half of the 20th century.



Figure 4. The establishment of the Pan-American Sanitary Bureau. (Alleyne 2016)

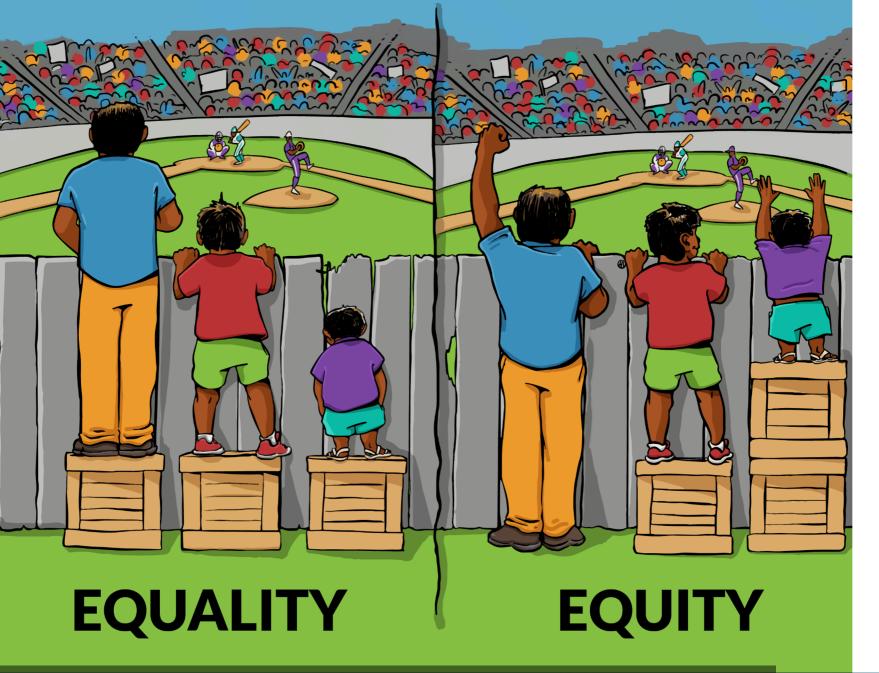


#### The establishment of the World Health Organization (WHO) in 1948

• Definition of Health: "A state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". (WHO, 1948)

# Why should we be concerned about critical global health issues?





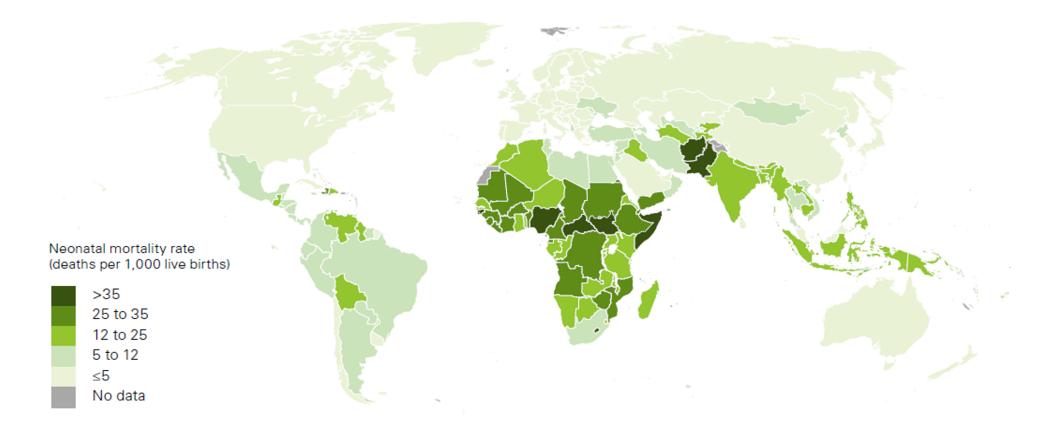
### Equality vs equity in global health

- CDC says, "Health equity is when everyone has the opportunity to be as healthy as possible."
- Horizontal and vertical equity
  - Access to care
  - Financing
  - Sharing costs

#### High neonatal mortality rates in low-income countries



Neonatal mortality rate (deaths per 1,000 live births) by country, 2019



Note: The classification is based on unrounded numbers. This map does not reflect a position by UN IGME agencies on the legal status of any country or territory or the delimitation of any frontiers.



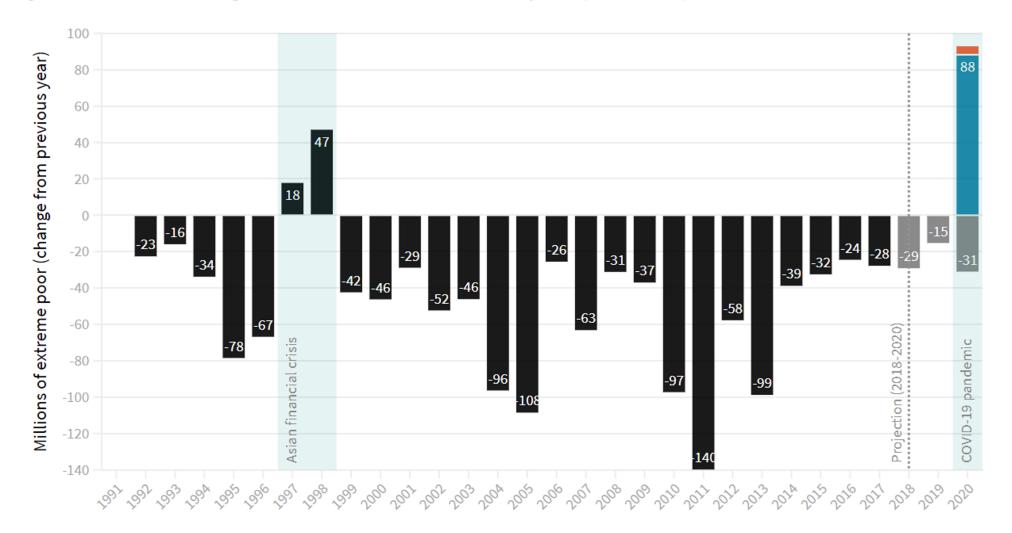
SAVING

<2,5% 2.5-4.9% 5-14,9% 15-24,9% 25-34,9% >35% DATA NOT AVAILABLE

#### Undernournhment is defined as the condition in which an individual's habitual food consumption is insufficient to provide the amount of direary energy 24 sto maintain a normal, active, healiby Mik. The indicator is reported as the prevalence of undernournhment (POU), which is an estimate of the percentage of individually timal population that are in a condition of undernourinhment. To relation the influence of possible stimution errors in some of the underlying parameters, national estimates are reported as there year moving energy. Source: FAO, IFAD, UNICEF, WFP and WHO, 2021. The State of Food Security and Nutrition is the World 2021. Transforming food systems for food security, improved nutrition and allocable healthy dens for all. Rome, FAO. Further information is available at them (lawared in the interched relation 2021) are indevined norm-different on inhered.

# The impact of COVID-19 on poverty

#### Figure 1: Annual change in the number of extreme poor (in million), 1992-2020

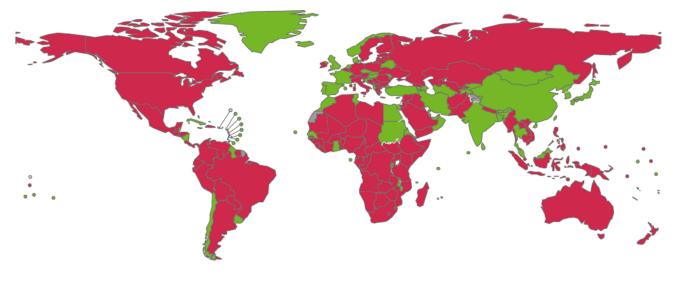


### Immunization

- Immunization helps prevent morbidity and mortality, especially under 5 mortality
- Prevents poverty as it decreases treatment costs
- GAVI- global vaccine alliance
- COVAX
- Global vaccination goals (WHO):
  - 0
  - Erádicate polio by 2023 Reach global goals towards 0 eliminating tetanus, measles, rubella
  - By the year 2020 reach 90% 0 coverage goals for all vaccines in the national immunization plans
  - Decrease under 5 mortality Ο



Figure. A child being given the oral polio vaccine (GPEI)





### **Global vaccine uptake**

- In 2020 83% of all children had received all 3 required doses of DTP vaccine
- Due to the COVID-19 pandemic 23 million less children were vaccinated taking us to the vaccination coverage level of 2009

(*Immunization and vaccinepreventable communicable diseases*, *WHO*)

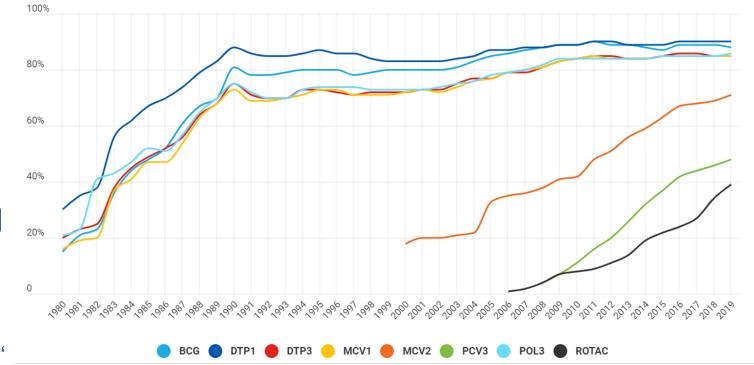
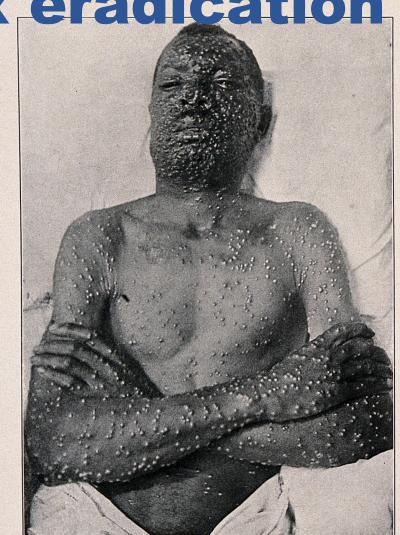


Figure. Global children's immunization coverage (UNICEF)

PLATE XI.

### Success story- Smallpox eradication

- In 1966, smallpox ravaged over 50 countries, affecting 10 million to 15 million people, of whom almost 2 million died each year (CGD)
- But we had a vaccine from Edward Jenner so why?
- In 1977, the last endemic case of smallpox in the world was recorded in Somalia. In 1980, after additional surveillance and searching, WHO declared smallpox the first disease in history to have been eradicated.



Variola on the seventh day, showing the usual preponderance of lesions on the face, hands, and wrists (courtesy of Dr. J. F. Schamberg).

### **Vaccination saves lives**

Disease	20th Century annual morbidity ( <u>2</u> )	2016 Reported cases ( <u>3</u> )	Percent decrease (%)
Smallpox	29,005	0	100
Diphtheria	21,053	0	100
Measles	530,217	69	>99
Mumps	162,344	5,311	97
Pertussis	200,752	15,737	92
Polio (paralytic)	16,316	0	100
Rubella	47,745	5	>99
Congenital rubella syndrome	152	1	99
Tetanus	580	33	94
Haemophilus influenzae	20,000	22*	>99

\**Haemophilus influenzae* type b (Hib) < 5 y of age.

Figure. Morbidity of various diseases in the 20th century and in 2016. (Orenstein, 2017)

Czechia: WHO and UNICEF estimates of immunization coverage: 2020 revision

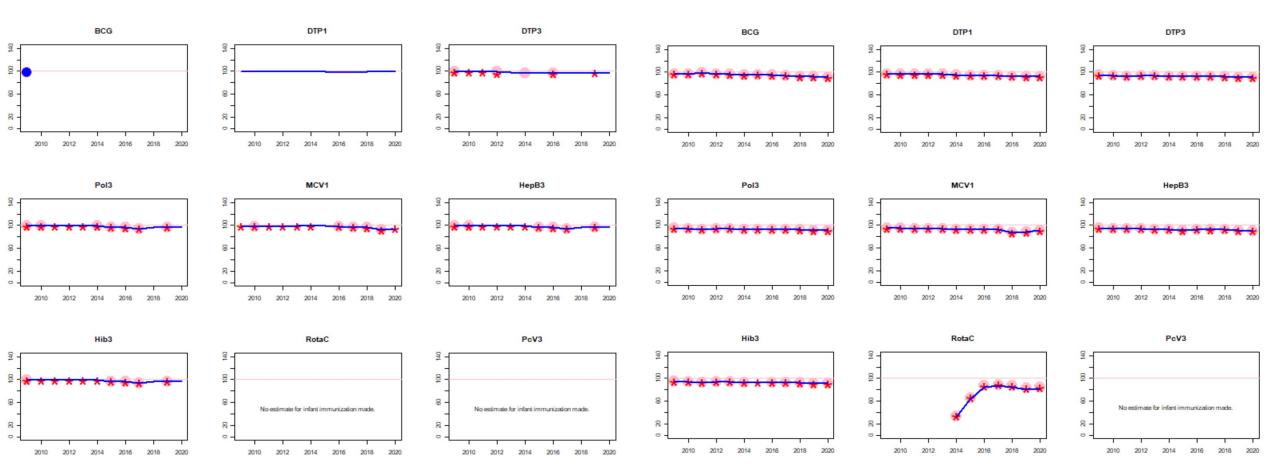


Figure. WHO and UNICEF estimates of immunization coverage:- Estonia, Czechia (WHO, 2020)

### **Measuring health status**

#### Mortality by age and sex

- Life expectancy at birth
- Adult mortality rate between 15 and 60 years of age
- Under-five mortality rate
- Infant mortality rate
- Neonatal mortality rate
- Stillbirth rate

#### Mortality by cause

- Maternal mortality ratio
- TB mortality rate
- AIDS-related mortality rate
- Malaria mortality rate
- Mortality between 30 and 70 years of age from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases
- Suicide rate
- Mortality rate from road traffic injuries

#### Fertility

- Adolescent fertility rate
- Total fertility rate

#### Morbidity

- New cases of vaccine-preventable diseases
- New cases of IHR-notifiable diseases and other notifiable diseases
- HIV incidence rate
- HIV prevalence rate
- Hepatitis B surface antigen prevalence
- Sexually transmitted infections (STIs) incidence rate
- TB incidence rate
- TB notification rate
- TB prevalence rate
- Malaria parasite prevalence among children aged 6–59 months
- Malaria incidence rate
- Cancer incidence, by type of cancer

#### TABLE 2-1 Key Health Status Indicators

**Infant mortality rate**: The number of deaths of infants under age 1 per 1,000 live births in a given year

Life expectancy at birth: The average number of years a newborn baby could expect to live if current mortality trends were to continue for the rest of the newborn's life

Maternal mortality ratio: The number of women who die as a result of pregnancy and childbirth complications per 100,000 live births in a given year

**Neonatal mortality rate**: The number of deaths of infants under 28 days of age in a given year per 1,000 live births in that year

**Under-5 mortality rate (child mortality rate)**: The probability that a newborn baby will die before reaching age 5, expressed as a number per 1,000 live births

Figure. Key health status indicators (Skolnik, 2020)

### **Global life expectancy**

- 75 years (women)
- 70 years (men)
- "Life expectancy at birth is defined as how long, on average, a newborn can expect to live, if current death rates do not change." (OECD, 2021)
- How is life expectancy different per world region?
- Why do women live longer than men?
- The impacts of COVID-19 on global life expectancy





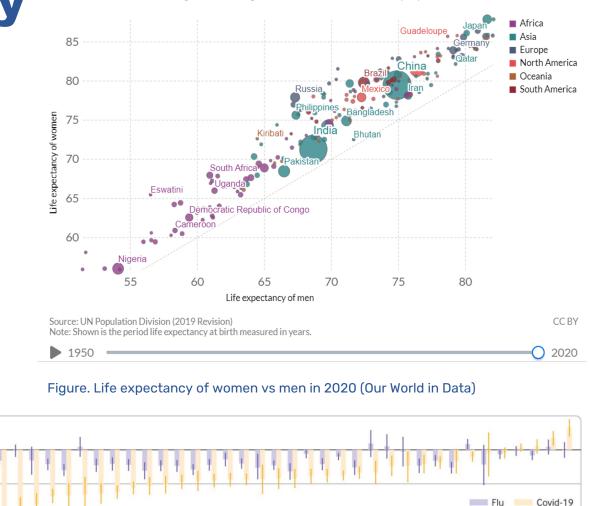


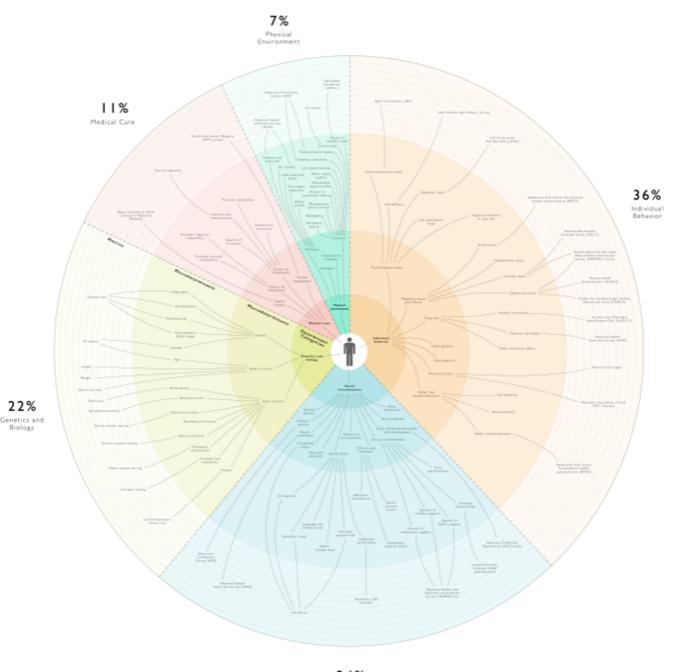
Figure. Changes in life expectancy: covid-19 (2020) v influenza epidemic (2015) (Islam, et al. 2021)

Total

in life expectancy in and 2020 (covid-19)

Changes ii 2015 (flu) a





# What determines a person's health?

- 36 % individual behavior
- 24% social circumstances
- 22% genetics & biology
- 11% medical care
- 7% physical environment

#### The social determinants of health

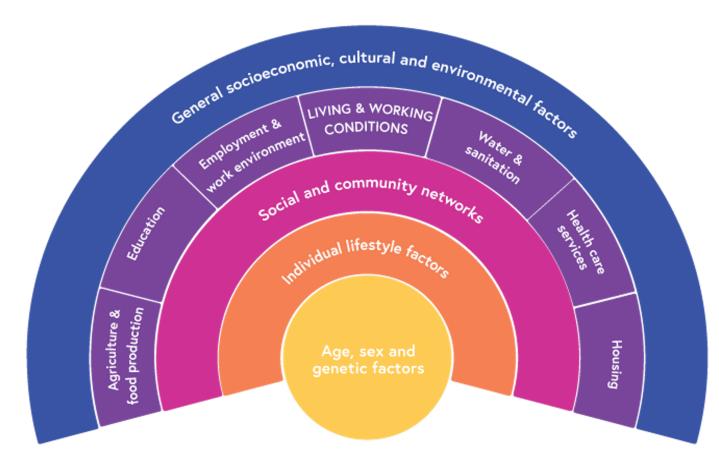


Diagram courtesy of the Institute for Future Studies, Stockholm

Figure. Social determinants of health (Futurelearn)

**Risk factors** 

#### Nutrition

- Exclusive breastfeeding rate 0–5 months of age
- Early initiation of breastfeeding
- Incidence of low birth weight among newborns
- · Children under 5 years who are stunted
- · Children under 5 years who are wasted
- Anaemia prevalence in children
- Anaemia prevalence in women of reproductive age

#### Infections

Condom use at last sex with high-risk partner

#### **Environmental risk factors**

- · Population using safely managed drinking-water services
- Population using safely managed sanitation services
- Population using modern fuels for cooking/heating/lighting
- Air pollution level in cities

#### Noncommunicable diseases

- Total alcohol per capita (age 15+ years) consumption
- Tobacco use among persons aged 18+ years
- Children aged under 5 years who are overweight
- Overweight and obesity in adults (Also: adolescents)
- · Raised blood pressure among adults
- Raised blood glucose/diabetes among adults
- Salt intake
- Insufficient physical activity in adults (Also: adolescents)

#### Injuries

• Intimate partner violence prevalence

#### Figure. Risk factors (WHO, 2015)

# **Global development plans for health**

### The Alma-Ata Declaration of 1978 on Primary Health Care

•A major milestone of the 20th century in the field of public health identifying primary health care as the key to the attainment of the goal of Health for All.

The International Conference on Primary Health Care calls for urgent and effective national and international action to develop and implement primary health care throughout the world and particularly in developing countries in a spirit of technical cooperation and in keeping with a New International Economic Order. It urges governments, WHO and UNICEF, and other international organizations, as well as multilateral and bilateral agencies, nongovernmental organizations, funding agencies, all health workers and the whole world community to support national and international commitment to primary health care and to channel increased technical and financial support to it, particularly in developing countries. ((Declaration of Alma-Ata International Conference on Primary Health Care, Alma-Ata, USSR, 6-12 September 1978)



#### The United Nations Sustainable Development Goals

•Part of the 2030 Agenda for Sustainable Development adopted in 2015- an urgent call for action by all countries developed and developing - in a global partnership.

•None of the countries in the world are on track with achieving the SDGs (Moyer, 2020)

•Globally the greatest challenges are to enable WASH services globally, ensuring all children go to middle school and malnourished children (Moyer, 2020)

•Where are Estonia and the Czechia in achieving the SDGs?



I SDGs

### **SDG 3.8- Universal Health Coverage**

•Achieve by 2030 universal health coverage (UHC), including financial risk protection, access to quality essential health care services, and access to safe, effective, quality, and affordable essential medicines and vaccines for all.

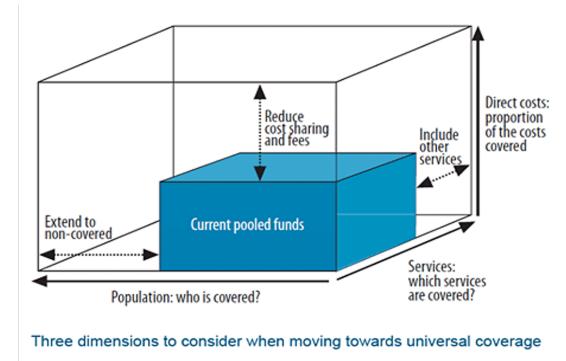
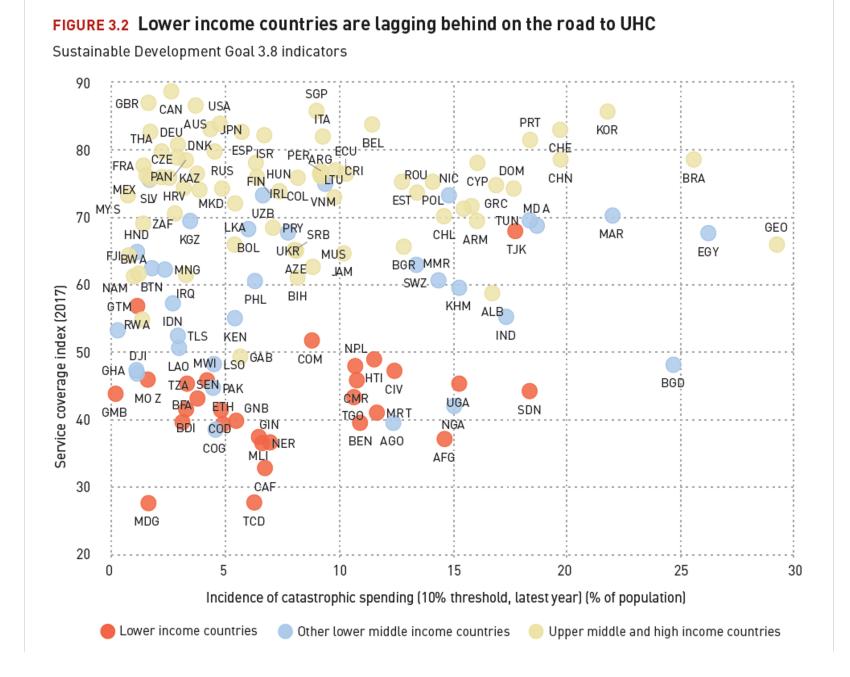


Figure. Three dimensions of UHC (Cotlear, Daniel & Rosemberg, Nicolas. (2018).



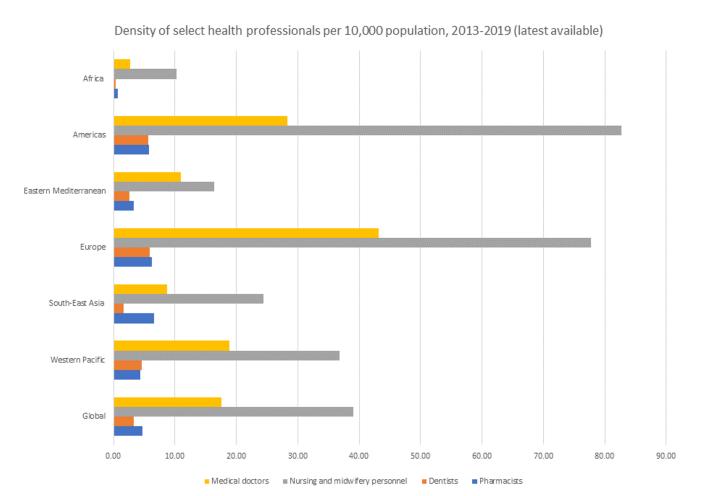
THE SUSTAINABLE DEVELOPMENT GOALS REPORT 2021: UNSTATS.UN.ORG/SDGS/REPORT/2021/

Figure. SDG 3: Health. (UNSDG)



## **Health and care workers**

#### Density of select health workforce per 10 000 population



Achieving health for all will depend on there being sufficient numbers of well-trained and educated, regulated and well supported health workers.

Currently the regional distribution of health workers is inequal and negatively impacts LMICs the most

90% of countries report disruptions to essential health services since the COVID-19 pandemic.(WHO, 2021)

Figure. Regional density of health workers (Global Health Observatory)

### Who are community health workers (CHW)?

- Training CHWs has been for the past 50 years a means of combating insufficiencies in health worker coverage especially in LMICs
- CHWs are members of a community who are trained to perform health education and check-up activities
- CHWs are often unpaid and overburdened with work



### **WHO Triple Billion Goals**







Health Emergencies Protection •

Healthier Populations Country Overview Indicators

### Tracking the Triple Billion targets



#### Universal Health Coverage

One billion more people benefiting from Universal Health Coverage, monitored on two dimensions (coverage of essential health services and financial hardship) and tracked via 15 indicators.



Health Emergencies Protection

One billion more people better protected from health emergencies, tracked via six indicators.



#### **Healthier Populations**

One billion more people enjoying better health and well-being, tracked via 16 SDG indicators.

**Country progress Country progress** Scenario Tool Scenario Tool

**Country progress** 

Scenario Tool

# Take home messages

- Global health is an area for study, research, and practice that places a priority on improving health and achieving equity in health for all people worldwide
- Various health indicators guide the process of increasing health within a population and safeguarding the monitoring and feedback of activities performed in global health
- There is a vast network of actors involved in global health
- Key global targets for health- SDGs, UHC, triple billion
- There is a need for health everywhere and a limited pool of resources for answering to those needs

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