

# SYMPATHOTROPIC DRUGS

## SYMPATHOLYTICS

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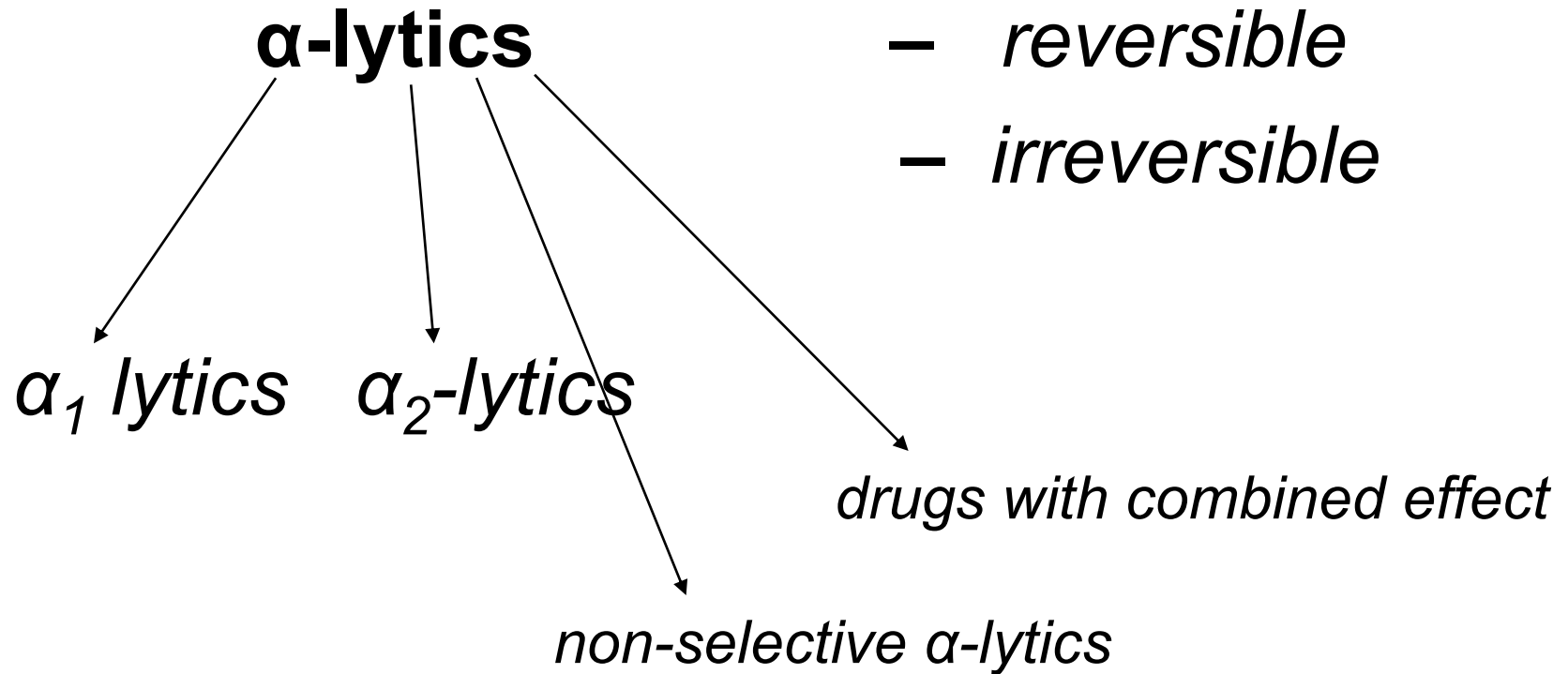
# Sympatholytics (direct and indirect)

## Indications:

- hypertension (mild and moderate)
- antimigraine drugs
- disorders of peripheral vascularity
- benign prostatic hyperplasia
- urinary obstruction – postoperative atonia
- pheochromocytoma

# Direct sympatholytics

$\alpha$



# Direct sympatholytics $\alpha$ non-selective

- **ergot alkaloids** (ergotamine, ergometrine, ergotoxine, methylergometrine, dihydroergotamine, dihydroergotoxine, dihydroergocristine)

# Direct sympatholytics $\alpha$ non-selective

## Ergot alkaloids and their derivatives → reversible $\alpha$ -lytics

- in *Secale cornutum*, product of *Claviceps purpurea*, fungus that infects cereal crops
- derivatives of lysergic acid
- effects:
  - CNS (hallucinations, ↓ prolactin secretion)
  - smooth muscle of blood vessel (effects mimetic or **lytic**)
  - uterine muscle → contractions

# Direct sympatholytics

## $\alpha$ non-selective

## Ergot alkaloids

- **ergotamine, ergometrine**
  - partial  $\alpha$ -agonistic effects
  - uterotonic effect, amplified by methylation of derivatives (methylergometrine)
- **ergotoxine**
  - mixture of alkaloids, mainly **ergocristine, ergocriptine** and **ergocornine** - especially  $\alpha$ -lytic effects
- **$\alpha$ -lytic effects are increased in dihydro-derivatives**  
(*dihydroergotamine, dihydroergotoxine, dihydroergocristine*)

!

# **Direct sympatholytics**

## **$\alpha$ non-selective**

### **Ergot alkaloids**

- **methylergometrine**

**uterotonic effect**

- therapy and prevention of uterine bleeding after childbirth (in hypotony and atony of myometrium)

# Direct sympatholytics

## $\alpha_1$ selective

### $\alpha_1$ sympatholytics

## Overview of drugs, use

- terazosin, doxazosin, alfuzosin, tamsulosin...
- prazosin (in Czech Rep. non registered)
- Use:
  - hypertension (relaxation of arterial and venous smooth muscle)
  - benign prostatic hyperplasia
  - urinary obstruction



# Direct sympatholytics with combined effect

- **urapidil**
- combined central and peripheral action, blocks  $\alpha_1$  receptors, in CNS blocks  $H_1$  receptors, activates  $5-HT_{1A}$  receptors
- **Use:**
  - hypertension (hypertension crisis, severe, respectively, very severe forms of hypertension and hypertension resistant to standard therapy)

# Direct sympatholytics

## $\alpha_2$ selective

### $\alpha_2$ sympatholytics

- **yohimbine** (in Czech Rep. non registered)
- vasodilation in the pelvic area, afrodisiac effect
- it is contained in some dietary supplements

# Direct sympatholytics $\beta$ -blockers, $\beta$ -sympatholytics

- **competitive antagonists** (intrinsic activity = 0) or **partial agonists**  
(ISA - *intrinsic sympathomimetic activity*) = dualists
- **nonselective** or **cardioselective** (selectively block  $\beta_1$  receptors)
- sufficient solubility in fats  $\rightarrow$  penetration across HEB

# Direct sympatholytics $\beta$ -blockers, $\beta$ -sympatholytics

## Organ effects

**cardiovascular system:** negatively chronotropic and inotropic effect →

↓ **BP** and **HR**

- inhibition of vasodilation by  $\beta_2$ -receptor blockade → **peripheral vascular resistance increase**

- renine secretion reduction

**bronchi: bronchoconstriction**

**eye: intraocular pressure decrease**

**metabolic effects: glycogenolysis reduction, lipolysis inhibition**

# Direct sympatholytics $\beta$ -blockers, $\beta$ -sympatholytics

**NONSELECTIVE ( $\beta_1 + \beta_2$ )**      propranolol, metipranolol

**(CARDIO)SELECTIVE ( $\beta_1$ )**      atenolol, metoprolol

**NONSELECTIVE ( $\beta_1 + \beta_2$ ) WITH ISA**      pindolol,  
bopindolol (in  
Czech Rep. non  
registered)

**(CARDIO)SELECTIVE ( $\beta_1$ ) WITH ISA**      acebutolol

**WITH COMBINED EFFECTS  $\alpha + \beta$**       labetalol  
carvedilol

# Direct sympatholytics $\beta$ -blockers, $\beta$ -sympatholytics

## Use, indications:

- hypertension
- Ischemic heart disease, non-stabil *angina pectoris*, status after acute myocardial infarction
- arrhythmia
- glaucoma
- hyperthyreosis
- anxiety (moderate effect)

# Direct sympatholytics $\beta$ -blockers, $\beta$ -sympatholytics

## Side effects:

- *asthma bronchiale*, dyspnoea
- heart insufficiency
- bradycardia, blockade of heart impuls conduction
- masking of hypoglycemia symptoms
- disorders of peripheral blood circulation
- sleep disorders, depression (lipophilic drugs)
- rash, fever and other allergic symptoms (rarely)
- abrupt discontinuation of therapy – „**rebound phenomena**“

# Nondirect sympatholytics

decreases catecholamine concentration in the synaptic cleft by:

- inhibition of NT synthesis
- inhibition of NT storage
- inhibic  of NT release
- false precursors